CAMBOURNE CRIER

www.cambournecrier.org

editorial@cambournecrier.org

Cambourne Community Fete: 9 Sept

THE PARISH COUNCIL are proud to be hosting the Cambourne Community Fete on Great Cambourne Green on Saturday 9th September 2017.

The event will be open from 12pm to 6pm and will include a host of stalls, activities, entertainment, food and drink!

Alongside old favourites such as the bouncy castles, trampolines and water walkers there will also be Land Zorbs and performances from local bands Datum Plane, Fred's House, Deep City and Eclipse, plus the winners of the Cambridge Band Competition 2017, Flint Moore. Between the bands there will be Bollywood dancing, Karate, Jazzercise and a children's dance contest.

There will be plenty of food and drink options with a BBQ, hog roast, pizza, indian, paninis, ice cream, tea and coffee and a licensed bar.

Cromwell Vets will be running various classes in the Dog Show (just register on the day to enter) and there will be a host of community groups, sports clubs and businesses running a variety activities and competitions.



In the Parish Council marquee you will find the raffle, tombola, cakes, nails and tattoos and - making a welcome return from last year - The Human Fruit Machine! The Grounds team will be on hand to show you the range of mowers, tractors and other equipment used to keep Cambourne beautifully maintained.

All proceeds raised by the Fete will be donated to Light Up Cambourne for the Christmas lights and switch on event. Last year, despite the inclement weather, the fete raised over £2,700!

Special thanks to Taylor Wimpey for sponsoring the bands, to Anglian Water for sponsoring the fete programme and to Cambridge 105 Radio for their assistance in organising the stage and arena events. Thanks also to AG Motors, Cambridge Belfry, Cambridge Building Society, Crowne Plaza, CSC Automotive, Dumbletons Photography, Holiday Inn, Goldcrest Therapy, Jill Bridger School of Dance, Monkfield Arms, One Leisure, Rural Flying Corps and Shepreth Wildlife Park for their generous donations of prizes.

 Please note that there is no parking available at the Green and last year a number of parking tickets were issued.
 We strongly urge all visitors to the fete to walk where possible or to use the car park at Priory Walk opposite the Monkfield Arms on Monkfield Lane.



THE BIG SQUIGGLE (previously known as the Big Draw) will take place on Saturday 30 September from 1.30 - 4.30pm in the Blue School. The name may have changed, but it will still be a great afternoon of drawing, painting and being generally creative in a fun way. The event is free for all, but children under 13 must be accompanied by an adult please. Unaccompanied adults of all ages welcome too!

There will be refreshments available and collection boxes for a local charity. **Cambourne Arts Exhibition:** At the same time in the Blue School and continuing all weekend, there will be an exhibition of paintings by the watercolour groups and photographs by the photography group and maybe more. On the Sunday you may also see some of the work from the Big Squiggle on display.

Music anyone? If there are any local bands / musicians / singers who would like to play during the weekend, please get in touch. fran@panrucker.eclipse.co.uk

CAMBOURNE CRIER

The Cambourne Crier is compiled by volunteers. This month's editors were:

Tim Nash, Donavan Bangs, Renata Kovács, Dan Scruton, Paul Jobling, Susannah May & Patricia Tothova

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Editorial submissions:

Submissions for the October 2017 edition must be received by 9pm on Sunday 17th September 2017.

Please email articles and photographs to editorial@cambournecrier.org
Photographs must be print quality and should be sent as separate images. By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you have access to the internet and a PC and would like to join the editorial team as an editor, designer, writer or to help with our website, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

The Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group?

Or are you thinking of setting up a new group and need some funding to get going?

Contact pam.hume@ntlworld.com for more information or download the application form at www.cambournecrier.org

FUNDRAISING

Everyone Active magics up £1,500 for mental health

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EVERYONE ACTIVE CAMBOURNE

held an evening of magic and illusion on 15th July to raise money and awareness for mental health charity, Mind.

Award winning performer, Gemma Raymond, presented an evening of magic and illusion to more than 180 people, providing an evening of entertainment and fun for all the family.

The leisure centre has pledged to raise £2,000 for its chosen charity partner, Mind, over the next year and has already nearly reached its target after raising £1511.13 for the charity at the event.

The centre is organising a string of events taking place over the next year, to help surpass their fundraising goal including a charity 'clubbercise dance party' and 'football fever festival', as well as number of gym floor challenges.

One in four people will experience a mental health problem in any given year. Physical activity is proven to benefit mental wellbeing in a number of ways, including easing feelings of stress and reducing the risk of depression. The partnership between Everyone Active

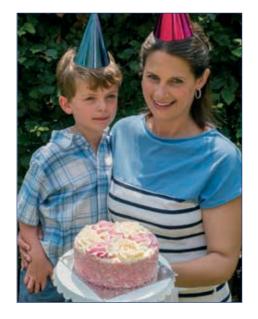


Gemma Raymond, front left, with Everyone Active staff and audience members at the event

and Mind will encourage more people to engage with physical activity and feel these benefits.

Shane Railley, Everyone Active's general manager said: "We are proud to be working with Mind as our chosen charity partner. The team at Mind carry out lots of great work and are passionate about raising awareness of mental health. This is a great opportunity for us to raise awareness of mental health issues, as well as offer support for the local community."

Get a party started for Addenbrooke's



ADDENBROOKE'S CHARITABLE

TRUST: The annual Addenbrooke's Breast Cancer Appeal, organised by Addenbrooke's Charitable Trust (ACT), asks people to host a party for family, friends, work colleagues or fellow students this October to help raise money to transform care for patients.

Party suggestions include getting together for tea and cake, a prosecco party, office party or even a summer 'BooBieQ'.

To get involved and find out more, visit www.act4addenbrookes.org.uk/ABCappeal, email fundraising@act4addenbrookes.org.uk or call 01223 349885.

Photograph: Former breast cancer patient Ruth New is fronting the campaign, pictured with her son William

NEWS

Children and their parents get creative at Cambourne Family Art Day

More than seventy children and their parents from Cambourne took part in Cambourne Family Art Day on Saturday 8th July at Cambourne Hub Community Centre.

Cambourne Art Day was a family event where children got an opportunity to draw from their imagination in a given theme; parents also made their own piece of art for exhibition. It has given them good confidence for future art projects.

People from in and around Cambourne came and looked at all the drawings of the young artists and their parents. Every participant received a participation certificate along with a prize to acknowledge their ingenuity and to encourage them to continue their passion for the Arts and creativity.

Councillor Shrobona Bhattacharya, who organised this event, explained, "It was wonderful to see so many children



and their parents draw from their imagination and create the Cambourne Art Gallery. A child's talents must be recognized within the community."

Parul Burman, the co-organizer, who runs an Art School in Cambourne said, "Children must be given an opportunity to expand their imagination and creativity and I am sure more kids and parents will take part in coming years."

Cambourne resident and Time bank member Janet Glasser gave away the prizes to the children and the winner's parents. Mrs Meaghan, Mrs Templeton, Mrs. Anuja and Yagnaseni Bhattacharya helped to organize the event as the jury.



Call us for more information or a confidential discussion 01223 411421 www.woodfines.co.uk

Parking available

CAMBOURNE PARISH COUNCIL

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Mobile Post Office in Cambourne

Mobile Post Office

A reminder that the Mobile Post Office van will be in The Hub Car Park on Wednesday afternoons between 12:15pm and 16:15pm from 6th September 2017.

A great deal of work has gone in to securing this service but in order for it to continue the service must be used.

The Post Office is also asking customers and interested parties to give their comments on the move in a public consultation which will close on 19th September 2017.

Submissions may be made by sending to: Freepost, YOUR COMMENTS, Post Office Ltd, by email to comments@postoffice.co.uk, via the post office website www.postofficeviews.co.uk, by telephoning the customer helpline on 03457 223344 or by text phone 03457

New Parish Council website

223355

Cambourne Parish Council has revamped its website to have a completely new look with lots of new and exciting features.

There are now 'report it' buttons for things such as graffiti and vandalism, overflowing litter and dog bins and faulty streetlights. There is also a wealth of information and up to date news.

The website will continue to be developed and updated.

The website can be found at www.cambourneparishcouncil.gov.uk so please take a look.

Reporting crime and antisocial behaviour

Members of the public who witness crimes and antisocial behaviour, or are affected by them should report the incidence to the Police on 101 in the first instance or if a crime is in progress, violence is being threatened or there is a danger to life then call 999.

Circus

John Lawson's Circus will be making a welcome return visit to Great Cambourne Green in October with shows on Monday 2nd October, Tuesday 3rd and Wednesday 4th October 2017.

For more information on John Lawson's Circus have a look at the website http://johnlawsonscircus.co.uk

Calendar of Meetings September / October 2017

19 September: Planning Committee,

Leisure & Amenities

3 October: Planning Committee

Council

Residents are welcome to address the meeting before it formally starts on any matter on the agenda.

If you have something else you'd like to raise, please contact the Parish Clerk at least 10 days beforehand so the item can be added.

Ruth Betson: District Councillor



August is traditionally a quiet period, however September and October are looking busy already! In particular, I will be attending meetings and workshops to discuss the proposed new Cambourne to Cambridge busway, the P&R site and the development of the A428.

I'm ecstatic that the Post Office is launching a new mobile service in Cambourne on 6th September, thanks to the joint efforts of the Parish Council, District Council and our MP. We would all prefer a more permanent solution, but this is a step in the right direction. Please do comment on the public consultation which is open until 19th September. You can find more information in the Parish Council section of this page, via the Parish Council, the library or search for it online.

Quick reminder: online forms are available on www.scambs.gov.uk to report a missed bin collection, a faulty street light, graffiti, fly-tipping or dog fouling. If you don't have access to the internet, then you can call South Cambridgeshire District Council on 03450 450 500.

Do you want to help me shape this column? Please tell me what you want to hear about. I've also been wondering about holding a monthly surgery: tell me what you think! Email me at cllr.betson@scambs.gov.uk or follow me on Twitter @ruthbetson



The Parish Office: The Hub, High Street, Cambourne, CB23 6GW Open 9am to 5pm Mon-Thurs, 9am to 4pm Fri. Tel: 01954 714403 John Vickery, Parish Clerk: clerk@cambourneparishcouncil.gov.uk For all other enquiries: bookings@cambourneparishcouncil.gov.uk

COMMUNITY

New community website set for launch



Photograph: Joe Rey

<u>WWW.CAMBOURNE.INFO</u> will be going live on Saturday 9 September! Browse at home or come and see the volunteers at our stall at the Cambourne Fête and tell us what you think.

All comments welcome: this is the website for our community...

Originally started by the late Roger Hume, this website picks up where he left off and is now newly refreshed with up-to-date information. We hope that this website will be a lasting and fitting tribute to Roger.

The aim of this community website is to answer all those annoying little questions that residents often ask themselves:

"How do I?" - "Where do I?"

Find the answer here – and if you don't find it, then let us know and we'll do our best to find out!

"What's the name of that place?"

Browse through the directory of Cambourne-based businesses

"What's happening today?"

Click on the calendar to see local events and plan your day! We still need more information, so if you run a local business, host events or have a suggestion for a question that needs answering, then please email the team at hello@cambourne.info

Visit
Cambourne.info
from 9 September



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COLUMNISTS

CATHERINE PRICE About eating

disorders



Eating disorders are serious mental illnesses affecting over 725,000 people in the UK causing physical, psychological and social difficulties. They claim more lives than any other mental illness. Although younger women are most likely to be affected, they can affect men and women at any age.

Eating disorders can have a wide range of symptoms related to conditions such as: anorexia nervosa (keeping body weight low and often a distorted image of body size); bulimia (eating excessively followed by vomiting/ laxative use); binge eating disorder (BED) (eating very large quantities of food rapidly, usually in private); emotional overeating (eating in response to negative emotions rather that physical hunger) and others.

It can be very worrying if you're concerned that someone you're close to may have an eating disorder and it is not uncommon for them to be secretive or defensive about their eating or weight. Obsession about food, behaviour changes, distorted beliefs about body size, excessive exercise, disappearing to the toilet after meals and difficulty concentrating may also be noticed.

Eating disorders are serious but treatable conditions and full recovery is possible, particularly if helped early on. Eating disorders are illnesses and deserve treatment and support in the same way as if you were affected by any other illness. Professional help is almost always needed but the help and support friends and family is also invaluable. Catherine Price RN, Cambourne Parish Nursing Service nurse@cambournechurch.org.uk

HEIDI ALLEN MP

Post van comes to **Cambourne**



I was so was pleased to hear the long standing campaign for a Post Office in Cambourne is being rewarded with a Mobile Post Office in the Hub Car Park each Wednesday. This is the first step towards securing a long-term solution to the lack of a Post Office at Cambourne, so please give your support by submitting your views to the consultation at:https://www.postofficeviews.co.uk/branchcode.php?query=0 2345899&frmnd=liveconsultation which ends on 19th September.

Science has also been firmly on my agenda as I attended several events this month designed to increase young people's interest in all things STEM (science, technology, engineering and mathematics). I was honoured to present young scientist certificates at the Cambourne Science Fair and join in with the Active Science Day at Cambridge United, co-hosted with the Cambridge Science Centre and Astra Zeneca. I spoke about the role science has played in my career as a politician with an astrophysics degree, at the Women in STEM event at Corpus Christi College, Cambridge. It was so invigorating to be in the presence of so many bright, investigative young minds.

Finally, my constituency office has now moved to premises on Sawston High Street. News and further information can be found on my website, which is www.heidisouthcambs.co.uk. You can email me at heidi.allen.mp@parliament.uk, contact my Westminster Office on 020 7219 5091 about national issues or my constituency office on 01954 212707 regarding local issues.



COMMUNITY

Kids get building at Library Lego event

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CAMBOURNE LIBRARY: On 9th August a Family Lego Event for children was held in Cambourne Library. The event was sold out and the children really impressed with their imaginative builds! One parent commented: "Thank you for putting on this wonderful event – children from all schools, backgrounds and ages have come together to let their imaginations run wild. A perfect event for a wet day!"





Help Monkfield Medical Practice help you

MONKFIELD MEDICAL PRACTICE: A team of staff and their families will be running the 10km and 3km races in Bourn on 24 September. Our aim is to raise money to purchase an AED (automated external defibrillator) to be located on the external wall of the Library / Health Centre building, accessible to the community in the event of an emergency.

If donations exceed our target, we would also love to purchase or start saving towards a blood pressure monitor for the waiting area within the Practice. This will make it easier for patients to check their blood pressure. So if you want to help us help the community, please don't wait and use the link and donate! https://www.justgiving.com/crowdfunding/mmp





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8wk Beginners Course: 7pm-8pm Intermediate: 8pm-9pm Advance class: 9pm-10.00pm.

We are a members club and as with all clubs, none can survive without the support and understanding that the members themselves are "the club".

Our prices are reasonable to allow affordability for all, but does not mean a compromise on the standard of training.

New Beginners course

Starts Wednesday 6th September 2017.

For further details please contact: Joan Hutchings - 01763 247976

Available on facebook

CAMBOURNE CHURCH

Sep / Oct services and events

Young Church and Youth groups meet during the 11am service

Sunday 3rd September, 9.30 & 11am: Morning Worship

Sunday 10th September, 9.30 & 11am : Morning Worship with Communion

Sunday 17th September, 9.30 & 11am: Morning Worship

Sunday 24th September

10.00am : Morning Worship with Communion

7.00-9.00pm: Encounter, Listen - Share - Receive Tea, Coffee and Snacks

Sunday 1st October - Harvest 10.00am: Morning Worship

19 - the coffee house

will reopen on Monday 4th September.

Normal opening hours: 8.45am - 2.00pm Monday -Thursday

8.45am - 12.00pm Friday

Saturday opening: 16th September 10am - 2pm Thank you for your continuing support.

Fathers' and Children's Breakfast

8.30 -10.30am at Cambourne Church. First Saturday of every month.

It would be great to see any dads with their kids for a bacon roll, toast or just a coffee. Breakfast is free although donations are welcome.

Next Meetings - 7th October, 4th November and 2nd December.

Moving on - from a remarkable community



I think there's always been seasonality in ministry, this is famously expressed in Ecclesiastes 3 where we read the words "To everything there is a season, and a time for every purpose under heaven."

When Sarah and I (Izzy wasn't yet with us) arrived in Cambourne three and a half years ago, we had no idea what ministry here would look like or how long we would be called to stay here.

However, the time has come for Sarah, Izzy and I to move on to a new post as I take up the role of Rector of Ringwood with Ellingham & Harbridge and St Leonards & St Ives, a group of six churches in Hampshire centered around the market town of Ringwood.

But I wanted to take this final Cambourne Crier article to say thank you! I can honestly say I never expected to find the depth of community I've found in Cambourne - it has been remarkable, people are genuinely warm and take time to smile as they pass you on the streets.

I've spent a great amount of my ministry here working with community organisations and individuals (many volunteers) who give their time to benefit the whole community.

Being part of the Church in this place has been, for me, about joining in with this task of building community and praying that amongst all of the groups, voluntary hours given by so many, the food given out by Foodbank and the welcome and hospitality offered by 19 the coffee house, that the love of God and his care of all people is revealed.

With every good wish for the future,

Rev Matthew Trick Minister of Cambourne Church



A partnership of the Church of England, Baptist, Methodist & United Reformed Church Service times: Sunday 9.30 & 11.00am 2nd and 4th Sunday in month:

Holy Communion at 9.30 and 11am services



www.cambournechurch.org.uk



@cambournechurch



facebook.com/cambournechurch

CAMBOURNE CRIER

PEACEHAVEN BAPTIST CHURCH

Dear Friends,

The month of September is here. I have learned much over the summer with a building project. I have learned that there are many ways in construction to acomplish the same thing. A variety of materials and fixings and such can make up a firm place to store things. And the same is true in many things in life. In computing there are normally several ways to get a thing done. However, sometimes

there is only one way, one path that will get you to your goal. You might not like it or it may not be in accordance to modern thinking, but, some things do not change. In our study in Psalm 23 on Sunday mornings I have been teaching on the importance of having the right shepherd, the right provisions and the right paths. But, in truth the first one is all you need as long as you stay close. He will lead you to what you need

when you need it and even if the path is dark or steep you can trust in Him. Even if predators are around you can be safe and your future is secure because of your faith in the Shepherd. But, if you do not have the right shepherd then nothing is certain. It would be like reading the 23rd Psalm and turning all the positives to negatives. It is actually a bit scary if you think about it. So, this month ask yourself who is my shepherd? Whom



do you follow? And if you know who you are following that will tell you what direction you are going. And if the path does not lead to a good spot, maybe change shepherds.

Pastor Donavan Bangs



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THE CAMBRIDGE BELFRY Nr Cambridge

NEWS

Police issue shed security warning following rise in shed burglaries in Cambridgeshire





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Everyone is welcome to join us.

For more information please visit www.christchurchcambourne.org.uk

CAMBRIDGESHIRE CONSTABULARY: Many people underestimate the value of the items they store in their sheds. Unfortunately criminals are fully aware of the value of the goods that some people do store in vulnerable places.

The following advice can help to keep your property secure and reduce the chance of you becoming a victim of crime.

Whilst a shed is not designed to withstand any form of determined attack, there are some simple measures you can take to make them more secure. Position your garden shed as near to your house as possible so that it is clearly visible from your home.

Consider painting your house number and postcode onto your valuable gardening equipment (e.g. lawnmower, strimmer and tools). This makes them much less attractive to potential thieves as it makes them more difficult to sell on, and also increases the chances of the property being recovered and returned to its rightful owner if it is stolen.

Avoid storing valuable items such as power tools, fishing tackle or golf clubs in a shed. These items should be stored inside your home or a secure garage.

If you have been working in your garden ensure that you lock away tools such as spades or forks when you're finished. Tools left out overnight could be used by an intruder to gain access to your property.

If you don't intend to use the windows in your shed you can make them secure by screwing them shut or fitting window locks. Hanging old curtain or netting up against the window will prevent any prying eyes from seeing what is stored in your shed.

Locks and Bolts

The most effective way to secure shed doors is to fit a strong hasp and staple (also called a 'padbar').

Secure this with coach bolts (long bolts with a smooth head that cannot be undone with a screwdriver or spanner) and lock the hasp over the staple with a closed shackled padlock.

You can further protect your shed with items such as 'shed bars' and larger items such as cycles can be secured to shed shackles. These and other approved products can be found at www.soldsecure.com or www.securedbydesign.com

Secure the shed door hinges with 'clutch head' or 'coffin' screws. These are a special type of screw that once fitted can only be unscrewed with a special tool. They can be purchased from DIY outlets and on the internet

Lindsay Gardiner Cambridgeshire Constabulary

COMMUNITY

Community group aims to save last local pub

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Following the closure of the Black Horse Pub in Dry Drayton late last year, a group of individuals have formed the Black Horse Steering Group (BHSG) with the aim of saving what is the last remaining pub of five originally in the village. The pub is a designated Asset of Community Value, which allowed the South Cambridgeshire District Council to place a moratorium on the sale so the local community could decide whether to launch a rescue effort.

The aim is to buy the Grade II listed building which has operated as a pub since 1780, renovate it and install a suitable tenant to run it as part of a community based Social Enterprise known as a Community Benefit Society.

The initiative from the BHSG has already met with widespread approval from a variety of organisations such as the Plunkett Foundation, Pub is the Hub, CAMRA and local breweries.

It is intended that the community owned venture serves the need of Dry Drayton above and beyond that traditionally offered by a "pub" and will potentially include a café and small store for essentials.

Following a public meeting on 4 August which around 100 people attended, the group has announced that they have raised £187,250 - three quarters of their funding goal.

Next steps include publishing the proposed business plan and a prospectus for the pub's shareholder offer – complete with potential tax benefits for investors – although no money will actually be taken until a price for the pub is agreed.

Ultimately, the goal is to have an offer for the freehold accepted by the owners so the community can buy the pub. The group has made an opening bid of £225,000 to purchase the freehold, based on a professional valuation. The bid was subsequently rejected, but Group members say it is only the beginning of negotiations.

For more information visit www.savetheblackhorse.co.uk



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SCHOOLS

Year 6 at the Vine performs The Tempest with a twist

THE VINE PRIMARY SCHOOL: Year 6. at The Vine, always performs a play at the end of their time at our school. This year we performed Shakespeare's The Tempest. We had to make slight alterations to the piece however, we think that William Shakespeare would have been proud of us because it was a masterpiece!

We had studied the play in our English lessons. Since Shakespeare's piece had fewer characters than there were Year 6 pupils, we made up some exciting new characters. We had fun with this challenge! We gave the part of Prospero to four different actors. We created a 4-part Ariel, the magical spirit, by giving four different actors the part to play, and our Caliban had two heads! Oh yes, two! And two voices!

To ensure that our audience was not confused by the number of characters, we added a knowledgeable person to help ... old Shakey himself and his longsuffering wife, Anne.

We rehearsed for four weeks. We had a lot of fun putting actions to the songs. Then came the Big Day. We were nervous ... we were excited... But we were fabulous!







Cambourne Village College set for expansion

CAMBOURNE VILLAGE COLLEGE: On 4 September, we welcomed our final cohort of more than 200 new Year 7 pupils to the College, bringing us to our full complement of five year groups.

Our newly-expanded facilities enable us to welcome up to 1,050 pupils – we will have approximately 940 on roll from September - but mindful of the growth in primary school numbers in Cambourne, and the imminent construction of housing for Cambourne West, the Cam Academy Trust has agreed with Cambridgeshire County Council to expand Cambourne Village College onto a new campus adjoining our existing site.

Detailed planning will start immediately for the new development, which will initially accommodate three further forms of entry from September 2019, with potential for three further forms to be added in the future, as per demand. The two campuses will be run as one school, with one application process as at present.

As a further exciting development, our new 3G pitch will be ready by the end of October. With a shock-pad layer beneath the synthetic grass surface, this pitch will be put to great use by the College, for both rugby and football; we're particularly excited by the opportunity this has brought us to become a 'hub' school for Norwich City Football Club, with exciting opportunities for the pupils. This facility will be available for community hire out of school hours.

Lastly, please visit our website www.cambournev.org for details of the Adult Education classes on offer to you for the next academic year. We look forward to welcoming you to our school.

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Baby Loss Awareness Week

Honouring the lives of all babies gone too soon

Free events in Cambourne open to anyone who has been affected by baby loss at any stage and at any time.

Coffee Morning

Friday 13th October 2017 10.30am - midday The Old Blue School, East Gate An informal space to meet with others who have been affected by baby loss.

An Act of Remembrance

Sunday 15th October 2017 6.30pm Cambourne Church, Jeavons Lane To include poems, reflections and lighting of candles as part of the global 'wave of light'.

> Contact: Catherine Price nurse@cambournechurch.org.uk 01954 710644 or 07523 567738



the next generation

and 2484 Bassingbourn!



FREE ENGLISH LESSONS

Chesterton Community College Friday 22 September, 9.30am

Contact Sarah Adams to book your free place!

sadams@chesterton.cambs.sch.uk

www.esolcafe.co.uk

CAMBOURNE MUSIC SCHOOL

Mondays, 4-6pm: Flute, Clarinet, Saxophone or Trumpet









Small group lessons
Rhythm games
Band rehearsals & concerts

£10 per 2-hour session

Tuesdays, 4-6pm: Singing & Ukulele

Musicals, Disney & Classics Song-writing Choir singing

£6 per 2-hour session





Wednesdays, 4-5pm / 5-6pm: Guitar or Keyboard





Beginners classes & Improvers classes Rhythm games

£8 per 1-hour session

£2 discount for additional classes!!

eg. Mon & Tues = £14 per week

Sessions start in September 2017 Cambourne Village College Sheepfold Lane, CB23 6FR For full details and registration form:

Email: musicschool@cambournevc.org

Web: www.cambournevc.org/Music-School

Why the COMMUTE just doesn't COMPUTE for Cambridge Professionals

Region's Workforce Embracing Flexible Workplace Options

Headlines about commuting cost and travel chaos are an almost weekly occurrence, and forward-thinking Cambridge businesses and professionals are looking beyond this outdated approach to discover newer, more productive ways of working.



As anybody who regularly commutes to a central office will know, the stress and strain of daily travel – not to mention the expense – can take its toll on levels of alertness and performance. A more flexible approach to the working week is widely understood to deliver greater benefits in terms of wellbeing and productivity. Working flexibly means getting a better balance between work hours and leisure-time and finding patterns that better suit the lifestyle of employees rather than asking them to conform to rigid working structures.

Global workplace provider Regus has four Cambridge work hubs which are used by a diverse mix of professionals who have abandoned the daily commute in favour of a new, flexible approach to the working week. Local

start-ups, home workers looking for a change of scene, growing businesses and international corporations can all

be found using the centres, which offer services including offices on a permanent or part-time basis, meeting rooms and Virtual Offices. There is also an appetite for co-working space, where professionals work alongside those from other companies and industries in a workspace designed to encourage networking and the sharing of ideas and contacts.

For business owners there are compelling reasons to embrace the flexible working model. Across its UK locations, Regus has witnessed the trend for companies to turn away from traditional leased offices as they strive to keep overheads down and work in more productive, modern and environmentally-conscious ways.



Research commissioned by Regus has shown that almost half of professionals in the UK (46%) now work from



somewhere other than their main office for at least half the week. The limitations of working from home or from a café space are well known – lack of privacy, constant distraction, lack of essential office tech support. That's why, when choosing to work away from the main office, demand for flexible workspace options is growing amongst busy professionals.

Whether flexible work is embraced full-time or part-time to break up

traditional working structures, the benefits are clear. Consider

the fact that today's typical commuter spends an average of 8.1 hrs per week travelling to and from work – the equivalent of an entire working day. Surely this time could be better spent?

With its Cambridge hubs, and other sites across the globe, Regus is offering an alternative to this pattern, providing an environment geared towards networking, productivity and great work.



Global workspace provider Regus has a network spanning 900 cities across 120 countries. The company's Cambridge hubs are located on East Road, Vision Park, Cambourne Business Park and Cambridge Motorway Service Area.

ALEXANDRA JEPSEN - AREA MANAGER - 0777 0803800

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WHAT'S ON: EVENTS IN AND AROUND CAMBOURNE

Wednesday 6 September, 7.30pm
Papworth Astronomy Club Talk:
From the Pendulum to Dark Matter,
by Paul Fellows

Vinter Room in Papworth
Paul Fellows is chairman of Cambridge
Astronomical Association. The meeting
room is accessible to wheelchairs.
Visitors are always welcome - if you
haven't attended a club meeting before,
come along as a guest. Contact Peter
Sandford - phone 01480 830729, email
peter@cheere.demon.co.uk

Saturday 9th September, 12-6pm

Cambourne Community Fete 2017

Great Cambourne Green

Live music, licensed bar, community
displays, food stalls, kids' activities. In

displays, food stalls, kids' activities. In aid of Light Up Cambourne. Volunteers needed. Contact 01954 714403 or fete@cambourneparishcouncil.gov.uk

Saturday 9th September, 5.30-9.30pm **Festivals of India 2017**

Janmashtami & Ganesh Chaturthi

Cambourne Village College
Free event. Everyone welcome. ISKCON Cambourne and CCS invite you to
a fun-filled evening to celebrate India's
biggest festivals; Krishna's and
Ganesh's birthdays. Enjoy live traditional Indian music, kids performances, a
vegetarian feast and more. Confirm attendance by 1 September by emailing
iskconcambourne@gmail.com

Sunday 10th September, from 9.30am **Bridge the Gap**

Cambridge

Charity walk around the Cambridge Colleges. In support of Arthur Rank Hospice Charity and Romsey Mill. To register visit <u>arhc.org.uk/bridgethegap</u> Saturday 30 September, 1.30 - 4.30pm **The Big Squiggle**

Blue School

For this year's big day of painting and drawing. The event is free for all, but children under 13 must be accompanied by an adult please. Unaccompanied adults of all ages welcome too! There will be refreshments available and collection boxes for a local charity.

For more information, email fran@panrucker.eclipse.co.uk or call 01954 710858.

30th September - 1 October Cambourne Arts Exhibition

Blue School

An exhibition of paintings by the watercolour groups and photographs by the photography group and maybe more.

Saturday 30th September, 7pm **Murder Mystery Night!**

Cambourne Village College
Buffet & performance included.
£10 per ticket. 18+ only, cash bar, raffle, prize for winners. Proceeds to benefit your local Air Cadet Squadrons: 2484DF Cambourne and 2484
Bassingbourn. Contact Jen Collins for tickets: 07944 154003

Friday 6th October, 10am start Charity Golf Day

Cambridge Meridian Golf Club, Toft
Teams of 4, £240. Includes breakfast
and post-round meal. In support of
Romsey Mill. Details:
georgina.forbes@romseymill.org /
01223 213 162

For local group meeting dates and times, please see listings on pages 16-17.

Events in the library in September / October:

ANIMAL AGENTS! We hope that everyone enjoyed taking part in the Summer Reading Challenge; we all enjoyed listening to our animal agents sharing their reading experiences and thank you once again to the Parish Council for sponsoring this. As ever we also have to thank our wonderful young volunteers for assisting us with this. We had approximately 300 children enrol this year. Our medal and certificate ceremony will be on Saturday 16 September at 10am.

Many thanks to those families who attended our Family Lego event. We were very impressed by the imagination of the children that attended and hopefully we will have more of these events. Look out for our special family event during half term.

Engage in the afternoon: Free talk in the library.

Wed 6 September, 2-3.30pm.

Talk by THE BABRAHAM
INSTITUTE.
Wed 4 October 2–3.30.
"FAMOUS CAMBRIDGE
UNIVERSITY STUDENTS" by Honor
Ridout.

If you think you would like to deliver a 45 minute talk yourself please pop into the library and ask for Caroline.

Look out at the library for news of our exciting author visit of Alison Bruce at the library on Wed 11 October at 7pm during National Libraries week. We hope to see lots of you there to help us celebrate your library.

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GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858 fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk

Cambourne Children's Centre:

01954 284672

cambournechildrenscentre@ cambridgeshire.gov.uk

Cambourne Love Justice Group:

Len Thornton: 01954 710370

Cambourne Crescent:

www.cambournecrescent.org

Network Business Breakfast:

Jo Christy hello@stirupmedia.com 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm Pat Callaghan 01954 718836

Watercolour classes

Monday evening group meeting in the Upper Cambourne cricket pavilion in Upper Cambourne from 7- 9pm. Suitable for beginners. Wednesday morning group for intermediate painters. Please get in touch if interested: 01954 710858 or fran@panrucker.eclipse.co.uk

Photography group

Beginner to advanced. Meetings on the third Tuesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 http://www.flickr.com/groups /cambournephotographygroup/

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk Timebank: 0300 111 3555 or Laura

Papanikolaou 01223 713555

Crafty Ladies: Enid - (01954) 715292 or

Edna - (01954) 717360 WW2 aircraft club:

Meeting in Cambourne on the first Monday of the month. Contact lan Cameron on 01954 269 173 or iancameron692@gmail.com

Cambourne Birding Club

Recently started in Cambourne. Contact Ian Cameron on 01954 269 173 or email iancameron692@gmail.com

Papworth Astronomy Club

Meets first Wednesday of the month at the Vintner Room, Papworth Everard, 7.30pm. Contact Peter on 01480 830729 or peter@cheere.demon.co.uk

Friday walks: Next walk: 8 Sept, approx 5.5miles around Wicken Fen/Upware. Meet at the rear entrance to the library at 10.15am. Contact Penny Flanagan on 01954 200126 or pam.hume@mail.com

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Sunday walks: Next walk: 24 Sept. 4-5 miles, local to Cambourne. Meet at 10am in Monks Wood car park, School Lane. Contact Sandra on 07747 012245 or sandracalcraft@waitrose.com

Gardening club Meets at The Belfry on the 2nd Thursday of the month, 7.30pm.

Next meeting: 14 Sept.

The Link Meets Sundays 4 to 6pm (term time) at the Vine Family Centre. Food, conversation, and space for reflection. Discuss the Big Questions of life with people across the generations. bit.ly/TheLinkOnFacebook

CHURCHES

Cambourne Church

Church office: 01954 710644 Open Mon-Thurs 9am-3pm, Fri 9am-12pm. Offices are located in the Blue Space on Eastgate www.cambournechurch.org.uk Minister: Rev Matthew Trick matthew.trick@cambournechurch.org.uk **Administrators and Church Bookings**

Stacy Buwert and Jacqui Huckle administrator@cambournechurch.org.uk

Youth Worker: Jonathan Buwert Tel. 07503 171869 jonathan.buwert@ cambournechurch.org.uk

Children and Family Champion: Jane

Brooks 07850 961000

jane.brooks@cambournechurch.org.uk

Parish Nurse: Catherine Price nurse@cambournechurch.org.uk

Foodbank: Julie Whitbread

julie.whitbread@

cambournechurch.org.uk

19 the coffee house: Cait Dawkins and Jacqui Huckle 19thecoffeehouse@ cambournechurch.org.uk

Peacehaven Baptist Church

Rev. Donovan M. Bangs: Preachbrit@aol.com 01954 710510 www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am Meeting at Cambourne Village College www.christchurchcambourne.org.uk

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719 mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585

www.cambournedental.com

Lloyds Pharmacy 01954 718296 **Monkfield Medical Practice**

01954 282153

www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793 candicelattimore@gmail.com

Cambourne Health and Wellbeing

Club A group for older adults FREE. Alternate Fridays in term time (next meetings: 8 & 22 Sept, 6 & 20 October) 10.30am -12pm at the old Blue School site. Speaker, refreshments, chair-based exercises and time for conversation. No booking required. Catherine Price: 01954 710644 / nurse@cambournechurch.org.uk

LOCAL AUTHORITIES

Parish Council Office:

Parish Clerk 01954 714403 clerk@cambourneparishcouncil.gov.uk www.cambourneparishcouncil.gov.uk

Venue Bookings: 01954 714403

bookings@

cambourneparishcouncil.gov.uk

Pitch Booking:

Everyone Active at the Sports Centre

District Councillors for Cambourne:

Ruth Betson -

cllr.Betson@scambs.gov.uk Des O'Brien -

cllr.obrien@scambs.gov.uk

Simon Crocker –

cllr.crocker@scambs.gov.uk

SCHOOLS & COLLEGES

Cambourne Village College:

www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

The Blue School

(Hardwick Community Primary): Co-heads: Andy Matthews & Ruth French. School Office - 01954 719085 blue@hardwick.cambs.sch.uk

GROUPS, SERVICES & CONTACTS

Jeavons Wood Primary School:

Headteacher - Sue Wright School Office - 01954 717180 office@jeavonswood.cambs.sch.uk Monkfield Park Primary School:

Headteacher - Sarah Porter School Office - 01954 273377 office@monkfieldpark.cambs.sch.uk Vine Inter-Church Primary School:

Headteacher - Debbie Higham School Office - 01954 719630 office@thevine.cambs.sch.uk

PLAYGROUPS & PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679 cambourne.babyandme@gmail.com

Cambourne Pre-school:

Donna O'Shea: 01954 715150 cam.preschool@btinternet.com

Carers And Tots:

Pippa 07803 504220

cambourne. carers and tots @gmail.com

Monkfield Park Care & Learning

Centre: Office: 01954 273301 cloffice@monkfieldpark.cambs.sch.uk Sunflower Nursery: 01954 719440

SERVICES

Cambourne Library

Mon: 9am - 5pm Tues: 9am - 1pm Wed: Closed Thurs: 4 - 7pm Fri: 9am – 5pm Sat: 9am - 1pm Reception area open 9am - 5.30pm every week day. As well as books, DVDs, Magazines and books on CD to borrow, we also offer an e-book service and local information. Library users can download free magazines and newspapers. Free Wi Fi. We also sell stamps, books and children's wall charts. 0345 045 5225 www.cambridgeshire .gov.uk/leisure/libraries

Community Car Scheme:

If you live in Cambourne, Papworth, Caxton or Elsworth, need transport for a medical or social appointment and are unable to use public transport to reach your destination then you can call us on: 07526 998 465 or e-mail: cambournecarscheme@gmail.com.

All drivers are friendly, helpful volunteers

who will take you to your appointment, wait and return you home. Typical fares from Cambourne are: Addenbrookes £9, Hinchingbrooke £8.40, St Ives £7.20, local in Cambourne £3. Please give us a minimum of 48 hours notice.

St Neots Bus Service:

The Whippet bus now runs Mondays to Fridays, leaving at 9.55am (from outside Morrisons) and returning at 1.20pm. (It is the No. 6). Takes 30 minutes. Also a service to Huntingdon. www.go-whippet.co.uk/routes-timetables/local-routes/

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay 01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre: 01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey – 01954 269328 Facebook: Cambourne Bowls

Cambourne Cricket Club:

Callum Healy - 07714 007 282 cccadmin@cambournecc.com

www.cambournecc.com

Cambourne Eagles F.C:

Secretary - Danny Brooks 07516 630552 secretary@cambourneeaglesfc.co.uk www.cambourneeaglesfc.co.uk

Cambourne FC:

www.cambournefc.org cambournefc@icloud.com

Cambourne Netball Club:

Emma Smith - (01954) 710034 cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309 info@cambourneexiles.com www.cambourneexiles.com

Cambourne Runners

Weekly runs, all abilities on Saturday morning 9am and Wednesday 7.10pm from the Hub.

cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Nigel Hillyard: 07787 565045 nigel.hillyard@btinternet.com www.cambournetennisclub.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

Cambs Chargers Volleyball Club cambschargers@gmail.com

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC)
Adam Kelly adz31@hotmail.co.uk /
2484df@aircadets.org

Cambourne Army Cadet force:

dc.cambourne@gmail.com www.cambsacf.com

Cambourne Youth Partnership:

Weekly clubs for children and young people, open to all. Wednesday evenings for ages 11-18 or Thursday afternoons for ages 5-11. Contact Jonathan Buwert (07503171869) for the youth clubs or Jane Brooks (0785096100) for the children's clubs. All Clubs at Cambourne Soul, Back Lane. Officecyp@googlemail.com

Cubs, Beavers & Scouts:

joininglist@cambournescoutgroup.org.uk

Guides, Senior Section, Brownies and Rainbows:

Waiting list and volunteers

girlguiding.org.uk

08001695901 childerley.dc@gmail.com

WASTE AND RECYCLING

Black bin:

Thursday 14 September 2017 Thursday 28 September 2017

Blue bin, green bin, paper caddy:

Thursday 7 September 2017 Thursday 21 September 2017 Thursday 5 October 2017

Bulky household items by arrangement. £30 for the first three items and £5 per extra item.

Page 20

A BETTER LIFE

Fiona H Drummond M.A. D.Hyp. Psychologist & Clinical Hypnotist

Member of the British Society of Clinical Hypnotists

Member of the British National Register of Advanced Hypnotherapists
DEPRESSION - STRESS - ANXIETY - EATING DISORDERS - WEIGHT PROBLEMS PHOBIAS - CONFIDENCE - PANIC ATTACK - INSOMNIA - STOP SMOKING
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Fiona is very well qualified psychologist and clinical Hypnotist who is experienced in the treatment of a wide range of physical, psychological and emotional problems. If you have a specific problem – just ask!

Based in Regus House, Cambourne Business Park, Great Cambourne Telephone 01954 205084 email fhd@fionadrummond.com

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For Support with mental health, relationship or emotional issues, counselling or psychotherapy can help you.

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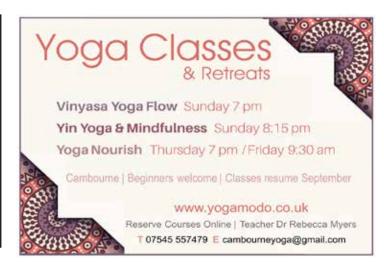
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Cambourne Clinical Psychology 1010 Cambourne Business Park Great Cambourne Cambridge CB23 6DP

07523 676 382

info@cambourneclinicalpsychology.com www.cambourneclinicalpsychology.com





Cambridge's Very Own Cruise and Travel Show

October is National Cruise Month, so here at Ponders we have asked all the big names in cruising and river cruising to join us under one roof to showcase the very best of their National Cruise Month Offers.

You will have a chance to discuss your holiday ideas with an array of travel professionals, including our very own Cruise Manager of the Year Clare Dudley.

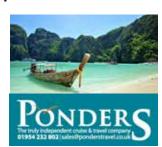
With a luxury prize draw on the day and exclusive holiday offers you really need to put this event in your diary.

When: Sunday October 22nd 2017
Where: Hallmark Hotel Bar Hill,
Cambridge CB23 8EU

Time: 11 – 3pm Open to the Public

This is a FREE ENTRY show with ample free parking also.

So pre book your FREE TICKETS now by registering at our website www.ponderstravel.co.uk





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Mrs S-I Dowell BMus(Hon.) CT ABRSM Website: www.sho-jen.co.uk Email: shojen.dowell@gmail.com Tel: 01480-716063 (Papworth Everard)

Dance & Movement Classes for 2-4yr olds Classes run on a drop-in basis

MONDAY 9.45 - 10.45am The Studio, Pendrill Court, Papworth Everard

TUESDAY 10.00 - 11.00am

Chesterton Sports Centre, Gilbert Road, Cambridge

WEDNESDAY 9.45 - 10.45am Multi-Arts Community Space, 47-51 Norfolk Street, Cambridge

> THURSDAY 9.45 - 10.45am The Free Church, Market Hill, St Ives

For further information please contact Alison Thompson t: 01954 267378 e: info@sunnysteps.co.uk

www.sunnysteps.co.uk









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www.monkfieldpark.cambs.sch.uk

Open 50 weeks a year from 8.00 am until 6.00 pm providing pre-school and extended school facilities to families living in Cambourne and the surrounding villages.

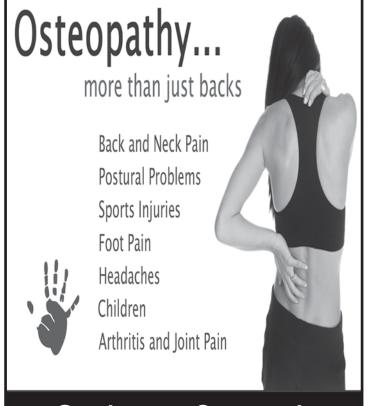
Monkfield Park

Care and Learning Centre

Full and part time pre-school places for

children aged 2 to 4 years including

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1 to 1 sessions, tailor made workshops $\&\ \mbox{childrens'}$ parties.

For information, please contact Sarah Hutchinson on: 01954 267796 / 07425 167891

Email: sarah@elsart.co.uk :: Little Bird Art Studio 7 The Drift, Elsworth, Cambridge CB23 4JN

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PAPWORTH brewery



Beer Festival - Papworth Village Hall

Friday 6th October, 4pm-11pm Saturday 7th October, Noon-11pm

Free entry

Craft real ales served fresh from the cask

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Plus local ciders, wines and soft drinks
Traditional bar snacks







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Jocelyn.Marcroft@googlemail.com

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Pet Positive+

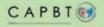
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- Deck laying
- Patio Laying
- Garden Planning
- Plantina advice
- Shed erection
- Windows, Facia Boards and Gutter Cleaning
- Car Cleaning
- Flat Pack Assembly
- General DIY
- General Clearance of Rubbish

So if your garden is running away with you, you have a task that needs tackling and just don't have the time to do it or you just want to enjoy your leisure time rather than do chores then call me!

If you are interested then please call Chris on 01954 710172 or 07890 170807.

References can be supplied or come and see my garden as seen on TV in Cambourne open aardens!



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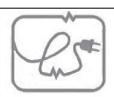




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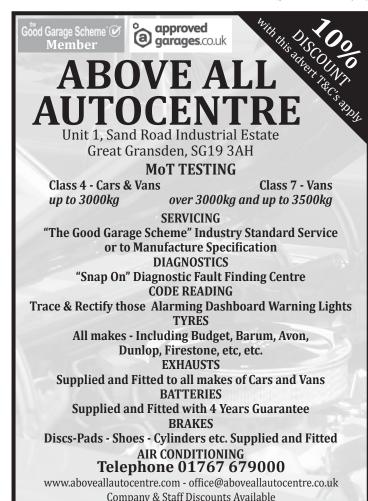
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The 60th Elsworth & District Show

BALLOON RACE



Sunday 3rd September

Please support our forthcoming balloon race by purchasing a ticket in advance at the Elsworth Community Shop.

Simply complete an entry form and pay entry fee of £1.50 per balloon.

All labelled balloons will be released at The Elsworth & District Show on **Sunday 3rd September 2017.**

There is a £15 prize for the balloon that travels the furthest 3 weeks after launch date. All balloons and labels are biodegradable.

We will be plotting landing positions on a map. It is not unusual for balloons to travel to France, Germany and beyond!!

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SPORT

Champion Results for Tennis Club in Summer League

CAMBOURNE TENNIS: Thanks to everyone who joined us for the Open Day on 23rd July. When it wasn't raining the courts were packed, which was wonderful to see, with lots of families coming down with kids of all ages.

The summer league success continued for Cambourne with 8 out of 9 teams getting promoted and 6 of those being champions. Now we have a short rest before the winter league matches start at the end of September. If anyone is interested in joining our teams then please contact arifkibria@hotmail.com and come for some practice.



We have some sad news. Our head coach Alex Button has decided to quit tennis coaching and get a 9 to 5 job! Alex has taught a hundred or more people in his years in Cambourne with great skill and enthusiasm, and he is also not a bad player! We will miss him.

Please check our website for latest news on coaching; we will have a new coach in place for September. For more information about your local tennis club, including membership, please look on the website https://clubspark.lta.org.uk/CambourneLTC



Cambourne FC set for new season

CAMBOURNE FC: September is upon us once more which can mean only one thing - start of the new season!

Our established teams are moving up to the next stage on their club footballing journey, growing in confidence and ability. Our soccer school graduates, joining the two new U7's teams, are taking their very first step in the minileague. We wish them all the best in what I'm sure will prove to be an amazing first season.

During the 2017/18 season our Soccer School will continue to run every Saturday from 9am-10am on the MUGA. This is a great opportunity for children aged 4-5yrs to come along and have fun for only £2 per session.

The growth of the club means that spaces have opened up within some of the teams, so if you would like to find out more about joining Cambourne FC please get in touch with lain on cambournefc@icloud.com

We look forward to a great season ahead and are excited to begin sharing team results, news and of course seeing many of you pitch side cheering the teams on! Check out www.cambournefc.org and Facebook for news on training, matches and other events.

SPORT

Cambourne TKD students prepare for competition

CAMBOURNE TAE KWON DO: August is normally a quieter time for our Tae Kwon-Do students as there are no competitions to attend and fewer lessons.

However, at the beginning of the month, we have our North Midlands competition in Derby, so August was not a time to rest but to prepare and practise.

Another large contingent of students will attend from all our Cambridgeshire clubs and Cambourne in particular. We hope to bring you news of students' success in next month's Cambourne Crier.

Also, August saw one of our regular gradings in front of grading examiner Master Brian Towndrow, which gave students their chance to show off the skills they have learnt in class and to gain promotion to a new belt. All entrants performed really well and we are pleased to confirm that all passed, some with "A" and "plus" passes which is a testament to their effort and dedication. At the same time, several of our senior students attended as practice in front of an 8th

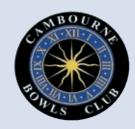


degree black belt for their upcoming important gradings for red and black belts in September and October.

If you or your child are interested in trying Tae Kwon Do, we have beginner classes for adults and children on Tuesday evenings at the Vine School and/or Saturday mornings at the Sports Centre. The first month's training is free so please contact Stephen on 07905 744777 or stephenlacey73@gmail.com for more details or visit our Cambourne TKD Facebook page.



CAMBOURNE BOWLS CLUB



We have continued with our regular club nights on Mondays and Thursdays to which all Parishioners are invited. Sadly, these have not been well attended which is a great shame because our excellent bowls facility here in Cambourne is very much under used.

Your Bowls Club will be attending the village fete on 9th September, so please take this opportunity to come along and talk to us. If you need to know more about Cambourne Bowls you can also visit our Facebook page 'Cambourne Bowls' or contact the Bowls Secretary.

Robin Bailey 01954 269328 or robin.doreen@btopenworld.com

SPORT

Cambourne Exiles get stuck in to pre-season training

CAMBOURNE RUGBY: Our preseason training is now in full swing. Head coach Mickey Woofle is taking the team forward, with old and new players all learning new skills. Newly elected Captain Ryan Cox and Vice Captain Chris Wallis are keen to test the team in preseason friendlies against Bishop Stortford and Hitchin, while hoping to gel the men of



games in September: first on the 9th against Hitchin and then on the 30th against Shelford. Kick off at 3pm. If you would like to join us, we train on the pitches to the right of the all-weather pitch every Thursday night at 6:45pm. It does not matter of ability or experience - everyone is very

Rugby, we have two home

Cambourne into a cohesive machine that will see off all comers throughout the season. If you would like to

welcome. If you are interested, why not visit CambourneExiles.com and leave a message.

CAMBOURNE FISHING CLUB EVENT UPDATES

Season Award Entries

We would like to thank our Members for sending in their entries for this year's awards. Keep them coming and don't forget to still weigh them however small as you may be a winner!

Charity Silver Fishing Match - 17th September

Lake Ewart, School Lane Lower Cambourne, nearest postcode CB23 6DD. Parking in the Wildlife Trust Car Park opposite. Open to Non-Members.

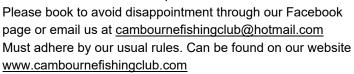
£10 entry fee. Email us with your name & age if under 16 cambournefishingclub@hotmail.com

Match Rules:

- Limited to 29 Pegs.
- Trophies presented to 1st and 2nd Place.
- Silver Fish only match.
- Meet and Draw at 9.00 am sharp.
- Fish 9.30am till 1.30 pm, followed by weigh in and presentation.
- Must have a valid E A Rod License as from 12 years old.
- Only 1 x Rod to be used at a time.
- Participants may plumb up only before the start of the match.
- The match steward may allow the allotment of an adjacent peg / area for a Junior Competitor accompanied with parent.
- Participants will provide their own Keep nets and Landing Nets both to be laid out behind peg for 15 mins to ensure dry before putting into the lake.
- All types of bait permitted including ground bait. The decision of the Cambourne Match Steward on the day is final.

Bring A Friend - 24th September

FREE (Open to non-members) Do you have a friend or relative that would like to try Lake Ewart for FREE for a day? Dawn till dusk 6.00am - 9.00pm



Tuition available from 12.00 - 2.00pm if required. Refreshments will be available for sale.

Raffle Tickets Available

Drawing at our AGM 5th December 2017 at the Bowls Pavilion Back Lane (next to Leisure Centre) £1.00 a strip of 5 tickets. PRIZES SO FAR

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The Community Fete is Hosted by Cambourne Parish Council. All enquiries should be directed to the contact details above.