www.cambournecrier.org

editorial@cambournecrier.org

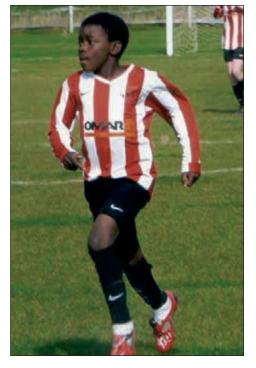
Charity event: with Hope in our hearts

Family and friends of a young Cambourne man, who died of cancer earlier this year, have organised a special charity event in his memory for Sunday 4 September. Everyone is invited to take part.

Hope Harrison, who moved to Cambourne in 2006, played football for several local teams, including Cambourne Church, Cambourne Eagles and Cambridge United.

A fitness enthusiast, fantastic sportsman and generous hearted young man of true character – Hope was well loved by everyone who knew him. He died aged just 20.

The charity event will start from 1pm on Sunday 4 September, next to Cambourne Sports Pavilion and Skate Park. There will be food including a BBQ, football matches at 2pm (11 a side) and 3pm (fancy dress) and lots of



Hope Harrison playing for Cambourne Eagles as a junior

fun activities for the family. This will be followed by an auction of special prizes and a raffle at 4.30pm, before the England vs Slovakia game.

The event will help raise funds towards a hostel for young mums and their children that is being built in Mzimba, in Malawi - where Hope was born.

"Hope Lodge" will provide young ladies with a safe place to stay while they learn practical skills and also enable children to be sponsored to go to school and get an education.

Everyone who knew Hope is invited to attend – and bring their family.

The charity football matches are open for anyone who would like to play - whether for 5 minutes or for a whole game. Cost of playing is just £5. To book your place or get involved email: neilhthompson@gmail.com

Open Gardens 2016 raises £316.50

The organiser of Cambourne Open Gardens, Pame Hume, has said that this year's Open Gardens was a great success. "The weather was kind(ish), and visitors to gardens were, as usual, very complimentary," she said.

"Several commented on the range of gardens open and many went away with ideas for their own gardens. The weekend raised £316.50, meaning there were 79 visitors, plus children." The money has been given to the church, for the work they do with families.

Pam added: "I would like to thank Fran, Geoff, Pat, Jules and Dave for their help this year, which made the organising so much easier.

"Thanks also go to the Parish Council who print the tickets.

"In addition I would like to thank those



who participated, without whom there wouldn't be an Open Gardens weekend," she said.

COMMUNITY FIRST RESPONDER SCHEME

Do you have a current driving licence and access to a car? Are you physically fit? Over 18 and under 70? Would you like to make a real difference to your community?

Help save lives!

Caring, energetic people are needed to join the Cambourne First Responder Scheme.

First Responders volunteer a few flexible hours a week to attend local medical emergencies.

No previous medical background is needed as full training will be given by the East of England Ambulance Service NHS Trust.

Turn to page 3 for more information and contact details.

CAMBOURNE CRIER

The Cambourne Crier is compiled by volunteers. This month's editors were:

Tim Nash, Donavan Bangs, Renata Kovács,

Kathy McConnell and Paul Jobling

Distribution: Tung Hau **Finance:** Pam Hume

Advertising:

Advertising in the Cambourne Crier can put your business in front of thousands of people: the Crier is delivered to more than 4,000 Cambourne homes and is available to view online or download as a PDF. The advertising revenue pays for the Cambourne Crier to be printed and distributed, so by taking out an advertisement you are not only promoting your business but helping ensure the continued publication of the Cambourne Crier. Thank you!

To advertise please contact:

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or (01480) 831066

For leaflet distribution contact:

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Editorial submissions:

Submissions for the **September edition** must be received by 9pm on **19th August 2016**. Please email articles and photographs to editorial@cambournecrier.org

Photographs must be print quality and should be sent as separate images, not embedded within the text of your submission. By submitting photographs you confirm you have the photographer's permission for us to print them. For more details, visit www.cambournecrier.org

GET INVOLVED!

If you can spare a few hours each month, have access to a PC and the internet and would like to join the editorial team as an editor, designer, writer or to help with our website, please get in touch on editorial@cambournecrier.org

CRIER COMMUNITY FUND

The Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes.

Do you need new equipment for your group?

Or are you thinking of setting up a new group and need some funding to get going?

Contact pam.hume@ntlworld.com or download the application form at www.cambournecrier.org

Cambourne Community Car Scheme

The Community Car Scheme provides door to door transport for residents of Cambourne, Elsworth, Caxton and Papworth who are unable to use public transport. The service is provided seven days a week by locally based volunteers in their own cars. We are friendly and helpful and our aim is to take the stress out of your journey.

Preference is given for medical appointments but we welcome requests for visits to social clubs, outings and shopping trips. We normally wait up to one hour for your return journey.

To request transport please either:

Email: cambournecarscheme@gmail.com or

Tel: 07858 933230. If there is no response and your number is not witheld we will call you back.

Typical costs from Cambourne are: Addenbrookes £9 and Cambridge/ St Neots around £7. Local journeys within Cambourne are all £3. Return journeys from nearby villages to Cambourne £6-£7.

Coordinators: Paul Belo/Eric Cawkill

St Neots bus service

The Whippet bus now runs Mondays to Fridays, leaving at 9.55am (from outside Morrisons) and returning at 1.20pm. (It is the No. 6).

The journey is direct, travelling along the A428 and takes 30 minutes, leaving a good length of time in St Neots. There is also a service to St Ives, and to Huntingdon. More information can be obtained from www.go-whippet.co.uk/routes-timetables/local-routes/

Cambourne Police Contact Point

The Police Contact Point will be operating at Morrisons supermarket from 10am - midday on:

- Monday 22 August
- Friday 16 September (2pm 4pm)
- Thursday 27 September

If you would like an officer to contact you, please leave your name and details on the cards provided and put them into the police letter box.

PCSO David Jackson would also like to say a big thank you to the Parish Council for providing him with his new electric bicycle.

Waste and recycling collections

Blue bin, paper caddy, green bin:

Thursday 18 August 2016

Black bin:

Thursday 25 August 2016

- Bulky household items by arrangement.
- There is a charge of £30 for the first three items and £5 per extra item.





FIRST RESPONDER SCHEME

Why does the First Responder Scheme need your help?

It has been recognised that sudden cardiac arrest claims around 150,000 lives each year in the United Kingdom, with survival rates being around 5% outside of a hospital setting.

If a person's heart has stopped due to an accident or heart attack and is in a rhythm called ventricular fibrillation, the only way to get the heart into a more regular sustaining beat is to pass an electrical charge through the heart muscle.

The first Four minutes are the most vital for the collapsed person and if FIRST AID and a DEFIBRILLATOR are on hand, then the chance of survival will increase considerably. (For every minute after four minutes survival chances decrease by 10%)

The types of calls you will be asked to attend are life threatening emergencies such as heart attacks, strokes, chest pain, cardiac arrests, fits and breathing problems. You will not be asked to attend dangerous incidents such as road traffic



accidents, fights or childbirth. An Ambulance or Paramedic will always be dispatched to the incident and will take control as soon as they arrive. In the meantime by your actions you may have saved a life!

If you feel you can contribute in any way please contact Mark Taylor, CFR Coordinator, on 01954 264036 or 07858 394719 or email mark.taylor@inheritancewills.co.uk



Call us for more information or a confidential discussion 01223 411421 **www.woodfines.co.uk**

Parking available

Cambourne Parish Council District of South Cambridgeshire









Post Office

Following the closure of the Post Office within Lloyds Pharmacy in 2013, several different solutions with regard to opening a new Post Office have been investigated by the Parish Council, none of which have come to fruition.

A meeting has been held with representatives from the Post Office to discuss the possibility of the Parish Council opening a Post Office in the old Parish Office and going it alone. A scoping visit has been carried out and legal advice is being sought from the National Association of Local Councils to ensure that the Parish Council complies with the necessary legislation. The Parish Council is actively working toward this solution and hopes to be in a position to give good news soon. Stay tuned.

Playground safety surfaces

We have recently experienced a spate of issues with damage being caused to the safety surface in some of the playgrounds.

It occurs where a small area may have been accidentally damaged but this is then enlarged and made much worse by



children picking at the safety surface. This type of damage is costly to repair and time consuming for our grounds team.

Please ensure that children are supervised in the play areas and that if you spot a small area of damage please report it to the Parish Council so that it can be rectified before it is made worse.

3G Pitch and Tennis Courts

The process of constructing a new 3G artificial grass pitch and three new tennis courts is in progress and due to be completed by the end of September.

This has been fully funded by S106 money for the 950 additional dwellings in Upper Cambourne that was required to provide additional pitch facilities and grant funding from the FA, the Premier League, the LTA and Cambs LTA.

At the same time a wind turbine will be installed which will feed into the floodlighting and mitigate some of the running costs. The existing floodlighting and the new floodlighting will be upgraded to LED light fittings to reduce energy use and light spill on to the surrounding area.

Both of these have been funded from the Cambourne Parish Energy Fund which was set up from the S106 money provided by the 950 additional dwellings in Upper Cambourne.

Circus

John Lawson's Circus will be making a welcome return visit to Great Cambourne Green in October with shows on Monday 10 Oct, Tuesday 11 Oct, and Wednesday 12 Oct 2016. For more information on John Lawson's Circus have a look at their website johnlawsonscircus.co.uk

Calendar of Meetings Aug/Sept 2016

Tues, 2 Aug at 7pm Planning Committee
Tues, 23 Aug at 7pm Planning Committee

Tues, 6 Sept at 7pm Planning Committee, Council

Residents are welcome to address the meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Parish Clerk at least 10 days beforehand so that the item can be added if necessary.

The Parish Office: The Hub, High Street, Cambourne, Cambridge, CB23 6GW. Open 9am to 5pm Monday to Thursday and 9am to 4pm on Fridays. Tel: 01954 714403. John Vickery, the Parish Clerk can be contacted on: clerk@cambourneparishcouncil.gov.uk
For all other enquiries please email: bookings@cambourneparishcouncil.gov.uk

CAMBOURNE LIBRARY

Mon: 9am - 5pm Tues: 9am - 1pm Wed: Closed all day Thurs: 4 – 7pm Fri: 9am - 5pm Sat: 9am - 1pm

Reception area open 9am – 5.30pm every week day.

Summer at the library:

Don't forget to pop in for your holiday reading and our book sale. You can also download e-books and magazines.

Summer Reading Challenge – The Big Friendly Read:

We hope that all our younger readers are enjoying taking part in The Big Friendly Read at the library. Special sessions are on a Mon 2-4pm, Tues and Fri 10am - 12pm.

Giant Lego event

The library will be having a special Giant Lego event on Wed 10th August from 10.30 - 12.00. Aimed at 4 years+ . Limited tickets available from the Library 50p per child accompanying adults free. You are welcome to bring your own baseboard to the event. Please write your name clearly on the back. Please note: children must be accompanied by an adult.

Engage in the Afternoon

Wed 3rd August 2.00 – 3.30pm.

"Life Below Stairs in a Country House". National Trust talk by Suan Price. No need to book just pop along to the library. Refreshments available for a donation.

Family History drop in

Mon 15th August, 1.30 – 3.30pm. All areas covered.

Job Centre Plus drop in

Wed 17th August 1.30.- 3.30.

If you would like to join a local book group, The Cambourne Caterpillars are looking for new members. They meet on a Monday evening once a month .Ask for details at the library.

Cambridgeshire Local Assistance Scheme (CLAS) Survey

CLAS would like your views to help shape the future of the Cambridgeshire Local Assistance Scheme. The scheme helps vulnerable people and families under exceptional pressure who have little or no money. There are only two questions so the survey is quick to answer. There is a full description of the scheme within the survey.

Please complete the online survey here: http://www.smartsurvey.co.uk/s/OWM84/

To find out more about the scheme, visit www.cambridgeshire.gov.uk/clas If you have any questions, please email fis@cambridgeshire.gov.uk



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HEALTH NEWS



Irritable bowel syndrome

Irritable bowel syndrome (IBS) is a common, long-term condition affecting the digestive system. Common symptoms of IBS are abdominal pain and cramping, change in bowel habits (diarrhoea, constipation or both), bloating and excessive wind. Symptoms may have a significant impact on quality of life and therefore can affect mood. As stress can trigger IBS unfortunately this can lead to a vicious cycle.

Diet is often a significant factor. Keeping a food and drink diary may help identify individual triggers. High levels of insoluble fibre such as bran, nuts, fruit and vegetable seeds and skins can make symptoms worse and these foods may need to be reduced to a manageable level. Factors that can generally help IBS symptoms include eating regularly, drinking plenty of water, exercising and taking time to relax and reduce stress if needed. Cutting down caffeine, fizzy drinks, alcohol and processed foods can also help.

If you develop IBS type symptoms for more than a few weeks it is important to discuss this with a healthcare professional. There are many things that can be done to manage symptoms and some other medical conditions may need excluding. This is particularly the case if you develop persistent looser poo, pass blood in your poo or are losing weight without an obvious reason.

Reference/ further information:

NHS Choices: Irritable Bowel Syndrome Catherine Price RN, Cambourne Parish Nursing Service nurse@cambournechurch.org.uk

HEIDI ALLEN MP



Ensuring South Cambs' voice is heard in Brexit negotiations

I received an unprecedented amount of correspondence following the EU Referendum, mostly from disappointed and worried constituents. As I was unable to reply individually to every email, I held public meetings in Cambourne and Duxford instead. Videos of the meetings and information regarding constitutional issues and policy areas are on my website for those who could not attend.

Since the result, I have held further meetings with representatives from our councils and academic, science, health and agricultural sectors. I will continue to listen to the needs of all sectors and ensure the needs of South Cambs are at the heart of the Cabinet's negotiations.

The hard work and commitment of teachers, parents and governors is always plain for me to see so I was devastated when our new Secretary of State Justine Greening announced that the Department for Education would delay the introduction of the new Fairer Funding Formula for another year. Although Justine was clear that no local authority would receive less funding than the top up amount we had received this year, I have asked the County Council to digest what this will mean for us in real terms. I want to assure you that I am supporting our schools 100% on this and am seeking to meet with her as soon as possible.

Please see my website for details of drop in surgeries www.heidisouthcambs.co.uk/residents-drop-surgeries or get in touch with my office if there is anything I can help with. Phone 01954 212707 or email heidi.allen.mp@parliament.uk



CAMBOURNE YOUTH PARTNERSHIP

CYP Summer Programme

CYP will continue to run its open access youth groups for 13+ through the summer holidays this year, but will add extra sessions to help young people sample a wider range of activities.

We have partnered with the local Arts Centre and the Locality Team to provide various fun and informative activities and projects, focusing on a different theme each week.

Please look out for the posters outside Soul Building and around Cambourne for more information. For more details, please contact Jackson: 07786125271

Summer Family Fun Day: Thursday 1 September

Come and join in the fun - we will start a craft project, have a picnic lunch- weather permitting(!), go to Everyone Active for a Multi-sports session, and then return to Soul for crafts, games and Milkshake Madness!.

When? Thursday 1st September

Time? 11.30am - 4.15pm

Cost? £4 per child

Who? Families - parents and children of primary age (a few preschool children can be accommodated - please talk to Jane at the time of booking.) Please note - it is expected that parents/carers will attend with their children.

Programme:

11.30am Start the craft project

12:30pm Picnic lunch in the garden

1.00pm Multi-sports at Everyone Active (please

wear appropriate clothing)

2:30pm Crafts/games, squash, Milk Shake

Madness, Tuck Shop

For more details and to book on to this activity, please email Jane or Stacy on officecyp@gmail.com or text Jane on 07850 961000

EDITORIAL DEADLINE:

email your submission to editorial@cambournecrier.org by 9pm on 19th August for the September edition of the Cambourne Crier





17th September 2016 12.00-11.00pm

- * Local beers, ciders and wine
- * Delicious street food
- * Live Music all day

*THE CHUCK NORRIS EXPERIENCE *

- * BARON GOODLOVE * ALSKARMA
- * DAISY BELL
- * GEORGE & THE LIABILITIES * ROMY GENSALE
- * JAKE MORRELL * JUNKYARD PREACHERS
- * SCHRODINGERS STRINGS * DIANGOS TIGER
- * FRUITY CLAVE SAMBA BAND *

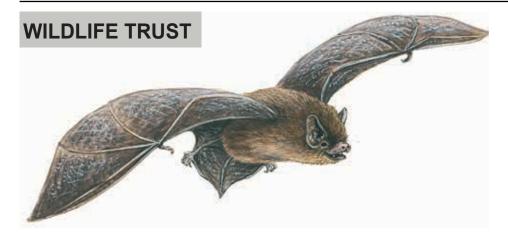




Under 16's: Free

Manor Farm, 14 Alms Hill, Bourn, Cambridge. CB23 2SH 01954 713971

Family Fun! Bouncy castles Soft play (charges apply)



WILDLIFE REVIEW AUGUST

International Bat Night 27th Aug

At the end of August each year comes International Bat Night and our regular bat walk around Cambourne with our surveying team.

Cambourne is very good for bats, with the combination of lakes, grassland and woodland, there is plenty of insect life for them to feed on. Five different species were recorded on last year's walk, including the small pipistrelles, water-loving Daubenton's and the rare Barbastelles.

If you would like to find out more about these creatures of the night and get the chance to listen to their ultrasonic calls with a bat detector, then join our volunteer surveyors on a walk around the Nature Reserve on Saturday 27th August at 9.15pm. Booking is essential, please email ecologygroups@wildlifebcn.org or call Gwen on 01525 874317 to book places and for more information. Or check on www.wildlifebcn.org/wetland-bats

Poetry Competition

Our poetry competition is open for entries again this year.

Wildlife Poet in Residence Rosie Johnston will again judge the competition. Seek inspiration, get creative and start composing - we especially welcome and encourage entries from 12-17 year old category in the form of a song lyric, a meme,

a rap. Poems can be as long or short as you like but have to be inspired by wildlife and the natural environment. More information can be found on our website at www.wildlifebcn.org/poetry-competition



Bedfordshire Cambridgeshire Northamptonshire



GET IN TOUCH

If you have any comments, questions or suggestions about the green spaces in Cambourne please get in touch.

Email: jenny.mackay@wildlifebcn.org

Call: 01954 713516 (usually on voicemail as I am out and about or call the main office number 713500 for urgent messages)

Find us on Facebook www.facebook.com/wildlifebcn and Twitter @wildlifebcn To find out more about your local Wildlife Trust, what we offer in Cambourne and how you can support us, please visit www.wildlifebcn.org

Back to school tips

The summer holidays are now full swing - full of family trips, precious memories and sibling squabbles! Yet with the new school year just around the corner it pays to be prepared. Starting a new school year can be an anxious time for both children and their parents, however, there are things you can do to ease the transition:

Get organised – Planning ahead is a great way to avoid the hectic school morning rush! Pack lunch boxes and bags the night before, and make sure everything you need is stored in one place. The more you can get done the night before, the less you will have to worry about in the morning.

Establish a bedtime routine –
During the summer holidays
staying up late and sleeping in
become the norm, but as the
school year draws near it is a good
idea to get your kids back into a
bedtime routine. A couple of weeks
before school begins, start
gradually moving bedtimes and
wake-up times a little earlier each
day to cut down on first-day stress.

Encourage independence – Shopping for school supplies with your child can be a fun way to give them some responsibility. Allow your child to pick out some of the things they will need such as a new lunchbox, bag, clothes or stationary. Get your child to help you pack their school bags and lay out their clothes .

Create excitement – If your child is nervous about going back to school then make time to sit down and talk to them. Build excitement by talking about all the fun things they will learn during the year and recall past events, projects and field trips that they enjoyed in previous years. You can even share some of your own happy memories from your school years!

By Carla Greenwood



Sunday services - 10.30am

Meeting at Cambourne Village
College, Sheepfold Lane,
Cambourne.

Special event - Church in the Park.
Sunday 24 September, Upper
Cambourne Cricket Pavilion. From
12pm-5pm with BBQ, fun and games.
Everyone is welcome to join us.

For more information please visit www.christchurchcambourne.org.uk

WOMEN GLIDE AT CAMBRIDGE GLIDING CENTRE

Cambridge Gliding Club are excited to be holding their 2nd Annual Women Glide Day on Bank Holiday Monday 29th August 2016 between 10 am and 5 pm at their airfield at Gransden Lodge. Women Glide Days are a great opportunity for women new to the sport to fly with a female instructor in one of the club's dual control K21 gliders at a discounted rate, as well as meet other female pilots and chat with other women interested in learning to fly.

Trial flights for Women Go Gliding visitors will be available at the discounted rate of £50 for a 2000' aerotow launch. Book ahead to avoid disappointment by calling our office on 01767 67707. Flights will also be available on the day on a first come, first to fly basis. Please note that some weight, height and medical restrictions apply.

AGlider Simulator will also be available providing free simulator flights and members will be on hand to talk about their flying experiences. Refreshments will be available.

Airfield entrance on the B1046 between Little Gransden & Longstowe, opposite Gransden Lodge Farm.

More information online: www.camgliding.uk or facebook.com/CambridgeGlidingCentre

COULD WE BE YOUR PERFECT PRINT PARTNER?







Peacehaven Baptist Church

COME AND WORSHIP WITH US

Meeting at Cambourne Community Centre, (The Hub), High Street, Great Cambourne, CB23 6GW

SUNDAY MORNINGS - 10 AM **SUNDAY MORNINGS - 11 AM** WEDNESDAY EVENINGS - 7 PM

Children's Sunday School & Adult Bible Studies (Hub) Children's Church & Morning Worship (Hub) Bible Study & Prayer Service (Pastor's home)

Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk



Pastoral Thoughts

Dear Friends,

Well, last month was certainly interesting. Turmoil would be putting it lightly in the world. The EU situation, changes in government leadership, coups riots and killings around the world. Crisis after crisis and so much possibility for problems.

I preached a message just after the EU vote entitled DONT PANIC. In the introduction I said "Don't panic" was a phrase written on a fictional book called the Hitchhikers Guide to the Galaxy, in

which it surmised that with the right information panic need not ensue even if your situation drastically changed. Like your planet was about to be blown up or you were to hear some really bad poetry. Now as amazing as that fictional book was, it is not real. However, we do have a real book and it is full of real things and information that will if properly applied cause an individual not only to not panic, but will in fact bring peace in the midst of the storm.

I then went on to say that the world was not about to end because of this. Our finances have not failed. (They have fluctuated, but that I expected).

And how our trust must be in God, not in riches, nor military might, nor in religions (that being ceremonies or patterns or man made traditions). But in the relationship with the Lord himself.

He, unlike many has not resigned or been fired. There was a leadership challenge a while back, but that was dealt with a long time ago. We have great potential ahead of us if we have the courage to grasp it.

We continue to hold counselling times as needed. And if maybe you need to talk let us know

Pastor Donavan Bangs



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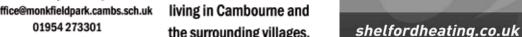












Cambourne Church

A partnership of the Church of England, Baptist, Methodist & United Reformed Church Service times: Sunday 9.30 & 11.00am (except 1st Sunday in month)

1st Sunday in month: 10.00am Service 2nd Sunday in month: Holy Communion at 9.30 and 11am services www.cambournechurch.org.uk @cambournechurch

facebook.com/cambournechurch

What will you be doing this summer? It strikes me that the summer holidays are full of stories - our stories, of time with family, discovering new places, reconnecting with friends and family and life-influencing exam results! The bible tells us stories called parables, these are stories told to reveal deeper truths about life and faith.

During August, Cambourne Church, will be exploring some of these parables including a story about a wedding reception (Matthew 22.1-14) which helps us discover the invitation, extended by God, to life with Him.

Also, the story of an employee who had been relieved of a great debt but then failed to extend the same forgiveness to another (MT 18.21-35).

What will your parables be this summer, what will you tell friends and families of your experiences and where might God be at work within them.

Have a wonderful August!

Revd Matthew Trick

Fathers' and Children's Breakfast 8.30 -10.30am at Cambourne Church

First Saturday of every month.

It would be great to see any dads with their kids for a bacon roll, toast or just a coffee. Breakfast is free although donations are welcome.



Contact:

Ian Bolton, tmtwgr@gmail.com

Next Meetings

3rd September, 1st October, 5th November and 3rd December

19 The Coffee House

The coffee house will be closed throughout August and will reopen on Monday 5th September



Normal opening hours: 8.45am-2.00pm Monday - Thursday, 8.45am-12.00pm Friday Open 10am-2.00pm on Saturday 17th September.

Thank you for your continuing support.

Sunday Morning Services

Sunday 7th August 10am Morning Worship

Sunday 14th August 10am

Morning Worship with Communion

Sunday 21st August 10am Morning Worship

Sunday 28th August 10am Morning Worship

Sunday 4th September 10am

Morning Worship with 'Moving Up!'



LOCAL GROUPS

PAPWORTH ASTRONOMY CLUB

Information on forthcoming speaker meetings: Wednesday 7th September, Planets that never were, by Paul Fellows. Wednesday 5th October, Mars Curiosity mission, by Jerry Workman. All meetings are held in the Vinter Room in Papworth, at 7.30pm. The meeting room is accessible to wheelchairs. Visitors are always welcome. For more info: email peter@cheere.demon.co.uk

SUNDAY WALKS

Do you enjoy walking? Would you like to join us for a Sunday morning walk (and maybe Sunday lunch)? Then come along to Monk's Wood car park at 10.00am on Sunday 28th August. Walks are normally between 4 and 5 miles. If you have any questions, or would simply prefer to make contact first, then get in touch with Dave on 01954 202792 or e-mail him at david.ellis@ntlworld.com

THE LINK

Come for a (nut-free) bring-and-share picnic on Sundays, 4-6pm, on the Upper Cambourne Green. This intergenerational community gather for craft and conversations about Big Questions, taking time for reflection as they 'explore community and where life-stories interweave with the stories of Jesus.'

COMBERTON RAMBLERS CLUB

CRC is a friendly and informative group. The group enjoys exploring the varied countrysides. The walks are on alternative Sundays and start at 10.15am. The walks are usually 4-7 miles long. New walkers are welcome for two free walks and if you enjoy, annual memberships cost £8.50 or free if under 18. For further details on how to join, please contact Stella at stella.ramblers@hotmail.com

PHOTOGRAPHY GROUP

From beginner to advanced, new members welcome. Details: flickr.com/groups/cambournephotographygroup

PUB MEET

An opportunity for anyone with an interest in the arts to meet, talk and plan. 7.30pm on the second Tuesday of the month in the Monkfield Arms. The next one will be on September 12th. Email fran@panrucker.eclipse.co.uk for confirmation of venue and date.

WATERCOLOUR CLASSES

Although the class that meets on a Wednesday morning is currently full, there is a new Monday evening group which meets in the new cricket pavilion in Upper Cambourne from 7-9pm and for which there are still places available. Classes start again in September. For more information, phone 01954 710858 or email fran@panrucker.eclipse.co.uk

CAMBOURNE TIMEBANK

Local scheme to exchange time and skills for free. Meets every Wednesday 10am in café 19. Details: Laura Papanikolaou, lpap@chsgroup.org.uk, 07540 122624

CAMBOURNE WI

The WI will be continuing until Christmas. If you are interested in any of the following, please feel free to come along as a visitor and enjoy an evening with us. On the 8th September, The true cost of fish, Andy Malcolm. On the 13th October, Accessories and fascinators, Amanda Sutherland. And on the 10th November, The art of bell ringing, Tom Ridgman. We meet at the hub at 7.30pm. There is a small charge for visitors (£4), which includes tea or coffee.

CAMBOURNE HEALTH & WELLBEING CLUB

From September the group will meet alternate weeks (next meetings: 9th and 23rd September) from 10.30am -12.00 midday at the Blue School site (behind the Church). Each time there will be a speaker, refreshments, chair-based exercises and time for conversation. No booking is required and the group is FREE.

WHAT'S ON

29 August- 2 September 2016, 10am- 4pm

Filmmaking Week- 5 people, 5 days, 5 films!

Cricket Pavilion, Upper Cambourne

Bring your ideas and work together with other young people to plan, act in and shoot a short film of your own. For Years 8 & 9. Price £180. Email: darcyjanesimpson@gmail.com

Thursday 1 September 2016, 11.30am- 4.15pm Summer Family Fun Day

The Soul Building

Come and join in the fun - we will start a craft project, have a picnic lunch, go to Everyone Active for a Multi-sports session, and then crafts, games and Milkshake Madness! The entry fee is £4 per child. For more details and to book on to this activity, please email us on officecyp@gmail.com

Sunday 5 September 2016, 1pm

With Hope in our Hearts- Charity Event

Next to the Cambourne Sports Pavilion and Skate Park
There will be food including a BBQ, football matches at 2pm.
Followed by an auction of prizes and raffle at 4.30pm. Cost of playing football is £5. To book your place or get involved email: neilhthompson@gmail.com

Saturday 24 September 2016

Papworth Trust Superhero Skydive!- Charity Event Peterborough Airfield

It costs £70 to register your place – and when you raise the minimum sponsorship, the cost of your jump is FREE! Email: challenge@papworthtrust.org.uk or call 01480 357 215 for more information and your fundraising pack.



Date: Friday 7th October 2016 - Time: Registration 8:30 am for 10am start

Venue: Cambridge Meridian Golf Club - CB23 2RY

Romsey Mill works with over 3500 young people and families to help build confidence, develop skills and to enable their progress towards training and positive involvement in the community.

Entry Fee for a team of 4 is £240 (+ booking fee) – includes a meal plus competitions, auction and fantastic prizes.

To enter a team or for more information please call Georgina Forbes on 01223 213162

Deadline for entry is 12th September 2016

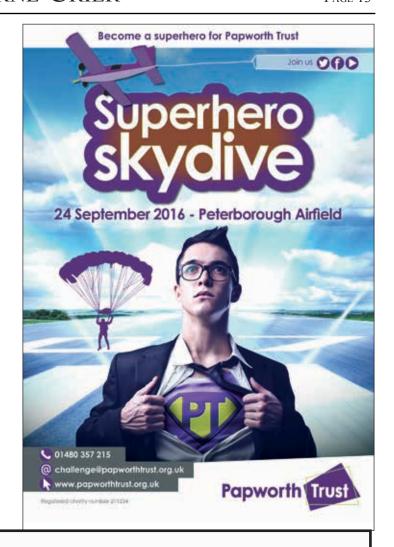






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LOCATION Marketing Suite, Cambourne Business Park.

TIME 8.30-10.00am, second Wednesday of the month.

FREE ENTRY We're proud to say that this is still a free group - no fees, no fuss.

Whether you're a regular business networker or maybe you're looking to explore a change of direction, perhaps you have just started your own business or want to share your knowledge and support others, come and join us as we chat about the business of business.



www.facebook.com/cambournenetwork

Twitter @cambourneNW

www.meetup.com/Cambourne-Nework

SCHOOLS

Monkfield Park Care & Learning Centre's Holiday Club is here until 31 August

It has been a busy, but fun end to the Summer term in the Care & Learning Centre. We would like to say goodbye and good luck to all our children who are leaving us to go off and start school in September.

We would like to wish everyone a lovely Summer and look forward to hearing all about what the children do when they return to pre-school in September.

Indoor Beach

There has been great excitement in the pre-school as our indoor beach has appeared along with an ice-cream shop. The children are enjoying taking turns



visiting the beach and being the ice-cream seller!

Fundraising

We took part in the Barnardo's 'Big Toddle' again this year and although we haven't completely raised our grand total of money yet, so far it stands at £777. This is a fantastic result and our children, parents/carers deserve a big 'thank you' for their support.

Summer Holiday Club

Our Summer Holiday Club will be open until Wednesday 31 August where a range of fun and exciting activities will be taking place.

If you would like any further information about any of the sessions available at the Care and Learning Centre, please ask at the office, telephone us on 01954 273301 or email us at clcoffice@monkfield park.cambs.sch.uk

Monkfield Park Primary celebrates holidays



With the Summer holidays approaching, everyone is beginning to look forward to the challenges that September brings, but it is also a perfect opportunity to reflect on all our memories and achievements of the year.

As we entered into our final half term at Monkfield Park as Year 6, we knew that exciting adventures lay ahead. During the week at PGL, we let our hair down, overcame fears, enjoyed our indepen-dence and had fun together.

A clear favourite was the giant swing which took us to dizzying heights, only to be catapulted to the ground below.

Once we returned, rehearsals for our Summer production began in full swing.

The Ugly Sisters made a grand entrance in the production of *'Cinderella'* & *Rockerfella'*, while the children's acting

and singing skills wowed audiences.

With temperatures rising and Summer evidently upon us, the school took the opportunities the outdoors offered.

The whole school enjoyed taking part in the 'Road to Rio' with many children completing their 10, 20 and, in some cases, 30 mile certificates.

While Year 4 enjoyed the beautiful setting of Burwell House and an overnight stay, Reception experienced their first ever school trip to Wicken Fen, transforming into minibeasts!

As we prepare for the Summer break, we would like to take this opportunity to wish all the readers of *The Cambourne Crier* a relaxing and fun filled Summer holiday.

We look forward to sharing with you more of our adventures in September!

If you are a parent interested in a place for your child and would like to find out more about Monkfield Park Primary School then Sarah Jarman, the Headteacher, would be delighted to hear from you. Please contact her via the school office on tel: 01954 273377 or by email: office@monkfieldpark.cambs.sch.uk



SCHOOLS

Cambourne Pre-School's End of Term

Cambourne Pre-School have had a busy and exciting end to their Summer term. The last week was celebrated with a visit from Monarch educational farm and a Leavers party completed with a graduation ceremony.

Monarch farm visited with ponies, goats and sheep as well as a model milking goat.

On the last day of term a party was held along with a graduation ceremony for all of the children who will be moving up to Primary school in September. Each child had their own mortar board hat and were presented with a certificate and folder of their time at Pre-School. It was a touching moment for both parents and children.

For information about places for the following academic year, please email, cam.preschool@btinternet.com, or telephone, 01954 715150, the Pre-School. Cambourne Pre-School would like to wish all of their existing and past children and families a very happy summer!





Children's Words from Hardwick and Cambourne Primary School

We thought we would give the final word to the children, and so have asked them to write down a few of their thoughts and reflections from this year:

"I love playing with my friends, we play superheroes and I am superman! In golden time, we do fun things like choosing from special boxes/ My favourite topic topic was Popstars Rockstars. I was in a rock band and played the guitar. It was so cool, I like it!" - Jack, Reception.

"My name is Aadi and my favourite topic this year is habitats. It has been excellent because we went on a trip to Woburn Safari Park and went into the lion cage. My favourite lessons are Maths, Art and English because in Maths and Art you get to use different strategies and in English I get to write lots and lots! I also love golden mornings because I get to choose from lots of different things like cricket, picnics or doing fun and exciting science experiments. I made an exploding volcano!" - Aadi, Year 2

"This year we have had an amazing time. We have been on a school trip to West Stow, a topic on Matilda where we performed a musical showcase for our parents, it was so much fun! We also had an Egyptian day where we got to dress up as Ancient Egyptians, it felt like we really were Egyptians! Some children even dressed up as a mummy and used toilet roll and bandages. Some of our favourite topics were inventions, where we got to learn about the history of electronics, and rainforests where we found out extremely interesting facts about what the future might be like if we carry on cutting down trees. Year 3 has been amazing!" - Anna, Year 3

We are looking forward to our second year in our lovely building, and growing further. Enjoy your summer.

Discovering the Moon

Open the door slowly
Take a big and huge stride and
step out onto the ladder slowly;
Go down the ladder proudly,
And then off you go
discovering the Moon.

See the shinning and twinkling of the stars,
And see the Earth from a long distance,
And then off you go discovering the Moon.

Hear the silence of the Moon, Hear your light breathing, Hear your foot steps, And then off you go discovering the Moon.

By Amishi Upadhyaya, (Year 2) Vine Inter Church Primary School

SCHOOLS

Sleepover at the Vine Primary School

Year 3 had a fantastic time at our sleepover at the start of this half term.

After spending a day celebrating the Queen's birthday, we began the evening by watching "Matilda" and having a snack.

Then we set up our sleeping areas and after a delicious meal we were put into teams for the evening's activities. Everyone got the chance to do all four activities: making hot chocolate on a camping stove in the courtyard, team



building games on the field, singing songs and playing games round the campfire, and making collage stamps of ourselves! By this time it was getting late, so we all got into our pyjamas, washed our faces and brushed our teeth. Before we went to sleep, we had a special treat: a bedtime story read by Mrs Higham. We all managed to get some sleep and after some breakfast in the morning everyone was delivered back to their parents. We had such a fantastic time and now we can't wait for Burwell House in Year 4!

Cambourne Village College awarded teaching school status

Cambourne Village College continues to grow: in September, we welcome our fourth cohort of pupils – our largest intake yet at 220 students – which takes our roll to 720. Work on our new extension is due to start in August, and we're excited about the extra facilities that are planned for handover in September 2017.

We're delighted to have been awarded Teaching School Status. This will enable us to move forward strongly in delivering teacher training and undertaking research. It reflects the very high standards of teaching and the hard work of pupils and staff since our opening.

A break from studying, at the end of term, has been Activities Week, with Year 7 enjoying hot weather for their Beaumanor Hall residential visit, and a wide range of different activities on offer for Years 8 and 9.

During the term, many extra-curricular activities have taken place. Pupils participated in the Westminster Abbey vigil to commemorate the eve of the centenary of the Battle of the Somme. Year 9 pupils presented their 'Designing Our Tomorrow' projects at the NHS national conference at the Royal Academy of Engineering in London.

A lucky group of students was invited to the opening of the new wing of the Tate Modern and we undertook a whole-



school sponsored walk for our partner school in Zimbabwe – The Joshua Dhube Primary School in Mutare.

See our school magazine, News@Cam, on the College website: https://cambournevc.org for details of these and many other events, and if you're looking for a new challenge, do take a look at the Adult Education brochure for the autumn term, also on the website.

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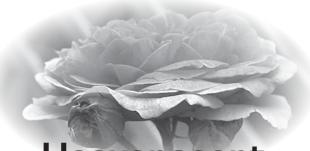
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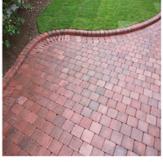
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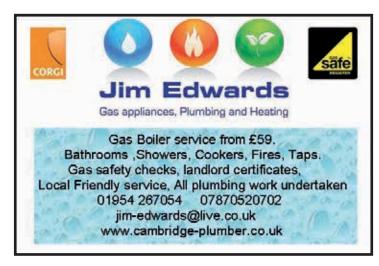
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CONTACTS BOOK

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: 01954 710858 fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk Cambourne Children's Centre:

01954 284672 cambournechildrenscentre@

cambridgeshire.gov.uk

Cambourne Love Justice Group: Len Thornton: 01954 710370 **Network Business Breakfast:** Jo Christy hello@stirupmedia.com 07852 227917

Photography Group:

Nicola Marriott: 07811 154901

Reading Groups:

carolinealdridge@cambridgeshire.gov.uk Timebank: 0300 111 3555 or Laura

Papanikolaou 01223 713555

Women's Institute: Pam Hume: (01954) 201808 Joan Roe: (01954) 200908

CHURCHES

Cambourne Church

Church Office: 710644 Open Mon-Thurs 10.00-12.30 www.cambournechurch.org.uk Minister: Rev Matthew Trick

matthew.trick@cambournechurch.org.uk Assistant Minister: Rev Dr Lynda Taylor Lynda.taylor@cambournechurch.org.uk Administrator and Church Bookings:

Jeanine Kennedy:

Jeanine.kennedy@cambournechurch.org.uk

Child and Family Champion: Jane Brooks 07551 942418 childrenschampion@ cambournechurch.org.uk

19 the coffee house: Jacqui Huckle and Gerald Clutterbuck Tel: 07513 951988

19thecoffeehouse@ cambournechurch.org.uk

Peacehaven Baptist Church

Rev. Donovan M. Bangs:

Preachbrit@aol.com 01954 710510 www.peacehavenbc.org.uk

HEALTH CARE

Community First Responders:

Seán Hawkins - 07798 704941 Seany.hawkins@btinternet.com

Cambourne Dental Practice:

(01954) 718585

www.cambournedental.com

Chemist: Lloyds Pharmacy 01954 718296 Monkfield Medical Practice 01954 282153

www.monkfieldpractice.co.uk **NCT: (National Childbirth Trust)** Candice Lattimore - 07595 909793 candicelattimore@gmail.com

LEISURE & RECREATION

Cambourne Fitness & Sports Centre: 01954 714070

Cambourne Fishing Club: www.cambournefishingclub.com Cambourne Sports & Social Club:

mail@cambournesportsandsocialclub.co.uk www.cambournesportsandsocialclub.co.uk

Crafty Ladies: Enid - (01954) 715292 or

Edna - (01954) 717360

LOCAL AUTHORITIES

Parish Council Office: Parish Clerk 01954 714403 clerk@cambourneparishcouncil.gov.uk www.cambourneparishcouncil.gov.uk Venue and Pitch Bookings: 01954 714403 bookings@cambourneparishcouncil.gov.uk District Councillors for Cambourne: Alison Elcox: cllr.elcox@scambs.gov.uk Mervyn Loynes: cllr.loynes@scambs.gov.uk David Morgan cllr.morgan@scambs.gov.uk County Councillor for Cambourne:

Cllr Mervyn Loynes

Mervyn.Loynes@cambridgeshire.gov.uk

PLAYGROUPS & PRE-SCHOOLS

Baby And Me:

Natalie 07999 406679

cambourne.babyandme@gmail.com

Cambourne 123's:

Jane 07530 537253

Cambourne123s@hotmail.com

Cambourne Pre-school:

Donna O'Shea: 07875 083163 cam.preschool@btinternet.com

Carers And Tots:

Pippa 07803 504220

cambourne.carersandtots@gmail.com

Monkfield Park Care & Learning Centre

Office: 01954 273301

cloffice@monkfieldpark.cambs.sch.uk Sunflower Nursery: 01954 719440

SCHOOLS & COLLEGES

Cambourne Village College:

www.cambournevc.org

Comberton Village College:

School Office - 01223 262503

The Blue School (Hardwick Community Primary): Co-heads: Andy Matthews & Ruth French. School Office - 01954 719085

blue@hardwick.cambs.sch.uk

Jeavons Wood Primary School:

Headteacher - Sue Wright School Office - 01954 717180 office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Porter

School Office - 01954 273377 office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

Headteacher - Debbie Higham School Office - 01954 719630 office@thevine.cambs.sch.uk

SERVICES

Community Car Scheme:

07858 933230

cambournecarscheme@gmail.com

Cambourne Community Fire Station:

(01954) 714030 www.cambsfire.gov.uk

Library: 0345 045 5225

www.cambridgeshire.gov.uk/leisure/libraries

Police non-emergency:

PCSO David Jackson or **PCSO Alex Giltinane**

Tel: 101

Streetlight Faults:

www.cambourne.info/lightform.htm Cambournelights@mail.com Tel: 714403 Vets: Cromwell Veterinary Group:

01954 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust: Jenny Mackay 01954 713516 www.wildlifebcn.org

SPORTS CLUBS

Cambourne Bowls Club:

Robin Bailey - (01954) 719223 www.cambourne.info/bowls.htm

Cambourne Cricket Club:

Callum Healy - 07714 007 282 cccadmin@cambournecc.com

www.cambournecc.com

Cambourne Eagles F.C:

Secretary - Danny Brooks 07516 630552

secretary@cambourneeaglesfc.co.uk

www.cambourneeaglesfc.co.uk

Cambourne F.C:

www.cambournefc.org

Cambourne Netball Club:

Emma Smith - (01954) 710034 cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309 info@cambourneexiles.com

www.cambourneexiles.com **Cambourne Runners**

Garry - 07807 498951

cambournerunners@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Andy Holcombe

(07921) 025394

andyholcombe@ntlworld.com www.cambournetennisclub.co.uk

YOUTH GROUPS

Cambourne Air Cadets: Pilot Officer Rogers: 07813 897949 circlec@aol.com

Cambourne Army Cadet force:

dc.cambourne@gmail.com www.cambsacf.com

Cambourne Youth Partnership:

All Clubs at Cambourne Soul, Back Lane 07511 968422 Officecyp@googlemail.com Wednesday evenings for ages 11-18 or Thursday afternoons for ages 5-11

Cubs, Beavers & Scouts:

joininglist@cambournescoutgroup.org.uk

Guides, Brownies and Rainbows:

Waiting list: www.girlguiding.org.uk

0800 1 69 59 01

cambournebrownies@btinternet.com

Church Youth Worker:

Jonathan Buwert

Tel. 07503 171869

jonathan.buwert@cambournechurch.org.uk

SPORT



Our Charity Silver Fish Match in Memory of Tony Brennan (Bonesy) raised £460. All funds have been donated to Cruse Bereavement Services & Pancreatic Cancer Research Cambridge as requested by Tony's family. We would like to say a big Thank You to: all the businesses and residents who kindly donated raffle prizes; the children and ladies that made cakes and sold for donations; the Anglers for donating money taking part in the Fishing Match and everybody that helped out on the day especially John Pope for coaching the young children.

Open Day August 21 2016 FREE EVENT

All tackle and bait supplied for those who would like to learn to fish. All ages welcome. Sessions available 9.30am, 11.30am, 1.30pm. If you are already an angler and would like to try the lake out for a free session, 9.00am - 3.00 pm you will need a valid EA Licence and bring your own tackle and bait. A Trophy to aim for the best catch around the bank. See www.cambournefishingclub.com for our rules. To book a session please email your name, age and session required to cambourne_fishingclub@yahoo.co.uk

Sunday 28 August 2016 Junior silver Fishing Match

£2.00 Per Participant. TROPHIES & PRIZES TO BE WON!!!!

8.30am: Meet up big jetty Lake Ewart School Lane

9.30am: Start - 1.30pm Finish

Please contact everybodycanfish@gmail.com or Becky Pope on 07476 219820 for more details and an application form.





Cambourne Eagles

On Saturday 2nd July, players from Cambourne Eagles U9's teams had the honour of attending the launch of the Cambridge United / Elms BMW Partnership for Youth Football. This was a unique event bringing together Eagles players with one of their major sponsors, and cementing the club's partner club relationship with

Cambridge United. The players had a great time demonstrating their football skills, meeting Cambridge Defender Josh Coulson and showing their closeness to the Cambridge mascot, Marvin the Moose. We would like to thank Elms BMW and our other sponsors for their support of the Eagles into next season.



Basketball in Cambourne

Raptors Senior Basketball

www.cambournebasketball.org www.facebook.com/groups/ cambournebasketball The past month has seen an amazing turnout for both the Monday and Thursday 'pay to play' sessions. Fewer people have attended the Thursday night sessions meaning there is more space on court if you want a slightly more sedate pace! The two sessions are held at Cambourne Village College and both start at 8.30pm. The cost is £5 until the end of the summer. All ages and abilities are welcome - even beginners - and everyone gets plenty of time on court.

The committee are hard at work preparing for the new season, which starts in September. Although it is a bit soon to be forming a team, the amazing progress that we have made as club does mean that we can start looking towards providing coaching and other activities beyond the basic pay for play sessions.

The growth of basketball within Cambourne got a huge boost from the Parish Council in June when the L&A committee gave their support to provide outdoor basketball facilities as part of the proposed informal MUGA to be built near the skate park. This is fantastic news and we are really grateful for their decision.

Junior Basketball

www.cambridgecats.co.uk
The Junior basketball training sessions
have taken a break over the summer
but will restart again in September.
The sessions will continue to be held
at the Cambourne Village College
every Monday and will be run by the
Cambridge Cats Coach, Clinton
Wedderburn. Please note that the
session times have changed, with the
9 to 12 year olds starting at 6pm and
the 13 to 16 year olds starting at 7pm.
All abilities are welcome.

SPORT



CAMBOURNE TENNIS CLUB

cambournetennis.clubbuzz.co.uk

News - No-one can have missed Andy Murray winning his third grand slam singles title at Wimbledon last month; but huge congratulations must also go to Heather Watson for a fairy-tale Mixed doubles win, Jordanne Whiley for her wheelchair Ladies doubles, and Gordon Reid for winning both wheelchair Mens singles and doubles!

Slightly less-celebrated is Cambourne's own league success in the Cambridgeshire leagues this summer. Ladies 1, Mens 1 and Mens 3 all finished the season unbeaten! Ladies 1 won Division 3, Mens 3 won Division 9, and Mens 1 (pictured) earned promotion from Division 4.

Anyone who goes near the sports centre should have noticed that the build of the new tennis courts and



football pitches are underway, due to be finished end of September.

We.can't.wait.

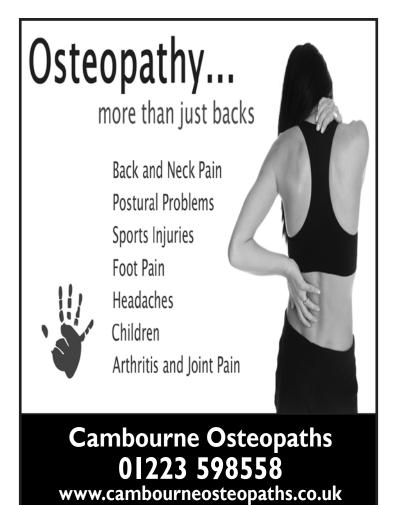
Coaching - The junior tennis SUMMER CAMP will run again in Cambourne from 15-19 August, available either daily or for the whole week: 5-9 year olds 10:00-12:00; 10-15 year olds 12:30-14:30. Book online to secure a place and receive a discount:

http://www.overandin.com/clubs/ca mbourne-summer-camps-2014/ or contact coaching@overandin.com or 0844 776 1763.

Social - We had 18 players turn up for our Mixed doubles tournament on Sunday afternoon, supremely organised by Ana. With only 2 courts there was more watching than playing and the temperature was scorching. The extra courts will remedy that and likely

encourage even more players!
The popular mix-in Club Sessions run twice a week, Wednesdays after 18:30 and Sundays after 14:00. Just turn up.

Membership- There are 6 different annual membership options, all great value, for further details look online https://clubspark.lta.org.uk/CambourneLTC/Membership/Join or contact nigel.hillyard@btinternet.com





Cambourne Netball Club

Summer Leagues- All teams, juniors included, have thoroughly enjoyed some fantastic match play over the summer. The weather has been challenging at times, to say the least but the last two weeks of the season proved that summer league really is about fun in the sun!

Training-Training continues over the summer holidays for senior teams at the MUGA on a Thursday evening from 7.30 - 9 pm. During this time squads will be formalised for the forthcoming Winter League commencing in September.

Congratulations to Shelly Ritchie for not only completing her Level 2 Coaching Award but also her Beginner Umpire Award; Helen Cornwall for passing her Beginner Umpire Award; Laura Howard for passing her Beginner Umpire Award. Both Jennie Girling and Sue Smith are preparing for their C Umpire Award.

The qualification of additional officials really helps Cambourne Netball Club to ensure it remains both viable and competitive in the Cambridgeshire League.

For further information on Cambourne Netball Club please email: cambournejuniornetball@outlook.com - for Juniors cambournenetball@googlemail.com - for Seniors

SPORT

Medals for Cambourne club members at Tae Kwon Do World Championships

Tae Kwon Do International hosted the World Championships on 16-17 July at the Barclaycard Arena in Birmingham. This is the largest international competition for tae kwon do practitioners and welcomed nearly 4,000 competitors from around the world.

It was a great and exciting weekend for all involved from white belts to senior black belts of all ages performing patterns, individual sparring, tag team sparring, musical patterns, team patterns and destruction (breaking boards).

James Lacey and Emily Clements (both 15 and pictured above) are long time members of our local club and attended with several other adults and children from Cambourne and our other Cambridgeshire clubs. James won bronze for tag team sparring, beating an American team to get to the semi finals. Emily won bronze for individual sparring



and another bronze for tag team sparring after some very close bouts. Their recent success tops an impressive year and is a testament to their dedication and hard work as they have won several other medals and trophies (gold, silver and bronze) at other competitions in the previous 12 months - the North Midlands, South Midlands,



Lincolnshire, Welsh, English and British championships.

Both their instructors and peers are extremely proud of them and are an inspiration to us all.

For more information, please see our Cambourne TKD page, contact us on 07905 744777 or by email stephenlacey73@gmail.com.



Cambourne Tang Soo Do Karate

Cambourne Tang Soo Do Karate club is a traditional form of Karate originating from Korea. Karate is a great way to keep fit and learn a life skill at the same time.

The club is run by three 3rd Dan black belts who have many years experience in martial arts, all instructors are licensed and have first aid training, we accept all ages and everyone trains together. Come along to the Hub at Cambourne on Monday evenings 6.45pm to 8.15pm, with the first lesson free. We keep our prices low as this is a passion not a business. Juniors £2.50, Adults £3.50, Families £5
For further details call Ade 07966 346273 or e-mail adecollen@gmail.com or just turn up !!!



COMMUNITY

Residents asked: What makes Cambourne special?

Families enjoyed a free bouncy castle, face-painting and balloon creations on Sunday 17 July in exchange for their views on 'What makes Cambourne special?'

Local people were asked which facilities they used and which one they felt was the most important..

The schools, combined, came out highest in the list of places that people used and top of the most important list, followed by Monkfield Medical Practice.

This was part of an effort to raise awareness of Community Rights and how they could be used in Cambourne.

If our favourite places were registered as 'Assets of Community Value' then if the owner put them up for sale, the community would be notified and they could choose to pause the sale for up to six months, while they raised the money to bid to buy them.

To find out more please contact Laura
Papanikolaou lpap@chsgroup.org.uk 07540 122624





Cookery club raises more than £500 for Action Medical Research

The purpose of Cambourne cookery club has two main purposes: Growing friendship and exploring new palates.

Councillor Shrobona Bhattacharya who runs the Cambourne Cookery Club said, "Our mission is to unite friends along with culinary artisans who embrace different cultures and traditions.

"Each year we will choose different cuisine, in 2015-16 our cooking theme was Italian and all our members tried something new and finally we had our finale Italian dinner on 9 July at



Cambourne Hub where we raise funds for Action Medical Research for the sick children.

"Friends and residents of Cambourne attended our finale dinner and jointly we raised total £533 for a good cause on that night."

Anyone can join the club, there are no fees involved, a member hosts a dinner only once and attends several dinners at others.

Having food together, making friends and social engagements are the purposes of the club.



Members of the cookery club (pictured top) hosted an Italian dinner for friends and residents at the Hub (pictured above), raising £533 for a children's charity