CAMBOURNE CRIER

www.cambournecrier.org

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editorial@cambournecrier.org

Helping those in need



CAMBOURNE CRESCENT: In recent years the number of people living in poverty has risen. Cambridge City Food Bank reports on its website that an estimated 1 in 5 people in the UK are living below the poverty line.

Cambourne Crescent has been supporting Cambridge City Food Bank



through a monthly donation of food supplies. Previously it was doing so through the Cambourne Church, but with the number of supporters and the amount of supplies rising, it now delivers directly to the food bank.

Last month's collection was the biggest yet and had contributions from children at the Islamic School run by Cambourne Crescent volunteers. This was during the month of Ramadan, the month of fasting, charity and self-restraint.

Cambourne Crescent is exploring how to expand their relationship with Cambridge City Food Bank and offer more services. They would welcome any contributions from the Cambourne community, so if you have any ideas, get in touch!

Royal Academy success for Cambourne resident

Anthonine Arts-Zetteler's print 'Writer's Block' is being shown at the Summer Exhibition of the Royal Academy of Arts in London.

She had submitted her work along with many amateur and professional artists and was very excited to learn that her work is being exhibited.

The Summer Exhibition – this year celebrating its 251st edition – is the world's largest open submission art show and brings together art in all mediums by leading artists, Royal Academicians and well-known names as well as new and emerging talent.

The exhibition runs from 10 June to 12 August 2019 at the Royal Academy, Burlington House, London.



Antoinette with her artwork at the Royal Academy

CERC code in space



The Robotics Club has been coding with the European Space Agency.

■ See page 9 for more details...

Indian music on show



Cambourne's first Indian classical music concert was held last month.

■ See page 3 for more details...

Retro games galore



Keen gamers gathered at the Hub for the Cambourne Retro Video Game Night.

Find out more on page 14...

CAMBOURNE CRIER

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. Cambourne Crier is compiled entirely by volunteers. This month's editors were:

Donavan Bangs, Paul Jobling, Renata Kovács, Susannah Davies, Paula Brown, Divya Sharma, Krithika Dwarakanath, Tapti Roy and Luisa Dufrene. Distribution: John Panrucker Finance: Pam Hume

To advertise please contact: Janet Dobson: adverts@pendrill.net or (01480) 831066 For leaflet distribution contact: John Panrucker: delivery@cambournecrier.org

Editorial submissions:

Submissions for the August 2019 edition must be received by 9pm on Sunday 14th July 2019. Please email articles and photographs to editorial@cambournecrier.org By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

Our community fund enables us to make grants and donations to local clubs, societies or causes. Do you need new equipment for your group? Want to set up a new group and need some funding to get going? Contact pamhume1@gmail.com for more information or download the application form at www.cambournecrier.org

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CAMBOURNE TOWN COUNCIL

Town Council News and Events

Annual Governance and Accountability Return 2018/19

The Town Council considered the Annual Governance and Accountability Return at the meeting on Tuesday 18th June. Its submission to the External Auditors was approved and the Notice of Audit was issued on the 20th June 2019.

The date set for the period for the Exercise of Public Rights commenced on 21st June 2019 and will end 1st August 2019.

The documents will be available on reasonable notice by applying to John Vickery,

clerk@cambourneparishcouncil.gov.uk .

Inflatable Family Fun Run! Saturday 20th July

Entries are now open for Cambourne Inflatable Fun Run taking place on Saturday 20th July at Cambourne sports pitches on Back Lane.

There will be five inflatables around the course! 1k (2 laps) = £5, 3k (6 laps) = £8,5k (10 laps) = £10.

All ages welcome to enter. Adult supervision will be required for younger children. All runners will receive a t-shirt and medal!

This event is great way to get the whole family active! Everyone Active will be putting on mini Olympic style games. For more information, check out the event on our Facebook page or email us: community@cambourneparishcouncil.gov.

Cambourne Food Market

The next Food Market will be Bank Holiday Monday 26th August. If you have any suggestions for improvement, please email:

community@cambourneparishcouncil.gov. uk

Cambourne Fun Fair

Larry Gray & Sons Funfair will be returning to Cambourne Wednesday 10th July until Saturday 13th July.

Cambourne Repair Café

We are looking to start up a Repair Café in Cambourne that will be hosted a few times throughout the year. A Repair Café is a community event where people can bring along items to be repaired, such as a faulty electrical item, a tear in clothing, a punctured bicycle wheel etc. We are looking for volunteers with a skill that would be useful at a Repair Café event. So, if you have experience in electrics, sewing, mechanics, bike repairs etc. please contact the Town Office 01954 714403 or email

community@cambourneparishcouncil.gov.

CALENDAR OF MEETINGS

16th July:

7.00pm Planning Committee, and Finance and Policy Committee 6th August:

7.00pm Planning Committee Council

Residents are welcome to address the meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Town Clerk at least 10 days beforehand so that the item can be added if necessary.



The Town Council Office: The Hub, High Street, Cambourne, CB23

Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403 John Vickery, Parish Clerk: clerk@cambourneparishcouncil.gov.uk For all other enquiries: bookings@cambourneparishcouncil.gov.uk

COMMUNITY

Indian Classical Music on display

CAMBOURNE'S diverse and growing community shows a passion for music. Considering this, Dr Sudhakaran Prabakaran and his son Soham Sudhakaran organized Cambourne's first Indian Classical music concert at the Hub on Sunday, 9th June.

The artists who performed are globally renowned. The performance was given by vocalist Esha Bandopadhayay and sitar artist, Partha Bose, who were accompanied by Tathadata Ghose on the Harmonium and Dheeraj Sahai-Mishra on the tabla. They chose the divine *raagas* (a melodic mode in Indian classical music) Multani & Shyam Kalyan, which evoke the feelings of peace and tranquility.

As one of the first Indian classical music concerts in Cambourne, the event brought a sizeable crowd in spite of good weather over the weekend.

The event was supported by Cllr. Dr Shrobona Bhattacharya and her husband Dr Sujit Bhattacharya, with refreshments provided by Mrs Fran Panrucker. Jordi Lockwood, a student of Cambourne Village College, helped with the sound system using his DJ and sound engineering skills, developed in his spare time.

It was a collaborative concert which was aesthetic, technical and artistic. The enchanting rendition by the artists made the musical evening a memorable event and it was well appreciated by the music-loving audience of Cambourne.







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COMMUNITY

A chance to get arty for children this summer







CAMBOURNE CHILDREN'S ART CLUB:

This group runs on Friday from 4pm-5.30pm for ten weeks each school term.

There are four tutors, each choosing a different theme, some of which are continued for more than one week.

The participants are aged from 6 to 11, and we are lucky to have some students from the Duke of Edinburgh Award Scheme to help us each week as part of their award work.

We are looking at the possibility incorporating two age groups, with a paid assistant alongside the tutor each week, so we can have older children from 11-14 as well, with the art subject differentiated to accommodate the different ability and confidence levels.

The cost of the class varies according to the number of children taking part, with a maximum, at the moment, of 12, but is around £60 for the ten-session term, which includes materials. Provision is available to enable children in cases of financial hardship to be able to participate in the group.

For more information, contact Fran Panrucker: fran@panrucker.eclipse.co.uk





Open Gardens is a success once again

CAMBOURNE OPEN GARDENS was once again a great success, although the weather could have been kinder. Over 80 visitors enjoyed the range of gardens open.

A huge THANK YOU to everyone who took part, whether opening or visiting the gardens. We raised £432.



Some of the gardens on display. Photos by Rowan.

I would also like to thank the Library, who sold tickets for us, and the Town Council who kindly printed the tickets for us again this year.

Adeena and her husband Jeff and Pat and Peter helped deliver tickets etc. to the gardeners, and Jules put out signage in the run up to the event.

Without their help I would have struggled to manage.

We are already planning next year's event, and are hoping to have some new gardens.

We particularly need gardens in Upper and Lower Cambourne, so if you enjoy gardening, please think about opening.

Thank you again for supporting us. "

Pam Hume





COMMUNITY

Planning underway for Youth Kart Challenge

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THE CAMBOURNE YOUTH KART CHALLENGE, in partnership with Barons Cambridge BMW, is an exciting new initiative for local young people (aged 14 to 18) to receive advice and support in designing and constructing self-powered go-Karts, based on bicycles; they will then test their vehicles at a Youth Kart Grand Prix later in the year.

The very first Cambourne Youth Kart Challenge Grand Prix is due to take place on a specially designed course on the Cambourne Business Park, on Sunday 13th October.

The Cambourne Youth Challenge is the result of a partnership between Barons Cambridge BMW, youth organisations Romsey Mill and Cambourne Youth Partnership, and Cambourne Town Council. It provides opportunities for groups of local young people, aged between 14 and 18, to tap into the expertise of technicians from Barons Cambridge BMW, when designing and constructing their karts over the summer holidays.

Romsey Mill, supported by Cambourne Youth Partnership, works with hundreds of young people throughout the year, and will be providing three teams for the Challenge. Other youth organisations in the area have also been invited to take part.

In its inaugural year, the Challenge team have already secured 40 bicycles, to be used to construct the karts and 20 volunteers, to plan and deliver the event. Ten workshop technicians from Barons Cambridge BMW will each be volunteering 30 hours of their time, over a ten week period, to help the groups of young people build their karts.

Local businesses, youth organisations and young people are invited to take part, in a variety of ways including through sponsorship of vehicles, by providing a team or by volunteering to marshall the course on the day.

If you can help with any of these roles, or for more information, please contact Jess Lydon at Cambourne Town Council by emailling community@cambourneparishcouncil.gov.uk

CAMBOURNE AND DISTRICT U3A welcomes members to our first AGM on Friday the 19th of July,



10.30-12 at the Hub. Cambourne.

Fran Panrucker, the Chair and driving force behind the setting up of our U3A, will preside over the agenda.

At this landmark meeting we will also have James Simpson who will give a talk on the wild flowers of Cambourne.

Visit <u>u3a.cambourne.org</u> for more information.



COMMUNITY

Sharing warmth with the homeless

ON SUNDAY 26TH MAY, Cambourne Crescent served home-cooked food at Jimmy's Shelter in Cambridge, a facility that serves the homeless.

Cambourne Crescent are hugely grateful to the Cambourne community members who helped with the cooking and delivering of food

This has become a regular event for Cambourne Crescent for the month of Ramadan in the Muslim calendar, and takes its inspiration from the teachings of Islam about the rights of one's neighbours and those of the less privileged members of society.

Verse 36 of Chapter 4 in the Quran says: "Worship Allah and join none with Him in worship, and do good to parents, kinsfolk, orphans, Al-Masakin (the poor), the neighbour who is near of kin, the neighbour who is a stranger, the companion by your side, the wayfarer (you meet), and those whom your right hands possess. Verily, Allah does not like such as are proud and boastful."

Furthermore, the words of Prophet Muhammad (Peace and blessings be upon him) highlight the rights of a neighbour in a powerful and moving way: "He is not a believer whose stomach is filled while the neighbour to his side goes hungry."

The definition of neighbour is not restricted to people living adjacent to one's house; instead it is subject to specific context and can include the entire city and the entire community that is socially knitted together.

Sharing food prepared by one's own hands has a special significance and creates a strong bond between the one who prepares it and the one it is served to.

The gesture transcends all cultural boundaries and softens the hearts with feelings of care and compassion. Furthermore, the activity is a means to teach children about the importance of being socially aware and serving the community.

The activity fits well with other similar activities arranged by Cambourne Crescent such as community Iftaar (the breaking of fast) where people sit together, eat together, pray together and show their gratitude for the blessings of life.







COMMUNITY

New volunteers for the **Cambourne Crier**



The welcome meeting held by the editorial team. Clockwise from bottom left: Siddhartha Ghose, Divya Sharma, Susannah Davies, John Thornton, Tapti Roy, Kruthika Dwarakanath, Donavan Bangs, George Leonard, John Panrucker (standing) and Anita Gyanchandani.

THE ADVERTISEMENT IN the June Cambourne Crier for enthusiastic people to join the Cambourne Crier editorial team was very successful!

The Crier Editorial Team were delighted when many potential new volunteers arrived at The Hub on Monday 10th January. each with their own ideas and interests and each wanting to contribute to the future of the Cambourne Crier.

It is not widely known that the Cambourne Crier consists almost entirely of articles and photographs that are submitted by the residents, clubs, associations and organisations based in Cambourne, as well as important information from the Town Council.

The articles and photographs to be included in the Crier are compiled by the editorial team, then edited, photographs placed within the text and then the entire magazine laid out and sent for printing. Even the distribution to Cambourne households is coordinated by a volunteer.

The new volunteers were all from Cambourne and brought a variety of skills, including editing, photography and IT. After an introduction to the work involved in producing the Cambourne Crier from long serving volunteer, Donavan Bangs, assisted by Paul Jobling and Susannah Davies, many of the volunteers decided that they would like to be part of the monthly production of The Cambourne Crier and they will begin applying their skills to the July issue.

If you are also interested in joining the Cambourne Crier team, we are always looking for new volunteers, so please do

Email editorial@cambournecrier.org if you would like to get involved, or if you would like more information.



Showroom: Earith Business Park, Meadow Drove, Earith, PE28 3QF

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HEIDI ALLEN
MP FOR SOUTH
CAMBRIDGESHIRE

Your Independent M.P.

CAMBOURNE CRIER

I thought it important to explain what has happened recently in terms of my own party allegiance. As you will know, I left the Conservative Party in February to sit as an Independent MP.

Early polling results gave us, as Independents, the confidence to formalise into a party structure, named "Change UK", to fight the EU elections at the end of May. However it soon became clear that the Brexit Party was storming ahead.

Now the European elections are over, I remain unwavering in my belief that the country must always come first. As such, I have stepped down from Change UK and returned to sit once again as an Independent M.P.

Recognising that it is very difficult for MPs to leave their parties and immediately join other ones, I believe my role will be to help convene a safe neutral space in the centre ground of Parliament and offer a home for those MPs. It will allow us to work alongside the Liberal Democrats, Greens, SNP, Change UK and Plaid Cymru.

As an Independent MP I feel strongly that I will be able to help act as a convener. It is my belief that this is what the country needs right now.

■ Details of forthcoming surgeries can be found at www.heidisouthcambs.co.uk; email me on heidi.allen.mp@parliament.uk. Phone my Westminster office on 020 7219 5091 for national issues or my constituency office on 01223 830037. heidi.allen.mp@parliament.uk

Illustrativ

GAVIN CLAYTON
DISTRICT COUNCILLOR

Pride in Our Community

Illustrative of how smaller towns and cities across the UK are now showing their support for Lesbian, Gay, Bisexual, Transgender, Queer and other (LGBTQ+) people in their communities (in the way that larger cities such as London, Manchester and Birmingham have for years), I was delighted to see that Cambridge Pride took place for the first time on June 8th as an event for the city and surrounding villages including Cambourne.

What a fantastic chance to celebrate and bring awareness to another aspect of the diversity that makes our communities so rich and varied with the UK's first ever Pride river parade.

It cannot be forgotten however that these people do not always experience inclusion and positivity in their communities.

I will raise the principle of 'LGBTQ+ Safe Spaces' at South Cambs District Council to support Cambourne businesses and community facilities in designating themselves as LGBTQ+ safe spaces. You can read more about safe spaces here: https://tinyurl.com/y47wvnvp

I think Cambourne Town is a great place to live, and a natural maturing process for any community is to sustain equality for all residents in accessing services and feeling safe.

 You can contact me via email at <u>cllr.clayton@scambs.gov.uk</u> or Twitter @gavinclayton17 or Facebook: /gavin.clayton.146 or visit www.southcambslabour.org.uk

CATHERINE PRICE
CAMBOURNE PARISH
NURSING SERVICE

Samaritans 24/7

Every July there are awareness events held to highlight the work of Samaritans. Over 60 years ago a vicar in London recognised the need for an emergency telephone number available to those in emotional distress with someone willing to listen on the other end. The organisation has continued to offer support for anyone who needs someone to listen, 24/7, without judgement or pressure.

Today there are 20,000 volunteers and 201 branches across the UK answering a call every six seconds. Samaritans work in schools, prisons, hospitals and communities and have a long-running partnership with Network Rail to reduce

suicides on the railways. A significant number of contacts with Samaritans are from people who are having a tough time, but are not suicidal. Others may contact them if they are worried about someone else and if appropriate they can offer advice on how to have difficult conversations or offer direction to specialist organisations.

Samaritans can be contacted free, any time, from any phone on 116 123 even if you have no credit on a mobile phone. There is now also the option of sending an email (jo@samaritans), visiting one of the branches or sending a letter.

More details on contacting or offering support for Samaritans are available on their website: www.samaritans.org. Catherine Price RN: nurse@cambournechurch.org.uk

COMMUNITY

CERCians code in space

CAMBOURNE ROBOTICS: Ten teams comprising 31 members of Cambourne Electronics and Robotics Club (CERC) took part in a wonderfully exciting programme organised by the European Space Agency (ESA) and Raspberry Pi Foundation.

There were 20 girls and 11 boys who took part in this programme by submitting their own Python code which was run by ESA Astronaut on Astro Raspberry Pi onboard the International Space Station (ISS).

Each participating member received a certificate signed by the ESA Astronaut indicating the position of the ISS and the time when their code was run by the Astronaut (shown right).

The CERC participating members were very excited to take part in this unique space mission at such a young age.





Summer painting classes

AN EXCITING OPPORTUNITY to learn some painting skills is coming up.

There will be two classes on acrylic painting, one on Wednesday July 24th and the other on Wednesday July 31st, and one class on how to use pastels on Wednesday August 7th.

They will all run from 10am to 1pm in the Sports Pavilion and the tutor will be Be Berbank.

The cost per session will be £10, including some materials, payable in advance by cheque made out to 'Watercolour Class' or in cash, and delivered to Fran Panrucker at 128 Greenhaze lane, Great Cambourne, CB23 5BH.

These sessions are for older children and adults, and there is a limit on numbers. Phone 01954 710858 or email fran@panrucker.eclipse.co.uk□



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EDUCATION

Monkfield Primary celebrates 20 years

MONKFIELD PARK PRIMARY SCHOOL: As incredible as it may seem, Monkfield Park Primary School will be celebrating its 20th birthday in September! To mark this momentous milestone a whole host of activities are being planned as part of a week-long celebration in the Autumn term.

Over the past 20 years hundreds of children have been a part of the Monkfield Park story and we would love to know where they are now and what they are doing. If you are an ex-pupil, a parent, carer or relative of an ex-pupil or someone who has worked with us we would love to hear from you. Your continuing stories and successes are very much a part of our story and very soon we will be inviting you to come along to the celebrations. Please watch this space for further information or let us know what you are doing by getting in touch with the school office via e-mail on office@monkfieldpark.cambs.sch.uk.

Meanwhile, the children have been participating in 'money week' as part of their learning about financial matters, focusing



on financial planning. Each class has been given a £10 business loan which must be used to develop a small enterprise and make their money grow.

The kids have come up with fantastic ideas to make their £10 multiply and will be busy nurturing their investments over the coming weeks. Look out Dragons' Den; there are some budding entrepreneurs on the horizon.

Head Prefects reflect on their school career

CAMBOURNE VILLAGE COLLEGE: As our second cohort of Year 11 students finish their examinations and settle down to their longest summer holiday ever, the Head Prefects of the Class of 2019 have written this month's article.

College knowing that it would be our final year as well as the most important. Besides the stress of exams, we have done plenty of exciting things within the school. A large part of our role at the College involved leading the Student Council and creating a new Pupil Code of Conduct as well as hosting an Inter-

generational event at which pupils entertained the more senior residents of Cambourne. Both were ways in which we created a connection within the school and the wider community.

One of the first things we did as Head Prefects was to welcome all the new Year 7s on their first day of secondary school. It was a full-circle moment as it reminded us of the excitement we felt when we were first introduced to the College. As they peered into their next five years here, we were reflecting on our past five.

Stepping in on the first day, we had no clue what the years to come would hold.

Nervously, we embarked on our time here, and since then we have made memories, formed friendships and matured into the people we are. From the shock of homework to the novelty of paying for food on our fingers, we found out a lot. As we progressed further into the school, we had more opportunities to learn and explore.

Our time at Cambourne Village College has been incredibly satisfying. Above all, it has allowed us to grow and flourish, and we are very grateful for everyone who has helped us along our way.

Nicole, Ben and Christian Head Prefects 2018/19



A day out at the zoo

CAMBOURNE PRE-SCHOOL: Staff, children and their families/carers from Cambourne Pre-school all came together to spend a day at the zoo!

The Pre-school's annual trip saw them pay a visit to Linton Zoo this year, travelling there together by coach! The zoo staff were fantastic; they gave information about the animals and also let the children meet a couple of animals face to face!

The Pre-school really enjoy having this trip each year as it offers the chance for staff and parents/carers to be together with the children for a day – for many before they leave the Pre-school at the end of term to go off to 'big' school.

To enquire about places for the school year starting in September 2019 please contact the Pre-school directly on 01954 715150 or email office@cambournepreschool.org.uk.



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EDUCATION

Hardwick and Cambourne - the final term

HARDWICK AND CAMBOURNE COMMUNITY PRIMARY: As we start the last half term everyone is busy with their thrilling projects and fun packed trips.

In Nursery, along with the festival of Eid, the focus has been on the four beautiful, little chicks that the kids have been nurturing, as well as colossal dinosaurs.

In reception the kids visited Neverland dressed up as Peter Pan, were introduced to the life cycle of a frog and looked after their own tadpoles.

Year 1 and 2 had to grapple with the theme of 'Be Wild' with sketches and stories centred on a fictional character 'Swampy'. A visit to 'Bewilderwood' has also been planned.

Year 3 and 4 were consumed by 'The Romans' which had them marching in the



corridors, studying the tragedy of Pompeii and enjoying a number of team based activities at Grafham.

For Year 5 and 6 it's been a trip through 'The Golden Age of Islam', re-writing their version of '1001 Arabian nights' characters

and also preparing for an end of year production inspired by the film 'The Greatest Showman'.

In addition Year 6 have a day of field studies and team development activities at 'Hilltop'; the overall goal is to promote resilience and learning through enjoyment, reflection, achievement, activity and discovery.

Adding on to our end-of-year production, the PTA, staff and children of Hardwick and Cambourne Community Primary School will be hosting a Grand Carnival on Saturday 6th July 2019 from 12-4pm at the Hardwick campus, with games, food and a best-dressed competition, all based on 'The Greatest Showman'. We are looking forward to seeing you all there in your fantastic costumes!

The Discovery Club goes litter picking



EDUCATING OTHERWISE: Discovery Club is a group for home educated families in the local area.

We meet weekly in Cambourne and run a range of indoor and outdoor activities from building bird nests, making slime, exploring a box of teeth from the Zoology museum and nature collecting around the lakes.

We started this term off with a litter picking meet up! There was an intrepid group of 15 armed with bin bags, headed for the bridal way which led us to the woods in the north of Cambourne, collecting litter all the way.

The children were surprised by the amount of litter they found, enough to fill bin bags. This kind of activity is so good for community building and team work, whilst learning to care for the world we live in, the animals and the environment, and taking responsibility for it.

A feat we will definitely repeat again.

Pyjamas and books at the Vine

THE VINE PRIMARY SCHOOL were entertained by two visiting authors during their diversity themed book week event held at the end of May.

In KS1 Burt the Binman highlighted the importance of recycling while JT Crowley taught KS2 the fundamentals of writing a book and top tips on starting out as an author.

Reception and KS1 had fun together learning with Elmer about being unique. KS2 battled it out in their annual book quiz,

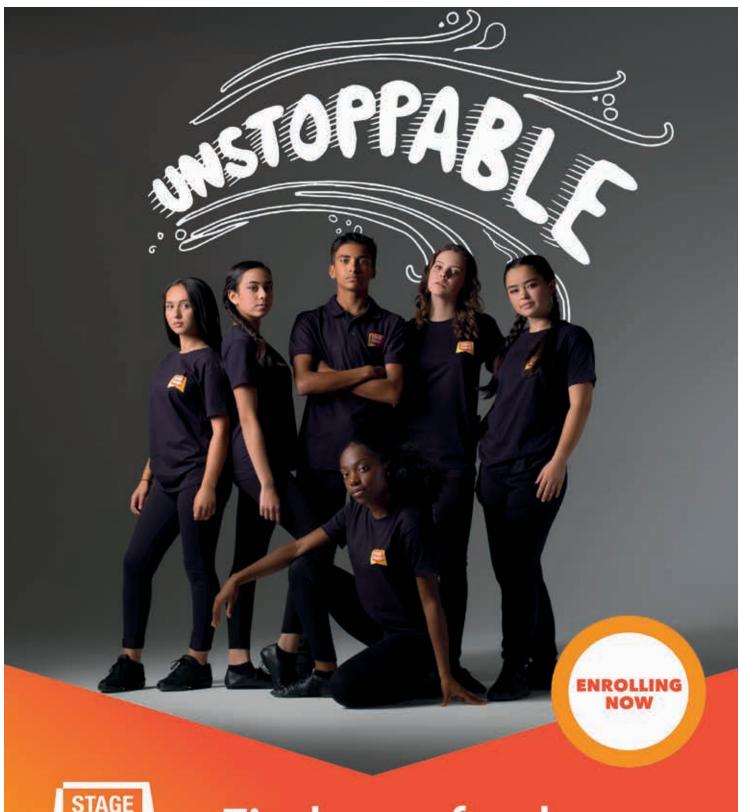
showing what great reading knowledge they have. They also held two competitions - The 5 Word Story and Design Your Own Book Cover.

Crowds flocked to our Scholastic Book Fair and everyone bought so many books! We sold enough to earn £1000 worth of Scholastic books for the school, so all the teachers are busy writing wish lists!

A number of parents, carers and even baby brothers shared their favourite books and the Vine Volunteers gifted the kids with a book to enjoy at home.

The highlight of the week was a pyjamas session (definitely the best thing to wear while reading a book) on Friday, which raised a fantastic £200 for The Book Trust's Pyjamarama project to give disadvantaged children a bedtime story book.







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COMMUNITY

Cambourne's first Retro Video Game Night

BEER AND OLD VIDEO GAMES! What's not to like? A slightly pixelated and beepy trip down memory lane took place down at the Hub last month in the form of the first ever 'Cambourne Retro Video Game Night'.

Several eras of gaming were represented at this nostalgic event, from the fondly remembered days of Atari,



Sega and the BBC Micro all the way up to the Nintendo 64 and Playstation 2.

With local brewery Lord Conrad providing much needed liquid refreshment, the event seemed to be a big hit with those in attendance and one particular skilled gamer walked away as the Mario Kart 64 Champion with prizes in hand.

You'll be pleased to know that we'll be back down the Hub on Friday 4th October 2019 from 6pm to 11pm. So come and enjoy a beer and some retro gaming in a friendly and relaxed atmosphere (entry is £4). Just a quick reminder that this is an over 18s event, although we may put on something a bit more family oriented next year. For more information visit https://www.facebook.com/events/229678 4620584898/









COMMUNITY

Free NHS health checks in the community by Everyone Health

EVERYONE HEALTH delivers FREE NHS Health Checks in the community to 40-74 year olds considered most at risk of heart disease, diabetes, stroke or chronic kidney disease (eligibility criteria apply).

The NHS Health Check tests your blood glucose (for your risk of diabetes) and cholesterol. It also includes blood pressure, height and weight checks.

You will receive the results during the appointment and the practitioner will go through these with you. After the

everyone

HEALTH

appointment the results will also be sent to your GP.

The appointment will take about 20-30 minutes.

Clinics are held monthly at Cambourne Fitness and Sports Centre (Everyone Active) 4pm-8pm and twice a month at The Bowls Pavilion, Back Lane (9am-1pm and 2pm-6pm).

If you would like more information or would like to book an appointment; please call the service on 0333 005 0093.



Upcoming health check dates

- Wed 17 July, 9am-1pm, Bowls Pavilion
- Mon 29 July, 4-8pm, Cambourne Fitness and Sports Centre
- Thurs 29 Aug, 4-8pm, Cambourne Fitness and Sports Centre
- Wed 4 Sept, 2-6pm, Bowls Pavilion
- Mon 16 Sept, 9am-1pm, Bowls Pavilion
- Mon 30 Sept, 4-8pm, Cambourne Fitness and Sports Centre
- Thurs 3 Oct, 9am-1pm, Bowls Pavilion
- Mon 14 Oct, 2-6pm, Bowls Pavilion
- Mon 28 Oct, 4-8pm, Cambourne Fitness and Sports Centre

Make it a Celebration

TO REMEMBER AT HILTON CAMBRIDGE CITY CENTRE



Whether planning a birthday, christening, anniversary or other special celebration, our Moment Makers can help you create the perfect event for up to 340 guests.

Packages from £30 per person

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- · Charity Dinners · Christmas
- Private Dinners Proms & Graduations

T: 01223 464491

E: cambridgecity.events@hilton.com W: cambridge.hilton.com

A TASTE OF WHAT WE CAN OFFER...

Mix & Mingle

This really is the best way to start things off for a celebration From canapes and wholesome finger food, to lovely bubbly selected wines, crafted cocktails and craft beers.

Street Food

Prepare to be dazzled by new flavours and exotic tastes. Here you'll find a diverse range of different dishes and drinks from around the world

My Dinner Party

your personality on a plate? Well, now you can. Hand select your own menu with our chefs and create a one of-a-kind intimate dinner party experience.

Live Stations

Looking to add a bit of theatre to your dining experience? Watch our chefs freshly prepare your food and drinks right before your very eyes.

WHAT'S ON

South Cambs Child and Family Centre

Mondays

Lets Get Physical - Blue School, 10-11am, ages 0-5, £2, (term-time only) Baby Group - Cambourne Child & Family Centre, 1.30-3pm, 0-mobile,

Tuesdays

Speech & Language Drop-in - Monkfield Medical Practice, monthly, 9.30-11.30am, 12th Mar, for pre-schoolers New Beginnings Post Natal Course -Cambourne Child & Family Centre, 1-2.30pm, starts 5th March, 4 weeks, £10

Wednesdays

Stay & Play - Blue School, 10-11.30am, ages 0-5, £2 Multiple Births Group - Cambourne Child & Family Centre, 10-11.30am, 1st & 3rd Weds only, ages 0-5, free

Thursdays

Baby Clinic - Cambourne Child & Family Centre, 10-11.30am, drop-in International Group - Blue School, 10-11.30am, ages 0-5, free, term-time only Toy Library & Play Along - Blue School, 1-2.30pm, ages 0-5, 50p per family Clothes Swap - Blue School, 1-2.30pm, 1st & 3rd Thurs only, bring clean good condition clothing, 0-8yrs, to swap, free

Fridays

Breastfeeding Support - Cambourne Child & Family Centre, 10-11.30am Busy Bees SEND group - Blue School, 1-2.30pm, ages 0-5, free (referral only)

Saturdays

Downs Syndrome Support Group - 1st Sat of month, 9.30am-12pm, 0-16yrs Dad's Group - 3rd Saturday of the month, Cambourne Child & Family Centre, 10-11.30am, 0-8yrs, £2 family

For info and bookings please contact: ChildAndFamilyCentre.South@cambrid geshire.gov.uk or 01954 284672.

Saturday 6 July, 7.30pm

Big Deal Comedy

Cambourne Sports and Social Club, Back Lane

Bringing some of the best new and experienced comedians on the circuit to a comedy night in Cambourne.

£7 per person (advanced booking advised).

For full details and how to book, visit www.bigdealcomedv.co.uk.

Sunday 7 July, 6-7pm

Yoga - Technologies for Wellbeing

The Hub, High Street, Cambourne Free workshop, offering transformative 5minute tools derived from the science of yoga, and a powerful guided meditation. Registration is mandatory at https://ishayogacambridge.eventbrite.co.u k. More information at offering.europe@ishafoundation.org

Friday 12 July, 10.15am

Friday Walk

Meet at Cambourne Library rear entrance We are planning to do a circular walk from St Ives to Houghton, returning to St Ives via a different route. Contact Penny on 01954 200126 or Pam on pamhume1@gmail.com or just turn up.

Friday 19 July, 10.30am-12.00

U3A AGM

The Hub (Fri) and the Blue School (Sat). Cambourne and district U3A welcome members to our first AGM. Fran Panrucker, the Chair, will preside over the agenda, and James Simpson will give a talk on the wild flowers of Cambourne.

Saturday 20 July

u3a.cambourne.org.

Inflatable Family Fun Run

Sports pitches, Back Lane, Cambourne Entries now open for the Fun Run. 5 inflatables around the course! £5 for the 1k (2 laps), £8 for the 3k (6 laps) and £10 for the 5k (10 laps). All ages welcome to enter, adults will be required to supervise younger children. All runners will receive a t-shirt and medal. Everyone Active will be putting on mini Olympic style games. Email community@cambourneparishcouncil.gov. <u>uk</u>

Friday 26 July, 6pm-midnight

Shelford RC Food and Drink Festival

Shelford Rugby Club, Shelford Shelford Rugby Club's 2nd Food and Drink Festival, with delicious food from some of Cambridge's favourite food vendors and plenty of drinks from pop-up bars. Last year's event attracted almost 400 people so expectations are high for this year. Come and join in the fun! £3 entry. www.shelfordrugby.co.uk or email louis.shelfordrfc@gmail.com

Saturday 27 July, 5.30-6.30pm

Family Charity Skate

Cambourne Fitness and Sports Centre Hosted by Everyone Active, raising money for Sarcoidosis UK and MacMillan Cancer Support. £5 entry per person (cash only).

Saturday 27 July, 3.30-5.00pm

Charity Zumba

Cambourne Fitness and Sports Centre Hosted by Everyone Active, raising money for Sarcoidosis UK and MacMillan Cancer Support. With Steph Baudino and guest instructors. £10 per person advance, £12 on the door. Tickets available from Cambourne Fitness and Sports Centre.

Sunday 28 July, 10am

Sunday Walk

Meet at Monks Wood car park, School Lane Decide on the day where to walk. Lunch afterwards is popular with some of us. For further details please contact Sandra on 07747 012245 or email

sandracalcraft@waitrose.com.

Wed 24 July & Wed 31 July, 10am-1pm

Painting Classes

Sports Pavilion, Cambourne Class on acrylic painting for older children and adults, run by Be Berbank. £10 per session, including some materials, payable in advance. Limited spaces - phone 01954 710858 or email

fran@panrucker.eclipse.co.uk

Monday 26 August, 12-5pm

Cambourne Food Market

The Hub car park, High Street, Cambourne Bank holiday food market - street food and market stalls to be confirmed. Check out the Cambourne Town Council Facebook event to find out which stalls will be in attendance.

EVENTS IN AND AROUND CAMBOURNE

MONDAYS

July 2019

Watercolour Class

7-9pm Upper Cambourne Cricket Pavilion.

Cambourne United Football Club

8-9pm Cambourne Village College: Ladies.

Cambourne Bowls Club

Regular club nights Mon and Thurs, 6pm. New players of any standard, age or gender welcome. Behind Everyone Active.

TUESDAYS

WW2 Aircraft Club

First Tuesday of the month in Cambourne.

Cambourne Tae Kwon Do

Beginner classes for all at Vine School.

Cambourne Women Runners

7.15pm club run, meet at Old Blue School.

Cambourne Open Minds

1st Tuesday of every month, 7.30-9.30pm.

Cambridge Badminton Academy

7.30-10pm at Cambourne Village College.

WEDNESDAYS

Watercolour Class

10am-12pm in the Sports Pavilion.

Buggybootcamp

10-11am Crow Hill Lane Green CB23 5AW

Timebank Coffee Morning

1st Weds of the month, 11am in Cafe 19.

Cambourne Youth Clubs

Year 7-8 3.30-5pm, Year 8-10 5.30-7pm, Year 10+ 7.30-9pm at Cambourne Soul.

Cambourne Tennis Club

Social tennis session. 7-10pm.

Cambourne Runners ARC

Meet at the Hub. 7.10pm.

Photography group

3rd Weds of the month 7.30pm The Belfry.

Cambourne Community Gospel Choir

7:30-9:15pm in term time Old Blue School.

THURSDAYS

Diabetes Peer Group

1st Thurs of the month 11am-12pm
Upper Cambourne Cricket Pavilion. FREE.

Home Educators Multisports

12.30-2.30pm at Sports Centre.

Cambourne Rugby

6:45pm on all-weather pitch. All abilities.

Cambourne Netball Club

7.30-9pm senior squads at Sports Centre.

Cambourne Futsal

Indoor football for 18 to 65 yrs. Cost £4. Facebook.com/groups/cambournefutsal

Soul Stories

In partnership with Wysing Arts Centre. For those aged 15-19. Share your story though music, performance, video, writing or visual art. 7-9pm, Cambourne Soul, Back Lane.

Youth Club

Running for 6 weeks, starting 6 June. For young people about to start secondary school, to make friends from other primary schools and have space to think about the transition to Year 7 through games and activities. Cambourne Soul, Back Lane.

FRIDAYS

Cambourne Health & Wellbeing Club

14 and 28 June. 10.30am -12pm. Blue School. For older adults, with a speaker or games, refreshments and chair-based exercises. FREE. Contact nurse@cambournechurch.org.uk

Children's Art Group

4-5.30pm. 5-11 yrs. New Cricket Pavilion.

Cambourne Chess

5-6pm in term time from 1st March. School years 1-6. Cambourne Church.

SATURDAYS

Cambourne Runners ARC

Meet 8.50am at the Hub.

Cambourne United Football Club

9-10am girls & boys on Cambourne 3G.

Doodle's Dog Walking Group

9.30am at Just for Pets shop. Open to all.

SUNDAYS

Cambourne Tennis Club

10am-12pm. Social tennis session.

Cambourne Electronics & Robotics Club

Alternate Sundays in the Blue School. 2pm seniors, 3.30pm new.

Cambourne Library

Summer Reading Challenge

Don't miss our out-of-this world adventure with Space Chase, this year's Summer Reading Challenge. As children read their library books over the summer holidays they will be able to solve clues and collect stickers to complete their mission folder. All children, who read six books to complete the challenge, will receive a special Space Chase certificate and medal. Sessions are in the library throughout the holidays; full details available on registration. Registration to take part is at the library from Saturday 13th July.

Summer Rhyme Time/Story Time

Special story and craft session, 12th July 9.30 – 10.30.

Amey Recyclables Summer Challenge Animation Workshop

Family event on Tues 30th July 2.00 – 3.30. Tickets £3 in advance.

Living Knowledge and British Library pop up exhibition: "Writing – Making Your Mark"

Free interactive learning trail at the library from 31st July – 9th August. Includes stone inscriptions, early printed works and medieval manuscripts.

Lego event

Wed 31st July 10.00 - 11.30. Tickets in advance £1.

Don't forget your summer holiday reading!

Cambourne Raptors Basketball Club

Open scrimmage 6-8pm at CVC.

Digital Surgery for 60+

Alternate Sundays in the old Blue School. 2-5pm. FREE. Drop in!

Cambourne Balkan Dance Club

5:15pm, Blue School. £3 per session. Open to all.

SEE P16-17 FOR GROUPS' DETAILS...

GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858 fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk

Cambourne Children's Centre:

01954 284672 cambournechildrenscentre@ cambridgeshire.gov.uk

Cambourne Love Justice Group:

Len Thornton: 01954 710370 **Cambourne Crescent:** www.cambournecrescent.org

Cambourne experimental cookery club

Member organises only one dinner and attends many at others. Fundraising finale. shrobona@gmail.com / 07852753216

Cambourne International cookery workshops shrobona@gmail.com / 07852753216

Cambourne Electronics and Robotics Club

Runs on alternate Sundays shrobona@gmail.com / 07852753216

Network Business Breakfast:

Jo Christy hello@stirupmedia.com 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm Pat Callaghan 01954 718836

Watercolour classes Tutor-led classes for watercolour painting; Monday 7-9pm,

Wednesday 10-12pm. Contact fran@panrucker.eclipse.co.uk Children's art class: Contact fran@panrucker.eclipse.co.uk

Photography group: Beginner to advanced. Meetings on third Wednesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 www.flickr.com/groups /cambournephotographygroup/

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk Timebank: 0300 111 3555 or Laura Papanikolaou 01223 713555

Crafty Ladies: Enid - (01954) 715292 or

Edna - (01954) 717360

WW2 aircraft club: Meeting in Cambourne on the first Tuesday of the month. Contact 01954 269 173 or

iancameron692@gmail.com

Papworth Astronomy Club

Meetings at the Vintner Room, Papworth Everard, 7.30pm. Contact Peter on 01480 830729 or peter@cheere.demon.co.uk Friday walks: Monthly. Meet at the rear entrance to the library at 10.15am. Contact Penny Flanagan on 01954 200126 or

pam.hume@ntlworld.com

Sunday walks: Monthly. Meet at 10am in Monks Wood car park, School Lane. Contact Sandra on 07747 012245 or scalcraft@gmail.com for next walk.

Cambourne Community Website Group

John Panrucker: 07734 258 059 hello@cambourne.info www.cambourne.info/about

Cambourne and District U3A:

Self help organisation for the retired/semiretired providing a chance to learn new skills and meet new people. Visit u3a.cambourne.org or contact Fran Panrucker on 01954 710858

Story blog: Publishes real life stories of war, travel and human interest. Contact Tapti Roy on 07582016562 or taptibr@ gmail.com www.pastconnect.net

Cambourne Open Minds: Meditation, laughter & self development. First Tuesday of every month 7.30-9.30pm. Suzanne: 07887 715555, SMJLANE@lifequest.co.uk

Cambourne Community Gospel Choir:

Rehearses in the Old Blue School 7:30-9:15pm on Wednesdays. Just turn up. A donation of £1 per session is suggested towards costs. Find us on Facebook.

Child and Family Centre:

01954 284672 or ChildAndFamily Centre.South@cambridgeshire.gov.uk Children's Chess Club: Y1-6, Fridays 5-6pm at Cambourne Church. Book in

advance: cambourne.chess@gmail.com

Sundial Theatre Company

Cambourne community theatre group info@sundialtheatre.company or visit www.sundialtheatre.company

Cambourne Balkan Dance Club

Dance meet ups Sundays. bit.ly/BalkanDanceCambourne

Cambourne One

A charity group run by Muslim volunteers and open to everyone. cambourne1.org.uk

CHURCHES

Cambourne Church

Church office (in the Blue Space): 01954 710644. Mon / Tues / Thurs: 10am-12pm and 1pm-3pm. Wed: closed. Fri: 10am-12pm. www.cambournechurch.org.uk

Administrators and Church Bookings

Jacqui Huckle, Hannah Heasley administrator@cambournechurch.org.uk

Youth Worker: Jonathan Buwert Tel. 07503 171869 jonathan.buwert@ cambournechurch.org.uk

Children and Family Champion: Jane Brooks 07850 961000

jane.brooks@cambournechurch.org.uk Parish Nurse: Catherine Price

nurse@cambournechurch.org.uk Foodbank: Julie Whitbread

julie.whitbread@

cambournechurch.org.uk

19 the coffee house: Manager Cilla Mills. Open Monday - Thursdays 8.45am - 2pm;

Fridays 8.45am - 12 noon. 19thecoffeehouse@ cambournechurch.org.uk

Peacehaven Baptist Church

Rev. Donovan M. Bangs: Preachbrit@aol.com 01954 710510 www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am

Meeting at Cambourne Village College www.christchurchcambourne.org.uk

Cambourne Catholic Community

Mass: Sat. 5pm, Tues. 12.15pm, Thurs. 7.15pm http://cambournerc.com

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719 mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585

www.cambournedental.com

Lloyds Pharmacy: 01954 718296 **Monkfield Medical Practice:**

01954 282153

www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793 candicelattimore@gmail.com

Diabetes Peer Group: First Thursday of the month, Upper Cambourne Cricket Pavilion,

11am-noon. Free to join. Contact info@nutrition2wellness.com

Cambourne Health and Wellbeing Club

A group for older adults. FREE. Next meetings: 3rd & 17th May, 14th June, 10.30am -12pm at the old Blue School site. No booking required. Catherine Price: 01954 710644 /

nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office: 01954 714403 office@cambourneparishcouncil.gov.uk www.cambourneparishcouncil.gov.uk Venue Bookings: 01954 714403

bookings@cambourneparishcouncil.gov.uk

Pitch Booking:

Everyone Active at the Sports Centre

District Councillors for Cambourne:

Ruth Betson - cllr.betson@scambs.gov.uk Gavin Clayton - cllr.clayton@scambs.gov.uk Shrobona Bhattacharya cllr.bhattacharya@scambs.gov.uk

GROUPS, SERVICES & CONTACTS

EDUCATION

Cambourne Village College:

01954 284000

thecollege@cambournevc.org

www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

Hardwick and Cambourne Community Primary:

Headteacher: Andy Matthews School Office - 01954 719085 blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School: Headteacher - Sue Wright

School Office - 01954 717180

office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Jarman School Office - 01954 273377

office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

School Office - 01954 719630 office@thevine.cambs.sch.uk

Educating Otherwise: for local meetups & activities please join facebook group 'Home Education - Cambourne'.

Home Educators Multisports: Thurs during term time at Cambourne Fitness & Sports Centre. 5-8 yrs: 12.30-1.30pm, over 8s: 1.30-2.30pm. annettelesage@btinternet.com

PLAYGROUPS/PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679

cambourne.babyandme@gmail.com

Cambourne Pre-school:

Donna O'Shea: 01954 715150 cam.preschool@btinternet.com

Carers And Tots:

cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning Centre:

Office: 01954 273301

clcoffice@monkfieldpark.cambs.sch.uk **Sunflower Nursery: 01954 719440**

SERVICES

Cambourne Library

Mon: 9am - 5pm; Tues: 9am - 1pm Wed: Closed; Thurs: 4 - 7pm; Fri: 9am -5pm; Sat: 9am - 1pm. Reception area open 9am - 5.30pm every week day. We also offer an e-book service and local information. Free Wi Fi. We also sell stamps. books and children's wall charts. 0345 045 5225 www.cambridgeshire .gov.uk/leisure/libraries

Community Car Scheme:

If you need transport for a medical or social appointment and are unable to use public transport you can call us on:

07526 998 465 or e-mail: cambournecars cheme@gmail.com. Min. 48 hours notice.

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay 01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey - 01954 269328 Facebook: Cambourne Bowls

Cambourne Cricket Club:

Phillip Broadwith, Cambournecc@ gmail.com / www.pitchero.com/clubs/ cambournecricketclub

Cambourne Eagles F.C:

Secretary - Danny Brooks 07516 630552 Cambourneeaglesfc.sec@gmail.com Facebook.com/cambourneeagles

Cambourne FC: www.cambournefc.org cambournefc@icloud.com

Cambourne Netball Club:

Emma Smith - (01954) 710034 cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309 info@cambourneexiles.com www.cambourneexiles.com

Cambourne Raptors Basketball Club:

Facebook: cambourneraptorsbasketballclub info@cambournebasketball.org Twitter/Instagram: @CamRaptorsBball Cambourne Runners: Weekly runs, all abilities on Saturday morning 8.50am and Wednesday 7.10pm from the Hub. cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Ben Byron benbyron@hotmail.com https://clubspark.lta.org.uk/CambourneLTC

Cambourne Tang Soo Do Club

Mondays 6.45-8.15pm

www.cambournekarate-tangsoodo.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

Cambourne Tae Kwon Do: See facebook

or stephenlacey73@gmail.com

Cambourne Karate School (AKS)

www.karateschools.co.uk / 07929 100612

Cambs Chargers Volleyball Club

cambschargers@gmail.com

Cambourne United FC

Chris Williamson 07900 674558 cambourne.united@gmail.com pitchero.com/clubs/cambourneunitedfc

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC) Adam

Kelly 2484df@aircadets.org Cambourne Army Cadet force:

dc.cambourne@gmail.com www.cambsacf.com

Cambourne Youth Partnership in partnership with Romsey Mill:

Weekly clubs for young people open to all, most on a Wednesday evening; Years 7-8 3.30-5pm, Years 8-10 5.30-7pm and Year 10+ 7.30-9pm. Community based youth work, offering support through mentoring, sporting and music activities. For more information or to volunteer, contact Jonathan Buwert at jonathan.buwert@romseymill.org or on 07503171869.

Cubs, Beavers & Scouts:

1st Cambourne: joininglist@cambourne scoutgroup.org.uk

2nd Cambourne:

waitinglist@2ndcambournescoutgroup.org.uk

Guides, Senior Section,

Brownies and Rainbows:

Waiting list and volunteers girlguiding.org.uk 08001695901 childerley.dc@gmail.com

MOBILE POST OFFICE:

The Hub car park

Mondays: 1.45pm to 4.00pm Wednesdays: 12.30pm to 4.00pm Closed Public Holidays

Tel: 0345 611 2970

Please note: opening times are subject to road conditions

WASTE AND RECYCLING: Bin collection dates

Black bin:

Thursday 4th, Thursday 18th July

Blue bin / green bin:

Thursday 11th, Thursday 25th July

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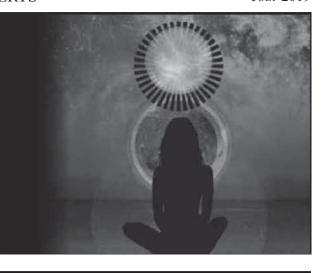


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Based in Regus House, Cambourne Business Park, Great Cambourne Telephone 01954 205084 email fhd@fionadrummond.com



Back Pain

Neck Pain

Joint Pain

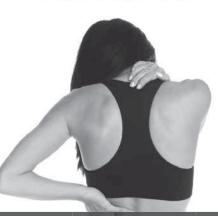
Headaches

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ZUMBA WHEN:

MONDAY

WHERE:

CAMBOURNE VILLAGE COLLEGE

INSTRUCTOR STEPH BAUDINO

WHY:

WHY NOT!!

EVERY MONDAY EVENING 19:15-20:00 AT CAMBOURNE VILLAGE COLLEGE, £5 PER SESSION OR 10 CLASSES FOR £45.

ARE YOU READY TO DANCE, PARTY, SWEAT AND

THEN COME ALONG AND JOIN IN, WHETHER YOU ARE A FIRST TIMER OR ZUMBA PRO.

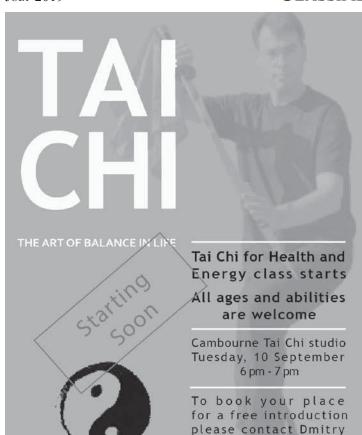
BOOK YOUR SPACE ONLINE NOW AT WWW.RULEFITNESS.CO.UK/CLASSES-1

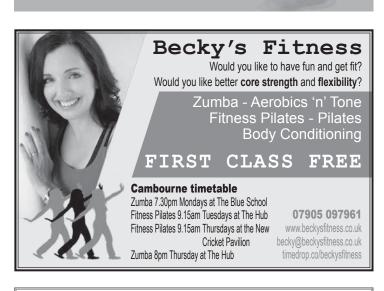
OR JUST COME ALONG (CASH AND CARD PAYMENTS ACCEPTED)



PLEASE BE AWARE THAT CLASS WILL NOT RUN ON BANK HOLIDAY MONDAYS

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Sharon Newbound B.H.S II

Jill Bridger School of Dance







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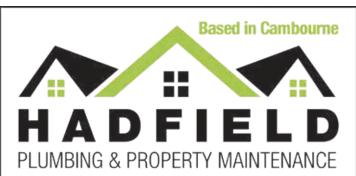
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COMMUNITY

New Cycle Path between Papworth Everard and Caxton Gibbett

Confirmation has been received from the County Council Officers that the proposed pathway between Papworth Everard and Caxton Gibbett has been given approval.

As well as accommodating a path of sufficient width (likely to be 2.5 metres in width) there are a couple of culverts that need rebuilding and extending. The road will also benefit from getting a kerb along its length which helps with drainage and protecting the grass verge.

We have funding from Highways England 'Designated Funds' and from 'Integrated Transport Block' which is funding from Department for Transport.

To construct the works will entail two way traffic lights which undoubtedly will cause some degree of queueing in the local area.

CambridgePPF

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Coton Countryside Walk: Coton Reserve— Madingley Rise—American Cemetery

Saturday 3 August: 10am to 3pm

Join us for a sociable 7.5 mile long countryside walk around picturesque Coton village and its beautiful

surroundings. No need to book. Free, donations are appreciated. Meeting point is the Martin Car Park at Coton Reserve, Grantchester Road, Coton.



Bourn Windmill Open Day and Teas Sunday 18 August: 2pm to 4pm

Guided tours, have a go at turning the mill and teas/cakes. No need to book.
Off Caxton Road, Bourn CB23 2SU.







CHURCHES

CAMBOURNE CHURCH

Building work at Cambourne Church

As you may have noticed on your travels around our town that building work has begun on the south side of the Cambourne Church building.

We are having an annexe built on to the side of the church which will have its own front door and toilet facilities. It will also be accessible through the church foyer.

Outwardly, the building will appear very similar to the wing on the north side of the building which houses the kitchen area.

During the course of the build, the church car park will be closed for safety reasons.

We realise that the church car park being temporarily closed is an inconvenience for our neighbours and hirers and we are very grateful for your patience while this work is completed.

The building work is due to be completed by the end of October.

Services and events for July

Sunday 7th July

Morning Worship 10am mq8 Prayer meeting

Sunday 14th July

9.30am Morning Worship Morning Worship 11am

Sunday 21st July

9.30am Morning Worship 11am Morning Worship

Sunday 28th July

Morning Worship 10am

6.30pm Encounter

Sunday 4th August 10am Morning Worship

Young Church and Youth groups meet in the 10am and 11am services. Dates for communion in July to be confirmed.

A partnership of the Church of England, Baptist, Methodist & United Reformed Church

www.cambournechurch.org.uk Twitter: @cambournechurch

Facebook: cambournechurch

Clear Communication

This past month we had some unexpected visitors, some old friends who had their plans interrupted by events and suddenly had the chance to visit us. They are missionaries to the deaf. John Olson and his wife Tricia came with two of their adopted children who are also deaf, one from Peru one from China. In both of those countries and many others often the deaf are sidelined and neglected.

They came and John was able to preach for us (with his wife interpreting). Now I do not know sign language but I was able assist them greatly in logistics and support whilst they are here, arranging

introductions to other preachers in the area and helping with information and transportation. They were able to meet members of the deaf community in Cambridge and our people were certainly encouraged by thier dedicated mission to reach those that cannot hear. For more information, see godeafmissions.com

What a lot of people do not realise about specialised missions is often they will bring about a great change in entire sidelined communities. They go in to certain countries to reach people who were taught nothing; not just nothing about the Lord, but nothing. No education and no



Pastor Donavan Bangs, Peacehaven Baptist Church

opportunities.

Missionaries have gone in and taught them language and how to read and the trransformation is incredible. One missionary literally rescued two deaf boys who were chained in a garden like dogs. The boys were loved and nurtured and taught by the missionaries and now to my knowlege they are grown and pastoring churches

themselves. Throughout history missions have reached the people that have been neglected or rejected. Even here in the UK the children who worked in the factories and the poor who were unable to read were taught how to read in Sunday school classes. This in some ways was a precursor to our public education system and transformed society here just like it has in many countries.

So even if you cannot understand someone at first, certainly now there are ways to communicate with them the importance of your message; and overcoming those barriers can certainly be worth the effort.



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SUNDAY MORNINGS - 10 AM SUNDAY MORNINGS - 11 AM WEDNESDAY EVENINGS - 7 PM Children's Sunday School & Adult Bible Studies (at the Hub) Junior Church & Morning Worship (at the Hub) Bible Study & Prayer Service (at the Pastor's home)

Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk

SPORT

Free summer hoops scrimmage sessions every Thursday

CAMBOURNE RAPTORS BASKETBALL CLUB: A successful year draws to a close while the Seniors enjoy a well-earned rest during the off-season.

There will be a free summer hoops scrimmage session every Thursday at 19:30 on the outdoor court next to Everyone Active. This session is open to all – just turn up and play.

Senior squad try outs will start in August for the new season and Sunday scrimmage sessions will resume in September. Please check our Facebook page

(facebook.com/cambourneraptorsbasketballclub) for details nearer to the time or email the club

(secretary@cambournebasketball.org) to register interest.

The Juniors continue developing their skills and enjoying the game. Our new session for U9s now have a steady group of players who are having fun while learning the basics of basketball.

The Juniors will end the year on 15th of July with an end of season party, and games.

Regular sessions are held at CamVC. U9s play Mondays from 17:45-1830 while the U13s play on Mondays from 17:30-19:00; the U17s play on Mondays from 19:00-20:30.

For more information on the Cambourne Raptors, email us at: www.cambournebasketball.org





Bowls season is in full swing



CAMBOURNE BOWLS CLUB: Our

season is now well underway and we have completed several fixtures in the Cambridge Business House League with some success.

This is a busy league and we average one match per week through to the end of August, so there is plenty of opportunity for more players to participate.

Our league bowlers have all purchased our club shirt which incorporates the Cambourne Bowls logo, so we all look very smart when we represent the town.

Our regular clubnights continue on Mondays and Thursdays to which all parishioners are welcome.

We acknowledge that these clubnights are not convenient for everyone but there is plenty of opportunity to play during the week and at weekends, and at the moment the green is very much underused.

Contact Robin Bailey, the Bowls Secretary, for more details on robin.doreen@btopenworld.com or 01954 269328.

SPORT

More medals for Cambourne

CAMBOURNE TKD: June is the Lincolnshire championships in Grantham, one of our favourite in the TAGB calendar due to its smaller size and inclusivity. This was an opportunity for some of our newer, younger students to take part in a competition for the first time, which can be daunting at any age but they coped very well.

Well done to Alvar Davidsson: patterns gold, sparring silver; Henry Firth: patterns bronze; Thomas Hudson: sparring silver; Charlie Jones: patterns silver, sparring bronze, speed kicking gold, flying front kick silver; Harry Jones: sparring bronze, speed kicking gold; Connor Lacey: speed

kicking gold, flying side kick silver; Johnny Shrimpton: bronze sparring.

Team patterns have become popular recently and this was a chance for our club to practise this relatively new event. We would like to congratulate our team members on some impressive pattern demonstrations, Alvar/Henry, Thomas/Connor, William/George and Stephen/Connor.

All this meant that Cambourne did extremely well in the club rankings this year. Keep up the good work guys!

Would you like to join our team? We have beginner classes for adults and children on Tuesday evenings at the Vine School or Saturday mornings at the Sports Centre. The first month's training is free. Contact Stephen on 07905 744777 or stephenlacey73@gmail.com or visit our Cambourne TKD Facebook page for more details.







Cambourne Spartans FC: The Spartans boys' season is almost over. Having finished third in the Saturday 'A' League and made the Saturday League Cup Final, the boys completed the double on Sundays by being crowned 'A' League Champions and winning the Sunday League Cup versus Ely City, a second season without defeat for the boys.

This amazing group of lads have won three league titles and reached three Cup Finals in their three seasons together progressing through the Cambs County Leagues. The boys are looking to defend their Royston Town Tournament win at the end of June and recently won the Peterborough United Academy Tournament on 16th June against the top sides in the Cambs/Hunts and Peterborough area.

All in all a team for the newly titled Town to be proud of! We will be looking to add two players to the squad for next season's teams and will be hoping for more of the same in the 2019-20 season!

If you are interested in joining Spartans or sponsoring a superb set of local boys, contact the club here: spartans-fc@outlook.com



SPORT

Tennis Open Day - all are welcome!

CAMBOURNE TENNIS CLUB: The Club will be holding its annual Open Day on Sunday 21st July (10am-2.30pm).

Each year this event provides the opportunity for the Club to connect with the local community and for Club members and Committee members at the Club to welcome Adult or Juniors who may be interested in taking up Tennis.

So why not come along and enjoy the day with us and participate in some of our fun activities.

There will be fun coaching sessions for JUNIORS and ADULTS (10am-12.30pm - 30 minute slots).

There will also be a Family Touch Tennis Tournament (1 - 2.30pm)!

There will be games to play (Tri Tennis Wall / Ball in the Bucket) and there will be the opportunity to play with and speak to members at the Club too.

We'll even have the BBQ out, so come along for a great day out!

Cambourne Tennis Club Summer Camp

This term's Summer Camp still has spaces available and will be running from 29th July to 14th August.

There are 2 sessions per day 9.30-11am for 3-6yr olds (£10/day OR £40/week)

1-4pm for 7-14yr olds (£15/day OR £60/week).

Please visit the coaching section of our website for more details.

For further information about the Tennis club please visit https://clubspark.lta.org.uk/Cambourne LTC

Eagles have a flying finish to the season

CAMBOURNE EAGLES: the league season may have finished but the Cambourne Eagles teams have still been playing the game they love. The month of June saw excellent performances by several of our teams at tournaments across the county.

Congratulations go to our U10 Red team who, following on from their recent cup final runners up spot, went one better by winning the Willingham U10 tournament. The same morning also saw our U8 team have a great run of form through to the semi-finals before they unfortunately exited on penalties.

On the same weekend our U12 Blue team were victorious in the Sawston United Youth Football Club tournament; in a keenly contested final the boys came out top on penalties against the hosts. Also at Sawston, the U14 team were crowned champions with squad members Max Cooke, Liam Martin, Ethan Poole, Tate Jeffries, Duncan Crespin, Finley Jones and the returning Josh Robertson (GK).

All of the teams mentioned performed magnificently and should be very proud of their performances. July will see many of our teams continue to take part in tournaments with hopefully some better weather to look forward to!

As the league season has wrapped up, we would like to extend a massive thank you to our club sponsors. We also have an eye on the 2019/20 season, and we will have some exciting news to reveal for budding young football players in the local area over the next month or two.

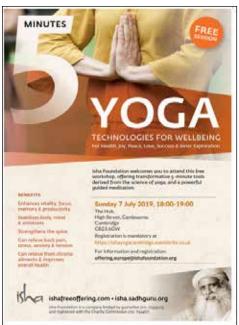
Keep your eye on our Crier updates in August and September for details as well as our social media channels, or on Facebook - https://m.facebook.com/cambourneeagles/ - and @cambourneeagles on Twitter. For all playing/training/volunteering/sponsorship enquiries please contact cambourneeaglesfc.sec@gmail.com.





WHAT'S ON - EVENTS IN AND AROUND CAMBOURNE







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