

CAMBOURNE CRIER

www.cambournecrier.org
editorial@cambournecrier.org

Ella McKenzie of Cambourne wins Queen's Young Leaders Award

Cambourne resident Ella McKenzie, who cares for her mum and brother, has been awarded The Queen's Young Leaders Award - one of only three people in the UK to be awarded the honour this year.

Rotarian and Youth Services Chairperson Sally Heffer said, "The Queen's Young Leaders Award celebrates the achievements of young people who are taking the lead to transform the lives of others and are making a lasting difference in their community. This year there were 20,000 nominations from across the Commonwealth and 60 young people were chosen to be recognised by Her Majesty. We are delighted that our 2015 Rotary Youth Leadership Awards (RYLA) candidate, Ella McKenzie, is one of the three from the UK."

Ella was nominated by The Carers' Trust UK and was described as 'inspirational' by the Award panel.

The award means Ella will undertake a year's course at Cambridge University, designed to enhance her potential as a young leader. She will mix with her peers from different cultural backgrounds and attend seminars at 10 Downing Street with the Prime Minister



and an afternoon reception with Her Majesty at Buckingham Palace."

"Winning the award is surreal, I was in shock when I heard," said Ella. "I'll be meeting many more young people who are doing amazing stuff and I will be learning much more from them. I would like to share this knowledge with our Young Adult Carers, teach them and develop them



into young leaders. We can spread the word about carers and make the world a better place. I'd like to thank my family, especially my mum, for their support; the Cambridge Carers Trust; my tutors at Cambridge Regional College and The Rotary Club of St Ives for sponsoring me on the Rotary Youth Leadership Awards. This gave me both the opportunity, and the confidence, to push for my goals."

CAMBOURNE PARISH PLAN NEEDS YOU!

As the launch of the Cambourne community wide survey - the largest community led project in the South Cambs District Council area by a parish

the size of Cambourne - draws closer, the Parish Plan Steering Committee is looking for volunteers to help with the logistical challenges of conducting the survey.

If you've got a few hours spare, want to meet new people and contribute towards building a better Cambourne, then get in touch. The team needs people with a range of skills from data

entry, encouraging people to complete the survey and helping them to do so, right through to data analysis.

If this sounds like you and you'd like to get involved with this community led project then email info.parishplan@cambourneparishcouncil.gov.uk or visit www.cambourneparishplan.uk

The survey is due to be launched later in the Spring.

CAMBOURNE CRIER

The Cambourne Crier is compiled by volunteers. This month's editors were:

Tim Nash, Donavan Bangs, Sophie Taylor and Renata Kovács

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Editorial submissions:

Submissions for the March edition must be received by 9pm on **19th February 2016**.

Please email articles and photographs to editorial@cambournecrier.org

Photographs must be print quality and should be sent as separate images, not embedded within the text of your submission. By submitting photographs you confirm you have the photographer's permission for us to print them. For more details, visit www.cambournecrier.org

GET INVOLVED!

If you can spare a few hours each month, have access to a PC and the internet and would like to join the editorial team, please get in touch.

CRIER COMMUNITY FUND

The Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes. Grants are normally given towards items for use throughout the year.

Do you need new equipment for your group? Or are you thinking of setting up a new group and need some funding to get going?

Contact pam.hume@ntlworld.com or download the application form at www.cambournecrier.org

Cambourne Community Car Scheme

The Community Car Scheme provides door to door transport for residents of Cambourne, Caxton and Papworth who are unable to use public transport. The service is provided seven days a week by local volunteers in their own cars who have undergone police checks and carry identity badges. Preference is given for appointments at doctors, hospitals, dentists and opticians but we welcome requests for visits to social clubs and outings. To request transport please either email cambournecarscheme@gmail.com or call (07858) 933230. Typical costs for single or return journeys from Cambourne are: Addenbrookes £9 and Cambridge / St Neots around £7. Local journeys within Cambourne are £2.50.

We are also looking for additional volunteer drivers especially in daytime weekdays. If you have your own transport which is suitable for the elderly and have spare time please contact us.

Taxi card scheme

If you have difficulty getting around, are unable to take a bus and have no access to a car, the developer-funded Taxi Card scheme is a little used benefit to Cambourne residents. It gives access to a taxi at 30 per cent of the normal fare. Buying vouchers in advance, they are used in the same way as cash. For a list of participating taxi companies call 0345 045 1151 or email: community.transport@cambridgeshire.gov.uk

St Neots bus service

The Whippet bus now runs Mondays to Fridays, leaving at 9.55am (from outside Morrisons) and returning at 1.20pm. (It is the No. 6).

The journey is direct, travelling along the A428 and takes 30 minutes, leaving a good length of time in St Neots. There is also a service to St Ives, and to Huntingdon. More information can be obtained from www.go-whippet.co.uk/routes-timetables/local-routes/

Police Contact Point

The Police Contact Point will be operating at Morrisons supermarket from 10am - midday on:

Saturday 6 February 2016

Wednesday 17 February 2016

Tuesday 1 March 2016

If you would like an officer to contact you, please leave your name and details on the cards provided and put them into the police letter box.

Waste and recycling collections

Black bin:

Thursdays 11 and 25 February 2016

Blue bin, paper caddy:

Thursday 18 February 2016

- Bulky household items by arrangement.

- There is a charge of £30 for the first three items and £5 per extra item.

CAMBOURNE LIBRARY

LIBRARY OPENING TIMES

Mon: 9am – 5pm Tues: 9am – 1pm
 Wed: Closed all day Thurs: 4 – 7pm
 Fri: 9am – 5pm Sat: 9am – 1pm
 Reception area open 9am – 5.30pm every week day.

Now is a very important time for the library service. If you wish to “Help Shape The future of Cambridgeshire libraries” you can fill in the online public survey at www.cambridgeshire.gov.uk/library. Deadline is Monday 15th February.

During February we are having a biography book sale in the library.

Engage in the Afternoon: The February Engage is on Wednesday 10th February. 2-3.30pm
 “Crocodile Capers in The Australian Outback – Reminiscences of a Ten Pound Pom” by Judy Opitz.

Our March Engage is on Wednesday 2nd March from 2-3.30pm.
 The Secret Life of Books: celebrating 600 years of Cambridge University Library. Join us to explore cookery books, household manuals, popular magazines and children’s books from the world-leading collections of Cambridge University Library

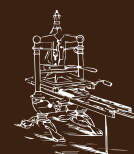


The Circle Support drop in is on Thursday 4th February from 10.00 – 12.00.

Family History Drop in surgery. Help from Caroline Norton of the Cambridgeshire family history Society Mon 15th February 1.30 – 3.30 in the library.

Don't Forget that 6th February is National Libraries Day!

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Budget 2016-2017

Cambourne Parish Council has to consider the budget for the next financial year and submit it to the District Council at the end of January each year.

This is a difficult process as Cambourne continues to grow and the Council always strives to maintain or improve the services it provides to the residents of Cambourne.

To achieve this, the cost to Council tax payers has risen over the years until the 2012-2013 financial year.

2012-2013 is when the Parish Council reached the point when the growth in dwellings offset the inflationary pressures and additional costs to meet the needs of the Community.

When considering the budget for 2016 to 2017 the Council considered this point can be maintained so Cambourne Parish Council will be levying a precept of £416,588.00 on South Cambs District Council.

Next year the Band D charge will again be maintained at £120.75 for a fourth year even though Cambourne has continued to grow.

While maintaining the Band D rate at the current level the Council will continue to maintain or improve the level of service the Council provides for the Community.

The Council employed a new Apprentice last year. This enables the Council to meet the growing needs of Cambourne and also invest in the youth of Cambourne. The employment costs reflect this and the fact that all staff will be auto enrolled into a pension scheme this year.

Parish Council Election

On 5 May 2016 an election will be held to elect 13 Parish Councillors for Cambourne.

Formal publication of the Notice of Election will be on Wednesday 30 March 2016 and the closing date for receipt of nominations will be at 4pm on Thursday 7 April 2016.

If you are interested in becoming a Parish councillor and would like to find out more about what is involved please contact the Parish Clerk.

The Parish Office: The Hub, High Street, Cambourne, Cambridge CB23 6GW.
Open 9am to 5pm Monday to Thursday and 9am to 4pm on Fridays.
Telephone 01954 714403. John Vickery, the Parish Clerk can be contacted on:
clerk@cambourneparishcouncil.gov.uk
For all other enquiries please email:
bookings@cambourneparishcouncil.gov.uk

Gentle Keep Fit at the Hub

Every Thursday afternoon at 2pm in The Hub there is a friendly exercise and dance class aimed at the over 65's. The class is designed to improve mobility and memory and improve strength to help prevent falls and improve posture. The class is supported by Cambourne Parish Council and costs just £2 per session. For more information please see the poster in this edition of the Crier or contact Joan Friday on 01954 710991

Calendar of Meetings Feb/March 2016

16 February, 7.00pm, Planning Committee, Leisure and Amenities Committee

2 March, 7.00pm, Planning Committee, Council

Residents are welcome to address the meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Parish Clerk at least 10 days beforehand so that the item can be added if necessary.

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Email: kfa@emdp.org Phone: 01403 266000 Website: www.keepfit.org.uk

MEDICAL PRACTICE



Monkfield Medical Practice

It is with pleasure that I write my first article for Monkfield Medical Practice, in the new position of Practice Business Manager, working in a job share partnership with the current Practice Manager, Rachel Lovelidge.

I join the Practice having spent 14 years with a public sector organisation, working within a Customer Service environment, in Human Resources and also Occupational Health, Safety and Wellbeing.

I hope to support the Practice and its Partners in adapting to the continually growing demands on the service. I will assist with the ongoing provision of high quality care whilst effectively and efficiently managing the budget constraints placed upon the practice. I very much look forward to engaging with the community and together exploring future opportunities for the practice.

I would like to take this opportunity to provide you with an update on the Partners within the Practice; Senior Partner Dr Jackie Koo commenced maternity leave on 31 December, and I am pleased to announce the safe arrival of her son first week of January. During this time Dr Jyoti Sharma will step into the role of Senior Partner. Dr Barnes will be covering Dr Koo's Maternity Leave.

It is with sadness that I inform you that Dr Piggott will be leaving the Practice at the end of March, to take up work as a Partner in another practice.

She confirms she has found it a privilege to be involved in the care of the residents of Camborne and wishes all the patients and practice colleagues well for the future. In return the Partners and staff here wish her well and thank her for her dedication and hard work during her time with us.

We are very lucky to have secured the permanent employment of Dr Cowee and Dr Cairns, who bring new skills, ideas and enthusiasm that makes it very exciting to be part of this new team.

Hannah Crisford, Practice Business Manager

CAMBOURNE CRIER

If you would like to get involved with the
Cambourne Crier -
as an editor, designer, writer, proofreader
or to help us with our website -
please get in touch,
we'd love to hear from you!
Email us on editorial@cambournecrier.org

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The local charity that helps those living with hearing loss

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HEALTH NEWS



Time to Talk Day. Time to Change

We all have mental health, and just like physical health, how well we are can vary throughout our lives. Problems with mental health affect 1 in 4 of us but unfortunately people can worry that admitting to having a problem may cause discrimination and affect their jobs or relationships.

Tragically this stigma can be worse than the symptoms themselves and is often caused by a lack of understanding.

'Time to Change' is an organisation that challenges mental health stigma and discrimination and incorporates 'Time to Talk Day' which was on Thursday 4 February 2016.

On this day the aim was to get as many people as possible talking about mental health. This doesn't need to be difficult and could be as simple as asking someone how they are feeling that day (and really listening to their answer) or telling them about the Time to Change campaign.

Incorporating simple conversations into everyday life shows there is no need to be afraid of talking about mental health and can help end the misconceptions around it.

All of us can benefit from taking time to better understand mental health and wellbeing. NHS Moodzone (www.nhs.uk - search for 'Moodzone') is a good resource to help with tips to understand and support your own or others mental wellbeing.

Reference / further information:

www.time-to-change.org.uk/timetotalkday

Catherine Price RN, Cambourne Parish Nursing Service
nurse@cambournechurch.org.uk

CAMBOURNE 10K



Cambourne 10K is off and running

Entries for the Cambourne 10k race on Sunday 10th April are open and numbers are filling up.

Over 1000 runners are expected to take part. The race starts at 11 am and will finish by about 12.30pm. The course starts on the bridlepath at the edge of the Business Park and runs out through the country park, crossing School Lane near the roundabout. It then does a big loop out to the Vine School and runs along Brace Dein before returning to the country park alongside the lakes and retracing its steps back to the Business Park.

Local residents should note that School Lane will be closed at its western end, near to the Caxton bypass, from 10.45am until approximately 12.15pm and that there will be runners on the course during that time. Stagecoach buses will turn round on the eastern side of the road closure. Residents in Upper Cambourne may also experience some disruption to road traffic especially along Brace Dein between 11.15am and 12.15pm and we thank residents in advance for their patience during the event.

There is a mile long fun run for those not yet ready for the full 10k starting at 11.05am and an enjoyable festival atmosphere at the finish with a number of stalls and activities.

Details: www.cambridgecambourne10k.com.

Entries can be made online or just turn up to enjoy the atmosphere and cheer on the runners.

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VOLUNTEERING & FUNDRAISING

Offer new hope to sick babies and children in 2016



Samuel was born two months early, weighing less than 4lbs

Children's charity Action Medical Research is on the hunt for new volunteers in Cambourne this year to help raise much-needed funds for vital research to save and change the lives of sick and disabled babies and children.

From organising coffee mornings to fashion shows and quiz nights to dinner dances or helping out at its popular cycling events, there are many ways you can help the UK-wide charity to make a difference to the lives of children like baby Samuel, who was born two months early weighing less than 4lbs, or Tom, who has the fatal muscle-wasting condition Duchenne muscular dystrophy.

"Volunteers are a crucial and highly valued part of our team and we'd love to find more volunteers in Cambourne who are willing to give up their time for this amazing cause," says Lucy Hynes, Action's Community Fundraising Manager for the region. "We're especially keen to establish new groups in the area, whether it's a group of friends willing to hold regular events in aid of Action Medical Research or a team of colleagues undertaking fundraising challenges."

For more than 60 years Action Medical Research has been saving and changing children's lives and has spent more than £110m funding medical breakthroughs, including helping to introduce the first polio vaccines in the UK, discovering the importance of taking folic acid before and during pregnancy to prevent spina bifida, developing the use of ultrasound in pregnancy and testing the rubella vaccine.

The charity is currently funding research into conditions including prematurity, stillbirth, epilepsy, meningitis, cerebral palsy, brain cancer and some rare and distressing conditions.

If you are interested in helping to raise funds for Action Medical Research in 2016, please email Lucy Hynes at lhynes@action.org.uk or call 01394 610378. For further information visit action.org.uk/volunteering

Are you between 12 and 18 years old and in at least year 8?
Do you want to try something new?

If the answer is YES!

The Army Cadet Force (ACF) needs you!

For an evening full of fun and information

Come along to Cambourne Sports & Social Club

On 10th March 2016 at 7:30 pm

You will meet the adult instructors and cadets of Cambourne Detachment and learn the History of the ACF and The Kings Royal Hussars (KRH)

You will see demonstrations of:

- Physical Training
- Fieldcraft
- Cooking Survival Rations
- 1st Aid

You will learn basic:

- Navigation
- Signals

You will see a short film on - Adventurous Training

A Drill Display by the whole detachment

You will get to see and handle the one of the Rifles we use!

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HEDGELAYING

We have been continuing with some hedgelaying along Crow Dene bridleway this winter.

This is a traditional countryside craft which was originally done to strengthen a hedge to keep livestock in the field. Now we use it to rejuvenate a hedge that has grown tall and gappy, so that it produces more young, dense growth.

Having hedges at different sizes and ages means there is suitable habitat for a variety of different birds, insects and mammals.

In the process of laying we have removed a lot of branches and brambles from the hedge and piled these up along the bridleway. We will come back with a chipper to get rid of all of

this, along with some willows that we are pollarding around the nature reserve.

CAMBOURNE 10K

If you resolved to get fit this year, why not put thought into action and enter our 10k Business Challenge to raise funds for local wildlife?

The race is popular with all ages and running abilities and the scenic route passes through woodland areas and alongside lakes.

To be in with a chance of winning the Wildlife Trust BCN trophy, get together a team of 4 runners and email

helen.daniel@wildlifebcn.org or call 01954 713560 as soon as possible, as places are limited. The event takes place on Sunday 10 April 2016.



GET IN TOUCH

If you have any comments, questions or suggestions about the green spaces in Cambourne please get in touch. Email: jenny.mackay@wildlifebcn.org Call: 01954 713516 or 713500. Find us on www.facebook.com/wildlifebcn and Twitter @wildlifebcn. Visit www.wildlifebcn.org

YOUTH

Young people - have your say in the future of Cambourne

BY LUCY BOOTH

Over the next few months, young people in Cambourne will be given the chance to have their voices heard and suggest improvements in the Cambourne Parish Plan survey. It involves a questionnaire specifically for young people, aiming to find out what they like about Cambourne, and any improvements that people would like to see. The aim is to the results to create a 10-year plan for the Parish council.



So why is it so important that young people take part in the survey? Two students who worked on the questionnaire at the Cambourne Parish Council, Annie Diejomaoh and Sean Purser, told the Cambourne Crier: "The Youth Questionnaire in particular is aimed to gather the information and views of young people aged 11-18 living in Cambourne as we make up a big part of the local population.

"As young people ourselves, we will also know how to approach the particular topics that will be brought up throughout this part of the plan.

"Young people in Cambourne as well as in other villages want to have the sense of belonging to their community: to have a space to call their own and hang out in after school or to hold social events and also to be included in the planning for improvements being made to Cambourne.

"The young people in Cambourne do not only care about themselves but the environment around them and want to influence and be a part of the positive changes being made."

So if you didn't already know about the survey, look out for it in the next few months and contribute to the Parish Plans to improve your community! (Let's all ask for a swimming pool!)

CYP

Cambourne Youth Partnership: 2016 programme

During the school holidays in 2015, CYP @ Soul have held a number of Family Funday.

Designed for families to attend together they are geared to primary aged children, but a few preschool children can be accommodated by arrangement in advance. Parents/carers and their children are invited to work together on craft projects, playing games, and usually a culinary adventure as well. We are just putting the programme together for 2016. The first Funday will be on Thursday 18 February 2016, 12 noon -3:30pm. Details: Jane Brooks, officecyp@gmail.com or 07850961000 for more information.

CYP Youth and Children's Programme

January 2016 – March 2016 (Term time only)

Wednesdays:

4pm - 6pm Juniors club (Year 7-8)

7pm - 9pm Seniors Club (Year 9+)

Thursdays:

3.45pm - 4.45pm All stars (FS & Key 1)

4.30pm – 5.30pm Boxing (Year 7+)

5pm – 6.15pm Crazy crew (Key 2)

Volunteers needed!!!!

Could you give a few hours of your time each week to help us staff these clubs? We particularly need a couple more volunteers to support the Juniors Club on Wednesday afternoon and the children's clubs – All Stars and Crazy Crew on a Thursday afternoon. If you are interested in Music or Music Tech we have a fully equipped studio and lots of opportunities to make use of your skills.

DID you know?

Cambourne Youth Partnership @ Soul, Back Lane, runs a club for Foundation Stage and Key Stage 1 children...

All Stars : Thursdays 3:45 – 4:45pm during Term Time

- £1 per child per session

- Games and refreshments, Craft activities and tuck shop, toys and stories.

- Come and join in the fun!

For further details please contact: Jane Brooks on officecyp@gmail.com or 07850961000, or Jackson Nazombe, (07786 125271), Jonathan Buwert, (07503 171869).

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SUNDAY MORNINGS - 10 AM

SUNDAY MORNINGS - 11 AM

WEDNESDAY EVENINGS - 7 PM

Children's Sunday School & Adult Bible Studies (Hub)

Children's Church & Morning Worship (Hub)

Bible Study & Prayer Service (Pastor's home)

Pastor Donovan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk



Pastoral Thoughts

Dear Friends,

We are now back to our normal schedule of services. Things went well in January with several new folks popping along. Some local and a few from further away.

Tales from the shed. We put the van we sometimes use for church through it's M.O.T. and it failed due to a leak in the exhaust pipe and a seatbelt was not retracting. They also told me I was low on oil. They offered to fix it all up for £509. I said no, so another friend of mine and I took it back to the house and after getting a few jubilee clips which I purchased and

some exhaust repair paste I had we took an old soup can and split it lengthwise, removing both ends. We spread the paste and wrapped it over the leak and clamped it. We found the problem with the seatbelt, a tool had lodged in the mechanism, so easily removed. And after topping up with oil which again I already had I returned it to the place where it passed straight through. All for an additional expenditure of about £2 for the clips. We actually spent more time in traffic than doing the repairs. All that was very cost effective. And as we are commanded to be wise stewards of what we have been given it also fulfilled

a Biblical principle. (In case you try this yourself the can will usually wear out after about 3 years depending on usage and quality). Another great thing is it reuses discarded items, which I really enjoy. Like the time I used a pizza pan for a patch when using body filler on an old Ford Mondeo (on a non structural part of course).

So if you or others look at your life and think its all junk and rubbish remember that in the right hands at the right time even something discarded by the world can have a valued and useful place once more.

Pastor Donovan Bangs

BUSINESS BUSINESS

Sharing advice, learning how other business owners and entrepreneurs deal with the business of business - networking, inspiring and collaborating in the relaxed environment of the business park.

LOCATION Marketing Suite, Cambourne Business Park.

TIME 8.30-10.00am, second Wednesday of the month.

FREE ENTRY We're proud to say that this is still a free group - no fees, no fuss.

Whether you're a regular business networker or maybe you're looking to explore a change of direction, perhaps you have just started your own business or want to share your knowledge and support others, come and join us as we chat about the business of business.



CAMBOURNE NETWORK

www.facebook.com/cambournenetwork Twitter @cambourneNW www.meetup.com/Cambourne-Nework



Cambourne Church

A partnership of the

Church of England, Baptist, Methodist & United Reformed Church

Service times: Sunday 9.30 & 11.00am (except 1st Sunday in month)

1st Sunday in month: 10.00am Service and 7.30pm Praise and Worship Service

2nd Sunday in month: Holy Communion at 9.30 and 11am services

www.cambournechurch.org.uk



I have a book on my shelves by the Christian author with the catchy yet profound title 'Everybody's normal until you get to know them'. You might think the people the bible mentions as being around Jesus were holier than thou types, but they weren't. Take Judas and we learn something of betrayal, Peter and we discover what it is to deny someone as our friend, take Pilate and we see what it's like to bow under pressure. These were normal people yet were involved in the final stages of Jesus' life. So this February Cambourne Church will be exploring what lessons we can learn from those around Jesus in the lead up to his death and how God invites us 'normal' people to know his Son.

Matthew Trick

Minister of Cambourne Church

Night of Champions

On Saturday 23rd April, WCCYM are running a sports tournament called 'Night of Champions' for youth groups in the local area.

Teams of 4-6 young people will compete in a whole range of games, and you don't need to be particularly sporty to join in. The event will take place from 5-8pm at Cambourne Village College.

If you would like to be part of a team from Cambourne, or if you are already in a youth group and want to bring a team to represent them, then just e-mail info@wccym.org.

Chillax

After a lot of discussion before Christmas, we have decided not to continue running Chillax this year.

Chillax has been a very popular and busy youth club running on a Friday afternoon and has engaged with up to thirty young people each week, but we do not have enough volunteers to sustain the group and enable us to support those who attend.

The team who have been running Chillax will continue to explore how we can best work with the young people with whom we have had contact, and we hope to be able to let you know what this will look like in the near future.

Sunday Morning Services

Sunday 7th February 10am

Sunday 14th February 9.30am and 11am

Communion at both services

Sunday 21st February 9.30am and 11am

Sunday 28th February 9.30am and 11am

Sunday 6th March 10am

Other Services and Events

Sunday 7th February 7.30pm Praise and Worship

Sunday 6th March 7.30pm Praise and Worship

19 The coffee house

Open Weekdays:

8.45am-2.00pm Monday - Thursday

8.45am-12.00pm Friday

During Half Term open Mon 15th Feb 10am-2pm, Tues 16th

Feb 10am-2pm then closed Wednesday - Friday

Open 10am-2.00pm on Saturday the 20th February.

Fathers' and Children's Breakfast

8.30 -10.30am at Cambourne Church

First Saturday of every month. It would be great to see any dads with their kids for a bacon roll, toast or just a coffee.

Breakfast is free although donations are welcome.

Contact Gerald: 07902 225678

gdc.draughting@btconnect.com

Next Meetings - 5th March and 2nd April

Valentine's Barn Dance

Saturday 20th February 7.45pm

In The Hub

Tickets £15 to include hot food

All proceeds to go to the next phase of the church building

Please contact julie.whitbread@cambournechurch.org.uk

or the church office on 01954 710644 for tickets.

LOCAL GROUPS

CAMBOURNE TIMEBANK

Local scheme to exchange time and skills for free. Meets every Wednesday 10am in café 19. *Details: Laura Papanikolaou, lpap@chsgroup.org.uk, 07540 122624*

OPEN MINDS

Meeting on the first Tuesday of each month, 7pm-9pm, we will be offering talks on Spirituality, demonstrating helpful techniques and providing introductions to different complementary health practices. Regular guest speakers. £10 to cover costs. *Details: 247openminds@gmail.com*

CAMBOURNE VOLUNTEERS R US

Bi-monthly Saturday morning meetings (10am-11am, The Hub) organised by volunteers who care about the Cambourne Community. Guest speakers. ALL welcome. Dates for 2016 diary: 27 February, 23 April, 25 June, 24 September, 26 November. *Details: Facebook 'Cambourne Information Sessions', @Cambourneinfosession CambourneVolunteersRUs@gmail.com*

WORDS FOR PLEASURE

Writers' group which meets on the first Thursday of the month in Cambourne Library at 1.30pm. *Details: Pat Callaghan 01954 718836, ask at the library or just turn up.*

PHOTOGRAPHY GROUP

From beginner to advanced, new members welcome. *Details: flickr.com/groups/cambournephotoaphygroup*

WATERCOLOUR CLASSES

The current class, meeting on a Wednesday morning, is currently full, but please get in touch if you are interested in joining an evening group on a Monday or Tuesday. *For more information, phone 01954 710858 or email fran@panrucker.eclipse.co.uk*

SUNDAY WALKS

Hopefully the weather will be equally kind on The next Sunday walk will be on 28th February. Meet as usual at the car park on School Lane at 10am, when we will decide where to walk. *For more details please contact Dave on 01954 202792 or e-mail david.ellis910@ntlworld.com*

FRIDAY WALKS

On Friday 12th February we plan to walk from Llammas Land to Grantchester, a walk of between 4 and 5 miles. Future walks include St Ives to Houghton Mill, Chesterton to Baits Bite Lock, returning via Fen Ditton, and a walk round Warseley Woods. We meet in the rear of the library at 10.15am. *Details: pam.hume@ntlworld.com or call Penny Flannagan on 01954 200126.*

WORLD WAR 2 AIRCRAFT CLUB

It is proposed that a WW2 Aircraft Club be started in Cambourne. This would be a non profit organisation which would be devoted to the study of WW2 aircraft in all theatres of the conflict. Meetings would be held in Cambourne once a month and the format would be based on a similar club at a previous location. *Those interested are welcome to contact Ian Cameron at 01954 269 173 (evenings).*

THE LINK

Sundays 4-6pm, The Vine Family Centre. If you enjoyed chatting with the team from the Deckchair Listening Project at Cambourne Fete or Meet the Neighbours events, come for a (nut-free) bring-and-share picnic with The Link. This intergenerational community gather on Sunday afternoons during term for craft and conversations about Big Questions, taking time for reflection as they 'explore community and where life-stories interweave with the stories of Jesus.' <http://bit.ly/DeckchairListeningProject>

WHAT'S ON

Tuesday 16 February 2016

Cambridgeshire Alliance for Independent Living presents Access All Areas
www.cambridgeshirealliance.org.uk/

Thursday 18 February, 12 noon – 3:30pm

CYP@Soul Family Funday

Come and join in the fun - we will make pizzas for lunch and enjoy a craft and games session. *Details: Jane Brooks, 07850961000 or officecyp@gmail.com*

20 February 2016, 10.30am - 3pm

Love Food Fair

Cambridge Central Library, 3rd Floor

Free event - tips on food, eating healthily, growing your own.

Saturday 20 February 2016

The Polka Dots & Feathers Winter Charity Circus Ball
www.facebook.com/events/778081895651358/

5th March (7pm) and 6th March (3pm)

Grease

Presented by Stagecoach Cambridge's Further Stages at Comberton Sports and Arts. £10 for adults and £8 for children (under 16) www.wegotickets.com/location/3764

Sunday 20 March 2016, 3.30 pm

Spring Concert, Phoenix Choral

Church of St Helena & St Mary, Church Lane, Bourn

Tickets include glass of fizz and canapés. £15 Adults £10 Concessions (under 16's free). Proceeds to the NSPCC and Bourn Church. Tickets from Bourn Village Shop and online: www.eventbrite.co.uk/e/spring-concert-tickets-20708610010

GROUPS

WI unveils 2016 programme



Twenty eight members of Cambourne WI enjoyed a New Year meal in January and are now ready to embark on new programme. Meetings are held in the Hub, at 7.30pm. The beginning of the year is a good time to join, the annual fee is £36. Visitors are always welcome at a cost of £4. (After 3 visits you will have to decide whether or not to join.) We also hold a coffee morning on the last Friday of each month, at 10.30am. This month it will be at Fran Panrucker's, 128 Greenhaze Lane, when we will be donating the £3 charge for cake and coffee to the Darts team.

The book group has a new contact: Jean Bell 10954 715697. They meet on the first Thursday of each month, at the Belfry, and would welcome new members. For more details on the WI contact Pam Hume, 01954 201808, or pam.hume@ntlworld.com

2016 WI PROGRAMME:

11 Feb: A Butterfly's Eye View, Dr Edgar Turner
 10 Mar: Tracing Lost Relatives, Robert Parker
 14 Apr (AGM): Making Button Necklaces, Jane Shaw
 12 May: Flower Arranging, Heather Northeast
 9 June: The Joys of Collecting, John and Rita Smith
 25 Jun: Annual Outing: Abbots Ripton Garden Show
 14 Jul: Social Evening
 11 Aug: The Story of Punch and Judy, John Savill
 8 Sep: The True Cost of Fish, Andy Malcolm
 13 Oct: Costumes, Accessories & Fascinators, Amanda Sutherland
 10 Nov: The Art of Bell Ringing, Tom Ridgman
 8 Dec: Christmas Social

CRAFTY OLD LADIES

The Crafty Old Ladies was started in October 2011. We meet fortnightly on Tuesday afternoons, from 2.30 until 4.30, in the Hub.

Since starting the group we have raised over £2,300 for charity; just over £700 of that last year. We could not do it without your help, and we'd like to say a huge THANK YOU to everyone who has supported us, at the summer fete, at the craft fair, or simply by purchasing a few items through members of the group.

Obviously we are also grateful to those who make, and donate, the items which we sell.

Are you interested in craft, have some knitting or sewing to do, or enjoy chatting about craft? Then come and join us. (We charge a small fee of £2 per session).

The next meeting is Tuesday 16th February: then 1st, 15th and 29th March, 12th and 26th April.

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- **Advice clinic** – contact Sue for more details
- **Dog life skills classes** – aimed at young dogs and/or recently adopted dogs.



Contact Sue on
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info@pet-positive.co.uk
www.pet-positive.co.uk

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SCHOOLS

Year 5 at Monkfield Primary School

it is business as normal at Monkfield Park. Straight away the creative juices were put into action. A challenge was set, the title; "Our World Is Beautiful". The children were given a pen, a piece of paper and allowed to immerse themselves in what makes their world beautiful. From the Aurora Borealis to daisy meadows, to a smile at the end of a long day, it was clear that the word beautiful was a word internationally understood and recognised. All entries will be submitted to the National Young Writer competition.

There is a bustle of energy around our Science topics at the moment, as the children help prepare for an 'enlightening' week during Science Week, that will echo for years to come



as we study our theme of Light and Sound. The school's new allotments are planted and we are ready to see the fruits of our labour!

Elsewhere in the school Year 2 are flying around the world, visiting the seven different continents and finding out what everyday life is like there. They have also been studying how important it is to recycle to keep our world beautiful and clean, allowing us to have a subject for our writing! Year 6 have been exploring the seas as Tudors, investigating how the world changed as mankind explored the world. Year 3 helped this by mapping out the desert areas of the world, learning about light and dark, lighting the way for explorers in education. Year 4 started their swimming classes at St Neot's Pool.

We had a successful 2015, finishing with a record number of children achieving 100% attendance.

Congratulations to Aquila Class for the best attendance in the Autumn term which stood at 99.01%. We look forward to 2016 being another fantastic year.



If you are a parent interested in a place for your child and would like to find out more about Monkfield Park Primary School and the exciting learning that goes on every day then Sarah Jarman, the Headteacher, would be delighted to hear from you. Please contact her via the school office on 01954 273377 or office@monkfieldpark.cambs.sch.uk

Back from the holidays at Monkfield Care & Learning Centre

We have welcomed our new children and their families to the pre-school and are enjoying getting to know them.

We have welcomed back our returning children and have enjoyed hearing about all the exciting things they did over the Christmas break.

It has been a busy start to the spring term with our exciting new 'Percy's Hut' imaginative and role play area, based on the books by Nick Butterworth, in one of our rooms. These books are about the adventures of "Percy the Park

Keeper". The children are enjoying being Percy and recreating some of the things he does such as enjoying a cup of tea, sharing his lunch with the animals as well as looking after them.

They are also engaging in art and craft activities as well as listening to and sharing the stories in both book form and on DVDs.

'The Rainbow Fish' by Marcus Pfister is a current theme in one of our other rooms and our youngest children are enjoying 'Monkey Puzzle' by Julia

Donaldson and Axel Scheffler.

The Care and Learning Centre will be closed for half-term, Monday 15th - Friday 19th February and will re-open on 22nd February.

A Holiday Club is available over half-term, details of which may be obtained from the office.

If you would like any further information please email us at clcoffice@monkfieldpark.cambs.sch.uk



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25th - 29th July - Coleridge Campus, Cambridge

1st - 5th August - Coleridge Campus, Cambridge

8th - 12th August - Cambourne Village College

15th - 19th August - Coleridge Campus, Cambridge

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SCHOOLS

Fundraising at the Vine

On the penultimate week before the Christmas holidays, Year 5 decided to do some amazing fundraising for their chosen charity the East Anglia's Children's Hospices (EACH). During this week, the children sold popcorn, held a mini fete with games and stalls and organised a Santa Fun Run.

The children sold popcorn for 20p at break times and the queue was extremely long! After school, for three days, we held our mini fete which consisted of four stalls. These included: Name the Teddy Bear, where you had to give our big, cuddly teddy bear a name and if your name was picked, the teddy bear was yours.

The Treasure hunt, where you had to guess where the treasure was buried on our pirate map and the lucky winner received a fabulous hamper. How many sweets? Where you had to guess the



amount of sweets in the jar, the closest winner won all 567 sweets. and Guess the teacher's Baby Photo where you had to try and match the teacher to their adorable baby photo.

Finally we held a Santa Fun Run, where everybody in the school, even pre-school, ran our course.

It took weeks of hard work and preparation to get all the activities ready for the children of the Vine and their parents to be able to get involved. We are so grateful to everybody who helped

us and generously donated. In total, we raised £517.10. We think this will make a big difference to the children's lives at EACH.



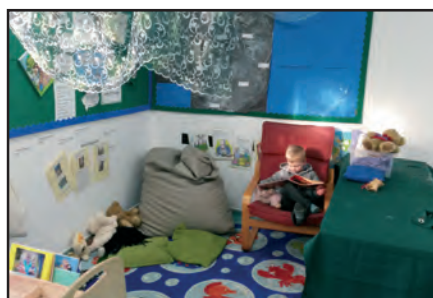
Exploring All Things 'Space': Cambourne Pre-School

At Cambourne Pre-school we have been concentrating on reorganizing our book corners to make them cozier for story time! We looked to the community for donations of cushions, chairs and seating and would like to say a big thank you for all of the donations we received, special thanks to: George Venos, Sally Porter and Tracey Collins.

We believe story time is a crucial form of learning that encourages listening and social skills, alongside verbal communication and giving opportunity for

children to express their ideas, feelings and opinions during the story.

We have used Tim Peake's journey to the space station to spend a week ex-



ploring all things 'Space'. The children shared video clips of take off and the space walk telling us their opinions, 'It's a Star Wars space station!' 'He can't walk he has to fly!' and waving at Tim!

Our new topic underway at Pre-School is looking at healthy eating and living.

We plan to undertake cooking activities with the children promoting healthy ingredients as well as physical activities and games to introduce the importance of healthy eating.

Cambourne Pre-School will be holding open days for September 2016 intake for 2, 3 and 4 year old children. These will be on Wednesday 10th February from 1.30-2.30pm and Friday 12th February from 10-11 am, in March on Monday 7th 1.30-2.30pm and Friday 11th, 10-11am. If parents would like to look around with their child/children please contact Pre-School to book a space. *Cambourne Pre-School, at The Blue School, Eastgate, Great Cambourne, CB23 6DZ Tel: 01954 715150 Email: cam.preschool@btinternet.com*

SCHOOLS

Cambourne Village College Development News

As the population of Cambourne continues to grow and our primary schools fill rapidly, the need to extend the accommodation at the Village College has become pressing. Originally built for an intake of 750 students, we are now working with the Local Authority on plans to increase the size of the College to accommodate 1050 students, with the building work planned to start in July 2016 and ready for occupation in September 2017.

As seen on the plan, the blue areas represent new buildings: a teaching wing including PE changing rooms, a Music Department, hall for dining and gathering, and DT workshops and Science labs. The orange areas are those being modified – the library and kitchen made larger, the Special Educational Needs Centre moving into bigger accommodation in the former Music rooms, another Art room, and lots more office space – these will enable us to continue to offer a first-class education for the children of Cambourne. The white area at the end of the school shows where a new performance hall might be built – we're still hoping that a source of funding for this will become available and would very much welcome any offers of help from the community.



We're also in the process of recruiting new staff who are crucial for our oldest students (Year 7) who begin their GCSE courses in September. Rehearsals for 'We Will Rock You' are in full swing for performance in early March; we look forward to receiving our German exchange students from Bad Hersfeld, and the first College ski-trip goes to Courmayeur, with Comberton students, at half term. For more information, please see our website www.cambournevc.org



Spring Concert


Phoenix Choral

Sunday 20th March 2016 3.30 pm
Church of St Helena & St Mary,
 Church Lane, Bourn CB23 2SG
 Tickets include glass of fizz and canapés
 £15 Adults £10 Concessions (under 16's free)
 All proceeds to the NSPCC and Bourn Church



Tickets on sale at **Bourn Village Shop** and on line
<https://www.eventbrite.co.uk/e/spring-concert-tickets-20708610010>

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Multi-Arts Community Space, 47-51 Norfolk Street, Cambridge

THURSDAY 9.45 – 10.45am

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For further information please contact Alison Thompson
t: 01954 267378 e: info@sunnysteps.co.uk
www.sunnysteps.co.uk

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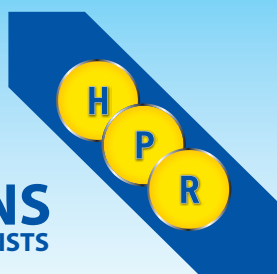
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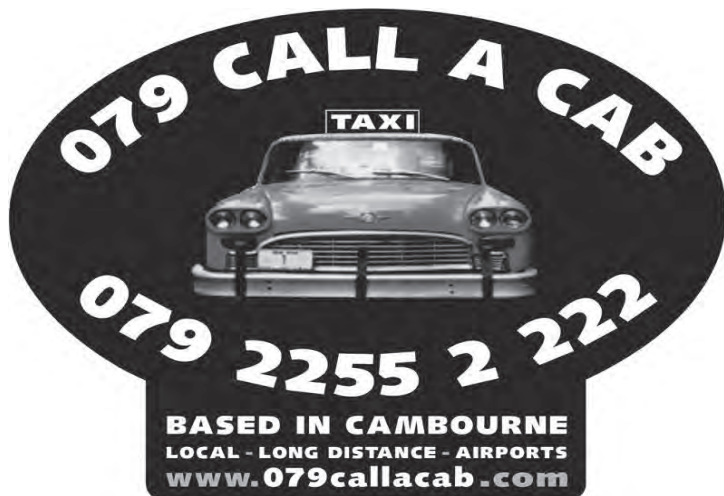
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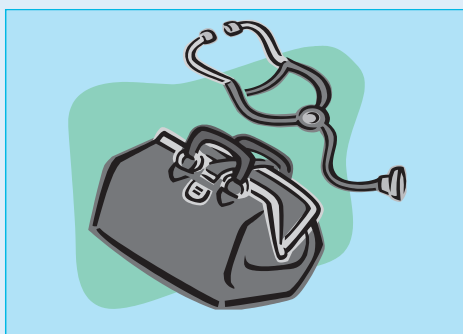
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If you would like to be involved with the Patient Participation group comment on our plans and contribute your ideas, send your interest and email address to h.crisford@nhs.net by 29th February 2016 and we will be in touch to advise on taking this further.

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SPORT

Cambourne Exiles RFC

Shelford V – 10: Cambourne Exiles 13

The Exiles' second fixture after the Christmas break saw them travel to local rivals Shelford for the second and final game against them in the 15/16 league. Despite a long warm up enabling them to get used to the freezing and muddy conditions the Exiles were slow to respond to a rejuvenated Shelford squad who have improved massively since the home fixture earlier in the season.

Scoring was opened by the Shelford captain Richard Cradock who ran in the home side's first try in the opening minutes of the game, this was followed by a conversion putting them 7 points to the good. The Exiles' scrum was characteristically dominant leading to the opposition to request uncontested scrums at a very early stage of the game. A penalty conceded in the Exiles' 22 allowed Shelford to end the first half with a 10 point advantage.



A half time talk from captain Josh Cox led to the Exiles starting the second half with a renewed vigour. A characteristic crashing run by Exiles stalwart Ben Yeats gained a significant amount of territory ultimately getting the Exiles into the Shelford 22 where a penalty lead to Yeats breaking through the defence and opening the Exiles' account. Following on from this, the Exiles' forwards continued to put pressure on their hosts and were soon rewarded with a try for Andy Soer, giving the Cambourne second row players a 100% scoring record for the day. This left the scores at 10 apiece with 20 minutes to go. Excellent defending from the backs stopped the home side from getting near the Exiles' line for the remainder of the game.

With just four minutes on the clock the Exiles were awarded

a penalty under the posts which number 9 Chris Wallis slotted home to give Cambourne a lead, which, despite significant pressure, they were not to give up for the remainder of the day.

Final score Shelford 10: Cambourne 13.

The Exiles are always looking for new players of all abilities and experience levels.



Cambourne Netball Club

As the Winter League continues into 2016 the Cambourne teams have returned to the netball courts and clocked up some impressive results. C4 put in an amazing team effort at their first game after the Christmas break, beating the opposition by two goals! C3 is currently top of division 4 and C2 have extended their lead in division 3 by 7 goals, having lost only one game out of nine played to date. C1 also won their first game of 2016 and remain mid-table in the County Premier League.

The junior teams have worked extremely hard in training and their efforts have paid off in match play. The under-14 squad beat their opposition 35-24 as they returned to the netball court in early January and, with a number of games still to play, they are feeling positive and motivated.

Both junior and senior netballers from Cambourne are excited to be travelling to the Copper Box Arena in London to watch England v Australia for the second game of a three-match series. Let's hope for a win - Come on England!

For further information on Cambourne Netball Club please email cambournenetball@googlemail.com.

CAMBOURNE BASKETBALL CLUB

We are now registering for the Year 5, 6, 7, 8 and 9 for two remaining terms in this academic year. We have very limited spaces available from 22nd of February. If you would like to give an opportunity to your children to learn a new sport, please contact Navid Ghomi on navid.ghomi@btinternet.com or text your details to 07449120976 for further information.

The indoor Sports Hall at Cambourne Village College will be the venue of the Cambourne Basketball club. It is aimed at young boys and girls of all abilities from Year 4 to Year 11.

We will be closely linked with Cambridge Cats which is the leading Junior Basketball Club in Cambridgeshire. Initially, the Cambridge Cats coaches will be running our coaching sessions. The club will offer an opportunity for the members to compete against several other teams in Cambridgeshire including Cambridge Cats. The very best and talented players will also be offered a place to play for Cats in the National Basketball League U14 and U16 age groups.



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Charity Silver Fish Match in Memory of Tony Brennan (Bonesy) Sunday 3rd July 2016

Tony sadly lost his battle with pancreatic Cancer aged 36 on the 18th August 2014.

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Tony was one of our members of Cambourne Fishing Club, so we were honoured to help Claire when she asked if we would commemorate Tony in some way and raise funds/awareness for such a worthy cause.

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CAMBOURNE TENNIS CLUB

The Winter league matches are almost complete.

Big congratulations to Ladies 1st Team for winning Division 4 with a match to spare.

Mixed 2 also look likely to win their division. Other teams have not done so well however Mens 1 had the privilege of getting beaten by British #10 David Rice (he played doubles at Wimbledon last year!).

Vets matches for over-45's have just started in January.

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SPORT

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Football Club

On a cold December morning, Cambourne Eagles teams had the opportunity to meet Heidi Allen, MP. It was a pleasure for our players to meet their local MP.

Eagles are now an official Partner Club of Cambridge United FC. The club will benefit from support such as visits to matches, coach mentoring and training session planning.

Our Academy has been up and running since before Christmas run by Adam and Steve.

The Academy offers 'football & fun' for Reception and year 1 children. Please contact us if your child is interested in joining us.

Reds u7's have just completed their first ever mini soccer league season. We're looking forward to welcoming Dougie back after a broken wrist halfway through the season and we're ready for the season to start at the end of January.

Under 9 Reds have had a gruelling start to the second part of the season! We are still yet to run the rustiness out of legs



Cambourne Eagles have launched their new Academy

from the Christmas festivities. That said the muddy pitches have been great fun and well done to Zach Cornwell our goalkeeper for winning the muddiest player award.

Under 11's battled courageously during the first half of the season, improving skills and teamwork. Amazing first goals for Tate and Liam in the past 2 matches.

Under 12's are having a fantastic season and currently sit at the top of their league table. All of the boys are playing some amazing football

and making Player of the Season are very hard fought contest! Some really tough games coming up to make sure we stay we are but if the team play the way they are then the coaches will remain very happy.

Under 13's have shown a marked improvement in performances since Christmas despite registering two defeats. The hard work in training is showing dividends and it is only a matter of time until results begin to reflect this. Keep up the good work boys!



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After Soccer School, Cambourne FC has mixed teams from U7 up to U13s, and girls teams at U9s, U11s and U13s.

We highlight several teams below:

U8s – The team is having a storming season, showing brilliant skills on the pitch, resulting in excellent football. A real delight to watch.

U11Ws – A fantastic bunch of boys and girls with bags of talent and team spirit, the Whites head into the second half of the season with much to look forward to.

U12s – A terrific season so far: currently 3rd in the League but with games in hand over the leaders. Harry Downes is top scorer with 13 goals in 11 appearances.

Girls football continues to grow. The U11s and U13s both have good squads now but we'd love to have a few more girls from Years 3 and 4 in order to build the team out further at U9s.

Training sessions are girls only and lots of fun, so please get in touch and join in.

If you would like to know more about any of the above, please contact cambournefc@gmail.com.

COMMUNITY



CAMBOURNE OPEN GARDENS 2016

Cambourne Open Gardens 2016 will take place on the weekend of 2-3 July, from 11am-5pm, with gardens in Great and Upper Cambourne open on the Saturday, and those in Lower Cambourne on the Sunday.

Some gardeners have already signed up, but it would be great to have a lot more. Gardens as 'works in progress' are just as interesting as those that are more established and small gardens can have as much - or more - to offer as big ones. If you have something different to offer – a train set; tea and cakes; an interesting collection of something; or anything else that might be of interest – please let us know.

For more information please get in touch with Pam on 01954 201808 or email pam.hume@ntlworld.com

Paul Jordan gets in training for 24-hour charity bike ride

Paul Jordan of Upper Cambourne is undertaking a gruelling 310 mile cycle ride later this year to raise money for Macmillan Cancer Support.

The challenge, called Ride 24, will take place on 20 August and will see participants cycling from Newcastle upon Tyne to London - in just 24 hours.

"My fiancé and I have recently learned of two family members who have been diagnosed with cancer," said Paul.

"Although we give regularly to various charities, I have always wanted to do more by challenging myself and making a real effort to help fund some amazing charities. Macmillan Cancer Support is obviously a personal choice due to family circumstances.

"I am 45 years old and although I do cycle for leisure and to work, I have only previously cycled a maximum of 30 miles. I'll now be slowly increasing to 100 miles to build the strength, fitness and endurance required to cycle 310 miles in 24 hours. This is going to be a huge personal challenge for me, but it is for such a worthy cause that it's a small sacrifice to make.



"I would hugely appreciate sponsorship from anyone who is willing and able to help me raise as much money for this fantastic charity as I possibly can, as anyone can be affected by cancer or know somebody who is."

If you would like to support Paul, you can sponsor him online here: www.justgiving.com/1paul-jordan

Valentine's messages

To Pooh Bear,
I love you.
Piglet xxx

To the most amazing
wife and mummy,
we love you to the
moon and back.
T,A&A x

To my wonderful
husband Mark, Happy
Valentine's day babe.
I love u so much.
Love Lou. XxX

Happy Valentine's
my Boo, love from
Squidgey. X

To my Buzz
Lightyear, love you
to infinity and
beyond! Cx

To P,
Love you loads!
Mx

To Prince Charming,
thank you for rescuing
me from the tower! I'll
be yours forever.
Rapunzel. X

Happy Valentine's to my
gorgeous fiancé Luke and
thanks for being the best
daddy to our beautiful
baby Dottie. X