

CAMBOURNE CRIER

www.cambournecrier.org
editorial@cambournecrier.org

19 the coffee house says thank you to manager Jacqui

After serving 45,000 hot drinks and cooking 11,000 bacon rolls, Jacqui Huckle is hanging up her apron as co-manager of 19 the coffee house. Jacqui had no idea what she was taking on 7 years ago when former Church Minister, Rev Peter Wood, approached Jacqui with a vision of starting a café in the Church centre as a place of welcome and hospitality.

There have been many highlights over the years - one in particular was running the 19 marquee, with full menu including bacon rolls, at the 2012 Cambourne Youth fest in a deluge of rain. Despite this experience the 19 marquee continues to appear at community events, come rain or shine, throughout the year.

Rev'd Matthew Trick, the Minister of Cambourne Church, said, "The legacy Jacqui leaves at 19 is huge; she has shaped the coffee house as a place of warmth and welcome since it opened,



Jacqui Huckle, front, with Rev'd Matthew Trick, Minister of Cambourne Church, and fellow 19 the coffee house volunteers Cilla Mills and Amy Orford

supporting many thousands of customers and approximately 80 volunteers.

"We are enormously grateful for her service over the last seven years."

19 the coffee house can, of course, only continue, because of the dedication of its small team of volunteers. We need new volunteers to be a part of this welcoming, nurturing team. If you have

a few hours to spare on any week day the coffee house would love to hear from you. Anyone interested in volunteering can email 19thecoffeehouse@cambournechurch.org.uk or via our website www.19thecoffeehouse.org/get-involved, phone us on 01954 710644 or simply pop in and speak to one of the team.

CAMBOURNE PARISH PLAN SUMMARY REPORT LAUNCH: 10 June 2017, The Hub

The Cambourne Parish Plan Steering Committee have dotted the i's and crossed the t's and the Cambourne Parish Plan Summary Report will drop through your letter box very shortly.

This is the first time in Cambourne's history that the community has come together to express how it wishes to develop over the next 10 years.

The ambitious project has taken well over two years to complete with an overwhelming 56 per cent of Cambourne households responding to the questionnaires, with the residents expressing their thoughts and opinions about their community.

The proposed actions from the report have been adopted by the Parish Council and show how much local people care for their community's future.

The Cambourne Parish Plan's official launch event organised by the Parish Council will be held on 10th June. Join us at The Hub to help celebrate the culmination of this community-led project.

CAMBOURNE CRIER

NEWS

The Cambourne Crier is compiled by volunteers.

This month's editors were:

Tim Nash, Donavan Bangs,
Lilla Kovács, Dan Scruton,
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or (01480) 831066

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Editorial submissions:

Submissions for the **June 2017 edition** must be received by 9pm on **19th May 2017**.

Please email articles and photographs to

editorial@cambournecrier.org

Photographs must be print quality and should be sent as separate images. By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you have access to the internet and a PC and would like to join the editorial team as an editor, designer, writer or to help with our website, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

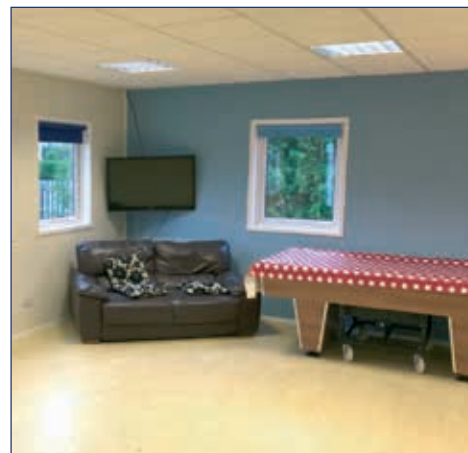
The Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group?

Or are you thinking of setting up a new group and need some funding to get going?

Contact pam.hume@ntlworld.com for more information or download the application form at www.cambournecrier.org

New coat of paint for Soul



During the Easter holidays, a great team of volunteers came together to transform the inside of Cambourne's Youth Centre.

The building is used regularly by children and young people from across the community and has been needing a new coat of paint for a while.

The team focused on the main room inside, turning the plastic-looking walls into a bright magnolia, with a special feature wall at one end.

The work has already had a huge impact on those who use the space, making it feel cosy and well-loved.

A huge thank you goes to Cambourne Timebank for their support in organising

the redecoration and for the committed volunteers, from the Timebank and the wider community, who joined young people from Cambourne Youth Partnership and Cambourne Church youth groups, for the makeover.

Thanks also go to the Cambourne Crier who provided the funding for the work through the Cambourne Crier Community Fund.

If you feel that you have missed out, don't worry! There is more painting to be done both inside and outside the building. If you would like to be involved during the next work day, please contact Jonathan Buwert at officecyp@gmail.com.



When a hot air balloon landed in Cambourne on 19 April, local children were on hand and keen to help pack it away!

Neighbours enjoy EGGcellent Easter PhotEGGraphy Treasure Hunt!

On Bank Holiday Monday, around 40 teams of neighbours set out to test their local knowledge and artistic imaginations at the 2nd Annual Meet The Neighbours PhotEGGraphy Treasure Hunt.

They snapped Cambourne landmarks including the Flight sculpture, time capsule, and stepping stones, as well as solving anagrams and hunting out Harry Potter related streets. Easter-themed 'abstract' photographs included HOPE, NEW LIFE, PEACE, and JOY. Extra marks were awarded for stunning photography, humour, and ingenuity.

Back at 'base camp' neighbours chatted over coffees (thanks to the Rural Coffee Project's Land Rover), pizza (thanks to 400 Degrees Pop Up



Pizzeria, who also donated the prizes), and treats from Charlotte's Ice Cream. The Deckchair Listening Project were offering hospitality, a listening ear, and conversations about sharing blessings, while The Wildlife Trust BCN brought their display and dragonfly-making craft. As the sun broke through the cloud, we all enjoyed hanging out and getting to know each other.



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CAMBOURNE PARISH COUNCIL

Wanton vandalism puts toddlers' play area out of action

Annual Council Meeting

The Annual Council Meeting marks the start of the new municipal year when the Parish Chairman is elected and the membership of the Committees is reviewed. As with all our meetings residents are welcome to attend the meeting and there is an opportunity for residents to ask a question about issues covered by the agenda. The meeting will be held on Tuesday 16th May 2017 immediately following the Planning Committee meeting.

Accessible Allotment Plots

We currently have three vacant allotment plots that are designated as accessible. These plots can be let to people who are registered as disabled as they are easily accessible from the car park. If you are interested in taking one of these plots please contact the Office Administrator, Jessica Lydon, on 01954 714403 or email jessica.lydon@cambourneparishcouncil.gov.uk

Use of Footpaths

A gentle reminder to all that when cycling around Cambourne please make use of the extensive network of cycle paths, designated by red tarmac, rather than cycling on the footpaths (black tarmac).

Scooters should not be used on narrow or crowded pavements, or where they will cause inconvenience, fear or danger to pedestrians, especially elderly or disabled ones.

Mobility scooters should always give way to pedestrians and by law, when on the pavement, be limited to 4mph to ensure that they can adjust to other pavement users quickly enough. Please be mindful of all users of Cambourne's footpaths and make Cambourne a safe place for all.

Great Cambourne

Due to wanton vandalism by a small minority in Cambourne the toddler tower and slide at the Great Cambourne Green Play Area has been put out of action and it will take a few



weeks for the replacement parts to be manufactured. Until it can be repaired a large number of children will be prevented from enjoying the use of this play equipment.

Calendar of Meetings May / June 2017

16 May at 7pm	Planning Committee Annual Council Meeting
6 June at 7pm	Planning Committee Council

Residents are welcome to address the meeting before it formally starts on any matter on the agenda.

If you have something else you'd like to raise, please contact the Parish Clerk at least 10 days beforehand so the item can be added.



The Parish Office: The Hub, High Street, Cambourne, Cambridge, CB23 6GW.
Open 9am to 5pm Monday to Thursday and 9am to 4pm on Fridays. Tel: 01954 714403.
John Vickery, the Parish Clerk can be contacted on: clerk@cambourneparishcouncil.gov.uk
For all other enquiries please email: bookings@cambourneparishcouncil.gov.uk

COMMUNITY

Marvellous Mammoths get crafty in the Library



CAMBOURNE LIBRARY: In conjunction with the Morris Museum in St. Ives, Cambourne library provided a great Marvellous Mammoths craft session last month.

Children were able to handle real mammoth teeth, tusks and fossils as well as making their own mammoths and paintings. The session was really well attended and was great fun as well as being informative. Look out for more sessions at the library.

The Hub Car Park
First Saturday of the month
May to September 2017
9am to 1pm
(sellers from 8am)

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COLUMNISTS

CATHERINE PRICE

Mental Health Awareness (Part 1.)



Mental Health Awareness Week is from 8th-14th May and they suggest ten tips to support your mental health. These will be covered in both this issue and next month:

1. *Talk about your feelings.* This is not a sign of weakness but helps you take charge of your wellbeing. It doesn't have to be a 'big' conversation but practicing makes it easier.
 2. *Keep active.* Exercise can make you feel good and also aid sleep, concentration and general health. Do something you enjoy which may be going to a gym but walking, gardening or housework also count.
 3. *Eat well.* A diet that is good for you physically may also be good for your mental health. Following a healthy diet with plenty of water and not too much caffeine or sugary drinks can help your mood and body.
 4. *Drink sensibly.* Alcohol can be used in response to low mood but any effect this has is very temporary. As with drugs or smoking, alcohol doesn't solve problems but is more likely to create them.
 5. *Keep in touch.* Connecting with people is good for you and your mental health. Other people can help support you and help you understand issues you face. Keep people around you who care for you and make you feel valued.
- Reference/ further information: www.mentalhealth.org.uk

Catherine Price RN,
Cambourne Parish Nursing Service
nurse@cambournechurch.org.uk

HEIDI ALLEN MP

Use it, don't lose it



I was honoured to be the designated official ribbon cutter at two local events last month by formally opening the affordable and social housing development at Caxton as well as Great Shelford's Post Office. It's really important that we 'use and don't lose' community assets such as Post Offices, so please support this service which is there for our local community.

I attended the Local Liaison Forum to support the launch of the Cambourne to Cambridge 'Better Busway'. This proposal intends to utilise existing road structures to develop a fast and cost-effective bus route into Cambridge, therefore minimising the need for a costly busway development. I'm pleased that the City Deal have agreed to assess all possible routes and Park & Ride locations.

Many of you took the time to write to me after the devastating attack on Parliament near the end of March. We are all indebted to PC Palmer for making the ultimate sacrifice in defending our democracy. I thank all of you who took the time to share these sentiments.

As always, if you have anything you'd like to share with me, you can find details of my upcoming surgeries on www.heidisouthcamps.co.uk/residents-drop-surgeries I will be in Bassingbourne on 20th May.

You can also phone my Westminster Office on 020 7219 5091 about national issues or you can call my constituency office on 01954 212707 to raise local concerns.

You can also email me at heidi.allen.mp@parliament.uk

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COMMUNITY

Monkfield Medical Practice update

Care Quality Commission (CQC): We are really pleased to announce that the Practice was inspected on 17th November 2016 by the CQC and received an overall rating GOOD. The full report can be located on the CQC website www.cqc.org.uk.

Staff Updates: Senior Partner Dr J Koo has returned from her Maternity Leave. The Practice will see the departure of Dr J Sharma on 28 May, who has secured a position with a Practice closer to her home. Dr Koo and Dr Ruwani Siriwardena will be entering into a Partnership Agreement with Dr Sam Cowee with effect from 29th May 2017. Dr Cowee has been with us since 2015, and brings a specialist interest in musculoskeletal medicine and sports and exercise medicine.

Prescriptions: The practice has a 48 hour turnaround time for prescription requests. It is very important that you monitor your medication levels, in order not to run out.

Repeat Prescriptions: If your doctor has authorised repeat prescriptions you may order them using the tear off portion of your last prescription. Simply tick the item(s) required and forward to the surgery. You can also request your repeat medications online if you have a user name and password.

Please open your prescription bag before you leave the pharmacy or delivery driver leaves to check the contents.

Patient Participation Group: Monkfield Medical Practice faces a challenging future. The demand for our services is increasing, requiring us to look at how we provide our services and remain responsive to all our patient's needs. Would you like to contribute to helping us develop and improve the services provided? If you would like to be involved with the PPG, comment on our plans and contribute your ideas, please email Hannah Crisford on admin.mmp@nhs.net.

GP Access Monies: Over the last three months the practice has received funding to enable it to offer an extra 434 appointments GP appointments. These appointments enabled us to provide short notice GP Appointments during a busy winter period.

OPEN GARDENS 11am-5pm 17/18th June

Can you help? We still need gardens in all areas, but especially Upper Cambourne.

Tickets (£5 per adult, children under 16 free) will be on sale in the library or

can be purchased from any garden on the day. Proceeds to Cambourne church to support their work with young people.

For more information please contact Pam Hume at pam.hume@ntlworld.com or on 01954 201808

Rated 'Good' in all areas with aspects of outstanding practice. Ofsted February 2014

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CAMBOURNE CHURCH

May services and events

Young Church and Youth groups take place at the 11am services

Sunday 7th May	9.30am Morning Worship 11am Morning Worship
Sunday 14th May	9.30am Morning Worship with Communion 11am Morning Worship with Communion
Sunday 21st May	9.30am Morning Worship 11am Morning Worship 7.30pm Time for Prayer
Sunday 28th May	9.30am Morning Worship with Communion 11am Morning Worship with Communion 7pm Encounter
Sunday 4th June	9.30am Morning Worship 11am Morning Worship



**19 - the coffee house
will be closed for the
week beginning
Monday 29 May
(1/2 term week)**

Being with friends and family



So this is habit 4/6 in my series on 'Habits for Happiness' in which we've covered journaling gratitude, practicing acts of kindness and learning to forgive.

This month I will explore how being with family and good friends is a pathway to happiness.

The bible is full of strong friendships in which people are nurtured and supported; there's Ruth and Naomi (Ruth 1.16-17), David and Jonathan (1 Samuel 18:1-13), the friends of Job (Job 2.11) and Elijah and Elisha (2 Kings 2.2).

Have a look at the characteristics of these relationships and what made them 'good'.

Being with family and friends as a route to happiness is actually supported by a large amount of science which proves that being in good quality relationships has a positive impact on our happiness and mental health, our physical health, and even the longevity of our lives.

The Christian author C.S. Lewis wrote:

"Friendship is unnecessary, like philosophy, like art...it has no survival value; rather it is one of those things that give value to survival."

So, do you have good quality relationships in your lives that bring happiness, and if not, are there opportunities to grow these?

**Rev Matthew Trick,
Minister of Cambourne Church**

Fathers' and Children's Breakfast

**8.30 -10.30am at Cambourne Church
First Saturday of every month.**

It would be great to see any dads with their kids for a bacon roll, toast or just a coffee.

Breakfast is free although donations are welcome. Next meetings 3 June & 1 July

Cambourne Church Holiday Club

Find out about the treasure of who Jesus is and why he came...

Mon - Fri 24th - 28th July 2017, 9.30am - 12 noon every day,

Welcome Service Sun 23rd July 10am, Celebration Sun 30th July 10am

Where: Cambourne Church

Who for: Children currently in

Reception to Year 6

Cost: £15 (Family discount available)

Application forms available from Monday 8th

May 2017 from the Church office (in the old Blue

School) or www.cambournechurch.org.uk



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Service times: Sunday 9.30 & 11.00am
2nd and 4th Sunday in month:
Holy Communion at 9.30 and 11am services



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PEACEHAVEN BAPTIST CHURCH

Dear Friends,

Resurrection Sunday's celebrations went well, although we had a lot of leftovers. I have been redoing our church's website as my wife reminded me it had not been updated in a while. Like in several years. It was a bit of a task finding the old files and passwords and getting the prep work done. Because as much as you believe that the password or protocol or ftp folders are correct, if it is not based on

truth you cannot upload. So what do you do? You have to seek the real information. I mean, just being nice to your computer will not help. Or being better than other people or having nicer files or a more socially acceptable digital footprint still will not allow entry. So I had to seek the truth to establish correct communication between my computer and the hosts. I did so and it is functional. So my wife's Ladies' Bible Study is now put in the events page.

But establishing that communication, that relationship is similar with our need with the Lord. We cannot make up our own rules or terms. We must come to him as we are and on His terms if we want to be certain for a successful interaction and eventual upload. Thankfully we are not searching in the dark as he gave us a wonderful instruction manual. The Bible. With it you can find the help you need in a world of



confusion.

If you would like to know more just let us know, we are here to help.

Pastor Donavan Bangs



COME AND WORSHIP WITH US

Cambourne Community Centre, (The Hub), High Street, Great Cambourne, CB23 6GW

SUNDAY MORNINGS - 10 AM

SUNDAY MORNINGS - 11 AM

WEDNESDAY EVENINGS - 7 PM

Children's Sunday School & Adult Bible Studies (at the Hub)

Junior Church & Morning Worship (at the Hub)

Bible Study & Prayer Service (at the Pastor's home)

Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk

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Sunday services - 10.30am.

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Community Car Scheme seeks drivers

We are desperately seeking volunteer drivers to assist with enabling the elderly or infirm to get to medical & social appointments.

Requirements are your own car, full driving license, some spare time and a friendly personality. Car expenses will be paid but your time is given for free. Volunteer driving is a rewarding experience and a chance to meet more members of our community.

For further details email cambournecarscheme@gmail.com or call; 07526 998 465

FAMILY FUN DAY

Everyone Welcome, Free Entry
Cambourne Village College Sunday 7th May 3pm-6pm

~ kids entertainment

~ World Artefacts and display

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~ Henna Art

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~ Chill out zone

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Cambourne Village College Sheepfold Lane, Cambourne, Cambridge CB23 6FR




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BUSINESS BUSINESS

Sharing advice, learning how other business owners and entrepreneurs deal with the business of business - networking, inspiring and collaborating in the relaxed environment of the business park.

LOCATION Marketing Suite, Cambourne Business Park.

TIME 8.30-10.00am, second Wednesday of the month.

FREE ENTRY We're proud to say that this is still a free group - no fees, no fuss.

Whether you're a regular business networker or maybe you're looking to explore a change of direction, perhaps you have just started your own business or want to share your knowledge and support others, come and join us as we chat about the business of business.



CAMBOURNE NETWORK

COMMUNITY

Cambourne celebrates South Asian New Year

Cambourne held its 2nd Mela on Saturday 8th April at the Hub Community Centre and more than three hundred people attended to celebrate the South Asian New Year.

Councillor and organiser Dr. Shrobona Bhattacharya said, "Cambourne Mela represents the tradition and cultures of South Asian communities. Around 60 languages are spoken in Cambourne and we are celebrating the unity in the diversity today. Cambourne Mela has more than 25 stalls from various states of India, Nepal and Bangladesh. People of Sri Lanka, Nepal, Bangladesh and India gathered at one place under the banner of South Asia. This is a unique event where people from different backgrounds are celebrating their New Year in one place."

The Mela was free for all and attendees explored a variety of ethnic street food and had the chance to buy South Asian attire like Sarees and Kurtas in the Mela. Children enjoyed a bouncy castle, Henna paintings and Bollywood dancing.



New app launches to help residents find NHS services

Cambridgeshire and Peterborough CCG has recently launched a new app to help residents find local NHS services available to them.

Quick and easy to use, the 'MyHealth Cambridgeshire & Peterborough' app will direct you to your nearest appropriate NHS service.

This includes local GPs, pharmacies, minor injury units and dentists, based on



your location or postcode.

Free to download and available in five other languages, MyHealth app can be downloaded for iOS via Apple Store, Android via Google Play, and Windows phones via Microsoft Store by searching for 'MyHealth C&P CCG'.

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SCHOOLS

CAMBOURNE PRE-SCHOOL SUMMER FETE

Cambourne Pre-school reopened its doors after the Easter break with a new set up and re-structured rooms that staff had worked on during the holidays.

The children reacted positively to the changes, quickly learning the new names of 'Sunshine room' and 'Rainbow room'. The changes allow children to flow from room to room freely and also encourage interaction between the

different age groups.

Cambourne Pre-school will be holding their annual summer fete on Friday 14th July from 3-5pm on the Pre-school site (located at the 'old' Blue School building). If anyone is interested in having a stall or knows of a small business that may be interested or is able to donate a raffle prize please contact the Pre-school. We are a charity

status setting and as such all money raised through fundraising goes directly towards buying resources for the children. For any further information please contact Pre-school directly on the contact details below. Cambourne Pre-School, at The Blue School, Eastgate, Great Cambourne, CB23 6DZ. Tel: 01954 715150 Email: cam.preschool@btinternet.com

Year 1 Bake off at Jeavons Wood Primary



JEAVONS WOOD: Over the past half term year 1 has been reading Biscuit Bear. We have been busy writing instructions to make biscuit bears and carefully following the instructions to make our own biscuit. Luckily we all remembered our numbered steps and the biscuits turned out to be very tasty.

Our topic was rounded off with the great 'Year 1 Bake Off' which has become a Jeavons Wood tradition. Mrs Wright and the judges really struggled to pick two winners as the standard was so high. There were some very delicious cakes, biscuits and savouries and we all enjoyed 'judging' each other's skills during our picnic in the afternoon.

REACH FUNDRAISER

The Year 5 pupils of Jeavons Wood are holding a fundraiser on



Wednesday 24th of May on behalf of REACH, the charity for helping children with upper limb differences live life without limits. This is part of their MONEY, MONEY, MONEY topic and the pupils will spend the half-term creating their own businesses. The fundraiser will be held on the school playground and field between 14:45 - 15:45, and all are welcome!

Burwell House adventure for The Vine's Year 4

THE VINE: It was a Wednesday morning in March when a very excited Year 4 visited Burwell House for their residential trip. It was a grey day when they left Cambourne, but the sun came out and the weather was superb for the adventure. After dropping their bags off, they explored the grounds by taking part in the 'snail game'.

The afternoon activities were based on team challenges, the children were rewarded for their teamwork skills, receiving mini wooden eggs to spend in Hens "r" us for The Great Eggscape. The teams worked together, designing a vehicle to a house an egg while dropping it down from the



top of Burwell House.

Everyone enjoyed the activity and one team succeeded in getting their egg to the ground without breaking.

After a good night's sleep, everyone was awake by seven and another busy day followed breakfast. Activities included modelling using clay, working with maps and team games. Before returning home on the Friday, time was spent in the TV studio, finishing off the adventures with the Burwell Fox challenge.

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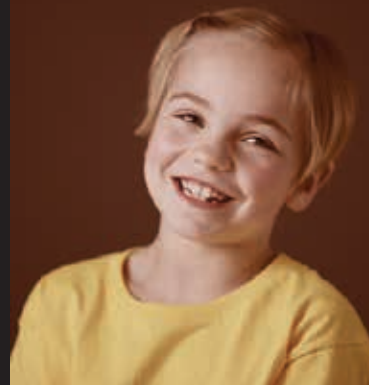
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Creative Courage For Life[®]



SCHOOLS

Music Magic at Elsworth Primary

ELSWORTH PRIMARY: Families at Elsworth CE Primary School were treated to a magical evening of live performances at the school's yearly music concert.

There were individual and group performances playing a huge range of instruments: from piano and violin to hand bells, rock guitars and cahons, not to mention 22 solos and duets.

The evening opened with the school choir singing "Calon Lan" in Welsh, with a grand finale of "Stronger Together" sung with harmony.

Music plays an important part in everyday life at Elsworth CE Primary School and we provide the children with as many opportunities as possible to perform; there are weekly class music lessons, and the school choir regularly performs at the Young Voices concerts at the O2 arena as




well as individual lessons on a wide range of instruments.

"I was really impressed with the breadth of musical instruments showcased during the concert. The enthusiasm and confidence of the children was great to see and the audience had a lovely time," said one parent, Gráinne O'Connell.

Research has shown that music uses all the parts of the brain at once, and develops self-confidence, self-esteem and team building skills, and songs are used in regularly in lessons across KS1 and KS2 to reinforce the children's learning of difficult concepts.

Monkfield Park Care & Learning Centre Holiday Club

The Care & Learning Centre operates a Holiday Club during school holiday periods. Holiday Club sessions are charged by the hour from 8.00 am until 6.00 pm daily. The cost will be £4.80 per child per hour for children aged 3 to 11 years and £5.41 per hour for children aged from 2 until the term after their third birthday. If you would like to book or have any questions about the Holiday Club please do not hesitate to contact the Care & Learning Centre on 01954 273301 or by email on clcoffice@monkfieldpark.cambs.sch.uk




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WHAT'S ON: EVENTS IN AND AROUND CAMBOURNE

First Saturday of the Month, May to September 2017, 9am to 1pm

Car Boot Sale

The Hub Car Park

*Sellers from 8 am. Pitches cost £5.00 on the day. There will be tea, coffee, soft drinks, bacon rolls and cakes!

Thursday 1 May, 11.15am - 4.15pm

CYP Family Fun Day

Picnic in the park, an Ice Cream Factory during the afternoon, and the usual mix of games, craft project, tuck shop and fun for all. Don't forget your packed lunch! Details: Jane Brooks 07850961000 or officecyp@gmail.com

Sunday 7 May, 3-6pm

Family Fun Day:

Cambourne Village College

Everyone welcome, free entry.

There will be kids entertainment, world artefacts and display, delicious refreshments from around the world, Henna art, makeup artist, homemade baked cakes and snacks. Want to have a stall or exhibit? Request a registration form: info@cambournecrescent.org

Sunday 7 May, 2pm - 3.30 pm

Spring Wild Flowers

Wandlebury Country Park

Join the team at 2pm in the Stable Rooms for an introductory talk, then head out into the park for a guided stroll to look for the spring flowers. Booking is essential. Adults only. £3 for members, non members £4.

Sunday 14 May, 6-8pm

Cambourne Cookery Club Fundraising Finale Dinner

The Hub

Three starters, three mains, three desserts, £15, with wine, £20. All proceeds to British Red Cross for Syrian Crisis Appeal for war children and East Africa Crisis Appeal for famine kids.

Tickets: 07852 753216 or shrobona@gmail.com

Wednesday 24 May, 2.45-3.45pm

Jeavons Wood Fundraiser

Jeavons Wood Primary School

Year 5 pupils are holding a fundraiser on behalf of REACH, the charity for helping children with upper limb differences live life without limits. All welcome.

Friday 9 June, 5-7pm

Jeavons Wood Summer Fete

Jeavons Wood Primary School

Raffle, mystery bags, face painting, inflatables, refreshments, tombolas and more! Details:

enquiries@jeavonswoodpta.org.uk

Saturday 17 June

Monkfield Park Summer Fete

Monkfield Park Primary School

We are looking for external stall holders to join us. If you are interested, please contact us via facebook or email friendsofmonkfieldpark@gmail.com

Sunday 24 September 2017

Bourn To Run

10km Run - 14 yrs & over, starts at 10:30am.

3km Fun Run - all ages, starts at 10:45am.

Early bird discount until 31 July,

www.bourntorun.com

Race entries close Sunday 17 Sept.

Saturday 30 September 2017

The Big Draw 2017

Cambourne Arts' annual hands-on art/craft event for everyone in our lovely community. The name will change, so keep an eye out for that, but the format will be similar.

For local group meeting dates and times, please see listings on pages 16-17.

Events in the library in February:

The library will be closed on Mon 1st of May and Mon 29th of May.

Engage in the Afternoon:

Wed 3rd May, 2-3.30pm

British Antarctic Survey.

No ticket required. See library for details. £1 Donation for refreshments.

Sat 13 May, 10.30am - 12.30pm:

Pop Up Science!

Focusing on Charles Darwin, there will be an interactive show at 11.30 about his life and theory of evolution.

And we'll have three activities: making a straw skeleton, fossil rubbing, and making a snake. Ask at library for details.

Cambourne Lunch Bunch book group: Wed 10th May 12.30-1pm.

Wed 31 May, 10.00 am -12.00pm:

Worm Hotel workshop for families:

There will be a practical activity of making a worm hotel – no worms – and other activities for children including colouring, word searches etc. See library for details.

CYP Youth and Children's Programme

Wednesdays:

4-5:30pm, Juniors club (Year 7-9)

7-9pm, Seniors Club (Year 9+)

Thursdays:

3.45-4.45pm, All stars (FS & Key 1)

5-6.15pm, Crazy crew (Key 2)

For more information please contact: Jonathan Buwert, Youth Worker, (07503 171869) Jane Brooks, Children's Worker, (07850 961000). All clubs are at the 'Soul Building', next to the Sports Centre, on Back Lane.

GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858
fran@panrucker.eclipse.co.uk
www.cambournearts.btck.co.uk

Cambourne Children's Centre:

01954 284672
cambournechildrenscentre@cambridgeshire.gov.uk

Cambourne Love Justice Group:

Len Thornton: 01954 710370

Cambourne Crescent:

www.cambournecrescent.org

Network Business Breakfast:

Jo Christy hello@stirupmedia.com
 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month in Cambourne Library at 1.30pm

Pat Callaghan 01954 718836

Watercolour classes

Monday evening group meeting in the Upper Cambourne cricket pavilion in Upper Cambourne from 7- 9pm. Suitable for beginners. Wednesday morning group for intermediate painters. Please get in touch if interested: 01954 710858 or fran@panrucker.eclipse.co.uk

Photography group

Beginner to advanced. Meetings on the third Tuesday of the month at 7.30pm in the Belfry hotel. Nicola Marriott on 07811 154901 <http://www.flickr.com/groups/cambournephotographygroup/>

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk

Timebank:

0300 111 3555 or Laura

Papanikolaou 01223 713555

Crafty Ladies:

Enid - (01954) 715292 or

Edna - (01954) 717360

WW2 aircraft club:

Devoted to the study of WW2 aircraft.

Meeting in Cambourne on the 1st

Monday of the month. 01954 269 173 or

iancameron692@gmail.com

Cambourne Birding Club

It is intended to start a Birding Club and interested parties are welcome to contact

01954 269 173 or email

iancameron692@gmail.com

Friday walks:

Next walk is on Friday

12th May. Just come to the rear entrance

of the library. Walking from Bourn via

Caldecote, Hardwick Wood and back to

Bourn. Approx 5.5 miles.

pam.hume@mail.com or telephone

Penny Flanagan on 01954 200126.

Sunday walks

Next walk - 28 May. Meet at 10am in

Monks Wood car park, School Lane.

Dave 01954 202792 or

david.ellis910@ntlworld.com

Gardening club

Meets at The Belfry on

the 2nd Thursday of the month, 7.30pm.

On Thursday 11th May the subject will

be perennials for Cambourne gardens.

The Link

Meets Sundays 4 to 6pm (term

time) at the *Vine Family Centre*. Food,

conversation, and space for reflection.

Discuss the Big Questions of life with

people across the generations.

bit.ly/TheLinkOnFacebook

CHURCHES

Cambourne Church

Church office: 01954 710644

Open Mon-Thurs 9am-3pm, Fri 9am-

12pm. Offices are located in the

Blue Space on Eastgate

www.cambournechurch.org.uk

Minister:

Rev Matthew Trick

matthew.trick@cambournechurch.org.uk

Administrators and Church Bookings

Stacy Buwert and Jacqui Huckle

administrator@cambournechurch.org.uk

Youth Worker:

Jonathan Buwert

Tel. 07503 171869 jonathan.buwert@cambournechurch.org.uk

Children and Family Champion:

Jane Brooks 07850 961000

jane.brooks@cambournechurch.org.uk

Parish Nurse:

Catherine Price

nurse@cambournechurch.org.uk

Foodbank:

Julie Whitbread

julie.whitbread@cambournechurch.org.uk

19 the coffee house:

Cait Dawkins and

Jacqui Huckle 19thecoffeehouse@cambournechurch.org.uk

Peacehaven Baptist Church

Rev. Donovan M. Bangs:

Preachbrit@aol.com 01954 710510

www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am

Meeting at Cambourne Village College

www.christchurchcambourne.org.uk

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719

mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585

www.cambournedental.com

Lloyds Pharmacy

01954 718296

Monkfield Medical Practice

01954 282153

www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793

candicelattimore@gmail.com

Cambourne Health and Wellbeing

Club A group for older adults

FREE. Alternate Fridays (next meetings:

5 & 19 May; 16 June) 10.30am -12pm at

the old Blue School site. Speaker,

refreshments, chair-based exercises and

time for conversation. No booking

required. Catherine Price: 01954 710644

or nurse@cambournechurch.org.uk.

LOCAL AUTHORITIES

Parish Council Office:

Parish Clerk 01954 714403

clerk@cambourneparishcouncil.gov.uk

www.cambourneparishcouncil.gov.uk

Venue Bookings:

01954 714403

bookings@cambourneparishcouncil.gov.uk

cambourneparishcouncil.gov.uk

Pitch Booking:

Everyone Active at the Sports Centre

District Councillors for Cambourne:

Mervyn Loynes –

cllr.loynes@scambs.gov.uk

Des O'Brien –

cllr.obrien@scambs.gov.uk

Simon Crocker –

cllr.crocker@scambs.gov.uk

SCHOOLS & COLLEGES

Cambourne Village College:

www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

The Blue School (Hardwick Community

Primary): Co-heads: Andy Matthews &

Ruth French. School Office - 01954

719085

blue@hardwick.cambs.sch.uk

GROUPS, SERVICES & CONTACTS

Jeavons Wood Primary School:

Headteacher - Sue Wright
School Office - 01954 717180
office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Porter
School Office - 01954 273377
office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

Headteacher - Debbie Higham
School Office - 01954 719630
office@thevine.cambs.sch.uk

PLAYGROUPS & PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679
cambourne.babyandme@gmail.com

Cambourne Pre-school:

Donna O'Shea: 01954 715150
cam.preschool@btinternet.com

Carers And Tots:

Pippa 07803 504220
cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning

Centre: Office: 01954 273301
cloffice@monkfieldpark.cambs.sch.uk

Sunflower Nursery: 01954 719440

SERVICES

Cambourne Library

Mon: 9am – 5pm Tues: 9am – 1pm
Wed: Closed Thurs: 4 – 7pm
Fri: 9am – 5pm Sat: 9am – 1pm
Reception area open 9am – 5.30pm every week day. As well as books, DVDs, Magazines and books on CD to borrow, we also offer an e-book service and local information. Library users can download free magazines and newspapers. Free Wi Fi. We also sell stamps, books and children's wall charts. 0345 045 5225 www.cambridgeshire.gov.uk/leisure/libraries

Community Car Scheme:

If you live in Cambourne, Papworth, Caxton or Elsworth, need transport for a medical or social appointment and are unable to use public transport to reach your destination then you can call us on: 07526 998 465 or e mail: cambournecarscheme@gmail.com. All drivers are friendly, helpful volunteers

who will take you to your appointment, wait and return you home. Typical fares from Cambourne are: Addenbrookes £9, Hinchinbrooke £8.40, St Ives £7.20, local in Cambourne £3. Please give us a minimum of 48 hours notice.

St Neots Bus Service:

The Whippet bus now runs Mondays to Fridays, leaving at 9.55am (from outside Morrisons) and returning at 1.20pm. (It is the No. 6). Takes 30 minutes. Also a service to Huntingdon. www.go-whippet.co.uk/routes-timetables/local-routes/

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm
Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay

01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey – 01954 269328
Facebook: Cambourne Bowls

Cambourne Cricket Club:

Callum Healy - 07714 007 282
cccadmin@cambournecc.com
www.cambournecc.com

Cambourne Eagles F.C:

Secretary - Danny Brooks
07516 630552
secretary@cambourneeeaglesfc.co.uk
www.cambourneeeaglesfc.co.uk

Cambourne F.C:

www.cambournefc.org
Cambourne Netball Club:
Emma Smith - (01954) 710034
cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309
info@cambourneexiles.com
www.cambourneexiles.com

Cambourne Runners

Weekly runs, all ability on Saturday morning 9am and Wednesday 7.10pm from the Hub.

cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Nigel Hillyard: 07787 565045
nigel.hillyard@btinternet.com
www.cambournetennisclub.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC)

Adam Kelly adz31@hotmail.co.uk /
2484df@aircadets.org

Cambourne Army Cadet force:

dc.cambourne@gmail.com
www.cambsacf.com

Cambourne Youth Partnership:

Weekly clubs for children and young people, open to all.
Wednesday evenings for ages 11-18 or
Thursday afternoons for ages 5-11.
Contact Jonathan Buwert (07503171869)
for the youth clubs or Jane Brooks
(0785096100) for the children's clubs.
All Clubs at Cambourne Soul,
Back Lane. Officecyp@googlemail.com
Cubs, Beavers & Scouts:
joininglist@cambournescoutgroup.org.uk
Guides, Senior Section,
Brownies and Rainbows:
Waiting list and volunteers
girlguiding.org.uk
08001695901 childerley.dc@gmail.com

WASTE AND RECYCLING COLLECTIONS

Black bin:

Thursday 11 May 2017
Thursday 25 May 2017

Blue bin, green bin, paper caddy:

Thursday 18 May 2017
Friday 2 June 2017

Bulky household items by arrangement. There is a charge of £30 for the first three items and £5 per extra item.

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CLASSES AND TIMES	9.10 - 9.55 BBX (LL)	9.20-10.20 PUMP FX (TN)	9.30-10.15 PARENT AND BABY BBX (LL)	9.30-10.15 SHREDFIT LITE (LL)	9.30-10.15 BBX (LL)	9.30-10.15 FAMILY BBX (LL)
	10.10-10.45 PARENTS AND BABY TONING TIME (LL)	10.30-11.30 BOXERCISE (LL)	10.30-11.15 BBX Lite (LL)	10.45-11.30 PRE/POST NATAL EXERCISE (MM)	10.30-11.15 SHREDFIT (LL)	10.30-11.15 BOOGIE BOUNCE REVOLUTION (LL)
	12 - 12.30 LEGS, BUMS AND TUMS Lite (LL)	11.45-12.30 SHREDFIT (LL)	11.30-12.00 METAFIT (MG)	11.30-12.30 PILATES (TN)	11.30-12.30 KETTLEBELLS (MG)	12.00-14.00 YOUTH SELF-DEFENCE (LL)
	12.45-13.30 BBX Lite (LL)		12.15-13.00 CIRCUITS (LL)	12.45-13.45 PREGNANCY YOGA (EP)		
	17.15-18.00 BB KIDZ (LL)	18.30-19.30 KETTLE BELLS (MG)	18.30-19.30 PiYo (MG)	16.45-16.30 BB KIDZ (LL)	16.45-17.30 KIDS FITNESS AGES 4-8 (LL)	
	19.30-20.15 BBX (MM)	19.45-20.45 CLUBBERCISE (LL)	19.45-20.45 BBX (MM)	18.30-19.30 BBX (MM)	17.45-18.30 KIDS BOXERCISE 9YRS+ (LL)	
		21.00-21.30 CORE BLAST (LL)		19.45-20.45 BOXERCISE (LL)	18.30-20.00 ASHTANGA YOGA (EP)	
				20.50-21.50 BOXERCISE FOR MEN (LL)		

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Chesterton Sports Centre, Gilbert Road, Cambridge

WEDNESDAY 9.45 – 10.45am
Multi-Arts Community Space, 47-51 Norfolk Street, Cambridge

THURSDAY 9.45 – 10.45am
The Free Church, Market Hill, St Ives

For further information please contact Alison Thompson
t: 01954 267378 e: info@sunnysteps.co.uk
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SPORT

Regus sponsors cricket club

CAMBOURNE CRICKET CLUB: For the 2017 season, workspace provider Regus has become the new principal sponsor for junior cricket in Cambourne. Regus will support all four junior teams: under 10, under 11, under 12 and under 13 as well as the Cambourne junior cricket tournament, which has been a huge success in recent seasons attracting up to 160 junior players from all over South Cambridgeshire. This year the teams will compete for the new Regus Trophy.

Richard Morris, UK CEO at Regus, commented: 'We're delighted to be sponsoring Cambourne's junior cricket teams. Regus may be a global business, but at its heart it is also a local one and we're passionate about supporting the communities around our centres.'

Graham Saint, Secretary, Cambourne CC, welcomes the sponsorship: 'It's great to have backing from a local company. This generous contribution really makes a big difference to a



Pictured (L-R) Parth Kaul (CCC U10 and County squad member); Alexandra Jepsen (Regional Manager, Regus); Stephen Warburton (CCC Junior coach); Stefan Bernhardt (Regus Cambourne)

club like ours that is growing rapidly in both numbers and aspirations.'

Anyone interested in junior cricket should contact Daniel Sherwood daniel.james.sherwood@googlemail.com

Summer Fishing Events

CAMBOURNE FISHING CLUB:
Junior Coaching Day, Sunday
4th June 2017 -

FREE event where children from 4-14 years have the chance to learn to fish correctly and safely. Spaces are full but we can take your details in the event of any cancellations. Email us your details. We will have other activities for younger siblings.



Charity Fishing Match For Tammy Harrison, Sunday 16th July 2017 - Raising funds for a 4 year old local girl, Tammy, who has cerebral palsy, for an operation that would make her life more comfortable, as it is not available on the NHS. Full details of times and rules on our website. £10 to enter payable in advance via our donate button. Tammy also has a GoFundMe page. We will hold a raffle, so if any local businesses

would like to donate a prize it would be greatly appreciated.

Bring a Friend Day, Sunday 24th
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WANT TO PLAY TENNIS?

CAMBOURNE TENNIS CLUB: The Summer league has started! You can track the results of all nine teams on our website.

Congratulations to our Two Vets (Over-45s) teams for solid Winter seasons. Both finished mid-table a couple of points shy of promotion.

We have introduced the very cool team training sessions on Monday evenings from 8-9pm for members who play, or aspire to play, in league matches representing Cambourne.

Regular coaching is also available on Saturdays and Mondays from age 5 upwards. There are still places left on some Summer term sessions. Book via overandin.com or contact coaching@overandin.com or 0844 776 1763.

For social adult players, Mix-in Club Sessions run twice a week: Wednesdays from 6:30pm and Sundays from 2pm. All welcome.

We are running FREE junior club sessions on Wednesdays until at least the end of May; 5-9 years old from 4:30 to 5:30pm and 10+ from 5:30 to 6:30pm. You need to be a member to come along; membership is free for under 10s or £20 for the year for under 18s.

<https://clubspark.lta.org.uk/CambourneLTC/>.

CAMBOURNE NETBALL CLUB: After a closely fought playoff game which was won by a single goal in the last minute, C2 have been promoted to Division 1.

C3 also fought hard in their own end of season playoff but unfortunately didn't secure a win so remain in the same division for another season. Summer league has just begun with both the adult and junior teams participating in a more light-hearted few months of netball in the sun.



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If you are interested we have beginner classes for adults and children on Tuesday evenings at the Vine School and/or Saturday mornings at the Sports Centre. The first month's training is free so please contact Stephen on 07905 744777 or stephenlacey73@gmail.com for more details or visit our Cambourne TKD Facebook page.



Eagles play in first tournament

CAMBOURNE FC EAGLES: The Eagles Academy played their first tournament on 4 April at Newmarket Town FC. The boys played well and came up against some older teams. The next tournament will be in Norwich City in May.

U8 Red's have enjoyed a successful season in the A League with goals coming from every outfield player, and Dougie is making sure the opposition can't score. Looking forward to our last league game and the summer tournaments.

U10 Red's can look back at this season with pride on a hard fought and enjoyable campaign. We have won some games and lost others, but throughout the boys' spirit of togetherness and love of playing has shone through. We welcome Dylan, Adam, Rhys and Dougie for next season as we move to 9v9 on the bigger pitch. We bid farewell and thanks to Preston who has been a tremendous team mate and wish him all the best with the blue team.

U12 Eagles continue their winning streak with a great win against Balsham scoring two goals in the last 5 minutes to secure a 2-1 win. Goal scorers Casper & Connor, MOM Casper. secretary@cambourne eaglesfc.co.uk



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who stated "supporting the Cambourne Soccer School means supporting the kids, which is a great pleasure."

The school's many coaches guarantee a good coach-to-child ratio for each child's development.

The FA Wildcats Girls' Football Club for girls aged 5 - 11 years old began on Saturday 15 April in Cambourne and will continue to take place every Saturday morning between 9am - 10am on the 3G pitch. Supported by the FA, this is a fantastic opportunity for girls to take up an interest in football and have some fun. Please contact cambournefc@gmail.com for more details as to how to join in, or just turn up. £3 per session.

In Boys football, the 7 Mini Soccer teams continue to do really well and the new additional team at U8s level started training at the end of April. Our U12s still lie in third spot in the



League, with games in hand over the top two. Our U13s Spartans team need just one point for the League title, and play in the Cup Final on 29th April.

In Girls football, the U12s Red team extended their unbeaten run to 6 games. The U14s made it 9 wins out of 10.

Our new Women's Team trains on Monday evenings and our Men's Team trains on Wednesday evenings. If you'd like to join in, all ages and skill levels are welcome.

For more information on any of the above, please email cambournefc@gmail.com

Exiles finish season on top

CAMBOURNE RUGBY: The Exiles concluded the season with an unprecedented win over tough rivals Shelford Fourths, with the final score 82 to 26.

From the start it was clear the Exiles were aiming to finish the season on a high. Throughout both halves, Shelford's try line was under pressure from the back row that were dominating the pitch. Chris Wallis at 6, Ryan Cox at 7 (Man of the match) and Josh Cox (Captain) at 8 could not have worked better with try after try resulting from their hard work.

"The mountain" Andrew Soer showed a comeback to form, crashing over the game line and setting up phases of play for the backline. Keith Robinson's newly found form at 9 created the link between the forwards and backs, which hammered the Shelford defence. Although stoic, Shelford's defence crumbled as the Russle Withey and Harry Mills link up at 10 and 12 proved too strong, while Harry secured being the top try scorer of this season. Harry and his girlfriend, Abigail, are now off travelling the world during the off season and The Exiles hope they have an excellent and safe trip.

A big thank you to Head Coach, Mickey Woolfe, whose training has helped develop all of our players, in all areas of the game. Also to Josh Cox, who steps down as Captain, for his leadership over the last two years.



If you would like to join us, we train to the left of the all-weather pitch every Thursday night at 6:45PM. All abilities and experience are every welcome. We play touch rugby in the offseason, so come along and have fun, keep fit and make some new friends. If interested, visit our web site CambourneExiles.com and leave a message.



COMMUNITY

CAMBOURNE 10K IS RUNAWAY SUCCESS

THE CAMBRIDGE CAMBOURNE 10K took place this year on Sunday 2 April and saw a great turn out on a sunny day.

In first place was David Hudson, a member of BRJ Run and Tri, who finished in a time of 33 minutes and 08 seconds.

Chris Darling of Cambridge and Coleridge AC came second in 33 minutes and 37 seconds. The first female was Ramsey Road Runners' Lisa Marriott in 39 minutes and 53 seconds and the second female, Anna Harwood, of Hillingdon AC, finished in 41 minutes and 17 seconds.

The 10k's sister event, the Cambridge Cambourne Fun Run took place at the same time. The winner of the 1 mile race was James O'Dell of BRJ Run and Tri in 5 minutes 31 seconds, closely followed by fellow BRJ Run and Tri member Liam Conway in 5 minutes and 34 seconds.

The fastest girl was Ellie Loosley in 5 minutes and 49 seconds, also a member of BRJ Run and Tri, and the second girl was Lilley O'Dell in 6 minutes 32 seconds, a member of AM Active.

New for 2017 was the two-leg relay (2 x 5K) - the winners



were Team 9, Reece Millard and William Dales of BRJ Run and Tri, in 37 minutes 37 seconds.

A spokesperson for the organisers said: "The event went really well again this year and it is a big event in the Cambourne Calendar. We have tremendous support from Cambourne residents and people who work here.

"The Parish Council are a key member of the team and provide invaluable support.

"Members of friends of the Vine school run our water station at the 5K point and we are very grateful to them and to the members of the various local groups who help with marshalling the event and to all those who come and support on the day which makes for a great way for our runners to finish!"

CAMBRIDGE CONVOY REFUGEE ACTION GROUP

Donations Drop Off

Saturday 13th May 12noon-2pm

Cambourne Church

Jeavons Lane

Cambourne, CB23 6AF

REQUIRED ITEMS

FOOD DONATIONS

tinned fish (with a ring pull lid), biscuits, white sugar, nuts, dates, dried fruit, energy bars, olive oil, vegetable oil, tea bags, garlic, chili flakes, large bags of spices, sea salt, lentils

OTHER ITEMS NEEDED

sleeping bags, roll mats, wind up torches, men's hats, gloves and scarfs, blankets, mobile phones with the charger, new men's socks size 39-43

Any donations that aren't suitable for the warehouse in Calais will be given to a charity shop in Cambridge or to the local food bank:
www.facebook.com/groups/camb4calais/
www.mydonate.bt.com/charities/camcrag
www.camcrag.org.uk
 Cambridge Convoy Refugee Action Group is registered charity (charity number 1170180)



Winners: David Hudson and Lisa Marriott (above), James O'Dell and Ellie Loosley (below)

