

CAMBOURNE CRIER

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editorial@cambournecrier.org

Express your Views on Cambourne's New High Street

When we visit attractive towns, they are pleasing by virtue of their buildings and green spaces they offer. At some time in their past, these attractive towns were given planning permission for buildings which enhance and improve the area, making it the sort of town or village you'd like to live or visit, the type of town where you might drop by for an hour and spend time in the shops, somewhere that is pleasing on the eye and has attracted businesses which serve the needs of the local people.

This is probably, what most residents of Cambourne would like to see following the development of their High Street. Hoping for an attractive High Street in a desirable town, with people aspiring to live there, resulting in steadily rising house prices. Look no further than Saffron Waldon or Cambridge for examples of attractive and desirable conurbations.

Opposites don't always Attract

The opposite of this is when a development has not been well thought through and does not integrate with the personality of the town. New buildings quickly look dated and ultimately become difficult to rent or sell or attract quality businesses. This happened to a number of towns in the 1970's which were redeveloped with anonymous box-like buildings which ultimately became a blight on the town. These types of characterless developments can make them undesirable to potential purchasers and actually stifle growth and development. In other words, the town ceases to become a desirable place to live. Houses prices can stagnate or even fall.



Cambourne High Street

Cambourne is going through a planning process at the moment with Newcrest Developments, where their proposed development of our High Street will undoubtedly affect the future of our entire town.

Photographs of the proposed development have been shown in previous issues of The Cambourne Crier, in public meetings and we have printed two on this page, which you may have seen already.

This is your opportunity as a Cambourne resident to express your opinions on whether you agree or disagree with what is being built..

You first write to Newcrest expressing any concerns or comments by emailing them on info@cambournehighstreet.com and also to the Town Council (office@cambourneparishcouncil.gov.uk) who will ultimately approve or disapprove the plans. You may also decide to involve your MP, Heidi Allen by emailing: heidi.allen.mp@parliament.uk.



Make your Voice Heard

If you like the plans, then you can also write to Newcrest and offer support or do nothing and these designs will become a reality. This is your opportunity to make a difference and express your opinions on the future of your and your children's town.

A New Minister for Cambourne

A new Minister has been appointed at Cambourne Church. Rev Bill Miller will take up his new post at Cambourne Church which is currently undergoing extensive building work.



Father of three children, he was previously Minister of Maidstone Baptist Church and has been a probation officer in Coventry, an English teacher in Pakistan and a Care Assistant in Essex. He has degrees in Natural Sciences, Social Work and Theology and for pleasure enjoys watching rugby and standup comedy.

Bill has been involved in a number of community projects especially those involved with the homeless.

He says he is someone who "Loves Reconciliation" and has been known to shed a tear when a film shows people who were hostile, learning to love to each other. "I am someone who believes in God, who is in the business of reconciliation - turning enemies into friends."

"And here I am in Cambourne, I have much to learn as a newcomer, but I am excited to be part of a church that has been building a community here ever since the first homes were built. I am excited to be in a church where different Christian traditions are being woven together into one tapestry. And I am greatly looking forward to beginning the next part of my adventure."

CAMBOURNE CRIER

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. Cambourne Crier is compiled entirely by volunteers.

This month's editors were:

Donavan Bangs, Paul Jobling, Renata Kovács, Paula Brown, Divya Sharma, Krithika Dwarakanath and Tapti Roy.

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delivery@cambournecrier.org

Editorial submissions:

Submissions for the November 2019 edition must be received by 9pm on **Sunday 13h October 2019**. Please email articles and photographs to

editorial@cambournecrier.org

By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

Our community fund enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group? Want to set up a new group and need some funding to get going?

Contact pamhume1@gmail.com for more information or download the application form at www.cambournecrier.org

CAMBOURNE TOWN COUNCIL

Town Council
News and Events**Circus**

John Lawson's Circus will be returning to Cambourne on Great Cambourne Green. Performances will be between Monday 7th October and Wednesday 9th October.

Halloween Party

Tickets can now be purchased for the children's Halloween Party co-organised by Cambourne Town Council and Cambourne United FC. The Halloween Party is being held on Friday 25th October at the Hub community centre – 1pm to 3pm for Reception age to Year 2, and 4pm – 6pm for Year 3 to Year 6. Tickets are £5 per child which includes food and drink and can be purchased from the Town Council office. There will be a disco, Halloween games, craft activities and competition for best costumes!

Swing Harness

Harnesses for the accessible swings at numerous playgrounds in Cambourne, can be collected from the Town Council office.

Fireworks Night

Cambourne Fireworks Display is being held on Saturday 2nd November at Cambourne Sports Pitches, Back Lane. Back Lane (between Cambourne Soul and the new Cricket Pavilion) will be closed for the majority of the day. Eastgate will be the diversion route. Residents are encouraged to walk to the Fireworks Display to minimise parking issues. If it is necessary for you to drive, the nearest car parks are the Hub community centre or Morrisons car park. The sports centre car park is allocated for blue badge holders as this is adjacent to the accessible viewing point.

Cambourne Allotments

The allotments are let to residents of Cambourne to grow produce so they can be self sufficient with fruit and vegetables. The produce is for their use only and is not

available for members of the public to walk on and help themselves. If an individual is seen taking produce from an allotment plot, they are liable to be reported to the police as they are committing an offence.

Christmas Market

Cambourne Christmas Market will be held on Saturday 30th November, 11am – 3pm at the Hub community centre. For stall enquiries, please email community@cambourneparishcouncil.gov.uk.

Repair Café

The first Repair Café will be held on Saturday 7th December at the Hub community centre from 11am to 2pm. A Repair Café is a community event where volunteers with skills offer free repairs to a variety of items such as clothing, toys, bikes, electricals etc. Items must be registered in advance and there will be an online form available on the Town Council website or you can email community@cambourneparishcouncil.gov.uk. If you are interested in volunteering in this event and have a particular repair skill that may be useful, please get in touch on the above email address.

John Vickery

Cambourne Town Clerk

CALENDAR OF MEETINGS

1st October

7.00pm Planning Committee Council

22nd October

7.00pm Planning Committee

5th November

7.00pm Planning Committee Council

Residents are welcome to address the meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Town Clerk at least 10 days beforehand so that the item can be added if necessary.



The Town Council Office: The Hub, High Street, Cambourne, CB23 6GW

Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403

John Vickery, Parish Clerk: clerk@cambourneparishcouncil.gov.uk


For all other enquiries: bookings@cambourneparishcouncil.gov.uk

COMMUNITY

Cambourne Community Fete.

Thank you to everyone who came and supported Cambourne Community Fete. The weather was perfect and everyone seemed to have had a great time! We are pleased to announce that over £3,000 was raised for Cambourne community groups and donations will be made to Cambourne Scouts, Army Cadets, Air Cadets and Light Up Cambourne.





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COMMUNITY

The Wildlife Trust



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Farewell Hay.

The end of August saw all the long grass being cut at the back of the Wildlife Trust's HQ wildlife garden at Manor House in Cambourne. Wildlife gardener Bernard Hunt, of Hunts Wildlife Landscapes, cut and took bundles of the green hay to the RSPB's Hope Farm just a few miles up the road to spread the seeds. Work at Hope

Save the Day!

The Wildlife Trust's popular annual Christmas Fair will take place on Friday 26 November this year – more info to follow in November Crier; make a note of the day. From 3–6.30pm at the Manor House, Broad Street there will be wonderful wildlife goodies galore to stock up on from all kinds of wild art – cards, drawings, paintings and prints to bird boxes and insect houses.



THE LIBRARY PRESENTS in Cambourne

'The Library Presents' is back for an exciting new season bringing high quality, affordable arts activities into libraries across Cambridgeshire. Nearly 400 local people took part in selecting activities for this new season, shaping a tailor-made programme for each participating library. There is something for everyone, whatever their age and interests, including dance, music, puppetry, magic, comedy, theatre and great variety of arts and craft workshops and Cambourne Library is one of the twenty-three libraries involved this season.

On Saturday 12 October at 10:30am, Cambourne Library presents a World Textiles Workshop led by professional textile designer Titania Fisher. Participants will learn about different cultures from around the world and the use of traditional techniques to create wonderful and highly decorative textile pieces. The workshop is suitable for adults and young people ages 12 years and over. Basic sewing experience is required. Tickets are £5 standard, £2.50 concessions.

Taking place on Wednesday 16 October, the library will play host to 'Devious Minds', an extravaganza of magic, mind reading and comedy for all. Tim Shoesmith enthral the audience with wit and sleight of hand. Dean Maudsley lets audiences know it's a con from the start but by the end of the performance audiences will believe he reads minds. Suitable for adults and young people ages 8+ years, the show will run for one hour and 40 minutes plus an interval. Tickets are £7 standard and £4/£5 concessions and refreshments will be available.



On Saturday 2 November at 10:30am, Penny Sobr brings audiences her silhouette portrait workshop. For two hours

participants can work with the artist to create a unique and distinctive self-portrait using the Victorian silhouette cutting technique. Participants will use props and accessories to enhance their silhouette, showing their real or imaginary personalities. Tickets are £5 standard and £2.50 concessions and all materials are provided.

On Wednesday 20 November at 7:30pm, the library hosts Neon Dance, as they present Mahajanaka Dance Drama. This enchanting production blends ancient and modern styles and brings together eastern and western dance, music and animation. It re-tells one of the oldest surviving folk tales in the world. The show features an award-winning team of artists from Thailand and the UK. This production is suitable for adults and young adults ages 10+ years. Tickets are £7 standard and £4/£5 concessions.

To see the full programme and to purchase tickets visit Cambourne Library or visit www.cambridgeshire.gov.uk/arts

COMMUNITY

Greetings from Cambourne Library!

Space Chase -The Presentation Ceremony
Another successful Summer Reading Challenge has come to a close. Many congratulations and thanks



to all those who took part and volunteered this summer. As usual a special thanks to the Cambourne Parish Council for their generous donation.

Rhymetime/Storytime

Alternate Fridays starting on

4th Oct 9.30am with storytime

Engage November Speaker TBC

Family History Drop In

Monday 21st Oct 1.30pm-4pm Drop in for advice on researching or book an appointment to see our Family History representative

Star Wars Craft Activity

Wednesday 23rd Oct 10 am – 11.30 am

Christmas cards are on sale in Oct from reception!

We are looking to recruit a Storytime Volunteer and an Events Volunteer. Please ask at the library reception for details. .



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Tickets: £6 each or 3 for £15 to include a drink on arrival
Tickets to be purchased in advance.

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For tickets and more information please contact:
friendsofmonkfieldpark@gmail.com or find us on facebook - Friends of Monkfield Park



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COMMUNITY

The Monkfield Medical Practice Mural can Assist in Mental Health

MONKFIELD MEDICAL PRACTICE has recently had a donation of a beautiful mural by one of its patients, Karen Lee:

"I donated the mural to Monkfield Medical Practice entitled "Walk in nature and breathe" following a very traumatic 18 months, which has left me with severe anxiety. The mural is designed to help those suffering with mental health issues to be more aware, to live in the moment, and to be more mindful about their surroundings. I wanted to give back to Monkfield Medical Practice for the kindness and support shown to me during a difficult time."

The use of art is a great therapy for mental health sufferers, no matter what their ability is. Whilst painting the mural, which took five days overall, I was overwhelmed by the kind comments and have been excited to see the positive impact to all groups in the heart of the community, my mural has made.

Whilst doing the mural, I was happy to incorporate requests in particular from children, which helped to keep them occupied

while waiting to see the Dr's and nurses. Some people returned each day to see the progress.

Karen's website can be located at: www.creativemuralsetc.co.uk

Karen is also working on a local initiative towards the end of November for adults suffering with anxiety, and once we know more information on this, we will support her in this.

Dr Cowee & Dr Siriwardena (GP Partners) confirm they feel very lucky to have been given such a beautiful piece of art work but more so that it has and will continue to help contribute to our patients' wellbeing either when visiting the Practice or as a result of engaging in mental health support.

The practice supports the initiative 'Arts on Prescription.' They are a service from the charity Arts and Minds. They aspire to a world where people have the confidence and self-esteem to lead fulfilling lives and their vision is to define and demonstrate a role for the arts in maintaining positive mental health. This service may be able to help you via introducing creative activities that can help to promote well-being and relieve symptoms of depression and anxiety by offering a chance to relax and concentrate on something absorbing. They offer friendly, daytime workshops in local venues. "Arts on Prescription" welcomes people with all levels of experience including complete beginners.

If you are interested in taking part, you can print a referral form from the following website:-

www.artsandminds.org.uk/projects/artsonprescription

or email: mindsarts@gmail.com

This is just one way to seek support when trying to cope with the pressures we face in life. If you are suffering from mental health problems such as anger, anxiety, depression, lack of sleep, phobias, low self-esteem we do encourage you to seek help and support. This can be through us as your GP service, or through various charities available. For further support please visit <https://tinyurl.com/y6c96dnw>
<https://www.cambridgeshireandpeterboroughhccg.nhs.uk/your-health-and-services/mental-health-services/>



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COMMUNITY

Ready to be a Cambourne Christmas Star?



Are you a member of a local dance troupe, band or quartet looking for a wider audience? Got a great act or a party piece you've always wanted to do in public? Or do you have jokes, magic tricks or other talents you always wanted to get out

in the open? Then Cambourne's Got Talent is the event for you.

This Christmas, Sundial Theatre Company, Cambourne's community theatre group, is hosting a fun-filled family talent show to give the people of Cambourne a chance to show off their hidden talents. Auditions are now officially open for the show which will take place at CVC on Saturday 14th December.

"Anyone over 12 can put themselves forward – we're looking for people from all the different ages, talents and cultures that make up Cambourne. You can be lone act, a duet, a group, a novelty act – whatever you think would be entertaining", says the event organiser Mel Barr. "And just like on TV, the audience will get the chance to vote for their favourite act and choose a winner at the end of the night."

Auditions will be via video and are open now until the end of October. From the acts submitted, around sixteen will be chosen to appear, with a winner voted for by the audience on the night.

Full details can be found on the Sundial Theatre Company website at www.sundialtheatre.company/cgt where you can also contact Sundial with any questions you may have before submitting your entry.



Weekly dance meet-up on Sundays

CAMBOURNE BALKAN DANCE CLUB

Are you interested in trying out Balkan country dance?

Folk dances from Balkan nations are characterised with circular formation, energetic and intricate steps, and lively musics.

Every Sunday, enthusiasts meet up to practice the dances and have fun together. The current dance repertoire includes a variety of dances from Bulgaria and Greece.

Everyone is welcome!

For more information, visit
<http://bit.ly/BalkanDanceCambourne>
 or find
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HEIDI ALLEN
MP FOR SOUTH
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Sharing your Concerns

Nobody can accuse politics these days of being boring! The events of the past month have certainly tested our Parliamentary democracy to the full.

As a result of the fast-moving national situation, I spent the month of August holding pop-up surgeries at various locations in and around the constituency. I am enormously grateful to the café owners, publicans, supermarkets and my team for facilitating these.

It is always so important for me to hear the opinions of my constituents and gauge an idea of what the feeling is on the ground.

So, my thanks to the constituents of Cambourne

and the other villages who turned out in droves to express their opinions and share their concerns.

It is my responsibility to represent these concerns on the national stage and consequently, I have been working extremely hard to ensure that our Parliamentary process is upheld and that my constituents are placed front and centre of any future decisions that impact the United Kingdom.

By the time you read this, events will have no doubt have moved on again but please keep talking to me to express your opinions and ideas as we navigate uncharted territory.

■ *Forthcoming surgery details can be found at www.heidisouthcambs.co.uk, email me on heidi.allen.mp@parliament.uk. Phone my Westminster office on 020 7219 5091 for national issues or my constituency office on 01223 830037*



GAVIN CLAYTON
DISTRICT COUNCILLOR

The High Street and Community Cohesion

The Town Council and Fete Organising Committee members have once again done us proud with the Cambourne Fete which both engaged and strengthened our community bonds.

What a shame it was not possible to hold a High Street public exhibition/consultation at the fete in addition to the strangely scheduled public meeting in mid August, with many people on holiday.

Having seen the plans and witnessed South Cambs Council's (SCDC) decision to remove all financial investment for the development I fear that Cambourne residents risk once again being sold out to developers financial priorities.

So rather than SCDC being able to advocate for community development priorities, integrating them with their own health and wellbeing strategies and with new models for high street development found in reports such as www.vanishinghighstreet.com, where 'strong established leadership by the local authority' is recommended. We have a local authority with no meaningful influence to wield.

Community cohesion that is fostered by events like the fete need to be underpinned by local authority leadership, facilitated by a well designed High St with community space at its centre.

■ You can contact me via email: cllr.clayton@scambs.gov.uk
Twitter: [@gavinclayton17](https://twitter.com/gavinclayton17)
Facebook : [/gavin.clayton.146](https://www.facebook.com/gavin.clayton.146)
Website : www.southcambslabour.org.uk



CATHERINE PRICE
CAMBOURNE PARISH
NURSING SERVICE

Baby Loss Awareness Week

The 9th - 15th October is Baby Loss Awareness Week which commemorates all babies lost through miscarriage, stillbirth or in the weeks and months after birth.

Baby Loss Awareness Week aims to raise awareness about the issues surrounding pregnancy and baby loss in the UK and pushes for improvements in services by trying to identify how preventable deaths can be reduced and how support can be improved.

Baby loss is clearly catastrophic for those affected and can leave people feeling isolated.

Locally there are several charities that can offer help including Cambridgeshire Sands (sands.org.uk) and Petals (petalscharity.org). Their work is invaluable to those in need of support but they are largely reliant on volunteers, donations and funding which is not always available.

In Cambourne Church this year there is an Act of Remembrance on Tuesday 15th October at 6.30pm. This is open to everyone, whether their experience is recent or many decades ago.

It is a chance to remember that life, no matter how brief, is always worth honouring.

■ Further information www.babyloss-awareness.org
Catherine Price RN
nurse@cambournechurch.org.uk

COMMUNITY

Cambourne Memories

Alfred.F.Rodd's memories of joining the Royal Navy at the age of 17 in 1944, was published on the 18th of August, 2017 on the Blog www.pastconnect.net. At 90, it wasn't easy for him to recall the details but with the help of his wife June, he did put together an extraordinary account of his being trained as a torpedo man aboard the aircraft carrier, HMS Indefatigable. Joined by other ships, HMS Illustrious, HMS Indomitable, HMS Formidable and HMS Implacable, it set sail from Sydney, headed for the Pacific. 'One day, early in August, we were warned that something significant was about to happen. We had no idea what that might be. We were then informed about the dropping of bombs over Hiroshima and Nagasaki,' remembered Alfred.

He was diagnosed with dementia shortly afterwards and had to be moved to a care home where he passed away on the 6th of July, this year. During his memorial service his story on the Blog was read out, which made his widow June very happy, as they were in his own words.

A separate section on the Blog, records and preserves reminiscences of the residents of Cambourne showcasing diversities of cultures and experiences. With the purpose of building an archive of memories, the editors welcome people to write and mail their stories but are also happy to meet and collect oral accounts to be written down. Those interested in sharing stories are requested to contact Tapti at taptibr@pastconnect.net or call her on 07582016562.



Act of Remembrance 2019

This year, the Act of Remembrance will take place on Sunday 10th November at 10.45am outside Cambourne Church

Children and young people from the Air Cadets, Army Cadets, Rainbows, Brownies, Guides, Beavers, Cubs, Scouts and Police Cadets will parade from 10.30am from the new cricket pavilion up Eastgate to the church. Everyone is welcome at this event as we say 'thank you' to all who have served, sacrificed and changed our world and also to those who are currently doing so.

After the Act of Remembrance, everyone is warmly invited into Cambourne Church for hot drinks and cakes.



everyone HEALTH

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The NHS Health Check is a national programme offering a health check-up every five years to adults in England aged 40 to 74 without a pre-existing cardiovascular condition. One of the largest prevention programmes of its type in the world, the programme is designed to help prevent and detect early signs of heart disease, stroke, kidney disease, type 2 diabetes and dementia.

As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower the risk. If you are in the 40-74 age group without a pre-existing condition, you should have an NHS Health Check every five years.

Your GP may have written to you inviting you for your NHS Health Check. Everyone Health provide the same NHS Health Checks in the community which you can access if it is more convenient for you.

Everyone Health delivers these important checks in local, easily accessible community clinics across Cambridgeshire, you will find us in libraries, community centres, at local events, church halls, Pop up Shops in town centres- we also deliver in workplaces.

Plenty of appointments are available to suit your needs. The check takes about 20-30 minutes. You will meet with a trained professional who will check your blood pressure and cholesterol, they will record your height, weight, age, gender and ethnicity. You'll also be asked some simple questions about your family history and choices that may put your health at risk.

Once you've had your NHS Health Check, your results will be discussed with you, you'll be given personalised advice on how to maintain or improve your health, which will help you lower your risk of developing any of the conditions screened for.

Andy H, who had an NHS Health Check at our Pop up Shop in Huntingdon earlier this year was informed his Cholesterol was high and would need to visit his GP for discussion and medical advice about how this could affect him. Andy also took advice away with him from the Everyone Health practitioner about changes he could implement in the meantime to improve his health & lifestyle.

At the GP appointment after a further fasting blood test Andy's results from the NHS Health Check were confirmed and it was agreed he would return after 3 months to see if the changes in lifestyle he was implementing would improve his results enough to avoid medication. Andy returned after 3 months to find his GP happy as he confirmed his cholesterol had reduced to a healthier level and he had lost 9.1kg, meaning he would not need medication – just to continue with what he was doing!

Andy said: "Everyone Health provided a very beneficial and good service, a worthwhile visit that has turned things around for me".

How can you get involved? You can make an appointment for your NHS Health Check by: Tel: 03330 050093 Email: eh.changeappointcambs@nhs.net

EDUCATION

It's Another New Year at Monkfield Park School

MONKFIELD PARK PRIMARY SCHOOL

What a wonderful start to the school year it has been at Monkfield Park. Across the school, children have showed such enthusiasm as they entered their new classrooms and met their new teachers. They all became fully engrossed in cross curricular learning opportunities and the school environment turned one full of tranquillity.



Year 1 have been exploring their topic of 'Rumble in the Jungle' and have had great fun taking on the role of different jungle

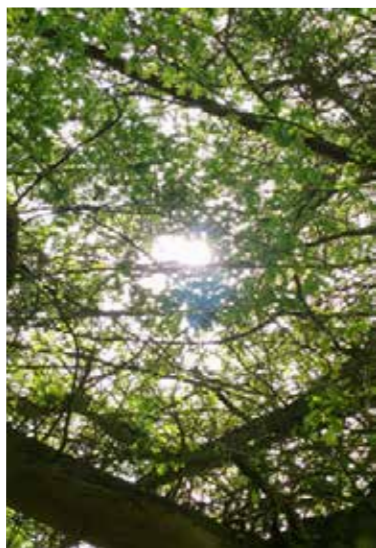
animals. Meanwhile, Year 5 have been exploring South America through the artist Frida Kahlo and have been reading the book 'The Great Kapok Tree' to inspire their writing. Year 3 are looking forward to taking on the role of ancient Egyptians this half term, through a history 'WOW' day, where they will dress up and take part in Egyptian traditions and activities. The Reception children who are new to the school have been eager to explore and learn. This has shone through in their topic of 'Magical Me'. The children have brought into school special objects, favourite teddies and family photos to celebrate how special and unique each of them are. There's always so much to do in Reception at Monkfield Park and the excitement on the children's faces when they enter the classrooms is evident of how much they are enjoying their new journey at school. At the start of this academic year there was also an opportunity for the children in all year groups to showcase their own art masterpieces through the 'Monkfield Park

Art Gallery'. The whole school was given the theme of 'Celebrations' and the opportunity to create a piece of art work to mark Monkfield Park's 20th anniversary. The work was displayed in the school's art gallery and was available for children and their parents to purchase. Money raised has been put towards refurbishing the school library which is in the process of being revamped. What a fantastic start it has been. We cannot wait for the year that lies ahead.



Editors Note : We are re-running this next article due to some problems in the editing process experienced last month. We apologise for any inconvenience or upset. However it must be understood that all the editors of The Crier are volunteers and not paid publishing professionals. We have had some turnover in the past few months and while we have some eager folks there is a learning curve. If you would like to share the effort in this work or find out more our next editors meeting is on the 14th of October in the small meeting room, (the old office) at the Hub at 8pm.

Moving on from Home Education



EDUCATING OTHERWISE:

For the past three years I've been home educated and have thoroughly enjoyed it. I've had the opportunity to take part in many interesting things such as photography workshops, learning to ice-skate and learning new subjects like sociology and psychology. I have visited art galleries, museums and had hands-on experiences with animals. Last year I took three GCSEs and this year I took four more. I also studied for the Arts Award so I have gained qualifications in a wide range of subjects.

This month I will be continuing my education by moving onto a local Sixth Form where I will be studying the International Baccalaureate. This

will give me a broad range of subjects, some of which are new to me such as Japanese! When I visited the college all the staff were so kind and caring, the facilities were great and it had a really nice atmosphere to it. It was a place where I could imagine myself and enjoying it. They have been helpful with my transition programme, letting me have a taster day with some of the Year 12 students in July. They acknowledged that my independent learning skills are advanced due to my self-study at home. Although naturally I am nervous I'm also very excited to expand my knowledge and learn some new subjects.

By Lucy, aged 16

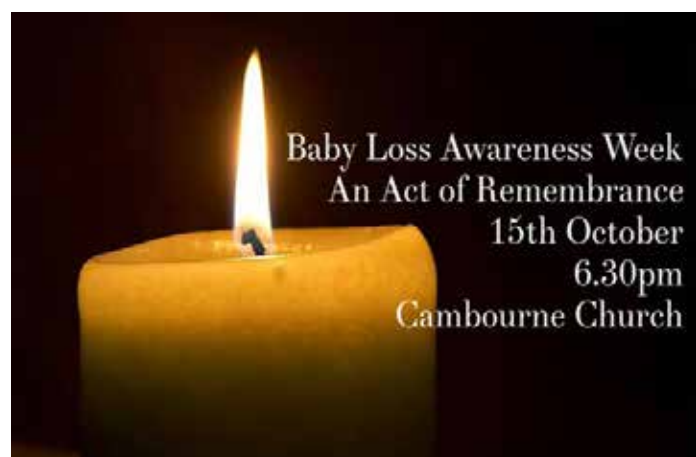
EDUCATION


Working Together is the theme at the Vine

THE VINE PRIMARY SCHOOL:

Year 5 had a fantastic start to the new term with their topic in PSHE - 'Working Together'; which gave the children the opportunity to demonstrate their skills at cooperating with one another. The first task was active listening in order to understand instructions clearly in order to participate in a variety of team-building activities. There was the Bench Game, which involved swapping places with each other on a very narrow bench without touching the floor. In the Quoit Knot we tied ourselves in a knot and then get untangled by talking through a solution; and finally Robot, a game of trust, directing someone through a series of obstacles using verbal instructions.


For the finale we learnt how to make a four-sided shape called a tetrahedron using six dowel rods and four rubber bands. Once the tetrahedrons were strong enough, we moved into the playground and were joined by four more kids to make a tetrahedron twice as big, then four more groups and made another one, again, twice the size. When we had four large tetrahedrons, the final challenge was to fix these together to make one 12 feet high, just using wooden rods and rubber bands. In total we used 384 wooden rods to create 64 smaller tetrahedrons along with about 400 rubber bands. The kids were very excited with their tetrahedron.





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EDUCATION

GCSE success at Cambourne Village College

COLLEGE EXCEEDS NATIONALLY SET TARGETS

Once again the College exceeded nationally-set targets: 69% of all pupils gained 5 GCSEs at the Government's 'Standard Pass' Grade 4, equivalent to the former 'C' grade; while 48% achieved 5 GCSEs at the Government's 'Good Pass' at Grade 5 equivalent to the former 'B' grade. These figures give the school an excellent 'Progress 8' score calculated at +0.39, a key performance indicator which shows the College's performance in comparison with national outcomes; and even better when taking into account the ability of pupils who joined in Year 7.

Overall most of our students gained the

results they needed to move onto their preferred Post 16 course, with Comberton Sixth Form the most popular destination, closely followed by Hills Road, then Long Road which offers a wide range of A' Level and vocational qualifications, along with Cambridge Regional College which also offers a number of vocational courses. A small number of pupils are applying for places at specialised colleges, with others opting for apprenticeships.

If any local businesses are able to offer opportunities for work-based learning as we do have pupils seeking apprenticeships, guidance is available for employers willing to explore this option.

We would also be very keen to hear from any local entrepreneurs interested in being business mentors for our older students. If you could spare one hour per fortnight during the school day please do consider this as it could have a positive influence for a pupil who doesn't see the value of further education.

Please note that Adult Education classes are again in full swing: please look at the College website: www.cambournevc.org - to see the opportunities available.

Claire Coates, Principal
Cambourne Village College

It's a new chapter at Hardwick and Cambourne



Hardwick and Cambourne
Community Primary School

DEPARTURE OF ANDY MATTHEWS

After 13 years, Andy Matthews sadly left Hardwick and Cambourne Community Primary School for pastures new. James Hoban and myself, Cate Thompson, have taken up the headship of both schools as Co Headteachers - a position that we both feel extremely honoured and privileged to have.

Our school is certainly one of extraordinary charm with an ethos which holds children at its heart – empowering them for whatever their future holds and this is something that James and I hope to develop.

Our aim is to build on the schools secure foundations and current achievements and ensuring the students

are ambitious within a supportive and safe environment.

We both fully appreciate how important each year of education is for children in preparing them for later life and strongly believe that our school in particular presents an excellent opportunity for children to discover and unlock their hidden talents in a fun and nurturing environment.

We believe that every child has the ability to achieve amazing things, if a school provides the right opportunities.

Please have a look at our new website www.hardwickandcambourneprimary.co.uk to find out more information about what our school can offer your children.

Hardwick and Cambourne Community Primary School is seeking new governors to join our team.

Are you interested in giving something back to the community? Are you interested in children's education? If so, the Governing Body at Hardwick & Cambourne Community Primary School is looking for people who would be interested in becoming a school governor.

Over the coming term we will have several governor vacancies and are seeking to recruit both parents of children at our school and non-parents. We have found that members of either our Hardwick or Cambourne communities bring valuable community perspective and knowledge to the school. The posts are all appointed by the existing Governing Body and no elections are involved.

More important than any specific skills you bring, is that you are

committed to the vision and ethos of the school, that you have time to attend meetings and are committed to getting to know the school well, and that you are willing to attend some training to help you learn how to be an effective governor.

Examples of skills and experience you might bring include finance, managing people and resources, property and estates management, procurement and contracting, project management, communications or health and safety.

You'll find more detailed information on the role and activities of governors on the About Us-Governors tab of the school website. If you'd like to speak directly to a governor about what the role involves, or to express an interest, please contact the school office on 01954 210070.

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 cambridge@stagecoach.co.uk

WHAT'S ON

South Cambs Child and Family Centre

Mondays

Lets Get Physical - Blue School, 10-11am, ages 0-5, £2,

Baby Group - Cambourne Child & Family Centre, 1:30-3pm, 0-mobile
Midwife Clinic, Cambourne Child & Family Centre, 1:30-4:30pm

Tuesdays

Under 25's Group (Bumps, Babies and Buddies), Cambourne Child & Family Centre, 10:30-midday, for parents under 25, free.

Wednesdays

Stay & Play - Blue School, 10-11.30am, ages 0-5, £2

Multiple Births Group - Cambourne Child & Family Centre, 10-11.30am, 1st & 3rd Weds only, ages 0-5, free
Midwife Clinic, Cambourne Child & Family Centre, 1:30-4pm.

Thursdays

International Group - Blue School, 10-11.30am, ages 0-5, free

Clothes Swap - Blue School, 1-2.30pm, 1st Thurs only, bring clean good condition clothing, 0-8yrs, to swap, free

Midwife Clinic, Cambourne Child and Family Centre, 9:30-midday.

Child Health Clinic, Cambourne Child and Family Centre, 10-11:30am, 1st and 3rd Thurs only.

Self-Weigh, Cambourne Child and Family Centre, 10-11:30am, 2nd and 4th Thurs only.

Fridays

Breastfeeding Support - Cambourne Child & Family Centre, 10-11.30am

Busy Bees SEND group - Blue School, 1-2.30pm, ages 0-5, free (referral only)

For info and bookings please contact: ChildAndFamilyCentre.South@cambridgeshire.gov.uk or 01954 284672.

Saturday 5th Oct, 1-4pm

The Big Squiggle

The Hub, High St, Cambourne

A free-of-charge art event run by Cambourne Arts, with a variety of art and craft activities designed to encourage everyone to take part.

Email: fran@panrucker.eclipse.co.uk.

Saturday 5th Oct, 7pm

Bingo Night

The Hub, High St, Cambourne

Raising money for Light Up Cambourne. Wine and cash prizes and Heads or Tails game. Bar available. Tickets £14 (must be booked in advance) which includes all bingo games and a chip shop supper.

Email: lightupcambourne@gmail.com

Mon 7th Oct, Tue 8th Oct & Wed 9th Oct

John Lawson's Circus

Great Cambourne Green

Friday 11th Oct, 6-8pm

CamTalks

South Cambridgeshire Hall, Cambourne Business Park

An evening of interesting talks by exceptional locals share their stories. Free

Wednesday 23rd Oct,

1:30-2:30pm & 3-4pm

Halloween Disco

Old Blue School, Eastgate, Cambourne

Ticket only event. Raffle available on day. Email: friendsofcambournecc@gmail.com see Facebook page where ticket announcements will be made.

Saturday 15th Oct, 6:30pm

Baby Loss Awareness Week

Cambourne Church

Friday 25th Oct

Children's Halloween Party

The Hub, High St, Cambourne

1pm to 3pm for Reception age to Year 2, 4pm – 6pm for Year 3 to Year 6.

Tickets £5 per child (includes food and drink) and can be purchased from the Town Council office. Disco, Halloween games, craft activities and competition for best costumes.

Wednesday 30th Oct, 7-8pm

Youth Rugby Meeting

Lower Cambourne Cricket Pavilion

Establish a youth Rugby team in the village. Children between 6 and 11 years
Email: info@cambourneexiles.com

Saturday 2nd Nov

Fireworks Night

Cambourne Sports Pitches, Back Lane

The sports centre car park is allocated for blue badgeholders as this is adjacent to the accessible viewing point.

Sunday 3rd Nov, 3-4.30pm

Light Party

Cambourne Village College

Family fun. Free entry

Saturday 16th Nov, 7.30-10.30pm

Big Deal Comedy

Stand up Comedy Night

Cambourne Sports & Social Club

Bringing the best comedians in Cambourne. £7 per person (advanced booking advised)
www.bigdealcomedy.co.uk

Saturday 16th Nov, Doors open 6.30pm

Ladies Fashion Show & Pop-up Shop

The Hub, High St, Cambourne

Tickets: £6 each or 3 for £15 (include a drink on arrival) For tickets and more info: friendsofmonkfieldpark@gmail.com

Friday 26th Nov, 3-6.30pm

Christmas Fair

The Wildlife Trust, Manor House, Broad Street, Cambourne

Saturday 30th Nov, 11am-3pm

Christmas Market

The Hub, High St, Cambourne

For stall enquiries, email: community@cambourneparishcouncil.gov.uk.

Saturday 7th Dec, 11am-2pm

Repair Cafe

The Hub, High St, Cambourne

Items must be registered in advance, online form available on the Town Council website or email- community@cambourneparishcouncil.gov.uk.

Saturday 14 Dec, Doors open 18:30pm

Boxing starts 19.30pm

White Collar Boxing

The Hub, High St, Cambourne

Raffel, Licensed Bar, Food, Magician
Entrance Tickets £20 (non-refundable)
Tel: 07711 101325

EVENTS IN AND AROUND CAMBOURNE

MONDAYS

Watercolour Class

7-9pm The Hub Cambourne .

Cambourne United Football Club

8-9pm Cambourne Village College: Ladies.

Cambourne Bowls Club

Regular club nights Mon and Thurs, 6pm.
New players of any standard, age or gender welcome. Behind Everyone Active.

TUESDAYS

WW2 Aircraft Club

First Tuesday of the month in Cambourne.

Cambourne Tae Kwon Do

Beginner classes for all at Vine School.

Cambourne Women Runners

7.15pm club run, meet at Old Blue School.

Cambourne Open Minds

1st Tuesday of every month, 7.30-9.30pm.

Cambridge Badminton Academy

7.30-10pm at Cambourne Village College.

WEDNESDAYS

Watercolour Class

10am-12pm in the Sports Pavilion.

Buggybootcamp

10-11am Crow Hill Lane Green CB23 5AW

Timebank Coffee Morning

1st Wed of the month, 11am in Cafe 19.

Cambourne Youth Clubs

Year 7-8 3.30-5pm, Year 8-10 5.30-7pm,
Year 10+ 7.30-9pm at Cambourne Soul.

Cambourne Tennis Club

Social tennis session. 7-10pm.

Cambourne Runners ARC

Meet at the Hub. 7.10pm.

Photography group

3rd Weds of the month 7.30pm The Belfry.

Cambourne Community Gospel Choir

7:30-9:15pm in term time Old Blue School.

THURSDAYS

Diabetes Peer Group

1st Thurs of the month 11am-12pm
Upper Cambourne Cricket Pavilion. FREE.

Home Educators Multisports

12.30-2.30pm at Sports Centre.

Cambourne Rugby

6:45pm on all-weather pitch. All abilities.

Cambourne Netball Club

7.30-9pm senior squads at Sports Centre.

Cambourne Futsal

Indoor football for 18 to 65 yrs. Cost £4.

[Facebook.com/groups/cambournefutsal](https://www.facebook.com/groups/cambournefutsal)

Soul Stories

In partnership with Wysing Arts Centre.
For those aged 15-19. Share your story
through music, performance, video, writing
or visual art. 7-9pm, Cambourne Soul,
Back Lane.

Youth Club

For young people about to start secondary
school, to make friends from other primary
schools and have space to think about the
transition to Year 7 through games and
activities. Cambourne Soul, Back Lane.

FRIDAYS

Cambourne Health & Wellbeing Club

For older adults, with a speaker or games,
refreshments and chair-based exercises.
FREE. Contact
nurse@cambournechurch.org.uk

Children's Art Group

4-5.30pm. 5-11 yrs.
Upper Cambourne Cricket Pavilion.

Cambourne Chess

5-6pm in term time from 1st March. School
years 1-6. Cambourne Church.

SATURDAYS

Cambourne Runners ARC

Meet 8.50am at the Hub.

Cambourne United Football Club

9-10am girls & boys on Cambourne 3G.

Doodle's Dog Walking Group

9.30am at Just for Pets shop. Open to all.

SUNDAYS

Cambourne Tennis Club

10am-12pm. Social tennis session.

Cambourne Electronics & Robotics Club

Alternate Sundays in the Blue School. 2pm
seniors, 3.30pm new.

Cambourne Raptors Basketball Club

Autumn@ Library

Rhymetime/Storytime

Alternate Fridays starting on 4th Oct
9.30am with storytime

Engage November Speaker TBC

Tickets from Cambourne Library

or

www.cambridgeshire.gov.uk/arts

World Textiles Workshop

Saturday 12 th October 10.30am

Tickets £5 standard £2.50

concessions (12 yrs+)

Devious Minds: An extravaganza of
magic, mind reading and comedy.

Wednesday 16 th October 6.30pm
(doors open 6pm) Tickets

£7 standard £4/£5 concessions (8+
yrs)

Silhouette Portrait Workshop:

Saturday 2nd November 10.30am

Tickets £5 standard £2.50 conces-
sions (12yrs+)

Mahajanaka Dance Drama:

Wednesday 20th November 7.30pm
(doors open 7pm)

featuring award winning artists from
Thailand and the UK. Tickets £7
Standard, £4/5 concessions(10+yrs)

Family History Drop

In Monday
21st Oct 1.30-4pm Drop in for ad-
vice on researching or book an ap-
pointment to see our Family History
representative

Star Wars Craft Activity

Wednesday 23 rd Oct 10 am –
11.30 am

*Christmas cards are on sale in Oct
from reception!*

*We are looking to recruit a Story-
time Volunteer and an Events Vol-
unteer. Please ask at the library
reception for details.*

Open scrimmage 6-8pm at CVC.

Digital Surgery for 60+

Alternate Sundays in the old Blue School.
2-5pm. FREE. Drop in!

Cambourne Balkan Dance Club

5:15pm, Blue School. £3 per session.
Open to all.

SEE P16-17 FOR GROUPS' DETAILS...

GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858
fran@panrucker.eclipse.co.uk
www.cambournearts.btck.co.uk

Cambourne Children's Centre:

01954 284672 cambournechildrenscentre@cambridgeshire.gov.uk

Cambourne Love Justice Group:

Len Thornton: 01954 710370

Cambourne Crescent:

www.cambournecrescent.org

Cambourne experimental cookery club

Member organises only one dinner and attends many at others. Fundraising finale.
shrobona@gmail.com / 07852753216

Cambourne International cookery workshops

shrobona@gmail.com / 07852753216

Cambourne Electronics and Robotics Club

Runs on alternate Sundays
shrobona@gmail.com / 07852753216

Network Business Breakfast:

Jo Christy hello@stirupmedia.com
 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm
 Pat Callaghan 01954 718836

Watercolour classes

Tutor-led classes for watercolour painting; Monday 7-9pm, Wednesday 10-12pm. Contact
fran@panrucker.eclipse.co.uk

Children's art class:

Contact
fran@panrucker.eclipse.co.uk

Photography group:

Beginner to advanced. Meetings on third Wednesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 www.flickr.com/groups/cambournephotographygroup/

Reading Groups:

carolinealdrige@cambridgeshire.gov.uk

Timebank:

0300 111 3555 or Laura

Papanikolaou 01223 713555

Crafty Ladies:

Enid - (01954) 715292 or

Edna - (01954) 717360

WW2 aircraft club:

Meeting in Cambourne on the first Tuesday of the month. Contact 01954 269 173 or
iancameron692@gmail.com

Papworth Astronomy Club

Meetings at the Vintner Room, Papworth Everard, 7.30pm. Contact Peter on 01480 830729 or peter@cheere.demon.co.uk

Friday walks:

Monthly. Meet at the rear entrance to the library at 10.15am. Contact Penny Flanagan on 01954 200126 or
pam.hume@ntlworld.com

Sunday walks:

Monthly. Meet at 10am in Monks Wood car park, School Lane. Contact

Sandra on 07747 012245 or

scalcraft@gmail.com for next walk.

Cambourne Community Website Group

John Panrucker: 07734 258 059

hello@cambourne.info

www.cambourne.info/about

Cambourne and District U3A:

Self help organisation for the retired/semi-retired providing a chance to learn new skills and meet new people.

Friday 18th October 10.30-12

speaker Shrobona Bhattacharya

Topic: The Mysteries of India

Visit u3a.cambourne.org or contact Fran

Panrucker on 01954 710858

Story blog:

Publishes real life stories of war, travel and human interest. Contact Tapti Roy on 07582016562 or taptibr@gmail.com

www.pastconnect.net

Cambourne Open Minds:

Meditation, laughter & self development. First Tuesday of every month 7.30-9.30pm. Suzanne:

07887 715555, SMJLANE@lifequest.co.uk

Cambourne Community Gospel Choir:

Rehearses in the Old Blue School 7.30-9.15pm on Wednesdays. Just turn up. A donation of £1 per session is suggested towards costs. Find us on Facebook.

Child and Family Centre:

01954 284672 or ChildAndFamily

Centre.South@cambridgeshire.gov.uk

Children's Chess Club:

Y1-8, Fridays 5-6pm at Cambourne Church. Book in advance: cambourne.chess@gmail.com

Sundial Theatre Company

Cambourne community theatre group

info@sundialtheatre.company or visit

www.sundialtheatre.company

Cambourne Balkan Dance Club

Dance meet ups Sundays.

bit.ly/BalkanDanceCambourne

Cambourne One

A charity group run by Muslim volunteers and open to everyone. cambourne1.org.uk

CHURCHES

Cambourne Church

Church office (in the Blue Space): 01954 710644. Mon / Tues / Thurs: 10am-12pm and 1pm-3pm. Wed: closed. Fri: 10am-12pm. www.cambournechurch.org.uk

Administrators and Church Bookings

Jacqui Huckle, Hannah Heasley
administrator@cambournechurch.org.uk

Youth Worker:

Jonathan Buwert
 Tel. 07503 171869 jonathan.buwert@cambournechurch.org.uk

Children and Family Champion:

Jane Brooks 07850 961000
jane.brooks@cambournechurch.org.uk

Parish Nurse:

Catherine Price

nurse@cambournechurch.org.uk

Foodbank:

Julie Whitbread

julie.whitbread@cambournechurch.org.uk

19 the coffee house:

Manager Cilla Mills. Open Monday - Thursdays 8.45am - 2pm; Fridays 8.45am - 12 noon.

19thecoffeehouse@cambournechurch.org.uk

Peacehaven Baptist Church

Rev. Donovan M. Bangs:

Preachbrit@aol.com 01954 710510

www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am

Meeting at Cambourne Village College

www.christchurchcambourne.org.uk

Cambourne Catholic Community

Mass: Sat. 5pm, Tues. 12.15pm, Thurs.

7.15pm <http://cambournerc.com>

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719

mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585

www.cambournedental.com

Lloyds Pharmacy:

01954 718296

Monkfield Medical Practice:

01954 282153

www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793

candicelattimore@gmail.com

Diabetes Peer Group:

First Thursday of the month, Upper Cambourne Cricket Pavilion, 11am-noon. Free to join. Contact

info@nutrition2wellness.com

Cambourne Health and Wellbeing Club

A group for older adults. FREE. Next

meetings: 3rd & 17th May, 14th

June, 10.30am - 12pm at the old Blue School

site. No booking required. Catherine Price:

01954 710644 /

nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office:

01954 714403

office@cambourneparishcouncil.gov.uk

www.cambourneparishcouncil.gov.uk

Venue Bookings:

01954 714403

bookings@cambourneparishcouncil.gov.uk

Pitch Booking:

Everyone Active at the Sports Centre

District Councillors for Cambourne:

Ruth Betson – cllr.betson@scambs.gov.uk

Gavin Clayton – cllr.clayton@scambs.gov.uk

Shrobona Bhattacharya –

cllr.bhattacharya@scambs.gov.uk

GROUPS, SERVICES & CONTACTS

EDUCATION

Cambourne Village College:

01954 284000

thecollege@cambournevc.org

www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

Hardwick and Cambourne Community
Primary:

Headteacher: Andy Matthews

School Office - 01954 719085

blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School:

Headteacher - Sue Wright

School Office - 01954 717180

office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Jarman

School Office - 01954 273377

office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

School Office - 01954 719630

office@thevine.cambs.sch.uk

Educating Otherwise: for local meetups & activities please join facebook group 'Home Education - Cambourne'.

Home Educators Multisports: Thurs during term time at Cambourne Fitness & Sports Centre. 5-8 yrs: 12.30-1.30pm, over 8s: 1.30-2.30pm. annettelesage@btinternet.com

PLAYGROUPS/PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679

cambourne.babyandme@gmail.com

Cambourne Pre-school:

Donna O'Shea: 01954 715150

cam.preschool@btinternet.com

Carers And Tots:

cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning Centre:

Office: 01954 273301

clcoffice@monkfieldpark.cambs.sch.uk

Sunflower Nursery: 01954 719440

SERVICES

Cambourne Library

Mon: 9am – 5pm; Tues: 9am – 1pm

Wed: Closed; Thurs: 4 – 7pm; Fri: 9am –

5pm; Sat: 9am – 1pm. Reception area open

9am – 5.30pm every week day. We also

offer an e-book service and local

information. Free Wi Fi. We also sell stamps,

books and children's wall charts. 0345 045

5225 www.cambridgeshire

.gov.uk/leisure/libraries

Community Car Scheme:

If you need transport for a medical or social appointment and are unable to use public

transport you can call us on:

07526 998 465 or e-mail: cambournecarscheme@gmail.com. Min. 48 hours notice.

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm

Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay

01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey – 01954 269328

Facebook: Cambourne Bowls

Cambourne Cricket Club:

Phillip Broadwith, Cambournecc@

gmail.com / www.pitchero.com/clubs/

cambournecricketclub

Cambourne Eagles F.C:

Secretary - Danny Brooks 07516 630552

Cambourneeeaglesfc.sec@gmail.com

Facebook.com/cambourneeeagles

Cambourne FC: www.cambournefc.org

cambournefc@icloud.com

Cambourne Netball Club:

Emma Smith - (01954) 710034

cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309

info@cambourneexiles.com

www.cambourneexiles.com

Cambourne Raptors Basketball Club:

Facebook: cambournerraptorsbasketballclub

info@cambournebasketball.org

Twitter/Instagram: @CamRaptorsBball

Cambourne Runners: Weekly runs, all

abilities on Saturday morning 8.50am and

Wednesday 7.10pm from the Hub.

cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Ben Byron benbyron@hotmail.com

https://clubspark.lta.org.uk/CambourneLTC

Cambourne Tang Soo Do Club

Mondays 6.45-8.15pm

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Cambs Tai Chi Club

www.cambs-taichi.org.uk

Cambourne Tae Kwon Do: See facebook or stephenlacey73@gmail.com

Cambourne Karate School (AKS)

www.karateschools.co.uk / 07929 100612

Cambs Chargers Volleyball Club

cambschargers@gmail.com

Cambourne United FC

Chris Williamson 07900 674558

cambourne.united@gmail.com

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YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC) Adam Kelly 2484df@aircadets.org

Cambourne Army Cadet force:

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www.cambsacf.com

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information or to volunteer, contact Jonathan

Buwert at jonathan.buwert@romseymill.org

or on 07503171869.

Cubs, Beavers & Scouts:
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scoutgroup.org.uk

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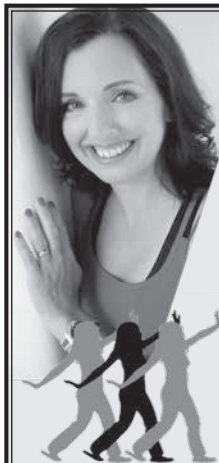
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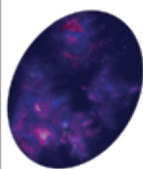
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There is a computer game called Civilization V which, at the time of writing, I have spent a shocking 355 hours playing. Civilization gives you control over a country and asks you to build it into a world power. One of the first technologies you develop is 'Animal Husbandry', which rewards you with a quotation from scripture: "Thou shalt not muzzle the ox when he treadeth out the corn."

It is Harvest once again so this quotation came back to me. Oxen were important parts of the agricultural processing of grain and this injunction not to muzzle them ensured that as they worked, they could enjoy some of the fruits of their labour. It is a commandment of kindness.

It may not feel like it, but each of us has great power over others – as consumers, voters and fellow-workers. The Bible commands us time and again to wield this power with kindness so that everyone might have the benefit of living in a society which cares for all who live in it. Harvest is an important reminder of what we have, but also poses this question: how can I use what I have for the benefit of others?

David Wadsworth

Services and events for July



Sunday 6th October

10am Morning Worship followed by Church meeting
8pm Prayer meeting

Sunday 13th October

9.30am Morning Worship with Communion
11am Morning Worship with Communion

Sunday 20th October

9.30am Morning Worship
11am Morning Worship

Sunday 27th October

9.30am Morning Worship
11am Morning Worship
6.30pm Encounter

Sunday 3rd November

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Facebook: cambournechurch

Watch what you put in the pot.

Recently we did a study about 2 kings 4 38:41 That tells us about a famine in the land and some of the prophets went to make some pottage like a soup or stew. One guy gets sent out to gather herbs but finds a wild vine with some gourds (things like watermelons or, marrows or zucchini that kind of shape) on it. Well he goes and gathers a bunch and just grates them into the pot for everyone else. (without telling anyone what he did). After several of them ate some they figured out that there was death in the pot. The wild gourds were actually toxic. (I did a study on the likely plant in that region and how bad it was and it was very bad with an unpleasant time and quite likely death for those who had eaten more than a few grams.) They called out to the head prophet Elisha and he threw in some meal as a symbol of cleansing into the pot. Kind of like how earlier he had cleansed a spring with salt. Well he said it would be fine now and it was.

So we discussed some basic lessons. Like just because you know scripture does not mean you know vegetables. You should seek help from an expert on a subject rather than rely on someone who you may admire in one area but they really have

no clue about another area. Like taking medical advice from an actor who just plays a doctor. If you come across something in your life and you do not know what it is, ask before gathering a bunch of it. It could be an actual thing or maybe new friends or activities that might be a bit toxic. Secondly really ask before you put them in your pot or your life. No one is truly alone and if you put poison in your life it will affect others. Even if it is just that you will be too messed up to help them when you are needed. Everything has consequences and bad stuff in your life can affect everyone around you. The big point to take away is when you realise there is a problem, be like the other guys. First stop consuming the stuff that harms you. And second reach out for help. Find someone and even if they do not know maybe they can help get you to someone that does. These prophets did not have an ambulance on call so they reached out to the guy who had an ear to God. He helped them purify the provisions and they were fine. But they did as the helper asked in an act of faith. If you get advice from one who can really help, follow the advice that is why you sought it out in the first place. And if you do not know where to start I have an old book that works pretty well.



PEACEHAVEN BAPTIST CHURCH. COME AND WORSHIP WITH US

Cambourne Community Centre, (The Hub), High Street, Great Cambourne, CB23 6GW

SUNDAY MORNINGS - 10 AM

SUNDAY MORNINGS - 11 AM

WEDNESDAY EVENINGS - 7 PM

Children's Sunday School & Adult Bible Studies (at the Hub)

Junior Church & Morning Worship (at the Hub)

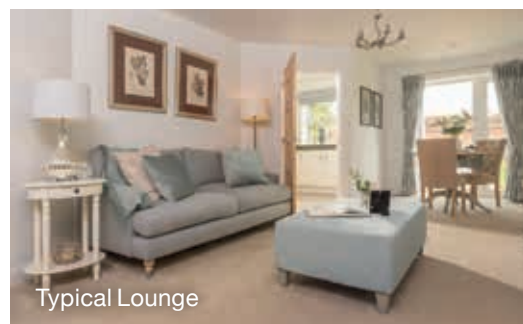
Bible Study & Prayer Service (at the Pastor's home)

Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk



Your retirement. Just how you imagined it... in Cambourne

At McCarthy & Stone we help our homeowners to realise their retirement dreams and live life on their terms. Coming soon to Cambourne is McCarthy & Stone's latest development of one and two-bedroom apartments which offer the best of both worlds, whether that's socialising with friends, spending time with family or relaxing in your own private space.



Typical Lounge

Why our homeowners choose us:

- ✓ Continued independence, in a manageable home
- ✓ The reassurance of a Manager taking care of the development
- ✓ Feeling safe and secure with camera door-entry and a 24-hour emergency-call system
- ✓ Great location, close to local amenities

To find out more call 0800 882 1644
or visit mccarthyandstone.co.uk/cambourne

Monkfield Lane/High Street, Great Cambourne, Cambridgeshire, CB23 6AH
One and two bedroom retirement apartments coming soon

Be safe near Fireworks and Bonfires

Remember, remember to celebrate safely!

Bonfire Night can be plenty of fun for all of the family to enjoy, but with lots of potential hazards, it's really important to keep you and your family safe.

Help support your local community this year and go to an organised firework display instead of holding one at home. If you do plan on using fireworks or lighting a bonfire at your own home however, please ensure you consider our safety advice below:

Fireworks:

- Only buy fireworks marked BS 7114
- Light fireworks at arm's length using a taper, stand well back and never go back to a lit firework
- Never throw fireworks or put them in your pockets or clothing

- Light sparklers one at a time wearing gloves, and place used sparklers in a bucket of water
- Never give sparklers to children under five
- It is illegal to sell fireworks to someone under the age of 18 or to light fireworks in a public place

For more information on Firework Safety, visit: www.hse.gov.uk

Bonfires:

- Do not light bonfires in unsuitable weather conditions, particularly when windy
- Do not leave bonfires unattended
- Keep a bucket of water or a hosepipe handy just in case
- Build bonfires well clear of buildings, garden sheds, fences and hedges

- Never use flammable liquids to start the fire
- Never burn dangerous rubbish such as aerosols, paint, foam furniture, rubber tyres, batteries, etc
- Before you light the bonfire, check that children and animals are not hiding inside and are a safe distance away
- Always consider the location of a bonfire or firework display, smoke drifting near or on to roads can have devastating consequences.

Follow us on Facebook, Twitter and Instagram. To find out if you are eligible for a free home fire safety check, call 0800 917 9994.

For more information log on to www.cambsfire.gov.uk, follow us on social media or call 01480 444500.

Subsidised Childcare

On Saturday 21 September, CHS Group hosted a community celebration event at its Sunflower Nursery in Cambourne. Parents and children, those involved in the Cambourne Timebanking scheme, and the wider community, were invited to the Nursery for a fun-filled afternoon of games and activities.

During the event, CHS Group had the opportunity to speak to families about, and raise awareness of, the Subsidised Childcare available at both Sunflower Nursery Cambourne, and Sunflower Nursery Cambridge. The Subsidised Childcare offers financial assistance with

the cost of nursery places for families with low incomes that are in need of childcare.

Andrew Church, Head of Community Investment, CHS Group, comments: "Many families will face financial barriers when it comes to accessing childcare. It can become a vicious circle when families cannot afford childcare and are then unable to go to work, or engage in education or training, because they need to stay at home to look after their children. We aim to support as many families as possible to access childcare at our nursery. All families who meet the eligibility criteria are welcome to apply, and all applications are then reviewed by the Sunflower Subsidy Panel which agrees funding according to a rigorous points system based on the needs level of each family.



"It's been fantastic to welcome the Cambourne community to our nursery for a weekend of celebrations. CHS Group has been managing the nursery for more than ten years and we hope to continue to welcome a diverse range of families for years to come."

For more information about Subsidised Childcare at Sunflower Nurseries, please visit: www.chsgroup.org.uk/childrens-nurseries/

"Everyone Health" offers free NHS Health Checks in Cambourne.

3rd October 2019 and 14th October 2019 – Cambourne Bowls Pavilion (the grey building next to Everyone Active)

28th October 2019 – Everyone Active, Cambourne Fitness and Sports Centre

6th November 2019 – Cambourne Bowls Pavilion

25th November 2019 – Everyone Active, Cambourne Fitness and Sports Centre

4th December 2019 – Cambourne Bowls Pavilion

everyone
HEALTH

SPORT

Cambourne Basketball News

New Season = New Players + New Sessions x New Tournaments

Our Sunday Scrimmage sessions are a great opportunity to play pick-up games of basketball in a friendly environment. They are open to all levels of experience and played at CamVC sports hall from 7 – 9 pm every Sunday evening. So, if you enjoyed the Summer Hoops at the outdoor court and want to continue, or interested in starting to play the game, come along to the Scrimmage sessions. All are Welcome!

The Seniors would like to thank all the players who have signed up for the Cambridge and Nene Valley Leagues. Pre-season training and preparation for the cup and league are now in full swing with team training sessions every Thursday evening from 7:30 – 9:30 pm at CamVC.

Regular Junior sessions have re-started on Mondays and the club was happy to start an additional junior session on Saturdays

at CamVC. The ambition for the new season is to join a league or the Harlow/Peterborough tournaments.

Regular sessions @ CamVC;
 Team Training: Thursday 7:30-9:30 pm
 Scrimmage: Sunday 7-9 pm
 10 & Under: Monday 6-7 pm
 13 & Under: Monday 5:30-7 pm
 18 & Under: Monday 7-8:30 pm
 11 & Under: Saturday 1:30-2:30 pm
 13 & Under: Saturday 2:30-3:30 pm

Up-to-date information on all our teams and sessions will be available on our website and Facebook page.



Local Boy excels at the Karting World Final

KARTING WORLD FINAL, LE MANS, FRANCE :

Cambourne resident Daryl Taylor had a great 14th birthday weekend when he competed and had a top ten finish at "UK Kartmasters" held at PFI International circuit at the beginning of August.



A last corner incident dropped him back to 7th position, but that was still enough to secure his entry into the "Iame X30 International" event, where the world's best drivers qualify and race over 9 days at the prestigious Le Mans Circuit in France.

The races will be held Oct 11-19th and Daryl is keen to show he has earned the right to race alongside the world's best.



CAMBOURNE OSTEOPATHS

Back Pain
 Neck Pain
 Joint Pain
 Headaches
 Muscle Spasm
 Sports Injuries
 Arthritis
 & much more



In Pain? Let us help.

We are committed to giving an honest opinion, effective treatment and good advice.

Appointments Mon-Fri Regus, 1010 Cambourne
 01223 598558 Business Park, CB23 6DP

Book online: www.cambourneosteopaths.com
 Email: practice@cambourneosteopaths.com

Club Champions and Autumn Term Coaching

CAMBOURNE TENNIS CLUB: The Club Championships were played in sunny weather on August 31st and September 1st, with a few great matches and high-quality tennis. We congratulate our 2019 Champions Neha Kibria (Women's), Darius Fatemi-Ghomi (Men's), and Adam Kibria (18 and under)!

On Sunday 13th October, 1pm onwards we will be hosting a Quorn Family Tennis Cup for Yellow Ball players! More details can be found on Game Set Tennis's Facebook page. Autumn Term tennis lessons have now started and there are still a few spaces left; group lessons can be booked now. For ages 3 to 8, the second half of the season will be indoors so the young kids can enjoy sport even in the colder days of the year. Contact Toby toby@gamesettennis.co.uk or 07972 149874 for info and booking or visit the coaching website <https://www.gamesettennis.co.uk/>. Social Tennis: the popular Adult Social Mix In sessions are held every Wednesday evening from 7pm to 10pm and Sunday morning from 10am to noon. The required standard to attend is described on the Social Tennis page on the club website.



Thanks to those of you who tried out tennis on the Mini Court at the Cambourne Community Fete; we hope you have all had a fun time! For more information about the Tennis club, please visit <https://clubspark.lta.org.uk/CambourneLTC>.

Its a new season for the Cambourne Tae Kwon Do Members

CAMBOURNE TAE KWON DO: After the long summer holidays, a strong start has been made by all of our students, as we prepare for upcoming local and national competitions, while some of our newer members concentrate on their moves in preparation for their grading. Our teenage black belts have their star gradings in Derby and are currently focused on the long and arduous tests of their talents and inner strength to impress the masters and represent themselves and our area with skill and pride. Our senior black belts are also going for their first, second or higher dan gradings, where they will be assessed by 5 Grand Masters in one of the hardest tests they will face. But, with hundreds of hours of training under their belts, they can be confident that despite the nerves and anxiety that their performance may be rewarded with promotion to their new belt. Becoming a black belt is a proud moment for any Tae Kwon Do student and the journey starts by simply walking into the Dojang

ready and eager to learn and have fun. For information on adults and children classes (Tuesday evenings or Saturday mornings) contact Stephen on 07905 744777, stephenlacey73@gmail.com or visit our Cambourne TKD Facebook page.



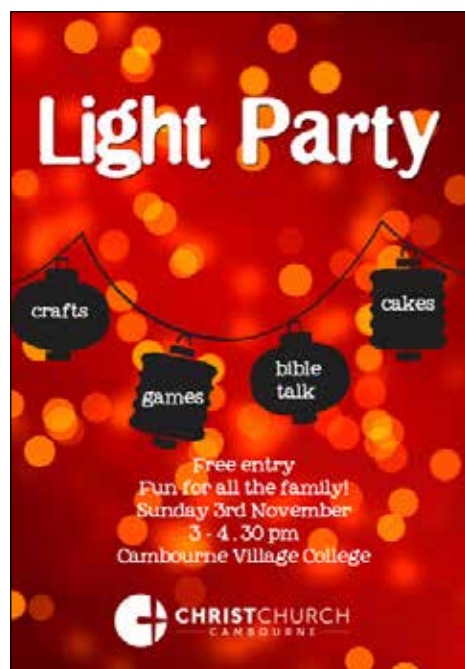
Youth Rugby is coming to Cambourne. Get Involved!



The 2019 Rugby World Cup is in full swing and youth Rugby is coming to Cambourne. Are you inspired to get involved? Cambourne Exiles Rugby Football Club are hosting a Youth Rugby introductory meeting on Wednesday October 30th at the Lower Cambourne Cricket Pavilion from 7-8pm to welcome anyone interested in helping establish a youth Rugby team in the village. If you have children between 6 and 11 years old then please come along. Why travel to play Rugby when it's on your doorstep! Want to find out more? Please come to the meeting or email info@cambourneexiles.com



WHAT'S ON - EVENTS IN AND AROUND CAMBOURNE



Light Party

crafts games bible talk cakes

Free entry
Fun for all the family!
Sunday 3rd November
3 - 4.30 pm
Cambourne Village College

CHRISTCHURCH
CAMBOURNE



Join us at Café 19 for our
October Special

**Omelette with 2 fillings
& drink: £4.10**

Choose drink from americano or regular tea

National Porridge Day - 10th October
Porridge with juice box: £1.00
Porridge with any hot drink: £1.80

*The Foyer, Cambourne Church
Jeavons Lane, Great Cambourne*

CAMBOURNE CHURCH 

GAZEBO

What do you do on a Wednesday after school? Do you want somewhere for your children to meet with friends, make new friends, have fun, do craft, play games, hear about Jesus and much more?

EVERY WEDNESDAY STRAIGHT FROM SCHOOL TILL 5PM.

If they are of Primary School age, then bring them along to Gazebo, in Cambourne Church.

For more information please contact Jane Brooks, Children & Families worker,
jane.brooks@cambournechurch.org.uk
or call 07850 961000



CAMTalks

LOCAL STORIES WORTH SHARING.

Join us for an evening of interesting talks where four exceptional locals will share their life adventures and stories.



Free entrance

Friday, 11th Oct 2019
6:00pm - 8:00pm

Chamber Hall
South Cambridgeshire Hall,
Cambourne Business Park

CAM CARE UK



Are you aged 12 to 18?
In year 8 or above?
Looking to make new friends and try something new?

If the answers yes
Cambourne Detachment needs you!!

We parade on **Thursday's 7pm-9.30pm**
At the **Blue School in Cambourne**

We cover a variety of subjects including:
First Aid
Shooting
Fieldcraft
Physical Training
Navigation

And you can even get a BTEC, First Aid or DofE award!

For more info email Alex at dc.cambourne@gmail.com
Or visit www.cambsacf.com

Disc - Games - Craft - Best Costume Competition

HALLOWEEN PARTY

Friday 25th October

Hub Community Centre

Reception to Year 2	Year 3 to Year 6
1pm - 3pm	4pm - 6pm

Tickets £5 per child



Organised by Cambourne Town Council and Cambourne United FC
Purchase tickets from Cambourne Town Council office
01954 714405 community@cambourneparishcouncil.gov.uk

For things to do • where to eat, drink and shop
clubs • community groups • services • facilities
... and lots more local information ...

visit **www.cambourne.info**



Cambourne
Community Website