



Free bicycle repairs: Hope Gle's bike surgery is back for the summer

Hope CIC's popular bike surgery is back for 10 weeks. This year Hope CIC is working in partnership with Cycling UK and the surgery will run every Saturday from 21 June until 30 August, 10am -1pm at The Hub Community Centre.

This project is co-ordinated by a team of volunteers, fixing up bikes that need minor repairs for free, giving advice on how to maintain bikes and selling donated and refurbished bikes at an affordable price. Just turn up on the day – earlier rather than later to avoid disappointment. Occasionally, our volunteers may be unavailable – please keep an eye on our Facebook page for updates: Hopeagainstpovertycic or visit hopeagainst.org/bike-surgery

- **Town Council updates** p2
- **Community** p3, 9, 11, 14-15, 23-29
- Cambourne Library p4
- Wildlife Trust p6
- Columnists p8
- Religious groups p10
- Schools & education p12-13
- Find a local business p16-21
- **Sport** p30-32



Beat the Street interactive community game is coming to town See page 3 for more...



Cambourne Town FC celebrates standout season

Find out more on page 30...



Cambourne Crier is the only independent, non-profit publication delivered to more than 5,000 Cambourne homes and businesses each month. Any profits are distributed through our Community Fund. Cambourne Crier is compiled entirely by volunteers. This issue's editors were: Donavan Bangs, Paul Jobling, Paula Brown, Max Bangs, Martin H W Law and Ann Stephenson.

Distribution: John Panrucker Finance: Pam Hume Website & design: Tim Nash

To advertise please contact: Cambridge-press@hotmail.com For leaflet distribution contact: John Panrucker: delivery@cambournecrier.org

Editorial submissions:

Submissions for the **August 2025 Edition** must be received by 9pm on **Sunday 13th July 2025**. Please email articles and photos to <u>editorial@cambournecrier.org</u> or post to Cambourne Crier, The Hub, High Street, Great Cambourne, CB23 6GW By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on editorial@cambournecrier.org

COMMUNITY FUND

Our community fund enables us to make grants to local clubs, societies or causes. Do you need new equipment for your group? Do you want to set up a new group and need some funding to get going? Contact <u>pamhume1@gmail.com</u> or download the application form at www.cambournecrier.org

TOWN COUNCIL

Securing homes and vehicles

We would like to remind residents to ensure that they secure their homes and vehicles. With the hotter weather comes new opportunities for criminals and opportunistic theft. If you are not at home, please ensure you secure your windows and doors. This is also following the recent incidents raised in relation to thefts at night. If anyone has any information, please report to the Cambridgeshire Constabulary.

Cambourne Community Fete looking for stallholders!

The Community Fete is back on 20th September 2025 and we're looking to showcase everything that Cambourne has to offer! If you would like a stall, or know someone who might, email

community@cambournetowncouncil.gov.uk
Bank Holiday Food Market:

25th August 2025

If you missed the May Bank Holiday food market, don't worry, our next one is in August! Get the date in your diary now to avoid missing out!

Volunteering opportunity: Litter picking

We are urgently seeking more volunteer litter pickers for our town centre! As the weather gets better and more people spend time outside, litter can build up quickly! If you can help (even if it's just half an hour every couple weeks), please send an email to <u>community@</u> <u>cambournetowncouncil.gov.uk</u>.

We can provide all equipment, and there's no set commitment, but it makes such a big difference.

Formal Garden and Microwoods volunteering opportunities

If you've got time this autumn to help out, we're looking for volunteers to help with planting trees in the new Milwaukee woods and a formal memorial garden on the site of the old Arc.

■ The Countryside Code of Conduct As the weather gets better, we would like to remind dog owners to exercise their dogs on a lead. Whilst we understand why owners may want to exercise off lead, particularly around the country park and lakes, it is important to remember that some people are not comfortable with dogs approaching them, or their dogs. Dogs off lead can also cause a disturbance to nesting birds and other wildlife. It also presents an opportunity for dogs to poo unnoticed and not being disposed of. The Town Council follows the Countryside Code:

The Countryside Code

Protect the Environment

- Take your litter home Leave no trace of your visit.
- Take care with barbecues (where permitted) Do not light fires.

• Care for nature – do not cause damage or disturbance.

Council meetings are held at 7pm in the Meeting Room at The Hub Community Centre

- 22nd July 2025 at 7pm
Planning Committee followed by
Finance and Policy Committee
- 5th August 2025 at 7pm
Planning Committee
- 19th August 2025 at 7pm
Planning Committee

Cambourne Town Council Office:

The Hub, High Street, Cambourne, CB23 6GW. Tel: 01954 714403 Email <u>office@cambournetowncouncil.gov.uk</u> John Vickery, Town Clerk: <u>clerk@cambournetowncouncil.gov.uk</u> <u>www.cambournetowncouncil.gov.uk</u>



MOBILE POST OFFICE:

The Hub Car Park Mondays: 1.30-4.00pm Wednesdays: 12.30-4.00pm Tel: 01480 464 757

BIN COLLECTIONS:

Check your collection date here: www.scambs.gov.uk/recycling-andbins/find-your-household-bincollection-day

Beat the Street activity game is coming to Cambourne!

A popular interactive game that turns whole communities into a giant activity competition is set to launch across Cambourne!

Beat the Street was created by GP Dr William Bird MBE - a specialist in physical activity, to encourage people to explore their local areas and to make exercise fun. The game has been played by more than two million people in almost 200 places.

Beat the Street encourages communities to move more and to make small lifestyle changes, such as walking or cycling to school or work every day. The competitive element of the game really helps people to get involved, go one step further and really work together to walk, cycle, run and scoot for points!

The game is open to anyone of any age who would like to take part and takes place across Cambourne from Wednesday 24th of September to Wednesday 27th of October. Children use a card and map which will be provided by participating primary schools and adults can pick up a free card from one of the distribution points listed on the Beat the Street game website which will go live shortly at <u>www.beatthestreet.me/</u> <u>Cambourne</u> Alternatively, players over the age of 13 can download the free Beat the Street app.

Players can join a school, community, workplace team and there are prizes for the teams that travel the furthest with vouchers for books and sports equipment on offer. With an individual leaderboard, lucky 'tap' prizes just for taking part. For schools and community teams, there is a total points leaderboard and an average leaderboard, so opportunities for teams of all sizes to win prizes. Once the game is underway,



players find their nearest "Beat Box" which will appear on lampposts around the borough. There will be 125 of these sensors that record each players' point tally. Simply hover your card over the Beat Box and it will beep and flash to record your points. Visit two Beat Boxes within an hour and collect 10 points for each Beat Box, then keep going!

Beat the Street Cambourne is funded by the Greater Cambridge Shared Planning and run by its multi-award winning Youth Engagement Service (YES), with support from the National Lottery via Sport England. It is managed by Intelligent Health. More information will be available on the website and on social media at @BTSCambourne



Cambourne Library

Refurbishments

We are sorry sorry our refurbishments are running late. It has been discovered that additional essential works are required and it is taking longer than anticipated to get these resolved. Therefore, we do not anticipate the library being ready until the Autumn. The mobile library will continue in the Hub carpark meanwhile. All return dates will be extended throughout the closure period; however, items can be returned to any Cambridgeshire library, or mobile library.

Summer is here - let the Summer Reading Challenge begin!

The Summer Reading Challenge encourages children to keep reading through the holidays. This year's theme is Story Garden - adventures in nature and the great outdoors.

Developed by The Reading Agency, the annual challenge is for pre-school and primary school aged children of all reading abilities. It's free to take part. Children should:

- sign up at the library to receive a collector's folder and bookmark

- read six library books of their choice during the holidays

- collect a sticker for each book read

On finishing they'll receive a certificate and medal (under-3s receive a special sticker medal).

From Monday 21 July, Cambourne Library staff and volunteers will be on hand to talk to Summer Reading Challenge participants every Monday 10am-12pm and Thursday 2pm-4pm in the library foyer. We will be able to give out the weekly stickers for the collector's folders and chat about what your child has been reading or listening to. Return books, read and choose your new books from the mobile library or any other Cambridgeshire library.

Beanstalk Bonanza Tuesday 29 July from 10am-11.30am at Cambourne Child and Family Centre, Sackville House - Come and hear a story, decorate a jar, plant a bean then watch it grow during the rest of the summer holiday. Suitable for 3+ years. £2 per child. Adults to stay with children, please. Bookings through cambourne.referral@cambridgeshire.gov.uk only, please. Please see local advertising, Cambridgeshire Libraries social media or website for details of further events planned for August.

Adults, we hope you'll keep reading all summer too! Choose from our shelves, or travel light on holiday by downloading free eBooks, eAudiobooks, eMagazines and eNewspapers onto

Comberton Library

Monday: 10am to 5pm Tuesday: 10am-1pm Wednesday: 10am to 1pm, 2.30pm to 5.30pm Thursday: Closed Friday: 2:30pm to 5.30pm Saturday: 10am to 1pm Sunday: Closed Closed on Bank Holidays

Papworth Library

Monday: Closed Tuesday: 10am to 1pm, 2pm to 5pm Wednesday: 10am to 1pm Thursday: 2pm to 5pm Friday: 10am - 5pm Saturday: 10am to 1pm Sunday: Closed Closed on Bank Holidays

your device. For more details, visit our website or ask library staff.

Rhyme time/Storytime

Thanks to Cambourne Parish Council, we are holding Rhyme and Story time sessions at the Blue Space in Cambourne on Fridays from 9.30am to 10am during term time. A wonderful half hour of fun songs and engaging stories with our familiar and fabulous Rhyme time Volunteers. We look forward to welcoming our regular customers and meeting new ones. Make new friends, have fun and enjoy quality time together all while boosting your little one's early literacy skills!

Our last session before the holiday will be on Friday 18 July - this will be a fun session with our Rhymetime volunteers.

Knit, Sew and Natter Group Craft Group

Please contact cambourne.referal@cambridgeshire.gov.uk while we are closed for more information.

Cambourne Lunch Bunch Book Group

Please contact cambourne.referal@cambridgeshire.gov.uk while we are closed for more information.

Digital Assistance

Our Digital Buddy volunteers will be taking a break whilst we undergo our refurbishment. Most of our other libraries also have Digital Buddies who will be happy to help you. Please see individual library listings for details. Additionally, our Librarians can help with Bus Pass applications and general queries.

Access to IT

Access to library computers and the photocopier/printer in the foyer is still available on a self-service basis.

Comberton Library Events

Rhymetime/ Story time Mondays from 10.30am- 11am - Monday 14 July

Knit, Sew and Natter Mondays from 10.30am-11.30am -Monday 7 July and Monday 21 July

Contact Us

Tel: 0345 045 5225

Cambourne.referral@cambridgeshire.gov.uk

www.cambridgeshire.gov.uk/library

Social Media

Facebook @CambridgeshireLibraries Facebook @CambsLibFamilies /Instagram @cambslib YouTube @CambridgeshireLibraries

There will be a **mobile library** at The Hub car park in Cambourne on Monday 7 July 9.30am - 12.30pm, Saturdays 12 & 26 July 10am - 4pm

All return dates will be extended

throughout the closure period; however, items can be returned to any Cambridgeshire library, or mobile library should you wish to do so.



2nd Thursday of the month 10am - 12pm

> Starting Thursday 12th June

Tea & Talk

Church Centre, Jeavons Lane, Cambourne, CB23 6AF

Join us for a relaxed, hearing-friendly social session designed for older adults with hearing loss. Whether you're a chatterbox or a quiet cuppa-sipper, everyone is welcome.

We offer a calm, inclusive space, easy-going conversation at your own pace with friendly volunteers on hand. Refreshments and biscuits provided.



marika.newman@cambsdeaf.org 01223 416141/07379 517633 www.cambsdeaf.org



BAM BOO SKY

THAI RESTAURANT & BREWHOUSE

OPENING MID JULY AT THE WILLOW TREE 29 HIGH ST BOURN CB23 250

BAMBOOSKY.CO.UK @BAMBOOSKYTHAI

WILDLIFE TRUST

Celebrate summer wildlife and discover hoverflies at local nature events

Summer is peak time for hoverflies, and they can be found anywhere there are flowers. They are useful pollinators, and amazing mimics, having the warning colours and appearance of bees or wasps, (so predators leave them alone), but without a sting. There are over 280 species in the UK, and an average suburban garden might have 40.

Did you know there is a hornet mimic which is a big fly with brown and yellow patterns, and a (hairy) bumblebee mimic which actually comes in two varieties to match different bee species, one black with a red tail, and the other with yellow stripes and a white tail? There is even a hoverfly with the batman symbol on its thorax!

One of the most common, called the marmalade fly, has yellow and black stripes with little moustache patterns. This one can migrate from continental Europe.

The Wildlife Trusts and The Royal Horticultural Society have teamed up to provide a free booklet all about hoverflies, and how you can help them, you can find it on the Wild About Gardens website.

July events

Charges apply. A complete list can be found on wildlifebcn.org/events

• Friday mornings, 9.30-11ish: Little Bugs pre-school sessions, Cambourne

• Mon 14th, 9.30-12: Monthly meander at

Trumpington Meadows

• Fri 18th, 10.30-11.45: Seasonal stroll at

Trumpington Meadows

• Fri 18th 8.30-11pm: Night walk from Cambourne to Bourn Windmill

• Sat 19th 9-12.30: Summer walk from Cambourne to Bourn Windmill

• Wed 23rd 8-10pm: Nature and Natter, walk and campfire for adults, Cambourne

• Sat 26th 10-3.30: Free drop-in for family activities and/or a chat at Trumpington Meadows

Tues 29th 3-5pm: Wilder Stories at Sawston Library
Wed 30th (Cambourne) and Thurs 31st (Trumpington

Meadows), 10-12ish: the first of the weekly family sessions for the summer holidays, making mini rafts

Please note: if there are branches overhanging your property that originate from trees managed by the Wildlife Trust BCN, you are legally allowed to cut these back without asking permission. We cannot do this for you. Please do not manage anything beyond your boundary (this includes mowing).



 Local enquiries: <u>Rebecca.Neal@wildlifebcn.org</u>
 Facebook: @BeccaBadgerWTBCN
 General enquiries
 <u>cambridgeshire@wildlifebcn.org</u>
 @wildlifebcn

www.wildlifebcn.org

1

The Wildlife Trust for Beds, Cambs, and Northants is a local wildlife conservation charity aiming to achieve bigger, better, and more joined up habitats for wildlife and people.

The Vine School

Vacancy—School Crossing Patrol Officer

We have a vacancy for a morning crossing patrol officer. Do you know anyone with a little time to spare to help keep our children safe outside The Vine School in the mornings?

For more information contact Andy Swallowe—School Crossing Patrol Manager at Cambridgeshire County Council

07788 565502 / Andy Swallowe@Cambridgeshire.gov.uk



Courty Courte

Could you be a School Crossing Patrol Officer?

We are looking for reliable School Crossing Petrol Officers to asset children and adults in crossing the road to and from school safely. If you are interacted please contact Andy Swallowe (School Crossing Patiot Service Menager) on 07988 596520 or e-mail Andy.SwalloweerCambridgeshine gox.sk The hours vary between 08:15 - 09:00 and 14.50 - 15:50 Monday - Fidady term time enty The Council also welcomes applicants who are interests in job sharing.

Please note: Applicants for positions that involve working with children are required to complete a DBS (Disclosure & Barring Service) check.

ww.cambridgeshire.gov.

New Pre-School opening in January 2026

Where first steps become foundations for the future.



Kimbolton School Cambridgeshire

Find out more:



BUS ROUTE FROM CAMBOURNE STARTING SEPTEMBER 2026

Pre-School Open Morning Friday, 3 October 2025

One school. One family.

C

kimboltonschool.com/preschool

Carer's week in Cambourne

During Carers Week, which ran from 9th-15th June, I was pleased to meet with carers and those representing them from a range of organisations and pledge my support for them.

The week's theme was 'Caring about Equality', which was aimed at bringing attention to the different inequalities carers face, including a greater risk of poverty, social isolation, and poor mental and physical health.

The UK has millions of unpaid carers including many in our communities - who do so much to look after their friends and family members. We must ensure they are properly supported. Going on to free school meals, I am pleased the Government will extend free school meals to all children in families receiving Universal Credit from September 2026.

In Parliament, I asked the Education Minister, Stephen Morgan, to ensure the extra funding of the pupil premium, will remain. The pupil premium is a grant that provides funding to improve educational outcomes for the most disadvantaged pupils in state-funded schools in England, and eligibility is mainly based on how many children in the school receive free school meals.

It is vital that safeguards are put in place to protect this funding currently given to schools to help 2.2 million disadvantaged children.



IAN SOLLOM MP for St Neots and Mid Cambridgeshire ian.sollom.mp @parliament.uk



STEPHEN DREW District Councillor cllr.drew@scambs.gov.uk

Enforcing parking restrictions in Cambourne

We suffer comparatively fewer parking problems in Cambourne compared with many other places in our local area.

However, there are certainly some hotspots where selfish and thoughtless parking choices have an ongoing negative impact on residents. Over the last two years, Cambridgeshire County Council has used powers granted to it by the government for Civil Parking Enforcement.

This is a scheme that operates across the county, including in South Cambridgeshire. Due to staffing and time constraints the police will not get involved in enforcing parking restrictions except in the most extreme situations, and therefore it falls to the councils to do this.

Cambourne has had around one hundred visits from the Civil Parking Enforcement officers since the start of 2025, making it the most visited place in the district.

The officers can only really enforce parking restrictions where they formally exist through yellow lines etc. Therefore the vast majority of visits have been on the High Street, Sackville Way, Back Lane and Jeavons, although some smaller roads without yellow lines have also been visited for specific problems.

The evidence is that the enforcement work does have an impact.

Samaritans awareness day: 24/7

Samaritans Awareness Day is on 24th July (24/7) and hopes to raise awareness of the service offered by the charity.

Samaritans are available to speak to anyone who is struggling to cope 24 hours a day, 7 days a week throughout the year.

Across the country, there are over 200 branches including a branch in Cambridge. The branch has over 150 volunteers and supports individuals on the phone, along with outreach to schools, colleges, prisons and railway stations. The branch answers around 30,000 phone calls a year offering a listening ear, without judgement or pressure, to people who are emotionally distressed and often suicidal. The Samaritans can be contacted free from any phone on 116 123. For those who prefer to write, it is possible to email: jo@samaritans.org

Those who volunteer as Samaritans come from all walks of life but are all committed to offering emotional support to anyone who needs it. Volunteers are given full training and provided with a mentor.

Whether you need to talk to someone or think you could be the one who could listen, more details are available on the website below.

Reference/ further information: <u>www.samaritans.org</u>



CATHERINE PRICE Cambourne Parish Nursing Service nurse@cambourne church.org.uk

Help change a life: volunteer with Read Easy and support adult literacy

Did you know that around 1 in 6 UK adults are functionally illiterate, meaning they have poor or no reading skills?

This has a massive impact on their daily lives - shopping, filling in forms, understanding household bills and accessing health information are all difficult. The chances are that you know someone who struggles with basic literacy skills.

Read Easy is a national charity that offers free, one-to-one, confidential tuition to adults (18+) who want to improve their reading skills. There are Read Easy Cambridge is coming to Cambourne!

- Free
- Confidential
- One-to-one help for adults who struggle to read

@readeasycambridge



local groups all over the country, including Cambridge, and Read Easy Cambridge is now actively seeking both Readers and Coaches in Cambourne.

Readers come to Read Easy at different stages in their life and for many reasons. There is no upper age limit and it's never to late to learn!

Volunteer Reading Coaches are fluent English speakers and competent readers. After training they are paired with a reader who they meet with for 30 minutes twice a week. Together they work through a course that has been specially designed to teach adults to read.



Volunteers come from all backgrounds and stages of life and enjoy using their skills and spare time to do something fulfilling for their community and to meet new people.

For more information on learning to read, please contact Juliet on 0300 365 0052 or email her at

juliet@readeasy.org.uk

If you would like to find out more about becoming a Reading Coach, see our website: <u>www.readeasy.org.uk/</u> <u>groups/cambridge</u>. You can also find us on Facebook and Instagram @readeasycambridge

ROWLANDS

PODIATRY, CHIROPODY, FOOT PAIN & ORTHOTIC CLINIC Established 2019 Address: Regus House 1010 Cambourne Business Park Cambourne CB23 6DP

Expert treatments of ingrown nails & nail surgery, orthotics, heel pain, diabetes foot care, verruca & fungal infections, callus & corn treatment, shockwave & laser therapy for foot pain, simple & complex toenail management.

Step out of pain and stride with confidence

"After a year of limping around, they fixed my Plantar Fasciitis and I am now running again!" $\star \star \star \star \star$

BOOK YOUR APPOINTMENT TODAY



editorial@cambournecrier.org



CHURCHES

CAMBOURNE CHURCH

How would you describe church?

I asked this question of some

young people and they responded with the words: holy, community, worship, friends, songs, biscuits, and ... boring (at least they're honest).

I wonder how these words compare to your experience of church, whether you attend regularly or have been invited to special services such as a baptism, wedding or funeral. What honest words would you add to the list?

I wonder if you've ever been invited to be part of a church community.

New research from the Bible Society (The Quiet Revival) has found that church attendance in England and Wales is on the rise, with the most dramatic increase seen among young adults. There seems to be a growing openness to trying church, with many saying they would attend church if they were invited...

So, here goes... You are invited to Cambourne Church! We would love to see you on a Sunday morning - we have a range of services to choose from (as listed here). When you walk in through the front door, you'll be greeted by a member of our welcome team who can explain what to expect and answer any questions you may have. Our invitation extends to activities throughout week: for families - such as Baby & Toddler Group and Family Fun Mornings; for young people - like our Youth Socials; and for adults - with Ladies' Nights, the Men's Group, or our Bereavement Café (to name just a few). Visit our Facebook Page to find out more: facebook.com/ cambournechurch **Clare Cronin**

Ministry Team Leader for Children and Young People

SERVICES IN JULY 2025

Sun 6 Jul	10.00am	All Age Sunday One Service
Sun 13 July		Worship Service Worship Service *
Sun 20 July		Communion Service Communion Service *
Sun 27 July	10.00am	Summer Service with Communion
* The 11.00am services have break-out groups for children and young people A partnership of the Church of England, Baptist, Methodist & United Reformed Church		

<u>www.cambournechurch.org.uk</u> Twitter: @cambournechurch Facebook: cambournechurch

PEACEHAVEN BAPTIST CHURCH Pastoral thoughts: Fix it and clean it up

For Father's Day, the gifts for the men were simple but symbolic – duct tape and Swarfega, a strong hand cleaner perfect for grease and grime. These weren't just practical items; they represented two critical aspects of a father's role: fixing problems and cleaning things up – physically, spiritually, and emotionally.

The heart of the message focused on the vital role that fathers and husbands play within the family. You would be amazed at the statistical difference a good father makes in the home. Every member of the family benefits – especially the children. We spoke about family structure, leadership, and responsibility. One key truth we saw was even if a problem isn't your fault, it may still be your responsibility. A good man not only fixes problems, he also anticipates them. He prepares.

So often, my own family comes to me with a problem, only to hear me say, halfjokingly, "Oh no, if only someone had thought of that – oh wait, I did." Then I produce what was needed, something I had prepared for months ago. That's not magic – that's diligence and foresight, both marks of a godly man.

We also discussed the father's responsibility to ensure that the home is spiritually clean, and that starts with himself. We looked at God's structure for the family: God first, then the husband, then the wife and then the children. It's about order, leadership and love. Before the church was ever established, there was the family. We explored how the father should treat the mother and children, how



Pastor Donavan Bangs

the mother should honour her husband, and how the children should respect their parents.

All of this reflects the nature of our Heavenly Father who fixed us when we were broken by sin, and cleaned us up through the sacrifice of His Son.

Men, let us be diligent. Let us lead our families with love, gentleness, and strength. Let us guide, protect, and prepare, not for our own glory but because we have been shown love and mercy by the One who gave all for us.

PEACEHAVEN BAPTIST CHURCH

SUNDAY MORNINGS - 10am Sunday school 11 AM Morning Worship Find links on Facebook for Peacehaven Baptist Church or look for Donavan Bangs on Youtube At the Cambourne Community Centre, the Hub Pastor Donavan Bangs 01954 710510 <u>PeacehavenBC@aol.com</u> <u>peacehavenbc.org.uk</u> Charity number1204927





Cambourne Shed member crafts bench to support church garden volunteers

Cambourne Shed member Tung Hau recently finished work on a new bench to give volunteers working in Cambourne Church's Jubilee Garden somewhere to sit and relax.

The bench is made out of pre-treated timber and finished with several coats of outdoor weather protection.

The whole project took about 10 hours, spread over a couple of weeks. After careful transportation, it was installed in the garden on 4th June.

The garden is a community project to celebrate 25 years of Cambourne by making the land around the church into a place of welcome, beauty, produce and wildlife.

Produce harvested is donated to the Cambourne Foodbank Welcome Centre.

Pam Thornton of Cambourne Church Council said: "Making connections is so important for binding communities together, and side-by-side conversations on a comfy seat play a big part. So we are especially delighted to get to know Tung who has



made our first bespoke seat for the Jubilee Garden, and that now our lovely gardeners and wildlife watchers will be able to rest and recharge together. Huge thanks to Cambourne Shed for their support".

Greg Thompson, Cambourne Shed chair, stated "This is another great community project and collaboration between the Church and Shed. Tung has done a brilliant job constructing the bench and we hope it is well used by the volunteers working in the fantastic garden."



EDUCATION

Jeavons Wood enjoy a week in Lincolnshire

Jeavons Wood Primary

School: On 9th June our Year 6 students spent a week residence at PGL, Caythorpe Court, in Lincolnshire. Ozer said it was a really fun experience where we had multiple fun activities and the staff were really nice. Tobias said that the experience would stay with him for eternity and overall it was one of the best weeks ever. Thashan said that the experience was the best of a lifetime, they had multiple activities which was fun. Noah's opinion on the experience was that it was amazing, and the food was

great, the activities were fun and the staff were welcoming - overall 10/10 experience.

Idrees says that the experience was great and he said that all the activities were fun and was worth it. Flossie said that all the activities combined were better than Legoland. She also said that some of her favourite activities were canoeing and abseiling.

Sid said that going to PGL was a great way to end our time at primary school, there were a lot of activities that really challenged all of us. Overall, year 6 had an amazing week.





The Vine pupils explore wartime history on trip to Duxford Airfield

The Vine Inter-Church Primary School: Our Year 5 pupils recently went on a school trip to Duxford Imperial War Museum! Split into groups of six they explored the airfield (which was built during WW1); as well as the fascinating hangars full of planes, helicopters, tanks and other vehicles from WW1 and WW2.

As American warfare is just as important as British, one of the exhibitions they dived into was the American hangar. It was full to the brim with interesting planes that were used in WW2.

Another hangar was the Renovation room, where people fixed and renovated old planes.

Duxford has many more brilliant exhibitions which are full of interesting history to marvel at. The children were even lucky enough to see several Spitfires taking off and landing throughout the day.

At the end of the school trip, they went to go to the gift shop and to buy souvenirs of the special day out.

They would definitely recommend a visit to Duxford Airfield as it is an amazing, awe-inspiring museum, full of rich history.





Early years are mad about minibeasts at Monkfield park

Monkfield Park Primary School: Down in the Early Years Foundation Stage everyone is mad about minibeasts at the moment! Following a visit from Zoolab those in pre-school have been learning about some very exotic invertebrates.

They were delighted and very excited to have the opportunity to meet a giant cockroach, a giant land snail and a giant millipede along with some very interesting facts. Did you know that giant land snails have over 10,000 teeth?

The pupils in Reception have been looking for minibeasts closer to home. Clutching their magnifying glasses they have been outside looking under rocks and logs and in our bug hotel as well as digging in the soil to investigate some of the smallest inhabitants in the school grounds. They have been studying the colours, patterns, number of legs, sizes and various body parts; as well as different ways to classify the minibeasts, for example by the number of legs they have. By developing their knowledge of similarities and differences of the natural world, the children have been able to observe and understand some important processes such as life cycles. Thanks to their efforts there is now a snail and slug farm in the classroom, so they can keep a very close eye on these slithery creatures. If it flies, creeps, slithers, hops, scuttles or crawls, the children want to know about it!

Travel into Cambridge on the 4 bus service





Advertising space available

IF YOU ARE READING THIS THEN SO COULD POTENTIAL CUSTOMERS

cambridge-press@hotmail.com

New cambourne walking group supports men's mental health and wellbeing

Walk and Talk 4 Men Cambourne: We're a volunteer group created to support men's mental health and wellbeing. The St. Neots group has been running since March 2021. We run weekly Saturday morning walks that are open for all men and are free to attend as well as a walk on the 3rd Sunday of every month at Paxton Pits.

We meet every week at the Riverside Park in St. Neots to walk around the St. Neots area and take in the beautiful natural surroundings. The walks are around 90 minutes long, we meet up, introduce ourselves, disconnect from the world and walk & talk. You can almost sense the release of pressure as soon as we set off.

Typically as men we don't talk about our problems, and when we do we're

dismissive of them or we make a joke about them or we change the subject before we get the chance to release the burden. We find ourselves withdrawing further and without realising it we isolate ourselves, which makes the situation worse.

I joined the group at the start of 2024 and I felt so welcomed from day one. Over the following months it helped me work through some of the issues I was dealing with by either just talking or by getting different advice or points of view. People around me soon noticed the difference and I think it really has done wonders for my mental health and my self confidence in general.

After speaking to a friend who is a therapist we felt that Cambourne might benefit from this kind of group so I



Andy John, Walk and Talk 4 Men Cambourne

decided to set up Walk and Talk 4 Men Cambourne. The new group has been going for three months now, we walk on the 4th Sunday of each month, starting outside Greens Cafe at 9:15am.

We have already had a few local members join in and they were really positive about the group and the overall experience. As we continue to grow I hope to be able to give the men of Cambourne a welcoming and safe place to talk.

WALK & TALK 4 MEN CAMBOURNE



MONTHLY WALK & TALK MEET UPS Giving men time to walk, talk & connect great company, amazing settings

EVERY 4TH SUNDAY OF THE MONTH Meet outside greens cafe at 9.15Am for a 9:30Am start Finish at 11Am with a cuppa and a chat



CONTACT US @ www.facebook.com/WalkandTalk4MenCambourne email: walkandtalk4mencambourne@gmail.com

Cambourne & District u3a

u3a learn, laugh, live

Come and join us at The Hub in Cambourne

U3a is a very welcoming organisation

Meet new friends Find new interests Lots going on! Monthly meetings Third Friday of the month 10.30 at The Hub Cambourne CB23 6GW Speakers, coffee and chat

INTEREST GROUPS

- Allsorts
- Anyone for coffee?
- Art Appreciation
- Book Clubs
- Bridge
- Classical Music
 Dance Fitness
- Dance Fitness
 Darts & Pool
- Gardens Galore
- Genealogy
- Intermediate French
- iPad interest
- Out to Lunch
- Singing
- Study Trips
- Table Tennis & Badminton
- Theatre
- Walking
- WWII

Come and reimagine your retirement!

Guests are welcome to attend a meeting to find out more about us! https://cambourne.u3asite.uk



Repair Café at Eco Festival helps breathe new life into broken items

Cambourne's eighth Repair Café occurred on Saturday, 17th May at Cambourne Village College as part of the school's third Eco Festival. Repair Cafés are free community events that match people who need something fixed with people who like fixing things. Volunteer repairers from the Cambridge Repair Café Network were joined by Cambourne resident repairers. Around 30 items were seen on the day including bicycles, lamps, various items of clothing, hoovers, fans and an old film projector.

Thanks go to all the volunteers that make this event possible - the brilliant repairers and those who helped run the event on the day. Cambourne's next Repair Cafe will occur in November at the Hub. If you are interested in volunteering at Cambourne Repair Cafe please contact cambournerepaircafe@gmail.com







Pre-school for children age 3+ with wrap around care 15/30 hours of funded provision with a qualified Early Years teacher Open from 8 am to 6 pm during term time Graded Good by Ofsted A caring and nutturing learning environment Visits welcome. COME AND DISCOVER THE MONKFIELD WAY.

Contact us on: 01954 273377 e-mail: clcoffice@monkfieldpark.cambs.sch.uk www.monkfieldpark.cambs.sch.uk

editorial@cambournecrier.org



- Back Pain
- Neck Pain
- Joint Pain
- Chronic Pain Coaching
- Headaches
- Muscle Spasm
- Sports Injuries
- Sports Massage
- Arthritis
- Pilates

In Pain? Let us help.

We are committed to giving an honest opinion, effective treatment and good advice.

Appointments Mon-Fri 01223 598558

Regus, 1010 Cambourne Business Park, CB23 6DP

Book online: www.cambourneosteopaths.com Email: practice@cambourneosteopaths.com

GOLF LESSONS @ Cambridge Country Club



All Levels Welcome! Individual • Group • Beginners • Juniors

Visit: joelrickardgolf.com Call • Text • Whatsapp: 07891 248675



01954 715750 WWW.BOURN4HAIR.COM

THE DOVECOTE, MANOR FARM, ALMS HILL, BOURN CB23 3SH

UNISEX HAIRDRESSING SALON • BOOK EARLY TO AVOID DISAPPOINTMENT





OPENING HOURS TUESDAY: 9AM-6PM • WEDNESDAY: 9AM-6PM THURSDAY: 9AM-8PM • ALTERNATE SATURDAYS: 9AM-4PM



Expert Physiotherapy, Acupuncture, and Pilates for adults and children.

Weekdays / evenings / weekends.

Call: 07702 847036

enquiries@nebula-physio.co.uk www.nebula-physio.co.uk Pendrill Court, Papworth Everard, CB23 3UY



Steamroller Ironing Services



Free pick-up and delivery 24/48 hr turnaround Price: 1lb = £2.50 Minimum = £15 Established for 16 years Please call Susie on 07742 319631 / 01954 210672



CLASSES IN CAMBOURNE. HUNTINGDON, ALCONBURY AND ONLINE

WWW.CAMBS-TAICHI.CO.UK 07415267908

REFLEX ZONE THERAPY Acupressure of the feet, hands and head **Experience deep relaxation** Jo Woolf * 07939719371 * Reflexpractice.com The Studio 105 Cambridge Rd Hardwick CB23 7QG





jpcphotouk@gmail.com

OCCASIONS. PARTIES. WEDDINGS. Scan for more info or email: YOUR STORY. CAPTURED.

TO ADVERTISE EMAIL CAMBRIDGE-PRESS@HOTMAIL.COM



editorial@cambournecrier.org

FIND A LOCAL BUSINESS



No Job Too Bíg or Too Small Full NICEIC Domestic Installer Tel: 01480 432154 or 07976 797111



18 Cambourne Crier July 2025

Mark Bird

Electrical contractor

Part P Approved

Mobile 07961 505189

теі 01480 493008

NICEIC Domestic Installe

For Free quote

Call Suzie on 07880 505 841

Helping make your house your home

Email: mbird494@btinternet.com

editorial@cambournecrier.org

TO ADVERTISE EMAIL CAMBRIDGE-PRESS@HOTMAIL.COM

JASON KIRBY Professional Painting & Decorating Ltd

All Aspects of Internal & External Decorating

Period, Residential & Commercial Properties.

Wallpaper & Mural Install

Kitchen Cabinet & Furniture Re-Sprays.

Floor Sanding & Restoration.

City & Guilds, NVQ Qualified.

Service, Quality & Reliability.



01954 211775 www.jasonkirbyltd.co.uk

Picture Framing Nesan Arts will collect and deliver artwork to you, so you can pick framing and mounting in the comfort of your own home. Call Sue on 01954-719467 to arrange an appointment

Domestic Cleaning Service

Experienced Thorough Reliable Excellent References

Call Stu 07767146560 Shinycleanone@yahoo.co.uk



IT SERVICE & SUPPORT FOR GAMERS, STREAMERS AND SMALL COMPANIES

www.DARY089.PR0 - INFO@DARY089.PR0 - M: 07466 630557

H A T T O N S FENCE POST REPAIR

ROTTEN, *LEANING*, BROKEN FENCE POSTS FIXED

Fixed Price. Fully Inclusive of Labour & Materials

Visit www.hattonspostrepair.co.uk

Email hello@hattonspostrepair.co.uk Call Now: 07724 115 263

Exclusive introductory rates for new landboards

BENNETT'S INDEPENDENT

I LETTINGS LTD LETTINGS AND PROPERTY MANAGEMENT SPECIALIST

Alexander Tutoring TAILORED TO YOU Alexander Tutoring Alexander Tutori

CAMBRIDGE HEATING SOLUTIONS THE COMPLETE HEATING, PLUMBING & GAS SERVICE

- ✓ Gas Boiler & Fire Servicing + Safety Checks
- ✓ Boiler & Heating System Repairs
- Powermax Repairs & Servicing
- ✓ Gledhill Boilermate Repairs
- All Plumbing Work Undertaken

Office: 01954 212495 Mobile: 07884 188892

Email: cambridgeheatingsolutions@yahoo.co.uk Web: www.cambridgeheatingsolutions.co.uk

safe

204477

FIND A LOCAL BUSINESS









Design, Install, Service & Maintain for Efficiency in your Home & Business T: 01223 833426 www.shelfordheating.co.uk E: sales@shelfordheating.co.uk







All plumbing repairs and installations

- Drainage repairs
 Disability adaptions
- · Windows and doors repaired
- Door locks, home security repairs and upgrades
- Fencing and gate repairs or replacements
- General carpentry repairs and installations
- All forms of tiling
 Painting internal and external
- Most things considered, even unusual work

Small jobs can be done after normal work hours or at weekends, so you don't need to take time off work!

Fully insured

CRB checked
 Honest & reliable tradesman

Woodpecker Way Great Cambourne Cambridge

Call Paul on: 07511 204985 or 01954 715839

R PLUMBING

Gas, LPG, Oil servicing, installation and repairs, all plumbing works undertaken



Tel: 01223 870580 www.nutcombecambridge.co.uk



J. HALSTEAD PLUMBING & HEATING -

INSTALLATIONS • REPAIRS • SERVICING

Complete Bathroom Installations General Plumbing Repairs Pipework and Drainage for Kitchen Appliances Radiators and Towel Rails Installed Power Flushing



säfe

CALL JOHN FOR A **FREE** QUOTE 07570 387 684 • 01480 830 329 www.jhalsteadplumbing.co.uk

CAMBOURNE PLUMBING AND HEATING

Installation - Maintenance - Servicing and Repairs Telephone 07968 959208 01954 718730

> Cambourne Resident Plumber offering a reliable service

> > Gas Safe Registration No 215933

TO ADVERTISE EMAIL CAMBRIDGE-PRESS@HOTMAIL.COM



Contact: A 07415 cambourne@welovepet



Looking for the purr-fect cat sitter whilst you're on holiday? We can care for your cat in the comfort of your own home! Your cat will feel safe surrounded by familiar sounds, smells and sights.







Unic A5 Artis Court Payworth Everard Papworth Business Park | Cambridge | CB23 3GY 01480 831807 www.agmotors.net

GRAVELEY GARAGE J W AUTOS

MOT WHILE U WAIT CLASSES 1 2 3 4 5 7

- · Servicing to all makes of vehicle
- Timing Chains, Clutches
- Cam Belts, Wet Belts
- Tyres and Exhausts supplied and fitted
- Air Conditioning
- Free courtesy cars

Mon to Fri 8 to 6 - Sat 8 to 4 01480 830462 / 831058 HIGH STREET, GRAVELEY, ST. NEOTS - PE19 6PL

graveleygarage@btinternet.com www.graveley-garage.co.uk

CONTACTS

COMMUNITY GROUPS

Cambourne & District U3A: u3a.chair@cambourne.org Cambourne Air Cadets: 105@aircadets.org Cambourne Army Cadets: www.cambsacf.com Cambourne Art Group: Pat Goatly on 01954 715702 or pat.goatly@gmail.com Cam Care UK: www.camcare.org.uk Cambourne Community Theatre Group: info@cambournecommunitytheatre.org Cambourne Community Website: hello@cambourne.info or www.cambourne.info **Cambourne Crescent:** www.cambournecrescent.org Cambourne Experimental Cookery Club; **Cambourne Electronics & Robotics** Club; Come Cook Dine with Me; Cambourne Digital Surgery 60+: shrobona@gmail.com Cambourne Repair Café: cambournerepaircafe@gmail.com Cambourne Shed: cambourneshed@gmail.com Chess Club (primary and secondary aged children to Year 11): cambourne.chess@gmail.com Children's Centre: 01954 284 672 or childandfamilycentre.south @cambridgeshire.gov.uk **Community Gospel Choir:** cambournegospelchoir@gmail.com www.facebook.com/Cambourne CommunityGospelChoir Crafty Ladies: Maureen 01954 718542 or craftyoldladies@gmail.com Crescent Science & Technology Club: info@cambournecrescent.org Light up Cambourne: lightupcambourne@gmail.com Photography Group: Nicola Marriott 07811 154 901 www.flickr.com/groups /cambournephotographygroup **Reading Groups:** Cambourne.Referral@ cambridgeshire.gov.uk Sunday Walks: Sandra 07747 012 245 or scalcraft@gmail.com Words for Pleasure Writers' Group: Pat Callaghan 01954 715 106 WW2 Aircraft Club: 01954 716817 or iancameron692@gmail.com

LOCAL AUTHORITIES

Town Council Office: 01954 714 403 office@cambournetowncouncil.gov.uk www.cambournetowncouncil.gov.uk

District Councillors for Cambourne:

Shrobona Bhattacharya: cllr.bhattacharya@scambs.gov.uk Stephen Drew: cllr.drew@scambs.gov.uk Helene Leeming: cllr.leeming@scambs.gov.uk

SERVICES

Cambourne Crescent Food Bank: www.cambournecrescent.org/service/ foodbank Community Car Scheme: 07526 998 465 cambournecarscheme@gmail.com Cromwell Veterinary Group: 01954 715 161 Hope Against Poverty CIC: hopecic.uk@gmail.com www.hopeagainst.org Streetlight faults: www.cambourne.info/street-lights Wildlife Trust: Rebecca Neal 01954 713 516 www.wildlifebcn.org

CHURCHES

Cambourne Catholic Community: www.cambournerc.com Cambourne Church: www.cambournechurch.org.uk Foodbank: Julie Whitbread julie.whitbread@cambournechurch.org.uk Christchurch Cambourne. www.christchurchcambourne.org.uk The Harbour Bereavement Café: theharbour@cambournechurch.org.uk Peacehaven Baptist Church: www.peacehavenbc.org.uk

HEALTH CARE

Cambourne Dental Practice: 01954 718 585 www.colosseumdental.co.uk/practices/ cambourne-dental-clinic Community First Responder: Mark Taylor 07858 394 719 mark.taylor@inheritancewills.co.uk Jardines Pharmacy: 01954 718 296 Monkfield Dental: 01954 774 540 www.monkfield.dental Monkfield Medical Practice: 01954 282 153 www.monkfieldpractice.co.uk

EDUCATION

Arabic Language School: www.cambournecrescent.org/service/ arabic-school info@cambournecrescent.org Cambourne Village College: 01954 284 000 www.cambournevc.org Comberton Village College: 01223 262 503 www.combertonvc.org Educating Otherwise: www.facebook.com/Home Education -Cambourne

Hardwick and Cambourne Community

Primary: 01954 210070 www.hardwickandcambourneprimary.co.uk Jeavons Wood Primary School: 01954 717 180 www.jeavonswood.org Monkfield Park Primary School: 01954 273 377 www.monkfieldpark.cambs.sch.uk Vine Inter-Church Primary School: 01954 719 630 www.thevine.cambs.sch.uk

PLAYGROUPS/PRE-SCHOOLS

Cambourne Pre-school: 01954 715 150 www.cambournepreschool.org.uk Carers And Tots: www.facebook.com/Carers and Tots, Cambourne Monkfield Park Care & Learning Centre: 01954 273 301 www.monkfieldpark.cambs.sch.uk Kindred Cambourne Day Nursery and Pre-School: 01954 719 440 www.kindrednurseries.co.uk

SPORTS & LEISURE

Cambourne Balkan Dance Club: cam.balkan.dance@gmail.com **Cambourne Bowls Club:** Stuart Palmer 07860 654 057 **Cambourne Comets Trampoline** and DMT Club: cambournecomets@gmail.com **Cambourne Cricket Club:** cambournecc@gmail.com **Cambourne Fishing Club:** www.cambournefishingclub.com Cambourne Fitness & Sports Centre: 01954 714 070 Cambourne junior parkrun: www.parkrun.org.uk/cambourne-juniors/ **Cambourne Netball Club:** www.pitchero.com/clubs/ cambournenetballclub Cambourne Raptors Basketball Club: info@cambournebasketball.org **Cambourne Runners:** cambournerunnersarc@gmail.com Cambourne Tennis Club: www.clubspark.lta.org.uk/CambourneLTC **Cambourne Town Football Club:** hello@cambournetownfc.org.uk For specific team email contact(s) see: www.cambournetownfc.org.uk **Cambourne Women Runners:** information.cwr@gmail.com Cambs Chargers Volleyball Club: cambschargers@gmail.com Cambs Tai Chi Club: www.cambs-taichi.org.uk Cambourne Tang Soo Do Club: www.cambournekarate-tangsoodo.co.uk Cambourne Tae Kwon Do: stephenlacey73@gmail.com Karate School (AKS): 07929 100 612 www.karateschools.co.uk Pilates 07779 780074 www.faybpilates.co.uk

Current as of July 2025. To add a listing or update information email: delivery@cambournecrier.org

Make a difference: Cambridgeshire Fire and Rescue service opens recruitment for wholetime firefighters

People seeking a new and exciting career are being urged to come and make a difference as Cambridgeshire Fire and Rescue Service looks to recruit wholetime firefighters.

From 14th July, applications will be open for a month for anyone interested in serving their community as a wholetime firefighter. Those successful, after the application and selection process, will be added to a holding list.

We welcome applications from everyone in our community that meets these entry requirements:

- Aged 18 or over on 1 January 2026
- Eligible to work in the UK
- Hold a full UK manual driving licence (or be due to pass before employment)
- Have five GCSEs (grades A–C / 4–9) including English and Maths, or equivalent
- · Meet the standards for fitness, eyesight and colour vision
- · Be a confident swimmer
- Be comfortable working at height, in heat and in enclosed spaces
- Willing to work shifts, including weekends and nights.

Full details about becoming a wholetime firefighter and the selection process can be found in the Careers section of our website: <u>www.cambsfire.gov.uk</u>

Stay fire safe in your kitchen

More than half the fires our crews attend in the home start in the kitchen. This can be down to a number of things. Below are some simple safety tips to help you stay fire safe in the kitchen:

• Avoid leaving children in the kitchen alone when cooking on the hob. Keep matches and saucepan handles out of their reach to keep them safe.

• Take care if you're wearing loose clothing – this can easily catch fire.

- Keep tea towels and cloths away from the cooker and hob.
- Double check the cooker is off when you've finished cooking.

• Take care if you need to leave the kitchen whilst cooking, take pans off the heat or turn them down to avoid risk.

• Make sure saucepan handles don't stick out – so they don't get knocked off the stove.

· Keep electrics (leads and appliances) away from water.

• Check toasters are clean and placed away from curtains and kitchen rolls.

• Keep the oven, hob and grill clean and in good working order. A build-up of fat and grease can ignite a fire.



Don't let a garden spring clean lead to fire

Staying safe outside is just as important as keeping your family safe from fire in your home.

As the Spring time weather (hopefully) begins to arrive, many will take the opportunity to get out in the garden and give it a tidy.

There are a few simple things to do which will help reduce the risk of having a fire:

• Dispose of garden waste using either a local waste pick up service, or take it to a local recycling centre. Do not light a bonfire!

- · Ensure cigarettes are completely out
- Do not leave glass bottles lying on the ground the sun's rays reflect through the glass and can start a fire
- If you are planning to have a BBQ:
- Use barbeques on a hard, flat surface away from grass, shrubs or fencing

• Put disposable barbeques on bricks, do not place directly on grass.

For more information please visit <u>www.cambsfire.gov.uk</u>, follow us on social media or call 01480 444500.





We help all girls know they can do anything

Guiding is the UK's largest youth organisation dedicated completely to girls, we're working to shape an equal world where all girls can be happy, safe and fulfil their potential.

A place where girls explore the things they love and do things they've never done before. At Guides, girls make brilliant friendships, have adventures and take on new challenges.

We have spaces available at our newly formed Cambourne unit starting in September, to register please visit https://www.girlguiding.org.uk/information-forparents/register-a-child/ or for more information please email: 3rdCambourneGuides@gmail.com

3rd Cambourne Guides for girls age 10-14

Mondays 6:30 - 8pm



available

www.girlguiding.org.uk

Monkfield Medical Practice: summer headlines and helpful advice

Hay Fever

This month is peak time for tree pollen. For tips on reducing exposure, please visit the allergyuk.org website. Patient Participation Group (PPG) A meeting was held on 20th May, minutes can be located on our website (www.monkfieldpractice.co.uk/patientgroup). There were lots of updates for patients and some great feedback in return. This included discussing the difficult balance between having enough urgent appointments on the day, and enough routine GP appointments, some of which can be saved by using our other health professionals such as our pharmacist or physiotherapist.

We are always welcoming of new member to the PPG, even for a one off attendance, as bilateral communication is key to providing a primary care. The next meeting will be held on Tuesday 9th September at 5-45pm.

Proxy Access

Patients may find it helpful if someone else, usually a trusted family member, close friend, carer or care home, has

access to their GP online account to book appointments, order repeat prescriptions, or view their GP record. This is called proxy access. To find out more visit www.nhs.uk/nhsservices/gps/gp-services-forsomeone-else-proxy-access/what-isproxy-access/

Pharmacy First

Pharmacists can offer advice on a range of illnesses and can also give advice about medicines. Most pharmacies can also offer prescription medicine for some conditions, without you needing to see a GP. This is called Pharmacy First. **Meridian Primary Care Network** Meridian Primary Care Network houses a number of multidisciplinary team members from our Primary Care Network (PCN), these are known as additional roles supporting our patients. These include: social prescriber, carecoordinator, health coach, first contact physio, children and young people, support workers, a matron and additional GPs. Services also provided by the PCN include counselling for alcohol reduction,

dementia; menopause support and much more.

Practice Manager Partner For further information please see the

Hannah Crisford,

Meridian PCN website meridianpcn.gpweb.org.uk Research

We are stepping up our delivery of research studies, offering studies that range from breast cancer genetic studies to weight loss interventions. We are soon to employ more research staff and are now recruiting patients from across the PCN to undertake the study at Monkfield. Please keep an eye out for studies, to which you may be invited via text or letter. We are also piloting our own innovation, using a portable ECG machine for those who suffer palpitations - the only such pathway in the region. We are hoping to scale this up with the support of the NHS and Cambridge University.

Follow us on Facebook: **MonkfieldMedicalPractice** MeridianPrimaryCareNetwork

Eco-friendly period poverty campaign to return this autumn

South Cambridgeshire District Council is celebrating the success of its eco-friendly period poverty campaign by confirming the project will return this autumn.

In the initial phase last year, the Council helped distribute 407 packs of sustainable menstrual products including reusable pads, period pants, and menstrual cups - to residents in need.

Building on that success, the campaign will run again this autumn to support even more people with access to free, environmentally friendly period products. Last year's campaign, launched in Environmenstrual Week,

supported residents in need, helping reduce the cost burden while tackling environmental waste. A follow-up survey received 71 responses, with overwhelmingly positive feedback about the dignity, relief, and sustainability the scheme provided.

The campaign, delivered in partnership with award-winning social enterprise Hey Girls, helped local residents who may be struggling to afford period products, while also reducing the 26,903 tonnes of waste generated annually across the UK from single-use items.

Further details on the 2025 campaign to be announced closer to the date.





Full House at the Hub for Light Up Cambourne bingo night

A very successful evening of Bingo was enjoyed by 130

people, (a record for a LUC event) at the Hub on 7th June. Thanks as always go to all those who support us by coming to our events and those individuals and local businesses who donate raffle prizes.

A big thank you to: The Monkfield Arms, Morrisons, We Love Pets, Frank's Farm (Elsworth), Fish 'n' Chicken, The Beauty Cabin, K crafts & more, Holiday Inn and all those who either brought items on the night or donated them at other times; these very generous donations make a massive difference to LUC and therefore by extension the wider Cambourne community. Please pay back the local businesses who support us by using them if you have a chance.

Fish 'n' Chicken supplied the food for the evening and we are indebted to Frank and his team for the excellent service and standard of food we received.

If you haven't yet attended one of our events, give it a go! They are a lot of fun and a great way to spend an evening with friends and family in a great atmosphere.

Our next event is a quiz evening to be held on 27th September, as usual at the Hub, a choice of food will be on offer, choose from a beef burger or veggie burger and wedges or a Ploughmans. Tickets have already started being reserved, to secure yours email us at <u>lightupcambourne@gmail.com</u>

We are still on the hunt for items for our Tombola stall at the forthcoming Cambourne Town Fete, we need new/good condition items of pretty much anything you can spare that's suitable, if you have something to donate either send us an email or drop it off at the town council offices for us to pick up.





After the quiz in September, we are holding something new to LUC – a pottery and Prosecco evening – plenty of other drinks both alcoholic and non-alcoholic will available! Along with snacks and nibbles. Save the date of 1st November, more details to follow nearer the time.

We are considering holding a make a Scarecrow competition in September – something for the kids to do in the summer holidays — help from grownups encouraged! The exact format is still to be decided but would most likely be for an entrance fee. Competitors would make a Scarecrow and display it outside their houses for judging, with prizes being awarded for the best ones in a variety of categories. This year will be a first attempt as it were and so depending on interest levels it's likely to start small but if successful and there is enough interest we will be looking to build it into something larger next year. Please let us know if this is something you would like to take part in by dropping us an email.

The BIG Community EAT

Community Gathering Across Generations: Join us for a special intergenerational event where neighbours of all ages come together to share food, stories, and ideas that shape our community. Free food, cooking demonstrations and activities for all.

Date: Thursday 24th July

Time: 10am - 4pm

Location: The Hub Community Centre, Cambourne

Free & Family-Friendly!

What to Expect:

- Free food featuring dishes from different cultures
- Fun interactive activities for kids, teens, adults & seniors
- A chance to meet your neighbours and share your voice!
- Chances to win prizes from the Co-Op
- · Recipes and vouchers to take home (subject to availability)

Hosted by Monkfield Medical Practice, Meridian PCN, South Place Integrated Neighbourhood Team, South Cambridgeshire District Council, The Co-operative and many more.

If you would like to join us please register by scanning this QR code on your smart phone.





Bourn Surgery Comberton & Eversden Surgeries Harston Surgery

Roysia (Royston) Monkfield Medical Practice (Cambourne) Orchard Surgery (Melbourn)

Scout group marks World Bike Day and Great Big Green Week with community action

2ND CAMBOURNE SCOUT

GROUP: Our groups have been making the most of getting outside in the summer term. The Beavers and Cubs held a joint evening and enjoyed a Cycle Night on World Bike Day. They learnt about bike

safety, helmets, bike maintenance and had a go at

pumping a tyre. They then had a ride of their bikes through a course set up on the sports fields.

A couple of weeks later, all three sections recognised Great Big Green Week and did litter picking around Cambourne.

Using the Town Council equipment of pickers and bin

bag hoops, over 50 young people and leaders set out across multiple locations and collected 14 bags of litter.

It was good to be out and about making a difference to our local community, and satisfying to see the paths, parks, fields and car parks much cleaner after our work.





HSS UK presents Sewa donation to CVC

On Wednesday 11th June, the Cambridge branch of HSS UK presented a cheque of £280 to Cambourne Village College. The funds were collected through a sponsored walk through the country paths of Cambourne as part of the annual Sewa project. Sewa is the Sanskrit word representing the act of giving without the expectation of receiving anything in return.

The cheque was received by Miss Emily Gildea, Vice Principal, on behalf of the school.



I unior pockeun for 4 to 14 year olds adults can join in too Anily friendly at 9am (arrive 8:50 on your first visit) Cambourne Sports Playing Fields

Register: parkrun.org.uk/register Info: parkrun.org.uk/cambourne-juniors

New QR stickers help residents report full bins with simple scan

South Cambridgeshire District Council is making it simpler for residents to help keep streets clean, thanks to new QR code stickers being rolled out across Council-maintained litter and dog waste bins.

Each bin that the Council is responsible for will now display a new sticker featuring a QR code. Residents can simply scan the QR code with their smartphone to instantly report issues, like full bins, directly through the website. For those without a smartphone, the sticker also provides a phone number for quick and easy reporting.

This initiative is part of the Council's ongoing commitment to enhancing street care services and making it easier for residents to report issues quickly and conveniently.

Cllr Natalie Warren-Green, Lead Cabinet Member for Environment, said: "We're pleased to introduce our new QR code stickers making it faster and simpler than ever to report a full bin. Just scan or call, and we'll take care of the rest. It's another big step in making our street care service quicker, smarter, and even more connected to our residents. And with our new website tools, it's easy to check exactly when bins are emptied, and sweepers are due - it's never been easier to stay informed and keep our communities clean."

Any bins without a Council sticker are managed by a different organisation. In these cases:

• Parish Councils are usually responsible for bins on village greens and public spaces.

• Housing development management companies are often responsible for bins within private developments.



If you spot a bin without a Council sticker and it needs attention, then it's recommended to contact the relevant Parish Council or management company directly.

The District Council's Street Care and Cleaning service operates a zonal system, dividing the district into five zones. Each zone has a dedicated team of two operatives and two vans. The teams follow a regular schedule for street cleaning and emptying community litter and dog waste bins. To find out when the mechanical street sweeper is next scheduled for your village, or when your litter and dog waste bins will be emptied, visit the website.

Alternatively, use the new localisation feature on the website homepage. Simply enter your postcode to see personalised information about your area - making it even easier to stay informed.

Residents can also report full bins and request new litter or dog waste bins via the website. Or call 01954 713000. Every report helps keep the district's streets, parks, and public spaces clean, safe, and enjoyable for everyone.

Please note we only empty bins with official stickers.



If there is no sticker, please contact your Parish or Town Council or Development Management Company.







Cambourne in Bloom: 20th Open Gardens welcomes more than 100 Visitors

More than 100 visitors enjoyed visiting the 17 gardens which were open during the second weekend in June.

The 20th Cambourne Open Gardens was a great success, despite the weather, with £655.10 being raised to develop the Jubilee Garden at Cambourne church.

Jules Hannaford, event organiser, said, "It was so good to see



new people who have moved into Cambourne recently, along with familiar faces. It was a warm welcome for them into our community even if the weather was a bit chilly!"

Cambourne Open Gardens is an annual event and any resident is welcome to open their garden as part of it. If you are interested for next year, please email juleshannaford@hotmail.com

Families Information Service

Would you like to find out more about different childcare options available in Cambridgeshire, and the help available with funding?

Our **Families Information Service** provides a one-stop shop for information and advice on all things childcare.



We can help with:

- finding childcare
- understanding childcare funding options
- childcare for children with special educational needs and disabilities (SEND) and the SEND Local Offer

Scan the QR code to visit our website for more childcare and early education information.

Contact the Cambridgeshire Families Information Service for further advice and guidance.

0345 045 1360

fis@cambridgeshire.gov.uk
@CambsFIS

Families Information Service Cambridgeshire



County Council





SPORT

Cambourne Town FC celebrates a standout season and champions inclusion

Cambourne Football Town Club: It's been a remarkable 2024/25 season for the Club as it retained the England FA top 3* accreditation, continues to grow not just in numbers but in ambition, inclusion, and community pride. With a growing reputation as one of the region's most inclusive and community-minded grassroots clubs, Cambourne Town has plenty to celebrate; from silverware and promotions to inspirational stories of teamwork, sportsmanship and resilience.

A New Era for Inclusive Football A major highlight this season has been the expansion of CTFC's Inclusive Football program - two new pandisability sessions, and the progress has been outstanding. The Youth Allstars (ages 12–16) not only took home their first tournament victory but followed it up with a second-place finish soon after.

The Adult Allstars (16+) are preparing for their first tournament in Histon this month and excitement is running high. Coaches Mark and Louise who lead both



squads, have been pivotal to the success and growth of these teams. They have built an environment where players of all abilities feel valued, confident, and supported.

In September they'll launch COMETS, a program designed for children aged 4–11 with additional needs (including EHCP/SEN). These fun, supportive sessions will run on Mondays from 5– 6pm, with other Inclusive sessions continuing Mondays (6–7pm for Youth Allstars) and Thursdays (7–8pm for Adult Allstars). Interested in joining? Contact: pan-disability@cambournetownfc.org.uk

Youth Teams

U11 Girls: Playing with Heart they had a standout season—reaching their cup final before narrowly missing out against a strong Oundle side. However, the true highlight came off the pitch. After Oundle's Millie sustained an injury in a match earlier in the season and was later diagnosed with cancer, the CTFC girls sprang into action. Through their

own fundraising efforts, they raised over £1,500 to support Millie and her family a beautiful display of sportsmanship and compassion.

U12 Girls White: These players fought valiantly, reaching their semi-final before falling to Ely Robins. Their determination and growth over the season have been impressive.

U15 Girls: This team saw a milestone year, celebrating six players reaching 100 appearances for CTFC: Daisy Algar, Isla Dowe, Sophie Menezes, Jessica Menezes, Isabel Thorpe and Charlotte Mendes. Most of these players joined as 5-year-olds in the club's Wildcats program. It's been inspiring to watch them evolve-not just in skills, but also in confidence and versatility. Players like Izzy and Charlotte have successfully transitioned into new positions, showing their adaptability and football intelligence. Many are now on the brink of moving into adult women's football - a proud moment for everyone.





Boys and Girls Teams

U10 Pumas: Arguably one of the club's most successful teams this season, the U10 Pumas won the Stotfold Tournament, the Holbeach Tournament, and the Peterborough FC "Play on the Pitch" event. They also topped their league, showcasing brilliant attitude and talent week after week.

U9 Girls: In just their second season with the club, the U9 Girls won their firstever silverware-claiming the Plate at Holbeach. Congratulations to the players and coaches on this fantastic achievement!

U15 Yellow: They reached the cup final at Cambridge Stadium, playing against a tough Elsenham side. After beating them 5–4 in the league the week prior, expectations were high, but football can be unpredictable. The final ended in a close 3-2 loss in the final minutes. Special mention to goalkeeper Matthew Reade, who showed bravery and resilience throughout the season. U12 Sunday Team: A team to watch! In their first season in the Royston Crow League, they finished top of the table, came runners-up at Cottenham, and went on to win the Shefford Saints Tournament. All eyes are on what they'll accomplish as they move into 11v11 football next season.

Mens and Ladies Teams Saturday Men's Team: A phenomenal season saw them win the league with five games to spare and secure promotion. The journey continues-with whispers of an FA Cup run already making the rounds!

Sunday Blue Team: They entered the



Junior Cup final as underdogs and emerged as champions, winning 2-1. They also reached the county cup semifinal and finished 4th in their league-an outstanding performance for a debut season.

Sunday Grey Team: Competing in the Cambridge Friendly League, this team has embodied the spirit of community football-friendly, positive, and resilient, finishing mid-table and winning fans on and off the pitch.

Ladies Team: The CTFC Ladies have held strong in the Second Division, showing progress, teamwork, and passion. As they build on this momentum, 2025/26 promises to be an exciting year for the team.

Farewells and milestones

U17 Boys completed a third consecutive table-topping season before disbanding. A heartfelt thank you to managers Rory and Benjamin for their dedication.

Players, you'll always be part of the CTFC family.

U16 Boys ended the season as league champions and also won their Cup Final at Cambridge Stadium.

Congratulations to U15 Red and U13 White, both of whom finished as league runners-up.

A message to every player

From our Mini League players (U7–U11) to our Colts and Girls teams (U12–U17) and our Adults, we want to say: thank you. You turned up in all weather, played your hearts out, and showed great sportsmanship regardless of the result. Whether you lifted a trophy or finished bottom of the table, you made us proud just by being part of our club.

If you're moving on to new adventures, remember that CTFC will always welcome you back.

Year-Round football opportunities Soccer School (Ages 4–6) continues to offer fun, entry-level football for young players. Football Centre Sessions provide weekly training for children who don't yet have a team: Mondays - Ages 7-9 Tuesdays – Ages 10–12 Wednesdays - Ages 13+

All sessions are led by FA-qualified coaches.

Support your local club! Matches are open to spectators: Saturday Men – Saturday afternoons Ladies - Sunday at 11am Sunday Men (Blue & Grey) - Kick-off at 10.30am

The Dugout is open from 8.30am on match days, serving hot drinks, breakfast baps, and snacks. The bar opens from midday, often showing Sky Sports for fans to enjoy.

Pre-Season Tournament: 30-31 Aug CTFC's popular pre-season tournament returns on 30-31st August, welcoming over 1,000 children each day from around the region.

We understand parking can be a challenge and appreciate residents' patience and support.

With parking attendants and guidance in place, we do our best to minimize disruption.

This event is a fantastic showcase of Cambourne's youth and community spirit.

Cambourne Town FC – Football for all, at the heart of the community

SPORT

Farewell to the potholes: Cambourne courts resurfaced

Cambourne Tennis Club is thrilled to announce that we have upgraded the older courts. The courts (1-3) were renovated and now it's the turn of the older ones (1-2).

Regular players will be aware that our older courts 4 and 5 - which according to archaeologists, date back to the early days of civilisation in Cambourne – are well beyond their sell-by date. While the many potholes and stones add an interesting level of unpredictability to our games, the time has come for them to be completely resurfaced.

We are pleased to announce that work on resurfacing these two courts commenced on 18th June and may be nearing completion by the time you read this. Once finished, we will have five high-quality flood-lit courts.

Courts 4/5 will be dual-use shared with the Netball Club. We are trying to reduce the impact of matches and coaching activities during the construction and will send more information once the work has been finalised.



Coaching news: Our popular summer camps are back for the holidays! For dates and bookings please go to: <u>www.gamesettennis.co.uk</u> or toby@gamesettennis.co.uk for more information. Please see our website for more information about the Tennis Club, our activities, and how to join: <u>clubspark.lta.org.uk/CambourneLTC</u>

