CAMBOURNE CRIER

www.cambournecrier.org

facebook.com/cambournecrier

editorial@cambournecrier.org

The original vision for Cambourne

The development of the proposed new Cambourne High Street is an issue that effects us all.

Following our article in the October
Cambourne Crier, we were contacted by
two very early residents of Cambourne,
who wished to remind us of the "Vision"
which was presented to them, when
they first decided to move to
Cambourne and this is their story:"We read with considerable interest
about Newcrest's plans for

Back in 1999, when we first planned to move to Cambourne, we were promised a new, inviting and friendly community of 3 villages, with a bright, friendly, sociable High Street at its centre, as evidenced by these Cambourne brochure illustrations from that time (below and top right).

Cambourne's new High Street.

Over the years, we have observed and experienced the development of this community, from when we arrived on 7th August 1999 as Cambourne's first residents, through to today.

We remember running Cambourne's first firework display - We passed round a hat for £7 per household, using this to buy £98 of fireworks which we set off from next to Jeavons Lane in the torrential rain.



How our fireworks night has grown and improved since then!

Please take a long, hard look at the two pictures on this page and let us work together to turn those original artists impressions into a living, thriving reality for our High Street.

They symbolise a much more open, welcoming, inviting, vibrant and sociable heart than the current Newcrest proposal.

If you tried to conjure up a more uninviting, dark, unfriendly, unimaginative, Soviet 1960s era blocky development, you could not have done better than look at the current Newcrest proposals for our very own High Street. And yes, we have visited a number of those Central European cities and seen them first hand.

In our opinion, we have also seen our local planning authorities steadily relinquish ground on the vision for Cambourne and its commitments to

residents.

Cambourne now sits at a key decision point in its history, a decision point from which there will be no return if we take the wrong path.

Cambourne is right on the verge

of becoming a faceless commuter dormitory for Cambridge and London, a dormitory with the recent plans for the High Street - giving our town an unimpressive, dark, uninviting heart.

However, with your active help and participation, we can recapture the original, family-friendly and inviting vision for Cambourne.

So *come on* Newcrest, you can surely do better than this.

To the Town Council and Heidi Allen MP, please do everything within your considerable powers to help Newcrest to raise its game and give us a High Street worthy of Cambourne."

(Written by current Cambourne Residents with contact details provided)

You can make a difference

You can write to Newcrest expressing your concerns or comments by emailing them on info@cambournehighstreet.com and also to the Town Council (office@cambourneparishcouncil.gov. uk) who will ultimately approve or disapprove the plans. You may also decide to involve your MP, Heidi Allen by emailing:

heidi.allen.mp@parliament.uk



CAMBOURNE CRIER

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. **Cambourne Crier is compiled** entirely by volunteers.

This month's editors were:

Donavan Bangs, Paul Jobling, Renata Kovács, Paula Brown, Divya Sharma, Krithika Dwarakanath and Tapti Roy. **Distribution:** John Panrucker Finance: Pam Hume

To advertise please contact: Janet Dobson:

adverts@pendrill.net or (01480) 831066

For leaflet distribution contact:

John Panrucker:

delivery@cambournecrier.org

Editorial submissions:

Submissions for the December 2019 edition must be received by 9pm on Sunday 17th November 2019. Please email articles and photographs to editorial@cambournecrier.org By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

Our community fund enables us to make grants and donations to local clubs, societies or causes. Do you need new equipment for your group? Want to set up a new group and need some funding to get going? Contact pamhume1@gmail.com for more information or download the application form at www.cambournecrier.org

CAMBOURNE TOWN COUNCIL

Town Council News and Events

ROAD CLOSURE

Remembrance Day Parade

The Remembrance Day Parade is being held Sunday 10th November at Cambourne Church. The parade will begin at 10.30am from the new cricket pavilion and continue down Eastgate to the rear of Cambourne Church. The service will begin at 10.45am. Therefore, Eastgate will be closed from early morning until midafternoon.

Skatepark Refurbishment Consultation

To all skatepark users. Please complete the survey to have your say on what you think the refurbished skatepark should have. There are 7 designs to choose from and the survey will ask what your favourite, second favourite and least favourite designs are. It will really help us gauge an idea on what the skatepark users want! Complete the survey at: www.surveymonkey.co.uk/r/cambournesk atepark Consultation ends Friday 8th November.

Winter Gritting

Winter is approaching and the temperature will begin to drop. The Town Council grounds team will be keeping a close eye on the weather forecast for temperatures falling below zero degrees, and will be out and about in the early hours gritting the major footpaths (bus stops and school routes). The Town Council does not grit the roads. Adopted roads will be gritted by the County Council in line with their Winter Gritting Policy which can be viewed on there website.

Street Lights

As the clocks have jumped back and nights draw in earlier, you may notice that some streetlights are not working or faulty. If the streetlight is on an adopted road, you can report it on the County Council website. If it is unadopted, it is likely to be the responsibility of the developers. Please report these streetlights to us with

as much detail as possible (i.e. the exact location, the issue with the streetlight, are there any numbers on the streetlight etc.) by phoning the office 01954 714403 or emailing

office@cambourneparishcouncil.gov.uk. Some streetlights are the responsibility of a housing association or management company.

Christmas Market

Cambourne Christmas Market organised by Cambourne Town Council will be held on Saturday 30th November, 11am - 3pm at the Hub Community Centre. We will be joined by a variety of Christmas stalls such as craft, baking, confectionary, and unique Christmas gifts. Hot mulled wine and mince pies will be available for a small donation, and to keep the kids entertained we will have Christmas craft activities in the meeting room.

Repair Café

The first Repair Café will be held on Saturday 7th December at the Hub Community Centre from 11am to 2pm. A Repair Café is a community event where volunteers with skills offer free repairs to a variety of items such as clothing, toys, bikes, etc. If you have something that is not listed, please contact us to find out if it will be possible to repair. Items must be registered in advance and there will be an online form available on the Town Council website or you can email community@cambourneparishcouncil.gov.uk. Any items brought in on the day that have not been registered in advance cannot be guaranteed to be looked at. If you are interested in volunteering at this event and

CALENDAR OF MEETINGS

5th November

email address.

7.00pm Planning Committee Council 19th November

have a particular repair skill that may be

useful, please get in touch on the above

7.00pm Planning Committee Leisure and Amenities

3rd December

7.00pm Planning Committee



The Town Council Office: The Hub, High Street, Cambourne, CB23

Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403 John Vickery, Parish Clerk: clerk@cambourneparishcouncil.gov.uk For all other enquiries: bookings@cambourneparishcouncil.gov.uk

COMMUNITY

CamCare Cam Talks report

Cambourne is full of exceptional people whose contributions and actions are changing the planet, impacting communities and inspiring individuals. We believe these stories should be shared and heard across the community.

This is why CamCare UK organised CAM Talks - a series of four TEDx-style talks delivered by locals who shared their stories, ideas and life adventures to the audience. Shrobona Bhattacharya, founder of CamCare UK charity, and Matic Golob, the organizer of CAM Talks opened the event and introduced four entertaining and eye-opening 15min talks.

First on was Anthony Browne, former BBC & The Times journalist, who walked the audience through his personal experiences from behind the scenes of newspaper, radio and TV journalism and reporting, as well as his travel adventures. Next on was Ruchi Sharma, the CEO of



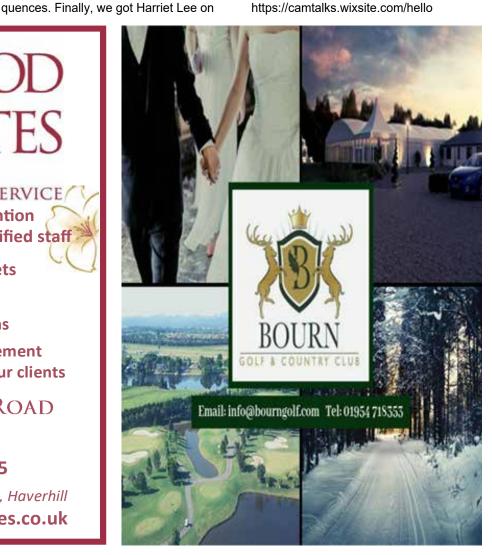
Stemnovate, who presented a glimpse into the possibilities of creating personal medication and disease prevention using technological advancements. The third talk was by Dan Jones, an Oceanographer, who talked about the seriousness and severity of climate change, and the vital role the Southern

Ocean plays in slowing down the conse-

her personal story of what it takes to navigate through the challenges of life, and how her passion and support from loved ones allowed her to break swimming records and win World Championship and Paralympic Medals. Future CAM Talks where more incredible

Future CAM Talks where more incredible local stories will be shared on: https://camtalks.wixsite.com/hello





COMMUNITY

Wildlife Trust Christmas Shopping



Friday 29 November, at the Manor House, Cambourne, 3pm - 6.30pm

Join the Wildlife Trust for their annual Christmas shopping event – enjoy a glass of festive mulled wine and a mince pie while browsing a lovely array of wildlife inspired gifts including: wildlife art - drawings, paintings and prints, mugs and greetings cards; fused glass creations; 2020 calendars and cards; handmade and

bespoke items - bags, wallets, purses, note books; bird boxes and insect houses. Dufflecat will be bringing quirky animal cards, badges, magnets, art prints and fabric gifts, Opticron's range of optics give the chance to try before you buy and speak to an expert; Campkins cameras specialise in new and second hand cameras, modern and vintage, binoculars



and telescopes, plus Cambridgeshire reserves staff Mark and Glenn will have an array of hand crafted wooden creations. During the event there will also be some fun activities for children and a Christmas raffle: the Trust very much look forward to seeing you there! The Manor House, Broad Street, Cambourne CB23 6DF.

www.wildlifebcn.org/events/2019-11-29-christmas-shopping-manor-house



Greetings from the Library

Rhymetime/Storytime - Alternate Fridays starting on 8th Nov 9.30am with storytime

Engage - Wed 6th November and 4th December Speakers TBC

Library Presents Autumn season! - Tickets from Cambourne Library or www.cambridgeshire.gov.uk/arts

Silhouette Portrait Workshop - Saturday 2nd November 10.30am Tickets £5 standard, £2.50 concessions (12yrs+)

Mahajanaka Dance Drama - Wednesday 20th November 7.30pm (doors open 7pm), featuring award winning artists from Thailand and the UK. Tickets £7 Standard, £4/5 concessions (10+yrs)

November - Men's Health Awareness Month - Our health information section hosts a wealth of books on a variety of topics. This month acknowledges Men's Health. Please feel free to borrow any of the books on display and take the leaflets for your information.

Family History Drop In - Monday 16th Dec 1.30pm-4pm Drop in for advice on researching or book an appointment to see our Family History representative

Christmas Special Storytime/Rhymetime - 9.30am -10.30am 6th December

Christmas cards are on sale from reception!

We are looking to recruit a Computer Buddy, Storytime and an Events Volunteer. Please ask at the library reception for details.



COMMUNITY

CERC Kid Selected for PiWar Conference



Cambourne Electronics and Robotics Club (CERC) created another buzz in the community when a 10 years old, Rishan Sharma, presented in the Pi Wars (Mini) Conference 2019 held at the University of Cambridge on Saturday, 5th October 2019. The conference was well attended by several senior electronics and robotics enthusiasts. Six members of the CERC team secured the second place in the PiWar 2019 conference which was held in March 2019. Rishan spoke about his team's journey of winning second place in the PiWar 2019 competition among 11 countries. His presentation covered details of the robot design, challenges faced, code design, sensors used, testing, code flow and demonstration. Rishan not only eloquently presented his talk but was also bold to invite questions from the audience. Well done Rishan and the CERC team for winning the prize in the competition and also communicating science at such a young age. We are proud to have such Young STEM ambassadors in Cambourne

CERC which started in November 2017 has now catered to more than 350 students in the age group of 7-14 years. This club provides a unique platform for students to engage in hands-on innovative STEM projects and empowers them to become collaborative, critical and creative thinkers. For more information about the club please contact Cllr. Shrobona Bhattacharya through email at shrobona@gmail.com



6th November 2019 – Cambourne Bowls Pavilion 25th November 2019 – Everyone Active, Cambourne Fitness and Sports Centre

4th December 2019 - Cambourne Bowls Pavilion



COMMUNITY

Crafts and Creativity in Cambourne!

THANK YOU to all involved in the Big Squiggle! After months of preparation and planning, the afternoon of Saturday 5 October saw event organisers open the doors to around 320 locals, who created all manner of wonderful arts and crafts at this free event.

The theme for 2019 was 'What the Environment Means to Us', with many of the approx 15 activity tables re-purposing old jars, cardboard, magazines and natural materials such as twigs, leaves etc. A highlight to many was an enormous collage of the same name, with visitors adding their personal contributions.

The atmosphere was wonderful, watching toddlers through to teens getting stuck in, plus their respective parents/carers and other adults too. Endless paper bags were decorated, then filled up with crafty creations such as paper plate animals,

decorated jars and ladybirds made from plastic bottles, jewellery from old beads and coloured pasta. The biscuit decorating table was popular, with hundreds of homebaked biscuits. Many visitors stayed the full 3 hours, grateful for a quick refreshment break, with many wonderful cakes and bakes devoured.

With thanks to Cambourne Town Council for all their support - in allowing us use of the Hub and its facilities for the day and for displaying event banners - and to ALL the volunteers, including the art/ craft table leaders, the ladies serving refreshments, those who welcomed visitors at the doors, publicity manager, photographers, those who donated cakes or other materials, and especially to Fran, who orchestrated the event.

Photograph credit to: Rowan Litting, Darcy Simpson and Sarah Kidson









COMMUNITY

CamCare UK celebrated festival of world languages and food



The key question of effective ways of integration along with maintaining one's own identity and culture, in a multicultural society is of utmost importance.

Councillor Shrobona Bhattacharya, organiser of the festival said, "We put the efforts through CamCare UK to address different ethnic community groups to be heard, acknowledged and respected. This includes cultural awareness and sensitisation programmes on cultural difference encouraging the community itself. These activities give us the opportunities to connect with the people and to learn from each other.

It was found that 60 languages are spoken in Cambourne. CamCare UK ran the festival of world languages and food for the 2nd time to acknowledge the diversity in Cambourne on 29th September at Hub. The languages were demonstrated were Hindi, Kannada, Punjab, Marathi, Polish, Estonian, Russian, Mandarin, English, Arabic, Palestinian, Algerian, Egyptian, Italian, German, Turkish, Assamese, Bengali, Telegu and Sign language in the festival.

Other languages were present in 2018 but could not join this year in 2019. Another new language promised to join next year is Romanian.

The event was supported by Cambourne Town Council with the venue, please email to Cllr. Shrobona Bhattacharya, shrobona@gmail.com to join International Dinners & Seminars, World Language Festival or International Cookery Workshop and Cambourne Experimental Cookery Club





www.elglaze.co.uk

Showroom: Earith Business Park, Meadow Drove, Earith, PE28 3QF

FENSA MTC REGISTERED

COLUMNISTS



HEIDI ALLEN
MP FOR SOUTH
CAMBRIDGESHIRE

Exceptional Healthcare Workers in our Area

South Cambs is blessed with exceptional healthcare workers and I spent a brilliant day with the Women and Children's Services Unit at Cambridge University Hospital (CUH) learning about plans for the new children's hospital. This superb new facility is proposed to open in 2023 and will house many of the outstanding staff at CUH currently treating very poorly children with outstanding skill and care. Staff remain the backbone of our NHS and I was delighted to share in the vision of future GP services at the inaugural Primary Care Innovation Academy weekend organised by Cambridge University and

Granta Medical Practice. This platform allows GPs to become leaders of the future, delivering services that are truly innovative and beneficial for our local communities. We need to ensure that we retain experienced GPs as our primary care evolves and I recently wrote to the Chancellor and Health Secretary demanding they look at ways to retain this talent within our NHS.

We have a thriving healthcare community and volunteers play an enormous part in this.

I do benefit greatly from hearing your views at my continuing pop-up surgeries. Please do come along to share your thoughts or concerns.

■ Details of forthcoming surgeries can be found at www.heidisouthcambs.co.uk. You can phone my Westminster office on 020 7219 5091 or my constituency office on 01223 830037 for local concerns. Email: heidi.allen.mp@parliament.uk



SHROBONA
BHATTACHARYA
DISTRICT COUNCILLOR

The No. 4 Bus Service and Upper Cambourne

As a user of public transport in Cambourne, I never understood why there wasn't a bus service to Upper Cambourne in the evening, and on Sundays.. This led me to survey the populous in Cambourne, and the results showed that many others shared the same concerns as myself.

The next stage was to contact the correct person from Stagecoach and make them understand how people had to gret off the bus anything up to a mile and a half from their home and walk to Upper Cambourne, often at night.

As Cambourne's size increases, having a cheaper bus dedicated inside Cambourne is

almost essential, and will help residents go shopping, get to school and get to the village college or the business park.

I met the operational director of Stagecoach, we had a positive discussion and he came to Cambourne on October 7th. We showed him around all three villages, the Village College, Business Park, West and Upper Cambourne.

I asked the Director to attend some community events in Cambourne and give the residents an opportunity to express their opinions. We will be meeting every six weeks to follow-up. Although the process is not fast, it's a good starting point to get the conversation started regarding this important matter for the residents of Cambourne.

■ Contact me on Cllr.Bhattacharya@ scambs.gov.uk or 07852753216



CATHERINE PRICE CAMBOURNE PARISH NURSING SERVICE

Heartburn, Acid Reflux and GORD

Heartburn is very common and refers to a burning feeling or pain behind the sternum (breast bone) which can spread to the ears or jaw. It is usually caused by acid rising (or refluxing) from the stomach into the oesophagus (gullet). Acid reflux (also known as Gastro-oesophageal Reflux Disease or GORD) does not always cause heartburn and there can be other symptoms such as a cough, hoarse voice or sore throat.

Acid reflux is strongly linked to diet and lifestyle. It tends to be made worse by caffeine, chocolate, fatty foods, wine, spicy or acidic foods, fizzy

drinks and smoking. Avoiding large meals, not going to bed on a full stomach and losing weight if you need to, are all likely to help.

Over the counter medications can be helpful but if you are needing them regularly this should be discussed with your doctor.

Acid reflux should be taken seriously as it may lead to significant problems. Including an increased risk of cancer of the oesophagus.

Most importantly, any difficulty in swallowing where food feels stuck in the throat or chest must be reported urgently. This may occur with or without the feelings of acid reflux but can be a symptom of a more serious problem.

Reference/ further information:
www.nhs.uk/conditions/heartburn-and-acid-reflux/
Contact: nurse@cambournechurch.org.uk

EDUCATION

Cambourne Village College

On 2 October, many hundreds of visitors surged into the school the moment the doors opened, eager to attend our annual Open Evening, a special event for all those Year 6 pupils and their parents choosing their secondary school for September 2020. The deadline for applications for secondary school places is 31 October, and parents will hear whether their application has been successful in March next year. As usual, we had numbers of families from out-of-catchment, asking if there were likely to be places available next year, and our answer is always that we seek first to serve our local community, and to be able to offer a place to every Cambourne-resident child who applies for one. We anticipate again being able to do this next year.

Our newest cohort have enjoyed their first half-term. Each tutor group performed with great aplomb at their first evening event, the Year 7 'Spanglovision' competition in which each form learns and performs a song in Spanish, with many individual pupils also performing in another language to give us an evening of wonderfully varied entertainment. The half-term ended with the

usual two Curriculum-Extension days, which saw each yeargroup engaging in activities not possible in our usual lesson times, and Year 7 taking part in a Maths workshop on one day and a visit to Colchester Zoo on the other. Everyone was more than ready for the half term holiday!

Building work at the College is continuing, with a small number of lessons currently taught in two temporary classrooms until the 'newt-delayed' extension that was due to open in September, is handed over for the start of the January term. The access road on Sheepfold Lane has been widened and we are now working with the developers to try to get the gates next to the cycle sheds widened, to reduce the bottleneck as traffic enters the school.

For further information about the building work and all College events, please see our website: www.cambournevc.org or follow us on FACEBOOK: @CambourneVC; TWITTER: @CambourneVC, or INSTAGRAM:cambourne_vc

Claire Coates: Principal

The Crier is run by volunteer editors and we could use more of them. Training and software is provided and timebank credits are available with registration for the time you spend editing. If you would like to find out more come along to our next meeting on the 18th of November in the hub or email editorial@cambournecrier.org



All plumbing repairs and installations

- · Drainage repairs · Disability adaptions
- · Windows and doors repaired
- · Door locks, home security repairs and upgrades
- · Fencing and gate repairs or replacements
- General carpentry repairs and installations
- · All forms of tiling · Painting internal and external
- Most things considered, even unusual work

Small jobs can be done after normal work hours or at weekends, so you don't need to take time off work!

- Fully insured
- CRB checked
- ✓ Honest & reliable tradesman

Woodpecker Way Great Cambourne Cambridge

Call Paul on: 07511 204985 or 01954 715839

JASON KIRBY

Professional Painting & Decorating Ltd

A Professional Service from Start to Finish

Tel: 01954 211775 www.jasonkirbyltd.co.uk









EDUCATION

The Vine Primary go back to the Stone Age

In addition to learning about the Stone Age this half term, Year 3 travelled back in time and became Stone Age children for the day. The day began with the pupils foraging for berries in the school grounds allowing them to indulge in life as a gatherer. In



addition they were asked to dress as a Stone Age child for the day. Their attire helped them get into character for their English activity which was to write a diary entry as a Stone Age child.

Their hard work didn't stop there! For the remainder of the morning the kids had the challenging task of cracking Stone Age codes by looking at cave paintings and working out their hidden meaning; and even made their own cryptic codes! In the afternoon these codes were re-created using mud and powder paint in the style of cave paintings.

Finally at the end of the day the pupils enjoyed their hard earned Stone Age stew whilst listening to Stone Age tales. Year 3 worked incredibly hard and demonstrated excellent learning through this immersive and exciting day.

There is a harvest festival at Hardwick and Cambourne

This month the entire school has been busy preparing for our upcoming harvest festival by learning songs and exploring local charities we can support. In year 1/2, reception and nursery we have enjoyed sharing traditional stories through reading, drama, puppetry and art. We are looking forward to our big afternoon read, where children will get comfy and cosy with a book, their slippers and hot chocolate. The kids have been having adventures further afield too. As part of their India topic Year 5/6 have visited Bhaktivedanta Manor Hindu Temple in Watford where they gained valuable insights into Hinduism as well as getting to enjoy some wonderfully prepared food! For their castle topic, Year 1/2 visited Warwick Castle where they stormed the

gates, experienced birds of prey swooping over their heads and helped the Princess solve an intriguing mystery.

On Friday mornings, the pupils in years 1-6 take part in Golden Mornings where they choose exciting projects and courses to participate in with their friends. This half term, the kids have designed and painted beautiful murals representing our school values on the walls in the KS2 corridor. They have also been using their woodwork skills to make new play equipment and have extended our mini village by building wooden roads and a hedgehog mansion for our wildlife area. This month we have also had our School Council, Ethics Council and Pupil Governor elections, congratulations to all those who were elected!

Monkfield Park Primary School

The new academic year kicked off with art week, in which the children produced their own unique piece from a given brief. These were displayed in an art gallery from which the parents could purchase their child's creation. With the majority of pieces purchased and the remaining art work used to brighten up the corridors around the school.

The start of this academic year saw the 20th anniversary of our school, an occasion marked with celebrations throughout September. This started with our Autumn fete, organised by Friends of Monkfield Park, which involved our local community coming together in glorious sunshine. The money raised will go towards the new school library. Following the fete, each year group took part in an

activity which gave back to the local community. Activities ranged from litter picking, bulb planting, to reading with the elderly. To climax the celebrations, a drone photographer visited school to take a birds-eye shot of the children forming MP 20.

Year 5 started the year with a new topic, South America, which the children have been really enthused by. 'The Great Kapok Tree' by Lynne Cherry has been our core text, which has provided the children with an insight into the importance of the Amazon Rainforest – very topical at present. Innovated versions of the story were written, followed by letters to the author explaining how the story has inspired them to make a difference and raise

awareness about issues surrounding rainforests.



EDUCATION

Photographic Pursuits

......



EDUCATING OTHERWISE: Some young people in Cambourne are continuing with home education and meet to play weekly multisports at the leisure centre. One of these is Rowan, who has also been developing his photography skills at home and in the community:

'I started taking an interest in photography last year and began with some little hobby projects. This was an exciting time when I started to understand the technical basics of composition and camera use then found that practical experience was a better way. Last October I was offered the opportunity to be the photographer at 'The Big Squiggle'. The event was really enjoyable and provided a chance to use my skills to take photos that would be published in the Cambourne Crier. More opportunities followed, including Cambourne Open Gardens, Cambourne Mela festival, 'Cambourne to be Wild' and most recently 'The Big Squiggle' again. Now photography is one of my favourite parts of my life.'

For info on educating otherwise than at school please connect via the facebook group 'Home Education – Cambourne.

Exhibition - Black Germany 1884 - 1945

Cambourne Village College

In November the History Department at Cambourne Village College will be hosting the travelling exhibition Black Germany, 1884-1945. The exhibition is based on ground-breaking research into the development of a Black community during the period of European colonialism up to the end of the Second World War. Using a number of biographies, accompanied by photographic images, it introduces school pupils to an exciting and important aspect of German history that remains almost entirely unknown, but which has real contemporary relevance. Pupils will learn about how and why African men and women came to Germany pre-1914, how they created lives and families in Weimar and about their experiences during the Nazi period.

In doing so the exhibition engages with themes of empire, migration, racism and resistance. Dr Aitken will deliver a public lecture and event for all members of the Cambourne community on Thursday 7th November.

Public Open Event: Thursday 7th November 3.30-5.30pm.
Everyone welcome to the exhibition!
An introductory lecture begins at 4pm.





Monkfield Park







Care and Learning Centre

Situated on the site of Monkfield Park Primary School in Cambourne

- Purpose Built
- Spacious
- Well-Equipped
- Read, Write Inc. Nursery Phonics
 Programme taught to all children

Full and part time pre-school places for children aged 2 to 4 years including funded 2 year olds. Breakfast, After

School & Holiday Club sessions for children aged up to 11 years.





and a spaciou outdoor are: provide a range o stimulating exploratory an investigativ eriences for children

Contact us by email or phone: clcoffice@monkfieldpark.cambs.sch.uk 01954 273301

www.monkfieldpark.cambs.sch.uk

Open 50 weeks a year from 8.00 am until 6.00 pm providing pre-school and extended school facilities to families living in Cambourne and the surrounding villages.

The Cambourne Kitchen presents:

Scotch Veggs from Singalongchef@gmail.com.



As a season of celebrations and festivals begin including bonfire night and, dare I say' the 'C' word, it can often be difficult to cater for veggie/vegan alternatives so how about this reinvented Scotch Veggs. A simple recipe that you can alter to suit your preferences by adding more Indian spices or replacing the tofu with mushrooms.

This makes quite a decent volume so I'll use medium tomatoes as a guide. Ingredients:

6 medium tomatoes Filling:

1 medium/large brown onion diced, 1tsp turmeric, 1 tsp salt to taste, 1tsp white pepper, 1 block 500g soft tofu, 2tsp oil or plant-based spread, 1 cup cornflour, 1 cup chickpea/gram flour plus water to make batter, 1tsp onion salt (optional), breadcrumbs. Oil for frying.

Method:

Heat oil in the pan over a medium heat and saute the onion for about 5 mins. Add the tumeric, white pepper and salt stirring a further two minutes. Pierce the tofu box and pour the liquid into the pan and continue cooking until the liquid has evaporated before adding the tofu and breaking it into small pieces. Cook for a further three minutes, taste and remove from the heat.

Now prepare the tomatoes. Make an incision in the top large enough to remove the inner flesh as well with a teaspoon while keeping the sides intact.

Once the filling has cooled fill each tomato almost to the top and replace the top of each tomato. Put the cornflour on a plate and the breadcrumb on another plate. In a separate shallow dish mix the gram flour, onion salt and enough water to form a thick paste (the consistency of a pancake batter or slightly thicker than double cream). Coat each tomato in the cornflour, then the gramflour mixture followed by the breadcrumbs.

In a medium sized pan or a deep fat fryer heat oil over a medium heat. With a slotted spoon to place each tomato in the oil and turn after 1 minute for about 5 minutes to ensure an even cook. Once cooked place on a paper towel. These can be made in advance serve either cold or warm.

With some of the extra filling I mixed it up with the left over breadcrumbs, cornflour and gram flour batter and formed into fritters for frying but you could use the filling to wrap in filo parcels or cigar shapes, make bruschetta. The options are there to experiment but it's a great vegan alternative to eggs. If you like this recipe let me know and if you want me to come up with anything in particular for a special dietary need or cooking on a budget or an occasion, a specific ingredient I'd love to hear from you.



Cambourne Memories

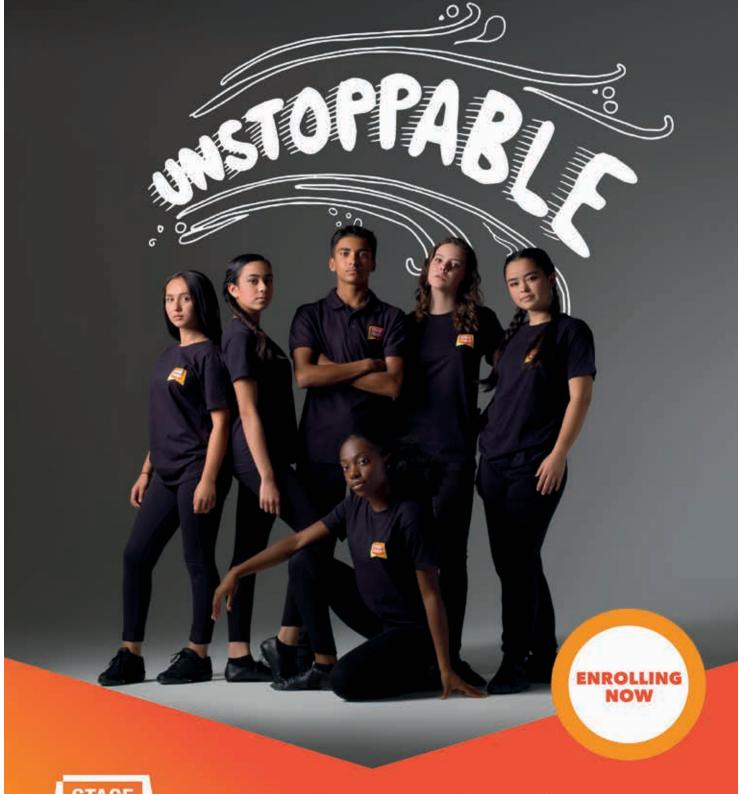
Richard Durell married Edmée Gruchy in Jersey on 21 December in 1934. 'After marriage, Richard accepted a job in the Bank of British West Africa as he had previously been in banking in London. He was able to take the opportunities available at that time as the British Empire was still intact, and there were opportunities in countries in Africa and elsewhere to investigate, for anyone with a pioneering spirit and sense of adventure...During Richard's time there, he became a Bank Manager in Warri, West Africa after moving around the country (now Nigeria) to various branches. The country was called "The White Man's Grave" because of the many diseases for which there were no cures or inoculations...The northern part of

the people further south black. He told me that the drums sending the news across the country when Queen Victoria died on 22 January 1901 had transmitted the message quicker than the telegraph of the time.' These are excerpts from Anita Cameron's memoir of her parents in Africa that was published in www.pastconnect.net in March, 2017. Anita is putting together a longer family history with pictures, from both sides of her family. Her short account on the

Nigeria was, and still is mostly Arab, and

Blog acted as a preview of the larger project. If anyone is undertaking something similar, the Blog is a good opportunity to test the waters. Contact Tapti on 07582016562 or write to her at taptibr@pastconnect.net







For Life

Find your fearless

Singing, dancing and acting classes for 4 - 18 year-olds

- w stagecoach.co.uk/cambridge
- 01223 359974 @ cambridge@stagecoach.co.uk

WHAT'S ON

South Cambs Child and Family Centre

Mondays

Lets Get Physical - Blue School, 10-11am, ages 0-5, £2, Baby Group - Cambourne Child & Family Centre, 1:30-3pm, 0-mobile Midwife Clinic, Cambourne Child & Family Centre, 1:30-4:30pm

Tuesdays

Under 25's Group (Bumps, Babies and Buddies), Cambourne Child & Family Centre, 10:30-midday, for parents under 25, free.

Wednesdays

Stay & Play - Blue School, 10-11.30am, ages 0-5, £2 Multiple Births Group - Cambourne Child & Family Centre, 10-11.30am, 1st & 3rd Weds only, ages 0-5, free Midwife Clinic, Cambourne Child & Family Centre, 1:30-4pm.

Thursdays

International Group - Blue School, 10-11.30am, ages 0-5, free Clothes Swap - Blue School, 1-2.30pm, 1st Thurs only, bring clean good condition clothing, 0-8yrs, to swap, free

Midwife Clinic, Cambourne Child and Family Centre, 9:30-midday. Child Health Clinic, Cambourne Child

and Family Centre, 10-11:30am, 1st and 3rd Thurs only.

Self-Weigh, Cambourne Child and Family Centre, 10-11:30am, 2nd and 4th Thurs only.

Fridays

Breastfeeding Support - Cambourne Child & Family Centre, 10-11.30am Busy Bees SEND group - Blue School, 1-2.30pm, ages 0-5, free (referral only)

For info and bookings please contact: ChildAndFamilyCentre.South@cambr idgeshire.gov.uk or 01954 284672.

Saturday 2nd Nov

Fireworks Night

Cambourne Sports Pitches, Back Lane The sports centre car park is allocated for blue badgeholders as this is adjacent to the accessible viewing point.

Sunday 3rd Nov, 3-4.30pm

Light Party

Cambourne Village College Family fun. Free entry

Friday 15th Nov.

U3A Meet

10.30am -12 midday

The Hub, High St, Cambourne Meet and Greet welcome speaker Sujit Bhattacharya on Artificial Intelligence Email: thompsonkf55@gmail.com

Thursday November 14th

Bame Forum

The Hub, High St, Cambourne 19:30

Topic of our Debate Immigration and Labour's Policy on Immigration

Saturday 16th Nov, 7.30-10.30pm

Big Deal Comedy

Stand up Comedy Night Cambourne Sports & Social Club Bringing the best comedians in Cambourne.

£7 per person (advanced booking advised) www.bigdealcomedy.co.uk

Ladies Fashion Show & Pop-up Shop

The Hub, High St, Cambourne Tickets: £6 each or 3 for £15 (includes a drink on arrival) For tickets and more info: friendsofmonkfieldpark@gmail.com

Friday 26th Nov, 3-6.30pm

Christmas Fair

The Wildlife Trust, Manor House, Broad Street, Cambourne

Friday 29th Nov.

Retro Video Game Night

The Hub, High St, Cambourne 6pm to 11pm

Cost: £4

Join us for a Christmas themed evening of Retro Gaming and beer! Over 18's only event.

Come along and play the video game systems of yesteryear.

https://www.seetickets.com/tour/cambourneretro-video-game-night

https://www.facebook.com/events/46967956 6973092/

Saturday 30th Nov, 11am-3pm

Christmas Market

The Hub, High St, Cambourne For stall enquiries, email: community@cambourneparishcouncil.gov.uk.

Saturday 7th Dec,

Repair Cafe

11am-2pm The Hub, High St, Cambourne Items must be registered in advance, online form available on the Town Council website or email-

community@cambourneparishcouncil.gov.uk.

Saturday 14 Dec.

White Collar Boxing

Doors open 18:30pm Boxing starts 19.30pm The Hub, High St, Cambourne Raffle, Licensed Bar, Food, Magician Entrance Tickets £20 (non-refundable) Tel: 07711 101325

Christmas Disco and Crafts Event

Friends of South Cambs Child and Family Centres

2-4pm at the Old Blue School, Eastgate, Cambourne

Tickets £3 for 1st child, further siblings £1.50 each. Tickets go on sale 11th Nov via our Facebook page or email friendsofcambournecc@gmail.com

Cambournes Got Talent!

7.30pm Cambourne Village College A multicultural fun family night showcasing the best in Cambourne Talent.

Come along and show your approval (or disapproval) of the range

of local acts on show. Your vote will decide the winner!

Adults £6.50 Children: £2.50 Discounts for pre-booking and groups - see www.sundialtheatre.company/cgt. If you're interested in submitting an act, please email info@sundialtheatre.company

EVENTS IN AND AROUND CAMBOURNE

MONDAYS

Watercolour Class

7-9pm The Hub Cambourne .

Cambourne United Football Club

8-9pm Cambourne Village College: Ladies.

......

Cambourne Bowls Club

Regular club nights Mon and Thurs, 6pm. New players of any standard, age or gender welcome. Behind Everyone Active.

TUESDAYS

WW2 Aircraft Club

First Tuesday of the month in Cambourne at The Blue School.

Cambourne Tae Kwon Do

Beginner classes for all at Vine School.

Cambourne Women Runners

7.15pm club run, meet at Old Blue School.

Cambourne Open Minds

1st Tuesday of every month, 7.30-9.30pm at the Village College.

Cambridge Badminton Academy

7.30-10pm at Cambourne Village College.

WEDNESDAYS

Watercolour Class

10am-12pm in the Sports Pavilion.

Buggybootcamp

10-11am Crow Hill Lane Green CB23 5AW

Timebank Coffee Morning

1st Wed of the month, 11am in Cafe 19.

Cambourne Youth Clubs

Year 7-8 3.30-5pm, Year 8-10 5.30-7pm, Year 10+ 7.30-9pm at Cambourne Soul.

Cambourne Tennis Club

Social tennis session. 7-10pm.

Cambourne Runners ARC

Meet at the Hub. 7.10pm.

Photography group

3rd Weds of the month 7.30pm The Belfry.

Cambourne Community Gospel Choir

7:30-9:15pm in term time Old Blue School.

THURSDAYS

Diabetes Peer Group

1st Thurs of the month 11am-12pm Upper Cambourne Cricket Pavilion. FREE.

Home Educators Multisports

12.30-2.30pm at Sports Centre.

Cambourne Rugby

6:45pm on all-weather pitch. All abilities.

Cambourne Netball Club

7.30-9pm senior squads at Sports Centre.

Cambourne Futsal

Indoor football for 18 to 65 yrs. Cost £4. Facebook.com/groups/cambournefutsal

Soul Stories

In partnership with Wysing Arts Centre. For those aged 15-19. Share your story though music, performance, video, writing or visual art. 7-9pm, Cambourne Soul, Back Lane.

Youth Club

For young people about to start secondary school, to make friends from other primary schools and have space to think about the transition to Year 7 through games and activities. Cambourne Soul, Back Lane.

FRIDAYS

Cambourne Health & Wellbeing Club

1st & 15th Nov., 10.30-12 midday
Blue School (behind the Church)
For older adults, with a speaker or games,
refreshments and chair-based exercises.
FREE. Contact Catherine Price
nurse@cambournechurch.org.uk
Tel: 01954 710644 (Church Office)

Children's Art Group

4-5.30pm. 5-11 yrs.

Upper Cambourne Cricket Pavilion.

Cambourne Chess

5-6pm in term time from 1st March. School years 1-6. Cambourne Church.

Friday Walks

The next walk will take place on Friday 8th November. We are planning to Walk from Stow cum Quy to Anglesey Abbey, returning via the same route.which is approximately 6 miles.

We meet near the rear entrance on the library at 10.15am.

If you would like more details contact pam.hume1@gmail.com, or telephone Penny Flannagan on 01954 200126

SATURDAYS

Cambourne Runners ARC

Meet 8.50am at the Hub.

Cambourne United Football Club

9-10am girls & boys on Cambourne 3G.

Doodle's Dog Walking Group

9.30am at Just for Pets shop. Open to all.

SUNDAYS

Cambourne Tennis Club

10am-12 midday Social tennis session.

Cambourne Electronics & Robotics Club

Alternate Sundays in the Blue School. 2pm seniors, 3.30pm new.

Cambourne Raptors Basketball Club

Open scrimmage 6-8pm at CVC.

Digital Surgery for 60+

Alternate Sundays in the old Blue School. 2-5pm. FREE. Drop in!

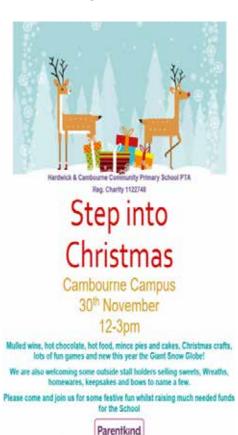
Cambourne Balkan Dance Club

5:15pm, Blue School. £3 per session.

Sunday Walks

24th Nov. Meet at 10am at Monks Wood Car Park, School Lane

Contact: Sandra 07747 012245 or email sandracalcraft@waitrose.com



GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858 fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk

Cambourne Children's Centre:

01954 284672 cambournechildrenscentre@ cambridgeshire.gov.uk

Cambourne Love Justice Group:

Len Thornton: 01954 710370 **Cambourne Crescent:**

www.cambournecrescent.org

Cambourne experimental cookery club

Member organises only one dinner and attends many at others. Fundraising finale. shrobona@gmail.com / 07852753216

Cambourne International cookery workshops

shrobona@gmail.com / 07852753216

Cambourne Electronics and Robotics Club

Runs on alternate Sundays shrobona@gmail.com / 07852753216

Network Business Breakfast:

Jo Christy hello@stirupmedia.com 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm Pat Callaghan 01954 718836

Watercolour classes

Tutor-led classes for watercolour painting; Monday 7-9pm, Wednesday 10-12pm. Contact fran@panrucker.eclipse.co.uk

Children's art class:

Contact fran@panrucker.eclipse.co.uk

Photography group:

Beginner to advanced. Meetings on third Wednesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 www.flickr.com/groups /cambournephotographygroup/

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk Timebank:

0300 111 3555 or Laura Papanikolaou

01223 713555

Crafty Ladies: Enid - (01954) 715292 or

Edna - (01954) 717360

WW2 aircraft club: Meeting in Cambourne on the first Tuesday of the month. Contact 01954 269 173/iancameron692@gmail.com

Papworth Astronomy Club

Meetings at the Vintner Room, Papworth Everard, 7.30pm. Contact Peter on 01480 830729 or peter@cheere.demon.co.uk Friday walks: Monthly. Meet at the rear entrance to the library at 10.15am. Contact Penny Flanagan on 01954 200126 or pam.hume@ntlworld.com

Sunday walks: Monthly. Meet at 10am in

Monks Wood car park, School Lane. Contact Sandra on 07747 012245 or

scalcraft@gmail.com for next walk.

Cambourne Community Website Group

John Panrucker: 07734 258 059

hello@cambourne.info www.cambourne.info/about

Cambourne and District U3A:

Self help organisation for the retired/semiretired providing a chance to learn new skills and meet new people.

Visit u3a.cambourne.org or contact Fran Panrucker on 01954 710858

Story blog: Publishes real life stories of war, travel and human interest. Contact Tapti Roy on 07582016562 or taptibr@ gmail.com www.pastconnect.net

Cambourne Open Minds: Meditation, laughter & self development. First Tuesday of every month 7.30-9.30pm. Suzanne: 07887 715555, SMJLANE@lifequest.co.uk

Cambourne Community Gospel Choir:

Rehearses in the Old Blue School 7:30-9:15pm on Wednesdays. Just turn up. A donation of £1 per session is suggested towards costs. Find us on Facebook.

Child and Family Centre:

01954 284672 or ChildAndFamily Centre.South@cambridgeshire.gov.uk Children's Chess Club: Y1-8, Fridays 5-6pm at Cambourne Church. Book in advance: cambourne.chess@gmail.com

Sundial Theatre Company

Cambourne community theatre group info@sundialtheatre.company or visit www.sundialtheatre.company

Cambourne Balkan Dance Club

Sunday Dance meet ups open to all. bit.ly/BalkanDanceCambourne

Cambourne One

A charity group run by Muslim volunteers and open to everyone. cambourne1.org.uk

CHURCHES

Cambourne Church

Church office (in the Blue Space): 01954 710644. Mon / Tues / Thurs: 10am-12pm and 1pm-3pm. Wed: closed. Fri: 10am-12pm. www.cambournechurch.org.uk Minister: Revd Bill Miller

bill.miller@cambournechurch.org.uk

Jacqui Huckle, Hannah Heasley administrator@cambournechurch.org.uk

Administrators and Church Bookings

Youth Worker: Jonathan Buwert Tel. 07503 171869 jonathan.buwert@ cambournechurch.org.uk

Children and Family Champion: Jane

Brooks 07850 961000

jane.brooks@cambournechurch.org.uk

Parish Nurse: Catherine Price nurse@cambournechurch.org.uk Foodbank: Julie Whitbread

julie.whitbread@cambournechurch.org.uk 19 the coffee house: Manager Cilla Mills. Open Monday - Thursdays 8.45am - 2pm;

Fridays 8.45am - 12 noon. 19thecoffeehouse@ cambournechurch.org.uk

Peacehaven Baptist Church

Pastor, Donovan M. Bangs: Preachbrit@aol.com 01954 710510 www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am Meeting at Cambourne Village College

www.christchurchcambourne.org.uk

Cambourne Catholic Community

Mass: Sat. 5pm, Tues. 12.15pm, Thurs. 7.15pm http://cambournerc.com

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719 mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585

www.cambournedental.com

Lloyds Pharmacy: 01954 718296 Monkfield Medical Practice:

01954 282153

www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793 candicelattimore@gmail.com

Diabetes Peer Group: First Thursday of the month, Upper Cambourne Cricket Pavilion, 11am-noon. Free to join. Contact info@nutrition2wellness.com

Cambourne Health and Wellbeing Club

A group for older adults. FREE. Next meetings: (next meeting: 1st & 15th November) 10:00am -12pm at the old Blue School site. No booking required. For more details please contact: Catherine Price: 01954 710644 /

nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office: 01954 714403 office@cambourneparishcouncil.gov.uk www.cambourneparishcouncil.gov.uk Venue Bookings: 01954 714403

bookings@cambourneparishcouncil.gov.uk

Pitch Booking:

Everyone Active at the Sports Centre **District Councillors for Cambourne:**

Ruth Betson - cllr.betson@scambs.gov.uk Gavin Clayton - cllr.clayton@scambs.gov.uk Shrobona Bhattacharya -

cllr.bhattacharya@scambs.gov.uk

GROUPS, SERVICES & CONTACTS

EDUCATION

Cambourne Village College:

01954 284000

thecollege@cambournevc.org

www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

Hardwick and Cambourne Community Primary:

Headteacher: Andy Matthews School Office - 01954 719085 blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School:

Headteacher - Sue Wright School Office - 01954 717180 office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Jarman School Office - 01954 273377 office@monkfieldpark.cambs.sch.uk Vine Inter-Church Primary School:

School Office - 01954 719630 office@thevine.cambs.sch.uk

Educating Otherwise: for local meetups & activities please join facebook group 'Home

Education - Cambourne'.

Home Educators Multisports: Thurs during term time at Cambourne Fitness & Sports Centre. 5-8 yrs: 12.30-1.30pm, over 8s: 1.30-2.30pm. annettelesage@btinternet.com

PLAYGROUPS/PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679 cambourne.babyandme@gmail.com

Cambourne Pre-school: Donna O'Shea: 01954 715150

cam.preschool@btinternet.com Carers And Tots:

cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning Centre:

Office: 01954 273301

clcoffice@monkfieldpark.cambs.sch.uk **Sunflower Nursery: 01954 719440**

SERVICES

Cambourne Library

Mon: 9am - 5pm; Tues: 9am - 1pm Wed: Closed; Thurs: 4 - 7pm; Fri: 9am -5pm; Sat: 9am - 1pm. Reception area open 9am - 5.30pm every week day. We also offer an e-book service and local information. Free Wi Fi. We also sell stamps, books and children's wall charts. 0345 045 5225 www.cambridgeshire .gov.uk/leisure/libraries

Community Car Scheme:

If you need transport for a medical or social appointment and are unable to use public

transport you can call us on:

07526 998 465 or e-mail: cambournecars cheme@gmail.com. Min. 48 hours notice.

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay 01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey - 01954 269328 Facebook: Cambourne Bowls

Cambourne Cricket Club:

Phillip Broadwith, Cambournecc@ gmail.com / www.pitchero.com/clubs/ cambournecricketclub

Cambourne Eagles F.C:

Secretary - Danny Brooks 07516 630552 Cambourneeaglesfc.sec@gmail.com Facebook.com/cambourneeagles

Cambourne FC: www.cambournefc.org

cambournefc@icloud.com **Cambourne Netball Club:**

Emma Smith - (01954) 710034 cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309 info@cambourneexiles.com www.cambourneexiles.com

Cambourne Raptors Basketball Club:

Facebook: cambourneraptorsbasketballclub info@cambournebasketball.org Twitter/Instagram: @CamRaptorsBball Cambourne Runners: Weekly runs, all abilities on Saturday morning 8.50am and Wednesday 7.10pm from the Hub. cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Ben Byron benbyron@hotmail.com https://clubspark.lta.org.uk/CambourneLTC

Cambourne Tang Soo Do Club

Mondays 6.45-8.15pm

www.cambournekarate-tangsoodo.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

Cambourne Tae Kwon Do: See facebook or stephenlacey73@gmail.com

Cambourne Karate School (AKS)

www.karateschools.co.uk / 07929 100612

Cambs Chargers Volleyball Club

cambschargers@gmail.com

Cambourne United FC

Chris Williamson 07900 674558 cambourne.united@gmail.com pitchero.com/clubs/cambourneunitedfc

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC) Adam

Kelly 2484df@aircadets.org **Cambourne Army Cadet force:**

dc.cambourne@gmail.com

www.cambsacf.com

Cambourne Youth Partnership in partnership with Romsey Mill:

Weekly clubs for young people open to all, most on a Wednesday evening; Years 7-8 3.30-5pm, Years 8-10 5.30-7pm and Year 10+ 7.30-9pm. Community based youth work, offering support through mentoring, sporting and music activities. For more information or to volunteer, contact Jonathan Buwert at jonathan.buwert@romseymill.org or on 07503171869.

Cubs, Beavers & Scouts:

1st Cambourne: joininglist@cambourne scoutgroup.org.uk

2nd Cambourne:

waitinglist@2ndcambournescoutgroup.org.uk

Guides, Senior Section, **Brownies and Rainbows:**

Waiting list and volunteers girlguiding.org.uk 08001695901 childerley.dc@gmail.com

MOBILE POST OFFICE:

The Hub car park

Mondays: 1.45pm to 4.00pm Wednesdays: 12.30pm to 4.00pm Closed Public Holidays

Tel: 0345 611 2970

Please note: opening times are subject to road conditions

WASTE AND RECYCLING: Bin collection dates

Black bin:

Thursday 7th and 21st November

Blue bin / green bin:

Thursday 14th and 28th November

A BETTER LIFE

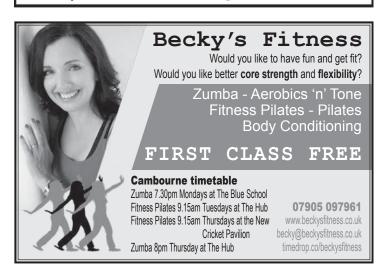
Fiona H Drummond M.A. D.Hyp. Psychologist & Clinical Hypnotist

Member of the British Society of Clinical Hypnotists

Member of the British National Register of Advanced Hypnotherapists
DEPRESSION - STRESS - ANXIETY - EATING DISORDERS - WEIGHT PROBLEMS PHOBIAS - CONFIDENCE - PANIC ATTACK - INSOMNIA - STOP SMOKING
- SEXUAL PROBLEMS - IBS - BAD HABITS - RELATIONSHIP PROBLEMS

Fiona is very well qualified psychologist and clinical Hypnotist who is experienced in the treatment of a wide range of physical, psychological and emotional problems. If you have a specific problem – just ask!

Based in Regus House, Cambourne Business Park, Great Cambourne Telephone 01954 205084 email fhd@fionadrummond.com





Caxton Fitness Studio

Book your FREE consultation today!

Private fitness studio
One-to-one sessions
Calm, countryside location
Nutritional advice

Get in touch: www.caxtonfitness.com info@caxtonfitness.com 01954 715 221 Caxton Village



Nebula Physio and Wellbeing Ltd

- Physiotherapy
- Chronic Pain Management
- Acupuncture / Dry Needling
- Antenatal & Postnatal Physiotherapy
- Headache / Migraine Management
- Clinical Pilates

- Vestibular / Dizziness
 Rehabilitation
- Joint Mobilisations & Manipulations
- Myofascial Release
- Rehabilitation & Strength Training
- Kinesiotaping (Sports tape)

Expert Physiotherapy for Musculoskeletal Conditions

Appointments: Mon to Fri

Phone: 07702 847036

Regus Business Centre 1010 Cambourne Business Park, Cambourne, Cambridge, CB23 6DP

Email: enquiries@nebula-physio.co.uk Book online: www.nebula-physio.co.uk



Alison Pereira

EFL English Teacher

Highly qualified teacher with over 12 years' experience

- Communication skills
- Reading, listening, speaking and writing
- Pronunciation, vocabulary and grammar
- Exam support (IELTS, Cambridge EFL exams)

Individuals and Small Groups Over 18's only Email: alipereira4271@gmail.com

Tel: 07503 184658

Bourn 4 Ha

01954 715750

WWW.BOURN4HAIR.COM

THE DOVECOTE MANOR FARM ALMS HILL, BOURN CB23 3SH

UNISEX HAIRDRESSING SALON • BOOK EARLY TO AVOID DISAPPOINTMENT





OPENING HOURS TUESDAY: 9AM-6PM • WEDNESDAY: 9AM-6PM THURSDAY: 9AM-8PM • ALTERNATE SATURDAYS: 9AM-4PM

Children's Riding Lessons

Dressage on School Masters Hilltop Equestrian Centre Yelling, Nr Papworth 01480 880232

Sharon Newbound B.H.S II

Jill Bridger School of Dance







PAGE 19

For ages 18 months to 18 yrs Cambourne, Cambridge, Hardwick & St Ives Ballet, Tap, Modern Dance & Musical Theatre Pre-school Melody Movement classes

Dance along with Melody Bear® ... exams ... parties ... holiday workshops ... RAD ballet ... ISTD Modern & Tap .

Ian Critten Accountancy Ltd **Chartered Certified Accountant Accountancy and Tax Work for** Individuals and Businesses

01480 831422 or 07854 209111

PILATES

THURSDAYS CAMBOURNE VILLAGE COLLEGE 6.30pm BEGINNER / INTERMEDIATE 7.30pm INTERMEDIATE / ADVANCED

FRIDAYS THE HUB, CAMBOURNE 9.10am- ALL ABILITIES k courses or pay-as-you-go

> To book: 07711843617 dawn@mojotraining.co.uk

33 years teaching experience
Everyone Active Instructor of the year

JOHN WILDERSDIN

VAT **PAYROLL BOOK-KEEPING** BUSINESS ACCOUNTS SELF ASSESSMENT TAX RETURNS

27 WORCESTER AVENUE, HARDWICK, CAMBRIDGE. CB23 7XG

Tel/Fax (01954) 210975 Mobile: 07767 687652 E-Mail: tax@johnwilderspin.co.uk Web: www.johnwilderspin.co.uk

taylor keeble

chartered accountants

your friendly local accountants in Cambourne since 2016

Taylor Keeble Chartered Accountants

Caxton House, Broad Street, Cambourne, CB23 6JN Tel: 01954 771 025 Email: info@taylorkeeble.co.uk

Web: www.taylorkeeble.co.uk



Wills • Lasting Powers of Attorney
Estate Planning • Probate • Document Storage

Contact our office for a free no-obligation home visit. Evening and weekend appointments available.

www.cambridgewills.co.uk

E info@cambridgewills.co.uk T 0800 6128 326







Pet Positive+

Happy Pets, Happy People

Sue Tasker

Qualified APDT trainer and CAPBT behavioural Advisor



Call Sue 01954 212787 info@pet-positive.co.uk www.pet-positive.co.uk

- FREE 15 min telephone advice session
- Puppy classes
- Home 1-1 training
- Behaviour consultations for cats and dogs, involving the whole family
- Advice clinic at local vet surgery for cats & dogs
- · Pre-purchase pet advice
- · Activity Workshops
- ONLINE SHOP

CAPBT





COMPUTER PROBLEMS SOLVED TRUSTED, LOCAL SUPPORT 15+ YEARS EXPERIENCE TIMED APPOINTMENTS NO FIX NO FEE

07912497964

2 01954 768185

Picture Framing

Nesan Arts will collect and deliver artwork to you, so you can pick framing and mounting in the comfort of your own home.

Call Sue on 01954-719467 to arrange an appointment

S. B. Turf
Supplied and Laid



All overgrown gardens rotovated, cleared, levelled and laid with cultivated lawn turf

Turf collection available

Grass seeding and tree service also available Block paving and patio service

All work carried out by experienced staff with recommendations and portfolios of work available FREE ESTIMATES - 01487 822993 or 07966 523239





8+ years experience
Pet Sitting/Dog Walking
Holiday Cover
DBS Checked
Fully Insured

All Weather
Any Day/Time
References Available
From £9 Per Hour
Covers Cambourne

Call Casey on 07447420452 or 07944482432



Diamond Dog Grooming

01480 880393 or 07707477516

<u>Jocelyn.Marcroft@googlemail.com</u> 112 High Street, Yelling, Cambs, PE19 6SD

R

"THE CAMBOURNE HANDYMAN"

DECORATING, GARDENING AND 'DIY'

CAMBOURNE BASED, FRIENDLY FAST SERVICE AND VERY COMPETITIVE PRICES...

- Decorating
- General DIY
- Loft boarding and ladder installation
- Lawn Mowing
- General Gardening
- Fence Painting or Spraying
- Deck staining
- Deck laying
- Garden Planning
- Planting advice
- Shed erection
- Facia Boards and Gutter Cleaning
- Flat Pack Assembly
- General House Cleaning service available and end of Tenancy full clean and re decorate available.

So if your home or garden is running away with you, you have a task that needs tackling and just don't have the time to do it or you just want to enjoy your leisure time rather than do chores then call me!

If you are interested then please call Chris on 01954 710172 or 07890 170807.

References can be supplied.



ALL TYPES OF BLINDS SUPPLIED AND FITTED FREE OUOTATIONS - FREE HOME VISIT

Text Line **07774 168833** Text only

Or Email colin@capriblinds.co.uk

ALL BLINDS MADE IN ENGLAND - FAST LOCAL SERVICE

Visit - capriblinds.co.uk

RedLocks Locksmiths

"Your Local Independent Locksmith"

- Fast friendly reliable service Police-vetted
 - No hidden extras FREE quotes • Emergency Locksmith • No call out fee
 - · All work guaranteed

SERVICING CAMBRIDGE AND SURROUNDING AREAS

Available 24 hrs a day - Student and OAP discounts available

Tel: 01954 202818 - Mob: 07784 240 970 www.red-locks.co.uk - info@red-locks.co.uk

bespoke roman blinds Professionally made soft furnishings specialising in roman blinds, curtains, cushions and lampshades designed and made to order Curtain poles, tracks and other window dressings available on request For help transforming your house into a luxurious and cozy home contact Andrea on 01954 715655 / 07743 490996 raspberrylimebespoke@gmail.com www.facebook.com/raspberrylimeblinds



Tel. 01223 245267 info@servicemastercambridge.co.uk The Clean you expect...

...the Service you deserve

Quality Carpet and Hard Floor Cleaning

Call us today and ask about our latest offers on Carpet, Rug, Upholstery, Curtain, and Hard Floor Cleaning

> Family Run Business with over 30 years Experience



rviceMaster Cambridge operates within a 20 mile radius of Cambridge City Centre, covering places such as Bar Hill, Burwell, Saffron Walden, Cambourne, Sawston and Melbourne



www.servicemastercambridge.co.uk



DIRTY OVEN!

DOMESTIC OVEN CLEANING



NON caustic. Fresh solution every time. Hobs, Extractors and Microwaves

CALL John

07513 439604 or 0800 840 7127

Steamroller Ironing Services



Free pick-up and delivery 24/48 hr turnaround Price: 1lb = £1.50. Minimum = £15 Established for 16 years Please call Susie on 07742 319631 / 01954 210672

Paul Currell Flooring Services

Carpets - Vinyl - Wood **Supply and Fitting**

over 10 years experience

Call 07779 395826

for a FREE estimate

TOP NOTCH CLEANING

FOR ALL YOUR DOMESTIC AND OFFICE CLEANING NEEDS. PROFESSIONAL AND RELIABLE SERVICE AT COMPETITIVE RATES TEL: 07768 382020 / 01223 246442

M J SMITH CARPENTRY

taking pride in my work - over 20 years experience All types of property maintenance Kitchens and Bedrooms Fitted Doors Hung and Locks Fitted Competitive RATES -No Job Too Small

Call Martin on 01223 208157 or 07889 300663

CLASSIFIED ADVERTS

M.I. TICKNER DECORATORS

Local company. Local tradesmen.

2 Hanslope Close Papworth Everard Cambridge CB23 3AN

www.miticknerdecorators.com miticknerdecorators@gmail.com







Local, Cost Effective Carpentry and Building Services

- Kitchen fitting
- · Bathroom and Bedroom installations
- · Laminate/Engineered Wood Flooring
- · Built-in and Fitted Wardrobes
- · Cupboards built to your specification
- · Skilled Carpentry and Joinery work

"The work was performed on time and to a high standard. We are very happy with the results"

Contact Martin or Paul on cambourne.improvements@gmail.com for a free quotation or Tel: 07785 551224

Painter and Decorator

No job too small, Hourly rate charged For Free quote

Call Suzie on 07880 505 841

Helping make your house your home

Frank Plater - Electrician

No Job Too Big or Too Small
Full NICEIC Domestic Installer

Tel: 01480 432154 or 07976 797111

Mark Bird
Electrical contractor
NICEIC Domestic Installer
Part P Approved
Tel 01480 493008
Mobile 07961 505189
Email: mbird494@btinternet.com



A & R Electrical Contractors Electrical and PAT Testing Services

Local Electricians

All Electrical Work Undertaken

Outside Lights/Power
Fuseboard Changes
Extra Sockets
New/Changing Light Fittings
Extensions
Rewires

No Job Too Small, Friendly and Reliable Service

Call Alex: 07595 256531 / 01763 660117

Email: info@aandrelectrical.net









 $\mathsf{Gas} \cdot \mathsf{Oil} \cdot \mathsf{LPG} \cdot \mathsf{Heating} \cdot \mathsf{Plumbing}$



Boilers · Fires · Cookers · Warm Air Unvented Hot Water · Powerflush





Info@amheat.co.uk

www.amheat.co.uk

CAMBOURNE PLUMBING AND HEATING

Installation - Maintenance - Servicing and Repairs
Telephone 07968 959 208
01954 718730



Cambourne Resident Plumber offering a reliable service

Gas Safe Registration No 215933

Cambridge Heating Solutions™



Plumbing & **Heating Engineers**



Gas boiler & fire servicing plus safety checks **Boiler & heating system repairs** Powermax repairs & servicing Gledhill Boilermate repairs All plumbing work undertaken www.cambridgeheatingsolutions.co.uk Telephone: 01954 212495 / 07884188892



**** Free 1 year parts & labour guarantee

J. HALSTEAD PLUMBING & HEATING —

INSTALLATIONS • REPAIRS • SERVICING

Complete Bathroom Installations General Plumbing Repairs Pipework and Drainage for Kitchen Appliances Radiators and Towel Rails Installed Power Flushing



CALL JOHN FOR A FREE QUOTE 07570 387 684 • 01480 830 329 www.jhalsteadplumbing.co.uk









The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas Bathrooms • Water Softeners **Property Maintenance**

Tel: 01954 204044 • Web: www.entiregroup.co.uk Email: service@entiregroup.co.uk











Page 23

Jim Edwards

Gas appliances, Plumbing and Heating

Gas Boiler service from £59. Bathrooms , Showers, Cookers, Fires, Taps. Gas safety checks, landlord certificates, Local Friendly service, All plumbing work undertaken 01954 267054 07870520702 jim-edwards@live.co.uk www.cambridge-plumber.co.uk



Boiler Service/Repair Gledhill Boilermate Repair Unvented Service/Repair Boiler Installations Landlord Certificates All Aspects of Plumbing **Heating Systems** Kitchens/Bathrooms

> 07789 435 542 John: Terry: 07956 460 932







office@hprcambs.co.uk www.hprcambs.co.uk



Gas, LPG, Oil servicing, installation and repairs, all plumbing works undertaken



Tel: 01223 870580 www.nutcombecambridge.co.uk





Boiler & Heating Installations • Gas & Oil Bathrooms & Kitchens • Power Flushing **Underfloor Heating • Solar & Heat Pumps** New Build or Refurbishment **Domestic & Commercial**

for a friendly & Efficient Plumbing Company Call Jason Or e-mail jason@theplumbingcompany.com

T: 01223 262100 F: 01223 262190 Orchard House, Fox's Way, Comberton, Cambridge, CB23 7DL



(iphe



Boller Servicing

Repairs & Installations

Landlord Cordificates

Unvented Cylinders

Bathrooms

Cas Works

Powerflushing



All aspects of Plumbing and Heating

SHELFORD More than just a service

heating plumbing renewables electrical

- Solar & Renewable Energy Systems
- Landlord Gas Safety Certificates

- Annual Contracts
- Renewable Energy Systems, Oil Tanks & Bathrooms

Having a regular service every 12 months ensures your boiler runs more efficiently and reduces harmful CO2 emissions

01223 833426

sales@shelfordheating.co.uk

shelfordheating.co.uk



Cambourne Self Storage

24 Hour Access 7 Days a Week 365 Days a Year

24 Hour Remotely Monitored CCTV

Sensor Flood Lighting

Keypad Entry and High Security Locks

Vehicle Access Directly to Unit Doors

767676

www.CambourneSelfStorage.co.uk

EXCLUSIVE GARAGE DOORS

01954 781805

Your local Garage Door Company

Garage Door Repairs

Spares / Service / Sales / Automation

FOR ALL YOUR GARAGE DOOR **REQUIREMENTS**



MARBLE,

Templated supplied and installed onto new units or as replacement tops. Combining modern machinery with traditional skills. All major brands of quartz supplied.

Tel: 01767 314180

STONEWORKS: 3 Potton Road · Biggleswade · SG18 0DU SHOWROOM: 83 High Street · Biggleswade · SG18 0LA

PROPERTY TENANCE

- Painting & Decorating
- $\sqrt{}$ Kitchens & Bathrooms
- Wood Floors & Tiling
- General Property Repairs

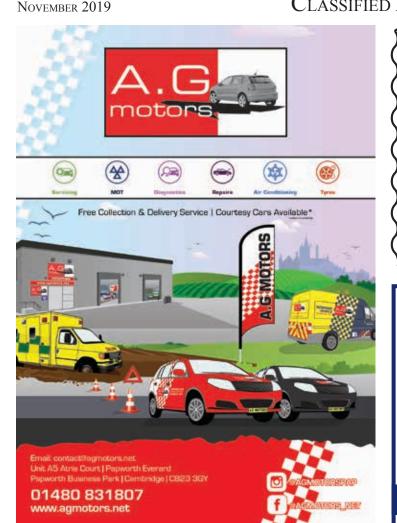
Friendly, local service at competitive rates

No Job Too Small

Why not call NOW to arrange a FREE estimate?

Simon Downes on 07846 717572 / 01954 781205

or e-mail simon@sdpm.biz



GRAVELEY GARAGE TEST CENTRE LTD

MOT WHILE U WAIT CLASSES 1 2 3 4 5 7

Servicing to all makes of vehicle

- · New bay for servicing motor bikes
- Tyres and Exhausts supplied and fitted
- Free courtesy cars
- Comfortable waiting area
- Free tea / coffee

Mon to Fri 8 to 6 - Sat 8 to 4 01480 830462 / 831058 HIGH STREET, GRAVELEY, ST. NEOTS - PE19 6PL enquiries@graveley-garage.co.uk www.graveley-garage.co.uk

Produce this advert to get £4.00 OFF the current price of your MOT

Advertising Space Available

Page 25

IF YOU ARE READING THIS THEN SO COULD POTENTIAL CUSTOMERS

Contact adverts@pendrill.net 01480 831066



The Drift, Bourn, Cambridge CB23 2TB

Tel: 01954 719039

www.cambournevehicleservices.co.uk info@cambournevehicleservices.co.uk

- * SERVICING FOR ALL MAKES
- * M.O.T's (UP TO 3.5 TONNES)
- * EXHAUST SYSTEMS
 SUPPLIED AND FITTED
- * TYRE SERVICE SUPPLIED AND FITTED
- * COURTESY VEHICLE AVAILABLE (BY PRIOR ARRANGEMENT)
- * AIR CONDITIONING SERVICE

ALL VEHICLE WORK
UNDERTAKEN

FREE collection and delivery

Quality Vehicle maintenance adjusted to suit your pocket

Free collection and delivery applies to the local area only

Page 26 November 2019

O79 Call a Cab Cambournes No.1 Taxi Service



079 2255 2222

Local - Long Distance - Airports www.079CallaCab.com

CB23 TAXIS

07494 033 776 07400 409 010









cbtwentythree@gmail.com www.cambourne-taxi-transfers.co.uk



GAMBOURNE GABS

Local - Long Distances - Airports - Sea Ports
All Drivers CRB Checked







01954 240 011 07975 994 762

bookings@cambournecabs.co.uk www.cambournecabs.co.uk

AIRPORT CARS

Locally based to cater for all your travel requirements
Airports, Seaports & Long Distance Travel
Executive Cars, Estates & MPV's

Competitive Rates
Business Travel
Family Holidays & FREE Child Seats

07442 497 601

enquiriesairportcars@gmail.com www.airportcars.uk.net



TICKETS AVAILABLE 01480 388922 OR THEVAMPS.ORG

noda

CHURCHES

CAMBOURNE CHURCH

This month Cambourne Church celebrates ten years in the church centre on Jeavons Lane. And throughout that time the building has also been home to Cambourne Catholic Church. For some of you the great A-frame at the top of the High Street will always have been part of the landscape you know, but others will remember its construction and the massive crane that was necessary. And like all of Cambourne we are continuing to develop. The annexe, which has been under construction for the past few months, should be completed by the time the Cambourne Crier is published. Hurray!

On the weekend of 2nd and 3rd November we will be marking the occasion with the official opening of the annexe at 1.15pm on the Saturday with an open house between 1.00pm and 3.00pm when everyone is welcome to come and see the building, join us in a slice of celebration cake and find out more about our story and about what we do as a church. You may be surprised. One thing which will not surprise you is that we want to give thanks to God for all of this. And that will be the focus of our 10.00am service on Sunday 3rd November. Once again, all are welcome.

Gratitude is good for the soul ... and gratitude to God is especially so. It reminds us to be humble because all we have comes from God. But it also reminds us that we matter and that God cares for us.

Rev. Bill Miller

Services and events for November

Sunday 3rd November

10am Morning Worship – Thanksgiving

service

8pm Prayer meeting

Sunday 10th November - Remembrance 9.30am Morning Worship with Communion 10.45am Act of Remembrance outside the church followed by refreshments inside

Sunday 17th November 9.30am Morning Worship with Communion 11am Morning Worship with Communion

Sunday 24th November
10.30am Joint service at Comberton Leisure
NB There will be no services at Cambourne Church
6.30pm Encounter

Sunday 1st December – Advent 1 10am Morning Worship 8pm Prayer meeting

A partnership of the Church of England, Baptist, Methodist & United Reformed Church

www.cambournechurch.org.uk Twitter: @cambournechurch Facebook: cambournechurch

Peacehaven Baptist Church: Pastoral Thoughts

Remembrance brings perspective.

We will be celebrating Remembrance Sunday here in November. We choose to remember and honour those who have fallen in defence of our nations and we also should remember those who served and survived. Men and women who were willing to lay down their lives not because they hated an enemy, but because they loved their country and their families and would take up arms to protect themselves when the nation was threatened. There is nothing wrong with that. Patriotism is not a bad word. Respect those who served that you might be free. Respect those that still serve understanding that the service they provide does not come without price. Sometimes the price is in the body, wounds and long term illness. Sometimes in the mind as the experiences will alter your thought patterns and ways of seeing the world. Sometimes it is in the spirit, damage that cannot be seen or repaired by prescriptions or prosthetics. When certain situations cause extreme stress. We here at Peacehaven pray

for your healing. But the remembrance is not all bad. Having served (in the armed forces) myself I know some things aid your perspective. When you wake up in a house and not a tent, and you do not have to check for scorpions in your boots it is a good thing. When people ask how are you doing, even if you are having a bad day, you can smile and say, (and I have), "Well at least no one is shooting at me yet". It is amazing how much a well adjusted veteran can put up with without complaint. Why? Because they have been through so much worse. They that have paid freedoms price truly value it's beauty. Never cheapen the freedoms you have or be apathetic to the precious freedoms and peace we have because they were paid for in blood. Perhaps on a battlefield or in a life lived defending liberty. All motivated through love. The Bible says in

John 15:13 Greater love hath no man than this, that a man lay down his life for his friends.

Whether fallen or standing we thank you for your service.



PEACEHAVEN BAPTIST CHURCH. COME AND WORSHIP WITH US

Cambourne Community Centre, (The Hub), High Street, Great Cambourne, CB23 6GW

SUNDAY MORNINGS - 10 AM SUNDAY MORNINGS - 11 AM WEDNESDAY EVENINGS - 7 PM Children's Sunday School & Adult Bible Studies (at the Hub) Junior Church & Morning Worship (at the Hub) Bible Study & Prayer Service (at the Pastor's home)

Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk



Your retirement. Just how you imagined it...

in Cambourne

At McCarthy & Stone we help our homeowners to realise their retirement dreams and live life on their terms. Coming soon to Cambourne is McCarthy & Stone's latest development of one and two-bedroom apartments which offer the best of both worlds, whether that's socialising with friends, spending time with family or relaxing in your own private space.



Why our homeowners choose us:

- ✓ Continued independence, in a manageable home
- ✓ The reassurance of a Manager taking care of the development
- ✓ Feeling safe and secure with camera door-entry and a 24-hour emergency-call system.
- ✓ Great location, close to local amenities

To find out more call 0800 882 1644 or visit mccarthyandstone.co.uk/cambourne

Monkfield Lane/High Street, Great Cambourne, Cambridgeshire, CB23 6AH One and two bedroom retirement apartments coming soon

SPORT

A Warm Welcome to the Cambourne Comets Trampoline Club

CAMBOURNE COMETS TRAMPOLINE CLUB: have enjoyed an exciting year at Comets with a fantastic turn out for each of the NDP Qualifiers, on both Trampoline and DMT. We also had a good turnout of youngsters competing for the first time in the Open Competition held in July.

In March we entered the final NDP Qualifier and were very proud to have 6 of our gymnasts reach the qualifying scores for the Regional Team Finals. In June, six of our members travelled to the Barclaycard Arena, Birmingham to compete with the East regional team. Three of them qualified in the top 3 in their categories taking them through to the individual finals held in July at Coventry. Two of our gymnasts on DMT received Gold an amazing achievement.

At the end of July we had two of our Level 1 coaches pass their Level 2 assessment to become fully qualified Level 2 coaches a valuable addition to our already established coaching team. We have also purchased a further 2 full-size trampolines, enabling us to offer more sessions which is great news for the club.



Helen Winter, Head Coach
Cambourne Comets Trampoline Club
Email: info@cambournecomets.co.uk
Facebook: facebook.com/Cambournecomets
Twitter: twitter.com/CambourneComets
Website: www.cambournecomets.co.uk

Gold & silver for Cambourne gymnast at Surrey Sports Park







A Cambourne Student, Teegan Milligan has achieved overall gold and silver at the 2019 BG Adrian Stan Surrey Sports Park on 15th September 2019. She travels every day to Basildon (70 miles) arriving at 13:00 and training til 20:30. Catching up with studies during the journey home.

Teegan's hard work has paid off as she has been chosen to represent England at the Olympic Hopes Cup in the Czech Republic. A true testament to commitment and dedication of Teegan and her team.

Winter Tennis Anyone?

CAMBOURNE TENNIS CLUB: If you are an adult member looking for the opportunity to play singles or doubles against other adults of similar ability, you can now join our new "Anyone for Tennis?" What's App Group. Details on how to join and play are in the What's on section of the club website (https://clubspark.lta.org.uk/CambourneLTC). The Social mix-in tennis sessions also continue all year around: Sundays 10:00-12:00 & Wednesdays 19:00-22:00.

Competition update: the Winter Leagues have now started, and we have 9 teams playing: 4 men's, 2 ladies and 3 mixed doubles teams. We have teams in division 1 down to division 9, which means we cater for all playing levels. If you are interested in joining one of the teams, please contact our Competition

Secretary Arif Kibria (arifkibria@hotmail.com) for more info or to arrange a trial.

Congratulations to our 8&Us (Mini Reds), who have attended their first Tier 3 event this winter and came 1st! They've also done well in their first Tier 2 event where they came fifth. The Quorn Family Tournament that was originally scheduled on October 13th, unfortunately had to be postponed to October 27th due to poor weather. Coaching for all ages and abilities continues throughout the winter. For ages 3 to 8, the second half of the season will be indoors so youngsters can still get their exercise. Contact Toby toby@gamesettennis.co.uk or 07972 149874 for info and booking or visit the coaching website https://www.gamesettennis.co.uk/.

SPORT

Congratulations to the Cambourne United Ladies Club

CAMBOURNE UNITED LADIES TEAM: have joined the championship this season. After two years of hard work and dedication they have just about enough players to confidently put a squad out each week. They play on a Sunday afternoon and would love the community's support for their home games. They continue to train on a Monday evening 7:30-9pm on the CVC 3G. We wish them luck as they take on their first season.

Our U9, U10, U11, U12, U13, U15 and U18 girls' teams have enjoyed a great start to the season with some great results. Our older girls have all progressed to the next round of the league and are all comfortably sitting in the top half. All our teams are seeking kit sponsors to help with the purchase of thermal wear. If you think this sounds like something you could help with please get in touch.

Wildcats is continuing for another season for ages 5-8. We are proud to have been selected as one of the FA centres and are pleased to announce that we can now offer these sessions free of charge, so come down to the 3G behind Everyone Active Saturday mornings between 9-10am to join in the fun. Our girls/ladies teams are always on the lookout for new players to strengthen their squads, so if you are interested please get in touch.

Our boys' teams have all been eagerly awaiting the start of the season displaying some excellent team work and skills in their games so far. Our two U9 teams have just progressed to a larger pitch and squad size and are playing with great confidence. The



fabulous Tony and Chantal from Club Legends paid us a visit at the start of the season and took some great photos of all our teams.

Do you have a couple of hours a week you could spare to become a football coach, a lines person or referee? We offer full support to our coaches and FA courses, all you need to be is enthusiastic about kids' football. We are also need volunteers to help run tea stalls on Saturday mornings when our home games are being played, to offer supporters a hot drink and snack as well as raising some extra pennies for the teams.

Follow us on Facebook & Twitter @cambourneunitedfc or email us at Cambourne.united@gmail.com



Back Pain
Neck Pain
Joint Pain
Headaches
Muscle Spasm
Sports Injuries
Arthritis
& much more



In Pain? Let us help.

We are committed to giving an honest opinion, effective treatment and good advice.

Appointments Mon-Fri 01223 598558 Regus, 1010 Cambourne Business Park, CB23 6DP

Book online: www.cambourneosteopaths.com Email: practice@cambourneosteopaths.com

The Raptors are busy

Our Sunday Scrimmage sessions are open to all levels of experience at CamVC sports hall from 7 – 9 pm every Sunday.

The seniors are busy with pre-season training preparing for the cup/league and practice matches, with team training sessions every Thursday evening from 7:30 – 9:30 pm at CamVC.

Most of the Monday junior sessions are now full with only the 18 & under session accepting new players. However there are places available and players are welcome for the 11 & under and 14 & under sessions on Saturdays.

A mixed team of junior U11s are planning to take part in the Cambridge Central Venue League. They will play 5 matches, with the first on 11th January. Junior U13s will compete in the Peterborough League for 5 consecutive Sundays in the season, starting on 13th October. The U18s are planning on playing several friendlies soon.

Regular junior sessions @ CamVC;

10 & Under: Monday 6-7 pm - 13 & Under: Monday 5:30-7 pm

18 & Under: Monday 7-8:30 pm 11 & Under: Saturday 1:30-2:30 pm 13 & Under: Saturday 2:30-3:30 pm

Raptors are looking for qualified coaches or volunteer coaches who are planning to become qualified soon. Please visit our website (www.cambournebasketball.org) for contact details and for up-to-date information on all our teams and sessions.

Cambourne Eagles get off to a flying start

Cambourne Eagles Footballer's 2019/20 season has started, and all of our teams have been in action with some excellent team performances and results. It is great to see so many familiar and new faces as the players face the challenges ahead with a smile and great determination.

The U11 Blue team would like to express our thanks to Open Track for their sponsorship, not only can the team play sharp they now look sharp! Our U13 Blue team have started the league season unbeaten and were very unfortunate to exit the cup after going out on penalties to to Isleham Youth Black. In other cup matches our two U11 sides were drawn together with the U11 Red team progressing. Finally our U15 team played out a hard fought win over Cambourne FC in the league displaying great respect and a friendly rivalry.

As well as our teams being in action, there are options for Year 1 and below age group players on Saturday mornings 0900-1000. Soccer Tots (pre-school age) sessions run at the Cambourne Church - for more information on this please contact cambournefc@icloud.com. Reception and Year 1 age players

can attend our Cambourne Fledglings Academy at the Everyone Active 3G pitches. For details on how to register contact cambournefledglings@gmail.com.

You can keep up with all our news on Facebook https://m.facebook.com/cambourneeagles/ - and @cambourneeageles on Twitter. For all Eagles





Congratulations to the Cambourne Tae Kwon Do Members

CAMBOURNE TAE KWON DO:

Our Cambridgeshire and Norfolk clubs last month held a grading in Mildenhall. It was smaller than usual but our students still excelled themselves as their instructors hoped. Huge congratulations go to Alvar Davidsson, Henry Firth and Thomas Hudson from Cambourne who all passed and impressed Grand Master Sergiew enough to be awarded Grade A passes. Well done boys!

After the grading, we were lucky enough to attend a seminar held by GM Sergiew and World Master Wurr where students from white belt to 4th degree black belts were given the benefit of their decades of

training and experience. We covered a wide range of topics from simple line work techniques and the execution of patterns to a practical application of step sparring and free sparring. All attendees greatly enioved this lesson and took a lot away from it and we would like to thank the



Masters for being so generous with their time and knowledge. We feel confident that these efforts will improve our Tae Twon Do team.

This is also the season for hopeful students to attend a black belt grading in Bristol where they will be graded by five Grand Masters in one of the hardest mental and physical tests they will face. We hope to bring you some good news on this next month.

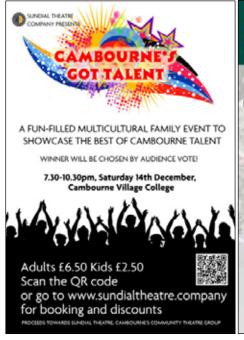
For more information on adult and child classes (Tuesday evenings or Saturday mornings) contact Stephen on 07905 744777, stephenlacey73@gmail.com or visit our Cambourne TKD Facebook page.

WHAT'S ON - EVENTS IN AND AROUND CAMBOURNE













For things to do • where to eat, drink and shop clubs • community groups • services • facilities ... and lots more local information ...

visit www.cambourne.info

















