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# Residents gather to Light Up Cambourne for Christmas

**CAMBOURNE RESIDENTS** flocked to the Market Square on 25th November to join the countdown to the Christmas Lights Switch on organised by Light Up Cambourne.

With entertainment by Jez-O, live music from Ffion Rebecca and Flashback Photography, mince pies, mulled wine, pizza and a hog roast - and even a very special visit from none other than Santa himself - the lights on Broad Street and High Street were officially switched on at 6.30pm by local MP Heidi Allen and the drawing competition winners Lola Drury and Sienna Ogilvie. It's certainly beginning to look a lot like Christmas in Cambourne! A very merry Christmas and best wishes for the New Year to all our readers.





# Cambourne Views Calendar sales support Light Up Cambourne

**THE CAMBOURNE VIEWS CALENDAR** is now available! Comprising 12 photographs of Cambourne, selected through a public vote, proceeds from sales of the calendar will go towards the Light Up Cambourne campaign.

Sarah Allen, who created the Cambourne Views facebook page two years ago, which lead to the development of the calendar, said: "It's certainly caused quite a buzz within the community and the idea of people getting out there taking pictures is fantastic. The Facebook group is growing and has more than 500 members with some stunning shots taken in and around Cambourne.

"We hope for the competition to continue throughout next year and we are already busy preparing for the 2019 calendar."

• The 2018 calendar can be purchased from The Parish Council at The Hub.



## **CAMBOURNE CRIER**

#### The Cambourne Crier is compiled by volunteers. This month's editors were: Tim Nash, Donavan Bangs, Renata Kovács, Dan Scruton, Paul Jobling, Susannah May & Patricia Tothova

Distribution: John Panrucker Finance: Pam Hume

#### To advertise please contact:

Janet Dobson: <u>ads@penpub.co.uk</u> or (01480) 831066 **For leaflet distribution contact:** John Panrucker: <u>delivery@cambournecrier.org</u>

#### Editorial submissions:

Submissions for the January 2018 edition must be received by 9pm on Sunday 17th December 2017. Please email articles and photographs to editorial@cambournecrier.org Photographs must be print quality and should be sent as separate images. By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

#### **GET INVOLVED!**

If you have access to the internet and a PC and would like to join the editorial team as an editor, designer, writer or to help with our website, please get in touch on editorial@cambournecrier.org

#### **CRIER COMMUNITY FUND**

The Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes. **Do you need new equipment for your group?** 

Or are you thinking of setting up a new group and need some funding to get going?

Contact <u>pam.hume@ntlworld.com</u> for more information or download the application form at <u>www.cambournecrier.org</u>

# FUNDRAISING

# Burwash Manor event raises £6,000 for Sick Children's Trust

On the beautifully sunny second Saturday in October 2017, £5981.45 was raised for The Sick Children's Trust from Apple Day at Burwash Manor this year.

This annual event hosted by the Radford family & shop owners at Burwash Manor Farm in Barton, is a regular autumnal treat on the Cambridge events calendar.

Fun was had by all with the many activities and attractions and of course the delicious food vendors offering tempting treats galore.

It was all about the apple with the identifiers from EEAOP and Cam valley orchards many varieties on offer as well as the spectacle of apples being pulped, juiced and bottled right before your eyes. There were apple recipes in the cookery demonstrations, apple tales





from the storytellers and plenty of local cider flowing.

"It was a wonderful day, enjoyed by around 3,500 people and beating last year's total really was the icing on the cake," said event manager Emma Tester.

"We would like to take this opportunity to thank everybody involved for their hard work and commitment to the event and of course to all those that attended on the day,"

The Sick Children's Trust a UK charity that believes keeping families together significantly improves the recovery of seriously ill children.

At Addenbrooke's and The Rosie Hospitals they provide free, high-quality 'Home from Home' accommodation, as well as emotional and practical support, to families with sick children in hospital."





# COMMUNITY

# **Diwali 2017 celebration**

**CAMBOURNE CULTURAL SOCIETY** (**CCS**) celebrated Diwali on the 28th of October 2017 at the Cambourne Village College. It was a vibrant celebration of Indian culture and heritage which engaged the whole community.

Ganesh Pooja heralded the start of the celebration with devotional chants and hymns that have been passed down generations. This was followed by dramatisation of the climax of the Indian epic, Ramayana. It celebrates the triumph of good over evil, light over darkness. This was performed by children - the youngest just 4 years old.

The cultural programme included dances and songs and concluded with the energetic Antakshari. It got the entire crowd of over 200 people on their feet, singing and enjoying Bollywood songs. The culinary delights of India followed in a buffet dinner. From the familiar sweetness of the rasagula, a firm favourite amongst the children, to the hot and spicy dishes were all part of the menu. Then it was



time to burn of those curry calories.

Crowds of people took to the dance floor at the first notes of the fast-paced Bollywood songs with steps and sequences which only came to a halt at the end of the night.

The night brought forth the best of the talent in the next generation and helped us all connect with each other as well as with our roots through the traditions of Diwali, the festival of light.



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# **CAMBOURNE PARISH COUNCIL**

# Use of grit bins this winter

The grit in the bin is a 50/50 mixture of grit and rock salt. The grit helps with grip, particularly in snowy conditions, and the salt melts the snow and ice. However, when the surface temperatures fall below -5 degrees centigrade, the salt becomes increasingly less effective and eventually will not work at all. When the surface temperatures increase, the salt will start working again.

Please use grit from the grit bins sparingly. You simply sprinkle the grit on the area needed to give a fine coating, and as the area is driven or walked upon the grit will activate and melt the ice. Around one cup full is enough for one square metre, so a shovel full will go a long way.

Careful consideration is given to where grit bins are placed so that they are present in places where additional gritting may be required. By using grit from the yellow bins on anything other than public highways you could potentially put road users at risk, should the bin run out of grit.

If you wish to clear your driveway or footpaths, salt can be purchased from local building suppliers and DIY stores. Or, as an alternative, you can use table salt or dishwasher salt.

## **Parish Council Staff**

IThe Parish Council welcomes Heather Nigbur-Day as Deputy Parish Clerk. Heather will be undertaking the training for the Certificate in Local Council Administration (CiLCA). We have also welcomed Philip Lacey as Caretaker. Liz Pinchen is leaving her role as Community Development Officer for the Parish Council to pursue other things.

Her role will be taken over by Jessica Lydon, who has been with the Parish Council for over 3 years, as Office Administrator having firstly completed an apprenticeship in Business Administration.

## Parish Office Christmas Closing

The Hub and the Parish Office will be closed for the Christmas holidays from Friday 22nd of December 2017 and will re-open on Tuesday 2nd January 2018.

## Christmas Tree Recycling

A Christmas Tree Recycling point will be set up on the ground adjacent to The Hub Car Park. Christmas trees may be left here in the new year up until Sunday 14th January 2018 after which they will be shredded and used as mulch around Cambourne.

The Parish Council would like to take this opportunity to wish you all a very Merry Christmas and a Happy New Year.

## **Calendar of Meetings December** 2017/ January 2018

5th Dec- 7pm:	Planning Committee
	Council

- 19th Dec- 7pm: Planning Committee Finance & Policy
- 16th Jan-7pm: Planning Committee Council

Residents are welcome to address the meeting before it formally starts on any matter on the agenda.

If you have something else you'd like to raise, please contact the Parish Clerk at least 10 days beforehand so the item can be added if necessary.



The Parish Office: The Hub, High Street, Cambourne, CB23 6GW Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403 John Vickery, Parish Clerk: clerk@cambourneparishcouncil.gov.uk For all other enquiries: bookings@cambourneparishcouncil.gov.uk

# **Ruth Betson: District Councillor**



The latest public consultation on the Cambourne to Cambridge better bus journeys scheme is open until 22nd January 2018.

Please do have your say on plans to improve bus services as well as the proposed new park and ride site. Go to www.greater cambridge.org.uk for more information and to complete the survey. Alternatively pop in to the Belfry on Monday 11th December between 4:00pm - 8:30pm and officers from the Greater Cambridge Partnership will be on hand to answer your questions.

Having seen the proposals, I am not convinced of the long term viability of any of the proposed bus routes because of the amount of housing development going on in this area. I am already and will continue to attend meetings to put Cambourne's point across to the Combined Authority and the Greater Cambridge Partnership. No solution will work for our parish unless it is fast, affordable and reliable!

#### My next drop-in surgery is on Saturday 9 December from 10am to 11am.

No appointment necessary. Look forward to seeing you! Email me at cllr.betson@scambs.gov.uk or follow me on Twitter @ruthbetson or Facebook: Councillor Ruth Betson

## -----

# COMMUNITY

# **Stay well this winter**



#### STAY WELL THIS WINTER

**WINTER WEATHER** can be seriously bad for our health. Being cold can aggravate existing conditions and raise the risk of increased blood pressure, heart attacks and strokes. There are lots of things you can do to stay well this winter.

• Get expert advice - if you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious. Seek advice on the best treatment from your local pharmacist.

• Stock up your medicine cabinet - a well-stocked medicine cabinet can help you treat common winter ailments such as coughs, colds, sore throats and sickness bugs at home.

• Keep warm - keeping warm, both inside and outdoors, can help to prevent colds, flu and more serious health problems such as heart attacks, strokes, pneumonia and depression.

• Get the right help - make sure you're receiving all the help you are entitled to. Learn how to make your home more energy efficient and take advantage of financial schemes to keep up with energy bills.

For further information visit www.nhs.uk/staywell

## DEVELOPING THE PROVISION OF YOUTH WORK IN CAMBOURNE

**CYP & ROMSEY MILL:** Thanks to the growing team of Romsey Mill youth workers and local volunteers, we are increasing our provision to support young people in Cambourne through openaccess youth clubs on a Wednesday and targeted provision throughout the week. We are continuing with our music evening on Thursdays and have also started a boxing group on Thursdays and a football group on Fridays. We are planning some work

focused on raising selfesteem and continue to offer one-to-one support to young people. We also regularly have youth workers out and about in Cambourne on a Friday evening, meeting and engaging with young people where they are and supporting them to overcome challenge and live fulfilling lives. For more information contact Jonathan Buwert on jonathan.buwert @romseymill.org or on 07503171869.

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# COLUMNISTS

# CATHERINE PRICE Good and bad cholesterol



Cholesterol is a fatty substance (lipid) created by the liver and also found in some foods. Some cholesterol is vital and needed for making hormones and vitamins. In the body cholesterol attaches to proteins (lipoproteins).

There are two types of Cholesterol:

- HDL (high density lipoprotein) takes cholesterol away from cells and back to the liver to be disposed of - this is known as Good Cholesterol.

- LDL (low density lipoprotein) carries cholesterol to the cells. This is known as Bad Cholesterol because if there is too much it can cause a build up of the fatty substance in the walls of the blood vessels. This increases risk of heart attack, stroke and other diseases affecting the circulation.

A blood test can easily find out whether your good cholesterol levels are too low or bad cholesterol levels are too high. If this is the case there are many changes you can make. A healthy, balanced diet can make a big difference as LDL (bad cholesterol) is found in food high in saturated fats. Therefore cut these back and increase amounts of fruits and vegetables in your diet, along with foods such as oats, beans, pulses and nuts (non-salted). As in all things exercise and stopping smoking will help.

Should your bad cholesterol remain high your GP may prescribe a statin to help reduce your cholesterol. Reference: <u>www.bhf.org.uk</u> (British Heart Foundation) . *Catherine Price RN Cambourne Parish Nursing Service nurse@cambournechurch.org.uk* 

# HEIDI ALLEN MP Light Up Cambourne!



Parliament returned in October after the conference recess, and since then, my main campaign has focused on improving the Universal Credit benefit system. I raised this issue during Prime Minister's Questions and the Prime Minister kindly agreed to meet with me to discuss this in more detail. There will be a further debate in the House ahead of the budget and I am optimistic the Government is listening and will reduce the 6 week delay claimants currently experience before receiving their first payment.

South Cambs District Council have recently launched a consultation on taxi licensing which aims to provide more stringent standards. The Council is proposing to introduce a policy requiring all hackney carriages to be wheelchair accessible vehicles. The consultation closes on 5th January 2018. You can find details if you'd like to comment on: www.scambs.gov.uk/consultations

Finally, Christmas is approaching (how did that happen!?) so it's time to switch on those Christmas lights! I enjoyed being part of The *"Light Up Cambourne"* event on 25th November in the Market Square, Great Cambourne, and will also be at Caxton's event on 9th December at 5pm opposite Caxton Manor. Why not join me and help get the festivities underway?

To contact me, please email

<u>heidi.allen.mp@parliament.uk</u>. You can also phone my Westminster Office on 020 7219 5091 about national issues or my constituency office on 01223 830 037 to raise any local concerns.



# COMMUNITY

# Remove temptation for burglars this winter

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**POLICE ARE URGING CAMBOURNE** residents to check their home security now the clocks have gone back and the evenings drawn in. With more homes empty after sunset, officers are concerned the number of burglaries could rise.

However, an increase in crimes over the darker months could be avoided if homeowners take a few simple steps.

Detective Inspector Andy Tolley said: "Burglary is a priority for us and we're working hard to catch offenders and bring them before the courts. However, when the clocks go back offences start to increase. It is usually an opportunist offence so there are steps people can take to remove the temptation for burglars."

Police are offering the following advice:

• Install good lighting, for example exterior lights with dawn-to-dusk sensors and an alarm.

• Use timer switches. These can be linked to lighting or even a radio giving the impression that someone is at home and can be switched on through mobile phone applications.

• Close your blinds or curtains at night, preventing people from looking into your home. If your children are home first from school encourage them to close curtains and blinds.

• Keep windows and doors secure, and lock side gates, even if you are at home.

• Do not leave spare keys hidden outside – a burglar will always look for these first.

• Mark your valuables – with your post code and house number – or garden and shed equipment with a spare can of paint or even nail varnish.

• Do not leave car keys near the front door or anywhere easy to find.

For more burglary prevention advice, visit: https://www.cambs.police.uk/information-andservices/Burglary.aspx

# Veterans - does your garden need some attention?

If you or a relative have been in the armed forces, you could get your overgrown garden spruced up for free. The Green Aiders is a free, one-off garden clearance service run by community charity Groundwork Cambridgeshire & Peterborough. It is funded by The Royal British Legion and is available to vulnerable or disabled ex-Service personnel or their spouses, partners, widows/widowers, children or dependants aged 65 plus. Contact Andrea Finbow at Groundwork on 01480 587141 for more details or to book.



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# **CAMBOURNE CHURCH**

# The shepherds' quandary

When I am walking round the shops at Christmas time I often wonder what the shepherds thought on that dark night when suddenly there was a blinding light and an angel was sitting with them. They were terrified. I can imagine the angel quietly telling them not to be afraid, because he had come to tell them that a baby had been born in their village that night, the Saviour all the people had been waiting for and he went on to tell them that they could find him, lying, all wrapped up in a manger.

Then suddenly he was gone and they were most perplexed.

"What do you make of that?" - "Just a great big clever hoax" - "No one will ever believe us, we are only simple shepherds" - "We can't leave the sheep"- "Well there is only one way of finding out, let's go and see".

Just then a great heavenly choir filled the heavens singing, "Praise God in heaven and peace on earth to everyone who pleases God".

This gave then great confidence as they went. "Let's try the Inn stables, the boss uses it as an overflow," and there they found the Child exactly as the angel said.

Standing in the shop, I ponder about the simplicity of that stable scene and the razzmatazz of a commercial Christmas. In our church we believe it was just as the angel said and if you want to have peace with God this Christmas time we suggest you read it for yourself in Luke's Gospel or come and hear more of it at one of our services. Ian Jarvis - Church Warden

## 19 - the coffee house

#### Normal opening hours:

8.45am - 2.00pm Monday - Thursday 8.45am - 12.00pm Friday Saturday opening: 16th December 10am - 2pm



The coffee house will be closed as from Monday 18th December and will reopen in the New Year. Thank you for your continuing support.

## Fathers' and Children's Breakfast 8.30 -10.30am at Cambourne Church First Saturday of every month.



A partnership of the Church of England, Baptist, Methodist & United Reformed Church Service times: Sunday 9.30 & 11.00am 2nd Sunday in month: Holy Communion at 9.30 and 11am services. 4th Sunday Encounter at 7pm

# Services and Events for December

Young Church and Youth groups meet during the 11am service

#### Sunday 10th December

4.00pm: Christingle Service - All ages welcome Come and make your own Christingle!

#### Friday 15th December

6.30pm: Carols on the Green in Lower Cambourne With Salvation Army band and local singers Mulled wine, hot chocolate and mince pies served afterwards!

#### Sunday 17th December

10.00am: All Age Nativity service and farewell to Debbie Higham

If you'd like to be part of the nativity scene, please come dressed as a character from the nativity story.

#### Wednesday 20th December

7.30pm: Beer and Carols in the Monkfield Arms with Cambourne Community Gospel Choir

#### Sunday 24th December

9.30am Morning Worship with Rev Dr Janet Tollington 4.00pm: Roman Catholic Mass for Christmas 6.30pm: Community Carol service All ages welcome 11.30pm: Watchnight service with Holy Communion

#### Monday 25th December

8.00am: Roman Catholic Mass 10.30am: All Age Christmas Celebration

#### Sunday 1st January

10.00am: All Age service

Wherever you may travel this Christmas, may the light of God's love go with you. With love and blessings from Cambourne Church

It would be great to see any dads with their kids for a bacon roll, toast or just a coffee. Breakfast is free although donations are welcome.

Next Meetings - 2nd December and 6th January



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#### DECEMBER 2017

# CAMBOURNE CRIER

## **PEACEHAVEN BAPTIST CHURCH**

#### Dear Friends,

We come to December with joy and rememberance. It really is a most wonderful time of the year. With songs of praise and carols belting out all over I really like it. As that famous hymn states in language so clear: *Joy to the World*, *the Lord is come! Let earth receive her King; Let every heart prepare Him room.* 

So this is not merely a receiving as you would a

guest into your home but rather a king and friend and Saviour into your heart. A guest may stay for a while in the home but when someone takes residence in your heart they never leave.

It is my prayer for all in Cambourne to have this place in thier heart and prepare it. We prepare by going over who Christ is and what he has done from eternity past to the manger of Bethlehem. A life of service and love that led to the cross Luke 2:11 For unto you is born this day in the city of David a Saviour, which is Christ the Lord.

on calvary. Where the Gift that was given that forst Christmas was revealed at easter. Not just a son but the Son of God. Not just a kind man but a Saviour, not just a prophet but a Messiah and Redeemer. And we await His coming again one day. It is so good to be a part of that great family.

We will of course also be having a Christmas celebration on the 24th of December. We will have our traditional gift exchange and food. Carols and hymns and celebration. You do not need to be a member to come along. We always make too much so if you are just hungry come and get something. If you would like to know more then just ask. **Pastor Donavan Bangs** 



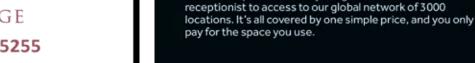
#### COME AND WORSHIP WITH US

Cambourne Community Centre, (The Hub), High Street, Great Cambourne, CB23 6GW

SUNDAY MORNINGS - 10 AM SUNDAY MORNINGS - 11 AM WEDNESDAY EVENINGS - 7 PM Children's Sunday School & Adult Bible Studies (at the Hub) Junior Church & Morning Worship (at the Hub) Bible Study & Prayer Service (at the Pastor's home)

Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk

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# SCHOOLS

# Jeavons Wood taken over by superheroes!

JEAVONS WOOD PRIMARY SCHOOL: Year 2 were called to action to attend the Super Hero training Academy in November.

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After a recent visit from Supper Villain (leaving a green glitter flash alongside a note on our carpet), the superheroes needed to get into tip top shape to save the day. They were all put through their paces on the two training courses, all kitted out with rocket boosters, super cuffs and masks to gain their certificate of superhero qualification. We are now immersed in a variety of superhero texts, writing our own letters requesting superhero support and creating our Lichenstein inspired pop art. We are also exploring real life Superheroes- we can't believe the amazing things that some people have done!

As well as all that, we are currently in rehearsals for our Christmas production of Santa's on Strike. We really are going to need to have super powers to get all this work done by Christmas. Wish us luck!





# 'Magical Me' at Monkfield Park Primary School

**MONKFIELD PARK PRIMARY SCHOOL:** Since the start of their journey in education our Reception children have been eager to learn and are full of enthusiasm. This was seen through their learning for our topic of 'Magical Me'. They have enjoyed sharing favourite stories and teddies with one another as well as talking about their likes and dislikes through activities such as tasting different types of fruits and vegetables. In addition, they have spent time telling each other about their families and celebrating their differences. This gave the children an insight into the variety of celebrate this festival, the children took part in a yoga session and had great fun dancing together. The excitement continued back in the classroom, making diva lamps and creating rangoli patterns!

We are pleased with the children's progress, especially in phonics, with many of them already reading simple words. Each day the children look forward to learning a new letter sound and applying their knowledge of different letters through their independent activities. They love the cosy reading areas, the themed role play spaces as well as painting and playing number games.

There's always so much to do in Reception at Monkfield Park and judging by the smile on the children's faces, it is evident that they are enjoying their new experiences at the school.





# SCHOOLS

DECEMBER 2017

# **Burwell House visit**

**THE VINE PRIMARY SCHOOL:** At the end of last half term, Year 4 went to Burwell House for a 3-day residential. We had a fantastic trip where we had a chance to try out lots of new activities and do our learning outside. Each day was action packed. Here are some of our thoughts:

*"We particularly liked making the natural sculptures in the garden." - Hiba & Elliot* 

*"I'm glad our activities have been linked to our Roman learning. The staff are so kind and friendly." -* Emily H *"Our favourite activity today was making pinch pots out of clay." -* Charlotte & Aydin

*"Putting the mirrors on our noses, we felt like we were walking on the clouds."* - Finley & Kitty

As a result of our trip, we have become more independent and got to know each other really well. Thank you to all.



MONKFIELD PARK CARE AND LEARNING CENTRE:

This half term we have been investigating the autumnal changes in our environment and are ending the term with our Christmas activities and celebrations. We are proud of the different cultures, religions and backgrounds represented in our setting. We have been finding out about our families, their traditions and festivals this half term.

We have started the Read, Write, Inc nursery phonics programme with the older children. Each week a different letter and letter sound is worked on, and the children are encouraged to find items with the letter/sound.

The children who attended

the Holiday Club during half term had a great time: On Monday, the children had a 'Rainy Day' theme, On Tuesday, it was 'Messy Day' and Wednesday was 'Creative Arts' day. 'Fun with Food' was Thursday's theme and the week ended with 'Wizard School', where we made wizard hats and cloaks, lotions, potions, and origami frogs.

The pre-school will close for Christmas at 3pm on Tuesday 19 December and re-open at 9am on Thursday 4 January. Our Holiday Club will be open from 8am - 6pm on 20-22 December, and Tuesday 2nd January. We are closed on Wednesday 3 January for a training day.



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# SCHOOLS

# New artificial pitch unveiled at Cambourne VC



**CAMBOURNE VILLAGE COLLEGE** has a new artificial pitch. The 3G surface was completed in early November and youngsters who are part of the Canaries' Regional Development Programme wasted no time in trying it out.

Alex Kaufman, Norwich City's Regional Programme Manager for Cambridgeshire, said: "The facility is perfect to host our youth development and regional activity courses for the local area.

"The Pitches, changing rooms and all-round access provides a professional environment in which the RDP strives to ensure for its participants and young people."

The pitch will also be used by students at the college during the day for their PE lessons and after-school activities.

The pitch is open for public hire every weekday from 5pm-10pm and at weekends by arrangement.

For more information or to book, please contact Di Bagulay, Head of Community Engagement and Resources, by e-mail on dbagulay@cambournevc.org.

# **Diwali Celebrations at Cambourne Pre-School**

THE CAMBOURNE PRE-SCHOOL has been busy in the last few weeks as it celebrated Diwali and Halloween.

The week before half term, we learnt about Diwali through a range of activities such as making coconut laddu sweets, drawing rangoli patterns with chalk in the garden, and making diva lamps from salt dough.

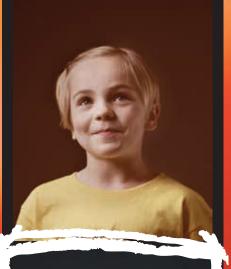
After half term, we had spooky fun celebrating Halloween. Many of the children wore their Halloween costumes to preschool, or took part in dressing up using pre-schools outfits. We hammered golf tees into pumpkins, which was fun and a great activity for developing physical skills. We calved pumpkins and explored the insides, used eyes and pipe cleaners with the play dough to create some scary monsters. We used tweezers to pick up bugs, and 'cooked' in the play kitchen using cauldrons and spooky ingredients.

## Cambourne Pre-School is recruiting for a part time position.

For more info please contact us, or visit our website. Cambourne Pre-School, The Blue School, Eastgate, Great Cambourne, CB23 6DZ. 01954 715150 www.cambournepreschool.org.uk



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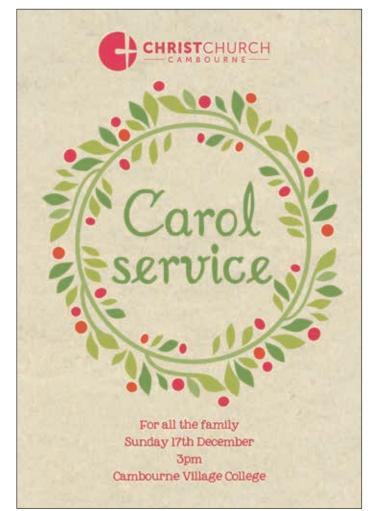




#### PAGE 14

# CAMBOURNE CRIER

DECEMBER 2017



## Cambourne Business Park Christmas Market

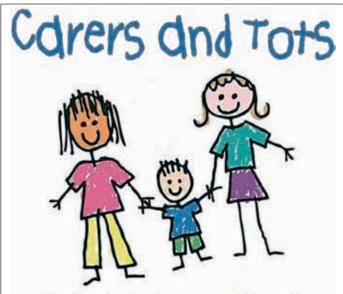
Wednesday 13<sup>th</sup> December From 1200 till 2pm At the Marketing Office

Free mulled wine and an opportunity for a bit of Christmas shopping

With seasonal music from the Salvation Army band, freshly cooked Pizza from 400 degrees Pizza and fresh coffee from the Rural Coffee Project

Stalls include cards, jewellery, cosmetics, children's books and toys, fresh produce, Christmas Wreaths and plants and many more gift ideas

All Welcome



Friendly, welcoming play group for 0-5 year olds Thursdays 9.30am-11.00am, main hall, The Hub

- Free tea, coffee & snacks
- Baby corner
- Song time
- Weekly craft

Under I year come free

• Toys

www.facebook.com/pg/carersandtots/

# CAMBOURNE CRIER COMMUNITY FUND

Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group?

Or are you thinking of setting up a new group and need some funding to get going?

Contact <u>pam.hume@ntlworld.com</u> for more information or download the application form at <u>www.cambournecrier.org</u>

# WHAT'S ON: EVENTS IN AND AROUND CAMBOURNE

#### Saturday 2 December, 1-4pm Step into Christmas

Hardwick & Cambourne Community Primary School, Sheepfold Lane, Cambourne

Games, bouncy castle, children's crafts, Santa's grotto, mulled wine & refreshments. Arrive early to book your time with Santa. www.auntyps.co.uk

Saturday 2 December, 12-5pm Aunty P's African Home Cuisine pop up restaurant Cambourne Cricket Pavilion. Back Lane, Cambourne www.auntyps.co.uk

#### Friday 8 December, 3-7pm **Christmas Shopping** at the Manor House

The Manor House, Broad St A perfect opportunity to purchase beautiful festive gifts and support the Wildlife Trust. Wildlife art and photographs; Opticron binoculars; needle-felted animals and decorations; Christmas cards, calendars and books; bird boxes and insest houses, handcrafted jewellery, handmade, fragrant soy wax candles, children's activities; christmas rafflel mince pies and more! www.wildlifebcn.org

#### Friday 8 December, 7-11pm Friday night drinkies with Tom and Pete

Greens Coffee. High St. Cambourne Live music with Tom and Pete Acoustic. Food from 7-9pm, show from 8.30pm.

Wednesday 13 December, 12-2pm Cambourne Business Park **Christmas Market** 

Marketing office on Cambourne **Business Park** Free mulled wine and an opportunity for a bit of Christmas shopping With seasonal music from the Salvation Army band, freshly cooked Pizza from 400 degrees Pizza and fresh coffee from the Rural Coffee Project. Stalls include cards, jewellery, cosmetics, children's books and toys, fresh produce, Christmas Wreaths and plants and many more gift ideas. All Welcome.

#### Friday 15 December, 7pm-midnight **VIP Christmas Party**

Greens Coffee, High St, Cambourne Tickets only - limited to 40 people. DJ, raffle, glass of fizz on arrival and sharing christmas munchies. Bar and dancing until midnight. Tickets £25. Non refundable £10 deposit required on booking and final payment by 8 December. Bookings taken in Greens only.

Sunday 17 December, 3pm **Christchurch Cambourne** Carol Service Cambourne Village College, Sheepfold Lane, Cambourne For all the family www.christchurchcambourne.org.uk

For local group meeting dates and times, please see listings on pages 16-17.

## Events in the library in December:

Christmas Cards – now available from the library. We also sell stamps.

#### Librarian Theatre presents:

"ALICE IN THE CUCKOO'S NEST" Wed 6th December 2.30pm (matinee showing replaces engage) and 7.30pm evening performance. The library staff are delighted to welcome back Librarian Theatre. The interpretation based on Lewis Carroll's classic story explores the theme of Psychosis. This is not a children's show as it explores themes of mental health but children from 8+ are welcome. Tickets from £7.50 and £4 from www.librariantheatre.com or from the library.

#### Words for Pleasure

Thursday 7th December 1.30pm. The Creative writing group is flourishing but they always welcome new members. Contact Pat Callaghan on 01954 718836 or just turn up on the day.

#### **Christmas Rhymetime and Storytime** Bonanza

Friday 15th December 9.30am – 10.30am Join us for a specially extended session in the library with some Christmas craft fun too!

#### Happy Christmas and New Year to all our customers!

.....

The library will be closed from 1pm Saturday 23rd December and reopens 9am Tuesday 2nd January 2018.

To list your event in Cambourne Crier, please email details to editorial@cambournecrier.org



# **Cambourne Events Calendar**

Discover local activities & create your own



## **GROUPS, SERVICES & CONTACTS**

#### **COMMUNITY GROUPS**

Cambourne Arts:

Fran Panrucker: 01954 710858 fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk **Cambourne Children's Centre:** 01954 284672 cambournechildrenscentre@ cambridgeshire.gov.uk **Cambourne Love Justice Group:** Len Thornton: 01954 710370 **Cambourne Crescent:** www.cambournecrescent.org

Network Business Breakfast: Jo Christy hello@stirupmedia.com 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm Pat Callaghan 01954 718836

#### Watercolour classes

There are currently two tutor–led classes for watercolour painting: Mon 7-9pm, Great Cambourne cricket pavilion and Weds 10am-12pm, Sports Pavilion. Both are full for this term, but to join the waiting list email: fran@panrucker.eclipse.co.uk

#### Children's art class

It may be possible to set up a children's class after school one afternoon during term time and also a morning or afternoon class during the Spring half term holiday. Email: fran@panrucker.eclipse.co.uk

#### Photography group

Beginner to advanced. Meetings on the third Tuesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 http://www.flickr.com/groups /cambournephotographygroup/

#### **Reading Groups:**

carolinealdridge@cambridgeshire.gov.uk**Tim** ebank: 0300 111 3555 or Laura Papanikolaou 01223 713555 Crafty Ladies: Enid - (01954) 715292 or Edna - (01954) 717360

#### WW2 aircraft club:

Meeting in Cambourne on the first Monday of the month. Contact Ian Cameron on 01954 269 173 or iancameron692@gmail.com

#### **Cambourne Birding Club**

Recently started in Cambourne. Contact Ian Cameron on 01954 269 173 or email iancameron692@gmail.com

#### Papworth Astronomy Club

Next meetings: 6 Dec, 10 Jan, 7 Feb at the Vintner Room, Papworth Everard, 7.30pm. Contact Peter on 01480 830729 or peter@cheere.demon.co.uk

Friday walks: Next walk: 8 Dec, local walk around Cambourne. Meet at the rear entrance to the library at 10.15am. Contact Penny Flanagan on 01954 200126 or pam.hume@mail.com

No walk in January - we will be meeting to plan walks for 2018.

**Sunday walks:** Next walk: 31 Dec. 4-6 miles. Meet at 10am in Monks Wood car park, School Lane. Contact Sandra on 07747 012245 or sandracalcraft@wait rose.com to check it is still taking place.

**Gardening club** Meets at The Belfry on the 2nd Thursday of the month, 7.30pm. Next meeting: 14 Sept.

**The Link** Meets Sundays 4 to 6pm (term time) at the *Vine Family Centre*. Food, conversation, and space for reflection. Discuss the Big Questions of life with people across the generations.

bit.ly/TheLinkOnFacebook

#### Comberton Ramblers.

We walk alternative Sundays between 4-7 miles. New walkers are welcome to join us with up to two free walks. Annual membership £8.50 per person. www.combertonramblers.org.uk

## **CHURCHES**

#### **Cambourne Church**

Church office (in the Blue Space): 01954 710644. Open Mon-Thurs 9am-3pm, Fri 9am-12pm. www.cambournechurch.org.uk Administrators and Church Bookings Jacqui Huckle, Fleur Kerrecoe and Stacy Buwert administrator@cambournechurch.org.uk Youth Worker: Jonathan Buwert Tel. 07503 171869 jonathan.buwert@

cambournechurch.org.uk Children and Family Champion: Jane Brooks 07850 961000 jane.brooks@cambournechurch.org.uk Parish Nurse: Catherine Price

nurse@cambournechurch.org.uk Foodbank: Julie Whitbread julie.whitbread@

#### Julie.whitbreau@

cambournechurch.org.uk **19 the coffee house:** Cilla Mills and Cait Dawkins 19thecoffeehouse@ cambournechurch.org.uk

#### **Peacehaven Baptist Church**

Rev. Donovan M. Bangs: Preachbrit@aol.com 01954 710510 www.peacehavenbc.org.uk **Christchurch Cambourne** Sunday services - 10.30am Meeting at Cambourne Village College www.christchurchcambourne.org.uk **Cambourne Catholic Community** Mass: Sat. 5pm, Tues. 12.15pm, Thurs. 7.15pm http://cambournerc.com

## **HEALTH CARE**

**Community First Responder:** Mark Taylor, 07858 394719 mark.taylor@inheritancewills.co.uk Cambourne Dental Practice: (01954) 718585 www.cambournedental.com Lloyds Pharmacy 01954 718296 **Monkfield Medical Practice** 01954 282153 www.monkfieldpractice.co.uk NCT: (National Childbirth Trust) Candice Lattimore - 07595 909793 candicelattimore@gmail.com Cambourne Health and Wellbeing Club A group for older adults FREE. (next meetings: 17th November, 1st December) 10.30am -12pm at the old Blue School site. Catherine Price: 01954 710644 /

## LOCAL AUTHORITIES

nurse@cambournechurch.org.uk

Parish Council Office: 01954 714403 office@cambourneparishcouncil.gov.uk www.cambourneparishcouncil.gov.uk Venue Bookings: 01954 714403 bookings@ cambourneparishcouncil.gov.uk Pitch Booking: Everyone Active at the Sports Centre District Councillors for Cambourne: Ruth Betson – cllr.Betson@ scambs.gov.uk. Des O'Brien – cllr.obrien@scambs.gov.uk Simon Crocker – cllr.crocker@scambs.gov.uk

#### SCHOOLS & COLLEGES

Cambourne Village College: www.cambournevc.org Comberton Village College: School Office - 01223 262503

## December 2017

# CAMBOURNE CRIER

# **GROUPS, SERVICES & CONTACTS**

#### The Blue School

(Hardwick Community Primary): Co-heads: Andy Matthews & Ruth French. School Office - 01954 719085 blue@hardwick.cambs.sch.uk Jeavons Wood Primary School: Headteacher - Sue Wright School Office - 01954 717180 office@jeavonswood.cambs.sch.uk Monkfield Park Primary School: Headteacher - Sarah Porter School Office - 01954 273377 office@monkfieldpark.cambs.sch.uk Vine Inter-Church Primary School: Headteacher - Debbie Higham School Office - 01954 719630 office@thevine.cambs.sch.uk

# PLAYGROUPS & PRE-SCHOOLS

Baby And Me: Natalie 07999 406679 cambourne.babyandme@gmail.com Cambourne Pre-school: Donna O'Shea: 01954 715150 cam.preschool@btinternet.com Carers And Tots: cambourne.carersandtots@gmail.com Monkfield Park Care & Learning Centre: Office: 01954 273301 cloffice@monkfieldpark.cambs.sch.uk Sunflower Nursery: 01954 719440

## SERVICES

#### **Cambourne Library**

Mon: 9am – 5pm Tues: 9am – 1pm Wed: Closed Thurs: 4 – 7pm Fri: 9am – 5pm Sat: 9am – 1pm Reception area open 9am – 5.30pm every week day. As well as books, DVDs, Magazines and books on CD to borrow, we also offer an e-book service and local information . Library users can download free magazines and newspapers. Free Wi Fi. We also sell stamps, books and children's wall charts. 0345 045 5225 www.cambridgeshire .gov.uk/leisure/libraries

#### Community Car Scheme:

If you need transport for a medical or social appointment and are unable to use public transport you can call us on:

07526 998 465 or e-mail: cambournecars cheme@gmail.com. Typical fares from Cambourne are: Addenbrookes £9, Hinchingbrooke £8.40, St Ives £7.20, local in Cambourne £3. Minimum of 48 hours notice.

#### St Neots Bus Service:

The Whippet bus now runs Mondays to Fridays, leaving at 9.55am (from outside Morrisons) and returning at 1.20pm. (It is the No. 6). Also a service to Huntingdon. www.go-whippet.co.uk/ routes-timetables/local-routes/ **Cambourne Community Fire Station:** (01954) 714030 www.cambsfire.gov.uk Police non-emergency: PCSO Alex Giltinane; Tel: 101 **Streetlight Faults:** www.cambourne.info/lightform.htm Cambournelights@mail.com Tel: 714403 Vets: Cromwell Veterinary Group: 01954 715161 Waste & Recycling (South Cambs): 03450 450 063 Wildlife Trust: Jenny Mackay 01954 713516 www.wildlifebcn.org

#### **SPORTS & LEISURE**

**Cambourne Fitness & Sports Centre:** 01954 714070 Cambourne Fishing Club: www.cambournefishingclub.com Cambourne Bowls Club: Robin Bailey - 01954 269328 Facebook: Cambourne Bowls Cambourne Cricket Club: Phillip Broadwith, Cambournecc@ gmail.com / www.pitchero.com/clubs/ cambournecricketclub **Cambourne Eagles F.C:** Secretary - Danny Brooks 07516 630552 secretary@cambourneeaglesfc.co.uk www.cambourneeaglesfc.co.uk Cambourne FC: www.cambournefc.org cambournefc@icloud.com **Cambourne Netball Club:** Emma Smith - (01954) 710034 cambournenetball@googlemail.com Cambourne Exiles (Rugby): Neil Ingham - 07956 410309 info@cambourneexiles.com www.cambourneexiles.com **Cambourne Runners** Weekly runs, all abilities on Saturday morning 9am and Wednesday 7.10pm from the Hub

cambournerunnersarc@gmail.com Cambourne Women Runners Information.cwr@gmail.com

#### Cambourne Tennis Club:

Marianne Muldbjerg 07917 220977 mmuldbjerg@icloud.com www.cambournetennisclub.co.uk **Cambourne Tang Soo Do Club** Mondays 6.45-8.15pm www.cambournekarate-tangsoodo.co.uk **Cambs Tai Chi Club** www.cambs-taichi.org.uk **Cambs Chargers Volleyball Club** cambschargers@gmail.com **Cambourne United FC** Chris Williamson 07900 674558 cambourne.united@gmail.com pitchero.com/clubs/cambourneunitedfc Facebook – cambourneunitedfc

#### **YOUTH GROUPS**

Cambourne Air Cadets: Sgt. (ATC) Adam Kelly 2484df@aircadets.org Cambourne Army Cadet force: dc.cambourne@gmail.com www.cambsacf.com Cambourne Youth Partnership & Romsey Mill:

CYP and Romsey Mill run weekly clubs for young people. The youth clubs take place on a Wednesday evening, with new timings from November 2017. The group for School Years 7-9 runs from 3.30-5.00pm, for School Years 9-11 from 5.30-7.00pm and for School Year 11+ from 7.30-9.00pm. All groups take place at Cambourne Soul on Back Lane. For more information contact Jonathan Buwert at jonathan.buwert@romseymill.org or on 07503171869.

Cubs, Beavers & Scouts: 1St Cambourne: joininglist@cambourne scoutgroup.org.uk

2nd Cambourne:

waitinglist@2ndcambourne scoutgroup.org.uk

Guides, Senior Section, Brownies and Rainbows:

Waiting list and volunteers girlguiding.org.uk 08001695901 childerley.dc@gmail.com

## WASTE AND RECYCLING

Black bin: Thursdays 7 & 21 Dec 2017 Saturday 6 January 2018 Blue bin & green bin: Thursday 14 Dec 2017 Saturday 30 Dec 2017

## A BETTER LIFE

Fiona H Drummond M.A. D.Hyp. Psychologist & Clinical Hypnotist Member of the British Society of Clinical Hypnotists Member of the British National Register of Advanced Hypnotherapists DEPRESSION - STRESS - ANXIETY - EATING DISORDERS - WEIGHT PROBLEMS -PHOBIAS - CONFIDENCE - PANIC ATTACK - INSOMNIA - STOP SMOKING - SEXUAL PROBLEMS - IBS - BAD HABITS - RELATIONSHIP PROBLEMS Fiona is very well qualified psychologist and clinical Hypnotist who is experienced in the treatment of a wide range of physical, psychological and emotional problems. If you have a specific problem - just ask !

Based in Regus House, Cambourne Business Park, Great Cambourne Telephone 01954 205084 email fhd@fionadrummond.com

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- Anxiety / panic attacks?
- Depression?
- Loss / bereavement?
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I am Claire Francis, a qualified counsellor and member of the British Association of Counselling & Psychotherapy working locally in private practice.

Call me on 07979 913195 for a friendly, informal discussion or email me at clairefrancis38@gmail.com.

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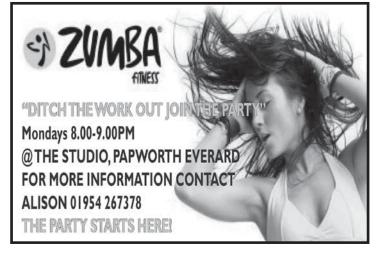
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transformed my appearance and my confidence." Jane

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# PILATES

THURSDAYS CAMBOURNE VILLAGE COLLEGE 6.30pm BEGINNER / INTERMEDIATE 7.30pm INTERMEDIATE / ADVANCED 7 week course starts 4<sup>TH</sup> JANUARY

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#### PAGE 19



## **JOHN WILDERSDIN**

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#### Pet Positive+ Happy Pets, Happy People

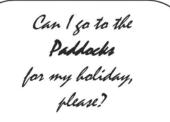
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<u>Jocelyn.Marcroft@googlemail.com</u> 112 High Street, Yelling, Cambs, PE19 6SD

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# CLASSIFIED ADVERTS

#### DECEMBER 2017



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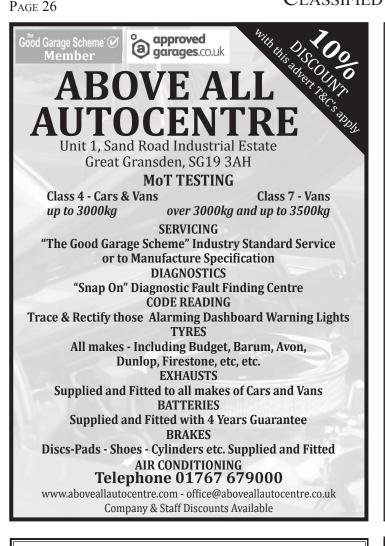
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enquiries@graveley-garage.co.uk www.graveley-garage.co.uk

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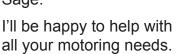


# NEED A NEWER CAR? DON'T KNOW WHO TO TRUST?

Hi, I'm Sage.

Lolly and I have called Cambourne home for the last 8 years and I've been with Toyota for six years now.

If you would like to deal with an honest, friendly and local car sales consultant then call Cambridge Toyota now on 01223 271127 and ask for Sage.







07975 994 762 bookings@cambournecabs.co.uk www.cambournecabs.co.uk



## Bourn Primary Academy

#### **Cleaners** required

We are looking for two cleaners to join our dedicated team at the school.

There are a variety of hours on offer which can be worked before or after school hours. This would be a term time contract.

We are looking for someone cheerful, reliable and happy to work as part of a team. If that sounds like you then we would love to speak to you.

This role could also suit a student in 6<sup>th</sup> form education.

Please contact the School Office on 01954 719282 for more details, or email <u>office@bourn.cambs.sch.uk</u>

#### Rate of £7.78 per hour

The successful candidate will be subject to an enhanced DBS check. Bourn Primary Academy is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.



BOURN C of E PRIMARY ACADEMY Riddy Lane, Bourn, Cambridgeshire, CB23 2SP Tel: 01954 719282 email: <u>office@bourn.cambs.sch.uk</u>

Catering Assistant Required: 4<sup>th</sup> January 2018 3 days (15.5 hours) per week: Term time only Salary scale 1A point 6: pro-rata £15,014 pa FTE

We are seeking to appoint a part-time Catering Assistant to work in our busy kitchen and assist our School Caterer in providing freshly cooked meals to pupils and staff. Your working hours will be 9am to 2:30pm (2 days) and 10am to 2:30pm (1 day).

Previous catering experience is not essential, although experience of working in a kitchen environment would be an advantage. Training can be provided.

We need a friendly, approachable team player with a 'can do' attitude who can be an active member of the whole school team.

For any further information, or to request an application form, please contact the School Office on the telephone number or email address above.

ARRINGTON



Garden Centre Fresh Cut Christmas Trees Top quality Nordmann Fir and Norway Spruce

Wreaths, Table Arrangements, Holly and Mistletoe





A warm welcome awaits you in our Café with hot food, sandwiches, cakes, hot & cold drinks and seasonal specials

OPENINGTIMES: Monday to Saturday 9am to 5pm & Sunday 10:30am to 4:30pm CHRISTMAS OPENINGTIMES:

Christmas Eve - Sunday 24th December 10am to 3pm, Friday 29th December 10am to 3pm, New Year's Eve - Sunday 31st December 10:30am to 3pm CLOSED: Christmas Day, Boxing Day, 27th & 28th December and New Year's Day

Located directly off the A1198 near Arrington, SG8 0AG | Open 7 days a week | 01223 208194

# SPORT

# A TRIBUTE TO KHURRAM NAEEM

CAMBOURNE CRICKET CLUB: At the end of October, the club received the shocking and saddening news that one of our players, Khurram Naeem, had passed away. As a club, we would like to pay tribute to him as a cricketer and a gentleman, and our thoughts and prayers are with his family at this difficult time.

Khurram joined Cambourne CC for the 2017 season, transferring from Madingley CC. We are intending to hold a match next season between Cambourne and Madingley in his memory.

Although he only played with us for a short time, his impact on the club was immediate. He set the tone on-field in his debut game with the 3rd XI vs Milton, taking two wickets with his bowling, then scoring 92 runs from just 40 balls to seal the victory. He was immediately promoted to the first team, and consistently played well across the season.

However, beyond his individual performances, he was a passionate, generous and inspirational player.

Always full of energy and positivity, he brought the game to life with his



regular cries of "Excellent!" and was always there to gee up the team when heads dropped. He was also very confident his batting partners soon got used to him ambling down the wicket after despatching the ball to the boundary and saying, "we don't need to run that one."

Khurram will be missed, both on the cricket field and in the wider community. We have lost a true friend, who was a shining example to us all.

# Family doubles team finish fourth at National tournament

#### **CAMBOURNE TENNIS:**

Congratulations to Neha and Arif for their amazing experience in the National Quorn Family Tennis tournament. The tournament rules are that a junior player (18 or under) plays with an adult family member as a doubles pair. They won the Cambridge County competition and then the East region competition (10 Counties) to reach the National Final!

The finals were held over two days at the National Tennis Centre in Roehampton where many of the top British players train. There were 16 finalists split in groups of four. Arif and Neha managed to win their group and just scraped through a tough Quarterfinal before losing in the Semis to the eventual winners to finish fourth. Neha couldn't carry her Dad anymore! Closer to home, we are having our Club Christmas Party on 8th December

this year. Don't forget to contact Ana if you would like to join so the right amount of food and drink can be ordered: annaspringham @btinternet.com

Social tennis sessions continue all year around; just turn up, Sundays 2pm(ish) to 5pm, Wednesday 7pm(ish) to 10pm. If the weather is looking iffy then you can post on our Facebook page to check who else is going.

New coaching sessions will start in January. Just wrap up warm and you will have fun and make progress. Times and bookings at www.game settennis.co.uk or contact Toby on toby@gamesettennis.co.uk 07972149874.



For more information about your local tennis club, including what we offer and how to join, please see https://clubspark.lta.org.uk/ CambourneLTC.

The website includes a coaching page and a link to the GameSetTennis website. It also has a membership page but at this time of year we discount the membership heavily so please contact Marianne for details: 07917220977 mmuldbjerg@icloud.com

CAMBOURNE FISHING CLUB would like to wish you all a very MERRY CHRISTMAS. A very big THANK YOU to all the support you have shown throughout the year and kind generosity from Local Businesses and Residents who have donated towards our fundraising for Tammy Harrison's Operation. Winners will be notified of the raffle draw 5th December at our AGM. Details on our website www.cambournefishingclub.com.

Total raised for Tammy will be announced in the January issue, once all money has been collected.

# Cambourne Community Car Scheme

Are you a resident of Cambourne, Papworth, Caxton or Elsworth?

Do you need transport for a medical or social appointment?

Are you unable to use public transport to reach your destination?

# If you can answer YES to these three questions then please contact us at the Cambourne Community Car Scheme.

You can call us on 07526 998 465 or email: <u>cambournecarscheme@gmail.com</u>

All our drivers are locally based volunteers who are friendly and helpful and we will take you to your appointment, wait and return you home.

Typical fares from Cambourne are: Addenbrookes £9, Hinchingbrooke £8.40, St Ives £7.20, local in Cambourne £3.

Please allow a minimum of 48 hours notice for your journey as we need time to contact our drivers.

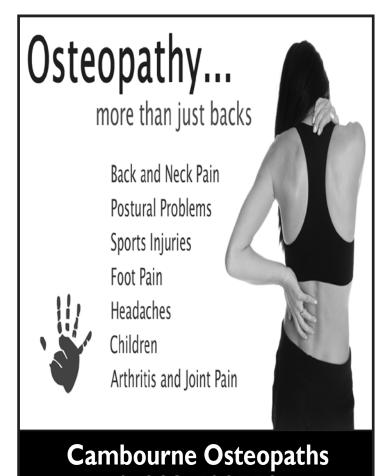
# SPORT

# Hard work pays off for newest TKD Black Belts

**CAMBOURNE TAE KWON DO:** Twice a year, the Tae Kwon Do Association of Great Britain (TAGB) holds gradings for black belts and wannabe black belts, when five Masters at the TAGB headquarters in Bristol test the mettle of Tae Kwon Do practitioners through a series of patterns, line work, sparring, set sparring and knowledge of Korean meanings and vocabulary. In October, Cambourne was proud to send five students for their black belt gradings and we are happy to announce that after several years training and dedication Sean Butler, Justin Clements, Rachel Clements, Dan Davey and Wez Davey successfully graded and proved they were worthy of promotion to black belt.

These students received their black belt certificates from 7th degree Master Brian Towndrow a few weeks later in Derby when two of our junior black belts, James Lacey and Joseph Moss, also received certificates after passing their 2nd star gradings.

The Cambourne instructors are very proud of the achievements of all of our students and extend their congratulations to our newest black belts and wish them well



01223 598558 www.cambourneosteopaths.co.uk



as they continue with their Tae Kwon Do training.

If you and/or your child are interested in trying tae kwon do for yourselves we have beginner classes for both on Tuesday evenings at the Vine School and/or Saturday mornings at the Sports Centre. The first month's training is free so please contact Stephen on 07905 744777 or

<u>stephenlacey73@gmail.com</u> or visit our Cambourne TKD Facebook page.

# CAMBOURNE UNITED FC

We are a dedicated girls' and women's football club in Cambourne, with eight teams this season.

Our Wildcats Academy with FA Licensed Coaches for 4 - 7 year-olds (Reception to Year 2) takes place on the 3G every Saturday 9am - 10am.

Our U8s team (Year 3) also train on Saturdays 9am -10am and will play League festivals on Saturday mornings every 3 - 4 weeks. We are looking for more players so please contact us!

Our U9s (Year 4) and U11s (Years 5 and 6) also play on Saturday mornings, and train Mondays 5pm - 6pm. Despite being brand new teams, both have registered wins and continue to play some good football. We have some really good squad sizes, but we still want to have some more Year 5s involved.

Our two established U13s teams (Years 7-8) and the U15s (Years 9-10) continue to play well, and two out of three have progressed to the next round of the Cup.

Our Women's team trains every Monday from 9pm -10pm on the 3G. £3 pay-and-play each session. We're a friendly, welcoming group of ladies who enjoy an hour of football and laughs. All abilities welcome!

To find out more about us and how you can get involved in the beautiful game, please contact Chris at <u>cambourne.united@gmail.com</u> or Facebook

(@cambourneunitedfc) for more details on how to join in.

# SPORT

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# Cambourne FC reflects on amazing first half of season

**CAMBOURNE FC:** With the approach of the end of this year we see the end of the first half of the season. A time for wearing base layers at training, festive over indulgence and one eye on the return fixtures the New Year will bring.

Thanks to Carl , Dan , Ant and Eddie who have made sure the growing numbers of our Saturday Soccer School new starters get a great intro to the sport, and importantly have great fun doing so.

A reminder that training for 4-6 yr olds is on the 3G from 9am-10am every Saturday morning. At £2 per session, on a 'pay to play' basis, there isn't a better way to spend your time or money.

Our U7 Whites team (pictured having a break from scoring goals) are having a great season. With training going well and them really gelling as a team, we wish them every success in



their upcoming match against Cambridge United PDC and in the Norwich FC tournament.

The is the first season for our newest U8 Greys team who have had a great start and face a busy schedule leading to Christmas. They are currently looking for another player so anyone interested please contact us. Our more established U8 Lions team are so far unbeaten this season. The boys are working hard

training twice a week with a kid's fitness session complimenting their normal football focused practise.

Whilst some of our teams are oversubscribed there is still opportunity at some age groups for those looking to develop in the game, or just looking to have fun and get some exercise. For further information on atttending or to contact us email <u>cambournefc@icloud.com</u> or <u>www.cambournefc.org</u>

# Spartans make final push toward unbeaten season

**CAMBOURNE FC SPARTANS**: The Spartans go into their last three games of 2017 having won eight from eight competitive games looking to win away to Burwell (18-Nov) and home to Whittlesford (25-Nov) to finish top of the pile at the Christmas break.

The boys reached the Quarter Final of the Cambs Cup with a devastating performance away to "A" League Great Chesterford. Three goals in the opening twenty minutes stunned the favourites to progress and they never got back into the game, Spartans winning 5 :3 at the final whistle.

The team will travel to league leaders Witchford and "A"

# **EXILES BATTLE BACK**

**CAMBOURNE RUGBY:** The Exiles played a tough away game against Cantabs, a very strong team that play with a depth of players and subs. The game kicked off with Cambourne on the back foot, as the Cantabs pack took advantage of their strength and weight to slip through for two early tries. However, Cambourne's newfound form under coach Chris Wallis fought their way back, which meant Cantabs did not have things entirely their way.

Cambourne threw well-drilled attacks against their strong defence exposing cracks in the line, allowing the advantage and score of two tries. One came from Captain Ryan Cox off the back of a scrum, and the other from a great try from Russell Withey. Cambourne then started to turn the table on the heavier Cantabs pack displaying better technique and front

League Isleham Untied in the cup in the New Year, two games which could define the season with the boys determined to bring silverware back to the village.

Spartans welcome Mydas Smalls to the squad who impressed with his personality and football technique in training during October. We are certain that Mydas will fit in perfectly and enhance the squad for the rest of the season. Finally a huge well done to Connor Fitzpatrick; setting a Spartan record of scoring in ten consecutive games for the boys, banging in twenty goals in the process.

#wearespartan

row, Jack Mills, notably dominating his opposite number. The engine of the pack, Brandon Rennie and Marc Tirant, fired on all four cylinders and Man of the Match Lee Cooke put in a performance Martin Johnson would be proud



of. Unfortunately, all this pressure came too late to Cantabs' relief the score ended Cantabs 21 - 14 Cambourne. Ten more minutes would definitely have seen a different score line.

If you would like to watch some Cambourne Rugby, our next home game on 9 December against Haverhill. Kick off is at 1400hrs. If you would like to join Cambourne Rugby, we train to the right of the all-weather pitch every Thursday night at 6:45pm. Ability or experience don't matter, all welcome. the children at the Vine School. A piece

Remembrance was also kindly loaned to

the church which, together with the cross

of poppies, created the focal point for our

It was wonderful to see so many

Thank you to all those who were

people in the cold and the wind taking

part in this important community event.

of GCSE artwork reflecting

Act of Remembrance.

involved.

# COMMUNITY

# **Cambourne remembers**

On Sunday 12th November the Act of Remembrance was held at Cambourne Church. Over 100 children and young people from the Air Cadets, Army Cadets, Rainbows, Brownies, Guides, Beavers, cubs, scouts and police cadets paraded behind the marching band from the new cricket pavilion up Eastgate to the church.

Wreaths were laid at the foot of a cross which was covered in poppies made by



# **CAMBOURNE** SKIES LIT UP

#### SATURDAY 4TH NOVEMBER saw

Cambourne's annual firework display, sponsored by AG Motors in Papworth.

A group of local volunteers organises the display, which gets bigger and better every year. This year there were double the number of bars, sparkler zones and mulled wine.

At the village fete in September, five lucky families won golden tickets to attend our VIP viewing area. They were looked after by Cambourne brownies and said they felt very special.

The committee would like to thank the rugby club, police cadets, army cadets, scouts, guides, brownies and family and friends who do an amazing job every year - collecting donations, running the bars, managing car parking and manning the sparkler zones.

As a thank you to the volunteer organisations that assist, each group receives a donation. This year an

additional donation is being made to assist Chris West and Dan Berryman's families after the tragic incident in Cambourne recently.

Thanks also to Cambourne Parish Council for helping with the event, allowing use of their buildings and marking out the spectator area, and to Peter Laborne for giving up his time and taking some high quality photos.

Finally a thank you to the British Red Cross for providing first aid for the event, to Cambridgeshire Fire & Rescue service for bringing along a fire unit and



to Cambridgeshire Police for attending to ensure safety.

Next year's event will be on Saturday 3rd November 2018. So save the date!

If you are interested in volunteering next year or would like to make a donation, please contact the committee on facebook.com/cambournefireworks

