CAMBOURNE CRIER

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Cambourne's General Election Candidates

The General Election takes place on Thursday 12th December. This is an particularly important election for the country and the region. At the time of going to print, there were three Parties standing for election, Conservatives, Labour and the Liberal Democrats. Each Candidate was asked what they intend to do for our region if elected and their views on Brexit.

Their key responses are printed below for you to make your choice in the General Election on 12th December.

Anthony Browne The Conservative Party Candidate



I was born in Cambridge and grew up in Fowlmere. Cambourne is a great place to

live, but it has grown rapidly and that has brought new challenges.

I support the Cambourne to Cambridge busway. I have also been talking about getting a train station for Cambourne to go to Cambridge and St Neots, as part of the East West Rail.

I am passionate about the NHS, and keen we invest in it,. Getting a GP appointment can take far longer than elsewhere. I have made the case for better access to GP services in Cambourne.

A town should have a proper, traditional High Street where people can walk around the shops and cafes - and I would work with local councillors to push for that.

As a parent, I also know the importance of a swimming pool for people of all ages, and I will be happy to work with residents to get one in Cambourne.

Mr Browne's Views on Brexit

We had a referendum which every party promised to honour. We are a democracy. We should just sort it and move on to all the other issues facing the country.

Dan Greef The Labour Party Candidate



This election could not be more important. We face a choice that will change life in our

country for generations to come.

The NHS is our proudest achievement, and we will ensure it continues to provide universal healthcare for all on the basis of need, free at the point of use.

House prices and rents have been increasing far faster than average wages for many years, and affordable housing is a particular problem in South Cambs. A Labour Government will build thousands of affordable homes, and invest in social housing.

Finally, on the environment, Labour is leading the way with a radical set of policies to prevent the Climate Catastrophe; we are committed to zero carbon emissions by 2030.

Mr Greef's Views on Brexit

One of the first actions of a Labour government will be to offer the British people a final say on Brexit through a People's vote, with remain as an option on the ballot paper. A "People's Vote" from a Labour government is the only way that Brexit can be stopped. I have always been a strong supporter of "Remain", and will continue to be a strong voice in the campaign to remain in the EU.

Ian Sollom The Liberal Democrat PartyCandidate



I was born in rural Shropshire. I have lived in Cambs since 2005 and I am

now settled with my young family in Grantchester. In May 2018, I was elected to South Cambs District Council and I sit on the Joint Assembly of the Greater Cambridge Partnership.

I believe that my strong commitment to making our country an open, tolerant and fair place is what electors are looking for. I will be an independent-minded MP, focussed on scrutinising those in power and on serving the interests of all of our residents.

Over the last two years, I have been working with my colleagues on the district council to make the case to Government that the new East West railway line should include a station at Cambourne. However, I will continue to press to make sure that the line is electrified and does not have diesel trains, for the sake of the environment and of the quality of life of residents.

I will push for proper investment in our schools,so that they can provide the specialist support that each child needs.

We must take urgent action on the climate emergency. I have helped South Cambs become one of the greenest councils, with ambitious plans to make the district zero carbon and increase biodiversity. The whole country has to go much further and must faster if we are to avoid catastrophe.

Mr Sollom's Views on Brexit

Brexit is the biggest challenge that we have faced for decades. The residents of South Cambridgeshire can trust that I will be doing everything possible to stop Brexit and get a final say on a deal so that we can get to work on the things that matter in this area, like public service funding and affordable housing provision.

CAMBOURNE CRIER

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. Cambourne Crier is compiled entirely by volunteers. This month's editors were: Donavan Bangs, Paul Jobling, Renata Kovács, Paula Brown, Divya Sharma, Krithika Dwarakanath and Tapti Roy. **Distribution:** John Panrucker Finance: Pam Hume

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Editorial submissions:

Submissions for the January 2020 edition must be received by 9pm on Sunday 8th December 2019. Please email articles and photographs to editorial@cambournecrier.org
By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

Our community fund enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group? Want to set up a new group and need some funding to get going?

Contact pamhume1@gmail.com for more information or download the application form at www.cambournecrier.org

CAMBOURNE TOWN COUNCIL

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Town Council News and Events

Planning Decision Process

There has been confusion in relation to where the Town Council stands in the Planning process and the Town Council with South Cambs District Council has produced an outline of the Planning process for applications. This shows that the Town Council is a consultee as part of the process with the District Council having the final decision. The process has been supplied to the Crier and also is available on the Town Council website.

Christmas Closure

The Town Council office will be closed for Christmas from midday on Friday 20th December, and will reopen on Thursday 2nd January 2020. There will be no winter gritting of footpaths during the Christmas closure due to no ground staff availability.

Christmas Tree Recycling

The Christmas Tree Recycling point will be set up again on the ground adjacent to The Hub community centre carpark. Christmas trees may be left here in the New Year up until Monday 13th January 2020 after which they will be shredded and used as mulch around Cambourne.

Street Lights

emailing

some streetlights are not working or faulty. If the streetlight is on an adopted road, you can report it on the County Council website. If it is unadopted, it is likely to be the responsibility of the developers. Please report these streetlights to us with as much detail as possible (i.e. the exact location, the issue with the streetlight, are there any numbers on the streetlight etc.) by phoning the office 01954 714403 or

As the clocks have jumped back and

nights draw in earlier, you may notice that

office@cambourneparishcouncil.gov.uk. Some streetlights are the responsibility of a housing association or management company.

The Town Council would like to take this opportunity to wish you all a very Merry Christmas and a Happy New Year.

CALENDAR OF MEETINGS

3rd December7.00pm Planning Committee Council

17th December
7.00pm Planning Committee
Leisure and Amenities

14th January7.00pm Planning Committee



The Town Council Office: The Hub, High Street, Cambourne, CB23

Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403 John Vickery, Parish Clerk: clerk@cambourneparishcouncil.gov.uk For all other enquiries: bookings@cambourneparishcouncil.gov.uk

Editorial Submissions

Submissions for the

January 2020 edition must be received by 9pm on Sunday 8th December 2019.

This is a much earlier deadline as the printing schedule over the Christmas period are different. If you are a regular contributor, what would help the editorial team, would be if you want something in the "Groups" or "What's On" section, please include this in the message header.

Also stating the category in the header would be helpful for quicker sorting e.g. Sport, Education or Community. For example a message heading could be Cambourne Crier, January, U3A, Whats On. This will help speed up sorting of articles for our volunteer editors.

Every article submitted to us is important and we want to ensure each gets considered for inclusion, so informing us of the nature of the article is very helpful.

COMMUNITY

Remembrance @Cambourne

On Sunday 10th November, the Act Remembrance was held at Cambourne Church. The event began with around 100 children and young people from the Air Cadets, Army Cadets, Rainbows, Brownies, Guides, Beavers, Cubs, Scouts and Police Cadets parading behind the marching band from the new cricket pavilion up Eastgate to the church.

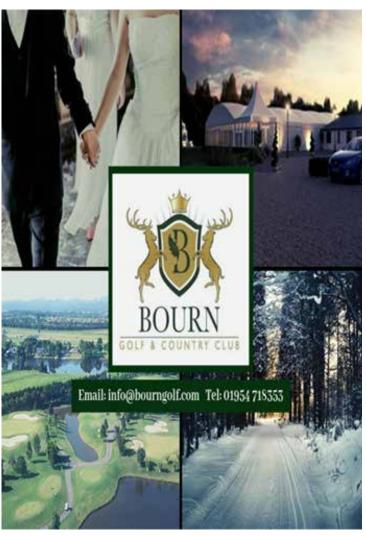
Revd Bill Miller, the new Minister at Cambourne Church officiated at the service, during which 13 wreaths were carefully laid at the foot of the cross. Two minutes silence were observed at 11am. After the service, Cambourne Church welcomed everyone into the warmth for hot drinks and cakes. It was wonderful to see around 500 people attending and taking part in this important community event. Thank you so much to all those who were involved – in both seen and unseen ways.











COMMUNITY

Greetings from Cambourne Library!

Cambourne Library Events:-

Engage: Wednesday 4th December from 2.30pm -3.30pm. For details please ask at the library reception.

Library Presents: Cambourne Library would like to thank all those who enjoyed another successful season. Watch this space for news on another exciting selection of workshops and performances chosen by our customers for the New Year! **Christmas Special Storytime and Rhymetime:** Friday 6th December between 9.30am -10.30am.

Family History Drop In: Monday 16th December between 1.30pm - 4pm Please drop in for advice on researching or book an appointment to see our Family History representative.

Book Group Waiting Room Readers: We would like to

welcome any new members. Please enquire at the library if you are interested in joining this established and friendly group. **Christmas Opening times:** The library will be closed from 1pm Tuesday 24th Dec 2019 and reopens 4pm Thursday 2nd Jan 2020.

Christmas cards are now on sale from reception!

Computer Buddy: We are looking to recruit a Computer Buddy,
Storytime and an Events Volunteer. Please ask at the library

Books for sale in reception: Many thanks to all of you who have been donating your books, it is very much appreciated. Some get added to stock at any of our libraries in Cambridgeshire, some are put out for books for sale if they aren't in excellent condition, or we have that area of stock covered on our catalogue already and some are sent for recycling. In all these senarios, the library service benefits but at the moment we are pleased to say that we have been so flooded by your generosity that we currently don't have the space to take anymore until the New Year!



A couple of wonderful creations produced at our latest art workshop for "The Library Presents."

Art

reception for details.

Cambourne Children's Art Club

The Club is on Fridays from 4pm-5.30pm for ten weeks each school term. Starting 17th January.

There are four professional tutors who will choose different themes and media, some of which are for more than one week.

The Club is for children from 7 to 14 years, with a maximum of around 15 participants.

The cost varies according to the number of children taking part, but is approximately £60 for each tensession term including materials. Provision is available to enable children in cases of financial hardship to be able to participate in the group.

Parents/carers do not need to stay unless they wish to, but we do ask for help in setting up and putting away the tables. Please contact: Fran Panrucker fran@panrucker.eclipse.co.uk or

01954 710858to book a place.

Watercolour Painting Class, Monday evenings

There are currently spaces available on the Monday evening painting classes. The tutor is Prue van der Hoorn, who leads the class through the various techniques involved in watercolour painting. Prue is an experienced teacher, well organised and encouraging and she prepares a programme of different topics over the 10-week term.

Prue can help beginners, providing materials to start with and advising on the equipment to buy. This is an adult class but we also welcome older secondary school children.

The next term begins on Monday January 13th 2020 from 7-9pm in the Hub meeting room and the cost for the term will be around £70, depending on the numbers attending.

Please contact: Fran Panrucker fran@panrucker.eclipse.co.uk or 01954 710858to book a place.

Cambourne Experimental Cookery Club.

New members are welcome to join the Cambourne Experimental Cookery Club.

The Cookery members are divided into smaller, subgroups having only six members in each group. Group members will stay together for a year and take it turns to host a meal where partners and children are included.

The experimental part comes in because members are encouraged to try new recipes, preferably from other cultures or nations. Cookery books and Youtube videos provide further ideas. The host will provide a starter, main course and dessert, with guests bringing the drinks.

The aim is to have fun, while meeting new friends and making different foods from around the world. Each family is only expected to host one meal per year.

Membership is free, with the only costs for members being those of organising one dinner annually for the group.

At the end of the year of the Club, a fundraising Finale dinner is held with members of the Experimental Cookery Club coming together to cook for the whole club in the village hall for a local charity.

Please contact to Shrobona Bhattacharya on shrobona@gmail.com or send a text/WhatsApp to 07852753216 if you are interested in joining the Experimental Cookery Club for the year 2019-2020.

COMMUNITY

Big thanks to Crafty Ladies from Cambourne Preschool



Cambourne Preschool would like to send a huge thank you to the Cambourne crafty ladies club.

The Ladies made and delivered to the school a number of dressing up outfits for the children to enjoy! (See picture left)

The children instantly put them to good use, using them to accompany their imaginative play and of course they lend themself

perfectly to practising self-care skills of dressing, managing zips etc...thank you!

During December the preschool will be looking at the festival of Christmas, activities will include brussel sprout peeling! Wrapping boxes, decorating trees - all great for developing hand-eye co-ordination and fine motor skills.

To further explore this time of year staff will take the children on a walk to Cambourne church to learn some more about Christmas!

Parents and carers will be invited to join some of the older children for a nativity play while the younger children will have a Christmas song session for parents and carers to join in too!

The term will be rounded off with a party and a visit from a certain fellow dressed in red!

To enquire about places for September 2020 please call

Wysing Arts Free monthly workshops for people aged 11 - 19 at the Cambourne Soul Building.

Join creative workshops with professional artists from Wysing Arts Centre taking place on the second Saturday of each month.

Places are free but must be booked in advance via eventbrite (www.creativecambourne.eventbrite.co.uk). If you're not able to make a session for any reason please cancel your place to allow others to attend. The workshops are run by Wysing Arts Centre in partnership with Romsey Mill and Cambourne Youth Partnership.

Workshop Timings

11:00 – 13:30 for ages 11 – 14 14.30 – 17.00 for ages 15 – 19

14 December: Graphic Prints & Gifts

Work alongside artist Damaris Athene to create your own printed gifts, cards and wrapping paper. The session will involve using paints and inks that will stain clothes. Aprons and gloves will be provided but we recommend participants wear appropriate clothing.

11 January: Collaborative Animation

Future sessions: Saturday 8th February 2020 and Saturday 14 March 2020.



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COMMUNITY

Two Festivals of Lights in Cambourne

Cambourne's multicultural and diverse community recently marked Diwali, The Festival of Lights.

Residents of Cambourne held a Diwali Bazaar, (similar to Christmas craft and food market) on 19th October.

Children enjoyed the new concept of Rangoli art workshop which is filled up with the sand colours on the floor. People from various nationalities tried colourful Sarees and Kurtas, joined the prayers and enjoyed Indian cooked meal.

Each family received a welcoming pack with clay-lamp, a packet of sparklers and Diwali Greetings card. Cambourne.

Timebank members Anita and Ian
Cameron and other CamCare UK
members volunteered for the event.

Anwesha Saharia, Payal Priyadarshini, Sanjana and Meghana Sandi presented folk and classical performing Arts of India.

Another event was organised by Telugu Association of Cambridge(TAC) on 26th October at CVC. The South Cambs MP,

Heidi Allen has invited as a Chief Guest and Cambourne District & Parish Councillor Shrobona Battacharya also attended at the event. The event was also attended by Cambridge News reporter Debbie Luxon. The programme was started with speeches from the chief guests and TAC President followed by cultural activities from both kids & adults.

Heidi Allen was presented with a bouquet of flowers and a shawl to reflect the tradition. She played dhandiya with Shrobona and others and wished the community happy and prosperous Diwali.

One child sang a Sankrit shloka (song), which reflects his dedication to learn one of the toughest languages on the earth. For the first time, the organisation arranged a badminton tournament for both men and women to encourage sports activities within the community. Winners and runner up teams were presented with trophies by TAC's sports secretory, Naresh Thandu.















COMMUNITY

Cambourne Crescent City Foodbank Partner



Cambourne Crescent is now a foodbank partner with Cambridge City foodbank (CCFB), as a registered voucher holder.

CCFB operates as part of the Trussell Trust network, which coordinates the largest network of food banks nationally. Foodbanks offer three days of emergency food for individuals and families in crisis. To be able to receive food from the food bank a voucher is required.

For us it was about connecting the dots, we knew there were many Cambourne community members who were willing to help the local people in need, and so we started collecting food items every month and providing those first to Cambourne Church collection point and later on to Cambridge City foodbank.

We are now joining the other end of the dots by bridging the gap between the food bank and those in need.

We have a limited number of vouchers which we can provide



to those in need. As a requirement, we will take some basic details to complete the voucher. This will help us to identify the cause of your crisis and offer practical guidance. It also means foodbank can prepare suitable emergency food for the right number of people.

Once those in need have been issued with a voucher, they can exchange this for a minimum of three days of emergency food at the nearest foodbank centre.

More details about Cambourne Crescent Food Bank Service are here – www.cambournecrescent.org/ service/foodbank/ For any queries please write to us at info@cambournecrescent.org





COLUMNISTS



PAUL JOBLING CAMBOURNE CRIER EDITORIAL TEAM

Why I became a Cambourne Crier Editor

I live in Upper Cambourne and have been an editor for the Cambourne Crier since 2015, when I saw an advertisement in the magazine asking for volunteers..

When I joined, I found a small but dedicated group of editors, all with different skills, but with one thing in common, a wish to produce a high quality magazine every month for the benefit of the people of Cambourne.

I was actually surprised to find out that the work is not about writing features and articles since most, if not all of the Cambourne Crier is created from articles emailed from Cambourne based Clubs, Associations, Councillors, MP's offices, the Medical Centre and many other sources.

The Editorial Team, which consists of about six people, then discuss the layout of the magazine at a monthly meeting and then each of us edits and lays out the pages allocated to us to produce the Cambourne Crier. Occasionally we write the front page, as was the case with the proposed High Street consultation. Full training is given.

The time commitment is whatever you can spare, with 4 hours per month being typical and no previous experience is necessary, just a level of computer literacy and an eye for detail.

■ If you have a few hours spare each month and would like to join our team of volunteers, please do get in touch. You can email us on editorial@cambournecrier.org



CATHERINE PRICE CAMBOURNE PARISH NURSING SERVICE

Decembeard - Bowel Cancer Awareness

Bowel cancer, sometimes called colon or rectal cancer, is the fourth most common type of cancer in the UK. The main symptoms are blood in poo; a change in your normal bowel movements lasting for several weeks (such as looser poo and needing to poo more often) and lower abdominal (tummy) pain. However, these symptoms are very common and there are many other causes.

The risks of bowel cancer are increased if you have a close relative with the condition and are linked to high levels of alcohol, red or processed meat, smoking and obesity. Usually bowel cancer affects those over 60 but it can affect younger

people, so anyone of any age should report the symptoms described above.

Bowel cancer can be detected early making it much more likely to be curable. Everyone aged 60-74 is invited to do a FIT or FOB (faecal occult blood) test at home every two years. This looks for hidden blood in the poo which may be an early sign of bowel cancer. Bowel scope screening is being rolled out nationally, offering a bowel camera test at the age of 55 to identify cancerous changes before symptoms develop. Taking up offers of bowel cancer screening has an enormous impact on reducing the risk of developing or dying from bowel cancer.

Reference/ further information: www.nhs.uk or bowelcanceruk.org.uk

Contact me: nurse@cambournechurch.org.uk



GAVIN CLAYTON
DISTRICT COUNCILLOR

The Election is Imminent

I was recently diagnosed with the long term health condition Rheumatoid Arthritis. As a consequence I have been thinking about my own health care more than I have ever needed to.

Waiting in the queue at Cambourne's chemist recently I overheard the counter staff replying to a customer's supportive enquiry... 'oh yes It's always like this...whatever time of day'. Similarly at an outpatient appointment at Addenbrooke's the department was packed and it felt closer to overload than I can remember.

Perhaps you have seen in the news how pressured GP primary and social care is and our

own Monkfield Medical Practice is no exception. I have always found them to be very responsive, but I worry how our community will be served as West Cambourne and Bourn Airfield develops.

Currently there is not enough capacity and while funding may be found to build a new surgery or extend the current building the shortfall in GPs and allied health professionals will make staffing the building problematic.

So as we approach Polling Day, whichever box you place your X please think about the health & social care provision for our youngest, oldest and those in between (like myself) as you never know when you will need it. Our NHS, free at the point of need is precious and we want those who believe in it, to take it forward.

■ Contact me: cllr.clayton@scambs.gov.uk Twitter: @gavinclayton17

EDUCATION

Sports thrives at Cambourne Village College

There's a sport for everyone at CamVC! Our PE lessons cover a many areas and our extra-curricular clubs including dance, rugby, trampolining, netball and basketball.

Cambourne has done brilliantly in these so far this year with Year 8 and 9 boys' rugby teams becoming County Champions; and a number of our football teams are through to the next round of the ESFA cup. Recently Years 7, 8 and 9 have competed in the Interform competitions in rugby, hockey and benchball.

Pupils can officiate at fixtures and those in Year 9 can apply to become a Sports Leaders who will assist and referee at these competitions. They can opt for the Level 1 Football Refereeing Course with Year 10 and 11 PE groups coached by Norwich City FC.

Our own Calla Crome won a National Youth Sports Trust 'Girls' Active' Award in early November for influencing and improving girls' rugby provision at school.

There are many sport-related trips on offer including a tour to Edinburgh and a trip in September, to watch Man City play Watford!

The school rewards students for their successes for national awards, club attendance,hard work and the right attitude. A big thank-you to the PE staff, who give us all these opportunities! For more information, check out the PE twitter page @CamVC_PE for all the goings-on in the CamVC PE department.

Written by Ellie Thompson, Year 11 Sports Prefect.



The Crier is run by volunteer editors and we could use more of them. Training and software is provided and timebank credits are available with registration for the time you spend editing. If you would like to find out more and how you can get involved, please email us on: editorial@cambournecrier.org



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EDUCATION

The Vine Primary tackles a Kenyan project

We have always wanted to make a difference either to those who are having a difficult time at our school or in the local community. In our school prayer it says to have a Love of one another, love of mankind, love of life itself and love of God. How can we love someone who is on the other side of the world and make their lives better? Well the courageous advocates that we, at The Vine know we can make a difference. We believe things should be fair and equal and every week we applaud our own Vine advocates.

We are supporting a project that began with Cambourne Church and then the People Charity to improve the lives of the children in Gituamba. In addition to raising money to support others, we also want to build a long term partnership with Uzimatele Primary school in Nairobi, Kenya; which has far less resources than us. Gituamba is a very poor area shrewn with litter and no proper toilets or clean drinking water. Employment is low and as secondary education is not free, for many it ends after primary school. Just 8% of all the children experience a secondary education and the average reading age for adults is 11.

Our aim is to provide clean water, nutritious food, working toilets, health care and educational resources. In addition to sharing our learning with the pupils, we would also like to send a teacher out there to help train the staff. We wanted to show that we really are courageous advocates and that we can help the children in Gituamba.

We knew that we could not make a difference without the support of all the Vine families and we were overwhelmed with the support and kindness shown. Together, with the Bake Off and the non uniform day we rasied nearly £700!!.

All the families at The Vine have contributed so much to our appeal and we are looking forward to our partnership with the Uzimatele School.





Monkfield Park Primary School

The Year 2 pupils have been very busy learning about Isaac Newton. They visited his home Woolsthorpe Manor and saw the famous tree that inspired his



findings about gravity; and even made, and launched a rocket! At school they wrote biographies of Isaac Newton's life and found out about his many discoveries.

Year 1 have studied cloud forests and different ecosystems before making their own terrariums – an ecosystem in a bottle! (see pic left)

In Year 3 the theme was ancient Egypt and the kids made Canopic jars, Pharaoh hats, hieroglyphics and even attempted mummification!

In Year 4 the topic was the Romans and the students created their own museums to showcase their findings. They talked about aqueducts, showcased their models and discussed Gladiators and their role in Roman society; while sharing their knowledge of Queen Boudicca and the uprising she led.

Year 6 hosted a Japanese visitor who explained Japanese life, which the kids compared to their own.

It's been a very busy half term at Monkfield Park Primary School and we can't wait for discover more in the next half term



EDUCATION

Learning through nature

EDUCATING OTHERWISE: by the Perry family: 'One of the reasons we enjoy Home Education is that we are no longer tied to school terms or the National Curriculum. Instead we are free to follow our own interests, learning all the time and in a way that suits us best.'

.....

A fantastic example of this is The Green Pathway Project run by the charity Froglife which we took part in over the summer holidays. Each week we visited a different nature reserve and experienced a range of activities led by the learning officers from Froglife. The activities varied from pond dipping to den building to fire making. It was lovely to be out in the sunshine and we learnt so much about reptiles, amphibians and nature generally. The highlight of the sessions was definitely finding adders basking in the sunshine although toasting marshmallows on the fire we built was a close second.'

For info on educating otherwise than at school please connect via the facebook group 'Home Education – Cambourne'.





THE ART OF BALANCE IN LIFE

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We are looking for any donations of Lego for a local Lego club for home educated children.

Our Former M.P. Heidi Allen says Goodbye to Cambourne

A Farewell Message from our former M.P. Heidi Allen

Cambourne's former M.P. Heidi Allen was elected in May 2015 as M.P. for South Cambridgeshire. Ms Allen has decided that she is not standing in the forthcoming election and has sent her farewell message to constituents, which she stresses has been written in her own right and not as our M.P. We wish to thank Heidi Allen for her work as our M.P. and wish her every success in her future career.

Dear All,

I wanted to write and extend a fond farewell and a heartfelt thank you for four and a half wonderful years as your Member of Parliament.

I have been so proud of the vibrant, open, welcoming local communities who have shared a myriad of local successes and events with me and my husband Phil. We really do live in one of the best places in the world and it has been a privilege to create so many wonderful memories with you. I could never have dreamt that being sawn in half at the Cambourne Christmas Lights Switch-On or being put in the medieval stocks at Hinxton could be so much fun! And who knew I could be so successful at village fetes — I literally cleaned up at the Eltisley tombola; opened with a rock band at Bar Hill; won the Tug of War with the ladies team at Meldreth and arrived at Whaddon in a vintage Bentley. I can't claim quite so much success at Thriplow Daffodil Festival, where I managed to confuse the category of Best Puppy with Dog that Looks Most Like its Owner! You are a very forgiving bunch.

'Race starting' became something of a hobby and I was lucky enough to be invited to wave the flag at Cambourne, Caldecote, Great Chishill and the brilliant Duxford Soap Box Derby twice. A definite highlight was helping to "top out" the new Royal Papworth hospital, while a low was probably during the Steeple Morden Steam Engine Rally when I innocently told the crowd that my husband "likes to get on something hot and dirty at the weekend" — I'm not sure I ever lived that one down!

I've been privileged to see first-hand the exceptional efforts of our public service workers as they go about their duties with dedication and brilliance. I've loved spending a night on duty with the bed team at Addenbrookes; going out on shift with our exceptional police, fire ambulance crews; cutting open a car with the Duxford fire crew to test new equipment and I was extremely proud to welcome the Prime Minister to the Genome Campus to showcase the ground-breaking work that takes place here.



Heidi and Phil Allen at a Soap Box Derby in September 2019

I've laughed out loud at the contributions made by primary and secondary school pupils during my dozens of school visits and have been humbled and inspired by the pupils and teachers within our schools. On my final day, I was especially proud to hand GCSE certificates out to Cottenham Village College's latest cohort; celebrated like I'd won the lottery when Guilden Morden Primary turned itself around for Ofsted and probably enjoyed Elsworth Pre-School's cocktail night a little too much...hic!

South Cambs certainly knows how to party and I was lucky enough to watch the Hare and Hounds in Harlton coming back to life; Fen Drayton's Call my Wine Bluff and Queen Edith's RNLI superb Brass Band Concert. I dusted off my landlady skills at the Shelford Feast, pulling pints but my team and I failed miserably at Caxton's Village Hall Quiz Night...perhaps the cheese and wine may have distracted us somewhat! I loved giving Litilington residents a taste of my Desert Island Disc selections and who could forget me being beaten by Simon Saggers, the Green candidate in a hustings at Comberton VC!

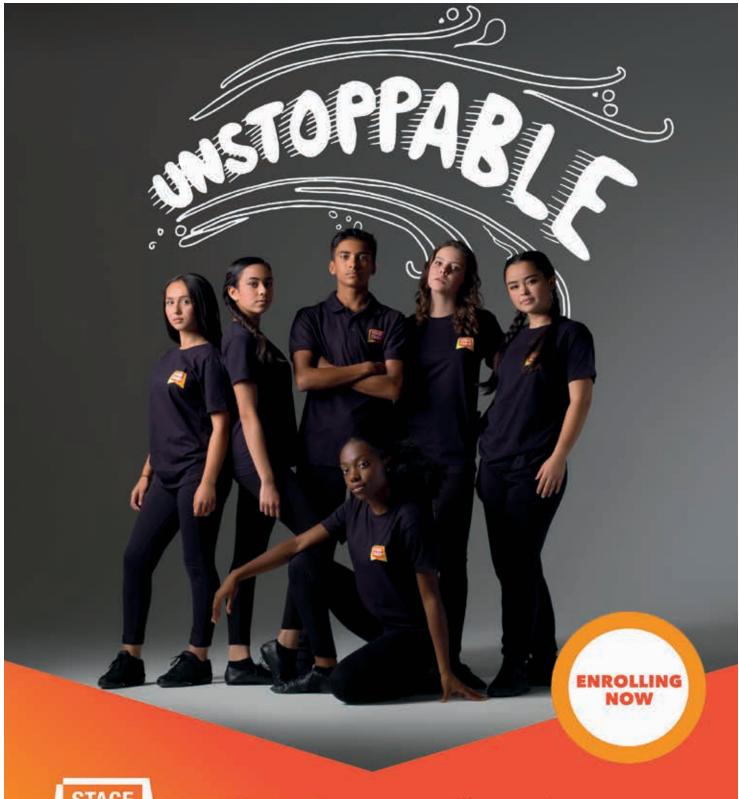
I have so many special memories and it's just not possible to document them all here. Truly, it has been the greatest privilege to serve the people and communities of South Cambridgeshire.

Thank you to everyone who shared a kind word, a thoughtful comment or a grey cell stretching learning. It has been a huge honour. To all the brilliant people of South Cambs – thank you for a wonderful four and a half years and for allowing Phil and I to build our life here.

All our love, Heidi and Phil x

Consider Volunteering for the Cambourne Crier

The Cambourne Crier is run by volunteers and we are looking for additional helpers. The time commitment is a few hours each month and full training is provided. There is no pay but timebank credits are available for the time you spend editing. Only a basic level of computer literacy is required If you would like to find out more please email us on editorial@cambournecrier.org





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stagecoach.co.uk/cambridge

01223 359974



@ cambridge@stagecoach.co.uk

CAMBOURNE CRIER

WHAT'S ON

South Cambs Child and Family Centre

Mondays

Lets Get Physical - Blue School, 10-11am, ages 0-5, £2, Baby Group - Cambourne Child & Family Centre, 1:30-3pm, 0-mobile Midwife Clinic, Cambourne Child & Family Centre, 1:30-4:30pm

Tuesdays

Under 25's Group (Bumps, Babies and Buddies), Cambourne Child & Family Centre, 10:30-midday, for parents under 25, free.

Wednesdays

Stay & Play - Blue School, 10-11.30am, ages 0-5, £2 Multiple Births Group - Cambourne Child & Family Centre, 10-11.30am, 1st & 3rd Weds only, ages 0-5, free Midwife Clinic, Cambourne Child & Family Centre, 1:30-4.00pm.

Thursdays

International Group - Blue School, 10-11.30am, ages 0-5, free Clothes Swap - Blue School, 1pm-2.30pm, 1st Thurs only, bring clean good condition clothing, 0-8yrs, to swap, free Midwife Clinic, Cambourne Child and Family Centre, 9:30-midday. Child Health Clinic, Cambourne Child and Family Centre, 10-11:30am, 1st and 3rd Thurs only. Self-Weigh, Cambourne Child and

Family Centre, 10-11:30am, 2nd and

Fridays

4th Thurs only.

Breastfeeding Support - Cambourne Child & Family Centre, 10-11.30am Busy Bees SEND group - Blue School, 1-2.30pm, ages 0-5, free (referral only)

For info and bookings please contact: ChildAndFamilyCentre.South@cambr idgeshire.gov.uk or 01954 284672.

Friday 6th Dec.

Library

Christmas Special Storytime/Rhymetime 9.30am -10.30am 6th December

Saturday 7th Dec,

Repair Cafe

11am-2pm The Hub, High St, Cambourne Items must be registered in advance, online Tuesday 14 January form available on the Town Council website or email-

Tuesday 10th Dec.

Tortoise Media in Cambourne

Drinks 6pm, Discussion 6.30-7.30pm Chaired by Ceri Thomas, former editor of BBC Panorama and the Today programme At The Blue School

Friday 13th Dec.

Cambourne & Dist.U3A

Christmas Party for members will include music from the Silver Lining duo. Please bring finger food. Drinks provided.

Cambourne Health & Wellbeing Club

10.30am -12.00 midday at the old Blue School site (behind the Church).

Friday walks

Meet near the rear entrance to the library at 10.15am. We will be walking to Bourn. After refreshments at The Stove we will return by a slightly different route. (Distance approximately 4 miles).

Saturday 14th Dec.

White Collar Boxing

Doors open 18:30pm Boxing starts 19.30pm

The Hub, High St, Cambourne Raffle, Licensed Bar, Food, Magician Entrance Tickets £20 (non-refundable) Tel: 07711 101325

Christmas Disco and Crafts Event

Friends of South Cambs Child and Family Centres

2pm -4pm at the Old Blue School, Eastgate, Cambourne Tickets £3 for 1st child, further siblings £1.50 each. Tickets go on sale 11th Nov via our Facebook page or email friendsofcambournecc@gmail.com

Sunday 29th December

Sunday Walks

Meet at 10am at Monks Wood Car Park, School Lane

Contact: Sandra 07747 012245 or email sandracalcraft@waitrose.com

Cambourne Women Runners

Couch to 5k Beginners Running Course community@cambourneparishcouncil.gov.uk. 10 weeks starting 14th January 2020 Already a runner? Join us Tuesday nights for a club run. We are a friendly, sociable club offering a variety of different length club runs to cater for all abilities.

> We look forward to welcoming you on Tuesdays 7.15pm for 7.30pm start. Meet at the Old Blue School, Eastgate (behind the church)

For more information, and to register your interest, contact information.cwr@gmail.com

Saturday 1st February

BIG DEAL COMEDY

Stand up Comedy Night, Cambourne Sports & Social Club Bringing some of the best new and experienced comedians on the circuit to a comedy night in Cambourne. £7 per person (advanced booking advised) For full details and how to book; www.bigdealcomedy.co.uk

MONDAYS

Watercolour Class

7-9pm The Hub Cambourne .

Cambourne United Football Club

8-9pm Cambourne Village College: Ladies.

Cambourne Bowls Club

Regular club nights Mon and Thurs, 6pm. New players of any standard, age or gender welcome. Behind Everyone Active.

Cambourne Youth Club

Year 9-11 **7-8:30pm,** at Cambourne Soul Youth Centre

TUESDAYS

WW2 Aircraft Club

First Tuesday of the month in Cambourne at The Blue School.

Cambourne Tae Kwon Do

Beginner classes for all at Vine School.

EVENTS IN AND AROUND CAMBOURNE

Cambourne Women Runners

7.15pm club run, meet at Old Blue School.

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Cambourne Open Minds

1st Tuesday of every month, **7.30-9.30pm** at the Village College.

Cambridge Badminton Academy

7.30-10pm at Cambourne Village College.

WEDNESDAYS

Watercolour Class

10am-12pm in the Sports Pavilion.

Buggybootcamp

10-11am Crow Hill Lane Green CB23 5AW

Timebank Coffee Morning

1st Wed of the month, **11am** in Cafe 19.

Cambourne Youth Club

Year 8-9 **3:30 - 5pm**, at Cambourne Soul Youth Centre

Year 11+ 7pm-8:30pm

Cambourne Tennis Club

Social tennis session. 7-10pm.

Cambourne Runners ARC

Meet at the Hub. **7.10pm**.

Photography group

3rd Weds of the month 7.30pm The Belfry.

Cambourne Community Gospel Choir

7:30-9:15pm in term time Old Blue School.

THURSDAYS

Diabetes Peer Group

1st Thurs of the month **11am-12pm**Upper Cambourne Cricket Pavilion. Free.

Home Educators Multi-sports

12.30-2.30pm at Sports Centre.

Cambourne Rugby

6:45pm on all-weather pitch. All abilities.

Cambourne Netball Club

7.30-9pm senior squads at Sports Centre.

Cambourne Futsal

Indoor football for 18 to 65 yrs. Cost £4. Facebook.com/groups/cambournefutsal

FRIDAYS

Cambourne Health & Wellbeing Club 13th December, 10.30- midday

Blue School (behind the Church)

For older adults, with a speaker or games, refreshments and chair-based exercises. FREE. Contact Catherine Price nurse@cambournechurch.org.uk

Children's Art Group

4-5.30pm. 5-11 yrs.

Upper Cambourne Cricket Pavilion.

Tel: 01954 710644 (Church Office)

Cambourne Chess

5-6pm in term time from 1st March. School years 1-6. Cambourne Church.

Friday Walks

The next walk will take place on Friday, 13th December when we will be walking to Bourn. After refreshments at The Stove we will return by a slightly different route. (Distance approximately 4 miles). If you'd like to join us we meet near the rear entrance to the library at 10.15am on the 2nd Friday of the month. If you have any questions or would like to meet one of us prior to the walk, then please ring Penny Flannagan on 01954 200126 or Pam Hume 01954 201808, or

Cambourne Youth Clubs

email pamhume1@gmail.com.

Year 7 **3:30 - 5pm**, at Cambourne Soul Youth Centre

SATURDAYS

Cambourne Runners ARC

Meet 8.50am at the Hub.

Cambourne United Football Club

9-10am girls & boys on Cambourne 3G.

Doodle's Dog Walking Group

9.30am at Just for Pets shop. Open to all.

SUNDAYS

Cambourne Tennis Club

10am-12 midday Social tennis session.

Cambourne Electronics & Robotics Club

Alternate Sundays in the Blue School. **2pm** seniors, **3.30pm** new.

Cambourne Raptors Basketball Club

Open scrimmage **6-8pm** at CVC.

Digital Surgery for 60+

Alternate Sundays in the old Blue School. **2-5pm.** FREE. Drop in!

Cambourne Balkan Dance Club

5-10pm, Blue School. £3 per session.

Open to all. For details, find us on Facebook.

Sunday Walks

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Meet at **10am** at Monks Wood Car Park, School Lane

Contact: Sandra 07747 012245 or email sandracalcraft@waitrose.com

SEE P16-17 FOR GROUPS' DETAILS...

For more details of local groups and clubs see pages 16-17.



Merry Christmas to Cambourne

Jingle bells, jingle bells
All down Chervil Way
Lanterns wink and candles blink
For Cambourne's Christmas Day
Turkeys roast, children play
The vicar kneels to pray
Shimmering tree and twinkling lights
Guide Santa down Broadway

Dashing down High Street
See those reindeer run
Through the snow and sleet
Past the tills in Morrison's
The folk in Bramble Court
Decant their vintage port
Whilst down in Alder Drive
Children hear the sleigh arrive

Jingle bells, jingle bells
Snowflakes on Crow Hill
Moonlit night, stars shine bright
And Greenhaze Lane is still
Curtains drawn, children yawn
Laughter greets this morn
Stand up tall and sing out all
Merry Christmas to Cambourne

Lucy Purvey

GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858 fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk Cambourne Children's Centre:

01954 284672 cambournechildrenscentre@ cambridgeshire.gov.uk

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Cambourne Love Justice Group:

Len Thornton: 01954 710370 **Cambourne Crescent:**

www.cambournecrescent.org

Cambourne experimental cookery club

Member organises only one dinner and attends many at others. Fundraising finale. shrobona@gmail.com / 07852753216

Cambourne International cookery workshops shrobona@gmail.com / 07852753216

Cambourne Electronics and Robotics Club

Runs on alternate Sundays shrobona@gmail.com / 07852753216

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm Pat Callaghan 01954 718836

Watercolour classes

Tutor-led classes for watercolour painting; Monday 7-9pm, Wednesday 10-12pm. Contact fran@panrucker.eclipse.co.uk

Children's art class:

Contact fran@panrucker.eclipse.co.uk

Photography group:

Beginner to advanced. Meetings on third Wednesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 www.flickr.com/groups /cambournephotographygroup/

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk

Timebank: 0300 111 3555

Crafty Ladies: Enid - (01954) 715292 or

Edna - (01954) 717360

WW2 aircraft club: Meeting in Cambourne on the first Tuesday of the month. Contact 01954 269 173/iancameron692@gmail.com

Papworth Astronomy Club

Meetings at the Vintner Room, Papworth Everard, 7.30pm. Contact Peter on 01480 830729 or peter@cheere.demon.co.uk Friday walks: Monthly. Meet at the rear

entrance to the library at 10.15am. Contact Penny Flanagan on 01954 200126 or pam.hume@ntlworld.com

Sunday walks: Monthly. Meet at 10am in Monks Wood car park, School Lane. Contact Sandra on 07747 012245 or scalcraft@gmail.com for next walk.

Cambourne Community Website Group

John Panrucker: 07734 258 059 hello@cambourne.info www.cambourne.info/about

Cambourne and District U3A:

Self help organisation for the retired/semiretired providing a chance to learn new skills and meet new people.

Visit u3a.cambourne.org or contact Fran Panrucker on 01954 710858

Story blog: Publishes real life stories of war, travel and human interest. Contact Tapti Roy on 07582016562 or taptibr@ gmail.com www.pastconnect.net

Cambourne Open Minds: Meditation, laughter & self development. First Tuesday of every month 7.30-9.30pm. Suzanne: 07887 715555, SMJLANE@lifequest.co.uk

Cambourne Community Gospel Choir:

Rehearses in the Old Blue School 7:30-9:15pm on Wednesdays. Just turn up. A donation of £1 per session is suggested towards costs. Find us on Facebook.

Child and Family Centre:

01954 284672 or ChildAndFamily Centre.South@cambridgeshire.gov.uk Children's Chess Club: Y1-8, Fridays 5-6pm at Cambourne Church. Book in advance: cambourne.chess@gmail.com

Sundial Theatre Company

Cambourne community theatre group info@sundialtheatre.company or visit www.sundialtheatre.company

Cambourne Balkan Dance Club

Sunday Dance meet ups open to all. bit.ly/BalkanDanceCambourne

Cambourne One

A charity group run by Muslim volunteers and open to everyone. cambourne1.org.uk

CHURCHES

Cambourne Church

Church office (in the Blue Space): 01954 710644. Mon / Tues / Thurs: 10am-12pm and 1pm-3pm. Wed: closed. Fri: 10am-12pm. www.cambournechurch.org.uk Minister: Revd Bill Miller bill.miller@cambournechurch.org.uk

Administrators and Church Bookings

Jacqui Huckle, Hannah Heasley administrator@cambournechurch.org.uk Youth Worker: Jonathan Buwert

Tel. 07503 171869 ionathan.buwert@ cambournechurch.org.uk

Children and Family Champion: Jane Brooks 07850 961000

jane.brooks@cambournechurch.org.uk

Parish Nurse: Catherine Price nurse@cambournechurch.org.uk Foodbank: Julie Whitbread

......

julie.whitbread@cambournechurch.org.uk 19 the coffee house: Manager Cilla Mills.

Open Monday - Thursdays 8.45am - 2pm;

Fridays 8.45am - 12 noon. 19thecoffeehouse@ cambournechurch.org.uk

Peacehaven Baptist Church

Pastor. Donovan M. Bangs: Preachbrit@aol.com 01954 710510 www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am

Meeting at Cambourne Village College www.christchurchcambourne.org.uk

Cambourne Catholic Community

Mass: Sat. 5pm, Tues. 12.15pm, Thurs. 7.15pm http://cambournerc.com

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719 mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585

www.cambournedental.com

Lloyds Pharmacy: 01954 718296

Monkfield Medical Practice:

01954 282153

www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793 candicelattimore@gmail.com

Diabetes Peer Group: First Thursday of the

month, Upper Cambourne Cricket Pavilion, 11am-noon. Free to join. Contact info@nutrition2wellness.com

Cambourne Health and Wellbeing Club

A group for older adults. FREE. Next meetings: (next meeting: 13th December) 10:00am -12pm at the old Blue School site. No booking required. For more details please contact: Catherine Price: 01954 710644 / nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office: 01954 714403 office@cambourneparishcouncil.gov.uk www.cambourneparishcouncil.gov.uk Venue Bookings: 01954 714403

bookings@cambourneparishcouncil.gov.uk

Pitch Booking:

Everyone Active at the Sports Centre

District Councillors for Cambourne:

Ruth Betson - cllr.betson@scambs.gov.uk Gavin Clayton - cllr.clayton@scambs.gov.uk Shrobona Bhattacharya -

cllr.bhattacharya@scambs.gov.uk

GROUPS, SERVICES & CONTACTS

EDUCATION

Cambourne Village College:

01954 284000

thecollege@cambournevc.org

www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

Hardwick and Cambourne Community Primary:

Headteacher: Andy Matthews School Office - 01954 719085 blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School:

Headteacher - Sue Wright School Office - 01954 717180 office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Jarman School Office - 01954 273377 office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

School Office - 01954 719630 office@thevine.cambs.sch.uk

Educating Otherwise: for local meetups & activities please join facebook group 'Home Education - Cambourne'.

Home Educators Multisports: Thurs during

term time at Cambourne Fitness & Sports Centre. 5-8 yrs: 12.30-1.30pm, over 8s: 1.30-2.30pm. annettelesage@btinternet.com

PLAYGROUPS/PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679 cambourne.babyandme@gmail.com

Donna O'Shea: 01954 715150 cam.preschool@btinternet.com

Cambourne Pre-school:

Carers And Tots:

cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning Centre:

Office: 01954 273301

clcoffice@monkfieldpark.cambs.sch.uk **Sunflower Nursery: 01954 719440**

SERVICES

Cambourne Library

Mon: 9am - 5pm; Tues: 9am - 1pm Wed: Closed; Thurs: 4 - 7pm; Fri: 9am -5pm; Sat: 9am – 1pm. Reception area open 9am - 5.30pm every week day. We also offer an e-book service and local information. Free Wi Fi. We also sell stamps, books and children's wall charts. 0345 045 5225 www.cambridgeshire .gov.uk/leisure/libraries

Community Car Scheme:

If you need transport for a medical or social appointment and are unable to use public transport you can call us on:

07526 998 465 or e-mail: cambournecars cheme@gmail.com. Min. 48 hours notice.

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay 01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey - 01954 269328 Facebook: Cambourne Bowls

Cambourne Cricket Club:

Phillip Broadwith, Cambournecc@ gmail.com / www.pitchero.com/clubs/ cambournecricketclub

Cambourne Eagles F.C:

Secretary - Danny Brooks 07516 630552 Cambourneeaglesfc.sec@gmail.com Facebook.com/cambourneeagles

Cambourne FC: www.cambournefc.org

cambournefc@icloud.com Cambourne Netball Club:

Emma Smith - (01954) 710034

cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309 info@cambourneexiles.com

www.cambourneexiles.com

Cambourne Raptors Basketball Club:

Facebook: cambourneraptorsbasketballclub

info@cambournebasketball.org Twitter/Instagram: @CamRaptorsBball

Cambourne Runners: Weekly runs, all abilities on Saturday morning 8.50am and Wednesday 7.10pm from the Hub.

cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Ben Byron benbyron@hotmail.com https://clubspark.lta.org.uk/CambourneLTC

Cambourne Tang Soo Do Club

Mondays 6.45-8.15pm

www.cambournekarate-tangsoodo.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

Cambourne Tae Kwon Do: See facebook or stephenlacey73@gmail.com

Cambourne Karate School (AKS)

www.karateschools.co.uk / 07929 100612

Cambs Chargers Volleyball Club

cambschargers@gmail.com

Cambourne United FC

Chris Williamson 07900 674558 cambourne.united@gmail.com pitchero.com/clubs/cambourneunitedfc

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC) Adam

Kelly 2484df@aircadets.org **Cambourne Army Cadet force:**

dc.cambourne@gmail.com

www.cambsacf.com

Cambourne Youth Partnership in partnership with Romsey Mill:

Weekly clubs for young people open to all; Years 7-8 3:30-5pm, Years 8-10 5:30-7pm and Year 10+ 7.30-9pm. Community based youth work, offering support through mentoring, sporting and music activities. For more information or to volunteer, contact Jonathan Buwert at

jonathan.buwert@romseymill.org or on 07503171869.

Cubs, Beavers & Scouts:

1st Cambourne: joininglist@cambourne scoutgroup.org.uk

2nd Cambourne:

waitinglist@2ndcambournescoutgroup.org.uk

Guides, Senior Section, **Brownies and Rainbows:**

Waiting list and volunteers girlguiding.org.uk

MOBILE POST OFFICE:

The Hub car park

Mondays: 1.45pm to 4.00pm Wednesdays: 12.30pm to 4.00pm Closed Public Holidays

Tel: 0345 611 2970

Please note: opening times are subject to road conditions

WASTE AND RECYCLING: Bin collection dates

Black bin:

Thursday 5th, 19th December Saturday 4th January

Blue bin / green bin:

Thursday 12th December and Saturday 28th January(Blue)

A BETTER LIFE

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Member of the British National Register of Advanced Hypnotherapists
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Fiona is very well qualified psychologist and clinical Hypnotist who is experienced in the treatment of a wide range of physical, psychological and emotional problems. If you have a specific problem – just ask!

Based in Regus House, Cambourne Business Park, Great Cambourne Telephone 01954 205084 email fhd@fionadrummond.com



Becky's Fitness

Would you like to have fun and get fit?
Would you like better core strength and flexibility?

Zumba - Aerobics 'n' Tone Fitness Pilates - Pilates Body Conditioning

FIRST CLASS FREE

Cambourne timetable

Zumba 7.30pm Mondays at The Blue School Fitness Pilates 9.15am Tuesdays at The Hub Fitness Pilates 9.15am Thursdays at the New Cricket Pavilion

Zumba 8pm Thursday at The Hub

07905 097961

December 2019

www.beckysfitness.co.uk becky@beckysfitness.co.uk timedrop.co/beckysfitness



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THURSDAY: 9AM-8PM • ALTERNATE SATURDAYS: 9AM-4PM

PILATES

THURSDAYS CAMBOURNE VILLAGE COLLEGE 6.30pm BEGINNER / INTERMEDIATE 7.30pm INTERMEDIATE / ADVANCED

FRIDAYS
THE HUB, CAMBOURNE
9.10am- ALL ABILITIES

6 week courses or pay-as-you-go

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EMAIL:- ALEXCOLLETT7@HOTMAIL.COM

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OTHER

Debate on homes, jobs and the environment in Cambridgeshire

Debate on homes, jobs and the environment in Cambridge and South Cambridgeshire to begin in January

The start of a six week consultation to help create "the most important document most people have never heard of" will launch in January. The 'first conversation' will launch on 13 January. The new joint Local Plan for Cambridge and South Cambridgeshire will ask questions about climate change, nature, wellbeing and equality to help inform important decisions on where new homes will be built, jobs located and the facilities and services that will be needed. It is expected to take around four years to create the next Local Plan. The date for the Issues and Options consultation was agreed after councillors at both councils debated the report at meetings this week.

The two councils' current Local Plans, which were given final approval in 2018, set out how the two areas will be developed up until 2031, with 33,500 new homes to be built and 44,000 new jobs to be created.

Some of the key themes already emerging for the new joint Local Plan, to 2040 and beyond, include: Responding to climate change, Increasing biodiversity and green spaces, Promoting wellbeing and equality, Delivering quality places. These themes help to shape the heart of the Local Plan – decisions about future jobs and employment, homes and infrastructure – including transport links, schools, health and utilities.

More information on the emerging joint Local Plan can be found by visiting South Cambridgeshire District Council or Cambridge City Council's websites:

www.scambs.gov.uk/greatercambridgeplan www.cambridge.gov.uk/emerging-greater-cambridge-local-planoverview

A Letter on Cambourne

We received another letter concerning newcrest development proposal for the high street as well as a view on the general area from one of our readers.

(Name supplied but withheld for privacy)

I would like to express my views on the proposed development of Cambourne High Street.

I moved to Cambourne from Cambridge 17 years ago in 2002 and although I love living here it has certainly not grown into the 3 villages plus amenities that I was sold.

No Golf Course , No Ice skating rink, No swimming pool, No DIY/garden centre, No High Street of shops, No Restaurant/Pub/Motel

I love the green spaces and walks around Cambourne but in Upper Cambourne an allowance was made for an extra 1000 or so houses. Parking is very difficult and you will find that as you drive around Upper Cambourne many cars are parked on kerbs and on the road.

I saw the proposed artist's impression of, if I remember rightly 150 houses and flats squeezed into a very small area of high street. Details were a bit vague on how many units would be allowed for retail and leisure and also where will all the cars be parked, wheelie bins kept. Because at £4.50 for a day rider on the bus it's easier to drive and most households nowadays have 2 cars. So far the picture of this High Street doesn't look so great. Then it was the look of the buildings, square, tall and squeezed together creating a dark and shady High Street where sunlight would be unable to get through as each building would cast a shadow on the next and the famous Cambourne wind would whip up and down.

So please Newcrest try and come up with something closer to the thing we were all sold when moving here.

Cambridgeshire Sands

Could you help Cambridgeshire Sands support bereaved Parents?

Still birth and neo natal death charity Sands are seeking local volunteers to help thier already established group in Cambridgeshire. Sands is one of the leading stillbirth and neo Natal charities in the UK. We work nationally to reduce baby deaths through promoting better maternity care and funding research. We have a programme of training designed to support professionals to improve bereavement care they provide following the death of a baby. We provide resources and equipment to enable hospitals to provide the best and most appropriate care and support to families. Sands provides a comprehensive bereavement support service for the nationally and locally. Cambridgeshire Sands are looking for new

volunteers to join their committee or train to become Befrienders so they can continue to support their local hospitals and bereaved parents.

Befrienders who are usually bereaved parents or grandparents are needed to provide support to anyone affected by the death of a baby over the phone or in person and the group support meetings each month. New Befrienders must successfully complete our Befriender training and a minimum of two years must have passed since the passing of their child. The group are linked locally with Addenbrookes (The Rosie) Hospital and Hinchingbrooke Hospital. For more information or if you need help yourself, contact Cambridgeshire Sands

Email: cambridgeshiresands@gmail.com
Or go to https://www.sands.org.uk/

CHURCHES

CAMBOURNE CHURCH

There is a scene in "I'm Alan Partridge", in which a discussion about Bond films goes awry, leading the eponymous 'hero' to cry: "Stop getting Bond wrong!" Similarly, it is customary for the church to look at Christmas celebrations and cry: "Stop getting Christmas wrong!" Christmas is not the most important day in the church calendar, but it is the most successful. The problem (Christians often insist) is that people have forgotten the reason for the season. I'm going to say that isn't true. Stop me if you've heard this one, but there was a baby, and a manger, and some shepherds, and some gold, frankincense, and myrrh. My guess is you can fill in the

blanks. The problem isn't that people don't know where Christmas comes from. The problem is that they like eating turkey, and exchanging presents, and the Queen's speech, and drinking too much Baileys. And this is the secret: Christians like that stuff too. So here's the deal: I won't tell you to stop getting Christmas wrong. But we've got a packed programme of services this month, so why not see if one piques your interest? And come January, why not think about what happens next? What does Christmas, with its message of peace and hope, have to say once the grind of the rest of the year sets in? Why not make 2020 the year to find out? May God give you a blessed and merry Christmas. Perhaps we'll see you in the New Year. **David Wadsworth**

Services and events for December

Sunday 8th December -

Advent 2

9.30am: Morning Worship with

Holy Communion

11.00am: Morning Worship with

Holy Communion

Sunday 15th December -

Advent 3

9.30am: Morning Worship 11.00am: Morning Worship

4.00pm: Christingle

Sunday 22nd December -

Advent 4

9.00am: Short Communion Service in the Annexe 10.00am: All Age Nativity

6.30pm: Storytelling Service For all, with hot chocolate and marshmallows in the Annexe

from 6.00pm

Tuesday 24th December -

Christmas Eve

6.30pm: Community Carol

Service

All ages welcome

11.30pm: Watchnight Service

with Holy Communion

Wednesday 25th December -

Christmas Day

10.30am: Christmas Day

Service

Sunday 29th December

10.00am: Morning Worship

Sunday 5th January

10.00am: Morning Worship 8.00pm: Prayer meeting 8pm Prayer meeting

A partnership of the Church of England, Baptist, Methodist & United Reformed Church www.cambournechurch.org.uk Twitter: @cambournechurch Facebook: cambournechurch

Peacehaven Baptist Church: Pastoral Thoughts

Merry Christmas Cambourne.

December will be a busy month. We have elections at the beginning, so people all across the country will have the chance to shuffle out the representatives who have caused disappointment and distrust and have new people to bring new disappointment and distrust or perhaps some of them may have a clue? Not holding my breath on that one. No, if you are looking for guidance and direction from man, always expect some degree of failure. This is because man is flawed and fallen and sinful. All of us, left, right and centre all have sinned and come short of the glory of God. So if we want better guidance we need to look to a better source. Like the wise men from the East that came looking for Jesus. They were guided by a star not only to the country but to the exact house. This was no ordinary star, this was guidance from the light of the Lord. Now as believers, yes we should vote but we should never esteem people above what they are and certainly understand our hope is not with man

but with God. We will celebrate Christmas as we remember that greatest gift for us wrapped in swaddling clothes laid in a manger. The King of Kings and Lord of Lords. The Lamb of God, born in a stable but headed to the cross. Regardless of where you stand if you are a Christian you need to listen for the voice of our great head shepherd who calls to you. Remember and recall what God calls to be good and do that. Honour Him this Christmas both in word and in deeds. Looking unto Jesus the author and finisher of our faith. He is the king and he is the leader and he is the one in whom we need to put our trust this and every year.

Isaiah 9:6 For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace.

Try and do right and stay warm and get guidance from above. If you need to talk, let me know. Merry Christmas Cambourne! Pastor Donavan Bangs



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SUNDAY MORNINGS - 10 AM SUNDAY MORNINGS - 11 AM WEDNESDAY EVENINGS - 7 PM Children's Sunday School & Adult Bible Studies (at the Hub) Junior Church & Morning Worship (at the Hub) Bible Study & Prayer Service (at the Pastor's home)

Christmas Fire Safety Tips

Christmas is approaching! The time of year when we're enjoying a tipple with friends, cooking up festive feasts for the family and entertaining loved ones. With all the fun to be had it is easy to be distracted when cooking in the kitchen.

50 per cent of all fires in the home start in the kitchen and more than half of those are as a result of distraction whilst cooking.

We want to help ensure your festive cheer doesn't go up in smoke this Christmas by sharing our tips below for safe cooking over the festive season:

Never leave cooking unattended. Do not cook when tired or under the influence of alcohol, drugs or medication that makes you drowsy. Regularly clean the grill pan and oven. Built up fat can easily catch fire. Never leave anything cooking if you leave the house. Do not leave anything flammable on or near the hob - tea towels, oven gloves and even washing baskets can catch fire

Take care when using microwaves. Fires can start when people put food in too long. Oven chips or temperature control deep fat fryers are safer than using a chip pan. If you do use a chip pan, do not fill it more than one third with fat and turn the heat down if the oil starts smoking. Fire can break out in household appliances so you should regularly maintain dishwashers, washing machines and driers, never leave them on if you go out or go to bed and register your appliances online to ensure you are made aware of any faults or recalls. Have a working smoke alarm on each floor of your home. If it keeps going off when you are cooking it is probably in the wrong location or you may have the wrong type of smoke alarm

Never take the batteries out of your smoke alarm.

If you do have a fire in the house, get out, stay out and dial 999.





CHRISTMAS CLOSING DATES 2019/2020

The practice will be closed on the following dates over the Christmas/New Year period:

Wednesday 25th December **Thursday 26th December** Wednesday 1st January

We will open as normal all other days.

During those days if you are needing URGENT medical advice or assistance, please contact your local pharmacy, minor injury units or NHS 111.

A well-stocked medicine cabinet will help you treat many everyday illnesses and minor ailments at home. For example, a small supply of paracetamol or ibuprofen (available as syrup for children) and other remedies will help you treat common ailments such as coughs, colds, sore throats, indigestion, toothache, headaches and constipation. If you have children, don't forget to include appropriate medicines for them.

Some medicine cabinet essentials to keep at home for suggested items see

https://www.cambridgeshireandpeterboroughccg.nhs.uk/your -health-and-services/self-care/

Please order your medications in plenty of time for Christmas. ONLY order medications that you need! Last order for repeat medications will be FRIDAY 20th December 2019, To allow time for processing

We wish you a Happy, Healthy Christmas & New Year



The Raptors reflect on a successful season

The Raptors would like to say a big thank you to those who attended our Sunday Scrimmage sessions which were opportunities to play pick-up games of basketball in a friendly environment. They are opened to all levels of experience and played at CamVC sports hall from 7-9pm every Sunday evening.

The seniors got off to a great start in both the league and cup competitions, with victories against the Huntingdon Hawks 2 (65-97), East Cambs Warriors (34-60) in the league and one home win against Cambs Cats 2 (68-54) in the cup.

Monday junior sessions are mostly full - however, there are still places available for the 11 & under and 14 & under sessions on Saturdays. Junior U13s played 4 matches in the Peterborough League after 2 game days. Raptors won against

Nene Valley Venom (29-19) & Huntingdon Hawks (22-8), but lost twice against a strong Vytis team (20-6 & 28-8). The next leagues games will be in early December.

Regular junior sessions @ CamVC;

10 & Under: Monday 6-7 pm 13 & Under: Monday 5:30-7 pm 18 & Under: Monday 7-8:30 pm 11 & Under: Saturday 1:30-2:30 pm 14 & Under: Saturday 2:30-3:30 pm

Raptors are looking for qualified coaches or volunteer coaches who are planning to become qualified soon. Please visit our website (www.cambournebasketball.org) for contact details and for up-to-date information on all our teams and sessions.

Cambourne United Ladies top the league

Cambourne United Ladies Team: .

Our Under 18 and 13 girls have both made it through to the next round in the league cups. Our U15 girls have yet to lose a game this season so let's hope we haven't jinxed this.

A special mention to Calla Crome from our U18 who has just won an award for being an influencer for all her hard work with girls active and girls rugby and who still finds time to influence the football team.

Our U10 girls had a field trip during which they took photos of Ellen White and Jill Scott of the ladies England team.

Our Boys teams continue to go form strength to strength with sheer determination and some excellent team work they continue to impress with their hard work, dedication and results. The ladies team are comfortably sitting mid table in their first competitive season with a string of great results.

The men's training sessions are continuing until December 11th on a pay and play basis 9-10pm on a Wednesday on the 3G behind Everyone Active. We are also delighted to be able to offer our wildcats session free of charge until our last session on 14th December.







This is a great session for girls ages 4-9 of all abilities to come together and make new friends and learn some football skills along the way. We offer FA qualified coaches in a safe environment.

We would like to take this opportunity to wish all our players, Coaches, parents volunteers and supporters a very Happy Christmas and a safe and enjoyable new year, and look forward to renewing our first scheduled games on January 4th.

Follow us on our social media platforms @Cambourneunitedfc and we aim to answer any questions as quickly as possible,

SPORT

Congratulations to Cambourne Spartans

CAMBOURNE SPARTANS FOOTBALL: The boys U16 Saturday have won their opening six league games and reached the top of the Saturday A League, with the highlight being the 7:0 away victory over Histon and the 3:0 away win versus Cambridge Celts. Leon Rowell is currently top goal scorer with 9 in the 6 games.

The U16 Sunday Spartans are fighting for three trophies and have so far won their first five games. They currently top the A Division and have a number of key games coming up fast. We would like to welcome Marley and James to the squad who have both become valuable assets to the squad.

The newly formed men's team are currently pulling up trees in Division C and having won seven league games from seven look to be in a good position for promotion but hopefully will go up as champions. They are also in Cup competitions having taken the A League Scalp of Coldhams Dons in the process.

The men would like to thank Cambridge Grandscapes and The Monkfield Arms for sponsoring the teams kit and helping to make a success of the project. Local business backing local teams.



Cambourne Spartans Football Team

Spartans FC would like to leave 2019 wishing everyone a Merry Christmas and enter 2020 wishing you all a Happy New Year!



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Chicks Wot Run....

Cambourne Eagles are looking forward to 2020

CAMBOURNE EAGLES: As 2019 comes to an end and we look forward to 2020 Cambourne Eagles would like to wish everyone a wonderful festive period and fantastic new year ahead. Special thanks go to all our sponsors, coaches, volunteers and supporters who helped to keep the club running. We couldn't do it without you.

Both on and off the field we've had a fantastic year. The U8 Eagles team (pictured) have experienced some outstanding individual and team performances in the Brolin league. In addition to this they have had the opportunity to play in the Cambridge United tournament at Newmarket Town and invited to play against the Norwich City RDP in December. The coaches could not be prouder of their progress and their attitude over the course of the year, keep it up!

Reception and Year 1 age players can attend the Cambourne Fledglings Academy at the Everyone Active 3G pitches on Saturday mornings 0900-1000. The cost is £8 per month. To register contact cambournefledglings@gmail.com



You can keep up with all our news on Facebook https://m.facebook.com/cambourneeagles/ and Cambourneeageles on Twitter.

Its a Christmas Social and Awards Evening to end the year

CAMBOURNE TENNIS

CLUB: The Quorn Family Tennis Cup went ahead on Sunday 3rd November, with Safa and Arif winners. Our Mini Red players continue to compete in Tier 3 / Tier 2 events and are doing really well! Congratulations to Neha (one of our assistant coaches), who has won the ladies Midlands County tournament in Northampton. She has also been selected to represent the ladies County team in the County Cup. Our Mixed 1 team are doing extremely well in the league. Recently Neha & David and



Maddy & Arif beat Great Shelford Mixed 1 away 6-2 and beat Buckden Mixed 1 away 5-3 in a very close match; which came down to Neha & David winning the very last set. They are currently top of the table with only two matches left to play. Meanwhile, our men's third team are close to getting promoted to division 4.

We will celebrate the end of the coaching year with a Christmas Social and Awards afternoon on Sunday 15th December from 12-3pm at the Sports Pavilion opposite the tennis



courts. There will be a games session with Toby and his assistants on the courts, followed by an awards presentation with food, drinks & music. For more information please contact Toby (toby@gamesettennis.co.uk). Our club is growing! 17 new members joined in the last eight months with most attending coaching and social tennis sessions. We hope to welcome our 300th member in early 2020. Please see the club website for more information on our activities and on how to join (https://clubspark.lta.org.uk/CambourneLTC).

WHAT'S ON - EVENTS IN AND AROUND CAMBOURNE



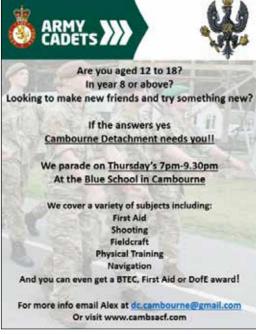


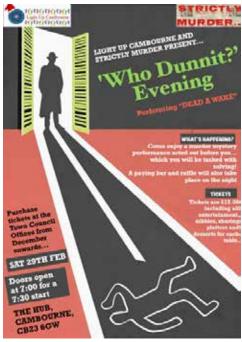
The Fover, Cambourne Church

Jeavons Lane, Great Cambourne









For things to do • where to eat, drink and shop clubs • community groups • services • facilities ... and lots more local information ...

visit www.cambourne.info

















