

Save the date: Christmas Lights Switch On!



The Cambourne Christmas Lights Switch On event is back! Taking place on Saturday 20 November from 5-7.30pm in Cambourne Market Square, there will be entertainment from Jez0, live music, Santa's Grotto, a raffle and plenty of burgers, hotdogs, mince pices and mulled wine!

Tickets to visit Santa's Grotto will be available on the day for £3 each. If you can't make it to see Santa and his elves and reindeer in his grotto, don't worry, Light Up Cambourne have arranged for you to video chat with Santa live from the North Pole on Friday 3 December! Ask your grown up to help pre-book a video chat with Santa by sending an email to <u>lightupcambourne@gmail.com</u> to book a slot (£3 per child).

The Christmas lights in Cambourne and the switch on event are brought to you by the year-round fundraising efforts of the volunteer Light Up Cambourne team.

One of the final fundraising events for 2021 is the opportunity to buy Body Shop products at the Hub Community Centre on Monday 8 November, from 7.30-9.30pm. A great opportunity to get spa type gifts for family and friends, come along and see what luxury products you can sample and buy on the night. All proceeds go towards the the Christmas lights.

Work continues on community facilities

Work started on the new skatepark in October (left) and should be completed in December. The new youth building (right) is scheduled to be finished in mid-February 2022. *More details on p2.*





Help the Wildlife Trust



Find out how you can join a working party and help care for our reserve

See page 5 for more...

Festival of Arab Culture



Festival of food, drink and music, hosted by Cambourne Crescent

More details on page 7...

Good Mood Cafe



Drop in for a drink and a chat - held every Thursday evening

Find out more on page 13...

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CAMBOURNE CRIER

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. Cambourne Crier is compiled entirely by volunteers.

This month's editors were: Donavan Bangs, Paul Jobling, Paula Brown, Andrea Sisneros and Seema Achall. Distribution: John Panrucker Finance: Pam Hume Website & design: Tim Nash

To advertise please contact:

Janet Dobson: (01480) 831066 or janetpendrill@gmail.com For leaflet distribution contact: John Panrucker: <u>delivery@cambournecrier.org</u>

Editorial submissions:

Submissions for the December edition must be received by 9pm on Sunday 14th November 2021. Please email articles and attached photographs to editorial@cambournecrier.org You can now mail items to Cambourne Crier The Hub, High Street, Great Cambourne, Cambridge CB23 6GW

By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on <u>editorial@cambournecrier.org</u>

CRIER COMMUNITY FUND

Our community fund enables us to make grants to local clubs, societies or causes. Do you need new equipment for your group? Do you want to set up a new group and need some funding to get going? Contact <u>pamhume1@gmail.com</u> for more information or download the application form at <u>www.cambournecrier.org</u>

CAMBOURNE CRIER NOVEMBER 2021 CAMBOURNE TOWN COUNCIL

Football Development Officer

On 1st October we welcomed a new member of staff to the Town Council team. Owen Baker has filled the vacancy of the Town Council's first Sport Development Officer (Football).

The position was a requirement of the FA grant funding for the 3G pitch and Owen's responsibilities include managing the pitch bookings, supporting Cambourne Town FC and developing the club, engaging with the community and promoting football to all.

Owen currently coaches the Saturday soccer school, Wildcats (girls) on Sunday and will be looking to set up a SEN session in the near future. As his role develops one of his aims is setting up a disability football team.

Owen will be engaging with the primary and secondary schools as well as the youth centre and young people in Cambourne, running activities and camps in the school holidays. Owen can be contacted at <u>owen.baker@cambourne</u> <u>towncouncil.gov.uk</u>

Skatepark refurbishment begins!

We are so pleased to update that work has finally started on installing the new ramps and equipment at the skatepark. The contractors started installation the week commencing 11th October and the work will take about eight weeks to complete (subject to weather conditions) When the skatepark is ready we will celebrate with an official opening.

Thank you to the regular users of the skatepark for being so patient after it was removed back in May - the project has unfortunately been delayed almost two years due to the pandemic and material shortages.

Project updates will be posted on our Facebook page and we will announce when the skatepark is ready for use, and the date for the official opening!

South Cambridgeshire District Council's Outdoor Christmas Market to be hosted in Cambourne

The Town Council has been supporting the Business Support team at SCDC who are organising the Outdoor Christmas Market which is going to be held on the High Street here in Cambourne!

The Outdoor Christmas Market will be held on Sunday 5th December from 12pm to 6pm. The day will be full of festive fun with local businesses from South Cambridgeshire selling their products, a brass band, variety of hot food and drink, funfair and children's craft activities.

Youth building update

The new youth building is progressing well with the steel frame completed and floor beams installed. The project is still on schedule to be completed mid February 2022.

CALENDAR OF MEETINGS November/December

2nd November, 7pm Planning Committee, followed by Full Council

16th November, 7pm Planning Committee, followed by Leisure & Amenities Committee

 7th December, 7pm
 Planning Committee, followed by Full Council

Council meetings have returned to face to face and are held in the Meeting Room at the Hub Community Centre.

Council Contact information: Office 01954 714403 office@cambournetowncouncil.gov.uk

The Town Council Office:



The Hub, High Street, Cambourne, CB23 6GW. Tel: 01954 71403 or 07875 999028 or email <u>office@cambournetowncouncil.gov.uk</u> John Vickery, Parish Clerk: <u>clerk@cambournetowncouncil.gov.uk</u> Jessica Lydon, Community Development: <u>community@cambournetowncouncil.gov.uk</u>

HEALTH AND COMMUNITY

Healthwatch Cambridgeshire wants you to share your care home experiences with them

Do you, a loved one, family member or friend live in a Cambridgeshire or Peterborough care home?

Cambourne families are being asked to share their experiences of local care homes over the last 12-18 months.

The pandemic has had a devastating impact on care homes across England. And for care home residents and their families, it's been exceptionally stressful and challenging.

Despite the dedication of staff in caring for and supporting frail and vulnerable residents, lack of communication, a ban on visiting, unfamiliar masks and new routines created anxiety, confusion and upset for many residents.

For friends and family members, not being able to visit, carry out caring duties or have physical contact with relatives has really hit hard

Tragically, some families were not able to be with loved ones in their final days and moments and didn't get the chance to say goodbye.

With your help, Healthwatch can find out more about what's changed and if things are returning to "normal".

Your feedback will be anonymised and shared with local health and care providers to help improve care.

Healthwatch wants you to share what it's been like for you, so if you have a care home story to tell, Healthwatch wants to hear.



Whether you have a good or bad experience to share, your feedback helps improve services for everyone.

You can share your views online at:

www.healthwatchcambridgeshire.co.uk/care-home-survey If you're not online and/or prefer a paper questionnaire and prepaid envelope, please call Healthwatch on 0330 355 1285. You can find out more about Healthwatch and the work they do

at www.healthwatchcambridgeshire.co.uk



Cambridge Country Club

Welcomes over 300 new members and launches recruitment drive

Following the opening of Cambridge Country Club in September, guests have continued to flock to the new luxury health and wellness complex to utilise the superb new facilities. Due to popular demand, the Club is delighted to announce its new recruitment drive, bringing over 120 new jobs to the local area.

Since opening just a few weeks ago, the Club has received unprecedented interest in the new facilities, receiving over 300 new memberships to it's 5* health and wellness complex in its first month. Guests are also making use of the luxurious new pool which opened last week, with the full suite of beauty and spa services now available.

The Spikes Bar, with its striking green overtones and welcoming brown leather sofas is also open for business, enticing guests with an array of drinks, snacks and mouth watering bar menu. The final touches are now being made to the event rooms and the Fine Dining restaurant, all of which are due to open before the end of the year.

In order to scale up their operations and continue delivering their high quality service, Cambridge Country Club have embarked on

a new recruitment drive and are looking for a team of people to help share their vision and ethos for the 5* luxury complex.

There are various positions available across the complex including front of house, waiting and bar staff, and within the fitness and beauty teams. Following a highly successful recruitment evening on 7th October, further interested applicants are invited to email Cambridge Country Club for more information and opportunities at info@ cambridgecountryclub.com.

The Cambridge Country Club is now accepting bookings for all dining and events, including weddings and Health & Wellness memberships are also now available. For more information visit www.cambridgecountryclub.com



Toft Road, Bourn Cambridge CB23 2TT Tel 01223 247365

Email info@cambridgecountryclub.com

COMMUNITY

Cambourne Library events and services in November

Thank you to all customers who shared their reflections on "What the library means to me" during Libraries Week in October. It was wonderful to hear your thoughts and feelings about libraries. For everyone's safety and comfort we continue to manage the numbers of people inside the library at any one time and ask you to wear a face-covering and maintain social distancing.

The Library Presents - You can now book your tickets online or at the library: <u>www.library.live/the-library-presents</u>. All events are ticketed, starting from £3, with options for child and family activities as well as events for adults of all ages.

At Cambourne Library - Ceramics Workshop with Louise Beale for ages 4-10 and their parents/carers. This workshop will be hosted at the library on Saturday 4th December starting at 2pm, tickets £3 per child. Children must be accompanied by a supervising adult, who will not require a ticket.

AlgoRHYTHM From Home - Interactive online dance and science workshop straight to your living room (suitable for all ages, target age group 7-14yrs, integrated BSL and audio description). Fogland Lighthouse - A podcast series that shines a light on the obscure and downright weird stories from British History. Arts La'Olam - Music with international talent, Fiston Lusambo

Arts La'Olam - Music with international talent, Fiston Lusambo (DR Congo), Ling Peng (China), Daphna Sadeh Neu (Israel) and Polina Shepherd (Russia) who lead workshops individually and collaboratively, engaging audiences in celebratory explorations of diverse cultural heritages, and stories of migration & belonging. **Wellbeing -** Cambridgeshire Libraries have created a new Libraries and Wellbeing webpage. This provides links to activities, resources and support, both national and local. Visit www.cambridgeshire.gov.uk/LibraryAndWellbeing. November is **Men's Health Awareness** month. We have a range of books available to support you with your health and wellbeing. **Global Online Bookclub** - Through our Libby app you can have access to the Big Library Read: <u>biglibraryread.com</u>. November's choice is *Five Total Strangers* by Natalie D. Richards. Download the title (multi-access, so no waiting times!) between 1-15 November,

read the eBook and then join in the online conversation. **Ebooks** - The library offers a wide range of eBooks and eAudiobooks – please check our catalogue for details <u>cambridgeshire.spydus.co.uk</u>. We also add to our book stock on a regular basis, so please do drop in and see what's new.

IT facilities – Access to our computers is available on a drop-in basis, but if you would like to ensure a computer is available you can book online, by telephone, or directly with staff. Printing and photocopying are also available, 20p per A4 black and white page and 75p for colour; payment via the linked coin box. Late return charges - Please note that we have reintroduced late return charges, but only for adult loans – there are no late fees for children's books. Reservations remain at 50p and it now costs only £1 to borrow a DVD or audiobook for 3 weeks. Free services are available if you are housebound or visually impaired. www.cambridgeshire.gov.uk/library

Contact the Library - Tel: 0345 045 5225

south cambridgeshire outdoor Christmas Market

Over 100 Independent stallholders with gifts, crafts, food, refreshment, live music and festive performances



SAVE THE DATE 12 noon to 6pm, Sunday 5 December Cambourne High Street



HM Government



Library Opening Times

Monday 9am – 5pm Tuesday 9am – 1pm Wednesday closed Thursday 4pm- 7pm Fridays 9am – 5pm Saturdays 9am – 1pm Sunday closed

MOBILE POST OFFICE:

The Hub Car Park Mondays: 1.30pm-4:15pm Wednesdays: 12.30-4:15pm Tel: 0345 611 2970 The post office informs the Town Council of any changes and these will be updated on: <u>cambournetowncouncil.gov.uk</u> <u>www.facebook.com/cambournetowncouncil</u>

BIN COLLECTIONS: (At the time of publication) Black Bin: Thursday 18 November, 2 December Blue / Green Bins: Thursday 11 and 25 November Further info: <u>www.scambs.gov.uk/recycling</u>

COMMUNITY

Wildlife Trust trialling work parties at Cambourne nature reserve

Managing much of the wilder green spaces in Cambourne, at the Trust we are often asked by residents to help resolve problems such as litter and graffiti on the reserve, and we welcome people contacting us. To help with these issues, we have a group of local volunteer rangers who work on smaller jobs while walking near home. As these jobs accumulate along with other tasks that require more people, we are trialling work parties to tackle these problems together.

From our experience at other reserves we know that work parties bring people together and provide great outdoor exercise, camaraderie and pride in a shared local space - so this would help maintain Cambourne as a great place for people and wildlife. Those taking part will learn more about local wildlife and about



the management of the reserve.

If you're interested, you can sign up as an official volunteer and book a place on a session so we can manage the tasks and group size. Ideally we are looking for volunteers that can attend several of the sessions. If these prove successful we may run more in the future, and aim to build up a group of committed, regular volunteers. The work parties are aimed at adults, but interested older teenagers are most welcome if accompanied by a responsible adult.

The trial sessions will run on Saturday mornings on 27 Nov, 18 Dec, 22 Jan and

12 Feb. We look forward to hearing from you, to register interest please email <u>rebecca.neal@wildlifebcn.org</u> BCN Facebook/Twitter @wildlifebcn Facebook @BeccaBadgerWTBCN Visit <u>www.wildlifebcn.org</u>



Blue Bag Project receives funding boost

Since the Blue Bag Project was introduced to Cambourne a few months ago, there has been a great response from the local community. More than 40 bags have been handed out to local young people who struggle to access sanitary products; with generous donations from the public through our collection points at Morrisons and the Upper Cambourne Co-op.

Emma Whitbread, a youth worker at the Cambourne Soul Youth Centre, run by Cambourne Youth Partnership and Romsey Mill, said: "We have been amazed by the response from the community that have been making donations. It really does make a difference to the everyday lives of young people and their families. We are now starting to expand the project to include other hygiene products such as shampoos, deodorants, shower gel, toothpaste, etc. along with the existing sanitary products."

The project has recently been chosen as Bellway Homes' Eastern Counties charity of the year. Bellway's Cambourne office have been busy collecting items for Blue Bag Project Christmas Hampers and have kindly donated £500 towards the project.

Philip Standen, managing director for Bellway Eastern Counties, said: "After recently relocating our divisional offices to Cambourne, we discovered Romsey Mill and the important work they do in Cambridgeshire, including their Aspire Programme and the Blue Bag Project.

"Bellway Eastern Counties regularly gets involved with community activity in the areas in which we work and Romsey Mill is a key charity in Cambridgeshire helping young people facing challenges in life.

"We hope this donation is the beginning of a long-running relationship with Romsey Mill and Cambourne Youth Partnership."

CYP, Romsey Mill and the young people of Cambourne would like to say a huge thanks for the support of Bellway Eastern Counties in this partnership! *Find out more about the project at www.cambournesoul.co.uk/bluebag*

COMMUNITY



Sewa Day delivers tonnes of food to foodbank

The Cambridgeshire team of Sewa Day, a national charity, has organised and successfully delivered more than four tonnes of food to Cambridge City Foodbank over the past year.

During the lockdown, when Foodbank requirements had gone up and deliveries had slowed down, Sewa Day volunteers' timely deliveries ensured the smooth flow of food to people in need throughout Cambridgeshire. Cambridge Foodbank Manager, Margaret Saner, said: "Cambridge City Foodbank really appreciates the regular donations we receive from Sewa Day. It allows us to provide a range of different types of food, to suit different tastes and requirements." Collaborating with the Cambourne branch of Morrisons, Sewa Day volunteers make regular collections and deliver to the Cambridge City Foodbank warehouse, from where they are distributed around the region.

As well as this, food items are delivered weekly to the Cambridge Community Kitchen, which provides food to the homeless around Cambridge.

To do 'Sewa' is to 'Serve without expecting any return' – a Sanskrit word and a Hindu concept which forms the basis of the Sewa Day charity.

If you are a supermarket, a business or an individual who would like to help or collaborate with Sewa Day in helping and supporting the community, please contact Sewa Day. Email: <u>Cambridge-sewa-day@googlegroups.com</u> Website: <u>sewaday.org</u> Twitter: @sewaday

Cambourne Morrisons supports local food project

Morrisons in Cambourne has donated a cage full of food - about 300 kgs - to the new 'Cambourne Community Food Project' organised by Hope Against Poverty (CIC).

Seema Achall, Community Champion at Morrisons Cambourne, said: "Morrisons is committed to encourage such local welfare projects." To find out how Morrisons can



support your charity or social welfare project, please email to Community Champions: vanessa.1.williams@ morrisonsplc.co.uk or seema.achall@ morrisonsplc.co.uk



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COMMUNITY

Cambridge Festival of Arab Culture



Taste buds were tickled, senses awoken, traditions explored and fun was had on Sunday 19th of September at Cambourne Village College thanks to the 1st Cambridge Festival of Arab Culture, hosted by Cambourne Crescent and kindly sponsored by the Qatar Foundation International.

The open event was a huge success with a steady stream of locals visiting the many exhibits throughout the afternoon.

Local Cambourne residents represented a variety of Arab countries such as Algeria, Egypt, Lebanon, Libya, Morocco, Palestine, Syria and Tunisia through music, food stalls, hot drinks, arts, crafts and clothing. Younger visitors were entertained on bouncy castles and had the opportunity to have some traditional Middle Eastern tattoo henna art work applied.

We all know that tea is central to English culture, but tea (and coffee) also play a central role in the Arab world. Stall holders displayed ornate tea and coffee sets used to serve and entertain family and friends. Tea not only serves to aid digestion after a large meal, it serves to show the generosity of the host as it is traditional to keep your tea cup constantly topped up. As with visiting family and friends, tea is rarely served alone. This was certainly the case at the Arab Culture Festival, as the amount of sweet treats on offer was vast and generous. Local school children commented: "The food was just so delicious. I loved the flavours," and "I had no idea that the music would create such a party atmosphere. It was really fun." We look forward to the next exciting event from Cambourne Crescent.



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COLUMNISTS



ANTHONY BROWNE MP FOR SOUTH CAMBRIDGESHIRE anthony.browne.mp @parliament.uk

Environmental issues and transport links

Everyone seemed so happy to be able to be mingling in the sunshine at Cambourne Fair during the summer, which I was glad to visit with Cambourne's County Councillor Mark Howell.

It was great to see the community out and about, and I was impressed by some serious bouncy castles! Disappointingly I did not win the Cambridge Past Present and Future raffle in aid of restoring Bourn windmill, but good to see this project attracting plenty of attention.

In Parliament, the green benches are busier than ever. I held two debates last month on serious climate issues – Carbon Capture and Storage and the Climate Change Committee's 2021 report. While I welcome and support the many environmental measures announced in the run-up to COP26, I agree that the government should push ahead and accelerate their timetables if we are to truly deliver on our net-zero commitments.

Finally, I can report on a productive meeting recently with the Mayor of the Combined Authority. Among other things, we discussed the importance of reliable on-road buses and the potential impact of both East West Rail and the C2C Busway, agreeing that Cambourne still faces transport concerns. I remain committed to finding solutions to these problems, working with the Mayor, GCP and your local representatives.

Editorial Note: This article replaces the October article which is retracted since it duplicates a report printed earlier in the year. Cambourne Crier apologies for this error.



RUTH BETSON DISTRICT COUNCILLOR cllrbetson@scambs.gov.uk Twitter: @ruthbetson

Troubled financial waters

You will have seen in the press recently that South Cambridgeshire District Council was two weeks away from special measures as the 2018-19 accounts are still not audited over two years on. Meaning the 2020 and 2021 accounts haven't even been started yet...

The Conservative group has continuously asked questions about the running of the Council from the Lib Dem Administration.

Their lack of transparency has always concerned us, so when we heard the Council was at risk of special measures, we called for an Extraordinary Council Meeting, which was held on 18 October 2021.

During the meeting, I asked the Lead Cabinet Member for Finance, Councillor John Williams, how much extra in external auditors' fees the Council would have to spend due to their delays, (the 2018 accounts cost £209,845 in fees).

After asking CIIr Williams to respond to the question posed (after listening to a long speech which did not address the issue), CIIr Williams said that the amount was "Up for discussion".

I do not think that answer is adequate given this is taxpayers' money at stake.

Priority should be given to getting accounts up to date when a public authority is spending other people's money.



CATHERINE PRICE CAMBOURNE PARISH NURSING SERVICE nurse@cambourne church.org.uk

Movember and prostate cancer awareness

This and every November is 'Movember' when you might see more moustaches than usual.

The Movember Foundation is a charity dedicated to men's physical and mental health and wellbeing.

Prostate problems affect only men. The prostate is a gland about the size of walnut located below the bladder.

Risk of prostate cancer increases with age, in those with a father or brother with the disease and is higher in black men.

Around 40,000 men per year are diagnosed with prostate cancer in England and in the early stages prostate cancers may not cause problems. However, symptoms can include problems in passing urine, such as going more frequently, pain, trouble starting or stopping or weak flow.

Some of these problems may occur in normal ageing but should still be reported to your doctor. There may also be difficulty or pain with normal sexual function or abnormal bleeding or pain in the lower back, hips and upper thighs.

A simple blood test called a PSA (Prostate Specific Antigen) can be helpful in identifying if there is a problem with the prostate gland.

A conversation with your GP about a blood test is suggested in men from 50 years old or from 45 years old for those at higher risk but talk to them sooner if you have symptoms.

Reference/ further information: <u>uk.Movember.com /prostatecanceruk.org</u>

EDUCATION

Some home-educated children prefer outdoor activities

EDUCATING OTHERWISE: While some home educated children have moved onto college this term, others are still learning at home, online, in groups/clubs/classes and being together in the great outdoors.

Some do the weekly Bushcraft & Outdoor Challenges or Woodcraft & Whittling sessions for 8- to 18-year-olds run by Wildly Curious behind Manor Barn in Bourn; where they have been foraging for berries, doing traditional fire-lighting, cooking on the campfire and carving tent pegs and walking sticks (see <u>www.wildlycurious.co.uk/charity-groups</u>).

Cambourne Multisports for home educated children aged 9+ years is now held every Thursday morning outdoors in Upper Cambourne (please email <u>alperry27@gmail.com</u> for more details). We also have a tree planting event organised with Cambourne Town Council through the Woodland Trust for Monday 22nd November 2021, 10-11.30am. If you are a Cambourne resident educating otherwise than at school and would like to plant trees with us please email darcyjanesimpson@gmail.com





Kingsdale

Cavendish Court, Cambourne Cambridgeshire

This full service development benefits from a central location in Cambourne. It was built to a high quality by Bovis Homes Ltd in 2003 and comprises of a mixture of 48 one and two bedroom apartments.

It is staffed 24 hours 7 days a week and owners enjoy a wide range of services including a restaurant, owners' lounge, hobbies room, guest suite, lovely gardens and gated parking.

The Management Team welcome viewings.



www.kingsdale.co.uk



For details of available apartments please contact Chris Morris, Court Manager on 01954 714406 or email cavendish@kingsdale.co.uk



Jan & Matt wanted to show thanks to their hospital, "Leaving a gift in a will is just something we can do so easily."

Leaving a gift donation in your will is a wonderful way to say thank you and leave a lasting legacy. Just like Dr John Addenbrooke whose founding legacy helped build a hospital. Your gift, whatever the size, will help transform care for generations to come.

To request a wills pack, call 01223 217757, email wills@act4addenbrookes.org.uk or visit helpyourhospital.co.uk/wills

You too can make Addenbrooke's even better.





EDUCATION

CVC: continuing to meet the challenges of the pandemic

CAMBOURNE VILLAGE COLLEGE:

During this half term, it's been great to experience a return to normality. Pupils are now enjoying science lessons in laboratories and DT in workshops. They are once again playing sports fixtures and participating in music, drama and many other activities.

On 6 October we were delighted to hold our Open Evening for prospective students and the school welcomed huge numbers of families who patiently observed the one-way system and measures put in place for social distancing. Coincidentally the Local Authority then issued a new set of Covid

measures for schools, banning such events until the end of October, so we got in just in time!

Managing the Covid pandemic continues to present significant challenges. We've had up to 68 positive cases at any one time. Schools no longer play an active part in the Test & Trace service and despite the high number of positives, very few students are isolating.

A number of our staff have been ill with the virus in addition to those who have been affected by related childcare and family needs, so although we've been fortunate in securing good supply staff to cover much of the absences, the organisational impact of

all this is considerable. The College was originally offered an early date to act as a venue for the NHS pupil vaccination programme but this was postponed, apparently due to staffing and vaccine supply problems. We certainly don't feel out-of-the-woods yet.

On a brighter note, pupils are working hard and cheerfully, while the supply teachers visiting us keep coming back for more - an encouraging indication of how much we all enjoy working with our Cambourne pupils. I'm very grateful for the hard work of all our wonderful staff and to our parents for bearing with us through these ongoing challenges. We're particularly grateful to all the parents and carers who continue to test pupils on Wednesdays and Sundays - this is a very helpful contribution towards keeping the school running safely.

Claire Coates, Principal

Reception children settling in at Jeavons Wood

JEAVONS WOOD PRIMARY SCHOOL: Our Reception children have settled into school beautifully and enjoyed a busy start to the term already! Within a few weeks they have already begun learning phonics, English and maths and are constantly impressing us with their knowledge. We've even found time for forest school and bikeability!

We recently had a science day where the theme was 'All about me.' We used mirrors to look carefully at our faces, eye colour and hair and described the different features that make us unique.

Our science coordinator, Mrs Allen, came to see our work and was blown away by how we were able to talk with confidence about what makes us unique and special!

We were very excited to have a teddy bear's picnic a few weeks ago, especially as we invited our families along to share the fun with us. We all enjoyed our lunch on the nearby cricket pitch and were very grateful that it didn't rain.

To help us with our reading we get together with the children in Year 6 every week, who share some stories with us. It's great not only for the younger children, but also gives confidence to our Year 6's who have really risen to the challenge of leading the reading sessions. It's definitely a highlight of our week!

If you would like to find out more about our school, please contact the school office on 01954 717180 or email office@jeavonswood.cambs.sch.uk



Reception children taking part in bikeability

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EDUCATION & COMMUNITY

The Vine celebrates Harvest Festival

THE VINE INTER-CHURCH PRIMARY

SCHOOL: This year, to celebrate the Harvest Festival, Year 4 prepared a whole school worship; focusing on what a harvest is, when it's celebrated and what this means to us at The Vine. We looked at our international links with an emphasis on what foods are grown in the places we have connections with, as well as the different times of the year that the Harvest is celebrated around the world. Year 4 read poems and prayers. FS2 sang 'The Farmer Plants the Seeds'. Unfortunately, due to ongoing Covid restrictions, our worship could only be shared with the whole school virtually.

As part of our harvest celebrations, we held a whole school non-uniform day to raise money for Jimmy's Night Shelter, Cambridge and our Kenyan partner school. In total, we raised a brilliant £330 and are truly grateful for everyone's contribution.

New beavers officially join the colony

2ND CAMBOURNE BEAVERS: In the last month we've had a look at teamwork - seeing how well we could work together without speaking - and hygiene, paying particular attention to our teeth; learning what jobs our different types of teeth do and showing that we know how to look after them.

We've also learned about some of the issues facing our planet and its creatures; creating our own mini plays about climate change, pollution and loss of habitat.

And finally, all our new beavers have now been invested! Congratulations and an official welcome to the colony to Alastair, Elliot, George, James, Jasper, Joshua, Michael, Max and Theo.



2nd Cambourne seeks Assistant Scout Leaders

Are you ready for your next adventure? Maybe you used to be a Cub or Scout when you were younger and would like to share some of the skills you learned with young people in Cambourne?

2nd Cambourne Scout Group are looking for adult volunteers to help with our Scout section. Scouts join aged 10½ and stay with the section until they are 14. Our Scout programmes are fun, dirty, loud and jam-packed with adventure. The experience our young people get as Scouts is award-winning and truly starts our young people off with #SkillsForLife as well as being great fun.

As an Assistant Scout Leader, you would help with the planning and delivery of our programme, along with the other leaders. The whole Scouts Leadership Team will work together to ensure that our young people are getting the very best from their Scouting Experience. Leaders in Scouting have access to a full training package, mostly self-led over 2-3 years so don't worry if you think you don't have the skills, knowledge or experience. All we ask is that you're a team player with a can-do attitude and passionate about developing the lives of young people. If you're interested, please get in touch with our Group Scout Leader, Clare

Jenkins by emailing <u>clare.jenkins@</u> <u>2ndcambournescoutgroup.org.uk</u>



Back to reality

After 18 months and many online meetings, Cambourne & District u3a had a successful relaunch in the Hub.

Refreshments were once again in operation and Mike Collins' talk on the the Galápagos Islands was a fascinating start to our speaker events in hopefully more normal circumstances. We would like to thank the members whose



presence made this event so enjoyable, including those who helped in the organisation.

Together we are <u>u3a.cambourne.org</u> Also thanks to John Vickery and the council staff for their help.

CHURCHES

CAMBOURNE CHURCH

Foodbank

Did you know that there is a foodbank distribution centre in Cambourne? It is part of the Cambridge City Foodbank and is open every Thursday morning between 10am and 12pm at the Old Blue School in Eastgate.

There are many factors that lead to food poverty. Foodbanks are there to provide interim support when a change in circumstances has led to a difficulty in putting food on the table. With an increase in fuel prices and the winter coming there are more demands on each family's budget. As well as offering food, the volunteers are able to "signpost" clients to other services which will offer longer term support.

If you are struggling with food poverty there are many local agencies which can issue a voucher to enable you to collect a food parcel from the centre. These include the GP surgery, all Cambourne schools, Cambourne Church, SCDC, The Children's Centre, Cambridge Citizens Advice, etc.

The agencies usually send an electronic code to the client's phone or can use paper vouchers if this is easier for them. Just bring the voucher code to the distribution centre during opening hours. You will be offered a warm drink, biscuit and time to talk through your situation if that would help ... or to just chat! All the foodbank volunteers are there because they understand how a few factors can change a person/family's circumstances dramatically and want to support in a small way. A warm welcome is guaranteed!

Services and events for November

Please visit our website or Facebook page for updates, and confirmation of the details of services planned.

We aim to livestream one service each week on Facebook at <u>www.facebook.com/cambournechurch</u> you do not have to have a Facebook account to watch it, and you can also catch up with it later. We hope also to embed this service on our website.

For information on the services we offer to welcome a child and those to mark other life events, please visit

<u>www.cambournechurch.org.uk/lifeevents</u> or contact the church office on <u>office@cambournechurch.org.uk</u> or 01954 710644. We would love to hear from you.

A partnership of the Church of England, Baptist, Methodist & United Reformed Church <u>www.cambournechurch.org.uk</u> Twitter: @cambournechurch Facebook: cambournechurch

Peacehaven Baptist Church: Pastoral Thoughts

Make sure you get what you need

During the past few months I have been on a diet, and it has resulted in the loss of several kilograms of weight. But last month I became ill. I had no idea why and it was not covid and the symptoms were so bad it kept me from church. I was dizzy and weak and could not concentrate. The doctors ordered some tests for the next week. But in the mean time I did something I had not done in months, I ate some beef and within a few hours I started to feel much better.

It seems my diet had been lacking in certain things and I had way underestimated the calories I needed by about 800 per day. So I added more to my diet and I improved a great deal. It is possible I had been experiencing some anaemia with some malnourishment which if you saw me sounds ridiculous as I am not a thin man.

I had everything I needed in the house but in my careless efforts to do what I thought was good, I was hurting and weakening myself. I missed several Sundays as at first I

could not even stand long enough for the singing let alone to preach. Thankfully I am recovering, as I make adjustments I realise I need better information.

However, that got me thinking - if we do that physically, how much more often do we do that emotionally or spiritually?

The right information is available, but we do not seek it. Friends and family and other groups are around, but we do not consult. People with spiritual help are



Pastor, Donavan Bangs, Peacehaven Baptist Church

around, but we neglect the input.

These times we live through can be dark enough without us harming our own wellbeing through spiritual malnutrition.

Get the help you need, even if it is not with us.

On the first Sunday I could not go I still spent over two hours on the phone with a man

seeking a good place to worship as he was in a city much further away, but wanted to find something like our services, but in a nearer town. I was able to locate a decent place for him to go.

I pray also each of you will find what you truly need to live well.

I continue to upload messages at <u>https://tinyurl.com/y7saqark</u>

Pastor Donavan Bangs



PEACEHAVEN BAPTIST CHURCH.

SUNDAY MORNINGS - 11am morning message or later online - find links on Facebook for Peacehaven Baptist Church or look for Donavan Bangs on Youtube At the Cambourne Community Centre, the Hub Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk

COMMUNITY

Good Mood Cafe

Do you feel lonely and want to meet new people in your local community?

Our weekly Good Mood Cafes are a safe space, offering informal wellbeing support and connecting you to others.

Connecting with other like-minded people has lots of benefits for your mental health and talking through, and sharing your experiences or worries can be really helpful, while leaving you feeling supported and listened to.

Good Mood Cafes are designed to encourage positive conversations, where you can share your own interests, skills or experiences.

We focus on conversations that support our mental and physical wellbeing such as the 5 Ways to Wellbeing and how you can include more of these activities into your daily routine.

Our Cambourne Good Mood Cafes are drop in sessions and run every Thursday from 5.30-6.30pm at the Cambourne Belfry Hotel lounge. They are free of charge and open to all! Feel free to bring friends, family and even your kids along with you!

For further information, please email us at Cambourne@cpslmind.org.uk or visit our website

<u>cambourne@cpsimind.org.uk</u> or visit our website cpslmind.org.uk Join us for a hot chocolate, coffee or tea every Thursday at 5.30pm at the Belfry Hotel lounge



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COMMUNITY

Ting - a new bus service covering Cambourne and West Huntingdonshire

Ting is a new way to get about by bus in West Huntingdonshire, without having to rely on a car. Simply download the ting app, book your trip and your bus will pick you up at your chosen time. Plus, you can travel anywhere within the service zone for just £2 each way! (see map for service zone.)

Service is available from 7am to 7pm Monday to Friday and 8am to 4pm on Saturdays (Ting does not operate on Sundays or Bank Holiday Mondays).

■ Travelling further afield? You can also purchase an add on ticket which costs an extra £1 one way or £2 return, and allows you to connect through to any other Stagecoach bus service. This means you can travel to any of these places: Bedford, Cambridge, Peterborough or St Ives.

You can book on the app up to 7 days ahead.

■ The Ting is wheelchair accessible with wide, step free access and a space for wheelchairs to travel comfortably.

For more information on the new bus service visit:

www.stagecoachbus.com/promos-andoffers/east/Ting



BHF Volunteers needed

The British Heart Foundation Homestore in Cambourne is in need of volunteers as it seeks to recover from the pandemic. The BHF has plenty of exciting volunteering roles available for those looking to support their local community, increase their wellbeing and widen their social network in the local area – while supporting a good cause and helping the environment.

If you can, offer just a few hours a week to come and join the team in Cambourne. The gift of time is vital to the British Heart Foundation, and we rely on the generous support of the public.

Volunteers can get involved in tasks such as telephone and logistical administration, merchandising on the shop floor and answering customer queries. Behind the scenes volunteers can take on warehouse activities or specialist roles.

This year, the BHF will save around 71,000 tonnes of goods from going to waste. Every pound raised in BHF shops helps the charity to support those living with heart and circulatory diseases. For more information on how to get involved, contact the BHF's Cambourne shop by calling 01223 664521 or visit the shop at Cambourne Retail Park for a chat.



Whatever you do don't forget this all important date. It's our evening Christmas lights event! There will be lots to eat and drink, music, and our VIP Santa in his Grotto - with his elves and reindeer - for our younger crowd.

COMMUNITY

How to be more eco-friendly in Cambourne

With growing awareness of our impact on our planet more of us would like to take care of the natural resources we share with wildlife and each other. Here in Cambourne there are many ways we can do this in our daily lives:

1. Only buy what we really need. Buy items with less packaging. Recycle as much packaging as possible in our blue bins at home and take other recyclable items to the Household Waste Recycling Centres at St Neots or Milton (www.cambridgeshire.gov.uk/residents/w aste-and-recycling/household-recyclingcentres). Did you know the Co-op in Lower Cambourne now has a soft plastics recycling bin inside their entrance for clean soft plastic that pings back when you scrunch it up e.g. crisp packets, chocolate and biscuit wrappers?! (see photo).

2. Leave the car at home. We can walk or cycle to most places within Cambourne and we are fortunate to have regular

buses to Cambridge, Addenbrooke's Hospital, Huntingdon, St Neots and Bedford - numbers 4, 18 and 905 run by Stagecoach (www.stagecoachbus.com/ timetables) and the X3 run by Whippet (www.go-whippet.co.uk/routestimetables/local-routes) 3. Grow our own food in gardens, windowsills or conservatories or get an allotment - there are two allotment sites in Cambourne: Crow Hill (68 plots) and Brace Dein (107 plots) (www.cambournetowncouncil.gov.uk/ facilities). To join the waiting list you can contact Cambourne Town Council. 4. Buy organic fruit and veg, sustainable meat and seafood and ethical pantry/household items with less packaging - these companies all deliver to Cambourne: www.cambridgeorganic.co.uk, fullcircleshop.co.uk,

www.abelandcole.co.uk and www.riverford.co.uk



1,950 new homes in Cambourne? Have your say!

Residents are urged to give their feedback on the First Proposals for the new Greater Cambridge Local Plan, during a six-week public consultation which has just begun.

Feedback will help to shape the plan – which at this stage includes 19 new sites for homes and business space, including an additional 1,950 new homes at Cambourne (though without specific land identified at this stage) – and which will eventually set out how Greater Cambridge will develop over the next 20 years.

Cllr Katie Thornburrow, Executive Councillor for Planning Policy and Transport, Cambridge City Council, said: "This stage is critical in setting the direction of travel for the new Plan, so we want to hear from everyone about whether we've got it right so far. We know our area faces some big challenges in the future, but also has great opportunities to reduce our carbon emissions and increase the quality of everyday life for our communities. We want new development to provide affordable housing and business space and better community facilities alongside reducing congestion, pollution and carbon emissions. We think that our proposals can achieve this – but we need your input to make them even better."

Cllr Dr Tumi Hawkins, Lead Cabinet member for Planning at South Cambridgeshire District Council, said: "The new Local Plan is not just about jobs and homes, but recognises the urgency of addressing climate change. It puts forward bold proposals for new green spaces, low-carbon design standards and much more. It looks to a future where we have doubled the amount of land managed to nature, and where development generates as much energy as it consumes through renewable sources. This is a long-term plan and it will have a big effect on everyday life for people growing up and

living in the area over the next 20 years. We hope that everyone will share their feedback on our proposals, so we can shape a plan that works for the next generation and beyond."

However, the plan strategy is dependent on improvements to the water supply – such as new reservoirs – being achieved without environmental harm and in time to support new development. If the water industry and central government do not take action, the number of new homes proposed may need to be reduced.

Residents can comment using a quick questionnaire, or leave more detailed comments on specific sites and policy proposals.

The consultation opened at 9am on Monday 1 November 2021 and runs until 5pm on Monday 13 December 2021. Visit <u>www.greatercambridge</u> <u>planning.org/localplan</u> for more details, including online and in-person events.

SPORT

Mums and dads, Cambourne Town FC needs you!

CAMBOURNE TOWN FOOTBALL CLUB: Parents of our U7, U8 and U9 age groups - we need you!

After a fantastic start to the launch of our club we have huge amounts of interest from children who want to play and we are oversubscribed in terms of the number of players.

All of our teams have qualified parents - mums and dads just like you - who coach their team. As a club we will pay for your coaching qualifications and support is given to newly-qualified coaches. It's easier than you think and volunteering this way will open up opportunities for your child and others to train and play. If you're interested in this please contact us for a chat: <u>minisec@cambournetownfc.org.uk</u>





CAMBOURNE TOWN FOOTBALL CLUB

SOCCER SCHOOL: Football fun for Reception and Year 1.The Cambourne Town FC Soccer School takes place every Saturday 9am-10am at the 3G pitches.

Boys and girls are welcome to attend the Soccer School, although we recommend that girls attend our Sunday Wildcats sessions.

If you have a Reception or Year 1 child that would like to play please email <u>soccerschool@cambournetownfc.org.uk</u> or if you have enquiries about the Sunday Wildcats sessions for girls please contact <u>wildcats@cambournetownfc.org.uk</u>





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SPORT

Cambourne Town FC

Girls' Soccer School (FA Wildcats Centre) for ages 4-9 encourages all children to develop their skills with dedicated coaches teaching the children in small groups based on their age. We currently have space for girls aged 4-7. Every Sunday at 10am on the 3G. Email <u>wildcats@cambournetownfc.org.uk</u> for more information.

Get involved - Sponsorship and Volunteering opportunities

If you are interested in becoming involved with the club either as a business wanting to sponsor a team or as an individual looking to volunteer, or have a playing enquiry for the new season, you can email <u>hello@cambournetownfc.org.uk</u> for more details. Please follow our Facebook and Twitter accounts for the latest club news: <u>@cambournetownfc</u>

Upcycling and saving money

Cambourne Town FC have set up a private Facebook group for players, parents/carers and coaches to swap unwanted items such as football boots and goalkeeper gloves that typically children grow out of quickly!

This group isn't a selling page, but has been set up to enable FREE recycling of used items. We hope you will find it useful and save some £s! Just search for group 'CTFC Boots and Gloves exchange'.

CTFC MENS TEAM needs more

players! Our Men's Team are looking for players to build the squad!

Are you interested in playing football at a great club with good facilities? The Men's Team trains every Wednesday night 8-9pm on the 3G pitches behind Everyone Active. Matches then take place on a Saturday afternoon in the Cambridgeshire League. For more info see the team page on our website <u>www.cambournetownfc.org.uk</u> or contact the Coach Adrian Winter on <u>adrian@taylor-and-co.net</u> 07979 600131

Weekly Goalkeeper Sessions

Due to the success of the goalkeeper training Cambourne Town FC will now be running two weekly goalkeeper training sessions.

Coach Adam will run the sessions for boys and girls every Tuesday and Wednesday 5-6pm on the 3G pitch joined by Coach Lauren. This will allow the coaches to continue a good standard of coaching with two DBS checked coaches at each session with relevant coaching experience, along with safeguarding and first aid qualifications.

All are welcome, just drop in or contact Coach Adam for more information. Email: <u>adam.smith1982@yahoo.co.uk</u>

Lily-May gets the gold





Cambourne resident Lily-May Gillings is eight years old and has been attending Cambridge Gymnastics Academy since she was six years old.

When she was six she won the County Championship and then covid stopped the competitions last year. She went to the County Championships last month and did very well. She won gold on vault, gold on bars, bronze on floor and 6th place on beam. Overall she came 2nd in the county championship which means she goes to the regional finals in Ipswich to represent the county on 14th November.

Dawn Gillings, Lily-May's mother, said: "We are so very proud of what she has achieved at her age and are looking forward to what she may achieve in the future."



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CAMBOURNE CRIER

SPORT

Cambourne TKD celebrates competition success



CAMBOURNE TKD: October saw the return of one of our favourite competitions – the Lincolnshire Championships – which hasn't been on in 27 months. The Anglia Academy, comprising clubs from Cambridgeshire and Norfolk, travelled to Grantham and although we fielded a smaller contingent than previous years our students acquitted themselves really well. We had several successes in different disciplines, from white belt to black, young and old and congratulations to our Cambourne students who competed and won medals:

Thomas Hudson - silver for patterns

Niven Ilankumaran - silver for patterns and gold for speed kicking

Connor Lacey - silver for continuous sparring and gold for point stop sparring

This is an excellent restart for our clubs and is a testament to the students' hard work and dedication.

We also had a grading with 9th Dan Grand Master Ron Sergiew where students proved their competence and skills to progress to their next belt. Very pleasingly everyone passed but



particular praise goes to Cambourne's very own Anna Ward-Bolton who was awarded "Best Grader"– a very worthy winner for all the hard work and effort she has put in over the last couple of months.



CAMBOURNE TENNIS CLUB keeps on growing thanks to a large influx of new members this year. Our membership has reached an all-time high of 375 members, compared with 335 members for the whole of 2020.

Our coaching programme and twiceweekly social mix-in sessions give members lots of opportunities to meet and play. The attached photo shows a recent mix-in session with a record attendance of 28 players, overfilling our five courts. We want to thank all participants in our Internal Box league competition which was completed successfully in September.

For the winter period, a new 'Ladder' competition format will be used in which each competitor can challenge any other competitor irrespective of their position on the ladder.

We hope that this extra flexibility will make it easier to arrange matches. For more information on the Ladder competition, please contact Navtej Achall on <u>navtej.achall@sap.com</u> If you live around Cambourne and would like to try out (or get back into) tennis, we are now offering half-price membership deals that allow unlimited floodlit tennis until the end of March 2022 without court booking fees. Example prices are a Single Adult Membership for £35, Junior (11-17) for £10, and a Family (2 parents + any children under 18) for £60. More information on how to join can be found here: <u>clubspark.lta.org.uk/CambourneLTC/</u> <u>Membership/Join</u> (look for the membership packages labelled "Winter").