

CAMBOURNE CRIER

www.cambournecrier.org

editorial@cambournecrier.org

MEET YOUR LOCAL BUSINESSES ON SATURDAY 25 MARCH AT A Celebration of Business in Cambourne



On Saturday 25 March 2017 Cambourne Parish Council will be hosting the second annual 'A Celebration of Business in Cambourne'.

The event, which will take place in The Hub Community Centre between 11am and 3pm, is free to enter and there will be lots on offer.

All the businesses taking part are Cambourne based and are offering on-the-day incentives. There will be free samples, discount vouchers, free taster sessions and free prize draws! You can

have a make-up consultation, have your portrait taken, experience a reflexology massage, sample ice cream, pizza, and coffee and the children can take a free turn on the bouncy castle (weather permitting). Refreshments will be available from the Timebank team for a small donation to their funds.

The Parish Council believes in supporting local business as part of our local community. This is an opportunity for you to meet them and support our businesses in Cambourne.

Businesses attending:

(Correct at time of writing)

400-degrees Pizzeria; Agnieszka Menella Photography; Arbonne; Cam 2 Cam Driving School; Cambourne Castles & Marquees (Weather Permitting); Charlotte's Ice Cream; Contempo Designs Ltd; Cutagen Ltd; Digital Media Connect Ltd; Digital Photography by Rob Holding; JL Heating & Plumbing; KeepCreative; Nettle of Cambridge West; Treats for Feet Reflexology.

CAMBOURNE OPEN GARDENS

17-18 June 2017

You are invited to open your garden and be part of the Open Gardens community event - which is now in its thirteenth year.

Organiser Pam Hume said: "We already have eight gardens to look forward to, which is a great start; many thanks to those gardeners. It doesn't matter how big or small your garden is, as long as there is something of interest

for people to enjoy or find ideas in. For instance, a garden that's just starting out, raised beds, vegetables, themed borders, a children's area, garden gnomes, or gardens that face north or south and need plants that can cope with those challenges. It's a fun weekend for the community and to raise funds for the work the church does with the youth of Cambourne."

There will be a slight change to this year's Open Gardens event, in that School Lane will join with Lower Cambourne, opening on the Saturday. Great and Upper Cambourne will open on the Sunday.



CAMBOURNE CRIER

The Cambourne Crier is compiled by volunteers.

This month's editors were:

Tim Nash, Donavan Bangs, Lilla Kovács, Dan Scruton, Paul Jobling & Susannah May

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Finance: Pam Hume

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delivery@cambournecrier.org

Editorial submissions:

Submissions for the **April 2017 edition** must be received by 9pm on **19th March 2017**.

Please email articles

and photographs to

editorial@cambournecrier.org

Photographs must be print quality and should be sent as separate images. By submitting photographs you confirm you have permission from the photographer and anyone in the photos for us to print them.

GET INVOLVED!

If you have access to the internet and a PC and would like to join the editorial team as an editor, designer, writer or to help with our website, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

The Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group?

Or are you thinking of setting up a new group and need some funding to get going?

Contact pam.hume@ntlworld.com for more information or download the application form at www.cambournecrier.org

NEWS

Don't swallow up your NHS

Health Chiefs in Cambridgeshire are urging local residents to buy basic medications from pharmacies instead of getting them on prescription.

Last year your local NHS spent over £4 million on prescribing medicines that can be bought easily from local pharmacies or supermarkets. This includes £1.5 million on prescribing pain relief (paracetamol), £1.2 million to treat upset stomachs, £550,000 on antihistamines and £320,000 to treat heartburn and indigestion.

All of these medicines can be bought at local pharmacies or supermarkets for less than it costs the NHS to prescribe.






Sati Ubhi, Chief pharmacist, said: "We want the public to really think before they visit the GP, is this something that I can treat myself? Is there a medication I

can buy for this over the counter? A packet of paracetamol can cost as little as 25p for 16 tablets at a pharmacy. But if you go to your GP with your ache or pain and get a prescription, the total cost to your NHS is approximately £45*. We all have a responsibility to look after our own health and look after our NHS.

Keeping a selection of essential medications at home can help you treat common conditions at home such as colds, coughs and flu and avoid unnecessary trips to see your doctor."

For further information on self-care visit <http://www.cambsandpeterboroughchoosewell.co.uk/>

**The £45 the NHS spends on a prescription if you see a GP is made up of the GP consultation time, the cost of the medication, and the dispensing fee.*

Pain relief (paracetamol)	Upset stomach treatment	Antihistamines (hayfever)	Heartburn & indigestion treatment	Travel sickness treatment
				
Cost to your local NHS: £1.5 million	Cost to your local NHS: £1.2 million	Cost to your local NHS: £550,000	Cost to your local NHS: £320,000	Cost to your local NHS: £93,000
Cost for you to buy £0.25 (16 tablets)	Cost for you to buy £1.00 (6 capsules)	Cost for you to buy £2.75 (30 tablets)	Cost for you to buy £2.00 (200ml)	Cost for you to buy £2.30 (10 tablets)

BE SELF-CARE AWARE

By keeping a selection of essential medications at home you can treat common conditions in a timely manner, and avoid unnecessary trips to see your doctor and/or visits to the A&E department.

The following medications can be bought from pharmacies or your local supermarket and are generally cheaper than buying them on prescription. Speak to your local pharmacist about stocking up on

medicine cabinet essentials to treat common conditions for you and your family.

- Simple pain killers like paracetamol and ibuprofen
- Sore throat, cough, cold and flu medications
- Heartburn and indigestion remedies
- Anti-diarrhoea medication
- Rehydration salts
- Allergy medicines
- Pile (haemorrhoid) treatments
- First aid kit including plasters and bandages

COMMUNITY - FUNDRAISING

Councillor on the run for Children with Cancer UK

Cambourne resident and Parish Councillor Jeni Sawford is running the Brighton Marathon for Children with Cancer UK in memory of her sister.

"I'm lazy, hate going out in the dark, and am scared of dogs off their leads, so when I rashly decided to enter the Brighton Marathon, I soon realised that I'd set myself a whole host of challenges," said Jeni.

"I am also not a morning person, and dragging myself into my running gear and out onto the pavements of Cambourne is proving to be the hardest part so far. And yet, it's worth it. I remind myself of the disproportionately harder challenges children with cancer are facing daily – fighting the dreadful disease that still takes so many.

"I am utterly in awe of their courage and the strength of their parents and



family. My parents faced the same challenges when my eldest sister was diagnosed with childhood leukaemia.

She was 6, and had an inoperable Neuroblastoma (cancerous brain tumour). There was nothing they could do but care for her until she died. This was 43 years ago, and the world of medical science has come on leaps and bounds, but there is still so much to do.

"I feel fortunate that I have experienced the joy of running round the beautiful lakes: waving to other runners, seeing the community at play. It makes the challenge so much more bearable.

"So if you see me around Cambourne wearing brightly coloured leggings, give me a wave. And even better, if you can donate to this cause, that would be amazing too. Thank you."

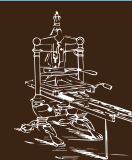
You can sponsor Jeni by visiting her fundraising page at:

<https://www.justgiving.com/fundraising/Jeni-Sawford2>

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CAMBOURNE PARISH COUNCIL

Parish Council looks to recruit two new apprentices

Cambourne Parish Council is currently seeking to recruit two new apprentices; one to work in the Parish Office and one to work as part of the Grounds Team.

The Apprentice Office Administrator will work alongside the Parish Office team assisting with the booking of the Parish facilities, maintenance of spreadsheets and databases, dealing with visitors to the office, post and phone calls and general office administration. The successful candidate will study for a Level 2 Apprenticeship in Business Administration.

The Apprentice Grounds Person will work alongside the existing Grounds Team to help maintain Cambourne's open spaces, play areas and sports facilities to a high standard using a variety of machinery and hand held equipment. The successful candidate will study for a Level 2 apprenticeship in Horticulture.

For further details and application forms please contact John Vickery on 01954 714403 or email clerk@cambourneparishcouncil.gov.uk or see the website www.cambourneparishcouncil.gov.uk or our Facebook page. Closing date for both vacancies is Friday 17 March 2017.

Cambourne 10K Run & Fun Run

This year's Cambourne 10k and Fun Run will take place on Sunday 2 April 2017.

The run is organised by the Cambridge & Coleridge Athletic Club and the Cambourne Business Park and is supported by the Parish Council. The 10k is run almost all off-road and takes competitors around some of Cambourne's lakes and country park areas.

Each year any surplus money raised by the 10K is donated to a local charity. This year the chosen charity is Maggie's Wallace Centre which is a charity that provides free practical, emotional and social support to people with cancer and their family and friends, from diagnosis through to living with the effects after cancer. For more information on the Cambourne 10k & Fun Run please see the website <http://www.cambridgecambourne10k.com/>

For more information about Maggie's Wallace Centre please visit their website <https://www.maggiescentres.org/our-centres/maggies-wallace-cambridge/>

Calendar of Meetings March / April 2017

7 March at 7pm	Planning Committee, Council
21 March at 7pm	Planning Committee, Finance & Policy
4 April at 7pm	Planning Committee, Council

Residents are welcome to address the meeting before it formally starts on any matter on the agenda. If you have something else you'd like to raise, please contact the Parish Clerk at least 10 days beforehand so the item can be added.

CAMBOURNE PARISH COUNCIL
District of South Cambridgeshire

COME AND MEET YOUR LOCAL BUSINESSES

CELEBRATION OF BUSINESS IN CAMBOURNE

FREE ENTRY **SUPPORT LOCAL**

Saturday 25th March 2017
11am – 3pm

The Hub Community Centre, High Street, Cambourne, CB23 6GW

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The Parish Office: The Hub, High Street, Cambourne, Cambridge, CB23 6GW.

Open 9am to 5pm Monday to Thursday and 9am to 4pm on Fridays. Tel: 01954 714403.

John Vickery, the Parish Clerk can be contacted on: clerk@cambourneparishcouncil.gov.uk

For all other enquiries please email: bookings@cambourneparishcouncil.gov.uk

GROUP NEWS

Young people get creative at CYP family fun day



CAMBOURNE YOUTH PARTNERSHIP:

Everyone enjoyed the Spring Half Term Family Fun Day held at CYP on Thursday 16 February. We got creative with decorating wooden owl or dinosaur picture frames – and even the grown-ups got stuck in with the paints! We made ourselves some yummy pizzas, played with the toys, challenged each other with the board games, enjoyed the tuck shop and went to Everyone Active for a very busy Multisport session.

The next Family Fun Day is on Thursday 13 April – look out for details in the April edition of The Crier or get in touch with Jane Brooks on 07850961000.

Volunteers needed!

Could you give a few hours of your time each week to

help us staff our clubs? We are looking for volunteers to support all clubs on Wednesdays and Thursdays. If you are interested in Music or Music Tech we have a fully equipped studio to make use of your skills.

Looking for sofas...

During the February half term we spent a lot of time clearing out the youth centre to make it more welcoming and accessible for the various groups which use it. As part of this, we are desperately in need of some new sofas to replace the current ones. If you know of any local businesses which may be getting rid of any soft furnishings, or are aware of any funds which might be able to support this need, please get in touch on officecyp@gmail.com



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COLUMNISTS

CATHERINE PRICE

Food intolerance or allergy?



We often hear about food intolerances or allergies. Food intolerances relate to difficulty digesting certain foods which then go on to cause symptoms such as bloating, abdominal pain, wind and/or diarrhoea, which usually come on a few hours after consuming the food.

The easiest way to identify the cause of a food intolerance is to keep a food and symptom diary, then exclude 'suspect' foods from your diet, one at a time, for a few weeks and see if your symptoms improve. You can then reintroduce each food gradually to see if symptoms return. Often, you can tolerate a small quantity of a food before developing symptoms. Dairy and wheat products are the biggest causes as well as food additives, preservatives and chemicals.

A food allergy is where the body mistakenly treats proteins in food as a threat which brings on a rapid, allergic reaction (e.g. rash, wheezing and itching). These symptoms can develop after eating tiny amounts of the food and be very serious. Common food allergies in adults are to fish, shellfish and nuts, and in children to milk, eggs, nuts and fish.

If you have problems with food it is useful to discuss this with a GP or a registered dietitian. A GP can also assess whether there may be another cause of your symptoms particularly if you have problems with gluten-containing foods or diarrhoea or are losing weight. Reference/ further information: NHS choices (Food intolerance).

*Catherine Price RN, Cambourne Parish Nursing Service
nurse@cambournechurch.org.uk*

HEIDI ALLEN MP

Investing in young people



Our schools are our future and I continue to raise the issue of fairer funding in the House of Commons and directly with the Education Secretary. Cambridgeshire has been historically under-funded and is now experiencing unprecedented growth. The Government is now consulting on new national funding formula proposals and your contribution is important. I have concerns, shared by all our schools, that the proposed formula is still not quite right, so please do join me in feeding this back. For information on the changes we need, please contact my office or go to <https://consult.education.gov.uk/funding-policy-unit/schools-national-funding-formula2/>. The consultation needs to be submitted before the closing date of 22nd March 2017.

I'm also committed to supporting initiatives that improve mental health, particularly in our youngsters. I've been following the progress of an innovative partnership developed with the Melbourn schools cluster and an organisation called Alliance. This scheme works on early intervention strategies to support young people with mental health issues in their own school environment. The project has been so successful that Cambridgeshire County Council have approved an extension to their funding for the next year. Furthermore, I hope Alliance will be asked to roll out their initiative all across the county.

www.heidisouthcambs.co.uk/residents-drop-surgeries (I'll be in Cambourne in April). Call 01954 212707 or email me at heidi.allen.mp@parliament.uk

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GROUP NEWS

Cubs achieve Personal Challenge Award

2ND CAMBOURNE CUBS: Following the Christmas break, Cubs resumed on Wednesday 11 January. We reviewed our code of conduct, and listened to an explanation of the Personal Challenge award.

As part of the Personal Challenge Award, the Cubs chose one from of four badges to earn outside of normal Cub sessions: in the first half of the term, Collector Activity, Home Help, Photographer Activity and Animal Carer. On the last day of the half term, Cubs made presentations explaining what they have done to achieve the award.

This was a successful evening, followed by the presentation of badges.

Other activities at pack meetings involved first aid, home safety and a Burns Night taster evening. Activities in the next half term will include an engineering evening, pancake making, escape room, a visit from Wood Green animal shelter staff and an astronomy evening.

• *Friday 6.45-8.15pm, The Blue School. If you would like to join the scouts, volunteer or potentially become a leader, please contact Marina.deller@cambridgeshirescouts.org.uk*



FRIDAY WALKS:

February was cold, and snow flurries were forecast. Even so, seven of us ventured out, and had a lovely walk along the river in Cambridge to Bait's Bite Lock, returning through Fen Ditton. Some of us remembered walking the same route in our youth, when there was a ferry to take us over – for a small fee – to The Plough at Fen Ditton. If you'd like to get to know the local area better, and enjoy walking, then do join us. See p16 for details.

SUNDAY WALKS: Our next walk is on 26th March, approximately 4-5 miles. Our walks are generally

local; at most we drive for 30 minutes to get to the start of a walk (don't worry if you don't have transport, several of us bring cars). See p16 for contact details.

GARDENING CLUB: The inaugural meeting of the Gardening Club took place last month. A number of people attended and discussed what they would like from the club. A number of ideas for activities and outings were put forward. In addition it was felt that it was valuable to chat about each other's gardening experiences. The club meets at 7.30pm on the 2nd Thursday of each month in The Belfry.

FREE EVENT

BAPS Swaminarayan Satsang Mandal
CAMBRIDGESHIRE



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INDIA

Thursday 16 March 2017

Programme: 7.30pm to 9.00pm

Traditional Indian Meal (free): 9.00pm to 9.45pm

Fawcett Primary School, Alpha Terrace
Trumpington, Cambridge CB2 9FS

For further information or to register your attendance, please contact:
Ajit Rao on 07728 788 568 or Vaishali Rao on 07552 746 646
or email: baps.cambridge@gmail.com



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CAMBOURNE CHURCH

February Services and Events

Sunday 5th March 9.30am and 11am Morning Worship

Sunday 12th March 9.30am and 11am Morning Worship with Communion

Sunday 19th March 9.30am and 11am Morning Worship 7.30pm Time to Pray

Sunday 26th March 9.30am and 11am Morning Worship with Communion 7pm Encounter

Sunday 2nd April 10am Morning Worship

A new evening service

Everyone is welcome to come along to 'encounter' - a new evening service on the 4th Sunday of the

month starting at 7pm in the church - with a focus on sung worship and the creative arts. Dates for this term are 26th March and 23rd April.



Holiday Club 2017: save the date

Monday 24th - Friday 28th July: 9:30am-12 noon

Sunday 30th July: 10am Celebration service

Cost: £15 per child. Family discount available.

Random acts of kindness



So we're three months into my 2017 challenge to explore ways of making us happier. In February's edition we explored 'journaling gratitude' and I encouraged you to try using the Christian practice of saying grace before meals to share things that you're grateful for. Another transformational practice would be to keep a journal of three things that you are grateful for each day. Remember the key to realising a lasting improvement in your levels of happiness is to be disciplined with these practices and keep going.

This month's practice is to undertake 'random acts of kindness'. In the bible, we meet the Old Testament prophet Zechariah who wrote: Because God has promised to bless us abundantly, we should be a blessing to others. So why not use the season of lent (starts Ash Wednesday, 1st March) to follow a program of random acts of kindness. As a guide, you might want to try joining the over one hundred thousand people following '40 acts' (<https://40acts.org.uk>).

Final word to Jesus: "It is more blessed to give than to receive" (Acts 20.35). Enjoy stepping out and discovering how you can be happier by practicing random acts of kindness. **Rev Matthew Trick**



GAZEBO AFTER SCHOOL CLUB

We have some places available in our Gazebo After School Club, a Christian Club run by Cambourne Church for children in Years 3, 4 and 5, which includes games, craft, Bible stories and prayer times

When? Wednesdays during term time 3:15 - 5pm

Where? Cambourne Church

How much? £1.50 per child per week, plus donations for refreshments for parents/carers and siblings during family time at start. For more information please contact jane.brooks@cambournechurch.org.uk or txt 07850 961000



Fathers' and Children's Breakfast

8.30 -10.30am at Cambourne Church

First Saturday of every month.

It would be great to see any dads with their kids for a bacon roll, toast or just a coffee.

Breakfast is free although donations are welcome.

Next Meetings - 1st April and 6th May



A partnership of the Church of England, Baptist, Methodist & United Reformed Church
Service times: Sunday 9.30 & 11.00am
2nd and 4th Sunday in month:
Holy Communion at 9.30 and 11am services



www.cambournechurch.org.uk



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facebook.com/cambournechurch

PEACEHAVEN BAPTIST CHURCH

Dear Friends,

Mother's Day is coming up on the 26th of March for all you that have not Googled it yet. We will be having our usual gifts for mothers in attendance that day. Last year it was bottles of bubble bath. I am looking into different things this year. Taking some time out to show some concern for them is good; not just once a year, but whenever we can. It is important to care for our parents, especially as they

get older. This is good and right. Also, our own children will see how we treat our parents and maybe learn from that. Remember the original retirement plans were the children as an unbroken chain of care from parent to child, then child to parent. The Bible stresses the importance of that relationship. The 5th commandment is Honour thy father and thy mother. The first 4 dealt with our relationship to God and the

last 6 our relationships with others and it starts with honouring our parents. I believe it is placed there on purpose in that order; because if we can get the early commandments right the later ones will fall into place easily. Your parents should be given the honour due them, not just for their sakes, but for yours and your children. Maybe your parents were not the best. But even if they were bad we can still show honour by living in a



better way and with a better outlook for the next generation.

Pastor Donovan Bangs



COME AND WORSHIP WITH US

Cambourne Community Centre, (The Hub), High Street, Great Cambourne, CB23 6GW

SUNDAY MORNINGS - 10 AM

SUNDAY MORNINGS - 11 AM

WEDNESDAY EVENINGS - 7 PM

Children's Sunday School & Adult Bible Studies (Hub)

Children's Church & Morning Worship (Hub)

Bible Study & Prayer Service (Pastor's home)

Pastor Donovan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk

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VOLUNTEERING

Community Listener volunteers needed for Healthwatch

HEALTHWATCH CAMBRIDGESHIRE:

This is Lizzie, she is a local Healthwatch Cambridgeshire volunteer and is helping with a new project to look at how health and care services communicate with people who have a sensory loss.

Lizzie's said: "I am a service user myself and have disabilities, so I rely on good healthcare and support, such as having a good relationship with the GP."

Listener volunteers are people like you who live or work in Cambridgeshire. You know the place you live and the people in your community. Your help is needed to talk to more people about Healthwatch and find out what care is like for them.

- You will listen to people within your local community who have used health or social care services. This may be

your family, neighbours and friends, or people you meet within your local networks.

- You may visit local groups, chat with people and record what they have to say.
- You might talk to people about Healthwatch Cambridgeshire. This may involve giving a short presentation, or working on a display stand.

Healthwatch Cambridgeshire will give you training and support, as well as paying agreed out of pocket expenses.

As a Community Listener, you could also train to take part in 'Enter and View' visits to local health or care services. This is Healthwatch's legal right to visit places that provide publicly funded health or care services, to see and hear how people experience care.



In the last year, it has visited Addenbrooke's and Hinchbrook Hospitals. Contact Heather or Elizabeth for an informal chat.

Call 01480 420628, email enquiries@healthwatchcambridgeshire.co.uk or visit

www.healthwatchcambridgeshire.co.uk

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SCHOOLS

Going back in time to the Great Fire of London

MONKFIELD PARK

PRIMARY: Year 2 started the Spring Term with a visit from History Off the Page and travelled back in time to the Great Fire of London.

They then created a wonderful array of shape poems full of facts and figures that they had learnt.

They then put their acting skills to good use and did a wonderful performance of 'The Goblin Next Door' which was a thought-provoking play about a Goblin who moved into their woodland paradise and caused mischief. The fairies, pixies and woodland creatures showed him the error of his ways, gave him another chance and they all lived in peace and harmony.



KS1 hosted a very popular evening workshop for parents to further support their children with reading, writing and phonics at home.

Our special guest was Alison Tarrant who kindly came to support the event from Cambourne Village College.

She gave parents an insight into recommended authors and books for KS1 aged children and how to engage them in reading.



Combertain Twinning Association

Welcomes New Members

- *Speaking French is NOT a requirement.*
- *Annual visits to and from our twin village in France - Le Vaudreuil, near Rouen.*
- *Next visit is to France, 21 to 23 April 2017.*
- *Subsidised travel by coach and Eurotunnel.*
- *You stay with local host families, and experience the French way of life.*
- *Families with children particularly welcome.*
- *Annual subscription only £10, under 16s free.*
- *Fun social events such as a summer BBQ.*
- *Make new friends locally, and in France.*
- *For more information, or to join, contact:*
Paul Hardy tel 263232 - paul@paulhardy.net, or
Glynis Ellis tel 262214 - glyniselis@talk21.com.
Or see www.CombertainTwinning.org.uk.

Rated 'Good' in all areas with aspects of outstanding practice. Ofsted February 2014

Monkfield Park
Care and Learning Centre

Situated on the site of Monkfield Park Primary School in Cambourne

- Purpose Built
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Three indoor areas and a spacious outdoor area provide a free-flow environment for the children in which a range of stimulating, exploratory and investigative experiences are provided.



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OPEN MORNING SATURDAY 18TH MARCH, 10 AM TO 1 PM

ALL WELCOME!

A new international school in Fulbourn, South of Cambridge, welcoming pupils aged from 6 to 16 years from Britain and overseas.

We have experienced and enthusiastic teachers delivering a broad and engaging curriculum to small classes of pupils from Britain and beyond. We offer excellent pastoral care and are non-selective academically. Intensive English tuition and an extensive Mother Tongue programme are available.

Transport via school minibuses from central Cambridge, Cambourne and surrounding villages.

To arrange a visit, please call:

Mary Greer on 01223 755100/07400 584015 or email mary.greer@landmarkinternationalschool.co.uk

www.landmarkinternationalschool.co.uk

SCHOOLS

Exploring the culture of China

CAMBOURNE PRE- SCHOOL: Children and staff had fun whilst they explored Chinese new year with one of the parents - Huai Ly - who came in to share her experiences with us.

Activities included a story, making lanterns, meeting a dragon and using musical instruments to scare him away. Staff then repeated these activities in the afternoon to ensure

all children benefited, the music activity was a favourite.

Activities based around the festival continued in sessions through the week which included exploring cooked and raw noodles, mark making with chopsticks and restaurant role-play amongst others.

Cambourne Pre-school welcomes any member of the community that has a specific skill or is able to share a culture or festival with us, we feel experiences like this greatly help with the children's understanding of the world around them.

To contact the pre-school if you feel you would be able to help or to enquire about spaces for September 2017 please call 01954 715150 or email: cam.preschool@btinternet.com

Coral and Ruby classes visit Morrisons for snacks



THE VINE SCHOOL: In January, FS2 learnt about money. We learnt the value of each coin and what they looked like. We talked about different ways to make the same amount using different coins. We talked about what we could buy with each coin. We asked the children if they would like to go to Morrisons to use some coins to choose and buy their own snack. The next week Coral and Ruby classes walked to Morrisons. We had written our shopping lists for the snacks we wanted to buy and had a 20p coin each. We walked around the fruit and vegetable section and chose a snack each. We were able to use the checkout and pay for our snacks with some help from Tracy who worked there. She let us go behind

the till and take it in turns to weigh our snacks and to press the button for the fruit we chose. We then carried our snack back to school, where we ate them. We talked about which snack we had chosen and the differences between them. We asked the children what they enjoyed about our visit and these were their replies:

"I liked buying my apple" - Keira

"I liked choosing my fruit" - Rafaela

"I liked walking there because we saw people on the way and could walk with our friends" - Taylor and Frankie

"I bought a green apple because they are not sweet like the red ones." - Mark

"I liked pressing the buttons" - Blossom

Spring Half Term News from Cambourne Village College

CAMBOURNE VILLAGE COLLEGE:

The first half of this Spring term has been focused on staff recruitment as we prepare to admit our final cohort of 210 Year 7 pupils into the College this September. This group of pupils will complete the school, giving us year groups 7 – 11, and we have a need for further members of staff to teach them all. We've been able to draw on our excellent reputation to attract high-

quality teachers and expect to be fully staffed in September, however, this round of recruitment has been the most difficult since we opened, reflecting a national shortage of secondary school teachers due to widespread concern at cuts in school funding.

Despite this, the mood at Cambourne Village College remains buoyant. The work to build our new extension is going well, and we're delighted to have been

able to include a new, large hall in the plans, thanks to support from the Parish, District and County Councils. This new hall is designed to be multi-functional and will have the capacity for use as a future community cinema.

Year 9 pupils have been choosing GCSE options and we've been granted some funds for a large polytunnel to enable us to introduce some horticultural studies.

SCHOOLS

JEAVONS' YEAR 3 EXPLORES THE TITANIC

JEAVONS WOOD: This half term, Year 3 have been busy learning all about the Titanic.

We all dressed up and acted the part on our Titanic WOW day with some children coming dressed as first class passengers whereas others experienced the hardships associated with third class.

The fascination with the tragedy led to many interesting facts, figures and shocking revelations, particularly when considering the inequality of the classes when filling the lifeboat. We were so impressed by the children's thoughtful reverence as we considered the unfortunate outcome for many in third class.

The children then set to work writing some fantastic diary


entries, as passengers of the ship. Of course the children were able to refer to the 'beautifully carved grand staircase', the 'grand chandeliers' and the 'luxurious 1st class cabins'.

The children have shown how much they have learnt through their excellent project homework.

Several children amazed the class with their fantastic models of the Titanic and parents were suitably impressed at the homework show.

We ended our topic by preparing and tasting a delicious feast from the on-board menu. The children particularly enjoyed tasting fruit scones for their afternoon tea. It has been a busy term here at Jeavons Wood.






Don't Dress for Dinner
Wednesday 29th March to
Saturday 1st April 2017

In Barton Village Hall
at 7:45pm
www.bartondramagroup.com

By Marc Camoletti
(Adapted by Robin Hawdon)

Tickets: £8.00
(£6.00 concessions)
Available by phone from:
Norma Eaton (01223) 263561
Online booking: www.booking-bdg.co.uk



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WHAT'S ON: EVENTS IN AND AROUND CAMBOURNE

Wednesday 8 & 15 March, 5-6pm

Cambridge Conservation Seminars

*Large Seminar Room, Level 1,
The David Attenborough Building,
Cambridge University*

8 March: Change and necessity: the way ahead for UK Forest Conservation?

15 March: Ecological and evolutionary responses of species to climate change
www.conservation.cam.ac.uk

Saturday 11 March, 11am-2pm

Festival of Colours - Holi

Upper Cambourne Cricket Pavilion

Free event. Enjoy festivals from various nations. Contact Shrobona 07852 753 216 or shrobona@gmail.com

Saturday 18 March, 1-4pm

Self defence workshop

The Hub, Cambourne

Free entry and participation. Learn the basic skills to protect yourself. Contact Shrobona 07852 753216 or shrobona@gmail.com

Saturday 18 March, 4.30-10pm

Holi Festival

The Hub, Cambourne

Celebrate the colourful festival of Holi with Gulal and Bonfire. Organised by Cambourne Cultural Society. Indian dinner with live Dosa Counter. £12 adult, £6 child (5-15), family £32. Non members: £14 adult, £7 child.
Info@ccsuk.org.uk

Saturday 25 March, 11am-3pm

Celebration of Business in Cambourne

The Hub Community Centre

If you run a business in Cambourne, Cambourne Parish Council invites you to take part in a FREE event giving small businesses the opportunity to promote themselves. Limited spaces available. For more information and a booking form call 01954 714403 or email liz.pinchen@cambourneparishcouncil.gov.uk

Saturday 25 March, 7.30pm

Rhythm of Life

Bar Hill Church

Rhythm of Life, the Cambourne based ladies choir presents their annual charity concert. An eclectic mix of songs from musicals to pop and folk. Tickets £7.50 including a complimentary drink are available on 07758 246105. All proceeds go to Cambridgeshire mental health charity Arts and Minds.

Weds 29 March to Sat 1 April, 7.45pm

Don't Dress for Dinner

Barton Village Hall

Tickets: £8 (£6 concessions) available from Norma Eaton (01223) 263561 or www.booking-bdg.co.uk
More information from:
www.bartondramagroup.com

Wednesday 5 April, 7.30pm

Papworth Astronomy Club talk: Landscapes of the Planets

The Vinter Room in Papworth

Dr Paul Murdin from Cambridge University will give a talk based on his recent book. Dr Murdin is credited with discovering the first black hole in our galaxy. Contact Peter Sandford on 01480 830729 or peter@cheere.demon.co.uk

Sunday 9 April, 10am - 4pm.

Cambridge Gliding Centre Open Day

Gransden Lodge Airfield

Find out about the sport of gliding. All welcome. Trial flights with our qualified instructors available on a first-come, first-fly basis, at discounted rates. Refreshments. Free admission. Free lessons in a realistic gliding simulator. Free talks about gliding and the airfield's war-time history. Visit www.camgliding.uk or call 01767 677077

For local group meeting dates and times, please see listings on pages 16-17.

Events in the library in February:

Engage in the Afternoon:

Wed 5th April – 2– 3.30pm

Macmillan Cancer Support in the Community. Free talk.

Refreshments available.

If you would like to give a talk at the library or know of any speakers who would please contact the library and ask for Caroline.

Tues 7 March, 2-4pm **Criticism.**

Author Catherine Belsey talks about what criticism means and about her book of the same name. Free. See library or phone 0345 045 5225.

Rhyme Time and Story Times are every Friday from 9.30 – 10am during term time.

Cambourne Lunch Bunch Reading Group in the library next meeting

Wed 8 March 12.30pm.

Wed 15 March **Job Centre Plus**

From 1.30–3.30pm. Drop in for help with cvs, applying for jobs and job information. Appointments can be booked in advance.

CYP Youth and Children's Programme

January – March 2017 (Term time)

Wednesdays:

4-5:30pm, Juniors club (Year 7-9)

7-9pm, Seniors Club (Year 9+)

No meeting during Easter holiday

Thursdays:

3.45-4.45pm, All stars (FS & Key 1)

5-6.15pm, Crazy crew (Key 2)

No meeting during Easter holiday

For more information please contact:

Jonathan Buwert, Youth Worker,
(07503 171869)

Jane Brooks, Children's Worker,
(07850 961000). All clubs are at the 'Soul Building', next to the Sports Centre, on Back Lane.

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GROUPS, SERVICES & CONTACTS

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858
 fran@panrucker.eclipse.co.uk
 www.cambourneararts.btck.co.uk

Cambourne Children's Centre:

01954 284672
 cambournechildrenscentre@
 cambridgeshire.gov.uk

Cambourne Love Justice Group:

Len Thornton: 01954 710370

Network Business Breakfast:

Jo Christy hello@stirupmedia.com
 07852 227917

Words for Pleasure writers' group

Meets on the first Thursday of the month
 in Cambourne Library at 1.30pm
 Pat Callaghan 01954 718836

Watercolour classes

Monday evening group meeting in the
 Upper Cambourne cricket pavilion in
 Upper Cambourne from 7- 9pm. Suitable
 for beginners. Wednesday morning
 group for intermediate painters. Please
 get in touch if interested: 01954 710858
 or fran@panrucker.eclipse.co.uk

Photography group

Beginner to advanced. Meetings on the
 third Tuesday of the month at 7.30pm in
 the Belfry hotel. Nicola Marriott on 07811
 154901 [http://www.flickr.com/groups](http://www.flickr.com/groups/cambournephotographygroup/)
 /cambournephotographygroup/

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk

Timebank: 0300 111 3555 or Laura
 Papanikolaou 01223 713555

Crafty Ladies: Enid - (01954) 715292 or
 Edna - (01954) 717360

WW2 aircraft club:

Devoted to the study of WW2 aircraft in
 all theatres of the conflict. Meeting in
 Cambourne on the 1st Monday of the
 month. Ian Cameron 01954 269 173 or
 iancameron692@gmail.com

Friday walks: Next walk - 10 March:
 from Wimpole to Great Eversden.
 Upcoming walks: Comberton to Toft,
 Bourn/ Caldecote/Hardwick Wood. Meet
 at the rear entrance to the library at
 10.15am. Penny Flanagan on 01954
 200126 or pam.hume@ntlworld.com

Sunday walks

Next walk - 26 March (approx 4-5miles)
 meet at 10am in Monks Wood car park,
 School Lane. Dave 01954 202792 or
 david.ellis910@ntlworld.com

Gardening club Meets at The Belfry on
 the 2nd Thursday of the month, 7.30pm.

The Link Meets Sundays 4 to 6pm (term
 time) at the *Vine Family Centre*. Food,
 conversation, and space for reflection.
 Discuss the Big Questions of life with
 people across the generations.
 bit.ly/TheLinkOnFacebook

CHURCHES

Cambourne Church

Church office: 01954 710644
 Open Mon-Thurs 9am-3pm, Fri 9am-
 12pm. Offices are located in the
 Blue Space on Eastgate
 www.cambournechurch.org.uk

Minister: Rev Matthew Trick
 matthew.trick@cambournechurch.org.uk

Administrators and Church Bookings
 Stacy Buwert and Jacqui Huckle
 administrator@cambournechurch.org.uk

Youth Worker: Jonathan Buwert
 Tel. 07503 171869 jonathan.buwert@
 cambournechurch.org.uk

Children and Family Champion: Jane
 Brooks 07850 961000
 jane.brooks@cambournechurch.org.uk

Parish Nurse: Catherine Price
 nurse@cambournechurch.org.uk

Foodbank: Julie Whitbread
 julie.whitbread@
 cambournechurch.org.uk

19 the coffee house: Cait Dawkins and
 Jacqui Huckle 19thecoffeehouse@
 cambournechurch.org.uk

Peacehaven Baptist Church

Rev. Donovan M. Bangs:
 Preachbrit@aol.com 01954 710510
 www.peacehavenbc.org.uk

Christchurch Cambourne

Sunday services - 10.30am
 Meeting at Cambourne Village College
 www.christchurchcambourne.org.uk

HEALTH CARE

Community First Responder:

Mark Taylor, 07858 394719
 mark.taylor@inheritancewills.co.uk

Cambourne Dental Practice:

(01954) 718585
 www.cambournedental.com
Lloyds Pharmacy 01954 718296

Monkfield Medical Practice

01954 282153
 www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793
 candicelattimore@gmail.com

Cambourne Health and Wellbeing

Club A group for older adults
 FREE. Alternate Fridays (next meetings:
 10 & 24 March) 10.30am -12pm at the
 old Blue School site. Speaker,
 refreshments, chair-based exercises and
 time for conversation. No booking
 required. Catherine Price: 01954 710644
 or nurse@cambournechurch.org.uk.

LOCAL AUTHORITIES

Parish Council Office:

Parish Clerk 01954 714403
 clerk@cambourneparishcouncil.gov.uk
 www.cambourneparishcouncil.gov.uk

Venue Bookings: 01954 714403
 bookings@

cambourneparishcouncil.gov.uk

Pitch Booking:

Everyone Active at the Sports Centre
District Councillors for Cambourne:

Mervyn Loynes –
 cllr.loynes@scambs.gov.uk
 Des O'Brien –
 cllr.obrien@scambs.gov.uk
 Simon Crocker –
 cllr.crocker@scambs.gov.uk

SCHOOLS & COLLEGES

Cambourne Village College:

www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

The Blue School (Hardwick Community
 Primary): Co-heads: Andy Matthews &
 Ruth French. School Office - 01954
 719085

blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School:

Headteacher - Sue Wright
 School Office - 01954 717180
 office@jeavonswood.cambs.sch.uk

GROUPS, SERVICES & CONTACTS

Monkfield Park Primary School:

Headteacher - Sarah Porter
School Office - 01954 273377
office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

Headteacher - Debbie Higham
School Office - 01954 719630
office@thevine.cambs.sch.uk

PLAYGROUPS & PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679
cambourne.babyandme@gmail.com

Cambourne Pre-school:

Donna O'Shea: 01954 715150
cam.preschool@btinternet.com

Carers And Tots:

Pippa 07803 504220
cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning

Centre: Office: 01954 273301
cloffice@monkfieldpark.cambs.sch.uk

Sunflower Nursery: 01954 719440

SERVICES

Cambourne Library

Mon: 9am – 5pm Tues: 9am – 1pm
Wed: Closed Thurs: 4 – 7pm
Fri: 9am – 5pm Sat: 9am – 1pm
Reception area open 9am – 5.30pm
every week day. As well as books,
DVDs, Magazines and books on CD to
borrow, we also offer an e-book service
and local information. Library users can
download free magazines and
newspapers. Free Wi Fi. We also sell
stamps, books and children's wall charts.
0345 045 5225 www.cambridgeshire
.gov.uk/leisure/libraries

Community Car Scheme:

If you live in Cambourne, Papworth, Caxton or Elsworth, need transport for a medical or social appointment and are unable to use public transport to reach your destination then you can call us on: 07526 998 465 or e mail: cambournecarscheme@gmail.com. All drivers are friendly, helpful volunteers who will take you to your appointment, wait and return you home. Typical fares from Cambourne are: Addenbrookes £9, Hinchingbrooke £8.40, St Ives £7.20,

local in Cambourne £3. Please give us a minimum of 48 hours notice.

St Neots Bus Service:

The Whippet bus now runs Mondays to Fridays, leaving at 9.55am (from outside Morrisons) and returning at 1.20pm. (It is the No. 6). The journey is direct and takes 30 minutes. There is also a service to Huntingdon. More information can be obtained from www.go-whippet.co.uk/routes-timetables/local-routes/

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Police non-emergency:

PCSO David Jackson or
PCSO Alex Giltinane; Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm
Cambournelights@mail.com Tel: 714403

Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay

01954 713516 www.wildlifebcn.org

SPORTS & LEISURE

Cambourne Fitness & Sports Centre:

01954 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Bowls Club:

Robin Bailey – 01954 269328

Facebook: Cambourne Bowls

Cambourne Cricket Club:

Callum Healy - 07714 007 282

cccadmin@cambournecc.com

www.cambournecc.com

Cambourne Eagles F.C:

Secretary - Danny Brooks

07516 630552

secretary@cambourneeeaglesfc.co.uk

www.cambourneeeaglesfc.co.uk

Cambourne F.C:

www.cambournefc.org

Cambourne Netball Club:

Emma Smith - (01954) 710034

cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309

info@cambourneexiles.com

www.cambourneexiles.com

Cambourne Runners

Weekly runs, all ability on Saturday morning 9am and Wednesday 7.10pm from the Hub.

cambournerunnersarc@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Nigel Hillyard: 07787 565045

nigel.hillyard@btinternet.com

www.cambournetenniscub.co.uk

Cambs Tai Chi Club

www.cambs-taichi.org.uk

YOUTH GROUPS

Cambourne Air Cadets: Sgt. (ATC)

Adam Kelly adz31@hotmail.co.uk /
2484df@aircadets.org

Cambourne Army Cadet force:

dc.cambourne@gmail.com

www.cambsacf.com

Cambourne Youth Partnership:

Weekly clubs for children and young people, open to all.

Wednesday evenings for ages 11-18 or
Thursday afternoons for ages 5-11.

Contact Jonathan Buwert (07503171869)

for the youth clubs or Jane Brooks

(0785096100) for the children's clubs.

All Clubs at Cambourne Soul,

Back Lane. Officecyp@googlemail.com

Cubs, Beavers & Scouts:

joininglist@cambournescoutgroup.org.uk

Guides, Senior Section,

Brownies and Rainbows:

Waiting list and volunteers

girlguiding.org.uk

08001695901 childerley.dc@gmail.com

WASTE AND RECYCLING COLLECTIONS

Black bin:

Thursday 16 March 2017

Blue bin, green bin, paper caddy:

Thursdays 9 & 23 March 2017

Bulky household items by arrangement. There is a charge of £30 for the first three items and £5 per extra item.



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Classes also at Papworth Village Hall on Fridays at 11am.



Some health benefits:

- improves heart and lung function
- reduces the risk of heart disease
- improves balance & coordination
- improves bone density
- burns calories and tones muscles
- improves mood & confidence

Facebook.com/GinnyZumba

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Multi-Arts Community Space, 47-51 Norfolk Street, Cambridge

THURSDAY 9.45 – 10.45am
The Free Church, Market Hill, St Ives

For further information please contact Alison Thompson
t: 01954 267378 e: info@sunnysteps.co.uk
www.sunnysteps.co.uk



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Email: shojen.dowell@gmail.com
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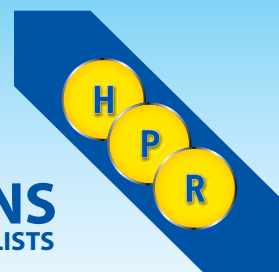
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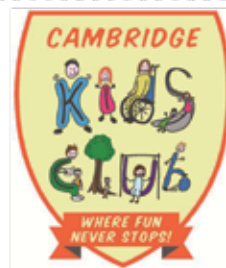


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If you would like a FREE taster session on our brand new courts then please contact Ana Springham on 07921 786998 or annaspringham@btinternet.com

As mentioned last month we are applying to Sport England for a grant for free/subsidised coaching. This is initially aimed at adults of any age who are beginners or improvers. To get the grant, we need to provide names to Sport England as evidence of interest. If you haven't already signed up, please register NOW.



The British tennis season traditionally starts 1st April and it is nearly here!

There will be different annual membership options for 2017-18, all incredible value:

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BASKETBALL SESSIONS EXTENDED



CAMBOURNE RAPTORS:

The open sessions on Monday and Thursday have been extended to 8-9.30pm to give more court time and also to allow the club to provide coaching and drills.

The sessions are open to players aged 15 or older, with a mix of half court and full court play involving beginners through to league players. Mondays include a 30 minute 'Warm Up and drills' slot before the main game, whilst Thursday is entirely open play. Guest players of all levels are welcome to attend any of the sessions.

Cambourne Village College, Monday and Thursday 8.00-9.30pm - £5 members, £6 non-members.

Calling all aspiring coaches!

From September 2017, the Raptors club aims to cater to casual players as well as experienced players wishing to compete in the local Cambridgeshire League. The plan is to have coaches by May with squad coaching starting from June.

Qualified coaches are ideal, but players with experience at national or county league level would also be considered. The club will sponsor training course fees necessary to qualify for level 2 coaching.

We also need volunteers to help host matches. If you love the sport there are plenty of ways for you to get involved, so please get in touch. Visit www.cambournebasketball.org or www.facebook.com/groups/cambournebasketball

JUNIOR BASKETBALL: The U11 Cambridge Cats team will be playing the Cambourne satellite squad at Cambourne Village College on the 6th March at 6pm. This continues a run of competitive matches played with the Cambridge Cats club, providing our emerging young players with valuable match experience.

Training sessions for juniors continue at the Cambourne Village College every Monday. 9 to 12 year olds start at 6pm and 13 to 16 year olds play from 7-8pm.

All abilities are welcome.

SPORT

Cambourne TKD success at Midlands competition

CAMBOURNE TAE KWON DO: This year has got off to another good start for students. We visited the Kettering Arena again in January for the Midlands 2017 competition and came away with several well-earned and deserved trophies. Well done to Havar Davidsson (patterns gold), Sonny Brooker (patterns bronze, sparring silver), Sean Butler (patterns silver, sparring gold), Robyn Clements (sparring bronze) and Emily Clements (patterns silver, sparring gold, tag team sparring gold). An excellent haul for our students, both established competitors and those attending for the first time.

Preparations are underway for the English championships this month and we hope to bring back news of our success.

Do you need help keeping New Year resolutions? Still thinking about losing weight and getting fit? Would you like your child to develop some self-confidence, learn self-defence and have fun with other kids? Then Tae Kwon Do could be for you. We have beginner classes for adults and children on Tuesday evenings at the Vine School and/or Saturday mornings at the Sports Centre. The first month's training is free so please contact **Stephen on 07905 744777** or stephenlacey73@gmail.com for more details or visit our Cambourne TKD Facebook page.



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Lawn Green Bowls of Barton offers free sessions

Try four sessions free and join Lawn Green Bowls! We are a small, friendly club in Barton, Cambs. If you would like to try bowls or have bowled before you will be made most welcome. As well as bowls, we have a busy social side and a pavilion. The club atmosphere is safe and supportive. All coaching & equipment provided (please wear trainers).

Open night (free BBQ) is Thursday 6pm May 25th, then Thursday 6.15pm throughout the rest of summer.

Barton Bowls Club, High St, Barton, CB23 7BG

To register your place or enquire, email

m.seymour@orwellsbureau.co.uk

Visit www.bartonbowls.co.uk



Football Association approves Cambourne FC Girls Mini Soccer Centre

CAMBOURNE FC: We are pleased to announce that Cambourne FC has been chosen by The FA to become an **FA SSE Girls Mini Soccer Centre** based in Cambourne.

Aimed at girls aged 5 - 11 years old, and building upon our Girls Football Academy (Saturdays, for 4 - 6 year-olds) and 7 - 10 year-old age group (Tuesdays), this Centre will officially start on Easter Saturday. Please contact us for more details as to how to join.

Our very popular **Soccer School** (every Saturday 9am, for 4 - 6 year olds, 3G pitch) welcomes lots of children every week. Our many coaches guarantee a good coach-to-child ratio for your child's development. Please come and join us for lots of fun.

In **Boys football**, our six Mini League teams are playing some lovely football and we are very happy to announce our third team at U7s level. Our U12s maintain their hold on second spot in the League, just two points off top. Our U13s Spartans team still occupies premier position in their table.



In **Girls football**, the U12s Red team is well placed in the League and the U12s Black team is battling hard every week. The U14s made it six wins out of seven and lie fourth in their table.



Our new Women's Team is now training on Monday evenings. If you fancy a kick about, all ages and skill levels are welcome to join.

For more information, please email Chris at cambournefc@gmail.com

CAMBOURNE EAGLES' STRONG SEASON CONTINUES

CAMBOURNE EAGLES FC: Our Academy has spaces! Intake currently covers Reception and Year 1 children and we train on Wednesday nights between 18:00-19:00 at Cambourne VC. Please get in touch if you have a Reception or Year 1 child who wants to learn to play football in a supportive and encouraging environment.

U7- A number of our 2016 Academy players, who progressed to the U7's at the start of the year, have been adapting well to the league and have put in some really good performances. All the boys are eagerly looking forward to the next fixture and are really enjoying their football. Long may it continue!

U10 Reds- The boys have made a great start in their new league and are really enjoying some close games. New members we have welcomed to training are settling in well. We have already signed up to three Summer Tournaments to which the boys are really looking forward.

Eagles U11- The boys are flying this season and after a narrow derby defeat they bounced back with three fantastic league and cup performances in a row, including beating last year's Cup holders to progress to the Quarter Finals. Our keepers and defence are becoming much more solid and some of our attacking football has been fantastic, making this season a great start to life in the 'A' league.



Eagles U12's- We continued our winning habit with a well-earned win on the road away to Manea. Two amazing goals from George and a reaction finish from Connor ensured the Eagles ran out 3-2 winners, climbing into the top half of the league table.

U14- Another strong month for the U14's has seen an excellent win against the favourites to win our league. It has also seen the challenges and pressure that comes with being top of the league. We are learning how important it is to be up for the challenge of every game and how useful it is to not be too dependent on one player as our main source of goals. secretary@cambourneaglesfc.co.uk

COMMUNITY - FUNDRAISING

Cycling to the Netherlands for Prostate Cancer UK

Managing director of Cambourne-based Envisia Learning and Upper Cambourne resident, Matt Pocock, is preparing for a 2-day, 235km bike ride to raise money for Prostate Cancer UK this summer.

In June, Matt will be joining 400 other cyclists, including former footballers Les Ferdinand, Terry Butcher and Sean Davis, to cycle from the Olympic Velodrome in London to Amsterdam.

About 1 in 8 men will get prostate cancer at some point in their lives and it is the most common cancer in men.

Matt, who has completed the ride once before, said: "I'm not a seasoned cyclist by any means so will be needing to dust off the bike again and put in the training miles over the coming months.

"I'd be grateful if you might support my effort, to help beat cancer, and make a donation to assist my fundraising. No donation is too small and your contribution would mean a great deal to me and to the charity; Prostate Cancer UK to help them continue their work."

You can donate via Matt's JustGiving



page in any currency - just follow this link and click donate:

<https://www.justgiving.com/fundraising/MattPocockF2A>



Reaching for the finish line at the London Marathon

Alexandra Reed is running the Virgin London Marathon on 23 April in aid of Reach, Association for Children with Upper Limb Deficiency.

"Our son Michael, now 3, was born with bilateral hand differences," Alexandra said. "We learned of Reach when he was just 9 days old at a time when we were feeling very confused and

alone. Reach do amazing work to connect families and raise awareness of limb deficiencies. Through the charity we have learned that the only thing that will hold Mikey back is society's attitudes towards limb differences. Reach has educated us and allowed us to educate others in congenital limb differences.

"I am hoping to raise £2,500 for this great charity and hope any Cambourne residents that may have seen me out and about running would like to sponsor me." Text REAC53 £5 to 70070 or visit <https://www.justgiving.com/fundraising/AlexJReed>

UNHCR to benefit from Sara's cycling from John O'Groats to Lands End

Lower Cambourne resident Sara Hawkins is marking her 50th birthday this July by cycling from Lands End to John O'Groats in aid of UNHCR dealing with the plight of millions of refugees across the globe and Combat Stress, supporting the mental health and wellbeing of military veterans.

Sara said: "I love cycling but rather than my daily commute into Cambridge I will be riding an average of 70 miles a

day for 14 days. "Knowing that I am raising much needed funds for essential causes will help me keep those pedals turning."

If you are able to sponsor Sara, please visit <https://www.justgiving.com/teams/Blacksquirrel>. Alternatively you can text donate by texting UNCR 99 £amount to 70070 for refugees or BLSQ 99 £amount to 70070 for Combat Stress.

