

CAMBOURNE CRIER

www.cambournecrier.org
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editorial@cambournecrier.org

Cambourne Lights Up for Christmas!

THE COUNTDOWN TO CHRISTMAS

officially began in Cambourne on Saturday 24 November when the lights on Broad Street and High Street were switched on by the Light Up Cambourne competition winners – 4-year-old Zachary from the Vine School and 7-year-old Amalie from Jeavons Wood.

The ever popular JezO returned as compere for the evening and entertained the crowds alongside live music from Cambridge's Lunar Echoes and St Ives singer song writer Gavin Chappell-Bates.

Free mince pies, cookies, mulled wine and warm squash were on offer and even Santa put in an appearance, noting children's christmas wishes from his Grotto.

Light Up Cambourne is a voluntary committee made up of residents who fundraise all year round in order to light up Cambourne at Christmas. Committee Chair, Tim Willett, said: "We'd like to thank Cambourne Parish Council for all their help with putting up the lights and with the switch on event itself as well as the Police and Air cadets for their help on the day.

"Thanks to Morrisons for their donation towards the cost of the free mince pies and Wokswagon for the electricity for Santa's Grotto. I'd also like to thank all the committee members for their tireless hard work over the last twelve months."



Photographs by Ian Bavin & Tim Nash



■ If you have not yet got your copy of the Cambourne Views calendar, which supports Light Up Cambourne, they are now on sale in the library and the Parish Council office at £5 each.

Cambourne remembers



More than 100 young people paraded through Cambourne on Remembrance Day.

■ Find out more on page 3...

U3A is up and running



With over 100 members and 20 interest groups, Cambourne U3A is off to a flying start.

■ See page 6 for more details...

FIREWORKS NIGHT!



The Cambourne Fireworks team laid on yet another spectacular display for 2018!

■ More photos on page 4...

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. Cambourne Crier is compiled entirely by volunteers. This month's editors were:

Tim Nash, Donavan Bangs, Renata Kovács, Paul Jobling, Darcy Simpson, Susannah Davies and Paula Brown.

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Editorial submissions:

Submissions for the **January 2018 edition** must be received by 9pm on **Sunday 16th December 2018**. Please email articles and photographs to

editorial@cambournecrier.org

By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

Our community fund enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group? Or are you thinking of setting up a new group and need some funding to get going?

Contact pamhume1@gmail.com

for more information or download the application form at

www.cambournecrier.org

CAMBOURNE PARISH COUNCIL

Stay safe this Christmas

Grit Bins

The grit in the bin is a 50/50 mixture of grit and rock salt. The grit helps with grip, particularly in snowy conditions, and the salt melts the snow and ice. However, when the surface temperatures fall below -5 degrees centigrade, the salt becomes increasingly less effective and eventually will not work at all. When the surface temperatures increase, the salt will start working again. Please use grit from the grit bins sparingly. You simply sprinkle the grit on the area needed to give a fine coating, and as the area is driven or walked upon the grit will activate and melt the ice. Around one cup full is enough for one square metre, so a shovel full will go a long way.

Careful consideration is given to where grit bins are placed so that they are present in places where additional gritting may be required. By using grit from the yellow bins on anything other than public highways you could potentially put road users at risk, should the bin run out of grit. If you wish to clear your driveway or footpaths, salt can be purchased from local building suppliers and DIY stores. Or, as an alternative, you can use table salt or dishwasher salt.

Christmas tree recycling point

A Christmas tree recycling point will be set up on the ground adjacent to The Hub Car Park. Christmas trees may be left here in the New Year up until Monday 14th January 2019 after which they will be shredded and used as mulch around Cambourne.

Office Closure

The Hub and the Parish Office will be closed for the Christmas holidays from midday Friday 21st December 2018 and will re-open on Wednesday 2nd January 2019.

Calendar of meetings

4 December, 7pm;

Planning Committee, Council

18 December, 7pm;

Planning, Finance & Policy

15 January, 7pm;

Planning Committee, Council

Residents are welcome to address the meeting before it formally starts on any matter on the agenda. If you have something else you'd like to raise, please contact the Parish Clerk at least 10 days beforehand.

Merry Christmas from everyone at Cambourne Parish Council

The Parish Council would like to take this opportunity to wish you all a very Merry Christmas and a Happy New Year.



The Parish Office: The Hub, High Street, Cambourne, CB23 6GW
Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403
John Vickery, Parish Clerk: clerk@cambourneparishcouncil.gov.uk
For all other enquiries: bookings@cambourneparishcouncil.gov.uk

The team at Cambourne Crier would like to thank all our contributors and readers and wish you a very merry Christmas and all the best for the New Year.



COMMUNITY

Remembrance in Cambourne

ON SUNDAY 11 NOVEMBER the Act of Remembrance was held at Cambourne Church. On the centenary of the end of the First World War, over 100 children and young people from the Air Cadets, Army Cadets, Rainbows, Brownies, Guides, Beavers, Cubs, Scouts and Police Cadets paraded behind the marching band from the new cricket pavilion up Eastgate to the church. This year they were also joined by the Fire Brigade.

The parade route was lined with poppies made by children from the local Guiding and Scouting organisations and each of the five schools – Cambourne Village College, The Vine Inter-Church Primary School, Jeavons Wood

Primary School, Monkfield Park Primary School and Cambourne and Hardwick Community Primary School – made a striking large board of poppies which were mounted on the side of one of the church containers. These created a dramatic and thought-provoking visual focus to the service.

Thirteen wreaths were carefully laid at the foot of the cross.

After the service, Cambourne Church welcomed everyone into the warm for hot drinks and cakes.

It was wonderful to see around five hundred people attending and taking part in this important community event.

Thank you so much to all those who were involved – in both seen and unseen ways.



Photographs by Hannah Heasley



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COMMUNITY



CAMBOURNE FIREWORKS!

CAMBOURNE FIREWORKS Committee would like to thank all the volunteers, Scouts, Guides, army, air and police cadets that helped make this year's event such a big success.

Thanks to the community for your donations, all of which go towards next year's display - which will be our 10th anniversary so we are planning something even more special. We can't do this without your generous help, so if you couldn't make a donation on the night then please consider making a bank transfer to our account so we can make next year's display even bigger and better.

Massive thanks to AG Motors for sponsoring us for a second year. We would also like to thank the Parish Council and ground staff for all their help.

■ Barclays Bank Plc Account Number: 40338346
Sortcode: 20-17-22 Reference: 1727262440

All photos by Peter Laborne. Please see the Cambourne Fireworks Facebook page for more.

COMMUNITY



THE STOVE

PRIVATE PARTIES
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SCOTT AT THE STOVE...

Scott Martin is the Head Chef at the already well established **Stove Cafe** in Bourn, Cambridgeshire. To increase the scope of **The Stove**, Scott will be offering further catering options under his own 'Scott at the Stove' banner by holding Pop-Up Sunday Lunches, Private Dinners for up to 50 people and Private Buffets for larger numbers.

Scott will also be holding 'Special Events' throughout 2019, starting with a Burns Night Supper, followed by Valentines dinner and Mothers Day Lunch etc. Scott is happy to design bespoke menus to accommodate personal requirements please check 'The Stove Facebook Page'.

For further information and bookings please contact Scott at **The Stove** on email scott@scottatthestove.co.uk or mobile 07789 527925 or 01954 713976



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COMMUNITY

Cambourne and District U3A is up and running – extremely well!

C&D U3A: It was barely three months ago when the C&D U3A had its first 'Coffee & Talk' meeting at The Hub when new members registered and signed up for various interest group activities.

Since then membership has reached over 100 and the interest groups now number around 20, covering a wide range of subjects; from 20th century art, flower arranging and languages to car maintenance, iPhone know-how, table tennis and walking.

The interest and support from members have been truly impressive with people willing to offer their knowledge and skills in leading a group and others able to learn more about a specific subject that has always fascinated them.

Open to all members are the study trips to historical, beautiful and wildlife-rich sites. Early in 2019 a guided tour of the Cambridge Botanical Gardens and a visit to the Houses of Parliament will take place. During the summer, trips to Burghley House, Sutton Hoo and the National Gallery have been proposed, so there is something for everyone.

The monthly 'Coffee and Talk' meetings at The Hub are an excellent way of meeting up with newcomers and with members across all the groups.

Each month, an invited speaker gives a presentation on their profession or interest.

In October we were happy to welcome Jenny Smith of the Wildlife Trust to talk about the Cambourne Country Park nature reserve and its flora and fauna.

In 2019 there will be talks on Heffers bookshop, Quakerism, Vanishing Cambridgeshire 1900-1940, the Battle of Britain and life at Westminster by our MP, Heidi Allen.

Monthly meetings are held on the third Friday of the month and the next meeting will be on 18th January at 10.30am at The Hub community centre.

Please bring your membership card with you or you can sign up at the meeting, annual membership costs just £20.

If you would like to know more about the Cambourne & District U3A please visit the www.u3a.cambourne.org or <https://u3asites.org.uk/cambourne>



■ Top: Walking group in Caldecote
■ Middle: Floral artwork for Halloween
■ Above: Table tennis at Cambourne Leisure Centre

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COMMUNITY

Violent & abusive behaviour

MONKFIELD MEDICAL PRACTICE: Recent national articles have highlighted that employees working in the NHS face the risk of violent and abusive behavior in the workplace and staff at Monkfield Medical Practice (MMP) are no different.

The Partners' aim is to provide safe, high quality, sustainable healthcare to Cambourne through polite, professional, skilled employees, who strive to deliver this too. The Partners have a duty of care to ensure that staff work in a safe environment, patients have access to safe care and visitors feel safe.

The Partners ask that patients please have this in mind when attending the practice. If we do not meet your expectations it is unlikely to be the individual staff member's fault but more likely to be wider issues around inadequate funding streams, workload or a specific system to ensure safe practice.

Our aim is to put in place the best levels of resources we can, have the IT systems to support our needs, and the right processes for the flow of work and also educate staff and patients to allow access the right type of care.

It is so very sad to report that our staff continually deal with abusive and threatening behaviour and that we have to carry out dynamic risk assessments and provide specialist staff training in order to keep those within the practice safe. We adopt a zero tolerance to rude, abusive or aggressive behaviour towards or in front of our staff, patients or visitors and will take appropriate action against anyone who behaves in such a way, by using the correct NHS process.

Please support us so that we can support you to the best of our abilities in a safe and tolerant environment.

New children's art group

In early 2019 we are setting up a children's art group in Cambourne, which will take place weekly on a Friday evening from 4-5.30 in the new cricket pavilion.

It will follow the school term, with either 8 or 10 sessions, yet to be decided, and we will have four teachers, who will take it in turns to run the sessions, sharing their own interests and expertise.

Initially we will invite children from age five

to 11, who will work together in a group of 10, and at a cost yet to be decided but around £6/7 per session, payable by the term.

Cases of financial hardship may be assisted. It may be necessary to have a parent with a younger child.


All teachers will be DBS checked.

Please get in touch to provisionally register your place by emailing fran@panrucker.eclipse.co.uk



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COLUMNISTS



HEIDI ALLEN
MP FOR SOUTH
CAMBRIDGESHIRE

Gigabytes, Medical Robotics and Brexit

I recently held a public meeting to discuss the state of play regarding Brexit. More than 150 constituents attended, making for a lively and passionate discussion. This type of engagement away from Westminster is invaluable as it helps to ensure I do my very best to represent you.

Whatever your views on Brexit, it is important for me to know what you are thinking. As the negotiations with the EU reach their inevitable conclusion, I will let you know about any further meetings I have planned.

Digital connectivity is vital to all of our local businesses. The Government's Gigabit Voucher

Scheme is offering small and medium sized businesses vouchers of up to £3000 to cover the cost of installing Gigabit-capable broadband. Businesses and individuals can apply. To check if you are eligible for a voucher, visit <https://gigabitvoucher.culture.gov.uk/>

I am pleased to report that the Health and Social Care Secretary, Matt Hancock, visited South Cambs recently, with a trip to CMR Surgical who specialise in surgical robotics, plus Addenbrooke's and the Genome Campus.

■ *Forthcoming surgery details can be found on my website www.heidisouthcambs.co.uk. or email me on heidi.allen.mp@parliament.uk or phone my constituency office on 01223 830037 for local concerns or my Westminster office for National Issues 020 7219 5091*



RUTH BETSON
DISTRICT COUNCILLOR

Cambourne Cadets and our High Street

Congratulations to RAF Cambourne (105) Squadron on their official inauguration recently - I was very honoured to have been invited to their celebratory dinner alongside Parish Cllr Evelyne Spanner and County Cllr Mark Howell. I think it's absolutely fantastic that we should have cadets from the RAF, the Army and the Police here in Cambourne.

Thank you to everyone who has written to Highways England regarding the A428. Highways England has not changed their position at the time of writing. I will be meeting them soon with

Heidi Allen MP, at which time I will put forward our complaint and request a review of their traffic modelling. Please continue to make your friends and neighbours aware and write to Highways England via Twitter @HighwaysEAST (to tag me, add @ruthbetson) or via email to A14CambridgeHuntingdon@highwaysengland.co.uk

There is no news on the Cambourne High Street I'm afraid. Seven months in and the new District Council administration is still reviewing and restructuring. I worry they don't feel the same sense of urgency as we do, but I will continue to push for a resolution as soon as possible.

■ *As usual you can contact me by email cllr.betson@scambs.gov.uk or Twitter @ruthbetson or Facebook: Councillor Ruth Betson.*



CATHERINE PRICE
CAMBOURNE PARISH
NURSING SERVICE

Crohn's and Colitis Awareness Week

The first week in December is Crohn's and Colitis Awareness Week. Crohn's Disease and Ulcerative Colitis are the two conditions forming Inflammatory Bowel Disease (IBD). Not to be confused with IBS (irritable bowel syndrome), IBD affects more than 300,000 people in the UK and causes inflammation in the bowel.

In Crohn's disease anywhere in the gut can be affected from mouth through to anus. In Ulcerative Colitis only the large bowel is affected. The most common symptoms of IBD are diarrhoea (which can contain blood or mucus),

cramping pain in the abdomen, tiredness, mouth ulcers, weight loss and anaemia.

IBD is diagnosed using a combination of blood tests, stool tests and an endoscopy to look at the bowel which may show signs of inflammation.

Although IBD is a very serious condition, there are many medications available to treat it including specialist anti-inflammatory drugs, medicines to suppress the immune system, steroids and powerful biological drugs. However, sometimes surgery to remove damaged parts of the bowel is necessary.

■ *Reference/ further information: www.crohnsandcolitis.org.uk
Catherine Price RN,
Cambourne Parish Nursing Service
nurse@cambournechurch.org.uk*

Air Cadets are hydrogen heroes

CAMBOURNE AIR CADETS: Four cadets from 105 (Cambourne) Squadron successfully took part in the RAF 100 Engineering Competition at IWM Duxford, which comprised multiple entries from the Air Cadet, Air Scouts and Regular serving RAF teams.

For the youth competition, the Squadron entered with the concept of hydrogen fuel cells for future use in air travel for the RAF

and civilian aircraft. This idea was brilliantly thought out by Cadet Annabelle Parry and with Cadet Warrant Officer Chris Green, Flight Sergeant Daniel Moss and Sergeant Arthur Noreika, they were able to implement the idea by powering a propeller with the use of combined solar energy and hydrogen.

Cadet Warrant Green said "It was a very tough competition from the very start. We submitted an initial idea last September, but never realised we'd come this far!"

With outstanding feedback from the judges, it was a great pleasure for 105 to win the second place title. Our prize is a personalised visit to RAF Scampton to meet and watch a private air display by the RAF Red Arrows!

The Air Cadets in Cambourne are recruiting now: email 105@aircadets.org or follow our Facebook page "Cambourne Air Cadets".



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for details

COMMUNITY

Cambourne celebrates Diwali: Festival of Lights

Cambourne's multicultural diverse community marked Diwali, the Festival of Lights, at the Market square and the Hub Community Centre for two days on 10th and 11th November 2018.

Residents made traditional Rangoli designs at the market square and filled them up with coloured sand - a concept of outdoor art popular in many South Asian countries. It was an open-air event with artwork, freestyle Bollywood dances and various community stalls.

Diwali in the Hub on 11th November began with two minutes of silence for the Remembrance Day. Cllr. Mark Howell mentioned the contributions of the British Indian Army where 1.3 million Indian soldiers served in WWI, and as many as 74,187 Indian soldiers died and another 67,000 were wounded during the war.

MP Heidi Allen also attended the festival and lit the candle for Diwali. She addressed the community remembering WWI, the significance of the Diwali celebration and community bonding.

People from various nationalities tried colourful Sarees and Kurtas, joined the prayers and enjoyed an Indian cooked

meal. Children made various Rangoli designs and coloured terracotta lamps, and enjoyed sparklers. Each family received a welcoming pack with a clay-lamp, a packet of sparklers, sweets and a Diwali Greetings card.

Diwali is celebrated by four different faith groups - Hindu, Sikh, Jain and Buddhist. People of all four explained the traditional practices of Diwali.

Cllr. Shrobona Bhattacharya, who led these free Diwali celebrations, said: "Our main goal was to make an integrated community in Cambourne where people can acquire knowledge of other culture



and celebrate the diversity together. We wanted to create the ambience of a homely celebration of the festival through various activities which we follow in many South Asian countries and encourage residents of all background to take part."

Cllr Bhattacharya extended her thanks to everyone who contributed to making the event a success.



■ Top: Heidi Allen MP lights the Diwali candle. Above: Rangoli art in the market square

LOCAL CHARITY CAMCARE UK runs many activities and festivals free of charge throughout the year for the residents of Cambourne.

CamCare UK works to improve skills through Cambourne Science Festival, Family Art day, Cookery Club and Electronics and Robotics Club. It promotes equality and diversity, running the Festivals of Languages, Diwali, Holi and Mela, and seminars to understand different people from diverse backgrounds.

The founder of CamCare UK Cllr. Shrobona Bhattacharya said, "we want to create opportunities for regular meet-ups and activities and encourage residents of all backgrounds to take part. Tackling loneliness and working towards good mental health are also our goal."

Cllr Bhattacharya extended her thanks to the local Councils, Timebank and Cambourne Crier for their support in helping run all these community activities free for all.

Cambourne Timebank provides volunteers and a small grant which helped



■ CamCare UK organises many free events within Cambourne throughout the year

to buy the festival materials, decorations and the kits for the robotics club.

Cambourne Crier helped to buy the PA system and poster panel. The PA system is used by several community groups, local schools and residents on various occasions.

Cambourne Parish Council approved the small grant of having the free halls as CamCare UK made an application showing its free entry policy for all activities for residents.

South Cambs District Council helped the Electronics club to start and supported with printing materials throughout the year.

Residents of Cambourne Doroteja Maklin, Matic Golob and Payal Priyadarshini all helped CamCare UK with digital and website support.

EDUCATION

Fun at Burwell House



VINE PRIMARY SCHOOL:

Year 4 took a trip to Burwell House at the end of last half term for a three day residential. We had a brilliant time with lots of outdoor learning in the beautiful grounds. On the first day we completed challenges in preparation for the Great Egg-scape. 5 out of the 10 eggs survived – a Vine record!

On day two the pupils made pinch pots, Roman mosaics,

smelly cocktails and natural sculptures, participated in Roman marching and looked at artefacts.

On the final day we used our map reading skills, completing the Burwell Challenge (blindfolded!). It was a great three days where we all got to know each other a lot better and the pupils became much more independent. Thank you to all involved. What a great trip!

Learning Makaton

CAMBOURNE PRE-SCHOOL:

Staff have been busy with recent Makaton training, putting this into practice with the children.

This included mastering the alphabet, names, some simple instructions and a Christmas song for the upcoming nativity show!

Makaton is a 'language programme using signs and symbols to help people to communicate. It is designed to support spoken language.' (The Makaton Charity).

Staff believe it can help all young children but especially those not yet able to verbally communicate their needs.

The pre-school regularly sends staff on training as they believe it keeps practice up to date and offers children the best from their pre-school experience.

To enquire about places at the school: Tel: 01954 715150. Email: office@cambournepreschool.org.uk.



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Its entirely up to you when & how often you drive but even if a few people could do one trip per month it would help us enormously. It is also extremely rewarding to do AND you will make new friends.

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EDUCATION

Studying for GCSEs at home

EDUCATING OTHERWISE: I started home education just before Year 10. I went straight into GCSE courses as I knew that was a goal I wanted to achieve, choosing to study English, Spanish and Biology in the first year.

As home education is so flexible, I was able to work in a number of ways through the courses. There was some online learning, some groups and a lot of self-study. I worked through the syllabus for each subject, watching videos, discussing questions and completing assignments.

Alongside my GCSEs I worked on completing the Trinity Arts Award Bronze level as the arts subjects are trickier to access as GCSEs from home.

Being home educated gives me the freedom to do and learn the things I want to and I can plan when I want to do everything. I don't have to sit down and work for six hours a day; I can organise my own day. I also have time to follow my interest in animals.

I sat my first exams this summer and was very successful in all 3 subjects. I am now studying for the next four GCSES that I will sit in the summer of 2019. I am also completing my Silver Arts Award. I love being home educated because I am in charge of my own learning. I have



developed very good independent learning skills which will stand me in good stead for the future.

Lucy, aged 16



Monkfield Park looks for clues in nature

MONKFIELD PARK PRIMARY: As part of Year 2's history topic, Sir Isaac Newton, the children visited his birth place at Woolsthorpe Manor to find out more about his life and work. They tested gravity by making their own rockets and saw where he questioned the spectrum of light!

Reception children have been busy learning all about Autumn, looking at signs in nature for clues that the season is changing. Year 1 meanwhile have been learning about what harvest means and the local foods that are grown in the surrounding fields.

Year 6 took a trip to Cambourne Village College to meet the author of the treehouse series, Andy Griffiths, and used this as an

opportunity to explore different styles for different authors. They even had their books signed by the author himself.

Year 5 had two special visitors, Nick Burr and his guide dog, from the charity Camsight. Nick is an Olympic goalball player and spoke to the children about how he has become resilient in the face of adversity by working on his talents and remaining positive.

Year 3 had a visit from the charity 'Steel Bones' which advocates sporting opportunities for amputees. Year 4 have been busy with their maths learning and have also been out in the local environment to help them learn about fractions.

Hardwick and Cambourne Primary School remembers

HARDWICK AND CAMBOURNE COMMUNITY PRIMARY: Year 5 and 6 have had the topic 'Fighting for Freedom' during the Autumn term. They have studied the Suffragette movement and gone back in time to write persuasive letters in role to persuade the government to allow women the vote.

A large part of our topic has been learning about World War One which has been particularly relevant during this centenary year. The children enjoyed a trip to London to visit the Imperial War Museum's new World War One exhibition.

They were fascinated to see the real life weapons and uniforms and their walk through the 'trench' really brought home to them the conditions the soldiers endured and the sacrifices they made.

They finished their day out with a walk over Westminster

Bridge to Parliament Square to look at the statues of famous war time prime ministers and people who have fought for freedom including Nelson Mandela, Gandhi and of course the new statue of Millicent Fawcett.

The school as a whole took time to remember the sacrifices of all who have fought and died for their country as every child contributed to a piece of poppy art work and took part in a remembrance assembly.

As Christmas rapidly approaches both Reception and Key Stage One have started their preparations for Christmas productions. Children across the school are perfecting their acts for the annual 'Xmas Factor' and there is even talk of a staff pantomime. Festivities will officially commence with the PTA Crafty Christmas event on Saturday the 1st December.

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CAMBRIDGE AND CAMBOURNE

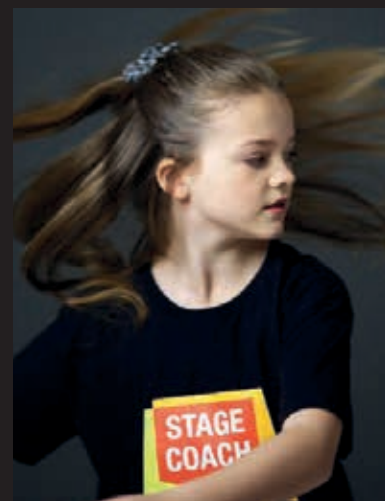
01223 359974

cambridge@stagecoach.co.uk

stagecoach.co.uk/cambridge



Creative Courage For Life®



WHAT'S ON

South Cambs Child and Family Centre

Mondays

Lets Get Physical - Blue School, 10-11am, ages 0-5, £2, (term-time only)
Bumps to Babies - Cambourne Child & Family Centre, 1.30-3pm, 0-mobile free

Tuesdays

Keeping Up with The Children: Maths - Blue School, 9.45-11.45am, started 30 Oct, 6 weeks, free
Basic English Beginners - Blue School, 9.45-11.45am, started 30 Oct, 5 wks

Wednesdays

Stay & Play - Blue School, 10-11.30am, ages 0-5, £2
Multiple Births Group - Cambourne Child & Family Centre, 10-11.30am, 1st & 3rd Weds only, ages 0-5, free

Thursdays

Baby Clinic - Cambourne Child & Family Centre, 10-11.30am, drop-in
International Group - Blue School, 10-11.30am, ages 0-5, free, term-time only
Toy Library - Blue School, 1-2.30pm, ages 0-5, 50p
Clothes Swap - Blue School, 1-2.30pm, 1st & 3rd Thurs only, free

Fridays

Breastfeeding Support - Cambourne Child & Family Centre, 10-11.30am
Busy Bees SEND group - Blue School, 1-2.30pm, ages 0-5, free (invite only)

Saturdays

Dad's Group - 3rd Saturday of the month, Blue School, 10-11.30am, ages 0-8, £2 per family

One-off Training Sessions

Introducing Family Foods Workshop
 Tuesday 4th December 10-11.30am
Toddler Tantrums
 Wednesday 5th December 1-2.30pm
 Free, crèche available

For info or bookings please contact:
 ChildAndFamilyCentre.South@cambridgeshire.gov.uk or 01954 284672.
<https://www.facebook.com/SouthCambsChildandFamilyCentre/>

Saturday 1 Dec & 5th Jan, 8.30-10.30am

Fathers' and Children's Breakfast

Cambourne Church
 Free. Donations welcome.

Saturday 1 December, 2-4pm

Police Community Surgery

Entrance foyer of Morrisons, Cambourne
 Crime prevention advice.

Wednesday 5 December, 7.30pm

Papworth Astronomy Club

Vinter Room, Vinter Close, Papworth
 Presentation by Dr Patricia Fara, president of the British Society for the History of Science, from Clare College Cambridge on Robert Hooke's 'Micrographia'. Contact Peter Sandford on 01480 830729 or peter@cheere.demon.co.uk

Friday 7 December, 3-7pm

Wildlife Trust Christmas Fair

Wildlife Trust, Broad Street, Cambourne
 Wildlife-related Christmas gifts, artwork, binoculars, children's activities, mulled wine, mince pies, raffle.
www.wildlifebcn.org/support-us

Friday 7 December, 6-9pm

Xmas Family Bingo

Monkfield Park School, Cambourne
 £3 entrance/per book - 6 games. Tickets from friends@monkfieldpark@gmail.com

Fri 7 & Sat 8 December, 7.30-8.30pm

Charles Dicken's 'A Christmas Carol'

Leper Chapel, Newmarket Rd, Cambridge
 One man performance - twenty characters! Tickets £12 (£8 under-18s and students). Dress warmly. To book visit www.thatsmycueproductions.com

Saturday 8th December, 11am-3pm

Christmas Fair

Manor Farm, Alms Hill, Bourn, CB23 2SH
 Stalls in the Great Barn selling hand-made jewellery & toys, locally brewed craft beer, cards, decorations, unique gifts, Christmas trees & wreaths. Children's activities. Father Christmas will stop by at 12-2pm.

Saturday 8th December, 7.30pm

BIG DEAL COMEDY

Upper Cambourne Cricket Pavilion
 Bringing some of the best new & experienced comedians on the circuit to a comedy night. £7 per person. Please book: www.bigdealcomedy.co.uk

Tuesday 11 December, 6-8pm

Christmas Market

Cambourne Business Park
 Winter marquee, festoon lighting, music, arts, crafts & festive stalls, draught beer, cocktails, roast chestnuts, mulled wine, mince pies, Munich-style benches, fire pits.

Friday 14 December, 10.15am

Circular Walk - Cambourne to Bourn

Meet at back of Cambourne Library
 Lifts available. pam.hume@ntlworld.com or Penny Flanagan 01954 200126.

Sunday 16 December, 4pm

Christ Church Carol Service

Cambourne Village College
 A short carol service followed by refreshments and children's crafts.

Wednesday 19 December, 7.30-9.15pm

Cambourne Community Gospel Choir

Monkfield Arms, Cambourne
 An evening with the choir in the pub for Christmas cheer and a singsong!

Friday 21 December, 12-3pm

Christmas Craft Afternoon

Cambourne Fitness and Sports Centre
 £4.15 per child. Book on 01954 714070.

Friday 21 December, 6.45pm

Christmas Dinner Boxing Tournament

The Hub, Cambourne
 By Iceni Boxing Club in aid of Light Up Cambourne & Cancer Research UK. Meal tickets £50 (limited) or entrance only £20. Licensed bar. Please book: 07711 101325.

Saturday 22 Dec, 10am & 11.30am

A Calm Creative Christmas

Wandlebury Country Park, CB22 3AE
 Craft, storytelling & nature. £6 per child (3-7yrs). katherine@vitalsparktheatre.org

Sunday 30th December (TBC) 10am

Sunday Walk

Meet Oaks Wood car park, School Lane
 Decide where to walk on the day. Lunch afterwards is popular with some. 07747 012245 or sandracalcraft@waitrose.com
 'Cambourne Sunday Walks' on Facebook

EVENTS IN AND AROUND CAMBOURNE

Tuesday 1 January, 11am-1pm**New Year's Day Walk at Coton Reserve***Meet at The Plough, Coton, CB23 7PL*

Free but donations towards upkeep of the reserve are welcome

www.cambridgeppf.org/whats-on**Friday 18 January, 10.30am-12pm****Cambourne & District U3A meeting***The Hub, Cambourne*For retired/semi-retired. A talk by Dr Julie Boundford FRSA about The Remarkable Story of Heffers of Cambridge. See u3a.cambourne.org or contact Fran 01954 710858 fran@panrucker.eclipse.co.uk**Monday 28th January, 4-8pm****NHS Health Checks***Cambourne Fitness and Sports Centre*

Full NHS health checks for over 40s. Free. Results go to patient's GP. 30 min appointments. Please book: 01954 714070.

MONDAYS**Watercolour Class**

7-9pm in the new Cricket Pavilion.

South Cambs RC Car Club

7pm Papworth Village Hall.

Cambourne United Football Club

8-9pm Cambourne Village College: Ladies

TUESDAYS**WW2 Aircraft Club**

First Tuesday of the month in Cambourne.

Cambourne Tae Kwon Do

Beginner classes for all at Vine School.

Cambourne Women Runners

7.15pm club run meet at Old Blue School

Cambourne Open Minds

1st Tuesday of every month 7.30-9.30pm.

WEDNESDAYS**Watercolour Class**

10am-12pm in the Sports Pavilion.

Timebank Coffee Morning

1st Weds of the month 11am in Cafe 19.

Cambourne Youth Clubs

Year 7-8 3.30-5pm, Year 8-10 5.30-7pm, Year 10+ 7.30-9pm at Cambourne Soul.

Cambourne Tennis Club

Social tennis session. 7-10pm.

Cambourne Runners ARC

Meet at the Hub 7.10pm.

Photography group

3rd Weds of the month 7.30pm The Belfry.

Cambourne Community Gospel Choir

7.30-9.15pm in term-time Old Blue School

THURSDAYS**Home Educators Multisports**

5-8 yrs: 12.30-1.30pm, over 8s: 1.30-2.30pm at Cambourne Fitness & Sports.

Cambourne Rugby

6.45pm on all-weather pitch. All abilities.

Singaround

First Thursday of the month 7.15-8.15pm.

Cambourne Netball Club

7.30-9pm senior squads at Sports Centre.

FRIDAYS**Cambourne Health & Wellbeing Club**

Alternate Fri (14th Dec) 10.30am -12pm. For older adults. Old Blue School.

SATURDAYS**Cambourne Runners ARC**

Meet 8.50am at the Hub.

ParkrunWimpole Hall, 9am. Free 5K run. Register at parkrun.org.uk**Cambourne United Football Club**

9-10am girls & boys on Cambourne 3G.

Doodle's Dog Walking Group

9.30am at Just for Pets shop. Open to all.

SUNDAYS**Junior Parkrun**Wimpole Hall, 10am. Free 2K run. Ages 4-14. Register at parkrun.org.uk**Cambourne Tennis Club**

2-5pm. Social tennis session.

Cambourne Electronics & Robotics Club

Alternate Sundays (2nd Dec) in the Old Blue School. 2pm seniors, 3.30pm new.

Cambourne Raptors Basketball Club

Open scrimmage 6-8pm at CVC.

SEE P16-17 FOR GROUPS' DETAILS**Events in
Cambourne Library****'The Library Presents' Arts Events in
Cambourne Library****'A Taste of Latin':** Live band and licensed bar! Tickets still available!*Fri 7th Dec 7-8.45pm*

£7 standard (£4/£5 concessions)

The Library Presents team are looking for volunteers to help with setting up our libraries for events. To find out more about volunteering with us email thelibrarypresents@cambridgeshire.gov.uk Book tickets at Cambourne Library, www.cambridgeshire.gov.uk/arts or by phoning Cambridge Live box office on 01223 357 851.**Christmas Opening Times**

The library will close at 1pm on 24th Dec and the library service reopens on Wed 2nd Jan 2019.

**Christmas cards are now on sale at
library reception!****Rhymetime/Storytime***Alternates every Friday 9.30-10.30am* commencing with Rhymetime on 7th Dec. Christmas Special (joint Rhymetime/Storytime) on 14th Dec.**Engage Author Event***Wednesday 5th Dec 2-3.30pm*

"Malice Domestic" with Nicola Upson, author of the Josephine Tey novels, and Mandy Morton, author of Feline Detective Agency books. £1 donation.

Cambourne Lunch Bunch*Wednesday 12th Dec. 12.30-1.30pm***Words for Pleasure***Thursday 6th Dec. 1.30-3.30pm***Family History Drop In***Monday 17th Dec. 1.30-4pm*

Drop in for advice on researching your family history or book an appointment to see our family history representative. Ask at reception for further information.

Learning Disability Drop In*Monday 3rd, 10th, 17th Dec 11am -1pm*

GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858
 fran@panrucker.eclipse.co.uk
 www.cambournearts.btck.co.uk

Cambourne Children's Centre:

01954 284672 cambournechildrenscentre@cambridgeshire.gov.uk

Cambourne Love Justice Group:

Len Thornton: 01954 710370

Cambourne Crescent:

www.cambournecrescent.org

Cambourne experimental cookery club

Member organises only one dinner and attends many at others. Fundraising finale dinner for a local charity at the end.
 shrobona@gmail.com / 07852753216

Cambourne International cookery workshops

shrobona@gmail.com / 07852753216

Cambourne Electronics and Robotics Club

Runs on alternate Sundays
 shrobona@gmail.com / 07852753216

Network Business Breakfast:

Jo Christy hello@stirupmedia.com
 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm
 Pat Callaghan 01954 718836

Watercolour classes

Tutor-led classes for watercolour painting; Monday 7-9pm, Wednesday 10-12pm. Contact
 fran@panrucker.eclipse.co.uk

Children's art class:

Contact
 fran@panrucker.eclipse.co.uk

Photography group:

Beginner to advanced. Meetings on third Wednesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 www.flickr.com/groups/cambournephotographygroup/

Reading Groups:

carolinealdrige@cambridgeshire.gov.uk

Timebank:

0300 111 3555 or Laura

Papanikolaou 01223 713555

Crafty Ladies:

Enid - (01954) 715292 or

Edna - (01954) 717360

WW2 aircraft club:

Meeting in Cambourne on the first Tuesday

of the month. Contact 01954 269 173 or

iancameron692@gmail.com

Cambourne Birding Club

Recently started in Cambourne. Contact Ian

Cameron on 01954 269 173 or email

iancameron692@gmail.com

Papworth Astronomy Club

Meetings at the Vintner Room, Papworth

Everard, 7.30pm.

Contact Peter on 01480 830729 or

peter@cheere.demon.co.uk

Friday walks: Next walk, 14th Dec. Meet at the rear entrance to the library at 10.15am.

Contact Penny Flanagan on 01954 200126 or pam.hume@ntlworld.com for next walk

Sunday walks: Next walk, 30th Dec. Meet at 10am in Monks Wood car park, School Lane. Contact Sandra on 07747 012245 or scalcraft@gmail.com for next walk.

Comberton Ramblers: Alternate Sundays from 10.15am, between 4-7 miles. New walkers welcome with up to two free walks. www.combertonramblers.org.uk

Singaround: All welcome. Singing just for fun. First Thursday of every month, 7.15-8.15pm. cambournesingaround@gmail.com

Cambourne Community Website Group

John Panrucker: 07734 258 059

hello@cambourne.info

www.cambourne.info/about

Cambourne and District U3A:

Self help organisation for the retired/semi-retired providing a chance to learn new skills, enjoy leisure activities and meet new people. Visit u3a.cambourne.org or contact Fran Panrucker on 01954 710858

Story blog: Publishes real life stories of war, travel and human interest. Contact Tapti Roy on 07582016562 or taptibr@gmail.com
 www.pastconnect.net

Cambourne Open Minds: Meditation, laughter & self development. First Tuesday of every month 7.30-9.30pm. Suzanne: 07887 715555, SMJLANE@lifequest.co.uk

Cambourne Community Gospel Choir:

Rehearses in the Old Blue School 7:30-9:15pm on Wednesdays. Just turn up. A donation of £1 per session is suggested towards costs. Find us on Facebook.

Child and Family Centre:

01954 284672 or ChildAndFamilyCentre.South@cambridgeshire.gov.uk or

CHURCHES

Cambourne Church

Church office (in the Blue Space): 01954 710644. Mon / Tues / Thurs: 10am-12pm and 1pm-3pm. Wed: 10am-12pm. Fri: Closed. www.cambournechurch.org.uk

Administrators and Church Bookings

Jacqui Huckle, Fleur Kerrecoe

and Stacy Buwert

administrator@cambournechurch.org.uk

Youth Worker:

Jonathan Buwert
 Tel. 07503 171869 jonathan.buwert@cambournechurch.org.uk

Children and Family Champion:

Jane Brooks 07850 961000

jane.brooks@cambournechurch.org.uk

Parish Nurse:

Catherine Price
 nurse@cambournechurch.org.uk

Foodbank:

Julie Whitbread
 julie.whitbread@cambournechurch.org.uk

19 the coffee house:

Manager Cilla Mills.
 Open Monday - Thursdays 8.45am - 2pm;
 Fridays 8.45am - 12 noon.

19thecoffeehouse@cambournechurch.org.uk

Peacehaven Baptist Church

Rev. Donovan M. Bangs:
 Preachbrit@aol.com 01954 710510
 www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am
 Meeting at Cambourne Village College
 www.christchurchcambourne.org.uk

Cambourne Catholic Community

Mass: Sat. 5pm, Tues. 12.15pm, Thurs. 7.15pm
 http://cambournerc.com

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719
 mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585
 www.cambournedental.com

Lloyds Pharmacy:

01954 718296

Monkfield Medical Practice:

01954 282153
 www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793
 candicelattimore@gmail.com

Cambourne Health and Wellbeing Club

A group for older adults. FREE.
 Alternate Fridays 10.30am - 12pm at the old Blue School site. Next meetings: 16 & 30 November. No booking required.

Catherine Price: 01954 710644 /
 nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office:

01954 714403
 office@cambourneparishcouncil.gov.uk
 www.cambourneparishcouncil.gov.uk

Venue Bookings:

01954 714403
 bookings@cambourneparishcouncil.gov.uk

Pitch Booking:

Everyone Active at the Sports Centre

District Councillors for Cambourne:

Ruth Betson – cllr.betson@scambs.gov.uk
 Gavin Clayton – cllr.clayton@scambs.gov.uk
 Shrobona Bhattacharya –
 cllr.bhattacharya@scambs.gov.uk

EDUCATION

Cambourne Village College:

01954 284000
 thecollege@cambournevc.org
 www.cambournevc.org

GROUPS, SERVICES & CONTACTS

Comberton Village College:

School Office - 01223 262503

Hardwick and Cambourne Community

Primary:

Headteacher: Andy Matthews

School Office - 01954 719085

blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School:

Headteacher - Sue Wright

School Office - 01954 717180

office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Jarman

School Office - 01954 273377

office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

School Office - 01954 719630

office@thevine.cambs.sch.uk

Educating Otherwise: for local meetups & activities please join facebook group 'Home Education - Cambourne'.

Home Educators Multisports: Thurs during term time at Cambourne Fitness & Sports Centre. 5-8 yrs: 12.30-1.30pm, over 8s: 1.30-2.30pm. annettelesage@btinternet.com

PLAYGROUPS &

PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679

cambourne.babyandme@gmail.com

Cambourne Pre-school:

Donna O'Shea: 01954 715150

cam.preschool@btinternet.com

Carers And Tots:

cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning Centre:

Office: 01954 273301

cloffice@monkfieldpark.cambs.sch.uk

Sunflower Nursery: 01954 719440

SERVICES

Cambourne Library

Mon: 9am – 5pm; Tues: 9am – 1pm

Wed: Closed; Thurs: 4 – 7pm; Fri: 9am –

5pm; Sat: 9am – 1pm. Reception area open

9am – 5.30pm every week day. We also

offer an e-book service and local

information. Free Wi Fi. We also sell stamps,

books and children's wall charts. 0345 045

5225 www.cambridgeshire

.gov.uk/leisure/libraries

Community Car Scheme:

If you need transport for a medical or social appointment and are unable to use public transport you can call us on:

07526 998 465 or e-mail: cambournecars

cheme@gmail.com. Min. 48 hours notice.

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm

Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay

01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey – 01954 269328

Facebook: Cambourne Bowls

Cambourne Cricket Club:

Phillip Broadwith, Cambournecc@

gmail.com / www.pitchero.com/clubs/

cambournecricketclub

Cambourne Eagles F.C:

Secretary - Danny Brooks 07516 630552

secretary@cambourneeeaglesfc.co.uk

www.cambourneeeaglesfc.co.uk

Cambourne FC: www.cambournefc.org

cambournefc@icloud.com

Cambourne Netball Club:

Emma Smith - (01954) 710034

cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309

info@cambourneexiles.com

www.cambourneexiles.com

Cambourne Raptors Basketball Club:

Facebook: cambournerraptorsbasketballclub

info@cambournebasketball.org

Twitter/Instagram: @CamRaptorsBball

Cambourne Runners: Weekly runs, all

abilities on Saturday morning 8.50am and

Wednesday 7.10pm from the Hub.

cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Marianne Muldbjerg 07917 220977

mmuldbjerg@icloud.com

www.cambournetenniscub.co.uk

Cambourne Tang Soo Do Club

Mondays 6.45-8.15pm

www.cambournekarate-tangsoodo.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

Cambourne Tae Kwon Do: See facebook

or stephenlacey73@gmail.com

Cambourne Karate School (AKS)

www.karateschools.co.uk / 07929 100612

Cambs Chargers Volleyball Club

cambschargers@gmail.com

Cambourne United FC

Chris Williamson 07900 674558

cambourne.united@gmail.com

pitchero.com/clubs/cambourneunitedfc

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC) Adam

Kelly 2484df@aircadets.org

Cambourne Army Cadet force:

dc.cambourne@gmail.com

www.cambsacf.com

Cambourne Youth Partnership

in partnership with Romsey Mill:

Weekly clubs for young people which are

open to all. Most of the youth clubs take

place on a Wednesday evening; Years 7-8

runs from 3.30-5.00pm, Years 8-10 from

5.30-7.00pm and for Year 10+ from 7.30-

9.00pm. Community based youth work,

engaging with small groups of young people

and offering support through mentoring,

sporting and music activities. For more

information or if you would like to volunteer

with us, please contact Jonathan Buwert at

jonathan.buwert@romseymill.org or on

07503171869.

Cubs, Beavers & Scouts:

1st Cambourne: joininglist@cambourne

scoutgroup.org.uk

2nd Cambourne:

waitinglist@2ndcambournescoutgroup.org.uk

Guides, Senior Section,

Brownies and Rainbows:

Waiting list and volunteers girlguiding.org.uk

08001695901 childerley.dc@gmail.com

MOBILE POST OFFICE:

The Hub car park

Mondays: 1.45pm to 4.00pm

Wednesdays: 12.30pm to 4.00pm

Closed Public Holidays

Tel: 0345 611 2970

*Please note: opening times are
subject to road conditions*

WASTE AND RECYCLING:

Bin collection dates

Black bin:

Thurs 6 & 20 Dec, Friday 4 Jan

Blue bin / green bin:

Thurs 13 & Friday 28 (blue only) Dec

A BETTER LIFE

Fiona H Drummond M.A. D.Hyp.

Psychologist & Clinical Hypnotist

Member of the British Society of Clinical Hypnotists

Member of the British National Register of Advanced Hypnotherapists

DEPRESSION - STRESS - ANXIETY - EATING DISORDERS - WEIGHT PROBLEMS -
 PHOBIAS - CONFIDENCE - PANIC ATTACK - INSOMNIA - STOP SMOKING
 - SEXUAL PROBLEMS - IBS - BAD HABITS - RELATIONSHIP PROBLEMS

Fiona is very well qualified psychologist and clinical Hypnotist who is experienced in the treatment of a wide range of physical, psychological and emotional problems. If you have a specific problem – just ask!

Based in Regus House, Cambourne Business Park, Great Cambourne

Telephone 01954 205084 email fhd@fionadrummond.com



Foot Care in Cambourne

T: 07850 023168

*We provide professional
 treatment and expert
 advice on a range of
 foot-related conditions.*



Mrs Iryna Rowlands BSc (Hons), Roman Rowlands S.A.C. Dip RFHP

Could Counselling or Psychotherapy Help You? Is it difficult to get the help you need?

For Support with mental health, relationship or emotional issues, counselling or psychotherapy can help you.

Working with adolescents, adults & couples in private practice, in CB23

Providing a safe, confidential, professional space to reflect on the challenges of life and make the changes you need.

Self referrals & GP referrals welcome

Member: British Association of Counselling and psychotherapy and UKCP and Clinical supervisor for other therapists



Phone or email for private consultation
bevgoldpsychotherapyservices@gmail.com
Telephone 07941 760463

Becky's Fitness

Would you like to have fun and get fit?

Would you like better **core strength** and **flexibility**?

Zumba - Aerobics 'n' Tone
 Fitness Pilates - Pilates
 Body Conditioning

FIRST CLASS FREE

NEW CLASS - Thursday 9.15am Fitness Pilates
from September 13th at the New Cricket Pavilion

Cambourne timetable

Zumba 7.30pm Mondays at The Blue School
 Fitness Pilates 9.15am Tuesdays at The Hub
 Zumba 8pm Thursday at The Hub

07905 097961

www.beckysfitness.co.uk
becky@beckysfitness.co.uk
timedrop.co/beckysfitness



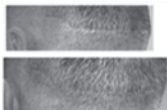
www.scalptastic.com

Hair Follicle Simulation for Men and Women

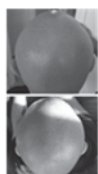
Semi-permanent tattoo procedure



Hair Line
and Density



Scar
Camouflage



Crown
Infill



Procedure
in Progress

Specialist in hair follicle simulation (scalp micropigmentation)

- Non-surgical solution with instant results
- Semi-permanent tattoo

Other Treatments Include

- Semi-Permanent Make-Up for Eyebrows and Eyeliner
- Meso Vytal - Anti-aging Treatment

Reviews

"After 3 sessions, I am thrilled with the results. The top of my scalp was completely bald; now it blends in perfectly with the stubble on the sides. I look younger and therefore feel it!"
 Dean.

"The procedure was explained fully and was painless. The results are absolutely amazing. A first class service which has transformed my appearance and my confidence." Jane

"Thank you so much for the professional and friendly service. Attention to detail is just outstanding. I love the new look."
 Marco

07908 106644
fatima@scalptastic.com
**www.facebook.com/
scalptastic**
scalptastic


be hot!
 with
**Slimming
 World**

TUESDAY 5.30 & 7.30pm

Papworth Village Hall - Hannah: 07553 295 540

WEDNESDAY 5.30 & 7.30pm

The Vine School, Upper Cambourne

Sandra: 07580 023 577

THURSDAY 7.30pm

Comberton Village College - Hannah: 07553 295 540

FRIDAY 9.30am

Cambourne Church - Hannah: 07553 295 540

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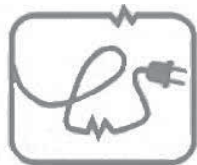
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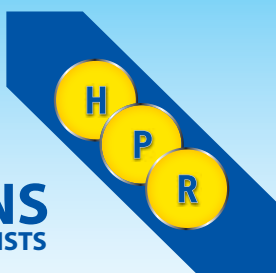
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This year Papworth Scouts in conjunction with Huntingdon Round Table are bringing Santa to Cambourne

On the night of **Tuesday 4th December** Santa will be travelling around the village on his Sleigh to collect any of those last-minute notes that haven't been posted.

So that you don't miss him you can track his progress on that Santa Live Tracker

log into the Round Table website for details

<http://huntingdonroundtable.co.uk/santa.html>

We will be collecting money for the Scouts funds and other local charities.

We look forward to seeing you then

CHURCHES

Birth at Bethlehem

Where was Jesus born? Easy, right? Bethlehem. The prophet Micah said: "You, Bethlehem, though you are small among the clans of Judah, out of you will come for me a ruler over Israel..."

This is quoted in Matthew's gospel and Luke also places Jesus' birth in Bethlehem. But Jesus is called 'Jesus of Nazareth' - almost 100 miles away. This is like someone famously from Harrogate being born in someone's garage in Cambourne!

Although Micah describes Bethlehem as 'small' - and by Jesus' day there was not even room for a nine-months-pregnant woman who'd walked 100 miles - the town was associated with King David, the greatest king in Jewish history. By placing Jesus' birth there, the gospel writers are saying we should link them together: like David, Jesus is the great king who establishes God's kingdom on earth.

People say that no one 'comes from' Cambourne. We're too new for anyone to have deep roots or for a list of celebrities to have lived here. But I can't help comparing us to Bethlehem. We might rewrite that ancient prophesy:

"You, Cambourne, though you are insignificant among the villages of Cambridgeshire, out of you will come for me..." Who?

As we celebrate Christmas in Cambourne this year, consider this: we can write our own illustrious history. Will we be the ones who come from here and do something great? What can we do in 2019 to spread the Christmas message of love and hope from our little town into all the world?
David Wadsworth

Service times

Young Church and Youth groups meet in the 11am service.



Sunday 9th December

9.30am Morning Worship with Communion

11am Morning Worship with Communion

Sunday 16th December

10.00am: All Age Nativity service

If you'd like to be part of the nativity scene, please come dressed as a character from the nativity story.

4.15pm Christingle

Sunday 23rd December 9.30am Morning Prayer

Monday 24th December

6.30pm: Community Carol service All ages welcome

11.30pm: Watchnight service with Holy Communion

Tuesday 25th December

10.30am: All Age Christmas Day Celebration

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Merry Christmas Cambourne

This Christmas we will be having our usual celebration on the 23rd. As a church we get together and pray and praise as we do every Sunday. But we will also be having a meal that Sunday at the Hub with whatever we happen to cook up. There is plenty of fellowship and food each year.

We get together that day specifically to celebrate the birth of Christ. Not that he was actually born on December 25th as the date was not recorded.

In actuality Jesus never told us to celebrate his actual birthday. We are supposed to remember his death and resurrection as we do in baptism and the Lord's supper.

So if it is not commanded to celebrate why do we? Simply the fact that he was born as prophesied in the right place and from the right heritage and all the prophecies were fulfilled is amazing. Couple that with the angels announcing his birth. It was the coming of the redeemer in the flesh. The perfect lamb of God, God the Son dwelling in flesh to pay the price for sin. This was the first



■ **Pastor Donavan Bangs,**
Peacehaven Baptist Church

Christmas gift. It was not from man to man or from the wise men to the family of Joseph and Mary. This gift was from God to mankind in the form of this tiny, yet perfect one who would go on to shed his blood for us. For God so loved the world, that he gave his only

begotten Son, that whosoever believeth in him should not perish, but have everlasting life. This was the gift and as the angels said Luke 2:10 And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people.

11 For unto you is born this day in the city of David a Saviour, which is Christ the Lord.

So this Christmas it is still good tidings of great joy that the Saviour came and gave Himself for us.

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The opportunity to purchase membership will be available at: **The Wildlife Trust BCN's Annual Christmas Fair, Manor House Christmas Shopping Event - Friday 7 December at the Manor House, Broad Street, Cambourne.**

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The Trust very much look forward to seeing you there!

■ For more details visit: www.wildlifebcn.org/events/2018-12-07-christmas-shopping-manor-house If you can't get to the event visit the Trust's online shop <https://shop.wildlifebcn.org>

For more details about the Wildlife Trust please visit www.wildlifebcn.org/support-us

Community dog walking group launches

Last month saw the launch of Just for Pets' walking group in Cambourne.

Dog owners will gather at store every Saturday, bright and early to meet other pet owners, socialise their dogs and keep fit and healthy. Just for Pets will also give all attendees poo bags and a small gift for their dogs.

As well as holding their first dog walk, Saturday 10th November also saw the store - which is currently set for a rebrand in 2019 - hold a Family Fun Day including educational animal talks and experiences featuring raccoon, pygmy hedgehogs, snakes, amphibians and an owl.

Cambourne Store Manager Clare Flack said: "We are overwhelmed by the interest we've received in the dog walking group, we really hope it will be the start of a great community where people can socialise their pets, meet new people and keep fit and healthy.

"Our Facebook group, named after our new mascot (Doodle's Dog Walking Group Cambourne) is open to all dog breeds as well as non-dog owners.

"As the cold weather hits and the dark nights draw in, we hope the group will give extra encouragement to Cambourne's pet owners to keep walking their dog regularly.



■ Doodle's Dog Walking Group Cambourne meets outside Just for Pets every Saturday morning for a walk around the country park



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Christmas Eve - Monday 24th December 9am to 4pm

Saturday 29th December 10am to 3pm

Sunday 30th December 10:30am to 3pm

New Years Eve - Monday 31st December 10am to 3pm

CLOSED

Christmas Day, Boxing Day, 27th & 28th December and New Year's Day

Located directly off the A1198 near Arrington, SG8 0AG | Open 7 days a week



Arrington Garden Centre

01223 208194

SPORT

Support the Eagles in Morrisons!

CAMBOURNE EAGLES U7's (pictured) have made a great start to their first season in the Cambs mini league competing fantastically well in games with Girton, Cottenham, Cambourne Utd, Bottisham and Bar Hill and generally enjoying themselves.

The team continue to develop their skills with excellent individual as well as team performances throughout.

The U13's have incorporated their new players well and have delivered some great performances. Their rhythm wasn't interrupted by the half-term break, winning 4-1 in the Cup in their first week back.

A number of the Eagles teams will be participating in the annual fundraiser bag packing event at Morrisons on 15th December to raise funds for team equipment for training and match days. If you are around on that day please say hello and let one of the team pack your shopping for you!

For all playing/training enquiries for any of the Eagles age groups please contact secretary@cambourneaglesfc.co.uk; this includes children from reception and year 1 school age groups as the Eagles look to restart their Academy set-up in the near future.



On behalf of everyone at the Club we would like to wish everyone a very merry Christmas and a fantastic year ahead. Thank you to all who have and continue to support the club and the players.

Tennis club reaches 250 members

CAMBOURNE TENNIS CLUB: We have grown to more than 250 members for the first time in our short history! This is largely due to the great energy that coach Toby has brought to the club in expanding the coaching programme. The new coaching term starts in January. For 8 and under, the first half of term is indoors so they can keep developing and having fun even in the worst weather. There are even a few indoor competitions to join. www.gamesettennis.co.uk | toby@gamesettennis.co.uk | 07972 149874 to join the programme.

Our Adult social mix-in sessions have also been growing even in the winter thanks to Nigel's organisation and the new facebook/whatsapp groups. They continue all year around:



Sundays 10:00-12:00 & Wednesdays 19:00-22:00. Why not come and try it out? You can just turn up but, better, first contact Nigel on 07787 565045 for a warm welcome. These hardy SOULS came out on Halloween to try it, proving what an inclusive club we are! For more information about your local tennis club, including what we offer and how to join, see <https://clubspark.lta.org.uk/CambourneLTC>

Spartans going strong

SPARTANS FC have enjoyed a superb 2018 playing in 26 competitive games and losing only once, the boys will go into the Christmas break top of both Saturday and Sunday "A" Leagues and still very much alive in both Cup competitions.

Spartans would like to thank the Annafield Group for sponsoring their new fantastic winter jackets.

The boys will be fighting on four fronts to bring silverware back to the village in spring, firmly putting Cambourne on the footballing map.

Recent performances include home wins versus Dynamo Foxton (8:2) and Mildenhall Town (2:0). The boys play a lovely expansive passing game that is only made possible by the

fantastic efforts put in to develop the best playing surfaces in the County, hats off the Cambourne Parish Council Grounds Team for their superb work. The boys know how very lucky they are.

Finally, the club are looking for an overall sponsor, if you can help, please contact: spartans-fc@outlook.com



SPORT

Connor Lacey achieves TKD black belt and bronze medal

CAMBOURNE TAE KWON DO: We are often busy preparing for gradings, competitions or simply training but it has been a particularly busy time for one of our students recently.

We are proud to report that a few weeks ago Connor Lacey graded at the TAGB Academy in Bristol and was successfully promoted to 1st degree black belt.

He performed very well in front of five Grading Examiners, impressing them with his tae kwon do skills and was recently presented with his Tae Kwon Do International certificates by Grand Master Ron Sergiew, becoming the Cambourne

club's youngest black belt.

Before then we had the British Championships in Birmingham. This is often the highlight of the TKD calendar, coming at the end of the year and this year nearly 1,500 competitors from around the UK attended, vying and competing for a medal position in a variety of disciplines.

Connor excelled again, fighting off a leg injury to win bronze in individual sparring.

If you think Tae Kwon Do appeals and could benefit you or your child and you want to try out a new sport, feel free to come and try it or just watch.

We have beginner classes for adults and children restarting in September on Tuesday evenings at the Vine School or Saturday mornings at the Sports Centre. The first month's training is free.

Contact Stephen on 07905 744777, stephenlacey73@gmail.com or visit our Cambourne TKD Facebook page for more details.



Cambourne United wishes you a happy Christmas

CAMBOURNE UNITED

FC: The Season is well under way at Cambourne United with all our teams playing some excellent football.

It's lovely that we are welcoming new players to our under 11's team and the girls are playing so well as a newly formed team this season.

Our under 12's are adjusting well to now playing 9 a side and have had some excellent results.

Our under 14's are looking to add to their squad in preparation for playing 11 a side so if you're in school year 9 and want to play A league football please get in touch or pop down to a training session on Tuesdays 7-8pm on the 3G (behind Everyone Active).

Our under 8 Wolves would like to thank Regus for their very kind sponsorship of their kit and hoodies which will help keep them warm through the winter months.

The boys (pictured) are very proud and are working very hard as a team with their football.

Wildcats academy is continuing every Saturday morning



9-10am on the 3G (behind Everyone Active) for all girls aged 4-8. It's a fun way to make new friends and learn football skills along the way.

Soccer school also takes place every Saturday for boys aged 4-6 which is up to and including school year 1.

Both these sessions are open to all abilities and are £3 on a pay and play basis.

Our women's team is still

training every Monday evening 7:30-9pm on the 3G at Cambourne Village College and always welcome new players; pop along to any training session to meet them.

Our new vets men's team (minimum age of 35) has started training on a Wednesday evening, 9-10pm on the 3G behind Everyone Active, £3 a week, all abilities are welcome.

To keep up to date with what's happening at the club follow us on Facebook and Twitter @cambourneunitedfc or email Cambourne.united@gmail.com

We would like to wish you all a Happy Christmas and safe and prosperous New Year, and look forward to seeing more of you involved in the game of football.

SPORT

Cambourne Raptors maintain winning streak

CAMBOURNE RAPTORS continued their perfect start to the season with a crushing win over the Pirates in the Cup. The first quarter was a near lock-out with only 2 points conceded. The strong defensive performance was maintained throughout the match with the team running out easy winners.

This home victory was followed up with an impressive win away to the Steelers. The adaptability of the team proved decisive in second half with a change in defence that nullified the Steelers' offence. Both matches showed the rapid progress made by the squad with huge differences in the scores compared to the same fixtures last year.

New players are welcome to join the squad throughout the season so get in touch if you'd like to try out for the team.

The U13 team competed in their first ever match against an established team from Cambridge Cats. The first half score was 16-2 due to the expected anxieties of playing in their first game. The second half performance was much better as the team played much better to post a second half score of 20-13. This is a really positive start for our young team! Thanks to all of the parents for their support and let's keep developing our basketball.



Upcoming matches: 2nd December Cambourne Raptors v St Neots Slammers (Cup); 9th December Cambourne Raptors v St Neots Slammers (League)

Junior Under 13 - Mondays 5:30-6:30pm; Junior Over 13 - Mondays 6:30-8pm. Open Scrimmage sessions - Sunday 6-8pm
Senior Squad Training - Thursdays 7.30-9.30pm

facebook.com/cambourneraptorsbasketballclub/

info@cambournebasketball.org



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CAMBOURNE CRIER NEEDS YOU

If you would like to volunteer to join Cambourne Crier's editorial team, we'd love to hear from you!

Please email
editorial@cambournecrier.org
for more details





EDEN

LUXURY TRAVEL

When it comes to luxury travel, there's a whole world of possibilities out there for your next luxury holiday. And with **Eden Luxury Travel**, you've access to some of the planet's most spectacular – and less-discovered – destinations; what we believe, hand-on-heart, to be the greatest collection of hotels in the world; with a range of experiences that dig just that little bit deeper to help you uncover a realm of unexplored gems, captivating cultures and otherworldly wonders.

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WHAT'S ON & COMMUNITY - IN AND AROUND CAMBOURNE



CHRISTCHURCH CAMBOURNE

Carol service

A short carol service followed by refreshments and children's crafts

Sunday 16th December
4pm
Cambourne Village College



friends of Monkfield Park

Xmas Family Bingo

FRIDAY 7TH DECEMBER
6PM-9PM EYES DOWN - 6.30PM
£3 Entrance/Per Book - 6 Games

For tickets email: friends@monkfieldpark.org.uk or visit our facebook page

Cambourne Community Gospel Choir

Are singing in The Monkfield Arms on
Wednesday 19th December at 7.30pm

So who are we? Simply a group of people who enjoy singing and each other's company...

As Laura explains: "Moving to Cambourne not knowing anyone and working full time I have found it difficult to get to know people; but for me, attending Cambourne Community Choir has made Cambourne feel like home."

"No matter how tired or spent I may feel on a Wednesday, coming out of choir I always feel euphoric, joyful and energised. CCC welcomes everyone with a passion for singing and we delight in being together as a community."

Please do join us at the Monkfield Arms for some Christmas cheer and a sing song!

Home-Start Cambridgeshire's aim is for every child to have the best possible start in life



The charity supports families across the county who are going through difficult times. We are in an exciting period of change and are keen to appoint two Trustees who are passionate about supporting families with young children, keen to make a difference, creative and who enjoy being part of a team.

Both will be enthusiastic promoters of the charity and will be able to give time and energy to their role. Ideally one of them would have significant experience in HR.

Contact the office on 01480 700242 or email office@homestartcambridgeshire.co.uk

www.homestartcambridgeshire.co.uk

Volunteer Drivers and Volunteer Van Crew are needed at Cambridge Re-Use



Drivers and van crew are wanted to join our dedicated team.

You will be delivering/ collecting furniture to and from customers' homes.

Drivers do not need to lift, van crew need to be physically fit and able to lift.

We offer travel and lunch expenses, 25% discount and free delivery on any purchases made from the charity. Most importantly a warm friendly atmosphere with tea, coffee and biscuits, and sometimes donuts!

For further information on how to apply please contact Cara (Manager) on 01223 414554 or email cara@cambridgereuse.org.uk

Make a New Year's resolution to connect with YOUR community!

Care Network is a local charity that puts people at the heart of everything it does. Volunteers offer practical support and information to help people stay healthy, independent and in touch with their communities.

Do you know an older person or an adult with a disability who needs a little extra help to stay independent at home, is looking to socialise more or wants to find out what support is available locally? Perhaps you have an idea to set up a local community group but need advice to get it up and running.

Care Network can help, so do just get in touch, we'll be delighted to hear from you. Take that first step to a New Year, New You today - it could be the start of something more.

For information on accessing services or volunteering with Care Network take a look at <https://care-network.org.uk> or call 01954 211 919



For events in Cambourne

www.cambourne.info/events



Cambourne
Community Website