

# CAMBOURNE CRIER

[www.cambournecrier.org](http://www.cambournecrier.org)
[editorial@cambournecrier.org](mailto:editorial@cambournecrier.org)

## Harriet Lee wins Silver medal in Rio!

Cambourne's very own local hero Harriet Lee has won a Silver medal at the Rio Paralympics!

Harriet, 25, who lives in Cambourne and went to Long Road Sixth Form, clinched silver in the SB9 100m breaststroke. She already has a World Championship Gold and Silver to her name from 2010 and a Paralympic Bronze from London 2012.

Harriet suffers from a rare growth disorder called Beckwith-Wiedemann syndrome and has had a tough few years since she won Paralympic bronze in 2012 in London. She was in intensive care four months before London 2012 but managed to fight back to come third in the SB9 100m breaststroke and walk away with a well-deserved medal.

Harriet continued to suffer from health issues in the years that followed but this year she has proven she is back on



**Harriet Lee with her mother Lynne and partner Laurie Pirie (above) and with Channel 4 Paralympics presenter Clare Balding (right)**



form, recording a new personal best time of 1 minute 16.87 seconds in Rio!

"Rio has been an incredible experience for me," says Harriet, "and after six years of some very tough roads and journeys, to walk away with the Silver medal, PB time and new British record feels incredible."

Congratulations Harriet!

*By Carla Greenwood*

## Parish Plan unveils initial findings

Visitors to the Community Fete on 10th September were able to see some of the initial findings from the Community-wide survey and the Young People Questionnaire, as well as a selection of the postcard entries from primary school children showing what they liked about Cambourne and what could make Cambourne even better.

Early analysis shows that a post office was the most popular choice as a new shop and a swimming pool for new or additional social facilities. The team are aiming to publish the "Cambourne Parish Plan" by the end of 2016.

The winners of "The Big One!" and "The YP Big One!" were also drawn on at the Fete; Neha Kibria of Great Cambourne won "The YP Big One!" and was presented with her £100 cash prize



by Cambourne Parish Plan Steering Committee Chairman Ian Bavin. (Neha and Ian pictured above).

## CHRISTMAS CARD COMPETITION

It may only be October, but Christmas is fast approaching, so it's time for the annual Cambourne Crier Children's Christmas Card competition!

If you are aged 15 or under, you can design your own Christmas card and if you are the winner for your age group, you'll get 10 cards with your design on them to send to family and friends this Christmas!

Your card must be A5 in size and handed in to the library by Monday 7 November.

Please make sure your card has your name, age, address and a contact email and telephone number on the back.

## CAMBOURNE CRIER

**The Cambourne Crier is compiled by volunteers. This month's editors were:**

Tim Nash, Donavan Bangs, Renata Kovács, Lilla Kovács, Dan Scruton, Kathy McConnell and Paul Jobling **Reporter:** Carla Greenwood  
**Distribution:** Tung Hau **Finance:** Pam Hume

### Advertising:

Advertising in the Cambourne Crier can put your business in front of thousands of people: the Crier is delivered to more than 4,000 Cambourne homes and is available to view online or download as a PDF. The advertising revenue pays for the Cambourne Crier to be printed and distributed, so by taking out an advertisement you are not only promoting your business but helping ensure the continued publication of the Cambourne Crier. Thank you!

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### Editorial submissions:

Submissions for the **November edition** must be received by 9pm on **19th October 2016**. Please email articles and photographs to [editorial@cambournecrier.org](mailto:editorial@cambournecrier.org)

Photographs must be print quality and should be sent as separate images, not embedded within the text of your submission. By submitting photographs you confirm you have the photographer's permission for us to print them. For more details, visit [www.cambournecrier.org](http://www.cambournecrier.org)

### GET INVOLVED!

If you can spare a few hours each month, have access to a PC and the internet and would like to join the editorial team as an editor, designer, writer or to help with our website, please get in touch on [editorial@cambournecrier.org](mailto:editorial@cambournecrier.org)

### CRIER COMMUNITY FUND

The Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes.

**Do you need new equipment for your group? Or are you thinking of setting up a new group and need some funding to get going?**

Contact [pam.hume@ntlworld.com](mailto:pam.hume@ntlworld.com) or download the application form at [www.cambournecrier.org](http://www.cambournecrier.org)

## Cambourne Community Car Scheme

The Community Car Scheme provides door to door transport for residents of Cambourne, Elsworth, Caxton and Papworth who are unable to use public transport. The service is provided 7 days a week by locally based volunteers in their own cars. We are friendly and helpful and our aim is to take the stress out of your journey.

Preference is given for medical appointments but we welcome requests for visits to Social clubs, outings and shopping trips. We normally wait up to one hour for your return journey.

### To request transport please either:

Email: [cambournecarscheme@gmail.com](mailto:cambournecarscheme@gmail.com) or

Tel: 07858 933230. If there is no response and your number is not withheld we will call you back.

Typical costs from Cambourne are: Addenbrookes £9 and Cambridge/St Neots around £7. Local journeys within Cambourne are all £3.

Return journeys from nearby villages to Cambourne £5-£7.

*Coordinators Paul Belo/Eric Cawkill*

## St Neots bus service

The Whippet bus now runs Mondays to Fridays, leaving at 9.55am (from outside Morrisons) and returning at 1.20pm. (It is the No. 6).

The journey is direct, travelling along the A428 and takes 30 minutes, leaving a good length of time in St Neots. There is also a service to St Ives, and to Huntingdon. More information can be obtained from [www.go-whippet.co.uk/routes-timetables/local-routes/](http://www.go-whippet.co.uk/routes-timetables/local-routes/)

## Cambourne Police Contact Point

The Police Contact Point will be operating at Morrisons supermarket from 2pm - 4pm on:

- Tuesday 11 October
- Thursday 27 October
- Saturday 12 November (1pm to 3pm)
- Thursday 24 November
- Monday 5 December
- Monday 19 December

If you would like an officer to contact you, please leave your name and details on the cards provided and put them into the police letter box.



## Waste and recycling collections

**Blue bin, paper caddy, green bin:**

Thursday 13 October 2016

**Black bin:**

Thursdays 6 and 20 October 2016

- Bulky household items by arrangement.
- There is a charge of £30 for the first three items and £5 per extra item.



**CAMBOURNE FIREWORKS**

## Cambourne Fireworks display set to go off on 5th November!

Cambourne Fireworks 2016 will take place this year on Saturday 5th November at the Football pitches.

Cambourne Fireworks volunteers will be on hand from 5.30pm and donation buckets will be open for your contributions until the end of your evening. Thanks to local Army & Air Cadets who will be helping collect donations on the night.

The funfair will start at 6.30pm and there will also be mulled wine, a bar, sparklers and much more.

This year will also include a light show for the younger members of the community to enjoy.

The main event will start between 7 and 7.30pm; the timing is weather dependant for the safety of all spectators. Please also be advised there is limited parking and everyone is encouraged to walk if possible.



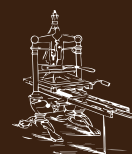
The Cambourne Fireworks team looks forward to seeing you and your whole family enjoy the entire event. They are a non-profit organisation and all donations received go towards next year's event. They do the very best they can with all your donations which are greatly appreciated.

The team would like to say a big thank you to the event's main sponsor, Sawston Carpets & Flooring Ltd.

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### Cambourne Community Fete

Despite it being a rather wet day, a large number of residents turned out to enjoy the Cambourne Community Fete held on Great Cambourne Green on Sat, 10 Sept 2016. Those that braved the elements enjoyed a wide variety of food, music, stalls and attractions. The weather failed to dampen spirits and there was a great community atmosphere. Thanks go to the staff and volunteers, all of whom worked extremely hard in sometimes difficult conditions to make the day a success. All proceeds raised by the Parish Council were donated to *Light Up Cambourne* for the Christmas lights.

### Circus

*John Lawson's Circus* will be making a welcome return visit to Great Cambourne Green in October with shows on Mon, 3 Oct, Tues, 4 Oct and Weds, 5 Oct 2016 - please note that this is a week earlier than previously stated.

For more information on *John Lawson's Circus* have a look at their website [www.johnlawsonscircus.co.uk](http://www.johnlawsonscircus.co.uk)



### Dual Litter and Recycling Bins

Some new dual purpose litter and recycling bins are in the process of being installed in various locations around Cambourne. This will help us reduce the amount of waste being sent to landfill. Please help us by using the correct half of the bin for your waste.

### Dog Fouling

Dog fouling continues to be a major issue on Cambourne's public open spaces including in the country parks, children's play areas, sports fields and on the paths and verges. A particular cause of concern for the Parish Council is the exercising of dogs on the sport pitches and the fouling that occurs in this area as a result. This is an area where both adults and children come into close contact with the grass surface and therefore are particularly vulnerable to the dangers of parasites left by dog excrement - even that which has been picked up will leave residue. The sports pitches are **NOT** a suitable area to exercise your dog.

Currently there are over 40 dog bins throughout Cambourne in addition to the numerous litter bins which have a domed roof therefore making them suitable for the disposal of bagged dog poo. There is no excuse for not picking up after your pet.

### Cycling in Cambourne

Please make use of the extensive network of cycle paths, designated by red tarmac, rather than cycling on the footpaths, black tarmac. There are particular issues on Eastgate and Lancaster Gate at school run times where cyclists are causing difficulties for pedestrians on the footpath when there is a cycle path on the other side of the road. Please be mindful of pedestrians and make Cambourne a safer place for all.

### Calendar of Meetings Oct/Nov 2016

Tues, 4 Oct at 7pm	Planning Committee, Council
Tues, 18 Oct at 7pm	Planning Committee, Finance & Policy

Tues, 1 Nov at 7pm	Planning Committee, Council
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Residents are welcome to address the meeting before it formally starts on any matter on the agenda. If you have something else you'd like to raise, please contact the Parish Clerk at least 10 days beforehand so the item can be added if necessary.

The Parish Office: The Hub, High Street, Cambourne, Cambridge, CB23 6GW. Open 9am to 5pm Monday to Thursday and 9am to 4pm on Fridays. Tel: 01954 714403. John Vickery, the Parish Clerk can be contacted on: [clerk@cambourneparishcouncil.gov.uk](mailto:clerk@cambourneparishcouncil.gov.uk) For all other enquiries please email: [bookings@cambourneparishcouncil.gov.uk](mailto:bookings@cambourneparishcouncil.gov.uk)



## CAMBOURNE LIBRARY

### Opening Times

Mon: 9am – 5pm      Tues: 9am – 1pm  
 Weds: Closed all day      Thurs: 4 – 7pm  
 Fri: 9am – 5pm      Sat: 9am – 1pm

### Reception area open 9am– 5.30pm every week day

We are located in Sackville House and it's free to join. Computer access, Wi-Fi, printing, books and e-books and magazines are just some of the facilities we offer. We also now have our **Christmas Cards** for sale at the Library.

### Half-term Family Learning Event

*Rainforest Collage Session with successful illustrator Alison Limentani.* Come and help to make a wonderful Rainforest scene for the library on Weds 26 October, in the morning.

### Engage in the Afternoon

Free talk in the library. Weds 5 Oct from 2 – 3.30pm. Please see library for details. If you would like to deliver a 45-minute talk, please come in and ask for Caroline.

Our bi-monthly **Family History Drop-In** is on 17 Oct, 2pm.

### Do you enjoy reading & discussing books with others?

The monthly *Cambourne Caterpillars* book group are very interested in welcoming new members. For more information, please call in at the library.

## The Big Friendly Read

Over the Summer holidays, Cambourne Library celebrated 100 years since the birth of Roald Dahl with their Big Friendly Reading challenge! Children of any age could join up at the start of the Summer with the challenge of reading one book each week over the six-week holiday.

Area Library Manager, Caroline Aldridge said, "We run the scheme every year to encourage children to continue reading over the holidays. This year the Roald Dahl theme has proved very popular with 312 children that enrolled."

Every week the children read a book of their choice and then attended one of the three sessions held at the Library where they were encouraged to talk about the books they had read by volunteers who helped out at the event.

Children were given Roald Dahl themed bookmarks to fill out, describing what they liked about each book every week, which were then displayed at the library to mark their progress. They received a sticker for each book they had read to put into their progress booklet, all drawn by Quentin Blake himself and including 'scratch-and-sniff' stickers!

It was clear the children thoroughly enjoy the challenge and actively asked for a sticker once they'd spoken to the volunteers! This year's event was rounded off with an awards ceremony on 24 September where every child who took part was presented with a medal and certificate.

The Reading Challenge has proven to be popular year-on-year with children, parents and teachers alike so we look forward to achieving the same success at next year's event!

*By Carla Greenwood*



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## HEALTH NEWS



## Sugar is not just bad for your teeth

We all know that sugar is bad for your teeth but there is more to it than that. When we eat sugary foods, if we don't need the energy right away, then our body stores the sugar to use later on but can also convert it to fat. Therefore, eating too much sugar can cause weight gain which increases the risk of developing Type 2 diabetes, heart disease and various other medical problems.

Sugar does occur naturally in foods such as milk and fresh fruit and the problem is not with these but with 'added sugars'. These may appear on food labels as glucose, dextrose, fructose and syrups etc.

It is recommended that adults have no more than 30g (about 7 sugar cubes) of added sugar per day and school children no more than 19-24g (5-6 sugar cubes) depending on age.

Clearly sweets, cakes and biscuits have a lot of added sugar, but there are many less obvious foods such as cereals, sauces and ready meals and some foods, (such as some yoghurts) which claim to be low-fat but contain high levels of sugar. Fizzy drinks can be a particular problem with some cans of cola containing up to 9 cubes of sugar.

Both Change 4 life and NHS choices have advice on recipes, identifying added sugar and alternatives, which could help much more than your teeth.

Reference/ further information: NHS Choices / Change 4 life  
Catherine Price RN, Cambourne Parish Nursing Service  
[nurse@cambournechurch.org.uk](mailto:nurse@cambournechurch.org.uk)

## HEIDI ALLEN MP



## Visiting our local NHS and Social Services Centres

I recently took the opportunity to spend time with some of our local healthcare providers. Conscious of the pressures on our NHS, I wanted to understand first hand how we are coping with workload locally.

The day I spent shadowing GPs at Comberton surgery highlighted to me the challenges facing the profession. The working day for a GP is very long, with limited time available for each patient, but the work they do in keeping patients away from hospitals is absolutely critical.

I also wanted to see how morale was amongst the wider junior doctor community, so I joined all the trainees at Addenbrooke's hospital. We are lucky to attract such a diverse and thoughtful group of individuals who care passionately about safeguarding our wonderful NHS.

My visit to the newly opened 'Sanctuary' in Cambridge also highlighted the importance of providing mental health services during times of crisis. The centre was welcoming, calm and staffed by an exceptionally dedicated team.

Similarly I saw the Women's Refuge Centre in Cambridge and was impressed by the absolutely vital work they are doing for women and children in distress. These centres provide support for the most vulnerable in our society and deserve our unwavering support.

Please do get in touch with any issues or call into my next surgery on Saturday 8th October or 19 November.

Heidi Allen, MP for South Cambridgeshire  
Phone 01954 212707 or email [heidi.allen.mp@parliament.uk](mailto:heidi.allen.mp@parliament.uk)

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## 2ND CAMBOURNE CUBS



2nd Camboorne Cubs meet every Wednesday between 19:00 and 20:30hrs in the sports pavilion. This is a great opportunity for boys and girls to enjoy a range of experiences and activities.

Recently the Cub pack have been involved in various activities which included an activity day at the Jarman Centre in Newmarket where the Cubs experienced events such as archery, building climbing and abseiling. A sausage sizzle with a treasure hunt on the sports field and an evening's assault course at the Fortitude Fitness Centre in Caldecote. On our last day of cub meetings for the summer term we all visited Citrix on the Cambridge Science Park and enjoyed designing our own computer games.

Our first meet in the Autumn term was on Wednesday 14th September. The Cubs enjoyed an evening of rounders, followed by a "newsround" where the Cubs shared their summer holiday experiences with each other.

Other events in September included kite building and flying and a trip to Tesco for their "Farm to Fork" activity evening. 2nd Camboorne Cubs are looking for a secretary to join our executive committee. For more information, please contact [marina.deller@cambridgeshirescouts.org.uk](mailto:marina.deller@cambridgeshirescouts.org.uk)

## WINTER WONDERLAND

Saturday 5th November 2016

1pm - 5pm

The Hub, Camboorne

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**Free Entry**

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## CAMBOURNE INDIAN CLUB

More than 150 people including families and kids attended and participated in Saturday's Onam Celebration event at Papworth Village Hall.

The event was a great success and all of them enjoyed the cultural programmes and games. The celebration was made colourful by all participants.

The floral arrangement and Onam feast was the highlight of the event. The cultural programmes were followed by onam games.



**EDITORIAL DEADLINE:** email your submission to [editorial@cambournecrier.org](mailto:editorial@cambournecrier.org) by 9pm on 19th October for the November edition of the Cambourne Crier

**KIDS HALLOWEEN DISCO**

Friday 28th Oct  
3-5pm  
Cambourne Hub

£3.00 per child ticket in advance.  
£3.50 on the door.

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[louisekirk62@hotmail.co.uk](mailto:louisekirk62@hotmail.co.uk) to book.

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**Saturday 22nd October 2016**

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**Great Cambourne**

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**Heads or Tails Game**  
**Bar**

**Human Fruit Machine**

**Tickets £12.00**  
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**Includes all bingo games and chip shop supper**

Contact [lightupcambourne@hotmail.com](mailto:lightupcambourne@hotmail.com)  
or call into the Parish Council Offices at the Hub  
for your tickets

**f Light up Cambourne**






**Sunday services - 10.30am**  
**Meeting at Cambourne Village**  
**College, Sheepfold Lane,**  
**Cambourne.**

**Special event - Light Party.**  
**Monday 31 October 4.30- 6pm in the**  
**Upper Cambourne Cricket Pavillion.**  
**Games, crafts and fun for all the**  
**family, free of charge.**  
**Everyone is welcome to join us.**

**For more information please visit**  
**[www.christchurchcambourne.org.uk](http://www.christchurchcambourne.org.uk)**



**Cambourne Cultural Society invites you to celebrate**  
**Dhamakedar Diwali on its 7th Birthday**

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<b>Child (5-15yr): £8</b>	<b>Child (5-15yr): £10</b>
<b>Family ticket: £40</b>	<b>Family ticket: £50</b>

**Date: 5th November 2016**  
**Time: 5:00pm - 10:00pm**  
**Venue: Cambourne Village**  
**College**

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*Designed by: Farwa Patel*

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## Peacehaven Baptist Church

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Meeting at Cambourne Community Centre, (The Hub),  
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SUNDAY MORNINGS - 10 AM

SUNDAY MORNINGS - 11 AM

WEDNESDAY EVENINGS - 7 PM

Children's Sunday School & Adult Bible Studies (Hub)

Children's Church & Morning Worship (Hub)

Bible Study & Prayer Service (Pastor's home)

Pastor Donovan Bangs 01954 710510 [PeacehavenBC@aol.com](mailto:PeacehavenBC@aol.com) [www.peacehavenbc.org.uk](http://www.peacehavenbc.org.uk)



## Pastoral Thoughts

Dear Friends,

Autumn is upon us. The time of harvest is now. Bushes all around have blackberries ripening.

It is good to see the fruits of your labour if you are the gardening type.

It is good for farmers to see fields ready to bring in the crops. Each field grows according to what the farmer planted, whether it is potatoes or wheat or barley.

In our own lives we also plant seeds. Maybe in our education or from our hobbies. Sometimes from what we

watch or read. The question is what kind of seeds are you sowing in your own lives?

Recently I have been studying the book of Galatians where it states. Galatians 6:7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. 8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

It is a universal law. Almost every civilization has a similar saying, even

with computers we said junk in, junk out. Input process output. All in accordance to the volume and time spent on the seed type activity. However, if we know we will reap the consequences of our actions, the fruition of our deeds, would it not make sense to perhaps stick some stuff in that would result in a more pleasant harvest?

For spiritual seed advice or for similar things just let us know.

We are here to help.

**Pastor Donovan Bangs**

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## Cambourne Church



A partnership of the Church of England, Baptist, Methodist & United Reformed Church

Service times: Sunday 9.30 & 11.00am (except 1st Sunday in month)

1st Sunday in month and throughout August: 10.00am Service

2nd Sunday in month: Holy Communion at 9.30 and 11am services

[www.cambournechurch.org.uk](http://www.cambournechurch.org.uk)  @cambournechurch

 [facebook.com/cambournechurch](https://facebook.com/cambournechurch)

Just as this edition of the Cambourne Crier lands on your door step, Cambourne Church will be celebrating Harvest. If you ever went to a Harvest Service growing up, you may have sung the hymn 'We Plough the Fields and Scatter' and if you have children at school in Cambourne you may well hear contemporary harvest songs like 'Harvest Samba' being sung by your kids at the start of this month.

Harvest in its traditional expression see baskets of fruit and food brought into schools and places of worship as a symbol of God's provision and a reminder to be thankful for what we have.

But when we don't live in a farming or rural community but in a group of new housing villages like Cambourne what relevance does Harvest, as a festival, have. Cambourne Church this harvest will be donating items to Cambridge Women's Aid, a vital local project which the church has supported for a number of years. This is done in the spirit of sharing the abundance of God's provision with those most in need. The Bible teaches us that we are blessed by God in order to be a blessing to others. Paul wrote about this in 2 Corinthians 9.10-11 - look it up!

So what gifts has God sown into your life and how could you use what God has provided you with to bless others?

*Revd Matthew Trick*

*Minister of Cambourne Church*

### Sunday Morning Services

Sunday 2nd October 10am Morning Worship

Sunday 9th October  
9.30am and 11am Morning Worship (Communion)

Sunday 16th October 9.30am and 11am Morning Worship

Sunday 23rd October 9.30am and 11am Morning Worship

Sunday 30th October 9.30am and 11am Morning Worship

Sunday 6th November 10am Morning Worship

### 19 The Coffee House

#### Normal opening hours:

8.45am-2.00pm Monday - Thursday

8.45am-12.00pm Friday

Open 10am-2.00pm on

Saturday 15th October



#### Half term opening hours:

Monday 24th and Tuesday 25th October 10am-2pm

Wednesday 26th and Friday 28th October CLOSED

### Grow – Equipping you to be an Effective Disciple of Children

A termly discussion forum to explore aspects of raising children as Disciples of Christ.

Tuesday 11<sup>th</sup> October in  
Cambourne Church

12:45-2:45pm

(Toys for under 5's available)

and repeated in the evening 8-10pm

Main Discussion - Keeping the Sabbath. Festival focus – Hallowe'en/All Saints Day

Contact: [Jane.brooks@cambournechurch.org.uk](mailto:Jane.brooks@cambournechurch.org.uk)  
or 07850961000



### Fathers' and Children's Breakfast

8.30 -10.30am

at Cambourne Church

First Saturday of every month.

It would be great to see any dads with their kids for a bacon roll, toast or just a coffee.

Breakfast is free although donations are welcome.

Next Meetings

5th November and 3rd December



## LOCAL GROUPS

### OPEN MINDS

Meeting on the first Tuesday of each month, 7pm-9pm, we will be offering talks on Spirituality, demonstrating helpful techniques and providing introductions to different complementary health practices. Regular guest speakers. £10 to cover costs. Details: 247openminds@gmail.com.

### CAMBOURNE VOLUNTEERS R US

Bi-monthly Saturday morning meetings (10am-11am, The Hub) organised by volunteers who care about the Cambourne Community. Guest speakers. ALL welcome. Dates: 23 April and 25 June. Details: Facebook 'Cambourne Information Sessions', @Cambourneinfosession CambourneVolunteersRUs@gmail.com.

### FRIDAY WALKS

The next walk will be on Friday 14th October. Do join us. Just turn up at the library, near the rear entrance at 10.15 or, if you prefer, e-mail pam.hume@ntlworld.com.

### PAPWORTH ASTRONOMY CLUB

The Club is hosting speakers at the following dates: Wednesday 5th October-Jerry Workman FRAS will give us an update on the Mars Curiosity mission. Wednesday 2nd November- Robert Sandford will tell us about one of their current research projects. All meetings are held in the Vinter Room in Papworth, at 7:30PM. The meeting room is accessible to wheelchairs. Visitors are always welcome - if you haven't attended one of our meetings before, come along as a guest and see what we do. Contact details for more information Peter on 01480 830729. or email peter@cheere.demon.co.uk.

### WW2 AIRCRAFT CLUB

A WW2 Aircraft Club has been started in Cambourne. This is a non profit organisation which is devoted to the study of WW2 aircraft in all theatres of the conflict. Meetings are held in Cambourne on the 1st Monday of every month. Those interested are welcome to contact Ian Cameron or leave a message at 01954 269 173 (evenings) or e mail ianameron692@gmail.com.

### CAMBOURNE TOY LIBRARY

Cambourne Toy Library is here to loan toys to members but it also runs a play session every Thursday from 1-2.30pm in the hall of the Old Blue School on Eastgate. The play session is aimed at children aged 0-5 years and costs 50p (members get in free). There are plenty of toys for all ages, a dedicated baby area and a simple craft activity. Membership to the Toy Library costs £12 per year and allows you to borrow toys and equipment from our growing collection. Get in touch cait@cambournetoylibrary.org.

### WATERCOLOUR CLASSES

The current class, meeting on a Wednesday morning, is currently full, but please get in touch if you are interested in joining a Monday evening group as there is almost enough interest now to get started. For more information, phone 01954 710858 or email fran@panrucker.eclipse.co.uk.

### WORDS FOR PLEASURE

'Words for Pleasure' is a friendly, fun and welcoming writers' group which meets on the first Thursday of the month in Cambourne Library at 1.30pm. For more information please get in touch by phoning Pat Callaghan 01954 718836, asking at the library or just turning up on the day.

### CAMBOURNE WI

Calling all ladies! Do you feel like a night out, meeting new people, having a good chat over a cup of tea and a piece of cake? The next meeting of Cambourne WI will be at The Hub on Thursday, October 13th, at 7:30pm. The speaker will be Amanda Sutherland, on 'Costumes, Accessories and Fascinators'. Visitors of all ages are most welcome, £5 each, and (as you would expect at a WI meeting), tea and cake will be provided. There is also a raffle, £1 a ticket. Please contact Pam on pam.hume@ntlworld.com.

### CAMBOURNE HEALTH & WELLBEING CLUB

The group meets alternate Fridays (next meetings: 7th and 21st October, 4th and 18th November) from 10.30am -12.00 midday at the Blue School site (behind the Church). Each time there will be a speaker, refreshments, chair-based exercises and time for conversation. No booking is required and the group is FREE. For more details please contact Catherine on 01954 710644.

### THE LINK

The Link is new, it's fresh, it's different, sometimes it's provocative, other times reflective. It's a modern interpretation of community, nestling at the heart of Cambourne. The Link is for everyone. On Sundays 4-6pm, at the Vine Family Centre Find out more online: bit.ly/TheLinkOnFacebook.

### SUNDAY WALKS

The next walk will be on Sunday 30th October. We will meet at the car park in School Lane at 10 am. Just turn up or, if you prefer, contact Dave on 01954 202792 or e-mail him at david.ellis@ntlworld.com for further details.

### COOKERY CLUB

After running a joyful year with great success - we are now going to make our new groups for 2016 - 2017. We will be cooking Oriental and Levant cuisines for the next year. We will have a presentation on Cookery Club on Sunday at 54 Bisley Crescent, upper Cambourne CB23 6JA at 6pm. All are very welcome. If you want to know how it runs - please join, we will be able to answer your questions.



## WHAT'S ON

Saturday 5 November 2016, 1-5pm

### Winter Wonderland comes to Cambourne

*Cambourne Hub*

Let's celebrate the season together. FREE entry. There will be family fun crafts and games.

Saturday 5 November 2016, 5.30-8pm

### Cambourne Fireworks

*Cambourne Football Pitches*

Funfair will start at 6.30pm. There will be mulled wine, bar, sparklers and more. Will include a light show for the younger members of our community. The main event will start between 7-7.30pm (dependant on weather). Donations will be collected.

Saturday 5th November, 5-10pm

### Dhamakedar Diwali Celebration

*Cambourne Village College*

Cambourne Cultural Society invites you to celebrate

Dhamakedar Diwali on its 7th birthday.

Enjoy music, dance, delicious Indian cuisine and lots more.

Members: Adult £16, Child (5-15yrs) £8, Family £40

Non-members: Adult £20, Child (5-15yrs) £10, Family £50

Details: [info@ccsuk.org.uk](mailto:info@ccsuk.org.uk)

Saturday 22 October 2016, 7pm

### Light Up Cambourne Bingo

*Cambourne Hub*

Bingo night in plan to raise money for Light Up Cambourne. There will be wine and cash prizes, Heads or Tails Game, bar and a human fruit machine.

Tickets are £12 and MUST be booked in advance. Ticket includes all bingo games and chip shop supper.

Contact [lightupcambourne@hotmail.com](mailto:lightupcambourne@hotmail.com) or call the Parish Council Offices at the Hub.

Friday 28 October 2016, 3-5pm

### Kids Halloween Disco

*Cambourne Hub*

Come along to our Halloween Disco. It is £3.00 per child if paid in advance (£3.50 at the door).

Ticket includes hot dog & drink.

Prizes will be given for best costumes.

Please email Louise at [louisekirk62@hotmail.co.uk](mailto:louisekirk62@hotmail.co.uk).

# BUSINESS BUSINESS

Sharing advice, learning how other business owners and entrepreneurs deal with the business of business - networking, inspiring and collaborating in the relaxed environment of the business park.

**LOCATION** Marketing Suite, Cambourne Business Park.

**TIME** 8.30-10.00am, second Wednesday of the month.

**FREE ENTRY** We're proud to say that this is still a free group - no fees, no fuss.

Whether you're a regular business networker or maybe you're looking to explore a change of direction, perhaps you have just started your own business or want to share your knowledge and support others, come and join us as we chat about the business of business.



## CAMBOURNE NETWORK

[www.facebook.com/cambournenetwork](http://www.facebook.com/cambournenetwork)

Twitter @cambourneNW

[www.meetup.com/Cambourne-Nework](http://www.meetup.com/Cambourne-Nework)

## SCHOOLS

## Introducing the years at Hardwick and Cambourne School

The new reception children have settled in amazing well, as have the nursery children. At the Cambourne site, the school is a lot fuller as we increase to Year 4. Inside the classes, Nursery have been learning about various Traditional Tales. It's a great topic as the familiarity allows the children to jump into the stories.

Reception are learning 'All About Me' which gives the class the opportunity to

learn more about each other. All the Reception teachers would like to thank the families who opened their doors to the home visits at the start of term.

Years 1 and 2 are learning about Dinosaurs, and had a trip to the Natural History Museum. The topic is always inspiration for their artworks.

Years 3 and 4 learnt about 'Sunny Hunny' and their trip to Hunstanton was a chance to see how human and natural

geography integrate.

Years 5 and 6 are "Fighting for Freedom" by learning about courageous people who stood by their beliefs and changed the lives of millions today, from the Suffragettes to the conflicts of the 20th century including Nelson Mandela and others.

We also celebrated Roald Dahl day focused on the favourite author of the children.



## Peer Mediators at Monkfield Park Primary School

The new academic year has started on an artistic note at Monkfield Park, with our Art Gallery of children's work taking place for parents and visitors to come along and admire. The work was based upon a global art theme where the children studied various artists or pieces of artwork and then tried to recreate these themselves.

An addition to our playground this term has been the introduction of 'peer mediators'. We encourage children to be independent learners and to strive to be the best citizens of Cambourne. Our specially trained peer mediators are children of the school who take on a specific role of helping others to mediate their differences and to help assist when friends sometimes fall out at playtimes. The children who do this valuable job had to go through an application and interview process to achieve this status.

We have also welcomed our new Reception cohort who happily joined our school. We are pleased to see that they've settled in quickly and that they appear to be enjoying their first weeks.

If you are a parent interested in a place for your child and would like to find out more about Monkfield Park Primary School, then Sarah Jarman, the Headteacher, would be delighted to hear from you. Please contact her via the school office on 01954 273377 or by e-mail: [office@monkfieldpark.cambs.sch.uk](mailto:office@monkfieldpark.cambs.sch.uk)





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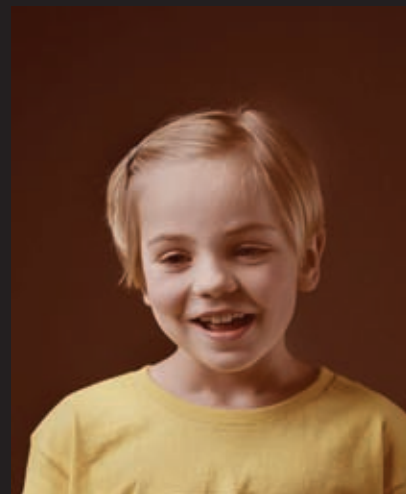
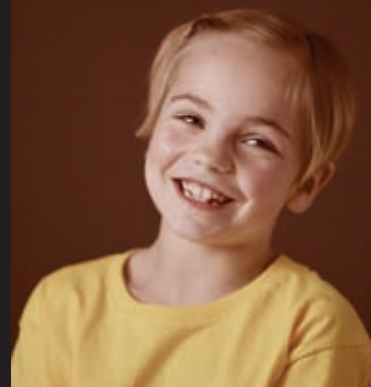
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**SCHOOLS**

## Starting school at the Vine



On Thursday 8th September we welcomed 60 pupils into our reception classes. We were impressed with how quickly they all came in and started learning. There were cakes being made with the play dough, helicopters being built and stories were being told with puppets.

Letters were being identified while numbers were being spotted around the classroom. There was painting, drawing, reading and counting.

One of the special parts of the day was seeing how friendships were being formed. We are all looking forward to an exciting year together.



## Activities at the Monkfield Park Care & Learning Centre

We have welcomed the children and their families to the setting, and they are participating in activities both indoors and outdoors. Our Mud Kitchens are popular and children spend lots of time in these areas. Mud Kitchens are areas for children to explore whilst including aspects of imaginative play.

The theme for 2 year old children this half term is traditional

nursery rhymes. Older children are going to be finding out about 'The Gruffalo' by Julia Donaldson and will be engaging in activities relating to the book.

For further information about any of the sessions available at the Centre, please ask at the office, call us on 01954 273301 or email [clcoffice@monkfieldpark.cambs.sch.uk](mailto:clcoffice@monkfieldpark.cambs.sch.uk)

## Pediatric First Aid trained staff at Cambourne Pre-School

Cambourne Pre-School re-opened its door in September for a new academic year for 2, 3 and 4 year old children. The Pre-School has two large playrooms along with an outside play area that children have access to for a large part of each session. The Pre-school has a

team of staff who are highly qualified. The staff decided to spend two Saturdays in Pre-school recently to update or gain their first aid training giving them a qualification in Pediatric First aid.

The staff are looking into running a course for parents and carers, any

members of the Cambourne community who would be interested in this should contact the Pre-school on the contact details below. The Pre-school currently has spaces for 3 and 4 year old funded sessions to enquire about these please contact them directly.



If you would like further information about Cambourne Pre-School, please ask at the office, call us on 01954 715150 or email us using [cam.preschool@btinternet.com](mailto:cam.preschool@btinternet.com).





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The Stephen Perse Foundation is a family of six, forward-thinking independent schools in Cambridge, Madingley and Saffron Walden, that provide an exceptional education for girls and boys aged 3 to 18.

In October, the Foundation will open its doors in a series of Open Events. These events allow potential pupils to step inside the Foundation to find out more about its approach to education. As Tricia Kelleher, Principal of the Foundation explains: *"Across our six schools, we truly understand what makes each child tick. By thinking of pupils as individuals, with unique hopes, talents and ambitions – we unlock their true potential. Our Open Events give potential pupils and parents a great insight into how we achieve this and what makes us different."*

With recent awards including the *Independent School of the Year* and *The Sunday Times IB School of the Year* – the Foundation has a reputation for providing an education that goes way beyond exceptional exam results to create critical thinkers who love learning for its own sake.

Pupils enjoy a broad curriculum, full of creativity and innovation, delivered by brilliant teachers. There are plenty of opportunities to excel in sport, on the stage or in the arts and these are integral to learning. It is an inspiring place to be, where individuality and potential are nurtured. Pupils gain an exceptional skill-set – one that prepares them for life in an ever-changing global and digital world. They leave the Foundation ready to achieve their dreams.

### The Cambourne Connection

Young people in Cambourne have great access to the Foundation's schools in Cambridge, through the Cambourne mini-bus service. This service is part of the Foundation's wider transport scheme that runs from the Babraham, Madingley and Trumpington park and ride sites.

Find out more about the forthcoming Open Events at: <http://www.stephenperse.com/admissions>

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Multi-Arts Community Space, 47-51 Norfolk Street, Cambridge

THURSDAY 9.45 – 10.45am

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t: 01954 267378 e: info@sunnysteps.co.uk  
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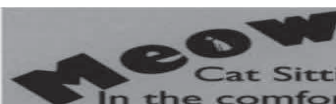
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## Press Release

### “Do as you would be done by”, The Golden Rule

The closure of 4Children on 30 August 2016 and Kids Company at the same time last year has caused some high profile children’s charities to come under close scrutiny by the authorities and public alike. The undisputed challenge faced by both charities was that of funding.

#### So where does the responsibility for charitable funding lie?

With economic downturn, Government statutory funding for charities is inevitably reduced and society is encouraged to look increasingly to its own. Social responsibility suggests that both organisations and individuals are obliged to act for the benefit of society at large.

- FTSE 100 companies donated £2.1 billion to charity in 2015 which was actually their lowest level since 2009 reflecting their own economic and financial pressures (Corporate Giving by the FTSE100 March 2016 report, Charities Aid Foundation).
- The UK public is enormously generous and gave £9.6 billion to charity in 2015 alone (UK Giving 2015 report, Charities Aid Foundation). For the first time, children and young people has been reported as the most popular cause to give money to.

**Do individuals see charitable funding as their responsibility?** Whether they do or not, “Do as you would be done by” and the altruistic charitable culture that this engenders is thriving both nationally and locally and serves to bring our communities closer together.

**Local children’s charity, Home-Start Royston & South Cambridgeshire (HSRSC)** received government funding from both Hertfordshire County Council and Cambridgeshire County Council until October 2015 and 2010 respectively. Since then, the charity has set out to diversify its funding sources and is **now entirely responsible for securing its own income.**

**Maureen Brierley, Chair of Home-Start Royston & South Cambridgeshire** thanked the charity’s amazing supporters, volunteers, staff and trustees for their long standing support at their AGM on Wednesday evening. Between 1 April 2015 and 31 March 2016 the charity supported 80 families and 156 children through their unique home visiting service. **She also brought community fundraising to the top of the agenda**, encouraging everyone to utilise the power of their own personal and family networks; spread the word about the work of the charity and increase local fundraising, both individual and corporate.

Inherent in local fundraising is a strong belief that the community, individuals, local businesses, trusts and foundations will support charities such as Home-Start whose work directly impacts their friends, neighbours and workforce. **Undoubtedly, at the end of the day, we are all responsible.**

See [www.hsrsc.org.uk](http://www.hsrsc.org.uk) or email [admin@hsrsc.org.uk](mailto:admin@hsrsc.org.uk) for more details of this local charity and how to become involved.

**Press Contact:** To interview Maureen Brierley – Tel 01763 262262, Email [admin@hsrsc.org.uk](mailto:admin@hsrsc.org.uk)

**Home-Start Royston & South Cambridgeshire works in partnership with Home-Start Hertfordshire and Home-Start Watford & Three Rivers ensuring all families in Hertfordshire have access to Home-Start support when needed. We also work with Home-Start Cambridgeshire.**

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#### Cambourne Children's Centre:

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Offices are located in the Blue Space on Eastgate

www.cambournechurch.org.uk

#### Minister: Rev Matthew Trick

matthew.trick@cambournechurch.org.uk

#### Assistant Minister: Rev Dr Lynda Taylor

lyndataylor@cambournechurch.org.uk

#### Administrators and Church Bookings

Stacy Buwert and Jacqui Huckle

administrator@cambournechurch.org.uk

#### Youth Worker: Jonathan Buwert

jonathanbuwert@cambournechurch.org.uk

#### Children and Family Champion: Jane

Brooks 07850 961000

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#### Parish Nurse: Catherine Price

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#### Foodbank: Julie Whitbread

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#### 19 the coffee house: Cait Dawkins and Jacqui Huckle

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#### Cambourne Cricket Club:

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#### Cambourne Army Cadet force:

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[cambournetennis.clubbuzz.co.uk](http://cambournetennis.clubbuzz.co.uk)

Congratulations to our under-16 team which had a successful season in winning the Cambridgeshire u16 boys division 2 National Club League!

Thanks to everyone who came to see us and hit some balls at the Cambourne Village Fete despite the terrible weather.

The three new courts behind the Sports Centre are progressing nicely and we hope to open them in October. Autumn coaching has started. There is a choice of sessions from Monday after school, and Saturday afternoons. Book online at [overandin.com](http://overandin.com) or email [coaching@overandin.com](mailto:coaching@overandin.com) or call 0844776 1763.

The free adult coaching we offered on Mondays was massively over-subscribed and our apologies go to anyone who missed out. There are six different annual membership options, all for great value. Further details can be found at our Clubspark website.

If you are interested in membership, please also contact [nigel.hillyard@btinternet.com](mailto:nigel.hillyard@btinternet.com), because at this time of year we discount the annual membership heavily but there are still plenty of playable tennis days. P.S. we have floodlights

Check out [clubspark.lta.org.uk/CambourneLTC](http://clubspark.lta.org.uk/CambourneLTC) or [facebook.com/groups/41151905541088](https://facebook.com/groups/41151905541088)



The under-16 team won the Cambridgeshire u16 boys division 2 National Club League!



## Cambourne Cricket Club

"VINCERE DELECTANDO"



## Cambourne shines in Wimpole re-enactment

It's been many years since the thwack of leather on willow has been heard on the lawns of Wimpole Hall. But on Sunday 28th August, the 'original' cricket pitch was brought to life with a Georgian re-enactment match. Players across Cambourne CC, from juniors as young as seven to representatives of all three senior teams, joined in the event organised by National Trust Sports and Cambs Cricket.

Cambourne CC were drawn against a team from Royston CC.

Dressed in authentic 18th Century garb, Cambourne bowled well in the first innings, holding Royston scoring relatively few 'notches'. That is until a wily shot on the penultimate ball of the innings brought them to a total of 50 notches from the 16 overs. In reply, our juniors showed their mettle and, along with support from senior team members, ended the first innings with a nine notch advantage.

With time to spare, we secured second innings, allowing a few more players to join in and have a go entertaining the crowd of almost 100 spectators. Royston added another 26 notches to their tally in their eight overs, leaving



Cambourne needing just 18 notches to win, which we knocked off with style.

"What a fantastic game, and a brilliant experience to play here at Wimpole," said Danny White, Cambourne's 2nd XI captain and groundsman, after the game. "It's great to see so many families involved, and a massive thank you to Jenny Lambert from Cambs Cricket and John Harris from National Trust sports for organising a great event."

Cambourne cricket club runs 2-3 junior teams and three senior teams each season, catering to players of all ages and standards. If you're interested in playing, please see [www.cambournecc.com](http://www.cambournecc.com) for contact details.

## SPORT

## Exiles kick off with a bang

After a well-deserved summer break the Exiles started their 2016 season with a bang. Prior to the start of the league campaign a series of pre-season friendly games were arranged, the Exiles winning the majority of them.

The league campaign started on the 17th September with a home fixture against Haverhill who are newcomers to the league. The Exiles were able to give a clear indication of their intentions for this season with Vice Captain Ed Davidson-Smith leading the squad to a 45 - 7 victory over the visitors. The coaching programme being delivered by new coach Mickey Woolfe is clearly paying dividends, allowing the Exiles to play with renewed vigour.



Despite the focus on the league, the Exiles remain a highly social side and welcome players of all backgrounds and abilities. Regular players range in age from 18 to over 50! As always we would like to welcome more players to the club. Training takes place on Thursday

evening at 19:00 behind the MUGA. See our website [CambourneExiles.com](http://CambourneExiles.com) or visit our Facebook page for more details and to get involved.



## Osteopathy... more than just backs

Back and Neck Pain

Postural Problems

Sports Injuries

Foot Pain

Headaches

Children

Arthritis and Joint Pain



**Cambourne Osteopaths**  
**01223 598558**  
[www.cambourneosteopaths.co.uk](http://www.cambourneosteopaths.co.uk)

## CAMBOURNE FC SPARTANS

Cambourne FC Spartans' successful pre-season has continued into the league campaign with two wins from two and twenty-five goals scored seeing them propelled to top spot in their Cambs League Division.

The boys are playing some outstanding football and have recently beaten teams from the league above soundly before the season kicked off on 10th September.

We are looking forward to the "Cambourne Derby" on 8th October. Beforehand, we have an away game vs Waterbeach and our first venture in the Cup vs Shelford on 1st October to negotiate.

## CAMBOURNE BOWLS CLUB

By the time you read this notice, our outdoor bowls season will have finished. I am pleased to report that we had some new members this year but we are still falling short of sufficient numbers to put out a league team on a regular weekly basis. Please look out in the April 2017 edition of the Crier for notification of our activities for 2017. Although our season has finished, if you wish to know more about Cambourne Bowls, contact Robin Bailey - Bowls Secretary 01954 269328





## SPORT



## Cambourne FC

cambournefc@gmail.com | www.cambournefc.org.uk | 07900 674 558



Following the set-up of our new Girls Football Academy (for 4 - 6 year-olds), we are pleased to see the numbers joining in grow week-on-week. Please join us too.

The Girls Academy runs at the same time as our incredibly popular Soccer School (every Saturday 9am, for 4 to 6 year olds - please come along), which welcomed 26 boys last Saturday!

Our boys football teams have started strongly. In the Mini League, the U9s have been promoted up a league after their first match. Other Mini League teams are enjoying getting back to playing football after the long summer. Our U12s started brightly with a 2-0 win last weekend, following a narrow loss the week before. Our U13s Spartans team has won both their matches thus far, scoring 25 goals in 2 matches.

Girls football too continues to grow apace. Whilst both the U12s Red team (Year 6 & 7 girls) and the U14s team (Year 8 & 9) are still awaiting their first wins of the season, there has been much encouraging play to suggest that it will only be a matter of time.



We still want to get more girls involved from the 7 - 9 year-old age group, so please get in touch.

We would like to hear from anyone interested in taking part in Walking Football (aged 50+) and Disability Football, as we continue to pursue new initiatives to bring football to the whole community.

For more information on any of the above, please email Chris at [cambournefc@gmail.com](mailto:cambournefc@gmail.com).



After the recruitment of our latest coach Jamie, we're able to extend our Academy intake which currently covers Reception, Year 1 and Year 2 children. Please contact [secretary@cambourneaglesfc.co.uk](mailto:secretary@cambourneaglesfc.co.uk) for further details.

We intend to create a new U7 team at Christmas from our current Academy players aged 6 and above, along with Steve and Jamie. Therefore, we need to enlist the help of further coaches (ideally the parents of Reception or Year 1 players) who can continue the Academy from Jan 2017. The club will provide support, and pay for the required accreditations, which can also be used away from football. You even get kit personalised with your initials! Please contact us if you're able to help for just one hour a week during term time or wish to discuss further.

Eagles U8's Red enjoyed a full friendly programme as they get ready for the mid-September start of the league campaign. The new boys, Fabian and Sebastian, are great additions and the rest of the boys are really blossoming. Special mention to Josh and Sam G for real robust performances against Exning last week. Well done!

The U11's boys enjoyed the summer off and came back in great shape, ready to go for 9v9. The boys got their reward for last season's effort and performances with promotion to B



league. They have continued to work hard in pre-season with some impressive results and excellent individual performances, notably from Chris Dimopoulos who has started the season where he left off. We welcome new signings Tommy and Daniel to the Eagles!

Eagles U12's (pictured) had a fantastic start to the season as they ran out 4-3 winners on a rain soaked pitch in Soham. The boys defended strongly and scored some brilliant team goals - Liam Martin 2, Connor Bridge 2. Man of the match was Max Withers.



## COMMUNITY



Cambourne Community Fete took place on Saturday 10 September and saw a great turnout, despite the wet weather!



## Can you help raise funds for vital housing adaptation?

Rebecca Potter lives in Lower Cambourne and suffers from Huntington's disease, a devastating neuro degenerative illness.

The illness affects all aspects of Rebecca's life. She is unable to wash, dress or feed herself without help and the illness has also affected her cognitive abilities.

The disease has progressed so far that Rebecca is unable to walk unaided and uses a wheelchair when she is out of the house. She is unable to walk up stairs and has to be carried up the stairs to bed and to shower. This situation is far from satisfactory and is becoming quite dangerous.

Despite her illness Rebecca is very positive and happy with a love for life. Her friends regularly pay tribute to what



an inspiration she is. The greatest love of her life is her daughter Annie who is 6. Rebecca loves taking Annie to school and regularly does this by sitting her on her lap whilst her husband Mike pushes them both. Rebecca loves being

involved in all that Annie does and Annie really does give Rebecca a reason to live.

The family is currently in the process of raising funds to adapt their house to create a downstairs bedroom and wet room for Rebecca. Without these new facilities they will have no choice but to put Rebecca into a care home. This would be disastrous for Rebecca, Mike and Annie as it would split the family up.

So far, through fundraising and friends, the family have raised almost £5,000 but there is currently a shortfall of £10,000. The building work can't be started until all the money has been raised. If you are able to help at all, the family would be very grateful. You can donate at [www.justgiving.com/crowdfunding/michael-potter](http://www.justgiving.com/crowdfunding/michael-potter)