

CAMBOURNE CRIER

www.cambournecrier.org
editorial@cambournecrier.org

How would you improve Cambourne?



Following the success of the “Ideas Wall” consultation at the Community Fete, where more than 400 people suggested one way in which Cambourne could be improved, the Parish Plan Steering Committee has been analysing what you had to say.

The Cambourne Parish Plan will aim to set out how we as a community want Cambourne to develop over the next 10 years and the actions needed to move towards that vision.

For younger people (under 16), the overwhelming improvement suggested was the provision of a swimming pool - which accounted for 32 per cent of the ideas put forward on the day. Twenty-one per cent wanted more outdoor play areas/sport facilities and 9 per cent wanted more shops, restaurants and cafés. A post office (8 per cent) was a popular idea, while other ideas ranged from a cinema, animal shelter and theme park, to mediation and more availability at the GP practice.

Among adults, 19 per cent suggested a swimming pool, 16 per cent a post office, 6 per cent more high street shops, 5 per cent better GP provision,

4 per cent better bus/public transport links and 4 per cent another pub.

Thirteen per cent of the ideas suggested transport should be improved - including better links to train stations in St. Neots, Cambridge and Huntingdon; for Cambourne to have a train station; cheaper bus fares and better cycle links

IDEAS FROM THE WALL

YOUNG PEOPLE

32% suggested a swimming pool

21% would like more outdoor play areas /sports facilities

9% said more shops, restaurants & cafes

8% said a post office

ADULTS

19% suggested a swimming pool

16% would like a post office

6% want more high street shops

5% said better GP provision

4% would like better bus / public transport links

4% want another pub

to Cambridge. Eight per cent commented in relation to activities and facilities for children such as soft play, a lido-type paddling pool and a venue for young people. Five per cent referred to more pedestrian crossings, yellow lines, resident parking and exit roads. Finally, 3 per cent of the ideas concerned “no more housing” and keeping a village feel to Cambourne along with building infrastructure first, before housing.

Are you surprised by what people had to say? Did you miss out on the opportunity to share your views? Would you like to get involved, or just find out more about the Cambourne Parish Plan? Email info.parishplan@cambourneparishcouncil.gov.uk.

• This is just the start, the suggestions from the ideas wall are being used to help compile the parish wide survey - a questionnaire launching in spring 2016 which all residents will be invited and encouraged to complete, so you can have your say in the future of Cambourne. More details will be revealed over the coming months in the Cambourne Crier.

CAMBOURNE CRIER

The Cambourne Crier is compiled by volunteers. This month's editors were:

Tim Nash, Donavan Bangs, Sophie Taylor and Renata Kovács

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Editorial submissions:

Submissions for the Cambourne Crier must be received by 9pm on the 19th of the month.

Please email articles and photographs to

editorial@cambournecrier.org

Photographs must be print quality and should be sent as separate images, not embedded within the text of your submission. By submitting photographs you confirm you have the photographer's permission for us to print them. For more details, visit www.cambournecrier.org

GET INVOLVED!

If you can spare a few hours each month, have access to a PC and the internet and would like to join the editorial team, please get in touch.

CRIER COMMUNITY FUND

The Cambourne Crier operates a community fund which enables us to make grants and donations to local clubs, societies or causes. Grants are normally given towards items for use throughout the year.

Do you need new equipment for your group?

Or are you thinking of setting up a new group and need some funding to get going?

Contact pam.hume@ntlworld.com or download the application form at www.cambournecrier.org

Cambourne Community Car Scheme

The Community Car Scheme provides door to door transport for residents of Cambourne, Caxton and Papworth who are unable to use public transport. The service is provided seven days a week by local volunteers in their own cars who have undergone police checks and carry identity badges. Preference is given for appointments at doctors, hospitals, dentists and opticians but we welcome requests for visits to social clubs and outings. To request transport please either email cambournecarscheme@gmail.com or call (07858) 933230. Typical costs for single or return journeys from Cambourne are: Addenbrookes £9 and Cambridge / St Neots around £7. Local journeys within Cambourne are £2.50 and for those unable to walk we are happy to provide transport to the medical practice and dentist.

Taxi card scheme

If you have difficulty getting around, are unable to take a bus and have no access to a car, the developer-funded Taxi Card scheme is a little used benefit to Cambourne residents. It gives access to a taxi at 30 per cent of the normal fare. Buying vouchers in advance, they are used in the same way as cash. For a list of participating taxi companies call 0345 045 1151 or email: community.transport@cambridgeshire.gov.uk

St Neots bus service

The Whippet bus now runs Mondays to Fridays, leaving at 9.55am (from outside Morrisons) and returning at 1.20pm. (It is the No. 6).

The journey is direct, travelling along the A428 and takes 30 minutes, leaving a good length of time in St Neots. There is also a service to St Ives, and to Huntingdon. More information can be obtained from www.go-whippet.co.uk/routes-timetables/local-routes/

Police Contact Point

The Police Contact Point will be operating at Morrisons supermarket on:

Friday 11 November – 10am to Midday

Saturday 28 November – 2pm to 4pm

Friday 11 December – 4pm to 6pm

Monday 21 December – 10am to Midday

If you would like an officer to contact you, please leave your name and details on the cards provided and put them into the police letter box.

Waste and recycling collections

Black bin:

Thursdays 19 November, 3 December

Blue bin, paper caddy, green bin:

Thursdays 12 & 26 November, 10 December

- Bins will be collected a day or two later (Fridays or Saturday) on weeks containing a bank holiday.

- Bulky household items by arrangement.

- There is a charge of £30 for the first three items and £5 per extra item.

CAMBOURNE LIBRARY

On 26 September, a medal ceremony took place at the library for the Summer Reading Challenge and many young children attended with their families to receive their certificates and medals.

"It was evident by the beaming faces of children that the hard work of the Cambourne Library staff and volunteers turned out to be very productive and inspirational for the children," said Dr Ghazala Mehboob, Councillor, Cambourne Parish Council, who attended the ceremony.

"Summer reading programmes in public libraries encourage the children to read as these programs take special needs into account and make adjustments for individual children. I hope that more and more children will benefit from these programs in the years to come."

FREE LIBRARY EVENTS

Engage in the Afternoon: Wed 4 November 2 – 3.30pm.

"AN UNEXPECTED JOURNEY" Life in the Colonies at Empires End: A Woman's Role by Magaret Reardon. – Talk by Kate Armstrong and Margaret Reardon on their book. No need to book. Refreshments are provided. All welcome.

Alternate Rhyme Time and Story times:

every Friday from 9.30 – 10am. Come along and join the fun.



Mandy Coleman, Dr Ghazala Mehboob and April Cross

Cambourne Lunch Bunch Reading Group:

Meeting at the library on Weds 11 November at 12.30pm.

Job Centre Plus – Weds 18 November at 1.30pm.

LIBRARY OPENING TIMES

Mon: 9am-5pm; Tues: 9am-1pm; Wed: Closed; Thurs: 4-7pm
Fri: 9am-5pm; Sat: 9am-1pm; Reception (M-F): 9am-5.30pm.

If you know anyone who is housebound for any reason why not enquire about our Library at Home service. We can arrange for a volunteer to visit you at home and deliver books (in large print if needed).

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Cambourne Parish Council
District of South Cambridgeshire



New Parish Buildings

Building work has commenced on two new Parish buildings.

The new Parish Offices adjoining The Hub and the new Cricket Pavilion on Great Cambourne Cricket Wicket.

Both buildings have been funded by s106 monies from the developers and are due to be complete in February 2016.

The Parish Offices will provide the Parish Council office staff with purpose built accommodation after ten years in a temporary office. The accommodation comprises offices, a meeting room and storage, as well as much anticipated windows!

The Cricket Pavilion will provide Cambourne Cricket Club with a much needed building at the Great Cambourne Cricket Wicket and it will become their home base.

The Pavilion is being constructed to be able to be used all year round and will be available to hire for community groups and private bookings.



Cambourne Information Sessions

The next Cambourne Info Session will be held in the Hub meeting room from 10am to 11am on Saturday 5th December – "Healthcare"

If you would like to help us organise these Info Sessions (we are all residents like you), then please request to join www.facebook.com/groups/CambourneVolunteersRUs.

We would love your help whether it's from behind a computer, distributing leaflets or on the day; it can be five minutes, 1 hour or more. As long as you want to help, then you'll be welcome!

Blue School

Cambourne Parish Council are currently in the process of obtaining a lease for the use of the Blue School from Cambridgeshire County Council until August 2016. During this time the rooms within the building will be available to hire. For more information please contact the Parish Office on 01954 714403 or email bookings@cambourneparishcouncil.gov.uk

Allotments

We currently have two allotment plots that are designated as accessible for disabled users, one at our Crow Hill site in Great Cambourne and one at our Brace Dein site in Upper Cambourne. If you are registered disabled and are interested in either of these plots please contact Jessica Lydon at the Parish

Office on 01954 714403 or email bookings@cambourneparishcouncil.gov.uk For all other plots there is currently a waiting list so please contact Jessica to be added to the list.

Calendar of Meetings

3 November 2015, 7.00pm:

Planning and Council

17 November 2015, 7.00pm:

Planning, Leisure & Amenities

2 December 2015, 7.00pm:

Planning and Council

- Residents are welcome to address the meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Parish Clerk at least 10 days beforehand so that the item can be added if necessary.

The Parish Office: The Hub, High Street, Cambourne, Cambridge CB23 6GW.

Open 9am to 5pm Monday to Thursday and 9am to 4pm on Fridays.

Telephone 01954 714403. John Vickery, the Parish Clerk can be contacted on: clerk@cambourneparishcouncil.gov.uk

For all other enquiries please email: bookings@cambourneparishcouncil.gov.uk

MEDICAL PRACTICE**Monkfield Medical Practice****PRACTICE CLOSURE**

The Practice will be closed on Thursday 26 November from 1pm for staff training. If you require urgent medical care during this time, please call the usual surgery number and your call will be diverted to the out of hours service. We will open as normal on Friday morning.

SMOKING CESSATION CLINIC

We are holding a weekly smoking cessation clinic from 3-6pm on Mondays. The clinic will be run by Brigitte McCormack, an advisor from the CAMQUIT service. If you would like help to stop smoking please ask to book an appointment with Brigitte – initial appointments will be 30 minutes with 15 minute follow-ups. If Mondays are not convenient our Practice Nurses and our Senior Health Care Assistant, can also offer smoking cessation advice. Please ask to book a convenient slot with one of them. Don't delay! Get on the road to quitting now!

Urgent need for Volunteer Visitors for Age UK Cambridgeshire

An SOS has gone out to find volunteers to be part of the Age UK Cambridgeshire Visiting Scheme; which offers support to people who are lonely and isolated in later life. Age UK Cambridgeshire has clients in the Cambridge area who are waiting to be matched with a volunteer to visit, and it is keen to hear from Cambourne Crier readers.

Volunteers play an important part in helping to support and enhance people's lives in many ways and they in turn receive satisfaction from the role. Each volunteer can make a difference by visiting someone once a week for an hour. It could be for a chat, cup of tea, game of cards or perhaps a trip out.

If you have some free time and are interested then please contact Mrs Dee Potter, Volunteer Organiser, through the Age UK Helpline 0300 666 9860 or email dee.potter@ageukcambridgeshire.org.uk

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HEALTH NEWS



Movember: Men's Health

If you are seeing lots of men with moustaches in November they may be supporting the Movember Foundation, a charity dedicated to men's health. Two of their key focuses are on:

Prostate cancer: The prostate is a gland only found in men located below the bladder. Risk of prostate cancer increases with age and in those with a father or brother with the disease. Early on, prostate cancers may not cause problems. However, symptoms can include problems in passing urine such as going more frequently, pain, trouble starting or stopping or weak flow. Some of these problems may occur in normal ageing but should still be reported to your doctor. There may also be difficulty or pain in normal sexual function or abnormal bleeding.

Testicular cancer: Testicular cancer is most common in young men aged 15 to 40 years, in particular those with a brother or father with the disease. There may be no symptoms, however signs to watch for include changes or pain in the testicles or the scrotum including change in size or shape or a swelling or lump which may be painless. There may be other causes but these symptoms should always be reported to your doctor. Regular self-examination of the testicles is important in identifying what is 'normal' or if something is out of the ordinary.

Catherine Price RN,
Cambourne Parish Nursing Service
nurse@cambournechurch.org.uk

HEIDI ALLEN MP



Monkfield primary school is 'first class'

Even though Parliament's recess is now over, I am still getting out and about in the constituency. At Monkfield Primary in Cambourne, it was evident why they had won the Cambridge Evening News Primary School of the Year from the moment I walked through the door. I don't think I have ever seen children so engaged, from cross curricular working to an entire lesson conducted in Spanish. The teaching at Monkfield truly is first class and all the staff and head should be tremendously proud of what they have achieved at this shining example of a school.

I am so grateful for the opportunity to have seen one of South Cambridgeshire's finest schools in action.

I have extended an invite to the pupils at Monkfield to come and visit me in Parliament.

The following week I scrubbed up and visited Papworth Hospital just days after its cardiothoracic surgeons were announced as some of the best in the country.

It very quickly became clear to me why local people are so proud of Papworth. When compassion, skill, technology and science come together, you create something very special and I saw that in action.

Although the challenges that our NHS face are huge, both operationally and financially I have committed to working with them in partnership to ensure they get the support they need to carry on delivering 1st class services. We are in this together.

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COMMUNITY

The Big Draw 2015 draws big crowd



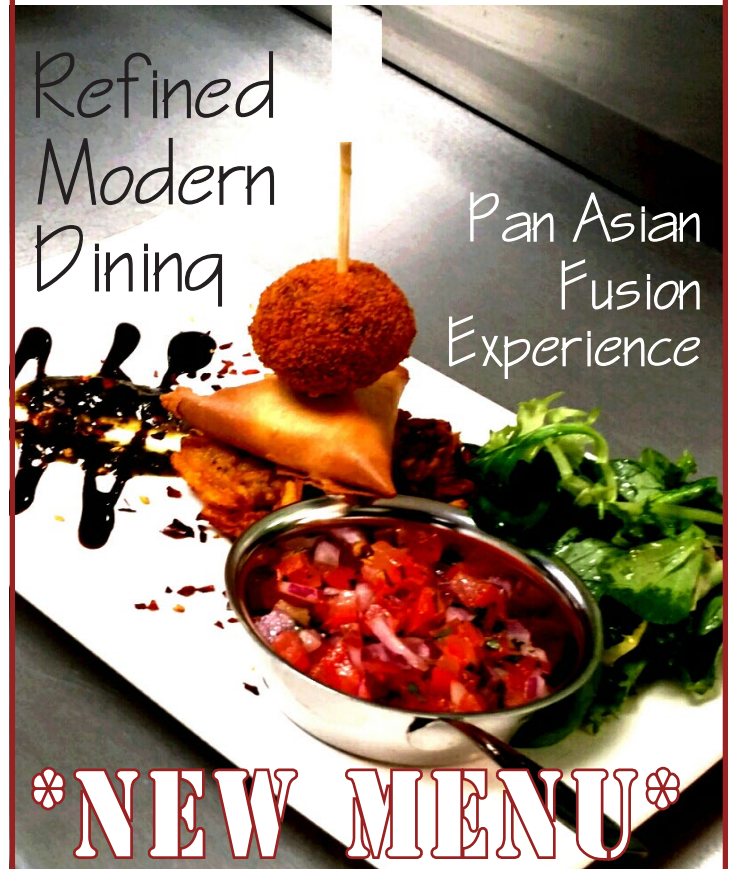
The Big Draw event on Saturday October 24th was an enjoyable and successful afternoon for both the organisers and participants. Over 160 people attended over the afternoon, many of them staying for the whole time, turning their hand to a variety of art and craft activities including: a 'Banksy' wall; cartoons; a story on a plate; consequence characters; an embroidery story and others.

It was great to see both children and adults having a go, and with not a mobile phone to be seen!

The organisers would like to thank the Cambourne Crier for their generous support in enabling the Big Draw to be a free community event.



CELEBRATING NINE YEARS



To celebrate nine great years in Papworth Everard we have introduced a new Restaurant Menu which offers a range and fusion of Pan Asian flavours to give the ultimate experience in Asian cooking.

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WILDLIFE TRUST



Bedfordshire Cambridgeshire Northamptonshire

The Greater Cambridge City Deal (a partnership between three local councils, the Local Enterprise Partnership and Cambridge University) has published options for improving bus journeys between Cambourne and Cambridge.

The Wildlife Trust supports moves to encourage more public transport and cycling. However, we were dismayed to see the consultation document includes routes that threaten three nationally important areas for wildlife.

These Sites of Special Scientific Interest (SSSI) include two ancient woods and a number of other locally important wildlife sites could also be under threat.

The routes at this stage are indicative but Option Area 2 South appears to go through Caldecote Meadows SSSI and our own Hardwick Wood nature reserve, an ancient woodland and SSSI.

Option Area 1 North and the potential re-location of Madingley Park & Ride site threaten Madingley Wood SSSI, also an ancient woodland.

The Trust will be strongly objecting to these two route options and demanding that the City Deal partners properly consider the impacts on wildlife and the natural environment before selecting any preferred options.

We know that many local people will have strong views one way or another, but we ask that as many people as possible object to the options which could damage a SSSI or ancient woodland.

Please take action by responding to the consultation before 23 November with the following points:

- Strongly object to Options Area 1 North and Area 2 South because these routes directly threaten ancient woods and SSSIs
- Ask that the City Deal Executive Board consider impacts on important wildlife sites before they select any preferred options

To find out how to respond please go to
www.wildlifebcn.org/buslink

TEEN ADVICE

How to survive school when it's all too much

It's that time of year again: the novelty of a new school year has worn off, the work has begun to pile up, the weather is getting dreary and your social life seems to be going down the drain.

Ever wanted a pause button so that you can gather the straggling limbs of your life back together? Well here are a few ways that you can make sure you are at the top of the game in school and not lose out on life when it all feels too busy.

1. Bathe, bathe, bathe. Nothing feels better than a bit of you-time in the evening. If you're stressed out to the point that you are being unproductive, run a warm bath with bubbles and spend an hour doing sweet nothing. It calms your mind and you'll feel rejuvenated! (Also, who doesn't like baths? Feeling stressed is a perfect excuse for one)
2. Exercise is key to keeping your body and mind in sync with each other, and is a great focus boost. If you too arrive home from school and your bed is the first place you go, cut the habit and put on a pair of trainers- an hour run or cycle will leave you feeling refreshed and ready to carry on with the day. (This is also a good idea before you leave for school.) As well as this, a balanced diet will get you through the day, along with plenty of water.
3. Make lists (as I am doing now). It aids in the organisation of time and you have the satisfaction of ticking it off once you've finished! List in order of priority: for example homework due tomorrow would come before anything else that evening, and work that you know should take a long time to complete will need higher priority.
4. SLEEP! This one is so important, you need at least 8 hours sleep each night to stop you from falling asleep in school. Being on your phone right before bed will keep you awake - you know it's true. Stop it.
5. Make plans with your friends so that you have something to look forward to, this is even more satisfying than ticking something off your checklist and is a good way to keep your social life intact. Try to avoid using social media sites when you are supposed to be working, setting time aside each evening to talk to people helps you to work much more effectively.

GET IN TOUCH

If you have any comments, questions or suggestions about the green spaces in Cambourne please get in touch. Email: jenny.mackay@wildlifebcn.org Call: 01954 713516 or call the main office number 713500 if urgent. Find us on www.facebook.com/wildlifebcn and Twitter @wildlifebcn. To find out more about your local Wildlife Trust, what we offer in Cambourne and how you can support us, please visit www.wildlifebcn.org



Peacehaven Baptist Church

COME AND WORSHIP WITH US

Meeting at Cambourne Community Centre, (The Hub),
High Street, Great Cambourne, CB23 6GW

SUNDAY MORNINGS - 10 AM

SUNDAY MORNINGS - 11 AM

WEDNESDAY EVENINGS - 7 PM

Children's Sunday School & Adult Bible Studies (Hub)

Children's Church & Morning Worship (Hub)

Bible Study & Prayer Service (Pastor's home)

Pastor Donavan Bangs 01954 710510 PeacehavenBC@aol.com www.peacehavenbc.org.uk



Pastoral Thoughts

Dear Friends,

I experienced a loss this past month. My computer hard drive died. I kept some backups, but it was still very difficult to deal with as many things will not restore properly as since I had to reinstall the OS it thought it was a different computer and the settings were off. Also, installing many years worth of updates took a long time. Here is my advice. Do not just back up, but save an image of your drive. A precise reflection of all that is on there that way restoration would be easy and it should operate in the same way as the

original drive did. A copy with everything in place and functional.

Now what does that have to do with church? Well nothing directly, but it did cause me to ponder if are we good images that is reflections of Christ? Do we operate in the way we should? If things go wrong we do not need to start again from nothing, but we are restored back to fellowship with confession to God of our sin and repentance that is turning from those sins as they had already been forgiven at calvary. Restoration is simple and yes there may be some loss but never complete because in Christ we know Jesus saves.

The distribution seems to have gone well for the John and Romans. We have had a few more visitors over the past few weeks who enjoy the Biblical preaching without so much of the political correctness that seems to have strangled real communication in our society.

We are looking forward to our Christmas celebrations. As we remember that it is not about us giving each other gifts, but we getting that gift of a Saviour in Bethlehem so long ago. And we also like the shepherds tell the world about Him.

Pastor Donavan Bangs



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CAMBOURNE CATHOLIC CHURCH

This year we celebrate the National Catholic Evangelization.

The Lord wants to use us to lead many to believe in Him.

He gives us the power to bear much fruit. If we will fall to the earth and die like grains of wheat, we will bear much fruit (Jn 12:24).

No matter how limited or inadequate we may feel, we will lead many to believe in Jesus if we love people enough to bear our "share of the hardship which the gospel entails" (2 Tm 1:8) and continually "carry about in our bodies the dying of Jesus" (2 Cor 4:10). Love, suffer, and bear fruit abundantly (see Jn 15:5).

As a parish we are trying to provide people with opportunities for a personal encounter with Jesus Christ.

We would like to welcome all those who have been away from the Church and possibly thinking about coming back.

Do you know someone who wants to come home to the Catholic Church, but is struggling with their faith? Maybe you or someone you know has experienced one of these thoughts:

- I grew up Catholic, but for some reason I just sort of stopped going to Church...
- I just moved to a new city, I tried going to a couple different parishes, but I never really felt welcomed...
- After my marriage ended, I felt uncomfortable around my family, friends and parish...
- I just don't understand why the Church

teaches what it does! Some teachings seem so outdated...

- I tried to contact my parish about getting married but no one got back to me...

If you have experienced one of these situations or thoughts you are not alone. The Church wants you to know that you are a child of God, called by name, precious in his eyes and loved by him (Is. 43:1,4). The Church also wants you to know that you are missed. When one member of the Body of Christ suffers, the entire Body of the Church suffers. We invite you to join us on Saturday!

Cambourne Catholic Church, meeting at Cambourne Church

Saturday Evenings – 17:00 Hr Mass (inc children's liturgy)

First Saturday of the month -16:20 Rosary

First Sunday of the Month -19:30 Praise and worship (Churches together)

Check also our Facebook page for details of Adoration, confessions, sacramental preparations and social and youth events

Christmas is coming...
it's not too late to be good!



Sheryl now

Feel good about yourself this season and change your life for the better.

Contact me today so I can help you on your weight loss journey.

Sheryl before

6 STONE LOST

* The weight lost and time frames are particular to this slimmer. Everyone's weight loss journey is unique to them.

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Cambourne Church

A partnership of the

Church of England, Baptist, Methodist & United Reformed Church

Service times: Sunday 9.30 & 11.00am (except 1st Sunday in month)

1st Sunday in month: 10.00am Service and 7.30pm Praise and Worship Service

2nd Sunday in month: Holy Communion at 9.30 and 11am services

3rd Sunday in month: Christ in Quiet service at 7.45pm www.cambournechurch.org.uk



Within the book of Leviticus we read:

"The Foreigners residing among you must be treated as your native born. Love them as yourself, for you were foreigners in Egypt. I am the Lord your God." Leviticus 19.34

The plight of the migrants fleeing from Syria and other regimes to the shores of Europe has caught our minds in a way many other profound news items have failed to do. It seems that this is an issue which has reached beyond the arena of political debate about capacity and economic vs genuine migrants (often a flawed distinction) and witness a response based on seeking to value the intrinsic worth and dignity of all people. Whatever our political perspectives might be, the risk taking of those crossing treacherous seas putting life in jeopardy is for me a powerful vindication of what they are leaving behind and an indication of the hope of a better future. Hope is such a powerful life force.

And as thousands of migrants arrive in makeshift boats on the shores of Europe or gather in camps in Calais, I find myself wondering what their perspective might be and where God might in their outlook. John in the book of revelation was granted a vision of the new heaven and earth that is to come. I wonder what a migrant's vision of life is having fled violence, persecution and conflict, I wonder if amidst the unsettlement, hope remains their driving force.

Perhaps what has encouraged me most has been the response of many, of vicars acting as chaplains in Calais to the migrant camps, of doctors and dentists travelling to provide care and of the general public responding by supplying clothing and hygiene products in significant numbers. Is it beyond the scope of God's purpose that crises like these may break down the cultural barriers that so often divide us and welcome people in love and acceptance.

Matthew Trick, Minister of Cambourne Church

GROWING UP

October saw the first Grow - a termly discussion forum aimed at supporting all who are passionate about discipling our children. It is open to all - grandparents, godparents, children's/youth workers as well as parents, and is intended to welcome people from other churches as well as our own. Each term we will have a main topic of discussion, and a section resourcing you for the upcoming Christian festivals, including a bookstall. We had 3 churches represented, and had a stimulating discussion around Halloween, and what our Christian response could be resulting in some concrete ideas of things to do with our children. We also explored developing traditions to support the celebration of advent and Christmas.



SPECIAL SUNDAY SERVICES IN NOVEMBER

Sunday the 8th of November is remembrance Sunday. There will be a service at 10.45am at Cambourne church. The uniformed organisations will be leaving from outside the Monkfield arms at 9.15am to parade towards the church.

West of Cambridge Church Joint Service is on Sunday the 22nd November at Comberton Leisure from 10:30 - 11.45am. Come and join us for a morning of sung worship, prayer and a talk from Dr Rowan Williams followed by refreshments. A crèche and a session for primary school age will be provided.

FATHER'S AND CHILDREN'S BREAKFAST

8.30 -10.30am at 19 the coffee house, Cambourne Church

First Saturday of every month.

It would be great to see any dads with their kids for a bacon roll, toast or just a coffee. Breakfast

is free although donations are welcome. Next

Meetings: 7th November, 5th December. Contact Gerald:

07902 225678 gdc.draughting@btconnect.com

19 The Coffee House is open weekdays:

8.45am- 2pm Mon- Thurs; 8.45am-12pm Friday



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LOCAL GROUPS

CAMBOURNE TIMEBANK

Local scheme to exchange time and skills for free. Meets every Wednesday 10am in café 19. *Details: Laura Papanikolaou, lpap@chsgroup.org.uk, 07540 122624*

OPEN MINDS

Meeting on the first Tuesday of each month, 7pm-9pm, we will be offering talks on Spirituality, demonstrating helpful techniques and providing introductions to different complementary health practices. Regular guest speakers. £10 to cover costs. Open evening in December. *Details: 247openminds@gmail.com*

WORDS FOR PLEASURE

Writers' group which meets on the first Thursday of the month in Cambourne Library at 1.30pm. *Details: Pat Callaghan 01954 718836, ask at the library or just turn up.*

WATERCOLOUR CLASSES

With local artist and experienced teacher. Not suitable for complete beginners. *Details: fran@panrucker.eclipse.co.uk*

PHOTOGRAPHY GROUP

From beginner to advanced, new members welcome.

Details: Nicola Marriott 07811 154901

[flickr.com/groups/cambournephoto](https://www.flickr.com/groups/cambournephoto)

ART EXPLORERS FOR ADULTS

A range of art and craft activities. Beginners very welcome.

Details: artexplorerscambridge@gmail.com

CAMBOURNE WI

On 12 November Clare Mulley will give a talk entitled 'A war-time heroine', 7.30 pm at The Hub. Visitors always welcome. Coffee morning, 10.30am, 27 November, in Greens coffee shop. The WI book group meet at the Belfry on the first Thursday of the month. *Details: Fran Panrucker, 01954 710858.* The darts group are in the process of putting together a team for next year's tournament. *Contact Joan Roe, 200908 for details.* For more details about Cambourne WI, contact pam.hume@ntlworld.com, or Joan Roe.

SUNDAY WALKS

Join us on the last Sunday of each month for a local walk. Next walk Sunday 29 November. Meet at Monks Wood car park, School Lane at 10am. *Details: david.ellis@ntlworld.com*

FRIDAY WALKS

On 13 November we'll walk from Chesterton in Cambridge to Fen Ditton via Baits Bite lock. (5 miles). *Details pam.hume@ntlworld.com or Penny Flannagan on 01954 200126.*

CAMBOURNE 123s

Fun and friendly toddler group Meeting Fridays from 10-11.30am at the Sports and Social Club. Cost £2 per child (extra children 50p, siblings under 1 free).

WHAT'S ON

WINTER WONDERLAND

Saturday 7 November 2015, 1pm - 5pm, The Hub

Free entry: crafts, games, raffle, prizes, food, fun!

Bring your family along for a fun day of craft and activities.

Parental supervision required.

FIREWORKS

Saturday 7 November 2015, from 6pm, fireworks at 7.30pm

Funfair, food stalls, licensed bar, supervised sparkler area, mulled wine, Red Cross first aiders on the football fields in Upper Cambourne. Parking limited, please walk if you can.

CAMBOURNE NETWORK MEETING

Wednesday 11 November, Marketing Suite on Cambourne Business Park, 8.30-10am

Web developer Nick Annies will introduce the Cambridge Business Directory.

CELEBRATE DIWALI

Saturday 14 November, 5pm, Cambourne Village College

Fun filled evening with Luxmi Puja & Cultural Programs.

Auth. Indian Dinner (Veg). Open Dance Floor. Adult: £20,

children (5-15): £10, children under 5 free. Members get discounted entry fees. For entry and membership please contact CCS!

ART AND CRAFT SALE

Sunday 15 November, 11-4pm, Longstowe Village Hall

Free Admission. Refreshments available. Email

longstoweartgroup@outlook.com for details.

CHRISTMAS LIGHTS SWITCH ON

Saturday 28 November 2015, 5-7pm, Market Square

Brass band, free mince pies, free mulled wine, christmas carols, barbecue.

COMBERTON ARTS EVENTS:

Sun 15 November: ISTD Dance Competition – Gail Henry School of Dance www.gailhenryschooldofdance.co.uk

Sat 21 November: Live & Amped – Live Music WCCYM presents Faith Child, Release, Mr K & De Wolf. A night of bands and DJs. www.liveandamped.co.uk/

Sun 22 November: Church Service Annual pre-Christmas gathering of local churches to join together in worship and song. www.wccym.org

Sat 28 November: WI Presents - Centenary Magic! Part of the Cambridgeshire WI's Centenary programme of events www.cfwi.co.uk/events_event.php?id=909

Sun 29 November: Festival of Fitness with Hannah Charlton and Tara Newton www.combertonsa.org

Sat 5 Dec: 1940's Swing Dance - One of the biggest 1940's nights in the country, promoted and compered by Peter Wayne, with Ashby Big Band, Matthew Bason, Pinball Paul, Luna Whitingale & Beth Berwick-Lowe. <https://www.facebook.com/events/757338350980701/>

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At Cambourne Village College

Fun filled evening with
Luxmi Puja & Cultural Programs
Auth. Indian Dinner (Veg)
Open Dance Floor

Entry Fees:
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Kid (5 – 15): £10
Kid under 4 free

Members get discounted
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Email: info@ccsuk.org.uk

www.facebook.com/camccs

Anita: 07767140463

Vinod: 07789302879

Jeyur: 07554078430



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28th November 2015

Market Square, Great Cambourne

5pm to 7pm

Lights switch on at 6pm

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SCHOOLS

Heidi Allen MP visits Monkfield Park Primary

As we approach half term our school has been a hive of activities. Year 3 have been rock detectives this half term by investigating their environment and identifying different types of rocks.

Science remains to be a strong focus across the rest of the school and supports the continuation of our regular Mad Science after school sessions. We are proud of our achievement of the *Primary Science Quality Mark*.

Thanks to the continued support from our Friends of Monkfield Park, our new allotments are beginning to take shape. We are preparing for our harvest festival and are delighted to be supporting our wider community by donating the children's generous contributions this year to the *Cambridge City Food Bank*.

Year 6 have enjoyed learning essential road safety and cycling skills, during their Bike Ability course. This included learning to cycle on the roads, hand signalling, and using busy junctions.



During our Collective Worship time, Mrs Jarman has focused on sharing each other's achievements and provided support on how to gain these. Following the achievement of the *Cambridge News Primary School of the Year* award, we were delighted to accept the request for a visit from our local MP Heidi Allen.

Our Year 6 children gave her a comprehensive tour of our school and Heidi was impressed with their knowledge of the school and their manners. Heidi was happy to see that our school is an inspirational place for children to learn.

Fun continues at Jeavons Wood Primary School



The Bumblebees and Dragonflies at Jeavons Wood have now been at school full time for three weeks. They have settled so well and are now beginning to walk around the school as if they truly belong.

It always amazes us how quickly the children settle into school life, although by Friday afternoon we still have a number of very droopy eyed children!

Our children have already had their first photo shoot for the Cambridge Evening News and were all very proudly



showing off their new school uniforms.

It was a sight to behold last Friday watching 60 children flying the kites they had planned, designed and made during the morning. That is real learning with a purpose.

It has been wonderful to see so many parents coming into school to join us for our workshop sessions.

These are set up to enable parents to support their children in the best way possible with their phonics, reading, writing and maths.



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SCHOOLS

Exciting events at the Cambourne Pre-School

Cambourne Pre-School recently celebrated Harvest Festival by collecting for and visiting the Cambourne Church.

Parents kindly donated food, clothing and household items (that will be forwarded to *Cambridge Women's Refuge*), that the children then gathered together and took over to present to the church.

Many thanks go to Jane Brooks, who took time to explain the need for the collection to the children and also the purpose and use of the church.

It was a wonderful experience for all the children. It was important for them to learn and understand more about the world around them.



Cambourne Pre-School is situated at the old Blue School site, they opened their doors in September in their two new rooms and large outside space (the previous foundation stage classrooms for the Blue School) offering places for care and learning for 2, 3 and 4 year old children.

Third Year at Cambourne Village College

September was an exciting time as we welcomed our newest Year 7 students and a number of skilful staff, to the school. The College now has 476 students across three year groups, and a permanent staff of 65.

A highlight of the first month was the Year 7 'International Talent Evening' incorporating the 'Spanglovision' competition, won by form 7R. Each tutor group learned a pop song in Spanish, and performed it live to an admiring audience. Some students also gave individual performances; a song in Hindi, and poetry in a range of languages including Greek, Dutch and Russian. It was lovely to start the year by celebrating the cultural diversity of our newest students.

A group of Year 9 students took part in our first school exchange visit to Spain, and further French and German

exchanges are planned.

Year 8s are carrying out Geography Field work at Walton-on-the-Naze, Year 7s have visited the Science Museum and local archaeological sites.

Following the success of Grease last term, rehearsals are now under way for this year's production: "We Will Rock You".

Cambourne Music School has begun with great enthusiasm from former students. Parents of primary-age children who are interested in learning an instrument should contact Geoff Page, on gpage@cambournevc.org, to discuss the opportunities available on Mondays after school.

Adult Education classes are now in full swing with classes ranging from Pet First Aid to GCSE Maths and English – please see the website - cambournevc.org - for full details.



SCHOOLS

Blackberries galore at The Vine School

In Ruby and Coral Class our Reception children had great fun with blackberries!

Firstly, we went for a walk around Upper Cambourne picking blackberries from the brambles. We had to be very careful to mind the prickles. We did a great job by only picking the juicy, ripe black ones and leaving the red and green berries to mature a little more.

Once we had returned to the classroom and the berries had been washed we used them to make blackberry crumble. We all had a go at carefully mixing the ingredients together to make the topping. After we had sprinkled all of the crumbly topping on, we baked the crumble.

It smelt and looked absolutely delicious! Later that day, the parents came to join us to help eat the crumble we had made. They were really impressed with our baking and at the end of the day there was not even a crumb left. It was a true success!



CYP Youth Program

September 2015 – December 2015 (Term time only)

Wednesdays:	4pm - 6pm	Junior's club (Year 7-8)
	7pm - 9pm	Senior's Club (Year 9+)
Thursdays:	4.30pm - 5.30pm	Boxing (Year 7+)
Fridays:	4.30pm - 6pm	Chillax

For more information please contact Jackson Nazombe (07786 125271) or Jonathan Bewert (07503 1718869)

- * Both clubs on Wednesday are at the Soul building next to the Sports Centre on Back Lane.
- * Boxing is at the Hardwick boxing club above the Pet shop
- * Chillax is held at the Cambourne Free Church

Thanks again to all the children and young people that supported our summer program.

Please let us know what other events/activities you may want us to put on in the holidays.



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THURSDAY 9.45 – 10.45am

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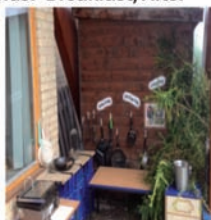
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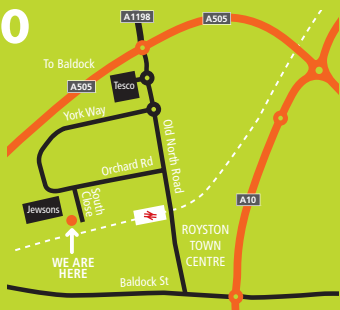
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Cambourne Eagles
Football Club

The season is now well under way and the cup games have started too with some positive results from across the teams.

U9's Red - The season has certainly kicked off with a bang! The boys have really had to step up to a new higher level and we are certainly finding matches very competitive but great fun! The team work is coming along and we are learning fast that we are at our strongest when we play for each other not just ourselves! We look forward to the first round of the cup when we host Exning, here's hoping for some magic and a good, exciting, competitive game!! Go Eagles!!!

U10's - After a tough but unbeaten pre-season and a win in the league the boys suffered a disappointing early exit from the cup. They are now working hard to improve and get back to the level they know they can play at. there has been some great play too and special mention goes to Brandon and Thales for their effort and performances on the pitch.

U11's - The U11s have been working hard to improve on their skills as well as teamwork and communication on the pitch. All players have been giving it their all, and our goalie, George A., deserves a special mention as every week he comes up with some truly amazing saves! Despite some very tough

matches, the U11's enthusiasm and commitment remain high. After a well-deserved half-term break, we're ready to play strong with several upcoming matches between now and the Christmas holidays.

U13's - After a very tough start to the season in an extremely competitive league, the under 13's are beginning to come to terms with the standard of both team play and commitment that is required at this level. Our new additions are settling in well and the more established players are stepping up. Keep up the good work boys.

U14's - Cambourne Eagles U14's have had a really exciting start to the season playing in a tougher league. The boys have worked well together to produce some really great football which has been great to watch. The U14's are now running together one night a week to boost their fitness levels which will hopefully be reflected on the pitch. The team would like to take the opportunity to wish Dane all the best as he leaves us to concentrate on the air cadets.

For more information about our club, please visit our website www.cambourne eaglesfc.co.uk or email info@cambourne eaglesfc.co.uk



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Cambourne FC are pleased to announce that the FA have now awarded the club the next level of Charter Standard.

We're now a Charter Standard Development Club, a great result for the club!

Cambourne FC Girls – With so many talented, sporty girls in Cambourne why not give girls football a go? We're working with AMS, running sessions for Years 3-6. Training is Tuesday 5pm at the MUGA. Get in touch for details!

Soccer-School – Every Saturday morning at the Muga, 9-10am. This is open for all children in 'Reception' and yr1. £2 per session, new players always welcome!

U9's - We continue to play some impressive football as we make the



U11's Black - looking great in their new sponsored kit thanks to Roskell Contracts Ltd

transition to 7-a-side. Having had 2 league games it is now on to the cup where we hope for more cup fixtures!

U10's – We're facing an array of talented

teams in the Cams U10A league. The boys have embraced the challenge securing victories in our first three league fixtures and cup game. We're looking for a goalkeeper to complete our team, get in touch!

U11's Black – We've enjoyed the start of the season with mixed results. Players continue to work hard and are adapting well to the new format. New teammates have settled in and we're looking forward to our 1st cup fixture.

U12's – A great start to the season with our recent 3-1 win

in the knockout cup, putting us through to the quarter-finals! A great display of passing and excellent goals, made this a rewarding victory.

SPORT



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JUNIORS

Aged between 11 and 16 and love tennis? The club are sponsoring FREE Junior match sessions on a Wednesday evening from 6-7pm until 3 December. Just turn up or contact Alex at alex@overandin.com. For Junior coaching there is a choice of sessions from Monday and Tuesday after school and Saturday afternoons. Book at overandin.com or contact coaching@overandin.com or 0844 776 1763.

ADULTS

The Club Championships Singles Finals are complete with winners this year as follows: Neha beat Lisa in the Ladies Final, Arif beat Dean in the Mens Final, and Ping beat Akil in the Plate. Congratulations to everyone! In the Winter league, Ladies 1 have made the best start of all the teams, with 3 wins out of 3. For social players, Club Sessions run twice a week, Wednesdays from 19:00 and Sundays from 14:00. Adult Coaching has sessions on Mondays and Saturdays ([overandin](http://overandin.com) details as above).

MEMBERSHIP

Membership gives access to the MUGA floodlit courts and the chance to book them online. All court fees are included in membership so it is incredible value.



Cambourne Men's team were runners up in this year's Grays Cup, reaching the final for the first time. There was high quality tennis and no disgrace to lose to an excellent team from Red Lodge. (l-r): Paco, Arif, David, Carl

There are 8 different membership options which work out at monthly charges of £2 for juniors, £4.50 for adults, £6.50 for families. For further details contact annaspringham@btinternet.com or look online <http://cambournetennis.clubbuzz.co.uk/membership>.

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Cambourne cricketers celebrate historic season!

2015 was the most successful ever season for Cambourne Cricket Club - with promotion as Champions for two of the club's three senior sides, and top 3 finishes for both of Cambourne's youth teams.

The Club celebrated these successes with two award presentation evenings during the autumn; and is already looking forward to the 2016 season with: a new pavilion at Upper Cambourne underway; training sessions booked at Cambourne Village College in the New Year; Junior teams playing indoor league over the winter; and a team in the local Senior League, next summer, for the first time in the Club's history. The Club's junior section continues to grow from strength to strength – on and off the pitch.



All three of Cambourne's senior teams enjoyed exciting seasons – culminating in a double Championship success for the 1st XI and the 3rd XI, and a close 3rd place for the 2nd XI – who nearly pulled off a promotion campaign themselves. The 1st XI's promotion means that they will play next season in the Cambs Cricket Association Senior League for the first time. They will also mark their new status with a change of ground - playing their home fixtures at Upper Cambourne, when the new pavilion at Back Lane has been completed.

PREPARING FOR 2016:

Club AGM: Sunday 29th November, 6.30 p.m. at Lower Cambourne Pavilion

Winter Nets: Tuesdays 7.00 - 9.30 pm (from 12th January - 15th March, excluding half-term - 16th Feb) at Cambourne Village College



Cambourne Netball Club

JUNIOR NETBALL

The junior section of the club has gone from strength to strength. Angela has been welcomed to coach the under 14s, allowing Coach Vanessa to concentrate on the under 16s and both age-groups recently enjoyed taking part in a netball tournament held at Comberton Village College.

We would love to see more girls at Under 14s and Under 16s training sessions.

Do come along and give it a try - our friendly Club welcomes netballers of any level.

TRAINING SCHEDULE

Years 5 and 6: Tuesdays, 4.30 - 5.30 pm @ Cambourne Village College

Years 7 and 8: Thursdays, 5.30 - 7.00pm @ Cambourne Village College
Years 9 and 10: Thursdays, 6.00 - 7.30pm @ Cambourne MUGA

WINTER LEAGUE

The season has got off to a great start with both Cambourne 2 and 3 currently unbeaten and top of their respective leagues! Cambourne 4 celebrated their first win in Division 5 and continue to include new players in the squad line-up. Cambourne 1 are currently mid-table in the Premier League.

WEBSITE

The Club are in the process of building a new website, which we hope to launch very soon - further details to follow!

SPONSORSHIP

And finally, thanks to a local sponsor, Club members have been provided with new training tops



NAVINA

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CAMBOURNE'S NAVINA RAJAN NOMINATED IN UNSIGNED MUSIC AWARDS

Navina Rajan from Cambourne has beaten thousands of other acts to be named in the UK's top ten Unsigned Female Solo Acts.

Navina has been nominated in the Best Unsigned Female category at the 2015 Unsigned Music Awards (UMAs).

Navina started playing the piano as a child but fostered a love for writing on the guitar at the age of 14. She also plays the bass and is a merit grade 8 in flute. Since she self-released her debut EP 'Colours' at the age of 19, producing and playing all the instruments apart from the drums and bass herself, it has received extremely positive feedback in the local and international press, including Pick of the Uploader and regularly featuring on BBC Cambs. It received "10/10" across the board and was termed a "masterpiece" by Canadian music magazine 24ourmusic.net.

The awards are hosted by Best of British Unsigned and will crown each winner using an online public vote.

Teegan takes the golds!



Cambourne's Teegan Milligan, 10, won four gold medals at the Cambridgeshire Gymnastics County Championships in September.

Teegan, who goes to Monkfield Park Primary School and is a member of the junior elite squad at Huntingdon Gymnastics Club, became county champion in the level three age group after winning on vault, floor, beam and uneven bars.

Cambridge Festival of Running donates £5,000 to Jimmy's

Thanks to all the runners and supporters of the Cambridge Cambourne 10K & Fun Run on 12th April this year, the Cambridge Festival of Running has donated £5,000 to Jimmy's Cambridge which provides year-round progressive support for

homeless people in Cambridge.

Money was also raised for the Wildlife Trust, Cambridge and Coleridge Athletics Trust and contributions were made to local schools and other bodies which helped with the race, such as the local army cadets. In 2016 the nominated charity will be the Papworth Trust.

The 2016 Cambridge Cambourne 10K and Fun Run will take place on Sunday, 10th April and entries open in early November 2015.

www.cambridgefestivalofrunning.com

