

East-West Railway announcement: Cambourne will have its own Train Station



THE PLANNED ROUTE FOR EAST-WEST RAIL, INCLUDES A STATION AT CAMBOURNE

Cambourne is to have a railway station, giving connections to Cambridge and beyond in the East and Bedford, Milton Keynes and Oxford in the West. This follows the announcement at the end of January by the Secretary of State for Transport, Grant Shapps MP, that Route E was the preferred option for East West Rail, a massive rail project connecting Oxford and Cambridge in the spirit of the old "Varsity Line"

"This is fantastic news for all of us in South Cambridgeshire who have campaigned hard over the last couple of years to get to this result." said Ruth Betson, District Councillor for Cambourne. Anthony Browne MP, also campaigned for a route through Cambourne. "I am delighted that the residents of Cambourne will finally get the transport link they have been crying out for and will no longer have to face the agonisingly long commute by road into Cambridge." Mr Browne said.

EWR have announced a stage by stage plan that spans the next five years along with some guideline completion dates including: - working out the route options for the railway (completed 2020/2021),

choosing a preferred route (2021/2022),
securing consent from the Secretary of State (2022-2024),

with construction set to begin in 2025 with completion probably by the end of the decade.

A key sticking point now is the exact location of Cambourne Station. The route corridor (the area within which the final route will be mapped) indicates a station location area to the South, next to Lower Cambourne.

This route then snakes into Cambridge from the South to join up with the proposed Cambridge South station near Addenbrookes and the bio-medical campus. However, there are strong voices advocating a station to the North of Cambourne, somewhere near the roundabout going onto the A428, with the track then following the A428 towards Cambridge and linking into Cambridge North.

CamBedRailRoad (CBRR) who campaigned for the chosen route via Cambourne, is clear on the matter: "Locating South of Cambourne will turn Cambourne into a congested rat run and impact heavily on the landscape and nature reserve south of Town.

How can EWR have missed such an elementary opportunity to serve the community and keep cars off the heavily congested and polluting roads?" said Philip Paxman, member of the CBRR team.

Anthony Browne MP, Ruth Betson and the Cambourne Town Council have all expressed a preference for a location located to the North.

"Access to the South West of Cambourne is poor and it is clear that there is benefit in locating the proposed station to the North of the settlement to be accessible to local residents and from the A428." said Cambourne Town Council in their consultation submission.

The first of several EWR community engagement meetings was held at the Hub on 19th of February with an attendance of 148 people, by EWR's estimation. Many more similar events are planned for both the evening and daytime across the area.

(continued on page 9)

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. **Cambourne Crier is compiled** entirely by volunteers. This month's editors were: Donavan Bangs, Paul Jobling, Renata Kovács, Paula Brown, Divya Sharma, Krithika Dwarakanath, Tapti Roy, Simon Hagan and Andrea Sisneros. **Distribution:** John Panrucker Finance: Pam Hume

To advertise please contact: Janet Dobson: <u>adverts@pendrill.net</u> or (01480) 831066 For leaflet distribution contact: John Panrucker: <u>delivery@cambournecrier.org</u>

Editorial submissions:

Submissions for the April **edition** must be received by 9pm on **Sunday 15th March 2020**. Please email articles and photographs to <u>editorial@cambournecrier.org</u> By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on <u>editorial@cambournecrier.org</u>

CRIER COMMUNITY FUND

Our community fund enables us to make grants and donations to local clubs, societies or causes. Do you need new equipment for your group? Want to set up a new group and need some funding to get going? Contact pamhume1@gmail.com for more information or download the application form at www.cambournecrier.org

CAMBOURNE CRIER MARCH 2020 CAMBOURNE TOWN COUNCIL

Town Council News and Events

Zero Carbon Community Grant

The Town Council were successful in the grant application and received £2,538 from South Cambridgeshire District Council towards trees and hedge plants.

On Friday 14th February, Cllr Aidan Van de Weyer, Deputy Leader of SCDC helped plant the first tree. Pupils from Cambourne Village College also came along to start planting the first hedge row at Great Cambourne cricket pitch.

"We recruited volunteers to assist our grounds maintenance team on 19th & 20th February and they got stuck in with digging holes and planting the new hedge. A huge thank you to everyone that came along to help plant the hedge rows. "

They will remove around 420kg of CO2 per year as they reach maturity. An additional bonus is that the hedge will provide a wind break to the Great Cambourne cricket wicket and prevent cricket balls leaving the boundary.



Hedge planting by Cambourne Residents Cambourne 10k

Entries are open for the Cambridge Cambourne 10k which will take place on Sunday 5th April at Cambourne Business Park. The course is mainly off road and passes through wooded areas and the lakes around Cambourne country park. There is also a 1 mile fun run for younger runners or those not ready for the longer distance. Enter online at cambridgecambourne10k.com

Grounds Maintenance Vacancy The Town Council currently have a vacancy for a Grounds maintenance

person (skilled desirable). For more information on the vacancy, please contact the Town Clerk. If you would like to apply, please email

office@cambourneparishcouncil.gov.uk for an application pack. We have extended the closing date for applications: noon on Monday 16th March.

Event dates for your diary

A list of dates for your diary of numerous Town Council events taking place later this year. We are always looking into new events to organise, which will be announced in the Crier, on our website and Facebook page.

Wednesday 8th April

- Easter Activities
- Saturday 9th May
- Cambourne Community Clean Up
- Bank Holiday Monday , 25th May
- Food Market
- Saturday 6th June
- Repair Café
- Bank Holiday Monday 31st August
- Food Market
- Saturday 12th September
- Cambourne Community Fete
- Saturday 3rd October
- The Big Squiggle
- Wednesday 28th October
- Halloween Activities
- Saturday 7th November
- Cambourne Fireworks Display
- Saturday 21st November
- Light Up Cambourne, Christmas Light Switch On
- Saturday 28th November
- Cambourne Christmas Market
- Saturday 5th December
- Repair Cafe

CALENDAR OF MEETINGS March/April 2020

17th March 7.00pm Planning Committee - Finance & Policy 7th April 7.00pm Planning Committee - Council

The Town Council Office: The Hub, High Street, Cambourne, CB23 6GW

Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403 John Vickery, Parish Clerk: <u>clerk@cambourneparishcouncil.gov.uk</u> For all other enquiries: <u>bookings@cambourneparishcouncil.gov.uk</u>

COMMUNITY

BE AWARE

Cambridgeshire Police Rogue Trading /Action Fraud.

Please be aware that the Police have received calls in relation to bogus callers /phone scams where victims have lost thousands of pounds or sentimental items. Please, if in doubt don't answer doors or phones without checking who they are!

1) Ask for an Identity card.

 Don't answer the phone unless you have caller ID or True call or know who is calling.

More information is available via Action Fraud on the website actionfraud.police.uk or 030012302040.

Also check page 14 for information on Knife Amnesty week

Cambridgeshire fire and rescue service

Test your smoke alarm!

Did you know that you should test your smoke alarms at least once a month? Or

that you should have smoke alarms on every floor of your home? Or that Cambridgeshire Fire and Rescue Service do free home visits to make sure your home is fire safe?

Visit this website for helpful tips and advice: https://firekills.campaign.gov.uk/

It only takes one accident to start a fire. Fire kills. Let's prevent it.

Fire Safety Safe and Well Visits

Helping you to stay independent in your own home Cambridgeshire Fire and Rescue Service wants everyone in the county to be safe from fire at home and know how to escape safely if a fire starts.

That's why we visit people in their own homes to make sure they have working smoke alarms and a good level of fire safety awareness to help prevent fires and save lives. To help keep our communities safe we offer FREE Safe and Well visits across Cambridgeshire and Peterborough.

A Safe and Well visit is a home visit that lasts no longer than an hour, at a

convenient time for you, carried out by trained staff. During the visit we will:

PAGE 3

- Talk to you about fire safety in the home,
 Check your property to identify any fire hazards,
- Check that you have at least one working smoke alarm on each level of your home.
- Fit FREE ten-year smoke alarms as appropriate
- Provide you with fire safety advice and show you how to test your smoke alarms
 Talk about escape plans, so that you can escape safely if a fire starts.

- Provide advice, or link you into organisations that can help you, if you need support with other issues such as health, wellbeing or crime prevention.

To find out if you are eligible for a visit, call us on 01480 444500 or email us at firefire@cambsfire.gov.uk. Like us on Facebook for regular updates www.facebook.com/cambsfrs or follow us on Twitter @cambsfrs.For more information or to get in touch contact us at firefire@cambsfire.gov.uk or on 0800 9179994.

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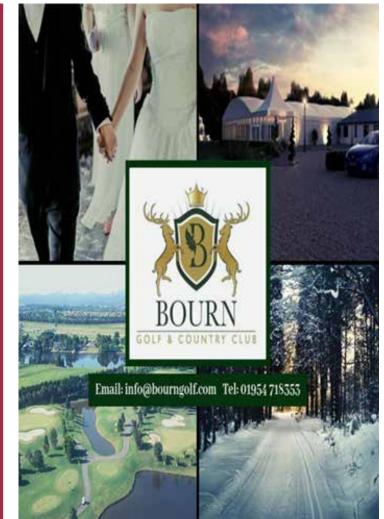
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CAMBOURNE CRIER

COMMUNIT

Grant Scheme Boosts Cambourne Planting



More than 1,200 young trees and shrubs are being planted in Cambourne thanks to local councils and schoolchildren.

As part of its Zero Carbon Communities grant scheme, South Cambridgeshire District Council awarded Cambourne Town Council £2,538 for extensive planting of hedgerows and trees around the Great Cambourne cricket outfield.

The first of the new shrubs and trees were planted on Friday 14 February as 30 pupils from Cambourne Village College lent a hand to members of the Town and District Councils. Next week, during half term, Cambourne residents have been invited to volunteer time to help plant the remaining hedge plants under the guidance of Town Council ground staff.

Trees and hedgerows slow climate change by absorbing Carbon Dioxide, the main gas responsible for Global Warming.

The trees planted at Cambourne will remove nearly half a tonne of CO2 per year as they reach maturity. A wider benefit is that the hedge will provide a degree of shelter from the wind for Great Cambourne cricket pitch.

John Vickery, Town Clerk for Cambourne Town Council said: "The Zero Carbon Communities grant offers a great opportunity for Town and Parish Councils to work with the District Council to reduce the Carbon Footprint. We would like to thank South Cambridgeshire District Council for the grant, and Cllrs Aidan Van de Weyer and Ruth Betson for attending to plant one of the trees and welcome the support of the pupils from Cambourne Village College. We look forward to seeing the residents of Cambourne come out to help our grounds team plant the remaining hedges on Wednesday 19 and Thursday 20 February."

Cllr Aidan Van de Weyer, Deputy Leader of South Cambridgeshire District Council helped plant some of the trees and hedgerows, and said:

"I'm really pleased the weather held up and I could get out into the fresh air and lend a hand with the planting in this lovely area. We've given out more than £120,000 in grants to 19 different community projects that are all aiming to help reduce carbon emissions and it's excellent to see that Cambourne Town Council have put the funding to use so quickly.

We're determined to be green to our core and our Zero Carbon Communities scheme is one way we can help local residents who want to tackle the climate emergency we face."

Cambourne Friday Walking Group Programme 2020



Friday March 13th Hatley - Croydon - Hatley, approx 5 miles

Friday April 10th Barrington - Shepreth - Barrington, approx 6 miles

Friday May 8th Fen Drayton Lakes, approx 5 miles Friday June 12th Gog Magog - Wandlebury - Gog Magog, approx 5 miles

Friday July 10th Stow- Cum- Quay - Anglesey Abbey - Stow Cum-Quay, approx 6 miles

Friday August 14th Llamas Land - Granchester - Llamas Land, approx 5 miles

Friday September 11th Houghton - Godmanchester - Huntingdon Linear Walk, approx 6 miles

Friday October 9th Paxton Pits, approx 4 miles

Friday November 13th Wimpole Circular, approx 5 miles

Friday December 11th Cambourne - Bourn - Cambourne, approx 4 miles

If you are interested in joining us, have any questions or would like to meet one of us prior to the walk, then please ring Penny Flannagan on 01954 200126 or Pam Hume 01954 201808, or email pamhume1@gmail.com.

COMMUNITY

MARCH 2020

Support for Air Cadet Squadron

The St Neots branch of the Royal Naval Association (RNA)

collect for local good causes throughout the year and the Morrisons annual collection at Cambourne is a venue that adds significantly to their funds for worthy organisations.

The people of Cambourne have always responded generously, and, as a way of giving back to the community, the branch donated a cheque for £250 toward the 105 (Cambourne) Air Cadet Squadron.

Seen here holding the cheque are Flight Lieutenant Adam Kelly, Officer Commanding, and Ian Cameron, a resident of Cambourne, who sponsored the donation.

The funds will go toward camping equipment, as this is one of the many activities the Squadron offers.

Youngsters from the age of 12 onwards, (boys and girls), are welcome to apply to join, or ask for information about the Cambourne Air Cadet Squadron at e mail- 105@aircadets.com Anyone interested in joining or looking for more information on the RNA can contact Tony Webley, St Neots Branch Secretary, at email-jj.awebley@btinternet.com



Library Events

The Velveteen Rabbit - Saturday 28th March 3pm (doors open 2.30pm) Spinning Wheel Theatre brings this beautiful tale to life with two actors, inventive puppetry and original songs. This also includes multi-sensory elements and narration for the enjoyment of visually impaired children and their families. Suitable for families and children 3-10 yrs Tickets £4 each or £14 for family saver ticket.



Vocal Fun with the Opera

Dudes - Workshop - Friday 1st May 7pm. By popular request the Opera Dudes return to introduce you to simple harmony, group singing and basic vocal techniques. Suitable for adults and young people 12yrs+. £6/£3. **Graffiti Classics**

Saturday 6^{th} June 6.30pm The world's most hilarious string quartet. Classical music, wickedly funny, and fantastically exhilarating. Suitable for Adults and young people 12yrs + Tickets £4 - £8

<u>Volunteers</u> We are looking to recruit a Computer Buddy, Storytime an Events Volunteer. Please ask at the library reception for details.



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COMMUNITY

Cambourne Open Gardens, 13-14th June



Open Garden is a charity event organised every year in Cambourne. You can walk around Cambourne and visit any garden that has 'Open Garden' posted outside. Tickets are available at all gardens and a £5 ticket lets you to visit all open gardens in Cambourne on both days. Children have free entry. Just look for 'Open Garden' signs. You will also get list of all gardens that are open with your ticket, which you can also buy from Cambourne library.

There are a number of Myths around Opening Your Garden:-Opening your Garden

MYTH 1: Only open your garden if it is big and beautiful.

REALITY : Open Garden is for any garden – big or small, new or mature. It is in fact a great opportunity to get useful tips for your new garden from many of the experienced gardeners who visit. **MYTH 2: It is difficult to register yourself for Open Garden.**

REALITY: If you would like to open your garden just email pam.hume1@gmail.com

MYTH 3: I may be criticised if my garden is not beautiful. REALITY: People visiting are there to encourage and support. Over the years the gardens in Cambourne will get mature and look more beautiful but getting it started is important not just for your garden but for the whole eco-system and neighbourhood. **Visiting Gardens.**

MYTH 1: There is not much to see in 'Open Garden'

S. B. Turf Supplied and Laid All overgrown gardens rotovated, cleared, levelled and laid with cultivated lawn turf Turf collection available Grass seeding and tree service also available Block paving and patio service All work carried out by experienced staff with recommendations and portfolios of work available FREE ESTIMATES - 01487 822993 or 07966 523239 REALITY: Many gardens are indeed new but you will be surprised how quickly some people have made it lush with trees, shrubs and flowers. It's a great way to get inspirations and ideas for your own garden. There are also some big and mature gardens that will amaze you.

MYTH 2: There aren't that many gardens open.

REALITY: We had about 20 gardens open last year and the number keeps increasing. Your participation is a key part of that. **MYTH 3: It is just about gardens.**

REALITY: It is a great way to make new friends in your neighbourhood.

On a personal note: I grew up in an apartment in a city and knew nothing about gardening. We moved to Cambourne in 2014 and our garden was rubble - not even turf. Over the five years we have managed to transform our garden. Key learnings for us:-

1) Soil is important to life on earth

2) Use a compost bin - it improves the soil quality significantly,3) Adding good quality top soil / stable manure helps asCambourne soil has high clay content.

4) Trees take time to grow so the earlier you plant the better

5) Plant bulbs on time and you will have flowers year after year6) Learn more about flowers and trees you like.

Please consider joining us either as a visitor or, better still, to open your garden. Add 13th-14th June on your calendar now.





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MARCH 2020

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CAMBOURNE CRIER

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COLUMNISTS



ANTHONY BROWNE MP FOR SOUTH CAMBRIDGESHIRE anthony.browne.mp @parliament.uk.

East-West Railway Station for Cambourne

We had some extremely welcome news this month when the Transport Secretary announced that East West Rail will take a northern route through Cambourne, where local commuter demand is highest. I have already met with Network Rail to find out more about this project and to discuss parking problems at local stations.

I have had a number of approaches from constituents who are worried about the rate of development in South Cambridgeshire. I share many of their concerns and will be lobbying national government to ensure that we do not become victims of our own success. Whilst growth is welcome, it must be carefully managed



GAVIN CLAYTON DISTRICT COUNCILLOR cllr.clayton@scambs.gov.uk

Leading the Way in South Cambridgeshire

By the time this column is published some key decisions with significant impact for all of us who live in Cambourne will have been made.

Greater Cambridge Partnership Executive Board will review the Outline Business Case on the future of the Cambourne to Cambridge bus scheme. I will be making representation as your Councillor, as a commuter to the City for 10 years and parent of a student at Hills Rd 6th Form. I will argue that the scheme needs approval to proceed so that Cambourne residents see progress in combating stressful commutes and adverse impacts on the educational choices of our young and local people's voices must be heard.

You can make your views known by taking part in the initial consultation on the Greater Cambridge Local Plan, which contemplates a significant increase in housebuilding, at cambridge.oc2.uk.

The UK has officially left the European Union and must now focus on negotiating a new trading relationship with our European partners. For South Cambridgeshire, a crucial aspect of this new arrangement will be the provisions on agriculture.

I was therefore delighted to make farming issues the focus of my maiden speech to Parliament during the debate on the government's new Agriculture Bill. I want to engage closely with local farmers to better understand their needs. If you would like to be involved in these discussions, please get in touch.

people. We need affordable public transport options that include bus and rail...not just one or the other.

South Cambridgeshire District Council will also have made a decision leading to a start date for the building of Cambourne Youth Centre. It is long overdue and if not approved will mean further delay of at least 5 years meaning an entire generation will have been born and grown up with inadequate youth provision. That cannot be allowed to happen.

February's Council meeting will bring answers to questions about Cambourne High St development progress and also on a Single Equality Scheme and Encompass Network Safer Spaces Scheme to give visible reassurance and a proactive approach to ensure all our residents feel safe and welcome in South Cambridgeshire.



CATHERINE PRICE CAMBOURNE PARISH NURSING SERVICE nurse@cambournechurch. org.uk

Ovarian Cancer Awareness Month

March is Ovarian Cancer Awareness Month.

Every year 7,300 women in the UK are diagnosed with ovarian cancer. Women over 50 are at higher risk as are those with a family history of ovarian or breast cancer.

Ovarian cancer is not detected through a smear test so understanding the symptoms is important.

If any the following symptoms are happening at least 12 times a month and are not normal for you they should be reported:

- Persistent bloating (a feeling of fullness in the abdomen which does not come and go but is there most of the time).

- Loss of appetite or feeling full more quickly than normal when eating.

- Pain in the abdomen (belly) or pelvis.

- Feeling the need to wee more often or needing to go more urgently than normal.

There may also be other symptoms including change from normal bowel pattern, extreme tiredness (fatigue) or weight loss that is not expected.

Although many of these issues may be explained by other causes, it is important to discuss this with your GP.

A blood test and ultrasound scan may be suggested to understand what may be causing the symptoms.

Reference/ further information: www.targetovariancancer.org.uk

NEWS FROM THE FRONT (PAGE)

(continued from front page)



ANTHONY BROWN MP SUPPORTS A STATION TO THE NORTH

On the face of it, EWR seem clear that the northern station location has been ruled out. They point out that in the consultation process "the majority of residents were either supportive or neutral about the final approach to Cambridge being made from the south". In their "Preferred Route Option Report", EWR rejects CBRR's northern route proposal on the basis that a connection to Cambridge North would not connect as well to eastern destinations toward Ipswich and Felixstowe. It would also be more expensive and would adversely affect Coldhams Common Nature Reserve in Cambridge. They also felt the economic and employment opportunities by approaching Cambridge in the south were higher due to the planned biomedical campus around the proposed Cambridge south station. The northern route will also require "a higher level of effort to mitigate the presence of multiple environmental features" compared to approaching from the south, say EWR.

This would seem to indicate their minds are made up, but when pushed on the matter at the consultation in February, EWR said: "We do believe the preferred route option we've chosen is the right one. However, if there is a strong local case for us to look again at the station being located at the north side of Cambourne, we can back-check our decisions and consider it as part of the ongoing development of the project."



EAST WEST RAILWAY - GET INVOLVED

EWR – public engagement meetingshttps://eastwestrail.co.uk/the-project/central-section/community-eventsMaps and detailed reportshttps://eastwestrail.co.uk/the-project/central-sectionCamBedRailRoadhttps://www.cambedrailroad.org/



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So if your home or garden is running away with you, you have a task that needs tackling and just don't have the time to do it or you just want to enjoy your leisure time rather than do chores then call me!

If you are interested then please call Chris on 01954 710172 or 07890 170807.



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EDUCATION

It's Mandarin at Cambourne Pre-school



The children at Cambourne Preschool have been enjoying weekly Mandarin sessions with Huai Ly from Little Mandarin Classes. Huai Ly makes the sessions fun and incorporates

movement and stories to keep the children interested. It is amazing to hear young children speaking and counting in Mandarin!

Educating Otherwise

Educating Otherwise: by Christopher. 'Home educating (HE) families have different reasons why they choose this option. My mum was a secondary school teacher and I have hidden disabilities so (HE) made sense to us. I attended state school, primary and secondary, experienced different environs which I will compare:

Advantages of standard school: You have friends around you, assisted guidance through GCSE, group activities like choir, orchestra and clubs, school plays, students I can discuss ideas with, science labs and equipment. School groups get special access on trips (HE groups can). Authors visit schools. Problems: Bullying is common which can lead to some students avoiding activities, being ignored hurts, support for SpLD is patchy, rarely use lab equipment.

Advantages of home schooling: It's better for SpLD. Fewer distractions, students can go on a trip any time.

Huai Ly kindly came into the setting to celebrate Chinese New Year with the children, allowing them to dress up as the Chinese lion, bang drums and experience the tradition of giving money wallets (with chocolate coins!). Staff followed this experience up with activities such as chopstick painting and exploring rice and noodles!

The Preschool would like to extend their thanks to Huai Ly for all her hard work in providing these experiences. For information regarding places at the Preschool for September 2020 please contact the school directly on 01954 715150 or office@cambournepreschool.org.uk ted on the awe and wonder of the world, who is important to them and what they are grateful for

pros and cons

You can stay on one topic all day or all week, and work at the right level; or form groups for history, plays, science practical or to celebrate World Book Day.

Problems:

Depends on motivation. costs more, dependent on child and parent. What about friends? There are HE clubs in Cambourne and nearby. I have like-minded friends in HE. School can be more problematic for friends. One is not better than the other it depends on the student.



The Vine is looking at seasonal changes

THE VINE: At the Vine, Year 1s focus is on the signs of the changing seasons throughout the year. Last term it was easy to spot the signs of Autumn with the spectacular colour changes of the leaves on many local trees and the chillier days. We enjoyed picking fruit from our very own school orchard and making apple and blackberry turnovers. Delicious!

Since then Winter followed Autumn and we were lucky to have a nature reserve so close to school that we were able to walk and hunt for signs of the new season. It was a beautiful, bright, sunny day, but the frost on some of the leaves was a sign of the colder temperatures. We became experts at spotting the few evergreen trees amongst all the bare deciduous ones. Back in the classroom under the gaze of the magnifying glass we examined various winter twigs and created some amazing drawings. We are really looking forward to returning to the nature reserve later in the year as we ponder what we will find.



EDUCATION

Arts at Monkfield Park

MARCH 2020

It's no wonder this half term seems to have whizzed by so quickly, as the children were involved in an array of exciting learning opportunities. Reception class started with a BOOM! – with a Space topic; while visiting guests shared their own experiences. The kids wrote about a range of topics from the Arctic to Space. Year 1 focused on all things Katie Morag with a WOW day devoted to her wonderful books, and even made some Scotch broth. Year 2 explored an Around the World topic through food, while also creating a fictional production called Oink!

The kids in Year 3 were transported all the way back to the Stone Age.On their WOW day they made their very own jewellery and a delicious stone-age stew.



Year 4 splashed at St Neots with swimming lessons, followed by a deadly battle 'to be witnessed' between the Vikings and the Anglo-Saxons back at class.

Year 5 studied China looking at the Terracotta Army and making models of the warriors in clay; and produced fabulous writings based on the life cycle of a chosen animal.

Finally the students of Year 6 got involved with the SAW project producing some stunning art and wonderful writing, which is currently on display around the school.





The lecture is open to all

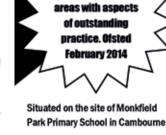
For more information contact; jangell@cambournevc.org





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School & Holiday Club sessions for children aged up to 11 years.



Open 50 weeks a year from 8.00 am until 6.00 pm providing pre-school and extended school facilities to families living in Cambourne and the surrounding villages.



COMMUNITY

Cambourne girl stars in the Royal National Theatre

Congratulations to 10 year old Cambourne resident Emily Hather who has landed a starring role in The Welkin at the Royal National's Lyttleton Theatre!

The Welkin – a new play by Lucy Kirkwood, directed by James Macdonald, is currently showing until 23 May 2020. Emily is performing alongside a mainly female cast of screen and stage stars including Maxine Peake, June Watson, Haydn Gwynne, and Jenny Galloway. The play is set in 18th century rural Suffolk where a jury of matrons has been summoned to decide the fate of a woman accused of the murder of a young girl.

Emily is a member of the Cambridgebased Young Actors Company and Director Steve Biggs says: 'She has been with us for just over a year now and is a passionate, hard-working and committed

student. The Welkin is a powerful production that requires both discipline and maturity, qualities our budding performer possesses. She is also very receptive to new skills. Her first rehearsal involved learning how to fly! She is an exceptionally natural actress and thoroughly deserves this opportunity.'

Although it is tiring juggling school and theatre performances Emily is so far enjoying the experience. 'Everyone is really friendly and I'm learning a lot more about acting on the stage. I would like to be a professional actress when I grow up.'

To find out more visit https://www.nationaltheatre.org.uk/.lf you can't make it to the capital you can watch the performance at your local cinema on May 21 with National Theatre Live - more details via the website http://ntlive.nationaltheatre.org.uk/



Hormone Replacement Therapy (HRT) - Shortage

Why is there a HRT shortage?

There are various reasons for this. For some types of Hormone Replacement Therapy (HRT) there have been manufacturing issues. There has also been a large increase in demand for HRT - as more women are realising how safe and effective HRT is at improving their symptoms and also improving their future health. Many more GPs, doctors and nurses are now prescribing HRT due to improved education and knowledge.

Which types of HRT are affected? Some combination (estrogen and progestogen) tablets are not available due to a manufacturing problem (eg. Elleste Duet). Combination patches are not available. Many types of estrogen only patches are not available; some of this is due to manufacturing problems and some are due to shortages from increased demand.

Women taking estrogen as a tablet can actually use the shortage as an opportunity to review the dose and type of HRT they are taking. Having estrogen as

a patch or gel through the skin is not associated with the slight increase of risk of blood clots in the leg or lung associated with tablets, so it is the safest way of taking estrogen. If you are having trouble sourcing HRT from your usual pharmacy, it can be worthwhile trying a different pharmacy or even an online pharmacist who may have more in stock.

Which types of HRT are available? Estrogen as a gel is still available as are some patches and tablets. Body identical progesterone is still available - this is called Utrogestan in the UK. For many women having the estrogen and progestogen separately is advantageous as it allows for more control with the dose. Women in the UK can buy NHS prepayment certificates for their prescriptions which will reduce the monthly cost. Having a Mirena IUS inserted in order to provide the progesterone component is also an option for some women and this can be done at the surgery if appropriate: https://patient.info/sexualhealth/longacting-reversiblecontraceptives-larc/intrauterine-system.

If you are having trouble getting hold of your usual HRT, or wish to discuss changing to an alternative type, contact the surgery to arrange to speak to a GP or Nurse practitioner.

When will my HRT become available again?

The Cambridgeshire and Peterborough Commissioning Group publish updates on their website regarding availability. The latest update from December 2019 advised the following:

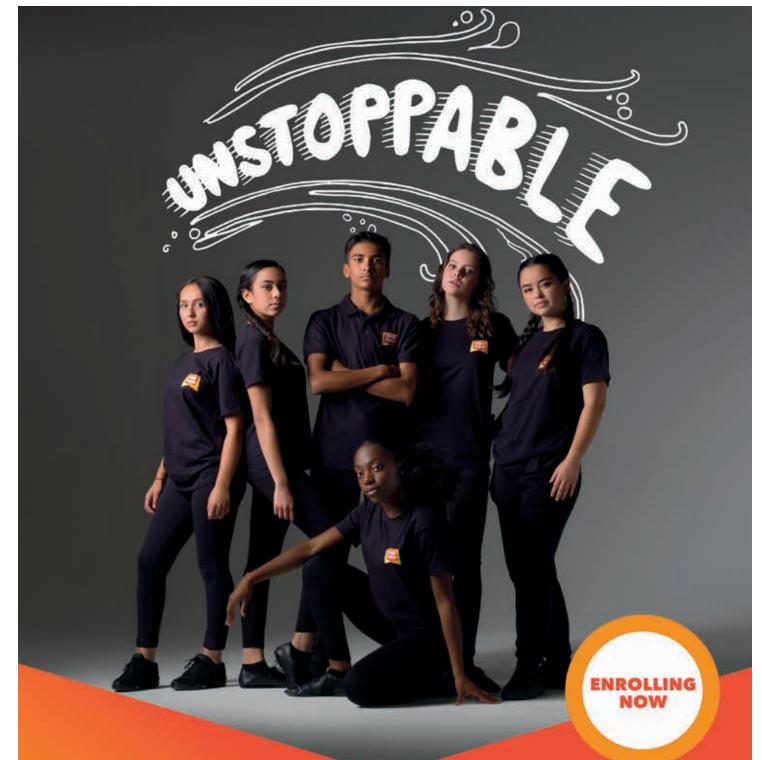
Theramex have advised that the Evorel range will be back in stock during February 2020. The FemSeven range will be out of stock until mid-2020 Indivina produced by Orion should be available from January 2020 Mylan report that Elleste Solo & Elleste Duet will be available from mid-2020

For more information on the Menopause and HRT:

https://www.menopausedoctor.co.uk/men opause

https://www.womens-health-concern.org https://www.menopausematters.co.uk

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Singing, dancing and acting classes for 4 - 18 year-olds

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@ cambridge@stagecoach.co.uk

jecoach Performing Arts is the trading name of Stagecoach Theatre Arts Limited. Stagecoach Theatre Arts schools are operated under franchise and are independently

WHAT'S ON

South Cambs Child and Family Centre Mondays

Lets Get Physical - Blue School, **10-11am,** ages 0-5, £2, Baby Group - Cambourne Child & Family Centre, **1:30-3pm**, 0-mobile *Midwife Clinic,* Cambourne Child & Family Centre, **1:30-4:30pm**

Tuesdays

Under 25's Group (Bumps, Babies and Buddies), Cambourne Child & Family Centre, **10:30-midday**, for parents under 25, free.

Wednesdays

Stay & Play - Blue School, **10-11.30am,** ages 0-5, £2 *Multiple Births Group* - Cambourne Child & Family Centre, **10-11.30am**, 1st & 3rd Weds only, ages 0-5, free *Midwife Clinic*, Cambourne Child & Family Centre, **1:30-4.00pm**.

Thursdays

International Group - Blue School, 10-11.30am, ages 0-5, free Clothes Swap - Blue School, 1pm-2.30pm, 1st Thurs only, bring clean good condition clothing, 0-8yrs, to swap, free Midwife Clinic, Cambourne Child and Family Centre, 9:30-midday. Child Health Clinic, Cambourne Child and Family Centre, 10-11:30am, 1st and 3rd Thurs only. Self-Weigh, Cambourne Child and

Family Centre, **10-11:30am**, 2nd and 4th Thurs only.

Fridays

Breastfeeding Support - Cambourne Child & Family Centre, **10-11.30am** *Busy Bees SEND group* - Blue School, 1-2.30pm, ages 0-5, free (referral only)

For info and bookings please contact: ChildAndFamilyCentre.South@cambr idgeshire.gov.uk or 01954 284672.

Free monthly workshops

Join in creative workshops with professional artists from Wysing Arts Centre every month, on the second Saturday of the month.Places are free but must be booked in advance via eventbrite (www.creativecambourne.eventbrite.co.uk). If you can't a session please cancel your place to allow others to attend.The workshops are run by Wysing Arts Centre in partnership with Romsey Mill and Cambourne Youth Partnership.Workshop Timings

11:00 - 13:30 for age 11 - 14 14.30 - 17.00 for age 15 - 19

Friday 20th March

Pickwick's Cambridge Scrapbook 10:30am-12pm

In the Hub.

A Talk on the life and times of the city in the 1830's by Cambourne & District U3A present speaker Mike Petty.

23- 29 March

OP- SCEPTRE week

Cambridgeshire Police Event. Provides Members of the public to hand in any Knifes, weapons that may be used to cause harm to others without being prosecuted!!

1) Drop Box at Cambourne station will be open on Monday 23rd March between 10-3pm and Friday between 3-5pm.

2) PCSO's and Officers will be attending some colleges to complete talks about knife crime and the offences if found.
3) I will be holding a Surgery for members of the public to report or discuss knife crime on Saturday 28th at Morrison's store between 2-4pm.

Saturday 4th April

BIG DEAL COMEDY 7:30pm

Stand up Comedy Night, Cambourne Sports & Social Club Bringing some of the best new and experienced comedians on the circuit to a comedy night in Cambourne.£7 per person (advanced booking advised) For full details and how to book; www.bigdealcomedy.co.uk

Monday 6th April and Tuesday 7th April Rumplestiltskin!

<mark>3pm-4:30pm</mark> Thursday 9 April

11am-12:30pm

The Hub, High St, Cambourne The classic fairy-tale dragged kicking and screaming into the social media age! Advance booking £5.50/£6.50 on the door per child or family ticket (3 children) advance £14.50/£15.50 on the door. Under 5's £2.50. Adults and babies free.For bookings go to bit.ly/turn2gold or contact info@sundialtheatre.company.

Saturday 13th June and Sunday 14th June

Cambourne Open Gardens

Open Garden is a charity event organised every year in Cambourne.You can walk around visiting any garden that has 'Open Garden' posted outside.Tickets are available at all gardens and a £5 ticket lets you to visit all open gardens in Lower, Greater and Upper Cambourne on both days Children have free entry.Just start walking or cycling around your neighbourhood looking for 'Open Garden' sign and with the tickets you will get list of all gardens that are open, or buy a ticket a week before from the library.

MOBILE POST OFFICE:

The Hub car park

Mondays: 1.45pm to 4.00pm Wednesdays: 12.30pm to 4.00pm Closed Public Holidays

Tel: 0345 611 2970

Please note: opening times are subject to road conditions

WASTE AND RECYCLING: Bin collection dates

Black bin: Thursday 12 March and Thursday 26 March.

Blue bin / green bin: Thursday 5 March, Thursday 19 March and Thursday 2 April.

MARCH 2020 CAMBOURNE CRIER PAGE 15

EVENTS IN AND AROUND CAMBOURNE

MONDAYS

Watercolour Class 7-9pm The Hub Cambourne .

Cambourne United Football Club 8-9pm Cambourne Village College: Ladies.

Cambourne Bowls Club

Regular club nights Mon and Thurs, **6pm.** New players of any standard, age or gender welcome. Behind Everyone Active.

Cambourne Youth Club Year 9-11 7-8:30pm, at Cambourne Soul Youth Centre

TUESDAYS

WW2 Aircraft Club

First Tuesday of the month in Cambourne at The Blue School.

Cambourne Tae Kwon Do Beginner classes for all at Vine School.

Cambourne Women Runners 7.15pm club run, meet at Old Blue School.

7.15pm club run, meet at Old Blue School.

Cambourne Open Minds

1st Tuesday of every month, **7.30-9.30pm** at the Village College.

Cambridge Badminton Academy 7.30-10pm at Cambourne Village College.

WEDNESDAYS

Watercolour Class 10am-12pm in the Sports Pavilion.

Buggybootcamp 10-11am Crow Hill Lane Green CB23 5AW

Timebank Coffee Morning 1st Wed of the month, **11am** in Cafe 19.

Cambourne Youth Club Year 8-9 3:30 - 5pm, at Cambourne Soul Youth Centre.Year 11+ 7pm- 8:30pm

Cambourne Tennis Club Social tennis session. 7-10pm.

Cambourne Runners ARC Meet at the Hub. 7.10pm.

Photography group 3rd Weds of the month **7.30pm** The Belfry.

Sundial Script Nights

2nd or 3rd Wednesday of each month. **8.00-10.00pm**.Fun, sociable script-readings for those interested in drama with Cambourne's community theatre group.

Cambourne Community Gospel Choir 7:30-9:15pm in term time Old Blue School.

THURSDAYS

Diabetes Peer Group 1st Thurs of the month **11am-12pm** Upper Cambourne Cricket Pavilion. Free.

Home Educators Multi-sports 12.30-2.30pm at Sports Centre.

Cambourne Rugby 6:45pm on all-weather pitch. All abilities.

Cambourne Netball Club 7.30-9pm senior squads at Sports Centre.

Cambourne Futsal

Indoor football for 18 to 65 yrs. Cost £4. Facebook.com/groups/cambournefutsal

FRIDAYS

Cambourne Health & Wellbeing Club A group for older adults

We meet alternate Fridays in term time (next meeting: 6th & 20th March) from 10.30am -12.00 midday at the new Church Annexe.We aim to have a speaker or table games, refreshments, chair-based exercises and time for conversation. No booking required , the group is FREE. For more details please contact:Catherine Price Cambourne Parish Nursing Service : 01954 710644 (Church Office)Email: nurse@cambournechurch.org.uk.

Children's Art Club

4 - 5:30pm. 7 - 14 years

Upper Cambourne Cricket Pavilion. For ten weeks each school term. There are three professional tutors who will choose different themes and media, some of which are continued for more than one week . The cost of the class varies according to the number of children taking part, but is roughly £70 for each ten-session term, and this includes materials. Provision is available to enable children in cases of financial hardship to be able to participate in the group. Parents/carers do not need to stay unless they wish to, but we do ask for help in setting up and putting away the tables. The Club will start the Summer Term on Friday April 24th 2020

• If you are a potential tutor for this group, with a DBS check in place, we would love to hear from you.

Please contact Fran Panrucker by email at fran@panrucker.eclipse.co.uk to book a place.

Cambourne Chess

5-6pm in term time . School years 1-8. Cambourne Church.

Friday Walks

Our next walk of approx 5miles is on March 13th.We plan to walk from Hatley to Croyden finishing back at Hatley.We meet in the library near the rear entrance at 10.15am. If transport is needed ,we share transport .To join us or for any questions prior to the walk,please ring Penny Flannagan on 01954 200126 or Pam Hume 01954 201808, or email pamhume1@gmail.com.

Cambourne Youth Clubs

Year 7 **3:30 - 5pm,** at Cambourne Soul Youth Centre

SATURDAYS

Cambourne Runners ARC Meet 8.50am at the Hub.

Cambourne United Football Club 9-10am girls & boys on Cambourne 3G.

Doodle's Dog Walking Group 9.30am at Just for Pets shop. Open to all.

Cambourne Fledglings Football Academy

9-10am Everyone Active 3G for reception and year 1 ages.

SUNDAYS

Cambourne Tennis Club 10am-12 midday Social tennis session.

Cambourne Electronics & Robotics Club

Alternate Sundays in the Blue School. **2pm** seniors, **3.30pm** new.

Cambourne Raptors Basketball Club

Open scrimmage **7 – 9 pm** at CVC. Regular junior sessions @ CVC; 8 & Under: Mon **5:15-6pm**;11 & Under : Mon **6-7pm**, Sat **1:30-3:30pm**; 14 & Under : Mon **5:30-7pm**, Sat **1:30-3:30pm** 18 & Under: Mon **7- 8:30pm**.

Digital Surgery for 60+ Alternate Sundays in the old Blue School. **2-5pm.** FREE. Drop in!

Cambourne Balkan Dance Club

Dance Meet-up.5:10pm-6:30pm in the Blue School Main Hall. £3/session. Open to all. find us on Facebook.

Sunday walks

The March walk takes place on Sunday 29th March. Join us : we meet at 10 am at Monks Wood car park on School Lane and lunch afterwards if you would like.For further details please contact Sandra on 07747 012245 or email sandraft@waitrose.com

For more details of local groups and clubs see pages 16-17.

GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858 fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk Cambourne Children's Centre: 01954 284672 cambournechildrenscentre@ cambridgeshire.gov.uk **Cambourne Love Justice Group:** Len Thornton: 01954 710370 **Cambourne Crescent:** Local charity run by volunteers www.cambournecrescent.org Info@cambournecrescent.org **Cambourne Experimental Cookery Club** Member organises only one dinner and attends many at others. Fundraising finale. shrobona@gmail.com / 07852753216 Cambourne International Cookery Workshop shrobona@gmail.com / 07852753216 **Cambourne Electronics and Robotics Club**

Runs on alternate Sundays

shrobona@gmail.com / 07852753216 Words for Pleasure Writers' Group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm Pat Callaghan 01954 718836

Watercolour Classes

Tutor–led classes for watercolour painting; Monday 7-9pm, Wednesday 10-12pm. Contact fran@panrucker.eclipse.co.uk Children's Art Class:

Children's Art Class:

Contact fran@panrucker.eclipse.co.uk Photography Group:

Beginner to advanced. Meetings on third Wednesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 www.flickr.com/groups

/cambournephotographygroup/

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk Timebank:

email timebank.cambourne@gmail.com or facebook

https://www.facebook.com/CambourneTime/ posts/1497202690445409

Crafty Ladies: Enid - (01954) 715292 or Edna - (01954) 717360

WW2 Aircraft Club: Meeting in Cambourne on the first Tuesday of the month. Contact 01954 269 173/iancameron692@gmail.com Papworth Astronomy Club

Papworth Astronomy Club

Meetings at the Vintner Room, Papworth Everard, 7.30pm. Contact Peter on 01480 830729 or peter@cheere.demon.co.uk **Friday Walks:** Monthly. Meet at the rear entrance to the library at 10.15am. Contact Penny Flanagan on 01954 200126 or pam.hume@ntlworld.com Sunday Walks: Monthly. Meet at 10am in Monks Wood car park, School Lane. Sandra: 07747 012245 or scalcraft@gmail.com. Cambourne Community Website Group John Panrucker: 07734 258 059 hello@cambourne.info www.cambourne.info/about Cambourne and District U3A: Self help organisation for the retired/semiretired providing a chance to learn new skills and meet new people. Visit u3a.cambourne.org or contact Fran Panrucker on 01954 710858 Story Blog: Publishes real life stories of

war, travel and human interest. Contact Tapti Roy on 07582016562 or taptibr@gmail.com www.pastconnect.net

Cambourne Open Minds: Meditation, laughter & self development. First Tuesday of every month 7.30-9.30pm. Suzanne: 07887 715555, SMJLANE@lifequest.co.uk **Cambourne Community Gospel Choir:** Rehearses in the Old Blue School 7:30-9:15pm on Wednesdays. Just turn up. A donation of £1 per session is suggested

towards costs. Find us on Facebook. Child and Family Centre: 01954 284672 or ChildAndFamily

Centre.South@cambridgeshire.gov.uk Children's Chess Club: Y1-8, Fridays 5-6pm at Cambourne Church. Book in advance: cambourne.chess@gmail.com

Sundial Theatre Company

Cambourne community theatre group info@sundialtheatre.company or visit www.sundialtheatre.company

Cambourne Balkan Dance Club

Sunday Dance Meet-ups. Open to all. http://bit.ly/BalkanDanceCambourne Find us on Facebook.

Cambourne One

A charity group run by Muslim volunteers and open to everyone. cambourne1.org.uk

CHURCHES

Cambourne Church

Church office (in the Blue Space): 01954 710644. Mon / Tues / Thurs: 10am-12pm and 1pm-3pm. Wed: closed. Fri: 10am-12pm. www.cambournechurch.org.uk Minister: Revd Bill Miller bill.miller@cambournechurch.org.uk **Administrators and Church Bookings** Jacqui Huckle, Hannah Heasley administrator@cambournechurch.org.uk **Youth Worker:** Jonathan Buwert

Tel. 07503 171869 jonathan.buwert@ cambournechurch.org.uk

Children and Family Champion: Jane Brooks 07850 961000 jane.brooks@cambournechurch.org.uk **Parish Nurse:** Catherine Price nurse@cambournechurch.org.uk **Foodbank:** Julie Whitbread julie.whitbread@cambournechurch.org.uk **19 The Coffee House:** Manager Cilla Mills. Open Monday - Thursdays 8.45am - 2pm; Fridays 8.45am - 12 noon. 19thecoffeehouse@

cambournechurch.org.uk

Peacehaven Baptist Church

Pastor. Donovan M. Bangs: Preachbrit@aol.com 01954 710510 www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am Meeting at Cambourne Village College www.christchurchcambourne.org.uk **Cambourne Catholic Community** Mass: Sat. 5pm, Tues. 12.15pm, Thurs. 7.15pm http://cambournerc.com

HEALTH CARE

Community First Responder: Mark Taylor, 07858 394719 mark.taylor@inheritancewills.co.uk Cambourne Dental Practice: (01954) 718585 www.cambournedental.com

Lloyds Pharmacy: 01954 718296 Monkfield Medical Practice:

01954 282153

www.monkfieldpractice.co.uk NCT: (National Childbirth Trust) Candice Lattimore - 07595 909793 candicelattimore@gmail.com Diabetes Peer Group: First Thursday of the month, Upper Cambourne Cricket Pavilion, 11am-noon. Free to join. Contact info@nutrition2wellness.com Cambourne Hoalth and Wellbaire Club

Cambourne Health and Wellbeing Club A group for older adults

The group meets alternate Fridays in term time (next meeting: 6th & 20th March) from 10.30am -12.00 midday at the new Church Annexe.Each time we aim to have a speaker or table games, refreshments, chair-based exercises and time for conversation. No booking is required and the group is FREE. For more details please contact: Catherine Price : Cambourne Parish Nursing Service Tel: 01954 710644 (Church Office) Email: nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office: 01954 714403 office@cambourneparishcouncil.gov.uk www.cambourneparishcouncil.gov.uk Venue Bookings: 01954 714403 bookings@cambourneparishcouncil.gov.uk Pitch Booking:

CAMBOURNE CRIER March 2020

GROUPS, SERVICES & CONTACTS

Everyone Active at the Sports Centre

District Councillors for Cambourne:

Ruth Betson - cllr.betson@scambs.gov.uk Gavin Clayton – cllr.clayton@scambs.gov.uk Shrobona Bhattacharya -

cllr.bhattacharya@scambs.gov.uk

EDUCATION

Cambourne Village College: School Office - 01954 284000 thecollege@cambournevc.org www.cambournevc.org Comberton Village College: School Office - 01223 262503 Hardwick and Cambourne Community Primary:

Headteacher: Andy Matthews School Office - 01954 719085 blue@hardwick.cambs.sch.uk Jeavons Wood Primary School: Headteacher - Sue Wright

School Office - 01954 717180 office@jeavonswood.cambs.sch.uk Monkfield Park Primary School:

Headteacher - Sarah Jarman School Office - 01954 273377 office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School: School Office - 01954 719630

office@thevine.cambs.sch.uk Educating Otherwise: for local meetups & activities please join facebook group 'Home Education - Cambourne'.

Home Educators Multisports: Thurs during term time at Cambourne Fitness & Sports Centre. 5-8 yrs: 12.30-1.30pm, over 8s: 1.30-2.30pm. annettelesage@btinternet.com Arabic Language School

Run by Cambourne Crescent during term time on Sundays - 10am at CVC. linfo@cambournecrescent.org

Cambourne Crescent Science & Technology Club: Runs on alternate Sundays at 3pm in Blue School Info@cambournecrescent.org Cllr.akhter@cambourneparishcouncil.gov.uk

PLAYGROUPS/PRE-SCHOOLS

Baby And Me: Natalie 07999 406679 cambourne.babyandme@gmail.com **Cambourne Pre-school:** Donna O'Shea: 01954 715150 cam.preschool@btinternet.com Carers And Tots: cambourne.carersandtots@gmail.com Monkfield Park Care & Learning Centre: Office: 01954 273301 clcoffice@monkfieldpark.cambs.sch.uk Sunflower Nursery: Office: 01954 719440

SERVICES

Cambourne Library Mon: 9am - 5pm; Tues: 9am - 1pm Wed: Closed; Thurs: 4 - 7pm; Fri: 9am -5pm; Sat: 9am - 1pm. Reception area open 9am - 5.30pm every week day. We also offer an e-book service and local information. Free Wi Fi. We also sell stamps, books and children's wall charts. 0345 045 5225 www.cambridgeshire .gov.uk/leisure/libraries **Community Car Scheme:** If you need transport for a medical or social appointment and are unable to use public transport you can call us on: 07526 998 465 or e-mail: cambournecars cheme@gmail.com. Minimum 48hrs notice. **Cambourne Community Fire Station:** (01954) 714030 www.cambsfire.gov.uk Police non-emergency: PCSO Alex Giltinane; Tel: 101 Streetlight Faults: www.cambourne.info/lightform.htm Cambournelights@mail.com Tel: 714403 **Cromwell Veterinary Group:** 01954 715161 Waste & Recycling (South Cambs): 03450 450 063 Wildlife Trust: Jenny Mackay 01954 713516 www.wildlifebcn.org **Cambourne Crescent Food Bank** Info@cambournecrescent.org Cllr.ahmed@cambourneparishcouncil.gov.uk **SPORTS & LEISURE**

Cambourne Fitness & Sports Centre: 01954 714070 Cambourne Fishing Club: www.cambournefishingclub.com Cambourne Bowls Club: Robin Bailey - 01954 269328 Facebook: Cambourne Bowls Cambourne Cricket Club: Phillip Broadwith. Cambournecc@ gmail.com / www.pitchero.com/clubs/ cambournecricketclub **Cambourne Eagles F.C:** Cambourneeaglesfc.sec@gmail.com Facebook.com/cambourneeagles Cambourne FC: www.cambournefc.org cambournefc@icloud.com **Cambourne Netball Club:** Emma Smith - (01954) 710034 cambournenetball@googlemail.com Cambourne Exiles (Rugby): Neil Ingham - 07956 410309 info@cambourneexiles.com www.cambourneexiles.com Cambourne Raptors Basketball Club: Facebook: cambourneraptorsbasketballclub info@cambournebasketball.org Twitter/Instagram: @CamRaptorsBball Cambourne Runners: Weekly runs, all abilities on Saturday morning 8.50am and Wednesday 7.10pm from the Hub. cambournerunnersarc@gmail.com **Cambourne Women Runners** Information.cwr@gmail.com Cambourne Tennis Club: Ben Byron benbyron@hotmail.com https://clubspark.lta.org.uk/CambourneLTC Cambourne Tang Soo Do Club Mondays 6.45-8.15pm www.cambournekarate-tangsoodo.co.uk Cambs Tai Chi Club www.cambs-taichi.org.uk Cambourne Tae Kwon Do: See facebook or stephenlacey73@gmail.com Cambourne Karate School (AKS) www.karateschools.co.uk / 07929 100612 **Cambs Chargers Volleyball Club** cambschargers@gmail.com **Cambourne United FC** Chris Williamson 07900 674558 cambourne.united@gmail.com pitchero.com/clubs/cambourneunitedfc Cambourne Fledglings Football Academy cambournefledglings@gmail.com **YOUTH GROUPS**

Cambourne Air Cadets: Sgt. (ATC) Adam Kelly 2484df@aircadets.org Cambourne Army Cadet Force: dc.cambourne@gmail.com www.cambsacf.com **Cambourne Youth Partnership** in partnership with Romsey Mill: Weekly clubs for young people open to all; Years 7-8 3:30-5pm, Years 8-10 5:30-7pm and Year 10+ 7.30-9pm. Community based youth work, offering support through mentoring, sporting and music activities.

For more information or to volunteer, contact Jonathan Buwert at jonathan.buwert@romseymill.org or on

07503171869. Cubs. Beavers & Scouts: 1st Cambourne: joininglist@cambourne scoutgroup.org.uk 2nd Cambourne: waitinglist@2ndcambournescoutgroup.org.uk Guides, Senior Section, Brownies and Rainbows: Waiting list and volunteers girlguiding.org.uk 08001695901 childerley.dc@gmail.com

A Better Life Fiona H Drummond M.A. D.Hyp. **Psychotherapist & Clinical Hypnotist** Member of the British Psychological Society Member of the British Society of Clinical Hypnosis

Fiona is a very well qualified Psychotherapist and Clinical Hypnotist with over 20 years' experience in the treatment of a wide range of physical, psychological, emotional and relationship issues in children and adults such as:

DEPRESSION - STRESS - ANXIETY - WEIGHT PROBLEMS -PHOBIAS - CONFIDENCE - PANIC ATTACKS - INSOMNIA -STOP SMOKING - SEXUAL PROBLEMS - IBS - ABUSE - GUILT-**BAD HABITS - RELATIONSHIP PROBLEMS - ANGER - TRAUMA** If you have a specific problem - just ask!

A Better Life is based in Cambourne Tel: 01954 205084

www.abetterlife.org.uk email: fiona@abetterlife.org.uk

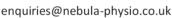


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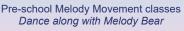
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COMMUNITY

Council extends deadline to apply for funding for VE Day commemorations



Ahead of VE Day on Friday 8 May, South Cambridgeshire communities are being invited to apply for up to £1,000 to mark the 75th anniversary, with the deadline to apply being extended until 15 March.

VE (Victory in Europe) Day is an opportunity to reflect on the sacrifice, courage and determination of those at home and abroad who gave so much for their country during World War II. The Council is inviting people to apply for a Community Chest grant to fund projects that will help residents remember the guns falling silent at the end of the war.

The Community Chest Grant Scheme is open to voluntary and community groups based in South Cambridgeshire for one-off costs for projects that leave a legacy, such as a commemorative bench or plaque or a memorial in the centre of a village.

Cllr Jose Hales, Chair of South Cambridgeshire District Council's Grants Advisory Committee, said: "The Community Chest is a genuine source of support for all sorts of groups that are doing fantastic work in the community all year round. But we're now encouraging applications for VE Day because 75

years is a real landmark - and possibly the last major anniversary where our efforts will be seen by the generation that lived through the war

"We really want to encourage people to be creative and take inspiration from stories of those who lived or lost their lives through the war, and we're intrigued to see what ideas people will come up with for how to continue reflecting on the sacrifices made, by so many, for another 75 years and more.

"Some of the more obvious ideas are benches, plagues and memorials, or perhaps planting flowers or trees as a place for people to visit. But we genuinely want to hear all ideas people might have. The most important thing is to apply before 15 March to receive funding before 8 May."

Applications can be made until 7 May, but those received after 15 March will not be able to receive funds prior to VE Day on 8 May. Visit the Council's website for more information or to apply: www.scambs.gov.uk/communitychest

The Council has funded the Community Chest scheme since 2011, handing out more than £550,000 in grants to local good causes in that time.



Health and well-being Event

There is Info galore at self-care & wellbeing event

Doing more to look after our own health and care helps us stay well and independent.

But lots of people want better information on what to do and where to find support, as well encouragement and inspiration. To help fill that gap, a free event for people across Cambridgeshire and Peterborough is being held at St Neots on Monday, 30 March.

It offers 20+ information stalls, free health checks, gentle exercise taster sessions, plus a crafting session.

What, Where, How? is a free drop-in

event running 10am to 3pm at the Priory Centre, Priory Lane, St Neots PE19 2BH. Come along and discover

 Technology gadgets and mobile apps to help you track your health, diet, wellbeing or find advice

· Care providers and support organisations

· Benefits help for disabled people and their carers

 Sports and fitness ideas for all ages and abilities

· Expert information and independence ideas for people with sensory loss

· How to get on the road to a healthier, fitter lifestyle

Have fun learning something new

 Try Zumba Gold, a fun, chair-based workout to music

 Have a go at Boccia, the Paralympic sport that's a bit like seated bowls

• Enjoy making a card or two – and maybe new friends - in our relaxing crafting session.

The event is being run by Healthwatch Cambridgeshire and Peterborough's five adult social care Partnership Boards. These involve carers, older people and people with physical disabilities, sensory issues and learning disabilities in improving local social care services.

CHURCHES

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CAMBOURNE CHURCH

By the time you read this, Lent will already have begun. For some it is a time when New Year's resolutions of a better diet get a new outing with decisions to give up chocolate, meat or alcohol. But there are various different ways in which people can mark this period leading up to Easter.

My own habit has often been to take on a new discipline, like reading a book that will help me to grow spiritually, or committing to a particular pattern of prayer. And over the past ten years one group of Christians has been encouraging us to use the forty days of Lent to engage in forty acts of generosity and action to make the world a better place – one act of kindness at a time. Choosing to engage in these generous acts changes us for the better and changes the world around us, building bridges of friendship, care and love. What is not to like? You can look this up online as 40Acts and get involved.

And, for Christians, Lent is a period of preparation to celebrate the events that are at the very heart of our faith. Jesus died to show us the extent God's love, sacrificing himself for us to bring forgiveness and new life. And on the third day he came alive again. People like you and me can be forgiven for all that we have done wrong, and be assured that death does not have the final word. Good news indeed!

Revd Bill Miller

Services and events for March

Sunday 1st March 10.00am: Morning Worship

Sunday 8th March

9.30am: Morning Worship with Communion 11.00am: Morning Worship with Communion

Sunday 15th March

9.30am: Morning Worship 11.00am: Morning Worship

Sunday 22nd March

9.30am: Morning Worship with Communion 11.00am: Morning Worship with Communion 6.30pm: Encounter

Sunday 29th March

10.00am: Morning Worship followed by AGM

Sunday 5th April 10.00am: Morning Worship

A partnership of the Church of England, Baptist, Methodist & United Reformed Church www.cambournechurch.org.uk Twitter: @cambournechurch Facebook: cambournechurch

Holiday club in July 23rd, 24th, 9:30am-3:30pm. 26th 10 am

Peacehaven Baptist Church: Pastoral Thoughts

Well I am still Here.

Now we have March and my recovery is proceeding. I was at the time of writing this (in late February) finally able to stand through both morning services. Which is something as a lot of people cannot stand my services at all. Hee Hee. But seriously as we progress in life things change and we are not able to do what we used to but thankfully some things never change. Like mercy and forgiveness. Both are vital for a good life, both to give and recieve. Now everyone needs forgiveness and mercy from God. That is obvious and of eternal importance. However so many times I have dealt with people who needed to give forgiveness. They come often with symptoms such as anger and irritiability and feeling separate from people. And while I could deal with the symptoms often I find the root is of bitterness steming from a lack of forgiveness. Now some people get the wrong idea about forgiveness. It is not saying that what was done was right. It does not mean you



Pastor Donavan Bangs, Peacehaven Baptist Church

condone the action. What is wrong is wrong. It also does not mean there are not any consequences. But rather you will no longer hold that against the individual or pursue retribution. Like a loan being

> forgiven means they stop pursuing you for payment. Now that does not mean the person will get another loan, but what has been forgiven is done. We need to forgive others as

that tends to damage us if we hold that resentment internaly like a poison or acid. If we have wronged others we should also seek forgiveness, ready if possible to make amends or face difficulty. This will help us as well as often helping the one we wronged as it provides an oppurtunity to clear things up. For believers it is commanded that we should have forgiveness and mercy, for what is love without them? **Pastor Donavan Bangs**



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MARCH 2020

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¹Based on a selection of national well-being criteria such as happiness and life satisfaction, an average person aged 80 feels as good as someone 10 years younger after moving from mainstream housing to housing specially designed for later living.

Cambourne Crier

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SPECIAL EVEN

Attention young fishing enthusiasts!

The Cambourne **Fishing Club**

invites you to its:

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Please book in advance through our website or on Facebook page www.cambournefishingclub.com Email cambournefishingclub@hotmail.com



EASTER EGG HUNT

Egg Hunt is FREE EASTER SUNDAY 12th APRIL 2020 10.00am - 2.00pm Near the big Jetty at Lake Ewart, Wildlife country Park School Lane, Lower Cambourne, Cambridge.

We are fundraising for two little boys with Cancer

Archie



(left) & Rhean (above right) see our Facebook page for more details. There will be Tombola, Lucky dip, Table sale of household and fishing related items. If anyone has anything they would like to donate please contact us for collection. Thank you.



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THER NEWS

CERC Team Wins FIRSTLego Cambridgeshire Regional Championship

Cambourne Electronics and Robotics Club (CERC) Team A participated in the annual FIRSTLego tournament held at the University of Cambridge on 14th January 2020 and emerged regional champion for the



second time progressing to the national finals in Bristol. This global science and technology challenge in Cambridge witnessed 240 students aged between 9 and 16 from private, grammar, independent, state and home educated schools. CERC Team A comprised of ten students from Cambourne Village College, Perse and Impington Village College who scored exceptionally well in all the four key parts of the



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challenge: the robot game, robot design, core values and the innovation project.CERC Explorer Team B comprising of another ten students participated for the first time in the same competition in Sussex on 18th January 2020 and won an award for the best innovation project. The team explored and presented solutions to the problems related to transportation, accessibility and natural disasters.

CERC Team A coached by Mr. Vijay Acharya and CERC Team B coached by Mr. Venkat Kommi have been working together extremely hard along with the children and parents over the past five months for this tournament. As a part of their research



project both the teams visited the award-winning eco-friendly construction at Eddington Community Centre and presented their projects to the planning officers at South Cambridgeshire District Council.

The third team comprising of five students and coached by Mr. Andy Fell will participate in the Junior FIRSTLego Festival 'Boomtown Build' that will take place in May in Peterborough.

CERC provides a unique platform for the children in the age group 7-14 years to engage in STEM and help them build important life skills which they can use in their future careers. Registration is now open for the new batch which starts in March 2020. For more information please contact Cllr. Dr. Shrobona Bhattacharya at shrobona@gmail.com.

The Tennis Club Seeks Permission For a Club.

CAMBOURNE TENNIS CLUB: Over the years our membership has grown and now exceeds 300, with many young players joining our coaching programmes. Given the club's steady growth we are pleased to announce plans for a new clubhouse have now received planning permission.

The clubhouse will be located between the tennis courts and the MUGA/Playing Fields. 12 x 4 metres in size the building will feature a central room with large windows facing the tennis courts, a small kitchen, a coaching storage room, and restroom facilities; which will accommodate families who could then sit, read, chat and watch others play. The space will support the club's social and coaching activities.

Finally as one of the few clubs in the region with five courts available, the clubhouse will enable us to host local tournaments and therefore raise our status within the tennis community.

Entrance is by ticket only - for details contact Nigel at nigel.hillyard@btinternet.com. For general information on the club and membership see

https://clubspark.lta.org.uk/CambourneLTC.



Raptors Basketball Club Have Another Busy Year Ahead.

CAMBOURNE BASKETBALL CLUB: A big thank you to those who attended our Sunday Scrimmage sessions which are a great opportunity to play pick-up basketball games in a friendly environment. They are open to all levels of experience and played at CamVC sports hall from 7 – 9 pm every Sunday.

The seniors are in 4th place in the Cambridgeshire division 2 with a 5-2 record and 3 games advantage. The team lost a very close cup quarter final 65-66 to division 1 Huntingdon Hawks and are now waiting to find out their opponents in the plate semi-final.

U11s played 2 match days in the Cambridge Central Venue League. Raptors won 33-2 and lost 12-16 against Cats' teams on day 1. Day 2 involved more competitive opposition and the

Raptors lost 6-24 and 10-22. The young Raptors are learning a lot from their very first experience of competitive games.

U13s won two and lost two over matchdays 4 & 5 in the Peterborough League, and hold a 6-4 win/loss record so far. Match day 4 brought a 18-17 win over Stamford and a 9-14 loss to Vitys. Match day 5 - which was greeted by storm Ciara - saw the Raptors win 32-6 against Hawks and lose 16-21 to Nene Valley.

Regular junior sessions @ CamVC;

- 8 & Under: Monday 5:15-6pm
- 11 & Under: Monday 6-7pm
- 14 & Under: Monday 5:30-7pm
- 18 & Under: Monday 7-8:30pm
- 11/14 & Under: Saturday 1:30-3:30 m. Go Raptors!

The Eagles Start the Year in Fine Form

The Eagles teams have tackled a number of challenges and the weather head on in recent weeks. Our U9 Whites had a tough start in their maiden season and battled through to their first victory of the season. Well done to the boys and keep up the good work!

Our U10 team (pictured) also had a difficult start as they eventually turned into an excellent run of form in the U10 White league. Our U15's currently sitting in mid table in the Stanley Cambridge Colts league, gradually went on to earn an unbeaten run of 4 matches - an impressive cup run. The team continues to impress and improve in training and are showing their potential for a top ten finish.

Reception and Year 1 age players can attend the ever popular Cambourne Fledglings Academy at the Everyone Active 3G pitches on Saturday mornings 0900-1000. The cost is £8 per month, for details on how to register contact

cambournefledglings@gmail.com. You can keep up with all our

news on Facebook https://m.facebook.com/cambourneeagles/ and @cambourneeageles on Twitter. For all Eagles playing/training/volunteering/sponsorship enquiries please contact cambourneeaglesfc.sec@gmail.com.



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CAMBOURNE CRIER

March 2020

WHAT'S ON - EVENTS IN AND AROUND CAMBOURNE



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