

CAMBOURNE CRIER

www.cambournecrier.org
facebook.com/cambournecrier
editorial@cambournecrier.org

Light Up Cambourne, Christmas is on the way!

CHRISTMAS STARTS IN

CAMBOURNE on Saturday 24 November as voluntary committee Light Up Cambourne hold their 5th annual light switch on event.

The market square outside Morrisons is the place to be from 5pm as the build up begins for the big light switch on after 6 o'clock. Jez-O will once again be on hand to comper the evening, providing fun and laughter for the kids and introducing some of the area's best music talent.

Santa, Mrs Claus and their elves will also be in attendance, as Christmas Grotto returns - arrive early to book your chance to have a 'selfie with Santa' for £2 per child.



There will be free mince pies and mulled wine (warm squash for the kids) available alongside hot dogs from local business Erins 'Ogs.

Your child could be the star of the show as the winners of Light Up Cambourne's children's drawing competition will get the honour of switching on the lights alongside Jez-O. Winners will be notified on the night with all the entries displayed in the Light Up Cambourne marquee - where you'll also find glow sticks and santa hats for sale and next door, the 2019 Cambourne Views Calendar will be on sale.

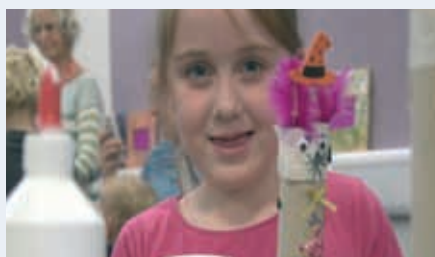
For more information visit Light Up Cambourne on Facebook.



Application submitted to bring Starbucks to Cambourne

MORRISONS IN CAMBOURNE has submitted a planning application to South Cambridgeshire District Council to build a Starbucks drive thru' coffee outlet. The new building would be located adjacent to Home Bargains and Just for Pets. Although the development would result in the loss of 57 car parking spaces, a further 57 new spaces will be provided. The current refuse / recycling area opposite Home Bargains would also be relocated. You can view and comment on the full application here: <http://bit.ly/2ytCCD5>

BUSY SQUIGGLERS



More than 350 people attended the 2018 Big Squiggle.

■ Find out more on page 4

Festival of Languages

Cambourne observed the first Festival of Languages on Sunday 21st October at the Hub.

■ See page 10 for more details



TENNIS SUCCESS



Father and daughter team Arif and Neha Kibria have won the Regional Finals of the Quorn Family Tennis Cup

■ See page 32 for details

CAMBOURNE CRIER

Cambourne Crier is the only independent, non-profit publication delivered to all Cambourne residents each month. Any profits are distributed to the community through our Community Fund. Cambourne Crier is compiled entirely by volunteers. This month's editors were:

Tim Nash, Donovan Bangs, Renata Kovács, Paul Jobling, Darcy Simpson & Susannah Davies
Distribution: John Panrucker
Finance: Pam Hume

To advertise please contact:

Janet Dobson:
adverts@pendrill.net
 or (01480) 831066

For leaflet distribution contact:

John Panrucker:
delivery@cambournecrier.org

Editorial submissions:

Submissions for the December 2018 edition must be received by 9pm on **Sunday 11th November 2018**. Please email articles and photographs to editorial@cambournecrier.org
 By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you would like to join our editorial team, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

Our community fund enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group? Or are you thinking of setting up a new group and need some funding to get going?

Contact pamhume1@gmail.com for more information or download the application form at www.cambournecrier.org

CAMBOURNE PARISH COUNCIL

Fireworks & Christmas

The first Christmas Market that Cambourne Parish Council have organised will be held on Saturday 24 November, 11am – 3pm at the Hub Community Centre. We will be joined by a variety of Christmas stalls such as craft, baking, confectionary, festive plants and unique Christmas gifts. Hot mulled wine and mince pies will be available for a small donation, and to keep the kids entertained we will have Christmas craft tables in the meeting room. For more information on having a stall please email christmas@cambourneparishcouncil.gov.uk

Apprentice Office Administrator

Closing date for applications has been extended to Friday 9 November. Please see vacancy notice for more information, or email office@cambourneparishcouncil.gov.uk

Road Closures Fireworks Night

Part of Back Lane, between the High Street and Sterling Way will be closed from midday until approximately 10pm on Saturday 3 November. Please support your local community event and be sure to donate as it is free to attend! It is advisable to walk as there is no parking. Cars can be parked at Morrisons and The Hub car park.

Remembrance Day Parade

The Remembrance Day Parade is being held Sunday 11 November at Cambourne Church. The parade will begin at 10.30am



from the new cricket pavilion and continue down Eastgate to the rear of Cambourne Church. The service will begin at 10.45am. Therefore, Eastgate will be closed from the morning until mid-afternoon. The committee need marshals to assist with the parade and volunteers to assist with serving refreshments after the service. If you can offer some time, please contact the Cambourne Church 01954 710644

Calendar of Meetings

6 November, 7pm: Planning Committee, Council
 20 November, 7pm: Planning Committee, Leisure & Amenities
 4 December, 7pm: Planning Committee, Council
 Residents are welcome to address the meeting before it formally starts on any matter on the agenda. If you have something else you'd like to raise, please contact the Parish Clerk at least 10 days beforehand.



The Parish Office: The Hub, High Street, Cambourne, CB23 6GW
 Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403
 John Vickery, Parish Clerk: clerk@cambourneparishcouncil.gov.uk
 For all other enquiries: bookings@cambourneparishcouncil.gov.uk

Cambourne views calendar will be available to buy in early November

On sale from the library, the Hub and the light switch on event.
 All proceeds go to Light Up Cambourne

Runners brave the rain to tackle Cambourne 5k race

CAMBOURNE 5K: Sunday 14th October saw 131 runners take part in the second Cambourne 5k running event. Despite pretty heavy rain and less than ideal conditions the runners seemed to enjoy the event and many ran PBs.

2017 winner Ty Farrer broke his course record to be first man again. First woman was Lucy Mapp who also broke the ladies course record. First under 11 was Alexander Smith and first under 16 was Tobias Turl.

Husband and wife team Alan and Rachel Pritchard organised the event. "We believe in a healthy fitness lifestyle to improve both physical and mental health regardless of age and gender," said Rachel.

Rachel, who lives in Cambourne, wanted to offer a more accessible race to

those just getting into the sport or who were looking at setting a goal that wasn't as far as 10k or a half marathon.

"The 5k route goes through the Wildlife Trust land which is a real asset to the race and Cambourne itself. This year again they were our chosen charity and we have worked with them and the parish council to build a real local community race that embraces all aspects of peoples fitness and goals. We welcome 45 min runners as much as we embrace a sub 18 minute runner," added Rachel.

Runners received a medal and an energy bar donated by sponsor Clif products at the end. Prizes including first local resident were also awarded.

"We are proud to be supported by Injury Active who were on site to offering free massage and advice on injury prevention



and strength training to help benefit running.

"Many thanks to everyone that took part and braved the rain and we hope to see even more people involved in next years event! Keep an eye on the website for further details."

The 2019 race will see the introduction of two new categories - for girls under 11 and 16. www.cambourne5k.co.uk

DOGS DAY OUT

Sunday 11 November
10am-4pm
Free entry

The ultimate day out for dog lovers. Come along to the indoor arena at our Godmanchester Centre and join in the fun.

- Fun dog show
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Find out more at woodgreen.org.uk/events
call: 0300 303 9333 ext. 1281
email: community@woodgreen.org.uk

COMMUNITY



Cambourne gets busy squiggling!

THE ORGANISERS OF THE BIG SQUIGGLE would like to say a big thank you everyone (almost 350 people!) who came along on a wet Saturday afternoon. This was more than three times the number of attendees in 2017.

preparing materials and advertising the event - and on the day: setting up and running activity bases, welcoming visitors, serving refreshments and taking photos; and after the event, helping to put everything away and leave the Blue School

"We were delighted by the wonderful artistic creations that were inspired by the event. See you again for more fun next year!"

With more than 18 activities spread over three rooms and refreshments, there was plenty to do, and the last visitors seemed reluctant to leave at closing time!

"It did get very busy at times and certain bases ran out of equipment," said Fran Panrucker, "but as we were only anticipating 100 visitors, maybe we can be excused this time!"

"We were really grateful to the generous people who donated the yummy cakes and hot dogs, which also went down extremely well!" Fran added. "Big thanks of course to all the volunteers, over 20 willing people who put in the work beforehand – plotting, planning, collecting and

tidy. This year we were also very lucky to have the help of scouts and scout leaders from Cambourne 1st Scout Group."

The team also thanked CHS which generously gave funds to supplement the equipment bank this year. The money from refreshments and donations will be shared between funding for next year and an art-based mental health charity, yet to be confirmed.

"A big thank you also to Cambourne Parish Council and staff for their continued support in providing the venue, furniture and crockery and enabling us to keep this a free-entry community event," said Fran.



Photographs by Sarah Kidson & Rowan



COMMUNITY

Police cadet leader receives commendation

CAMBOURNE CADET SERGEANT

Alice Draper received a South Area Commander's Commendation "for her dedication, outstanding leadership and commitment to the South Cambs Cadets"

last month. Alice has been a police officer for 12 years and a cadet leader in Cambourne for two years.

She has volunteered her own time to set up and lead the South Cambs cadet troop and now runs an evening session every week with more than a dozen police cadets.

Alice said: "Being a cadet leader is a great way to engage with young people in your community ... you see them develop and grow in confidence, skills and abilities and you see how happy it makes them."

The citation noted that without Alice's long-term and ongoing commitment the cadet troop would not have lasted.

Alice has been chosen to represent the force at the Cenotaph on Sunday 11 November in recognition of her services to the force. For more information about becoming a cadet leader, email cadets@cambs.pnn.police.uk



Brownies are pizza perfect

3RD CAMBOURNE BROWNIES

have enjoyed a fun first half term back after the summer holidays.

We have been busy completing our toy maker badge including making jigsaws and sewing puppets.

However our favourite meeting has to be pizza making at the Monkfield Arms.

We are also busy doing our Smartie challenge fundraiser – the Brownies are undertaking good deeds and jobs for their friends and family. In return they earn 20p to pop in their Smartie tube. The next step will be a Brownie shopping trip



to spend the funds raised on Christmas supplies for Cambourne food bank - we are very proud of our girls for suggesting this term involved a Christmas fundraiser and appreciate the support of their friends and family. For more information about girl guiding please visit www.girlguiding.org.uk



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As the children return to school it's nice to give them some old fashioned good food. What could be nicer than our handmade sausages made with free range Suffolk pork, served with a pile of creamy Maris Piper mashed potatoes and a rich onion gravy?



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COMMUNITY

Neighbourhood policing team

"We rely on all residents reporting their anti-social behaviour concerns to assist us in directing and prioritising our patrols"
- PCSO 7269 John Coppard



THE NEXT POLICING SURGERY will be held on Saturday 1st December between 2-4pm at the Morrisons in Cambourne. As always I will be located in the entrance foyer close to the main car park located off Back Lane.

I will be discussing keeping valuables / Christmas gifts and your homes safe at this event.

We have received calls for service regarding sheds / outbuildings being broken into and garden tools stolen from within. Please lock up and mark up your property; www.immobilise.com is a free, secure personal property register which can assist in protecting your valuables.

The calls for ASB (Anti-Social Behaviour) seem to have dropped in recent weeks, but if you wish to report these or any other issues you can now do this via www.cambs.police.uk.

Following a recent meeting with your parish councillors, the question 'what do

residents understand by the term anti-social behaviour (ASB)?' was raised.

Cambridgeshire Constabulary define it as any aggressive, intimidating or harmful activity that damages or destroys another person's quality of life. We work closely with partner agencies, including local councils, to target and tackle anti-social issues within our communities so that offenders face justice and victims receive a better quality of life.

Examples of anti-social behaviour include; rowdy, noisy behaviour, night time noise from houses or gardens - particularly between 11pm and 7am, threatening and/or drunken behaviour, vandalism, graffiti and fly-posting, dealing or buying drugs on the streets, littering and/or fly-tipping, setting off fireworks late at night and abandoning cars on the street. We rely on all residents reporting their ASB concerns to assist us in directing and prioritising our patrols, and

would rather a matter be reported than us miss it. If in doubt, please report it!

Our website provides a simple method of reporting concerns 24/7 via www.cambs.police.uk/report/Report-Shared/Report-a-concern with an ASB report taking approximately 10 minutes to complete. Further information on ASB can be found at www.cambs.police.uk/information-and-services/Anti-social-behaviour.

Local councils also play a key part in dealing with anti-social behaviour issues that aren't criminal offences, such as abandoned vehicles, and they can be contacted from the following links: www.scambs.gov.uk & www.cambridgeshire.gov.uk

Alternatively, if you wish to report issues anonymously you can via Crime Stoppers at www.crimestoppers-uk.org/give-information

PCSO 7269 John Coppard

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COMMUNITY

One appt: 10 minutes

MONKFIELD MEDICAL PRACTICE: Your GP only has a limited time to spend with each patient; we therefore kindly ask that all patients consider how they use this time.

We often hear, 'this is my only visit this year so I have stored up my list'. The average GP appointment is 10 minutes, which is relatively short even just for one problem, let alone a list.

It takes time to get to the doctor's room, sit down, tell the history, perform an examination, explain, discuss, advise and treat, there is often no time left to write up notes, fill out forms, dictate referrals or speak to other team members for advice.

Our GPs will try to establish in the appointment the most important clinical issues to address, however may ask you to rebook an appointment at a later date for your other problems. You are also always welcome to book double appointments if there are multiple issues that you need to raise.

We are aware that booking an appointment with the doctor is sometimes difficult and that patients often 'save up' their problems and present them all at once to the doctor. This can cause clinicians to run late and feel pressure to rush when actually they need to ensure all our patients have the appropriate time and attention and reduce any risk of mistakes and provide safe care, which is always our aim.

If you would like to provide the practice with feedback please consider becoming a Patient Participation Group Member:
www.monkfieldpractice.co.uk/ppg.aspx

New book launch news

CAMBOURNE LIBRARY: The Reading Agency and the Society of Chief Librarians have produced a new collection of books for common mental health conditions.

This was launched on 10 October with the intention of raising awareness of mental

health, to signpost people to helpful resources, and to show our commitment in supporting health and wellbeing initiatives.

You can borrow books from one of these collections at Cambourne and take any of the leaflets on display in the library.



■ Congratulations to all Summer Reading Challenge finishers

Kingsdale

www.kingsdale.co.uk

Cavendish Court, Cambourne Cambridgeshire

This full service development benefits from a central location in Cambourne. It was built to a high quality by Bovis Homes Ltd in 2003 and comprises of a mixture of 48 one and two bedroom apartments.

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The Management Team welcome viewings.



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COLUMNISTS



HEIDI ALLEN
MP FOR SOUTH
CAMBRIDGESHIRE

East-west transit and your thoughts on Brexit

I've received a number of emails wanting to know more about the Oxford to Cambridge railway project, crucially asking which route it will take. At a meeting I hosted with the East West Rail company last month, they reassured me that no decision has yet been taken, though route options are anticipated towards the end of the year. I have been clear, that in line with the National Infrastructure Commission's view, I support a route that is aligned with the A428 corridor which would include much needed transport connections for Cambourne, I do not agree with a route that cuts through the south of the

constituency, not least because this part of South Cambs is already well served by the Kings Cross line. I will of course let you know as soon as I have any updates.

Whatever your views on Brexit, I think we all know the next few months will be critical. As negotiations reach their climax, I have decided to hold further public meetings to hear your views and answer any questions. Pre-registration will be required to manage numbers attending, so please look out for further details as they are posted to my website in the coming weeks.

■ *Details of forthcoming surgeries can be found at www.heidisouthcambs.co.uk. You can phone my Westminster office on 020 7219 5091 or my constituency office on 01223 830037 for local concerns. Email: heidi.allen.mp@parliament.uk*



**SHROBONA
BHATTACHARYA**
DISTRICT COUNCILLOR

The Cambourne community

We must have a good transport system within Cambourne and I have discussed the community minibus, taxi-card scheme and more community car schemes with the District and Parish Councils.

The No. 4 bus stops its service at Upper Cambourne in the evening, whereas the same service continues at Great and Lower Cambourne until midnight. I am collating emails and signatures from the residents to discuss with Stagecoach Bus service so they can also serve Upper Cambourne later at night. Please email me to have your say.

I also organise community events at regular

intervals for the people of Cambourne to meet their neighbours and residents regularly. The cookery club and International dinner helps new-movers to find new friends. The Kerala flood relief fund raising event raised £600.

I also organised the workshop on artificial intelligence along with innovative design thinking during October at The Hub.

I am constantly trying to create opportunities for the children and youth to unfold their potential interest in the STEM to become more collaborative, critical and creative thinkers. This includes the workshops and the Electronics club where more than 80 children and their parents are passionately involved in science and technology.

■ *Contact me on Cllr.Bhattacharya@scambs.gov.uk or 07852753216*



CATHERINE PRICE
CAMBOURNE PARISH
NURSING SERVICE

Movember Moustache and what it means

This and every November is 'Movember' when you might see more moustaches than usual.

The *Movember Foundation* is a charity dedicated to men's physical and mental health and two of their key focuses are on:

Prostate cancer: The prostate is a gland located just below the bladder. In its early stages, prostate cancers may not cause problems.

However, symptoms can include problems in passing urine such as going more frequently, pain, trouble starting or stopping or weak urine flow.

Some of these problems may occur in normal

ageing but should still be reported to your doctor. There may also be difficulty or pain in normal sexual function or abnormal bleeding.

Testicular cancer: This is most common in young men aged 15 to 49 years, in particular those with a brother or father with the disease.

There may be no symptoms, however signs to watch for include changes or pain in the testicles or the scrotum including change in size or shape or a swelling or lump which may be painless.

There may be other causes but these symptoms should always be reported to your doctor. Regular self-examination of the testicles is important in identifying what is 'normal' or if something is out of the ordinary.

■ *Reference/ further information: Movember.com
Contact me: nurse@cambournechurch.org.uk*

COMMUNITY

Arts on prescription

ARTS AND MINDS: If you're feeling depressed, anxious or stressed, there's a free service that may be able to help you. Creative activities can help to promote well-being and relieve symptoms of depression and anxiety by offering a chance to relax and concentrate on something absorbing.

Arts on Prescription offers friendly, daytime workshops in local venues where you can try creative activities including drawing, printmaking and sculpture. It is not art therapy, although participants find it therapeutic. Beginners are very welcome, alongside people who have more experience of art. It is a mixed group where participants can try out different techniques, often working from drawings made of objects in museums.

The workshops are two hours long, once a week and led by professional artists and supported by a counsellor. The

counsellor is there in case anything comes up, but generally, the artist and counsellor co-facilitate the workshop by taking part in the creative activities alongside the participants.

The activities offer enjoyment and the chance to develop new skills in a supportive group environment.

The workshops are based within the Museum of Archaeology and Anthropology in Cambridge from 1-3pm on Tuesdays, and hosted by the Norris Museum in St Ives from 1-3pm on Wednesdays. For more information visit: artsandminds.org.uk/projects/arts-on-prescription

Please email mindsarts@gmail.com if you would like to participate, there is an allocation of ten consecutive weekly workshops from whenever you start.

Arts on Prescription is a service from the charity Arts and Minds.



■ The activities offer the chance to develop new skills in a supportive group environment



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COMMUNITY

FESTIVAL OF LANGUAGES



CAMBOURNE OBSERVED the first Festival of Languages on Sunday 21st at Hub Community centre.

Residents exhibited the historical facts of their culture, heritage, traditional practices, famous people, places, flags and their languages and scripts. Participants displayed their books, magazines, art items, dress and jewellery and made the handmade freebies for the visitors to take home. They also added colours with their regional music, dance and food.

County Councillor Mark Howell showed the techniques of sign languages to the people of Cambourne. He said: "The Language Festival was an excellent idea

and a wonderful afternoon. Languages from around the world in one room with a common goal of sharing and expanding people's knowledge. A truly special time which I hope will be repeated for others to enjoy."

The speakers of Slovenian, Assamese, Hindi, Italian, Tamil, Russian, Estonian, Kannada, Spanish, Marathi, Mandarin, Cantonese, Bangla, Catalan, Japanese, Urdu, Sindhi, English, Greek and Bulgarian along with Sign language and Slovenian Braille presented their languages and techniques in the festival.

Cambourne resident Darcy Simpson said: "There was a great jolly atmosphere and yummy food. We met some really friendly people and had interesting chats at our English table and at the other language tables. We learnt a lot! The music and dancing was fun too. It was quite a party!"

Councillor Shrobona Bhattacharya who conceived the idea of the festival said: "We have a great diversity in Cambourne, the language festival provided a platform to contribute towards knowledge and information to showcase the diversity of different cultures."



Cambourne children learn about AI, innovation and design

CAMBOURNE ELECTRONICS AND ROBOTICS CLUB (CERC): On Sunday 21st October, more than 35 kids aged between 5 and 14 participated in a Cam Care UK workshop in the Hub.

CERC members and other interested children learned about Artificial Intelligence, Innovation and Design. Dr Sujit Bhattacharya organized the workshop and explained how artificial intelligence works with simple examples from nature. Fellow Cambourne resident Doroteja Maklin, an innovation consultant who helps corporates improve innovation processes, led a workshop on design and innovation and shared her expertise with the audience to empower villagers in Cambourne towards entrepreneurship and innovation.

The children learnt how to collaborate and think creatively through the Marshmallow challenge by creating the highest freestanding structure using only basic materials as well as what is innovation and what design.

CERC is a free activity in Cambourne open for new members to join. Contact shrobona@gmail.com or 07852753216 to join the club.



DISTRICT COUNCILLOR DR SHROBONA BHATTACHARYA has been shortlisted in the digital and technology category of the 2018 Councillor Achievement Awards.

The annual Awards honour the hard work of councillors from

across the country that often goes unrecognised.

There were almost 200 nominations across the nine categories which also include Leader of the Year, Young Councillor of the Year and Community Champion.

Winners will be announced at the Awards Ceremony, which takes place on Tuesday 6th November at the London Guildhall. The winners will be selected by a group of judges made up of local government experts and councillors.



EDUCATION

Anyone seen a dinosaur?



HARDWICK & CAMBOURNE PRIMARY SCHOOL: It has been a great start to the year - the children have settled in well to their new classes and have already experienced some exciting adventures. In Years 1-2 the children found some mysterious dinosaur eggs on the school field. They were looking after them in their classrooms until one morning

they came in to find the eggs had hatched, but no dinosaurs were to be seen. They had to investigate and work out what had happened to them. The children also visited the Paradise Wildlife Park to come face to face with some fearsome dinosaurs.

Years 3-4 have been learning about Sunny Hunny and as part of their topic they visited Hunstanton to explore the Sea Life Centre where they learnt about marine animals and ecosystems around the world. This was followed by a visit to a fish and chip shop!

There will be further trips scheduled throughout the year including a visit to the Imperial War Museum in London as part of years 5-6 topic on Fighting for Freedom and a visit to Audley End by Reception where they will meet Santa.

Tiny tots get dancing

CAMBOURNE PRE-SCHOOL: The new term has got off to a good start including a new weekly session of dance classes. These classes are run by the 'Tiny Tots' pre-school dance company.

Natasha will visit the Pre-school each Monday to deliver the music and movement group. We are excited because these will offer children the chance to develop physical skills and social skills such as taking turns, sharing space with others, listening; vital skills leading up to being ready to start school.

The Pre-school would also like to welcome Iwona Wyspianska to the team, who



has already settled into the team well.

Cambourne Pre-school is a committee based and charity status setting therefore, we welcome support from the local community, for anyone interested in joining the committee or who feels they have a skill they could lend please do contact us: Tel: 01954 715150 Email: office@cambournepreschool.org.uk

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clcoffice@monkfieldpark.cambs.sch.uk
01954 273301
www.monkfieldpark.cambs.sch.uk

EDUCATION

Monkfield year 3 pupils become Pharaohs and mummies

MONKFIELD PARK: The reception children have been following the theme 'Magical Me'. They took a walk around Cambourne to compare the various styles of houses, spotting similarities and differences, shapes in the buildings and recognising letters and numbers in their local environment.

Year 1 have enjoyed learning about animals as they classified them as mammals, birds, fish, reptiles or amphibians.

Year 2 have been exploring the micro habitats in our school grounds in addition to making use of our amazing local facilities through their visit to the Nature Reserve.

Year 3 became Pharaohs and mummies for their Egyptian WOW day, learning how to mummify pharaohs and writing secret messages using hieroglyphics. They learned how to make humus from scratch and built towers to house the tombs.

Year 5's dancing from around the world, including Polka, Samba and line dancing, is a great example of how we link our learning through our topics.

In Year 6, they have tasted a variety of fruits in preparation for making their own St. Lucian smoothies.



Alongside these activities, we held our annual harvest festival collection for Jimmy's night shelter and received the 'Silver' Eco award for our eco club as well as the prestigious 'Gilt' Primary Science Quality Mark, showing how established science leadership is having a sustained impact on science teaching and learning across our school.



My home education looks like this

EDUCATING OTHERWISE: At the moment in my family we have been learning about the Stone, Bronze and Iron ages. While we were learning about the Stone Age, we made huts for a Lego Minifigure using twigs, insulation fluff as animal fur and some string to tie the twigs together. It was very fiddly.

When we were looking at the Bronze age, we built a huge round house using junk modelling. We set it up with lots of things they would have used then, including

pottery, crossbows, a spear, a couple of swords, four dogs and some farm animals. We also set up some Roman soldiers including Julius Caesar trying to cross the English Channel. Once we got to the Iron Age, my brother and sister and I made pots and shields out of clay. I am finding the history of our country really interesting.

We're also going to Stonehenge, in Wiltshire, next weekend to learn even more.
Elijah Cathie, aged 10

Vine supports Jimmy's with Harvest Service donations

VINE PRIMARY SCHOOL: This year at our annual Harvest Service we were able to donate our contributions of food, drinks and toiletries to Jimmy's Night Shelter in Cambridge. We are so grateful to our Vine families who collected over 2000 items and raised over £250 in monetary donations.

We were also supported by The Co-op which donated 26 gift bags of groceries and toiletries to the residents at the hostel.

Also this half term, volunteers from AstraZeneca came to do a "makeover" to

our FS2 courtyard. They spent their day working very hard to make it a special place for the children to learn in.

Jobs included: staining the wood, moving and painting the shed, creating an amazing herb garden using bark, tyres and soil, painting the sand pit, creating a 'water wall' using the old wooden fences and some drain pipes, as well as weeding and sweeping the whole area.

The children have loved exploring. A special thanks also to the Vine Volunteers who have funded the project.



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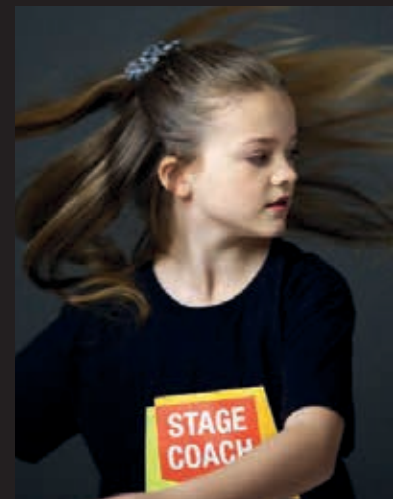
01223 359974

cambridge@stagecoach.co.uk

stagecoach.co.uk/cambridge



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WHAT'S ON

South Cambs Child and Family Centre

Mondays

Lets Get Physical - Blue School, 10-11am, ages 0-5, £2, (term-time only)
Bumps to Babies - Cambourne Child & Family Centre, 1.30-3pm, 0-mobile free

Tuesdays

Keeping Up with The Children: Maths - Blue School, 9.45-11.45am, started 30 Oct, 6 weeks, free
Basic English Beginners - Blue School, 9.45-11.45am, started 30 Oct, 5 wks

Wednesdays

Stay & Play - Blue School, 10-11.30am, ages 0-5, £2
Multiple Births Group - Cambourne Child & Family Centre, 10-11.30am, 1st & 3rd Weds only, ages 0-5, free

Thursdays

International Group - Blue School, 10-11.30am, ages 0-5, free, (term-time only)
Toy Library - Blue School, 1-2.30pm, ages 0-5, 50p
Clothes Swap - Blue School, 1-2.30pm, 1st & 3rd Thurs only, free

Fridays

Busy Bees SEND group - Blue School, 1-2.30pm, ages 0-5, free (invite only)

Saturdays

Dad's Group - 3rd Saturday of the month, Blue School, 10-11.30am, ages 0-8, £2 per family

One-off Training Sessions

Paediatric Evening First Aid Course
 Thursday 29th November 6-8pm
 Cambourne Child & Family Centre
 £10 per person, booking required
Toddler Tantrums Workshop
 Wednesday 5th December 1-2.30pm,
 Free, crèche available

For info or bookings please contact:
 ChildAndFamilyCentre.South@cambridgeshire.gov.uk or 01954 284672.
 Find them on Facebook
<https://www.facebook.com/SouthCambsChildandFamilyCentre/>

Saturday 3 Nov & 1 Dec, 8.30-10.30am

Fathers' and Children's Breakfast

Cambourne Church
 Free. Donations welcome.

Saturday 3 November, 10-11.30am

Relax & Recharge

The Hub, Cambourne
 Energy medicine, mindfulness, meditation, reiki, massage. Free. Please book:
darcyjanesimpson@gmail.com

Saturday 3 November, 10am-2pm

Fertility Fayre

Bourn Hall Clinic, Bourn CB23 2TN
 Free advice from health support groups, therapists & fertility experts.
bournhall.co.uk/news-events

Saturday 3 November, 6pm

Cambourne Fireworks

Sports Fields, Back Lane, Cambourne
 Funfair & free mulled wine from 6pm. Fireworks at 7.30pm. Sparklers, hot food, bars

Wednesday 7 November, 7.30pm

Papworth Astronomy Club

Vinter Room, Vinter Close, Papworth
 Talk by John McEvoy from Northampton about the outer planets. Info on 01480 830729 or peter@cheere.demon.co.uk

Friday 9 November, 10.15am

Circular Walk

Meet at back of Cambourne Library
 Lifts available. pam.hume@ntlworld.com or Penny Flanagan 01954 200126.

Saturday 10 November, 11am-2pm

Street Rangoli

Market Square, Great Cambourne
 To celebrate Diwali. Food, art, music, handicrafts. Free. Bring your own colours.

Saturday 10 November, 6pm-midnight

Romsey Mill Charity Gala #1

Hallmark Hotel, Cambridge
 3 course meal, live band, dancing, competitions, fundraising. Black Tie. £55 pp
events@romseymill.org or 01223 566492.

Saturday 10 November, 7pm

Can You Dig It - DJ Set

Greens, Great Cambourne
 The Beat Brothers present a DJ set collection from the 60s (Beatles, Rolling Stones, The Who etc) plus Motown, Stax & Atlantic

Sunday 11 November, 10.45am

Act of Remembrance

Outside Cambourne Church
 Centenary of end of the First World War.
 Young people from local groups parade at 10.30am from Upper Cambourne Cricket Pavilion up Eastgate to church. Hot drinks & cakes after. All welcome.

Friday 16 November, 10.30am-12pm

Cambourne & District U3A meeting

The Hub, Cambourne
 A talk by Brian Dayton of Desert World on succulents. u3a.cambourne.org or fran@panrucker.eclipse.co.uk or 01954710858. For retired/semi-retired.

Sunday 18 November, 6-7pm

Free Yoga Workshop

The Hub, Cambourne
 Transformative tools from yoga and a guided meditation. Please bring your own mat. Register at www.ishafreeoffering.com

Saturday 24th November, 11am-3pm

Cambourne Christmas Market

The Hub
 Gifts, craft stalls, baking, mince pies, mulled wine, children's arts, festive plants
christmas@cambourneparishcouncil.gov.uk

Saturday 24th November, 5-7pm

Christmas Lights Switch On

Market Square, Great Cambourne
 Free mince pies & mulled wine, Santa's grotto, live music, JezO's entertainment, face painting, food stalls. Lights 6.15pm
lightupcambourne@gmail.com

Sunday 25th November, 10am

Sunday Walk

Meet Oaks Wood car park, School Lane
 Decide where to walk on the day. 07747 012245 or sandraccraft@waitrose.com

Sunday 25 November, 6.30-8pm

Encounter

Cambourne Church
 Christian worship & teaching for all ages.

Thursday 29 November, 4-8pm

NHS Health Checks

Cambourne Fitness and Sports Centre
 Full NHS health checks for over 40s. Free. Results go to patient's GP. 30 min appointments. Book: sports centre 01954 714070.

EVENTS IN AND AROUND CAMBOURNE

Saturday 1 December, 2-4pm**Police Community Surgery**

Entrance foyer of Morrisons, Cambourne
Crime prevention advice.

Friday 7 December, 3-7pm**Wildlife Trust Christmas Fair**

Wildlife Trust, Broad Street, Cambourne
Wildlife-related gifts, artwork, binoculars,
children's activities, Christmas raffle.

Saturday 8th December, 7.30pm**BIG DEAL COMEDY**

Upper Cambourne Cricket Pavilion
Stand up comedy night. £7 per person.
Please book: www.bigdealcomedy.co.uk

Tuesday 11 December, 6-8pm**Christmas Market**

Cambourne Business Park
Winter marquee, fairy & festoon lighting,
arts, crafts & festive stalls, draught beer,
cocktails, roast chestnuts, mulled wine &
mince pies, munich-style tables & benches,
fire pits, christmas music.

Councillor Surgeries**The Hub Cambourne. Drop in.**

Gavin Clayton (District)
Thursday 8th November 6.30-8pm
Ruth Betson (District), Shrobona
Bhattacharya (District), Evelyne Spanner
(Parish) & Mark Howell (County)
Saturday 24th November 10-11am

MONDAYS**Watercolour Class**

7-9pm in the new Cricket Pavilion.

South Cambs RC Car Club

7pm Papworth Village Hall.

Cambourne United Football Club

8-9pm Cambourne Village College: Ladies

TUESDAYS**WW2 Aircraft Club**

First Tuesday of the month in Cambourne.

Cambourne Tae Kwon Do

Beginner classes for all at Vine School.

Cambourne Open Minds

1st Tuesday of every month 7.30-9.30pm.

WEDNESDAYS**Watercolour Class**

10am-12pm in the Sports Pavilion.

Timebank Coffee Morning

1st Weds of the month 11am in Cafe 19.

Cambourne Youth Clubs

Year 7-8 3.30-5pm, Year 8-10 5.30-7pm,
Year 10+ 7.30-9pm at Cambourne Soul.

Cambourne Tennis Club

Social tennis session. 7-10pm.

Cambourne Runners ARC

Meet at the Hub 7.10pm.

Photography group

3rd Weds of the month 7.30pm The Belfry.

Cambourne Community Gospel Choir

7:30-9:15pm in term-time Old Blue School

THURSDAYS**Home Educators Multisports**

5-8 yrs: 12.30-1.30pm, over 8s: 1.30-
2.30pm at Cambourne Fitness & Sports.

Cambourne Rugby

6:45pm on all-weather pitch. All abilities.

Singaround

First Thursday of the month 7.15-8.15pm.

Cambourne Netball Club

7.30-9pm senior squads at Sports Centre.

FRIDAYS**Cambourne Health & Wellbeing Club**

Alternate Fri (16th & 30th Nov) 10.30am
-12pm. Older adults. Old Blue School.

SATURDAYS**Cambourne Runners ARC**

Meet 8.50am at the Hub.

Cambourne United Football Club

9-10am girls & boys on Cambourne 3G.

SUNDAYS**Cambourne Tennis Club**

2-5pm. Social tennis session.

Cambourne Electronics & Robotics Club

Alternate Sundays (4th & 18th) in the Old
Blue School. 2pm seniors, 3.30pm new.

Cambourne Raptors Basketball Club

Open scrimmage 6-8pm at CVC.

SEE P16-17 FOR GROUPS'**CONTACT DETAILS****Events in
Cambourne Library****Book Launch News!**

The Reading Agency and the Society of
Chief Librarians have launched a new
collection of books for common mental
health conditions to raise awareness,
signpost people to resources & show
our commitment in supporting wellbeing
initiatives. Borrow books & take leaflets.

'The Library Presents' Arts Events

A county-wide programme with events
for all. Cambourne Library hosted a
mosaic workshop & 'The Lady Chillers'
professional storytelling. Still to come:
Samba Drumming: Thurs 15th Nov
6-8pm, £5 standard £2.50 concessions
(sold out but please enquire for returns)
A Taste of Latin: Fri 7th Dec 7-8.45pm,
Tickets available £7 (£4/£5 concession)
To volunteer to help set up for events
thelibrarypresents@cambridgeshire.gov.uk
Book tickets at Cambourne Library,
Cambridge Live box office 01223 357
851 or www.cambridgeshire.gov.uk/arts

Learning Disability Drop In

5th, 12th, 19th, 26th Nov 11am-1pm

Engage in the Afternoon

Wednesday 7th Nov 2-3.30pm
"Glimpses of Cambridge" - Honor Ridout
Wednesday 5th Dec 2-3.30pm
"Malice Domestic" - crime writers Nicola
Upton & Mandy Morton.

Rhymetime/Storytime

Alternates every Friday 9.30-10am com-
mencing with Rhymetime on 9th Nov.

Cambourne Lunch Bunch

Wednesday 14th Nov 12.30-1.30pm
Looking for new members. Meet 2nd
Wed of every month.

Words for Pleasure

Thursday 6th Dec 1.30-3.30pm
Phone Pat on 01954 718836 or turn up.

Family History Drop In

Monday 17th Dec 1.30-4pm
Drop in or book an appointment.

Please ask at reception for more info.

GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858
fran@panrucker.eclipse.co.uk
www.cambournearts.btck.co.uk

Cambourne Children's Centre:

01954 284672 cambournechildrenscentre@cambridgeshire.gov.uk

Cambourne Love Justice Group:

Len Thornton: 01954 710370

Cambourne Crescent:

www.cambournecrescent.org

Cambourne experimental cookery club

Member organises only one dinner and attends many at others. Fundraising finale dinner for a local charity at the end.
shrobona@gmail.com / 07852753216

Cambourne International cookery workshops

shrobona@gmail.com / 07852753216

Cambourne Electronics and Robotics Club

Runs on alternate Sundays
shrobona@gmail.com / 07852753216

Network Business Breakfast:

Jo Christy hello@stirupmedia.com
 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm
 Pat Callaghan 01954 718836

Watercolour classes There are currently two tutor-led classes for watercolour painting in Cambourne, one on Monday from 7-9pm, meeting in the new cricket pavilion and the other on Wednesday from 10-12pm in the Sports Pavilion. Both of these groups are full for this term, but if you wish to put your name on a waiting list, contact fran@panrucker.eclipse.co.uk

Children's art class

Please contact
fran@panrucker.eclipse.co.uk

Photography group: Beginner to advanced. Meetings on third Wednesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 www.flickr.com/groups/cambournephotographygroup/

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk

Timebank: 0300 111 3555 or Laura Papanikolaou 01223 713555

Crafty Ladies: Enid - (01954) 715292 or Edna - (01954) 717360

WW2 aircraft club:

Meeting in Cambourne on the first Tuesday of the month. Contact 01954 269 173 or iancameron692@gmail.com

Cambourne Birding Club

Recently started in Cambourne. Contact Ian Cameron on 01954 269 173 or email

iancameron692@gmail.com

Papworth Astronomy Club

Meetings at the Vintner Room, Papworth Everard, 7.30pm.

Contact Peter on 01480 830729 or peter@cheere.demon.co.uk

Friday walks: Walks are normally between 6 and 7 miles, don't worry if you don't have access to a car. Meet at the rear entrance to the library at 10.15am. Contact Penny Flanagan on 01954 200126 or pam.hume@ntlworld.com for next walk

Sunday walks: Next walk, 28 October. Meet at 10am in Monks Wood car park, School Lane. Contact Sandra on 07747 012245 or scalcraft@gmail.com for next walk.

Comberton Ramblers: We walk alternative Sundays from 10.15am, between 4-7 miles. New walkers welcome with up to two free walks. www.combertonramblers.org.uk

Singaround: All welcome. Singing just for fun. First Thursday of every month, 7.15-8.15pm. cambournesingaround@gmail.com

Cambourne Community Website Group

John Panrucker: 07734 258 059

hello@cambourne.info

www.cambourne.info/about

Cambourne and District U3A: Self-help organisation for semi-retired / retired people, providing educational creative and leisure activities. Members' meeting in the Hub on the third Friday of every month except August and December. www.u3a.org.uk or contact Fran Panrucker on 01954710858 or fran@panrucker.eclipse.co.uk

Story blog: Publishes real life stories of war, travel and human interest. If you have any of your own or of any close family, contact Tapti Roy on 07582016562 or taptibr@gmail.com www.pastconnect.net

Cambourne Open Minds: Meditation, laughter & self development. First Tuesday of every month 7.30-9.30pm. Suzanne: 07887 715555, SMJLANE@lifequest.co.uk

Cambourne Community Gospel Choir: Rehearses in the Old Blue School 7:30-9:15pm on Wednesdays. Just turn up and see if you want to come back for more. A donation of £1 per session is suggested towards costs. Find us on Facebook.

Child and Family Centre:

01954 284672 or
ChildAndFamilyCentre.South@cambridgeshire.gov.uk or

CHURCHES

Cambourne Church

Church office (in the Blue Space): 01954 710644. Mon / Tues / Thurs: 10am-12pm and 1pm-3pm. Wed: 10am-12pm. Fri:

Closed. www.cambournechurch.org.uk

Administrators and Church Bookings

Jacqui Huckle, Fleur Kerrecoe and Stacy Buwert
administrator@cambournechurch.org.uk
Youth Worker: Jonathan Buwert
 Tel. 07503 171869 jonathan.buwert@cambournechurch.org.uk

Children and Family Champion: Jane Brooks 07850 961000

jane.brooks@cambournechurch.org.uk

Parish Nurse: Catherine Price

nurse@cambournechurch.org.uk

Foodbank: Julie Whitbread

julie.whitbread@cambournechurch.org.uk

19 the coffee house: Manager Cilla Mills.

Open Monday - Thursdays 8.45am - 2pm;

Fridays 8.45am - 12 noon.

19thecoffeehouse@cambournechurch.org.uk

www.cambournechurch.org.uk

Peacehaven Baptist Church

Rev. Donovan M. Bangs:

Preachbrit@aol.com 01954 710510

www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am

Meeting at Cambourne Village College

www.christchurchcambourne.org.uk

Cambourne Catholic Community

Mass: Sat. 5pm, Tues. 12.15pm, Thurs. 7.15pm <http://cambournerc.com>

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719
mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585
www.cambournedental.com

Lloyds Pharmacy: 01954 718296

Monkfield Medical Practice:

01954 282153
www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793
candicelattimore@gmail.com

Cambourne Health and Wellbeing Club

A group for older adults. FREE.
 Alternate Fridays 10.30am - 12pm at the old Blue School site. Next meetings: 16 & 30 November. No booking required.
 Catherine Price: 01954 710644 / nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office: 01954 714403

office@cambourneparishcouncil.gov.uk

www.cambourneparishcouncil.gov.uk

Venue Bookings: 01954 714403

bookings@cambourneparishcouncil.gov.uk

GROUPS, SERVICES & CONTACTS

Pitch Booking:

Everyone Active at the Sports Centre

District Councillors for Cambourne:

Ruth Betson – cllr.betson@scambs.gov.uk
Gavin Clayton – cllr.clayton@scambs.gov.uk
Shrobona Bhattacharya –
cllr.bhattacharya@scambs.gov.uk

EDUCATION

Cambourne Village College:

01954 284000
thecollege@cambournevc.org
www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

Hardwick and Cambourne Community Primary:

Headteacher: Andy Matthews
School Office - 01954 719085
blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School:

Headteacher - Sue Wright
School Office - 01954 717180
office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Jarman
School Office - 01954 273377
office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

School Office - 01954 719630
office@thevine.cambs.sch.uk

Educating Otherwise: for local meetups & activities please join facebook group 'Home Education - Cambourne'.

Home Educators Multisports: Thurs during term time at Cambourne Fitness & Sports Centre. 5-8 yrs: 12.30-1.30pm, over 8s: 1.30-2.30pm. annettelesage@btinternet.com

PLAYGROUPS &

PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679
cambourne.babyandme@gmail.com

Cambourne Pre-school:

Donna O'Shea: 01954 715150
cam.preschool@btinternet.com

Carers And Tots:

cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning Centre:

Office: 01954 273301
cloffice@monkfieldpark.cambs.sch.uk

Sunflower Nursery: 01954 719440

SERVICES

Cambourne Library

Mon: 9am – 5pm; Tues: 9am – 1pm
Wed: Closed; Thurs: 4 – 7pm; Fri: 9am – 5pm; Sat: 9am – 1pm. Reception area open 9am – 5.30pm every week day. We also offer an e-book service and local

information. Free Wi Fi. We also sell stamps, books and children's wall charts. 0345 045 5225 www.cambridgeshire.gov.uk/leisure/libraries

Community Car Scheme:

If you need transport for a medical or social appointment and are unable to use public transport you can call us on:

07526 998 465 or e-mail: cambournecarscheme@gmail.com. Min. 48 hours notice.

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm
Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay

01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey – 01954 269328
Facebook: Cambourne Bowls

Cambourne Cricket Club:

Phillip Broadwith, Cambournecc@gmail.com / www.pitchero.com/clubs/cambournecricketclub

Cambourne Eagles F.C:

Secretary - Danny Brooks 07516 630552
secretary@cambourneeaglesfc.co.uk
www.cambourneeaglesfc.co.uk

Cambourne FC: www.cambournefc.org

cambournefc@icloud.com

Cambourne Netball Club:

Emma Smith - (01954) 710034
cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309
info@cambourneexiles.com
www.cambourneexiles.com

Cambourne Raptors Basketball Club:

Facebook: [cambourneraptorsbasketballclub](https://www.facebook.com/cambourneraptorsbasketballclub)
info@cambournebasketball.org
Twitter/Instagram: @CamRaptorsBball

Cambourne Runners: Weekly runs, all abilities on Saturday morning 8.50am and Wednesday 7.10pm from the Hub.
cambournerrunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Marianne Muldbjerg 07917 220977
mmuldbjerg@icloud.com
www.cambournetenniscub.co.uk

Cambourne Tang Soo Do Club

Mondays 6.45-8.15pm
www.cambournekarate-tangsoodo.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

Cambourne Tae Kwon Do: See facebook or stephenlacey73@gmail.com

Cambourne Karate School (AKS)

www.karateschools.co.uk / 07929 100612

Cambs Chargers Volleyball Club

cambschargers@gmail.com

Cambourne United FC

Chris Williamson 07900 674558
cambourne.united@gmail.com
pitchero.com/clubs/cambourneunitedfc

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC) Adam Kelly 2484df@aircadets.org

Cambourne Army Cadet force:

dc.cambourne@gmail.com
www.cambsacf.com

Cambourne Youth Partnership in partnership with Romsey Mill:

Weekly clubs for young people which are open to all. Most of the youth clubs take place on a Wednesday evening; Years 7-8 runs from 3.30-5.00pm, Years 8-10 from 5.30-7.00pm and for Year 10+ from 7.30-9.00pm. Community based youth work, engaging with small groups of young people and offering support through mentoring, sporting and music activities. For more information or if you would like to volunteer with us, please contact Jonathan Buwert at jonathan.buwert@romseymill.org or on 07503171869.

Cubs, Beavers & Scouts:

1st Cambourne: joininglist@cambourne-scoutgroup.org.uk

2nd Cambourne:

waitinglist@2ndcambournescoutgroup.org.uk

Guides, Senior Section,

Brownies and Rainbows:

Waiting list and volunteers girlguiding.org.uk
08001695901 childerley.dc@gmail.com

WASTE AND RECYCLING: Bin collection dates

Black bin:

Thurs 8 & 22 November, 6 December

Blue bin / green bin:

Thurs 15 & 29 November

A BETTER LIFE

Fiona H Drummond M.A. D.Hyp.

Psychologist & Clinical Hypnotist

Member of the British Society of Clinical Hypnotists

Member of the British National Register of Advanced Hypnotherapists

DEPRESSION - STRESS - ANXIETY - EATING DISORDERS - WEIGHT PROBLEMS -

PHOBIAS - CONFIDENCE - PANIC ATTACK - INSOMNIA - STOP SMOKING

- SEXUAL PROBLEMS - IBS - BAD HABITS - RELATIONSHIP PROBLEMS

Fiona is very well qualified psychologist and clinical Hypnotist who is experienced in the treatment of a wide range of physical, psychological and emotional problems. If you have a specific problem – just ask!

Based in Regus House, Cambourne Business Park, Great Cambourne

Telephone 01954 205084 email fhd@fionadrummond.com

Could Counselling or Psychotherapy Help You?**Is it difficult to get the help you need?**

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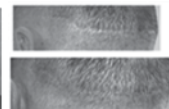
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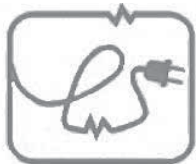
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Deadline for dropping filled boxes to
Cambourne Church is 8th November.

CAMBOURNE CRIER NEEDS YOU

If you would like to
volunteer to join
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Please email
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4,600 copies delivered free to Cambourne homes and businesses every month

NOVEMBER 2018

CAMBOURNE CRIER

www.cambournecrier.org facebook.com/cambournecrier editorial@cambournecrier.org

Light Up Cambourne, Christmas is on the way!

CHRISTMAS STARTS IN CAMBOURNE on Saturday 24 November as voluntary committee Light Up Cambourne hold their 5th annual light switch on event. The market square outside Morisons is the place to be from 5pm as the build up begins for the big light switch on the 24th.

There will be free mince pies and mulled wine (warm squash for the kids) available alongside hot dogs from local business Ernie 'Oggs'. Your child could be the star of the show as the winners of Light Up Cambourne's children's drawing competition will get the honour of switching on the lights alongside Jao-D. Winners will be notified on the 24th and their names displayed in the Crier.

COMMUNITY

Fabulous Fungi



**Bedfordshire
Cambridgeshire
Northamptonshire**

WILDLIFE TRUST: Where can you find a wrinkled peach and a yellow brain? A foray into any wooded area to discover the world of fungi is an absorbing pursuit as autumn yields to winter.

Nature reserves with even small amounts of trees or woodland will all have a wide variety of fungi to marvel at – some in trees as well as on the ground. Step into the Wildlife Trust's Oak Wood in Cambourne and go on your own fungus foray.

One of the most important groups of organisms on the planet, fungi are easy to overlook, given their largely hidden, unseen actions and growth. Together with bacteria, they are responsible for most of the recycling, which returns dead material to the soil in a form in which it can be reused. Without fungi, these recycling activities would be seriously reduced – we would effectively be lost under piles many metres deep of dead plant and animal remains; without these strange and fascinating life forms, neither we, nor the inhabitants of native forests, would survive for long.

Fungi have reproductive spores which are dispersed through the air. Under the cap of a mushroom are the spore-

producing gills, while a puffball is a sack of spores, just waiting to be prodded or for an animal or bird to tread on it, resulting in a puff of spores, like dust escaping from a split Hoover bag. The colour of the spores can be important in identifying the species of fungus – this can be given away by 'bracket-forming' species which grow from the side of a tree trunk, depositing a coating of spores on the bark beneath. Over the next couple of months, coated in ice crystals during frosts or snow, fungi can be a photographic treasure trove.

Of any fungus, the main body is usually hidden underground or on rotting wood – mushrooms and toadstools are only a small part of a much larger organism, and some fungus bodies can spread up to 15 miles across a woodland floor. Wintry wet dank weather helps to bring on the fruits of the fungi – the mushrooms, toadstools, brackets, puffballs and many other amazing shapes that these 'creatures' produce (recent genetic investigations have shown that they are nearer to animals than they are to plants), once they start to emerge from the ground, leaves or decaying wood. For more info please visit www.wildlifebcn.org/autumn



■ Fly agaric at Cooper's Hill by Jo Fowler (above). Porcelain fungi by Laura Osborne (below)



LEAFLET DELIVERY

If you want to get the word out about your business, we can deliver your leaflets to all 4,150 homes in Cambourne for just £165

Contact delivery@cambournecrier.org for more details

CHURCHES

Posada Celebration

It is November, and so our thoughts are turning towards Advent and all our Christmas preparations. At Cambourne Church we take part in the tradition of 'Posada' (Spanish for 'Inn') which has South American origins. During Advent, small figures of the Holy family travel around a community being hosted each night by a different family. The host family then take the figures on to the next host on the next day, finally arriving at Church on Christmas Eve.

Their real-life counterparts lived in the years around 0CE. Mary was engaged to Joseph when she was told by the angel Gabriel that she was going to become pregnant by the Holy Spirit. The angel said that the baby would be a boy, and that he was to be called Jesus. When the pregnancy was advanced, Joseph and Mary had to travel from Nazareth to the town where King David had lived, Bethlehem, to register in a census. Mary and Joseph probably travelled around 80-90 miles over a week or more.

As you prepare for Christmas, spare a thought for Mary and Joseph on their journey just over 2000 years ago - and think about others on journeys, and without adequate accommodation this winter. Do contact the church administrators if you would like more information about taking part in our Posada this year.

Jane Brooks, Children and Family Worker

- There is now a Salvation Army clothes recycling bank in the Church car park.
- Samaritan's Purse have launched their annual Operation Christmas Child in which we are invited to fill a shoebox with presents for children across the world. See samaritans-purse.org.uk/what-we-do/operation-christmas-child. Deadline for dropping boxes to Cambourne Church is 8th November.

Service times

Sunday 4th November
9.30 am Morning Worship
11 am Morning Worship

Sunday 11th November
9.30 am Morning Worship with Communion
10.45 am Act of Remembrance

Sunday 18th November
9.30 am Morning Worship
11 am Morning Worship

Sunday 25th November
10.30 am WOCES Joint service at Comberton Leisure
(No service at Cambourne Church)
6.30 pm Encounter



A partnership of the Church of England, Baptist, Methodist & United Reformed Church

www.cambournechurch.org.uk
@cambournechurch
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Who cares?

That is a question we hear a lot. We hear that people say they care. We hear from companies that they care but when something goes wrong some of them cannot be found. We hear from Westminster that they care, until after the vote is over. I mean words are nice but if they have no worth what use are they? We would like companies to stand by their product and fix any problems. We would like governments to have a clue and actually do what they said. Proof of caring

is often found in deeds. This month we celebrate Remembrance Day. A day where we celebrate the fallen of our nation's forces. Those individuals who stood against the enemies of our nation and said: here am I, send me. They pledged and backed it up with their lives. They cared for the family and freedom they had and for those that would follow. They did it for many reasons. Perhaps for God and country, perhaps for the hope of peace for their children and their children. They proved their dedication by the deeds done. This is what we wish to



■ **Pastor Donavan Bangs,**
Peacehaven Baptist Church

honour and remember. In the same way we teach on Sunday that there was another who stood for freedom. One who cares and said so and backed up his words with his deeds. Our enemy was not man but sin. Sin must be cleansed but the price of this

freedom was the shedding of blood. This really is the price of any true freedom. But not in anger but in love. 1John 4:9 In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him.

10 Herein is love, not that we loved God, but that he loved us, and sent his Son to be the propitiation for our sins. So then on that 11th month and 11th day and 11th hour. when silence falls across our blessed isle, remember those who died that you might live and proved that they cared.



PEACEHAVEN BAPTIST CHURCH. COME AND WORSHIP WITH US

Cambourne Community Centre, (The Hub), High Street, Great Cambourne, CB23 6GW

SUNDAY MORNINGS - 10 AM

SUNDAY MORNINGS - 11 AM

WEDNESDAY EVENINGS - 7 PM

Children's Sunday School & Adult Bible Studies (at the Hub)

Junior Church & Morning Worship (at the Hub)

Bible Study & Prayer Service (at the Pastor's home)

Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk

SPORT

United girls get running

CAMBOURNE UNITED: Our under 9 girls have got off to a great start in their opening season, and our under 11, 12 and 14 girls have all progressed to the next stage of their cup rounds.

Our boys teams in age groups 6,7 and 8 have also made an impressive start and are a welcome addition to our club family. We are excited to now be able to welcome a men's veterans team to the club who are training on a Wednesday evening 9-10pm on the 3G (behind Everyone Active); all abilities are welcome, currently £3 a session on a pay and play basis.

14 of our girls took part in the Cambourne 5K run on October 14th to raise money for their teams by getting people to sponsor



them. The weather was awful with heavy rain and wind but they all still took part and did the club proud. (Pictured are some of the girls who took part from our under 16's team)

December 1st we will be holding a fundraising event - keep an eye out locally and on our Facebook page for more details.

Winning family

CAMBOURNE TENNIS CLUB: We are very proud of our Father/Daughter team of Arif/Neha Kibria who won the Regional Finals of the Quorn Family Tennis Cup and then came 7th in the National Finals.

It's a competition where two family members play doubles against other families and the standard of play gets incredibly high so it was a huge achievement!

Social mix-in tennis sessions continue all



year around: Sundays 10:00-12:00 & Wednesdays 19:00-22:00. Nigel has taken our new "Social Tennis Organiser" role aimed at improving the quality of these sessions. He will ensure that

someone attends from the start of the session and has started a new WhatsApp group (in addition to the existing Facebook group) so we can share our attendance and reduce the chance of players waiting around. To join the group please give your number to Nigel on 07787 565045. Coaching for all ages and abilities continues throughout the winter. For ages 3 to 8, the second half of the season will be indoors whenever possible so youngsters can still get their exercise. Contact toby@gamesettennis.co.uk or 07972 149874 for info and booking.

Spartans top the leagues

CAMBOURNE SPARTANS Saturday team are top of the Cambs & District 'A' League after four games. Three wins and a defeat in the league and an enthralling 4:3 home win versus Cambridge Celts in the League Cup is an excellent start to the season.

The Sunday team also sit top of their respective 'A' League following four wins from four. Recent results include a solid 4 : 1 away cup win versus third placed Bar Hill and an 11 : 0 mauling of Witchford Colts on Sunday 14th October.

Spartans would like to thank the Parish Council Ground Team for their outstanding efforts that have produced the best pitches we have played on this season.

Every visiting team comments how superb the playing surfaces are.

Thanks also go to Annafield Group for kindly sponsoring the teams winter coats.

Cambourne Spartans FC are looking to secure a club sponsor; please send any communication to:

spartans-fc@outlook.com

#wearespartan

Cambourne Weightlifter aims for gold

After finishing third in her first-ever Olympic weightlifting championship competition, Tanya Sophocleous has set her eyes on the top prize in 2019.

Tanya, a 22-year-old sales manager at Cambourne Fitness and Sports Centre, qualified for the Under-23s British Weightlifting Championships and surpassed her own expectations by claiming a podium finish at the Phoenix Centre in Castleford - lifting a total of 113kg.

The British Under-23, 20, 17 and 15 Weightlifting



Championships is a Tier One competition, meaning it is the highest level of competition in Britain for lifters aged up to 23.

Tanya is now in training trying to qualify for the British Championships for a second successive year with the aim of claiming gold in 2019.

SPORT

Juniors shine in season

CAMBOURNE CRICKET CLUB:

Our Junior players have performed superbly this season, both in their own age-group teams, and stepping up to play open-age cricket.

This was the first year that Cambourne participated in the national Cricket All Stars programme, and we were delighted to welcome over twenty 5-8 year olds to

the club. The programme proved so popular that we extended it for several weeks beyond the official course. Many thanks to everyone who helped run the sessions - they will be back next season.

In age-group leagues, all our teams performed admirably, with particular mention for the under 13s, who won their division. Another highlight was the under 10 tournament at Waresley, in which Theo Pipe was named player of the tournament, despite being a couple of years younger than most of the others there.

This year it's been a pleasure to see so many colts and former colts making significant contributions in senior cricket. From those making their first appearances, to more than 10 former colts developing into key players across all teams. In our first outing in the midweek league, James Teale has stepped up to share the captain's role, and Callum McLean became the top run-scorer across all four divisions of the competition.

These junior players are the future of our club, and that future looks bright.

Eagles U13 show off new kit

CAMBOURNE EAGLES U13 are pictured with their new sponsor and kit, provided by Cambs Boot Camp. James has already run a session for the boys (and coaches), and with comments such as 'best ever', and 'that was hard, but we loved it', we're sure there will be more to come.

The Eagles U14's have made a strong start to the season, winning 2 and drawing 1 from 4 games played with the defence on top in the games so far. The boys are adapting well to the new 11 a side format and we look forward to seeing more goals in their upcoming matches whilst also welcoming Ethan to our playing squad.



For all enquiries please contact secretary@cambourneeaglesfc.co.uk - this includes children from reception and year 1 school age groups as the Eagles look to restart their Academy set up in the near future.

Winning start to the season for the Raptors

THE RAPTORS got the season off to a great start with an impressive home win over the Cambridge Cats 2 team. The hard pre-season work proved to be worthwhile as the senior squad ran out 49-40 winners. There will be eight teams competing in the Cambridge Division 2 this year and with the Raptors also competing in the cup competition that means lots more matches! We are still looking to bolster the squad so get in touch if you'd like to try out for the team.

The new Junior coaching sessions also got off to a great start with lots of interest in both age groups. There are still places available so get in touch if you have kids



that want to try the sport. For the adults, there are open scrimmage sessions on Sunday at Cambourne Village College. They only cost £5 for two hours of exercise and fun. No drills - just pick up games suitable for players of all abilities. Upcoming senior matches: 4th November Saffron Stealers v

Cambourne Raptors (Division 2 league)
28th November Mildenhall Pirates v
Cambourne Raptors (Division 2 league)
2nd December Cambourne Raptors v St Neots Slammers (Cup)
Juniors Under 13 - Mondays 5:30-6:30pm.
Juniors Over 13 - Mondays 6:30-8pm.
Open Scrimmage sessions - Sunday 6-8pm
Seniors Squad Training - Thursdays 7.30-9.30pm
<https://www.facebook.com/cambourneraptorsbasketballclub/>
info@cambournebasketball.org
Twitter/Instagram @CamRaptorsBball

SPORT

13-man Exiles team beats league champions

CAMBOURNE EXILES continued their season with a game against last year's League Champions Shelford 5's.

Unfortunately due to injuries and players committed elsewhere Cambourne started the game with 13 players against 15. Shelford made the extra two men count, scoring two quick tries.

Then against the run of play and inside Cambourne's 22, Cambourne's outside centre intercepted the ball and ran the entire length of the pitch to score a converted try. This sent shock waves through the Shelford team and for some reason it seemed like this made Shelford scared to spin the ball out to the backs. Which played into Cambourne's hands, being short of players they needed to keep the ball tight.



Much to Shelford's frustration Cambourne began to command the game, completely dominating the field - despite Cambourne losing another player to injury and one to a yellow card, taking Cambourne down to 11 men for extended periods of the game. Chris Wallis scored his 100th try for Cambourne in 8 seasons

and Andy Plant scored Cambourne's first ever drop goal. Final score; Cambourne Exiles 34 – Shelford 5's 26

We train on the pitches to the right of the all-weather pitch, every Thursday night at 6:45PM. All abilities, ages and experience welcome. Visit CambourneExiles.com and leave a message.



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TKD GRADING SUCCESS

CAMBOURNE TAE KWON DO: It's been a busy few weeks for our club. Preparations for black belt grading at the end of October involving sessions in Derby in front of several World Masters and a Grand Master. Also, just a few weeks ago we held a grading where Grand Master Ron Sergiew assessed students from Cambridgeshire and Norfolk, from white belt to red belt, and we are pleased to announce that all students passed, with several being awarded Plus or A grades demonstrating special skills in their tae kwon do.

We also had an assessment for our youngest students, our purple pee wee panthers who have been working hard and having fun developing skills to enable them to become white belts and to start the TAGB syllabus proper.

Special congratulations go to the following children who achieved promotions to their new belts: 10th kup - Luke, Adam; Grade 4 - Charlie, Oscar; Grade 3 - Sanjay, James, Temi, Deke; Grade 2 - Niven; Grade 1 - Billy, Max.





Just for Pets, Unit 3, 3 Back Ln, Cambourne, Cambridge CB23 6FY [f@JustforPetsUK](#)
Email: Cambourne@justforpetstores.co.uk **Website:** www.justforpetstores.co.uk

Family Fun Day

Saturday 10th November

FREE petting zoo:

10am - 2pm

Unusual mammals including tenrec,
meerkat, racoon, mini beasts, tarantulas,
snakes, amphibians and more

.....
Doodle's Dog Walking Group

Visit our Facebook page for info

.....
Black Friday

Deals added weekly from 1st November

**What's on
at Just for Pets
Cambourne**



WHAT'S ON - EVENTS IN AND AROUND CAMBOURNE

All are invited to Celebrate Diwali with Food, Art, Music.

Street Rangoli

10th of November
11:00am - 2:00pm
at Cambourne Market Square
Free for all!

MINUTES
5
YOGA
TECHNOLOGIES FOR WELLBEING
For Health, Joy, Peace, Love, Success & Inner Exploration

FREE SESSION

isha Foundation welcomes you to attend this free workshop, offering transformative 5-minute tools derived from the science of yoga, and a powerful guided meditation.

Sunday 18 November 6-7pm

THE HUB
High Street, Cambourne,
Cambridge
CB23 6GW

Registration is mandatory at www.ishafreeoffering.com
For information: offering.europe@ishafoundation.org
Please bring your own mat.

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Act of Remembrance 2018



This year, the centenary of the end of the First World War, the Act of Remembrance will take place on **Sunday 11th November at 10.45am** outside Cambourne Church.

Children and young people from the Air Cadets, Army Cadets, Rainbows, Brownies, Guides, Beavers, Cubs, Scouts and Police Cadets will parade from 10.30am from the new cricket pavilion up Eastgate to the church.

Everyone is welcome at this event as we say 'thank you' to all who have served, sacrificed and changed our world and also to those who are currently doing so.



After the Act of Remembrance, everyone is warmly invited into Cambourne Church for hot drinks and cakes.

Christmas Lights Switch On
24th November 2018
Market Square
Great Cambourne
5pm to 7pm
Lights switch on between 6.15pm and 6.30pm

FREE MINCE PIES
FACE PAINTING
FREE MULLED WINE
SANTA'S GROTTO
FOOD STALLS
LIVE MUSIC
ENTERTAINMENT

Jezzo's

Light Up Cambourne
IN ASSOCIATION WITH CAMBOURNE PARISH COUNCIL

LIGHT UP CAMBOURNE

Cambourne Christmas Market
Saturday 24th November
11am - 3pm
The Hub Community Centre
High Street, CB23 6GW

Gifts Craft Children's Malted
Baking stalls Arts & Crafts wine
Mince pies Festive plants

Organised by Cambourne Parish Council
christmas@cambourneparishcouncil.gov.uk 01954 714403

Cambourne Business Park Christmas Market

Tuesday 11 December
6pm - 8pm

Christmas Tunes
Mulled Wine
Mince Pies
Oktoberfest Tables

Winter Marquee
Arts & Crafts
Festive Stalls
Roast Chestnuts

Street Food
Draught Beer
Winter Blankets
Fire Pits

For things to do • where to eat, drink and shop
clubs • community groups • services • facilities
... and lots more local information ...

visit **www.cambourne.info**



Cambourne
Community Website