



CAMBOURNE CRIER

facebook.com/cambournecrier

editorial@cambournecrier.org

www.cambournecrier.org

Cambourne Choir Crosses Borders in Lockdown!



In July, the Cambourne Community Gospel Choir rose above the restrictions of social distancing, to create two on-line group recordings - one of them an international co-production with a choir in Rwanda.

"It was always my ambition to record something this year" said musical director Steve Gaze. "Ironically, it's the limitations of Covid that have made this incredible project possible. It would never have happened otherwise."

Cambourne Community Gospel Choir initially created their own arrangement of "Lord I Lift Your Name on High" with each choir member recording their own part individually, along to a guide track provided by Steve. Steve then combined them, adding the band and a guest saxophonist, again recorded separately.

Finally, the music was put into a video featuring stills of the group's previous performances.

The second venture quickly followed,

involving a collaboration with The Prince of Peace Choir from Kigali, Rwanda, with whom the choir had met and sung with when they visited the UK last year.

Cambourne Community Gospel Choir recorded the choruses of "Siyabonga" (a song in English and Zulu), as well as learning to sing in Rwandan in just three days, for another section of the piece.

The Rwandan choir, having some semi-professional musicians and in a less restrictive lockdown, were in charge of the verses and the accompanying instruments. The whole project was turned around within 2-3 weeks from the outset! The resulting recording, and accompanying video, was circulated to all the Anglican churches in the Diocese of Ely.

To watch the videos go to the CCGC Facebook page, or type in the addresses below.

Lord I Lift Your name on High:

<https://youtu.be/JdTpRlpsBKA>

Siyabonga:

<https://www.youtube.com/watch?v=bkoci8JufQE>

Elvis in Cambourne?



No, just part of a local charity run that raised almost £3,000 for the NHS in just 24 hours!

■ Find out more on page 27

Food for Everyone



Morrisons and CVTF continue to work together to supply food to vulnerable people.

■ See page 4 for full story

The Dig Begins!



The cones go up on Sheepfold Lane as work starts on West Cambourne's 2,350 homes.

■ More on page 13

CAMBOURNE CRIER

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. Cambourne Crier is compiled entirely by volunteers.

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Editorial submissions:

Submissions for the September edition must be received by 9pm on **Sunday 16 August 2020**. Please email articles and photographs to editorial@cambournecrier.org

By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

Our community fund enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group? Want to set up a new group and need some funding to get going?

Contact pamhume1@gmail.com for more information or download the application form at www.cambournecrier.org

CAMBOURNE CRIER

AUGUST 2020

CAMBOURNE TOWN COUNCIL

Cambourne Food Market

We have made the decision to go ahead with the Cambourne Food Market in line with government guidance. The event will take place on Bank Holiday Monday 31st August at the Hub Community Centre car park. We will be joined by a variety of street food vendors and market traders from 12pm until 4pm. Social distancing must be adhered to. We will be monitoring the number of people coming in and out of the car park to ensure it is possible to social distance. There will be no seating areas and we ask that all food and drink be consumed at home or at a nearby open space. A list of the traders attending will be published on the Town Council Facebook page and website.

Using playgrounds and outdoor gym equipment safely

As of Saturday 4th July, playgrounds and outdoor gym equipment were re-opened for use. To help prevent the spread of Covid-19, please follow the guidance below:

Playgrounds

Where possible, 1 adult to accompany 1 child (we appreciate this cannot be possible for single parents, or if you have more than 2 children)

Social distancing of at least 2 metres must be maintained from people outside of your household. At least 1 metre+ for equipment where it is not possible, such as the swings.

One child on equipment at a time

Please refrain from eating and drinking in the playground

Parents/carers: we advise bringing hand sanitiser or wipes to clean children's hands after using equipment

Avoid touching your face. Cough and sneeze into a tissue and dispose of in a

litter bin. Use your elbow if you don't have a tissue.

Litter must be disposed of in a bin or taken home

Outdoor gyms

Social distancing of at least 2 metres must be maintained between people outside of your household. At least 1 metre+ for equipment where this is not possible.

Please bring a towel and hygiene products to wipe down equipment before and after use

Avoid touching your face. Cough and sneeze into a tissue and dispose of in a litter bin. Use your elbow if you don't have a tissue.

Please refrain from eating and drinking near equipment

Litter must be disposed of in a bin or taken home

For both playgrounds and outdoor gym equipment, we ask that users apply common sense. If you feel a facility is at capacity, wait until people have left or return later on.

Exercising and socialising safely around Cambourne

The Government advice changes regularly, particularly on what we can and cannot do. At the time of writing, outdoor exercise and socialising remains as:

Ensuring there is at least a 2 metre gap when walking by people, exercising with others or when meeting people outside of your household to socialise.

You can meet in a group of up to 6 people from different households or 2 households can meet (for example: 2x families of 4).

We know that many people will already be adhering to the guidance and the Town Council thanks you for your efforts.

Continued on page 3.



The Town Council Office: The Hub, High Street, Cambourne, CB23 6GW.

The office is currently closed until further notice

Tel: 01954 71403 or 07875 999028 or email office@cambourneparishcouncil.gov.uk

John Vickery, Town Clerk: clerk@cambourneparishcouncil.gov.uk

Jessica Lydon, Community Development: community@cambourneparishcouncil.gov.uk

Letters to the Crier



Following our return to print in July, we received this handwritten letter from a resident of Great Cambourne.

"To the whole team working so hard to produce the Cambourne Crier. Thank you so much! It was such a lovely surprise to find the Crier pushed through the letterbox after missing it for the first weeks of lockdown. We did not realise it was on the web and in any case, I do not use a computer, so it was a real joy

to receive it again. We had our first copy the day we moved in to Cambourne. Roger and Pam Hume came on their bikes to deliver it and a welcome pack - it really made us feel part of the community - so keep up the good work! Many thanks."

It's always nice to receive positive feedback and thanks to the lady in question for her lovely letter. However, it also struck us that, even in an era where online communication dominates, people might appreciate the chance to write to the Cambourne Crier to air their views.

So we're opening it to you, the people of Cambourne. What are your views about the latest happenings in Cambourne? What are you grateful for? What would you like to see more of? What observations or memories of this lively town would you like to share with your fellow readers?

Please send your letters for consideration to editorial@cambournecrier.org with the subject line "Letter to the Crier". Letters should be no more than 150 words and emails with this subject line will be assumed to be intended for print. We reserve the right to edit submitted letters for length. Please include your name and area of Cambourne you live in (Upper, Lower, Great). If you'd rather be anonymous let us know and give us an alias if you like. Each month we'll give you some prompts, but feel free to write what you like.

So for next month we'd like to know about your lock-down stories. What have you liked about lock-down? What have been the challenges? How do you think Cambourne has handled the situation? Look forward to hearing your views about this or any other aspects of life in Cambourne.

Town Council Article (Continued from page 2)

Finally, although the lockdown restrictions are relaxing for most, some will still be shielding. If you or someone in your household is and needs assistance with shopping, prescription collection or an odd job doing like taking letters to the post box, please get in touch with CVTF. If you are experiencing financial difficulty as a result of the Covid-19 pandemic, CVTF can also provide your household with a food parcel - no questions asked. CVTF can be contacted via their website:

<https://www.cambournecrescent.org/vtf/> or Alternatively, you can phone the Community Development Officer on 07875 569200. Thank you to all the volunteers involved in CVTF for their continued commitment and support helping those in need in Cambourne
John Vickery, Town Clerk

Editors note See our article on CVTF on page 4

**CAMBOURNE
FOOD MARKET
BANK HOLIDAY MONDAY
31ST AUGUST
12PM – 4PM**

**THE HUB CAR PARK, HIGH ST,
CAMBOURNE, CB23 6GW**

**SOCIAL DISTANCING MUST BE ADHERED TO
ALL FOOD PURCHASED MUST BE TAKEN
AWAY TO ENJOY AT HOME OR A NEAR BY
OPEN SPACE**

**CHECK OUT THE FACEBOOK EVENT TO FIND
OUT WHICH STALLS WILL BE IN ATTENDANCE**

**CAMBOURNE TOWN COUNCIL  CAMBOURNE COMMUNITY EVENTS
COMMUNITY@CAMBOURNEPARISHCOUNCIL.GOV.UK 01954 714403**

COMMUNITY

Cambourne volunteers continue to help those in need

South Cambridgeshire MP Anthony Browne spent Saturday morning of June 27th meeting with the Cambourne Volunteer Task Force (CVTF), who have come together from across



Cambourne to assist those in the community.

Anthony was given insight into what the group have been doing since the pandemic began. He also helped deliver some food packages and spoke to some of the recipients about how lockdown has been for them, as well as finding out how important this voluntary support is to them.

The volunteering group has been running for the last four months and has over 75 volunteers. CVTF includes members from Cambourne Crescent, Cambourne Church, the Town Councillors, community groups, local supermarkets and residents. Over the last 4 months, volunteers have served over 600 requests from Cambourne and neighbouring villages. Many food parcels are delivered weekly. CVTF also offers grocery



deliveries, prescription collection for anyone self-isolating or shielding. The volunteering group started with a mission to not neglect anyone who is in need, especially the elderly and vulnerable in Cambourne. The team of volunteers has continued to ensure that they are there for anyone who needs them.

CVTF's most challenging and important task has been the preparation and delivery of food parcels to residents in Cambourne and its surrounding villages. Currently they are delivering around 70 bags of food each week. This effort is massively supported by Morrisons through their weekly corporate donations. Thanks to Vanessa Williams and the store manager Michael Iannou in particular, CVTF has been a major recipient of these donations. The donations have gone a long way towards sustaining the volunteers' efforts and fulfilling the increasing demand.

CVTF are also grateful for the help of many other staff members including Tom and Luke (pictured below) who were instrumental in facilitating CVTF collections. In addition, Morrisons kept the donations trolley for people to contribute within easy access.

Morrisons has also been helpful in putting up CVTF signs for those in need to reach out. Lately, they have also been preparing donation packs with the food items most needed for food parcels for people to buy and donate. Thanks to the efforts of Morrisons staff, people know they are donating the right items.



Morrisons has also taken other steps to help the community. In the early days of lock-down, when certain items were difficult to obtain, Morrisons managed this by putting limits on the number of items people could buy in a single shopping transaction. These restrictions were lifted as soon as supply matched demand. The hour immediately after store opening was also reserved for NHS staff to help our heroes and heroines at the heart of the battle against Covid-19.

If anyone needs help, from CVTF they can fill the form on the website - www.CambourneCrescent.org/vtf

Greetings from Cambourne Library

Cambourne Library opening times

We politely ask that you do not leave donations or drop off books outside of opening times.

Currently open on Tuesdays, Fridays and Saturdays 10 am- 2 pm. Other days we are closed.

Select and Collect Service

This service allows you to request a selection of books based on your preferences.

•You can use the online form

www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries/visit-a-library, or call us on 0345 045 5225

•You will need to be a member of Cambridgeshire Libraries - you can join online.

•You can pick the books up from any of the libraries which have reopened - tell us your preference

•Specify how many books you would like to borrow, your favourite genres, and whether you want large print or spoken word editions. You can enter information for up to four children, and four adults.

•We will use this information to choose a selection from the books available at your chosen library.

•We will notify you when this has been done and you can come and pick the books up from the library.

•Further libraries will open in August.

•Mobile libraries will not resume yet due to the challenge of creating a safe environment in a confined space.

•Meeting rooms, library events and activities will not resume in July and August. These services will be reintroduced when it is safe to do so.

•There will be no overdue charges for books borrowed in July and August

The Digital Summer Reading Challenge "Silly Squad" 2020 is now underway!

From June to Sept 2020. You can register at sillysquad.org.uk This year is all about "funny books, happiness and having a laugh!!"

You can join the Silly Squad team of animals on a new adventure. Our new online platform will help you keep track of your books, reviews and the rewards you unlock along the way. For more information access the Cambridgeshire Libraries website, Facebook and Twitter pages.

Cambourne Library celebratory online arts and crafts events for all ages!

So far if you have enjoyed making decorative Easter jars, painting with tea, making a marionette and Star Wars bookmark then keep watch for this regular, creative slot for other exciting sessions!

<https://www.facebook.com/CambridgeshireLibraries/eLibraries/>

<https://www.facebook.com/CambridgeshireLibraries/>

<https://www.facebook.com/CambridgeshireLibraries/sessions/>

<https://www.facebook.com/CambridgeshireLibraries/>

<https://www.facebook.com/CambridgeshireLibraries/>

The Library Presents...In Your House

Enjoy our programme from the comfort of your sofa with The Library Presents.

Following the cancellation of the Spring programme of events due to COVID-19, 'The Library Presents' is now online for residents to enjoy and to make the most of during quarantine. Launched by Cambridgeshire County Council, 'The Library Presents... in your house' is a new service which will allow residents to watch, and participate in high quality arts and culture performances and workshops. The listing of all events will be on the website www.cambridgeshire.gov.uk/arts

If you are not already a library member you can join online. When you sign up a membership number will be emailed to you.

<https://www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries/>

If you have online access you are welcome to download free electronic books, audio books, magazines and newspapers onto your PC, tablet or smartphone through the library service. Cambridgeshire libraries have been collaborating and can now provide other online activities to help keep you informed, engaged and entertained at this time. Online activities includes the firm favourite rhymetime sessions. See our Facebook and Twitter pages for more events.

Access to the Ancestry Library Edition (for family history and genealogy resources) and Medici TV (classical music channel) are both currently available free of charge.

The Revised Library@Home Service Cambridgeshire

We can now accept new referrals. This service is open to Cambridgeshire Residents who fit a set criteria: -

The service is for anyone who usually relies heavily on reading books or listening to audiobooks AND who is shielding or isolating due to age or health conditions under the current COVID-19 Government guidelines.

People accepted for this service will be contacted by a member of the Library@Home Team who will arrange a doorstep delivery of specially chosen books/audiobooks. Deliveries will be monthly (by prior arrangement) and previously loaned books/audiobooks will be picked up when new ones are delivered.

To enquire about the Revised Library@Home Service you can contact us:

By email - volunteers@cambridgeshire.gov.uk

By phone – 07442 022 926 (Magda) or 07342 700308 (Fay)

A member of Library@Home team will respond to the referral.

COMMUNITY

Shedding some light on 'Light Up Cambourne'

Before I begin, I sincerely hope everyone is staying safe and on behalf of the whole committee, send our best wishes to anyone in our community who's been adversely affected by COVID-19.

As we emerge from lockdown we must once again begin to look ahead to Christmas and resume our fundraising efforts to ensure that our great town sparkles with lights giving hope, joy and positivity as we end a difficult year.

In case you didn't know, Light Up Cambourne is a voluntary committee of Cambourne residents who love Christmas and we make it our business to think about the festive season all year round! We are the people who bring you the beautiful lights adorning the trees in Great Cambourne and organise a memorable switch on event outside Morrisons at the end of November every year.



We are small group of less than a dozen but everyone works hard and dedicates their time to ensure that we've raised enough money to allow us to bring a little festive cheer at the end of every year. We are also lucky to be supported by Cambourne Town Council whose excellent ground staff dress the trees with the lights each year.

Under normal circumstances, we need to raise £7,000 annually to cover the cost of the lights and the hosting of a switch on event. This money is raised through fundraising events which we usually hold at the Hub every few months and at the annual Cambourne Fete.

Whether we are able to host our traditional switch on event this year remains undecided due to the restrictions around public gatherings due to COVID-19 but we are still committed to lighting up Cambourne as usual.

Before our world got turned upside down, we kicked off our 2020 fundraising drive with an extremely successful Murder Mystery evening in partnership with our friends at Strictly Murder. The night was a sell-out and a great evening was had by all. We look forward to doing it all over again early next year. This event on it's own raised £1,000 towards our total so it was a great way to kick off the year. Sadly our planned Bingo and Quiz nights for

March and May had to be cancelled. Since then, we are now able to take stock and consider more ways of fundraising for the remainder of this year; and we are following the advice closely and hope to be able to reinstate these events in the coming months, along with being creative in coming up with new ideas. One of those new ideas is to hold a Cambourne-wide Garage sale! We know many of you have had time to have a clear-out over the past few lockdown months and so may be looking at ways to sell on your items, particularly as charity shops may not all be accepting donations as yet, you are wary of visiting them or self-isolating. Participating sellers would set up stalls on their driveways or their front gardens on the weekend of 22nd August. Light Up Cambourne would coordinate and publicise the locations of all of these stalls in order for buyers to be able to find you. In return we ask for a donation to our fundraising efforts for being involved.

Rather than a traditional car boot, this would be COVID-secure as it's not encouraging large groups to congregate in one locale and it is outdoors. Sellers can trade whatever they wish and also, more easily accept payment by contactless or card using a card reader device connected to their home Wi-Fi. Having recently sought opinion on our social media page, this seems to be a popular idea so if you would like to get involved, please email us to register at lightupcambourne@gmail.com before Monday 17th August. If we get enough interested sellers we will hold the event over two days across different parts of the town.

When emailing, please send us the address of where your sale will take place and a rough description of what you plan to sell. We'll produce a list of all participating sellers so everyone can find you easily!

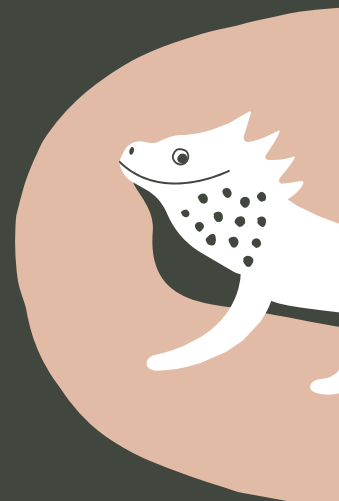
We hope this event helps bring the community together and raises much welcome funds for Light Up Cambourne.

If you are interested to follow our future plans then please follow us on Facebook (@lightupcambourne)

Tim Willett

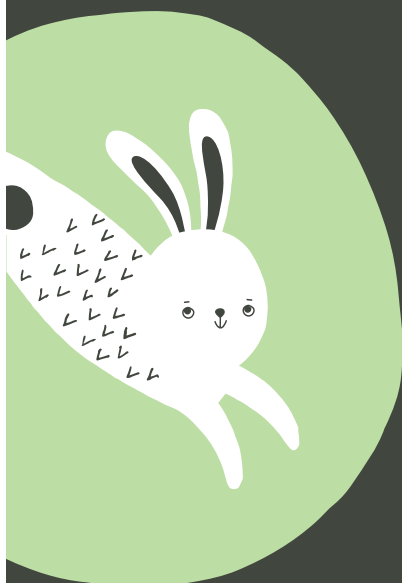
Light Up Cambourne Chair





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Opposite Morrisons



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www.justforpetstores.co.uk

 @JustforPetsUK

COLUMNISTS



PAUL JOBLING

HEALTHWATCH
CAMBRIDGESHIRE &
PETERBOROUGH

*enquiries@healthwatchcam
bspboro.co.uk*

Healthwatch Annual Report Published

Healthwatch is the independent champion for people who use health and social care services. The sole purpose of Healthwatch is to understand the needs, experiences and concerns of people who use health and social care services and to speak on their behalf.

Healthwatch is keen to ensure everyone can get access to Health and Social Care Services when required and feeds back on both good standards and also where standards need improvement.

The NHS published its 'Long Term Plan' in January 2019, setting out its key ambitions over the next 10 years.

The top issues people told us they wanted

services to focus on were:

- easier access to GPs
- more information and support to stay well
- care closer to home
- not to be digitally excluded

Since lockdown and the Covid-19 pandemic Healthwatch has extended its interest to include access to care during lockdown, particularly for people with long term or serious conditions which require regular medical treatments.

Healthwatch is very interested in your experiences of healthcare during lockdown and you can report your experiences, both good and otherwise on the website, healthwatchcambridgeshire.co.uk/contact-us

Healthwatch is also delighted to announce the publishing of its Annual Report entitled 'Guided by You', which you can download at <https://tinyurl.com/healthwatchannualreport>



RUTH BETSON

DISTRICT COUNCILLOR
cllrбетson@scambs.gov.uk
Twitter: @ruthbetson

Improving Transport Infrastructure

Transport continues to be high on my priority list and lockdown hasn't stopped me from putting Cambourne's case forward. In fact I have been in contact with a Minister very recently.

Work continues towards getting a train station placed to the North of Cambourne, as well as a fast, reliable bus route which blends seamlessly with the planned route for the CAM metro.

It would be remiss to spend more public money adapting or rebuilding when we could do it right the first time.

I truly believe a holistic overview of our area and clear transport governance is the only way of

ensuring Cambourne residents can get to the places they need to go, whether that be work, school or leisure.

This doesn't mean stopping or delaying anything, it simply means all transport streams working together.

With this in mind, I am joining colleagues to push once again for more slip roads at the Girton Interchange – not quite "all access" but the plans being put forward would enable Cambourne residents to come directly off the M11 onto the A428 and also access the M11 from the A428 relatively simply. I hope you agree that would be hugely better than our current standstill on Madingley Hill!

If you would like to discuss any matter, please do contact me by email :

cllr.бетson@scambs.gov.uk



CATHERINE PRICE

CAMBOURNE PARISH
NURSING SERVICE
*nurse@cambournechurch.
org.uk*

Irritable Bowel Syndrome

Irritable bowel syndrome (IBS) is a common, long-term condition affecting the digestive system. Common symptoms of IBS are abdominal pain and cramping (often relieved by having a poo), changes in bowel habit (diarrhoea, constipation or both), bloating and excessive wind (flatulence). Symptoms may have a significant impact on quality of life and therefore can affect mood. As stress can trigger IBS this can lead to a vicious cycle. Diet is often a significant factor. Keeping a food and drink diary may help identify individual triggers. High levels of insoluble fibre such as bran, nuts, fruit and vegetable seeds and

skins can make symptoms worse and these foods may need to be reduced to a manageable level. Factors that can generally help IBS symptoms include eating regularly, drinking plenty of water, exercising and taking time to relax and reduce stress if needed. Cutting down caffeine, fizzy drinks, alcohol and processed foods can also help. If you develop IBS type symptoms for more than a few weeks it is important to discuss this with a healthcare professional. There are many things that can be done to manage symptoms and some other medical conditions may need excluding. This is particularly the case if you develop persistent looser poo, pass blood in your poo or are losing weight without an obvious reason. **Reference/ further information: NHS Choices : Irritable Bowel Syndrome**

New Government Assistance for All Businesses

The Government's 'Plan for Jobs 2020'

The Government has announced a range of new initiatives in its new 'Plan for Jobs 2020'.

Job Retention Bonus

This is a one-off payment to employers that have used the Coronavirus Job Retention Scheme (CJRS), of £1,000 for each furloughed employee who remains continuously employed until 31 January 2021.

KickStart Scheme

The Kickstart Scheme will create high quality 6 month work placements aimed at those aged 16-24 who are on Universal Credit and are deemed to be at risk of long-term unemployment. Funding available for each job will cover 100% of the relevant National Minimum Wage for 25 hours a week.

Traineeships

Additional funding will be provided this year for traineeships, to fund high quality work placements and training for 16-24 year olds. The Government will fund employers who provide trainees with work experience, at a rate of £1,000 per trainee.

Apprenticeships

There will be a new payment of £2,000 to employers in England for each new apprentice they hire aged under 25, and a £1,500 payment for each new apprentice they hire aged 25 and over, from 1 August 2020 to 31 January 2021.

Form the Future.

Sector-based work academy placements

There will be additional funding this year to triple the number of sector-based work academy placements in England in order to provide vocational training and guaranteed interviews for more people, helping them gain the skills needed for the jobs available in their local area.

Careers advice

An additional £32 million will be provided over the next 2 years for the National Careers Service so that 269,000 more people in England can receive personalised advice on training and work. Supporting unemployed workers into jobs

Additional Department of Work and Pensions Support

The Government will expand and increase the intensive support offered by the Department for Work and Pensions (DWP) to young jobseekers, to include all those aged 18-24 in the Intensive Work Search group in Universal Credit.

Work and Health Programmes

£95 million will be provided this year to expand the scope of the Work and Health Programme to introduce additional voluntary support in the autumn for those on benefits that have been unemployed for more than 3 months.

Green Homes Grant

The Government will introduce a Green Homes Grant, providing at least £2 for every £1 homeowners and landlords spend to make their homes more energy efficient, up to £5,000 per household.

Temporary Stamp Duty Land Tax (SDLT) Cut

The Government will temporarily increase the Nil Rate Band of Residential SDLT from £125,000 to £500,000. This will apply from 8 July 2020 until 31 March 2021

Eat Out to Help Out

The Government will introduce the Eat Out to Help Out scheme to encourage people to return to eating out. This will entitle every diner to a 50% discount of up to £10 per head on their meal, at any participating restaurant, café, pub or other eligible food service establishment. The discount can be used unlimited times and will be valid Monday to Wednesday on any eat-in meal (including on non-alcoholic drinks) for the entire month of August 2020 across the UK. Participating establishments will be fully reimbursed for the 50% discount. Businesses that want to take part in the scheme will have to register through a website that opens on Monday 13 July.

Temporary VAT cut for food and non-alcoholic drinks

From 15 July 2020 to 12 January 2021, to support businesses and jobs in the hospitality sector, the reduced (5%) rate of VAT will apply to supplies of food and non-alcoholic drinks from restaurants, pubs, bars, cafés and similar premises across the UK..

Temporary VAT cut for accommodation and attractions

From 15 July 2020 to 12 January 2021, to support businesses and jobs, the reduced (5%) rate of VAT will apply to supplies of accommodation and admission to attractions across the UK.

Construction Talent Retention Scheme

The Government is funding a Construction Talent Retention Scheme to support the redeployment of workers at risk of redundancy. This will help retain construction skills and match talented workers to opportunities across the UK.

Ecover Initiative

Ecover has pledged over £500,000 to their new initiative: Fertilise the Future. Their new fund aims to provide financial investments to innovative ideas promoting nature-based solutions.

Screwfix Foundation

The Screwfix Foundation provides grants up to £5,000 for projects that relate to the repair, maintenance, improvement or construction of homes, community buildings and other buildings.

Supporting people with skills ready for employment

Registered charities can apply to the Thomas Wall Trust for grants towards supporting people with an emphasis on building confidence, knowledge and skills, and therefore increasing prospects of employment.

The Trust provides grants up to £5,000 towards specific projects or core activities that support literacy, numeracy, digital and additional skills for learning that are likely to assist employment prospects.

For further information please contact Tracey Brockman, Business Development Officer at South Cambridgeshire District Council, email: Tracey.Brockman@scambs.gov.uk or Tel: 07932 868921

Meet the Mobile Residents with a Difference



EDUCATING OTHERWISE: 'We moved from Australia in 2005 and have been a part of the Cambourne community ever since. While our children initially attended local schools we had always planned to travel with them and experience the world in a very immersive sort of way, which in part led to our decision to home educate in early 2016.

We home educate our Teens focusing on "Life Skills" and while they learn the literacy and numeracy skills that all schools teach, they have taken a keen interest in Science, Technology and Art so we provide various opportunities for them to learn in these areas.

During 2017 we appeared on Channel 4's "How to Live Mortgage Free" television series, detailing our transition from "House life" to "Bus life" when we converted a London bus into an accessible tiny home. Our latest adventure "Pre Covid" was a stint house-sitting around the UK. We lived in 20 houses over about nine months, caring for 38 dogs, 10 cats, 46 chickens, 35 fish and 2 tortoises, while integrating into new communities and experiences, from high wire to skiing and rock wall climbing to indoor sky-diving. We've spent lockdown refitting our bus for an epic drive across the planet. The teens are helping prepare for the new adventure, working on the new build and getting involved in planning the trip. Look up "Our_Ex_London_Bus" on Facebook, YouTube or Instagram to follow the Hunt Family's adventures if you like - there's a lot more to come.' By Amanda, Rick, James & Kaytlyn Hunt (To connect with other local people educating otherwise than at school please join the Facebook group 'Home Education – Cambourne').

Mum Educates at Home



EDUCATING OTHERWISE: 'It is a choice, normally to educate at home. However, over the last few months all those of you who normally send your children to school have had to do this too.

The circumstances of our home education have changed a lot over this period of lockdown. We normally get out and about every day and do something with other home edders at least once a week. We also tend to visit nature reserves, museums and other places of interest.

Over the years we have visited an active Roman Archaeological Site, Industrial Archaeological sites, Civil War Sites amongst others. We have been to the filming of the Christmas Lectures, we have been on biological field activities and geographical field activities. We have visited very many Zoos and Wild Life Reserves and learned how to scuba dive as well as going on a weekly water sports activity, where we monitor the wildlife as well as get some exercise.

All of this activity has been curtailed during the last 3 months. About 4 weeks into lockdown, we decided as a family to share our home science practical class with you all on YouTube. We do this in the kitchen. This required that we learn about lighting and presenting very quickly. In addition, my son had to upskill his directing, scripting and video editing skills. As such we have produced many practicals that you can do in your home which support the national curriculum at KS3 and 4 and will support those doing IGCSE too.

You can find these on our channel - MumEducatesAtHome <https://www.youtube.com/channel/UCNWepasvt7pL2pcx5E9nF7A/>

Another great resource is <https://www.thenational.academy/> which offer free video lessons covering all kinds of lessons for a variety of age groups

EDUCATION

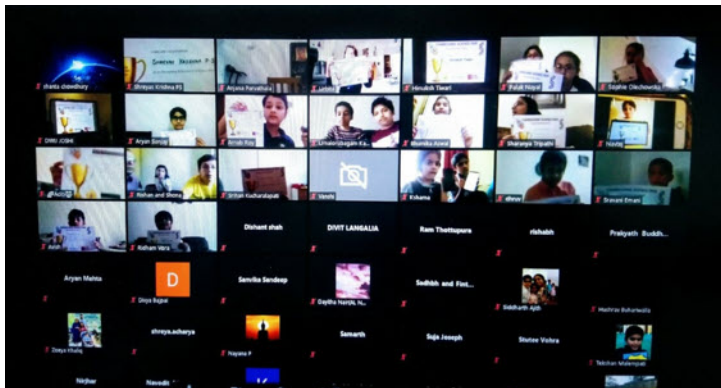
Children of Cambourne Shine in Science Projects

The 5th Cambourne Science Festival turned global with 125 projects which children submitted. It has been renamed, 'Global Cambridge Science Festival' (Virtual) and has earned accolades from all over the world. The simple projects addressed complex theories and problems, encouraging many to start experimenting at home. Due to the huge demand, organisers had to conduct a second 'Global Cambridge Science Festival' on 6th June to accommodate 40 more projects. The total duration of the combined events was 11 hours.

More than 250 visitors logged in to observe and assess the projects. Expert comments were received from Dr. Sudhakaran Prabhakaran (University of Cambridge), Anthony Browne, MP, Prof. Anil Gupta, (National Innovation Foundation, India), Mark Howell (Cambs County Councillor), and Dr. Christos Papavassiliou, (Imperial College London).

The event was organised by the local charity CamCare UK, supported by Cadence Design Systems and MediaTek and CFRS UK.

CERC: More than 30 children up to age 14 of the Cambourne



Electronics and Robotics Club (CERC) participated in a project organised by the European Space Agency (ESA) Astro-Pi Mission Zero. 6350 teams comprising students and young people from 25 countries had their Mission Zero programs run on the Astro Pi computers onboard the International Space Station (ISS). Teams wrote simple programs to display their message to the astronauts onboard. Each participant received a special certificate from ESA signed by an astronaut confirming the successful run of the program and stating the location of ISS when the program was run.

The entries from Cambourne were supervised by Mr. Andy Fell, a Senior Consultant at TTP. The tutor of the club, Dr. Sujit Bhattacharya, who previously worked with Indian Space Research Organisation (ISRO) and European Space Agency (ESA) said, "We are proud of the children who have sent their codes at such a young age to the astronauts onboard the ISS and congratulations to all the teams for their collaborative efforts." For more information about the Global Cambridge Science Festival and ESA Astro-Pi Mission Zero and for children interested in participating in future science projects, contact Cllr. Dr. Shrobona Bhattacharya.

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E-Learning Never Fails to Engage our Pupils



THE VINE PRIMARY SCHOOL : On March 20th school was closed as we all went into lockdown. Delivering remote learning from The Vine was a fast learning curve for all along with its frustrations and challenges. However it's been such a pleasure to see how creative the children and their families have been with the learning set. Examples of our learning include: A virtual visit from a police officer in FS1. FS2 explored the story "The Tiger Who Came to Tea", making invitations to their own special tea party. A number of the families set up amazing tea parties in their houses and gardens and made their own tiger guest.

Year 1 sewed pictures to tell the story of 'Jack and the Beanstalk'. Making bird nests was also great fun! Year 2 did lots of learning using objects that they found around the house. In Maths they counted pairs of socks, made

tally charts of objects found in the kitchen and practised their counting going up and down the stairs. In Year 3 DT included designing Pizzas and in history they learnt about Egyptians with some pupils having their own Egyptian day at home. In June, Year 4 had a fortnight where their focus was on wildlife and being outdoors. Their activities involved making a wildlife habitat in the garden, writing a persuasive leaflet about protecting wildlife, looking for shapes and angles in nature as well as creating natural sculptures inspired by Andy Goldsworthy. The remote Mini Olympics was great too. Designing Anderson Shelters, paper aeroplanes, smoothies and creating Manga drawings was just some of the topics in Year 5. Year 6 enjoyed their Marble Run DT project, recently studying "Twelfth Night" and preparing their leaving song.

There have been lots of competitions, engaging the children with designing book covers, solving problems and writing stories. We discovered that The Vine website has been truly International during this time with visitors from every continent including our link school in Kenya, a bilingual school in Italy and a Spanish Catholic school which has been directing their parents and teachers to our Remote School Pages to support their pupils. Well done to all our families! You have been truly amazing through these unusual times.

Cambourne VC - Vigilant Throughout!

CAMBOURNE VILLAGE COLLEGE: As this, the strangest-ever term draws to a close we have much to celebrate at school! The tremendous hard work of the entire staff has been nothing short of inspirational! Extraordinary camaraderie was demonstrated as the community stepped up to support pupils and one another – sustained by frequent and very welcome messages of thanks from students' families. We are already way ahead of the national curve in our use of technology, this public health crisis has propelled us into discovering even more techie ways to enhance our teaching. Perhaps lesson delivery will never be the same again! Pupils in years 7-10 will all have personal iPads next term. (That said, Year 10 were less-than-delighted at being provided with individual packs of traditionally-printed test papers for their usual end-of-year exams week!)

Staff have become endlessly creative in providing 'virtual' alternatives to our usual activities and celebrations, as well as lessons. The school concert and musical (see inset) were digitally mastered so that pupils' home-recorded separate instrument parts then they were compiled into a full band!. The Sports Awards evening was professionally recorded and virtual lessons and tour of the school were provided for our New Year pupils, with the Head of Year giving 'live' broadcasts so that questions could be answered and our new entrants reassured. So, now we are planning for school to reopen in September, national and local circumstances permitting. School won't be the same as we've known it and we're having to make a lot of changes to the way we would normally operate; but we're joyful at the thought of a school full of kids again – what a strange thought!

Claire Coates

<p>Rapunzel: <i>A Life in Lockdown!</i></p>		<p>CamVC Jazz Band Performing <i>"Adrenaline Junkie"</i> By Dan Matherland</p>
<p>Watch on STREAM – via The CATALOGUE @7pm Thursday 9th July, 2020</p>		<p>Also Sprach Zarathustra Richard Strauss arr. G. Page</p>

Cambourne West - Work Begins



Roads are already taking shape - looking east towards Cambourne Village College from the A1198

The cones are up, the diggers are out and kerbstones are going into place - the work on Cambourne West has well and truly started!

The £240 million development which will eventually add 2,350 homes to the Cambourne area is underway. People travelling to Cambourne Village College will be well aware of the works on Sheepfold Lane, which are set to continue until next April. This is to provide new infrastructure, including a gas pipeline, to the North East access to Cambourne West. The road is also being re-routed where Sheepfold Lane currently turns left towards the school. Developers ECL have engaged with the school and the Town Council to identify a two week period in the school holidays where the road can be rebuilt with minimum disruption, during which time a temporary road will be provided to maintain access.

Planning approval was granted in June for the work to begin on the first 200 homes. This gives the green light for phase one of the initial development which will eventually total 783 homes in the area which will be known as Sheepfold. During this phase they will also make a start on the Swansley Park area. The first 200 homes will include 61

affordable properties comprising both shared ownership and rented homes.

Cambourne West is a joint venture between The Vistry Group, Taylor Wimpey and housing association Metropolitan Thames Valley Housing. The Vistry Group, previously known as Bovis Homes, also includes the recently acquired Linden Homes.

Properties will range from one-bed apartments to five-bed houses. As part of

it's section 106 financial contributions, Vistry, will also spend more than £15 million on community facilities and improvements, including a community centre, sports pitches and allotments. £9million of that total will go towards education, including two new primary schools and an extension to Cambourne Village College.

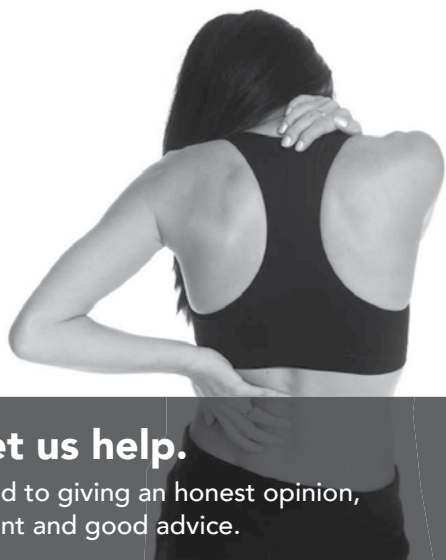


Map showing the layout of Cambourne West (Vistry)



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CHURCHES

CAMBOURNE CHURCH

Our building has been closed for months, but our church community has continued meeting together in various ways, including YouTube, Zoom and Facebook. It has been a learning experience for us all. Our website and Facebook page have information about what we are doing and how you can join in. For the moment much of our church life will continue to be online.

But our building is now permitted to re-open for private prayer and for public worship, albeit in limited ways and for limited numbers. Some other users of the building can also begin to return, but with various restrictions in place.

Over the summer you should find the church centre open for private prayer on Monday afternoons between 3-00pm and 5.00pm.

There will also be occasional communion services, but booking a place will be necessary to ensure that we do not exceed the safe capacity of the building while maintaining social distancing. It is not church as we want to have it and it is not the welcome we want to offer but these are strange times.

The Christian message is about God leaving the safety of heaven to rescue people who have gone astray. It, therefore, goes against the grain of our identity as Christians to play it safe for our own sake. But the message of Jesus also includes the instruction to love our neighbours and one aspect of loving is keeping others safe.

Please know that we continue to be here for the whole town.

**Services and events for August**

Sunday Services in the building are suspended at this time, but the church centre will be open on occasions for private prayer and short communion services. (Details from our website and Facebook page)

"We are still trying to stay connected and to serve our community in various ways. Although the building is closed and we are not gathering for worship, Cambourne Church is alive and well. You can still get in touch with us in these difficult times." Bill Miller

You can hear messages at www.cambournechurch.org.uk or visit our Facebook page www.facebook.com/cambournechurch for

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Peacehaven Baptist Church: Pastoral Thoughts

Keep on moving!

Gunfire erupted around me as I dove under the wire. Crawling through, I got a mouthful of sand and a good look at the bottom of the boots of the guy in front. We cleared the section and made a dash for the water. I knew I had to get as far as I could across this, so I grabbed the rope and swung for all I was worth. I did well, not only clearing the water but was airborne passing over the soft sandy landing zone. I landed on the hard pavement beyond, but I hit the ground running and I did not stop.

Now it has been many years since that time and most of the uniform won't fit. But the lessons I learned have stayed with me. One of them is to avoid eating sand, another one being when it is time to move, do it with determination. There may be barriers or obstacles in the way. You can go around, over, under, or sometimes through them. There may be distractions that you need to ignore to complete the course. You may have opposition. Some people either in the way or actively seeking to



Pastor Donovan Bangs, Peacehaven Baptist Church

bring you problems. People are tricky and often unpredictable. Some will jeer and some will judge. It makes no difference to your mission. Some of them you confront, some you circumvent, others you comfort and some you convert. Even in these troubling times, we reach out as we have a mission. We press on as we have a purpose. Paul said in Philippians 3:13 Brethren, I count

not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, 14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

Don't let haters stop you from bringing hope. Each week I continue to upload messages to Youtube located at <https://tinyurl.com/y7saqark> **Pastor Donovan Bangs**

**PEACEHAVEN BAPTIST CHURCH.**

SUNDAY MORNINGS - 11am Morning message
Online find links on Facebook for Peacehaven Baptist Church or look for Donovan Bangs on Youtube

Pastor Donovan Bangs 01954 710510
PeacehavenBC@aol.com
www.peacehavenbc.org.uk

E-Cooking event engages community



CAMBOURNE CLLR Shrobona: Come Cook & Dine with Me introduced a "New-Social" whereby people are having a meal together after their weekly cooking session. When lockdown began, Shrobona started a COVID Outreach Programme where subscribers start cooking together on Zoom every Saturday at 11 am and then have dinner at 1 pm with their families. It is a great example of building a "stronger community" during a pandemic.

Cllr. Bhattacharya said, "This is an exceptional time and home cooking ensures eating fresh, wholesome, chemical and additives free meals. People like Indian food and the list of ingredients is given a week in advance, so everyone can buy them in time. I am also showing lots of techniques, secrets and using the spices in different combinations. We always cook a full three course meal which is accompanied by sides and drink."

Shrobona enjoyed sharing her culinary knowledge with everyone. Members subscribe either because they miss social gatherings, isolation or a desire to learn new skills. This is open to all. Email to shrobona@gmail.com or complete the registration form.

Two French pleasures to brighten your summer



ANCHOVY DIP: Ingredients - 60g Anchovy fillets and oil, 2 cloves garlic, 1 medium red onion, 2 tbsp red wine vinegar, 1 large tbsp of parsley and black pepper to taste.

To make the dip put all the ingredients into a food processor (except for the oil and pepper), and blend. Gradually pour the oil in until it forms a thick sauce. Add pepper as needed to taste.

This can also be done with a mortar and pestle crushing all the ingredients and then adding oil to thicken and pepper to taste. Chill for at least 30 minutes in the fridge.

Serve with crudites and slices of grilled or toasted slice bread.



TAPENADE DIP: Ingredients - 1 clove of garlic, juice of 1 lemon, 3 tbsp of capers, 6 anchovy fillets, 250g of black olives, 4 tbsp of chopped parsley, 4 tbsp of olive oil and salt and pepper to taste.

To make a rough textured tapenade simply mix all the ingredients together; add enough olive oil to form a paste while mashing with a fork or potato masher. For a smoother texture, tip the garlic, lemon juice, capers and anchovy into a food processor and process for about 10 seconds. Add the olives and parsley and gradually the olive oil to make a paste.

Festival of Sarees 2020

CamCare UK organized the virtual event of the Festival of Sarees 2020 on 28th June. The main purpose was to stay positive in this time of pandemic. 72 participants joined from 7 different time zones which made a difference to the community. The other purpose was to support handloom workers who face high competition from powerloom factories.

Cambourne resident Divya Kumar said, "The Saree festival brought back a lot of memories from my childhood when my mother used to visit exhibitions of handloom sarees in India which I always admired as a little girl, especially the touch and the smell of the freshly woven fabrics. I felt extremely proud to showcase one of the many pieces of art that I possess."

Cllr Dr. Shrobona Bhattacharya said, "This is the first time I am running a saree festival. Due to the current situation caused by the pandemic, I am constantly thinking of different types of festivals which can fit into the mode of virtual platform and keep the community happy and positive."



WHAT'S ON

Due to the ongoing COVID-19 pandemic, it is expected many groups and organisations' events, although published are expected to be modified, cancelled or postponed until further notice. Please check websites or contact via email/phone/social media for updates

Free Monthly Workshops Live Theatre, Classical Music or Musicals

Andrew Lloyd Webber musicals
Details on
[YouTube.com/theshowsmustgoon](https://www.youtube.com/theshowsmustgoon)
The Royal Opera House
Details on roh.org.uk

The London Symphony Orchestra

Details on lso.com
The National Theatre
Details on NationalTheatre.org.uk
Leave a light on concerts
Details on thetheatrecafe.co.uk
Comedy
Details on Avalonuk.com
For more:
onstage.com and timeout.com

Mama's Night In Via Zoom

Free online chat with local Mamas and interesting people.
Find out more @ Mamas.tic on Facebook

Pyjamarama

Fuelled day of fun at home, celebrating bedtime stories and our shared love of reading at www.booktrust.org.uk.

Toddlers, Babies & Bump and Free Online Coffee Mornings

Hosted by local, qualified
hypnobirthing, antenatal, postnatal and breastfeeding experts.

Cambourne Experimental Cookery Club

Email : shrobona@gmail.com
Phone : 07852753216

Cambourne Tennis Club

- See contacts for details

Cambourne Community Gospel Choir

https://www.cambournechurch.org.uk/Groups/271176/Cambourne_Community_Gospel.aspx.

MOBILE POST OFFICE:

The Hub Car Park
Mondays: 1.30pm-4pm
Wednesdays: 12.30-4pm
Tel: 0345 611 2970
The post office informs the Town Council of any changes and these will be updated on:
<http://cambourneparishcouncil.gov.uk/>
<https://www.facebook.com/cambournetowncouncil>

BIN COLLECTIONS:

(At the time of publication)
Black: Thursdays August, 13 and 27, 2020
Blue and Green: Thursday August 6 and 20 2020

Further info:
<https://www.scams.gov.uk/recycling>

Residents urged to keep caring by binning face coverings and PPE correctly

People in Cambridge and South Cambridgeshire are being asked to make sure disposable face coverings and masks are put in their black wheelie bins at home, to help control the spread of Coronavirus.

Masks and gloves cannot be recycled - please put in your general waste bin. The Greater Cambridge Shared Waste Service, a partnership between Cambridge City and South Cambridgeshire District councils, is expecting a rise in disposable face coverings in waste collections as they become mandatory in shops from today (Friday 24 July).

The service has already seen disposable PPE such as face coverings, masks and gloves in the blue recycling bins, despite none of these items being recyclable.

With a rise in use expected over the coming weeks, waste bosses are urging

people to keep caring by disposing of the items correctly, which will help ensure recycling is not contaminated and control the spread of the virus.

Disposable PPE can be put in litter bins outside of shops, but if there isn't one they need to be taken home and put in the black bin.

Advice has been published on the Government's website, and it is important to remember that if you are suffering from Coronavirus symptoms, any medical waste and PPE should be bagged separately and left for three days before going into your black bin.

For more information visit www.gov.uk/guidance/coronavirus-covid-19-disposing-of-waste

The councillor responsible for waste, said: "Face coverings are mandatory in shops from today so this is a timely reminder that we all need to do our bit to ensure we dispose of them properly.

Washable cloth face coverings are more environmentally friendly than disposable ones, which cannot be recycled and end up in landfill. We have already seen disposable masks in our blue bins and we want to avoid a rise in their usage over the weeks ahead – which could mean recycling becomes contaminated. If we all do our bit, we can keep caring for one another and our environment too."

#StaySafeCambridge"



GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Light up Cambourne:

If interested in joining or looking for some information contact the committee via email: lightupcambourne@gmail.com

Cambourne Arts:

Fran Panrucker: 01954 710858
fran@panrucker.eclipse.co.uk
www.cambourneararts.btck.co.uk

Cambourne Children's Centre:

01954 284672 cambournechildrenscentre@cambridgeshire.gov.uk

Cambourne Crescent:

Local charity run by volunteers
www.cambournecrescent.org
Info@cambournecrescent.org

Cambourne Experimental Cookery Club

shrobona@gmail.com / 07852753216

Cambourne International Cookery

Workshops

shrobona@gmail.com / 07852753216

Cambourne Electronics and Robotics Club

shrobona@gmail.com / 07852753216

Words for Pleasure Writers' Group

Pat Callaghan 01954 718836

Watercolour Classes

Contact fran@panrucker.eclipse.co.uk

Children's Art Club:

Contact fran@panrucker.eclipse.co.uk

Photography Group:

Nicola Marriott on 07811 154901

www.flickr.com/groups

[/cambournephotographygroup/](http://cambournephotographygroup/)

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk

Timebank:

email timebank.cambourne@gmail.com or facebook
<https://www.facebook.com/CambourneTime/posts/1497202690445409>

Crafty Ladies: Enid - (01954) 715292 or

Edna - (01954) 717360

WW2 Aircraft Club:

Contact 01954 269173 or
iancameron692@gmail.com

Papworth Astronomy Club

Contact Peter on 01480 830729 or
peter@cheere.demon.co.uk

Friday walks:

Contact Penny Flanagan on 01954 200126 or pam.hume@ntlworld.com

Sunday Walks: Contact Sandra: 07747

012245 or scalcraft@gmail.com.

Cambourne Community Website Group

John Panrucker: 07734 258 059 or
hello@cambourne.info
www.cambourne.info/about

Cambourne and District U3A:

Visit u3a.cambourne.org or contact Fran Panrucker on 01954 710858

Story Blog: Publishes real life stories of war, travel and human interest. Contact Tapti Roy on 07582016562 or taptibr@gmail.com
www.pastconnect.net

Cambourne Open Minds: Meditation, laughter & self development. Suzanne: 07887 715555, SMJLANE@lifequest.co.uk

Cambourne Community Gospel Choir:
https://www.cambournechurch.org.uk/Group/s/271176/Cambourne_Community_Gospel.spx

Child and Family Centre:

01954 284672 or ChildAndFamilyCentre.South@cambridgeshire.gov.uk

Children's Chess Club:

cambourne.chess@gmail.com

Sundial Theatre Company

info@sundialtheatre.company
www.sundialtheatre.company

Cambourne Balkan Dance Club

<http://bit.ly/BalkanDanceCambourne>

Cambourne One

A charity group run by Muslim volunteers and open to everyone. cambourne1.org.uk

CHURCHES

Cambourne Church

In person meetings temporarily suspended until further notice.
www.cambournechurch.org.uk

Minister: Revd Bill Miller

bill.miller@cambournechurch.org.uk

Administrators and Church Bookings

Jacqui Huckle, Hannah Heasley
office@cambournechurch.org.uk

Youth Worker: Jonathan Buwert

Tel. 07503 171869 jonathan.buwert@cambournechurch.org.uk

Parish Nurse: Catherine Price

nurse@cambournechurch.org.uk

Foodbank: Julie Whitbread

julie.whitbread@cambournechurch.org.uk

19 The Coffee House: Manager Cilla Mills.

19thecoffeehouse@cambournechurch.org.uk

Peacehaven Baptist Church

In person meetings temporarily suspended until further notice. Pastor. Donovan M.

Bangs: Preachbrit@aol.com 01954 710510
www.peacehavenbc.org.uk

Christchurch Cambourne

In person meetings temporarily suspended until further notice.

www.christchurchcambourne.org.uk

Cambourne Catholic Community

In person mass temporarily suspended until further notice.

<http://cambournerc.com>

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719
mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585
www.cambournedental.com

Lloyds Pharmacy: 01954 718296

Monkfield Medical Practice:

01954 282153
www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793
candicelattimore@gmail.com

Diabetes Peer Group:

Contact info@nutrition2wellness.com

Cambourne Health and Wellbeing Club

A group for older adults

For more details please contact:
Catherine Price : Cambourne Parish Nursing Service Tel: 01954 710644 (Church Office)
Email: nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office: 01954 714403

office@cambourneparishcouncil.gov.uk
www.cambourneparishcouncil.gov.uk

Venue Bookings: 01954 714403

bookings@cambourneparishcouncil.gov.uk

Pitch Booking:

- temporarily suspended until further notice.

District Councillors for Cambourne:

Ruth Betson – cllr.betson@scambs.gov.uk
Gavin Clayton – cllr.clayton@scambs.gov.uk
Shrobona Bhattacharya – cllr.bhattacharya@scambs.gov.uk

EDUCATION

Cambourne Village College:

01954 284000
thecollege@cambournevc.org
www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

Hardwick and Cambourne Community

Primary:

Co-Headteachers-
Ms Cate Thompson & Mrs James Hoban
School Office - 01954 719085
blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School:

Headteacher - Sue Wright
School Office - 01954 717180
office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Jarman
School Office - 01954 273377
office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

GROUPS, SERVICES & CONTACTS

Contact Natalie 07999 406679

cambourne.babyandme@gmail.com

Cambourne Pre-school:

Contact Donna O'Shea: 01954 715150

cam.preschool@btinternet.com

Carers And Tots:

cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning Centre:

Office: 01954 273301

clcoffice@monkfieldpark.cambs.sch.uk

Sunflower Nursery: 01954 719440

SERVICES

Cambourne Library

Contact 0345 045 5225

www.cambridgeshire.gov.uk/leisure/libraries

[.gov.uk/leisure/libraries](http://www.cambridgeshire.gov.uk/leisure/libraries)

Community Car Scheme:

07526 998 465 or e-mail: cambournecarscheme@gmail.com. Min. 48 hours notice.

Cambourne Community Fire Station:

01954 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm

Cambournelights@mail.com

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay

01954 713516 www.wildlifebcn.org

Cambourne Crescent Food Bank

Info@cambournecrescent.org

Cllr.ahmed@cambourneparishcouncil.gov.uk

Rural Coffee Project

Delivers speciality grade, single origin, arabica coffee beans, ground coffee, Swiss water decaf coffee and home baked cakes to your door. Details available online at www.shop.ruralcoffeeproject.co.uk
ruralcoffeeproject@gmail.com

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey – 01954 269328 or 07711 613559. Email: robin.doreen@btopenworld.co.uk
m. Facebook: Cambourne Bowls

Cambourne Cricket Club:

Phillip Broadwith, Cambournecc@gmail.com / www.pitchero.com/clubs/cambournecricketclub

Cambourne Eagles F.C:

Cambourneeeaglesfc.sec@gmail.com
Facebook.com/cambourneeeagles

Cambourne FC: www.cambournefc.org

cambournefc@icloud.com

Cambourne Netball Club:

Emma Smith - (01954) 710034
cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309

info@cambourneexiles.com

www.cambourneexiles.com

Cambourne Raptors Basketball Club:

Facebook: [cambournerraptorsbasketballclub](https://www.facebook.com/cambournerraptorsbasketballclub)

info@cambournebasketball.org

Twitter/Instagram: @CamRaptorsBball

Cambourne Runners:

cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Ben Byron benbyron@hotmail.com

<https://clubspark.lta.org.uk/CambourneLTC>

Cambourne Tang Soo Do Club

www.cambournekarate-tangsoodo.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

Cambourne Tae Kwon Do: See facebook

or stephenlacey73@gmail.com

Cambourne Karate School (AKS)

www.karateschools.co.uk / 07929 100612

Cambs Chargers Volleyball Club

cambschargers@gmail.com

Cambourne United FC

Chris Williamson 07900 674558

cambourne.united@gmail.com

pitchero.com/clubs/cambourneunitedfc

Cambourne Fledglings Football Academy

cambournefledglings@gmail.com

Cambourne Balkan Dance Club

<http://bit.ly/BalkanDanceCambourne>

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC) Adam

Kelly 2484df@aircadets.org

Cambourne Army Cadet force:

dc.cambourne@gmail.com

www.cambsacf.com

Cambourne Youth Partnership

in partnership with Romsey Mill:

Contact Jonathan Buwert at

jonathan.buwert@romseymill.org or on

07503171869.

Cubs, Beavers & Scouts:

1st Cambourne: joininglist@cambourne

scoutgroup.org.uk

2nd Cambourne:

waitinglist@2ndcambournescoutgroup.org.uk

Guides, Senior Section,

Brownies and Rainbows:

girlguiding.org.uk 08001695901

childerley.dc@gmail.com

EATERIES

Food Outlets and Pop-up Restaurants

Available for Take Away Service:

During the lockdown period please refer to either facebook or Cambourne's community website for contact details to get information on those offering not only collection but deliveries too in our community: <https://www.cambourne.info/eat-drink/page/2/> Look out for providers such as Flavas Cambridge Co., Cambourne Grill, Chutney Joe, Rural Coffee Project, Fish 'n' Chick'n, 400 degree pizzeria, Domino's, Angie's Cakes & Pastries, Nanna Mexico and Greens Coffee Shop at time of publication.



Cambourne Soccer School Wants You!

CAMBOURNE SOCCER

SCHOOL: The past few months have been difficult and challenging. For football, in the community, it was a shame the season finished early, especially as 50% of our teams had reached cup finals, but a decision we supported nonetheless for the safety and welfare of all our players. During this pandemic the club has regrouped and considered our role for next season. At the time of writing, what the football season will look like is still unclear but with the continuation of the Premier

League we know football can return next season, safely and hopefully with minimal disruption.

We were pleased to refund our members a proportion of last season's fees and are grateful to those who declined this offer and chose instead to donate the funds to the club; while we donate £300 worth of groceries towards the Cambourne Foodbank for distribution within the community. We intend to discount next season's subs to help our members as much as possible.

Our target start date is October with the aim of offering younger players a chance to ignite their football journey. The Soccer School is open to any child aged between 3-6 and will take place on the Everyone Active 3G on Saturdays during term time, between 9-10am. Soccer School has been running for several years, attended by over 40 children while providing opportunities for playing

football, making new friends and learning the game.

Cambourne Football Club would like to offer a FREE trial period of 4 weeks from



the start date followed by a £3 weekly "pay as you play" charge paid at the gate or a £10 monthly direct debt. Any new player signing up via direct debt will receive a free soccer school t-shirt (while sticks last) for more information or to register please email:

cfcsoccerschool@icloud.com. Also follow our Facebook page The Cambourne FC for further updates.



Local Leisure Centre reopening Announced!

The leisure centre in Cambourne is set to reopen, after being given the 'green light' by Prime Minister, Boris Johnson. Cambourne Fitness and Sports Centre which is managed by Everyone Active in partnership with Cambourne Town Council reopens its doors 25 July. The Government update on 9 July confirmed leisure centres are now safe to reopen but with strict operational measures in place. Everyone Active's procedures will ensure social distancing is managed throughout the centre and regular cleaning is maintained.

Whilst its 200 leisure centres across the country have been closed, Everyone Active launched a comprehensive package of online workouts for people to do whilst in lockdown, along with

streaming live classes across its social media platform. It also pledged to donate half the cost of a membership to charity – The National Emergencies Trust – if customers continued to pay. Consequently, the operator raised over £400k for those most in need during the pandemic.

Dan Hicks, Everyone Active's regional contract manager, said: "We're very much looking forward to reopening the centres and welcoming back the local community. After being closed for nearly four months, this latest announcement from Government is the news the leisure industry has been eagerly awaiting. Giving people the opportunity to resume activity and exercise in their leisure centre will go a long way to maintaining the good health of local communities.

"We've been overwhelmed with the support we have received from customers during these unprecedented times, and we're so grateful. Like many other industries, leisure has been greatly affected by the lockdown.

"Ensuring our colleagues and customers remain safe is our number one priority and we have carefully considered the strict measurements to ensure we adhere to the guidance."

For further information on Everyone Active and its leisure centres, visit www.everyoneactive.com.



The Running Club is Fundraising for the NHS



CAMBOURNE RUNNERS CLUB:

A group of runners from Cambourne and surrounding villages have raised in excess of £2,800 for NHS Charities by running more than 2,000km between them in 24 hours.

You may have spotted some celebrity support over the weekend in the form of Elvis on a bike!

Organised by Cambourne Runners ARC, the event – 'Endure Covid-19: Running through this Together' – saw teams of one to eight people run a virtual relay on 11-12 July.

Each 'lap' was 5 miles (8km) and handovers were conducted via WhatsApp to maintain social distancing. Some runners individually clocked up more than 100km – the equivalent of two and a half marathons.

The participants would like to express their gratitude to Ian Bavin for organising a fantastic event and keeping track of every single lap – while also running over 100km himself – additionally, Jamie Teberdieva, Marsha Robinson, Carl Robinson, Emma Bavin and Jill Cressy for designing, creating and organising finishers' medals and t-shirts for every runner.



The club's fundraising page is still live and it's not too late to donate so if you would like to support NHS Charities Together please visit:
www.justgiving.com/fundraising/cambournrunners

Eagles Football Club returns in September



The Cambourne Eagles U11 team (pictured) for the 2020/21 season are keen to find new players. If your child is interested in joining us to start training in September (school year 6) then please get in touch via

cambourneeeaglesfc.minisec@gmail.com - the team is particularly keen to find an enthusiastic goalkeeper but also have space for outfield players in the squad. The teams are looking forward to resuming training and playing once the government guidelines allow for us to do so safely. If you have players of other age groups interested in joining our club please see our points of contact below.

You can keep up with all our news on Facebook <https://m.facebook.com/cambourneeeagles/> and @cambourneeeageles on Twitter. For all Eagles playing/training/volunteering/sponsorship enquiries please contact cambourneeeaglesfc.sec@gmail.com.

Raptors WILL be Back

Basketball has taken a step closer to coming out of lockdown following the Government's latest relaxation of Covid-19 restrictions. The club is constantly reviewing the situation, taking into account the advice from the Government and Basketball England. We hope to re-start our regular Junior, Senior and Scrimmage sessions as soon as we can.

In the meantime, check our website and Facebook page for more information.
Go Raptors!



The Tennis Club Strives During The Pandemic

CAMBOURNE TENNIS CLUB: Good news on the membership front:.. Despite the disruption attributed to the coronavirus our club has grown to 211 members (as of 12th July). Our courts have been open again for members adhering to coronavirus guidelines which can be downloaded from the LTA website:

<https://www.lta.org.uk/coronavirus>. Please make sure to book your session in advance through the members area on our website: <https://clubspark.lta.org.uk/CambourneLTC/Booking>.

After having run extremely popular small-group coaching sessions over the past two Months, our head coach Toby will be offering 1on1 lessons throughout the summer. He will also organise several fun game sessions towards the end of August. For the Autumn Term, we hope to begin 'normal' lessons again from 7th September. For more information and booking see www.gamesettennis.co.uk or contact Toby on 07972 149874 or toby@gamesettennis.co.uk.

In addition, we have an excellent offer for parents who would like to try out tennis with their kids. Our parent membership is only £20 for the whole tennis year (until the end of March 2021). This gives access to the courts for exercise and fun with your

children all weekend plus weekdays before 6.30pm. Kid's memberships are £10 for under 10s and £20 for under 18s. There are no court booking fees. More information on how to join here:

<https://clubspark.lta.org.uk/CambourneLTC/Membership/Join>.



Cambourne Cricket Club

CAMBOURNE CRICKET CLUB was delighted to return to recreational cricket matches after the government gave the green light in early July; we had previously been running small-group nets sessions in preparation for opening. The Bombers started off with two fantastic, competitive interclub games on Saturday 11th and Sunday 12th July. Callum McLean's XI won out on Saturday, with the skipper picking up 3 wickets after Charlie Taylor's brilliant 82, consigning Kieran Gibbons' XI to a 65-run defeat. Sajid Mahmood hit his own fine 82 on Sunday, as Ollie Humphreys' XI were victorious over Shivek Sharma's XI by 62 runs.

League cricket returns for Cambourne CC on Saturdays (from 1st of August) and Sundays (from 26th July onwards). There will be at least one match at a Cambourne home ground every Saturday this season, as well as on 4 Sundays. The Saturday season concludes on the 5th of September with a play-off



match, introduced in light of the reduced season. The Sunday season will finish the day after, at home to Ely CC.

The Colts started training (in line with guidance) on 24th July, and the Club is working hard to run some All Stars sessions before the end of the season. Please check our club channels (play-cricket, facebook, twitter, website) regularly for a full fixtures list, results, and other news from our Senior teams and Colts section!

If you would like to donate to our fundraising efforts for the two NHS Trusts who serve our local area and a new defibrillator station at Upper Cambourne, please get in touch at facebook.com/CambourneCC

Darren de Souza