http://cambournecrier.org

editorial@cambournecrier.org

http://cambourneforum.net

The process of adopting roads in Cambourne is set to speed up after the appointment of a specialist technical consultancy group to oversee the project.

Vine Technical Services have been engaged by Bovis / Taylor Wimpey / MCA to project manage adoption of infrastructure roads and sewers, and by Taylor Wimpey alone to project manage parcel roads and sewers.

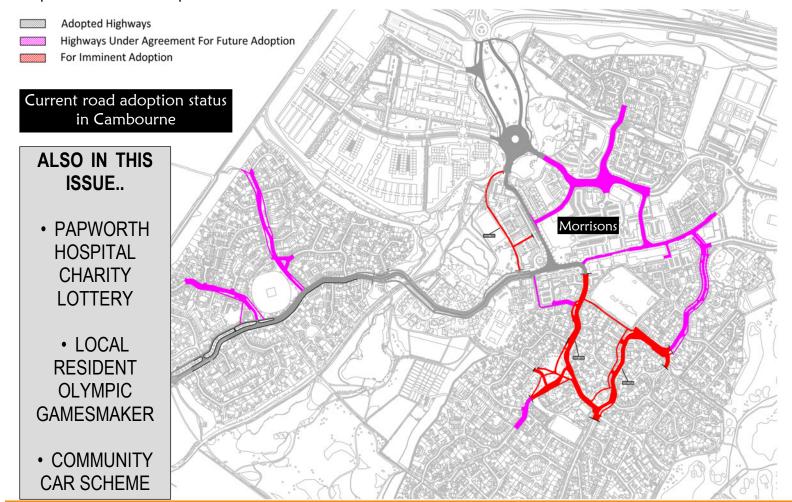
The adoption process essentially involves the handing over of maintenance obligations from the building developer to the county council (in the case of roads) and the water authority (in the case of sewers). Many of the processes are linked in ways that are not immediately obvious. For example, a highway cannot be adopted unless the sewer beneath it is adopted, and a highway cannot be adopted unless it is physically connected to a highway that is already adopted. This is to avoid the potential situation were the Highway Authority is responsible for a development, but has to cross third

party land to gain access, permission for which could be withdrawn at anytime.

With the major entrance and exit routes of Cambourne now fully adopted (see map below), attention now turns toward spine roads and their tributaries, with the areas of Monkfield Lane, Jeavons Lane, and the roads around forthcoming schools set to receive attention next.

Although the Authority will not normally adopt roads that serve developments made up solely of flats or industrial estates, As part of the adoption process, residents are being asked to ensure that their gardens are not encroaching on highways, see elsewhere in this issue for a fuller article.

The Map below shows the current state of play in Cambourne. Areas marked in red are due to be adopted imminently. Areas marked in Pink are under agreement for adoption and will 'turn red' soon.



All submissions for the OCTOBER EDITION must be received by Wednesday September 19th. Please send all editorial content to editorial@cambournecrier.org. The Cambourne Crier is published online at http://cambournecrier.org - in full colour -. For paid ADVERTISING e-mail: ads@penpub.co.uk or tel (01954) 267842. For LEAFLET deliveries with the Crier e-mail:





## Cambourne Crier Editorial

#### Cambourne Crier Editorial Team

Simon Crocker (Lead editor), Sundeep & Jaspal Athwal, Tung Hau,
Pam Hume, Craig Kerrecoe, Sarah King, Joan Reynolds (Finance),
Sandra Tyrer, David Wadsworth, Chris Williamson
To email all: editorial@cambournecrier.org
By post - 24 Foxhollow, Great Cambourne, CB23 5HW

#### **The Crier Community Fund**

The Crier owns and operates a community fund derived from advertising revenue that enables us to make grants and donations to local clubs, societies or causes. If you wish to apply then visit our website and download the application forms. http://cambournecrier.org

## CAMBOURNE PARISH COUNCIL

#### **District of South Cambridgeshire**

The Developers (McA a consortium of Taylor Wimpey and Bovis) as part of their responsibility for the new 950 dwellings have to provide 10% renewable energy. To achieve this an innovative suggestion was put forward that a proportion of the commitment be used to provide Photovoltaic (PV) and solar panels on community buildings and a proportion on the new dwellings (approx 3%). The panels on the community buildings would reduce the running costs of the buildings owned by Cambourne Parish Council and the income generated from the feed in tariffs will be paid into a Parish Energy Fund for the benefit of the whole of Cambourne.

MCA then proposed as part of the Section 106 agreement to contribute, a sum of £550,000 to cover the costs of installing arrays of solar panels on The Hub, the Maintenance & Changing Rooms and the Sports Centre ("Parish Facilities") for the benefit of the community and to add to the Parish Energy Fund thus created to receive the feed in tariffs a further sum of £400,000 in 2013.

This innovative scheme potentially will provide a greater than 10% reduction in carbon emissions as the funding is being provided at an early stage of the development and the creative use of the feed in tariffs means a greater number of properties in Cambourne will be able to take the opportunity to take advantage of renewable energy sources.

The Parish Council and South Cambs District Council agreed to exercise the option to set up the Parish Energy Fund.

The Parish Council went out to tender for The Hub, Cambourne Sports Pavilion and Cambourne Leisure and Fitness Centre. Keir Energy Solutions were the successful bidders. The tender was considerably less than the budget set in November 2011 so the Parish Council looked at adding in more community buildings into the scheme. We managed to extend the scheme to install PV panels on South Cambs District Council hall, The Manor House for the Wildlife trust, Cambourne Cricket Pavilion, Cambourne Library and finally we added in the Vine Inter Church Primary School.

The Feed in Tariff and any export money is to be paid into the Cambourne Parish Energy Fund this will then be made available as grants to enable further energy saving projects to be supported in Cambourne. Details of this scheme will be detailed in a future edition of the Crier.

This is another example how the Community can benefit when McA, South Cambs District Council and the Parish Council work together and come up with creative solutions for the benefit of Cambourne.

(Check out our photo feature on the back page for more information - ed.)

#### Fun Fair

Following the postponement earlier in the year Larry Gray's Funfair will now be visiting from 9th to the 16th September on Great Cambourne Green.

#### CALENDAR OF MEETINGS September/October 2012

Date	Time	Meeting		
4th Sept	7:30pm	Planning Committee		
	*	Council		
11th Sept	7:A130 pm	Special Council Meeting		
18th Sept	7:30 pm	Planning Committee		
	*	Leisure & Amenities Committee		
0.10.	7.20	Planning Committee		
2nd Oct	7:30 pm	Planning Committee		
2nd Oct	7:30 pm *	Planning Committee Council		
2nd Oct		•		

#### Circus

On the 1st October Great Cambourne Green will see the arrival of the Big Top of John Lawson's Circus. John Lawson's Circus is a small, all human circus featuring, high rope acts, knife throwing, tight rope acts, and of course clowns. For a preview visit www.johnlawsonscircus.co.uk

## John Vickery Cambourne Parish Clerk

Residents are welcome to address meetings before they formally start on any matter that is on the agenda. If you have something else you would like to raise, please contact the Parish Clerk at least 10 days beforehand so that the item can be added if necessary.

John Vickery the Parish Clerk is available at Parish Office, The Hub, High Street, Cambourne, Cambridge CB23 6GW. Telephone 01954 714403 or by e-mail at clerk@cambourneparishcouncil.gov.uk

The Parish Clerk will normally be in the office between 9.30 and 1.00 Monday to Friday and by appointment at other times.

	I		
06/09/2012	Black Bin		
03/09/2012	Green Bin and Blue Bin		
20/09/2012	Black Bin		
27/09/2012	Green Bin and Blue Bin		
04/10/2012	Black Bin		

#### Bin Collection Dates for this month in Cambourne

You will receive a weekly collection **each Thursday** between 7am and 6.30pm, alternating each week between green and blue bins, and then black bin. Bins will be collected a day late(Friday) if it's a bank holiday Monday week.

For South Cambs District Council waste and recycling service call 03450 450 063. Monday to Saturday 8am - 8pm (excludes bank holidays).

#### Cambourne Contacts. Your one-stop shop of useful contacts in Cambourne.

#### **COMMUNITY GROUPS**

#### **Cambourne Arts:**

Fran Panrucker: (01954) 710858 fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk

#### Cambourne Garden Club:

Fran Panrucker: (01954) 710858 fran@panrucker.eclipse.co.uk

#### **Cambourne International Group:**

Cambourne Children's Centre: (01954) 284672

#### Cambourne Luncheon Club:

Information Tel: (01954) 710100

#### **Network Business Breakfast:**

Neil Smith: 01954 710818 info@cambournenetwork.co.uk www.cambournenetwork.co.uk

#### Reading Group:

Margot Eagle at Cambourne Library. margot.eagle@cambridgeshire.gov.uk

#### **Women's Institute:**

Gill Holland: (01954) 718566

#### **CHURCH**

#### Church Office:

(01954) 710644

#### Church Minister:

Rev. Peter J. Wood – (01954) 715558 minister@cambournechurch.org.uk

#### Church Administrator:

Julie Whitbread – (01954) 202546 julie.whitbread@ntlworld.com

#### Assistant Church Administrator:

Deidre Farmery – 07876 696267 deidrefarmery@btinternet.com

#### Church Bookings:

churchbookings@cambournechurch.org.uk

#### Ark Bookings:

arkbookings@cambournechurch.org.uk

#### **HEALTH CARE**

#### **Community First Responders:**

Matt Wayland - 07733 268757 matt.wayland@gmail.com

#### **Cambourne Dental Practice:**

(01954) 718585

www.cambournedental.com

#### Chemist:

Lloyds Pharmacy - (01954)718296

#### **Monkfield Medical Practice:**

(01954) 282153

www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust) Candice Lattimore - 07595 909793 candicelattimore@gmail.com

#### LEISURE & RECREATION

## Cambourne Fitness & Sports Centre: (01954) 714070

#### **Cambourne Fishing Club:**

www.cambournefishingclub.com

#### Cambourne Sports & Social Club:

 $mail@cambournesports and social club. co.uk\\www.cambournesports and social club. co.uk$ 

#### PARISH COUNCIL

#### **Parish Council Office:**

Parish Clerk - (01954) 714403 clerk@cambourneparishcouncil.gov.uk www.cambourneparishcouncil.gov.uk

#### Venue Bookings and Enquiries:

Hub•MUGA•Sports Pitches•Cricket Pavilion•Sports Pavilion•Allotments•Trailer Park•Bowling Green•Monkfield Lane Tennis

Tel (01954) 714403

bookings@cambourneparishcouncil.gov.uk

#### PLAYGROUPS & PRE-SCHOOLS

#### **Baby And Me:**

cambourne.babyandme@gmail.com www.babyandme.org.uk

#### Cambourne 123's:

Ruth: 07503 398344

Cambourne 123s@hotmail.com

#### **Cambourne Pre-school:**

Janet Kemp: 07875 083163 cam.preschool@btinternet.com

#### **Carers And Tots:**

Ali Withers: (01954) 714909

#### **SCHOOLS & COLLEGES**

#### Cambourne Village College:

www.cambournevc.org

#### **Comberton Village College:**

School Office - 01223 262503

#### Jeavons Wood Primary School: Headteacher -

Cath Hainsworth

School Office - (01954) 717180 office@jeavonswood.cambs.sch.uk

#### **Monkfield Park Primary School:**

Headteacher - Sarah Porter School Office - (01954) 273377 office@monkfieldpark.cambs.sch.uk

#### Vine Inter-Church Primary School:

Headteacher - Debbie Higham School Office - (01954) 719630 office@thevine.cambs.sch.uk

#### **SERVICES**

#### **Community Car Scheme:**

Sam Morrison - 07930 855833

#### **Cambourne Community Fire Station:**

(01954) 714030

www.cambsfire.gov.uk

#### Library

Tel: 0345 045 5225

www.cambridgeshire.gov.uk/leisure/libraries

#### Police non-emergency:

Tel: 101 (Ask for a member of the Cambourne neighbourhood policing team)

#### **Streetlight Faults:**

Parish Clerk - (01954) 714403

 $Wimpey\ customercare 6 @ taylorwimpey.com \\ Bovis\ -\ cambournelights @ ntlworld.com$ 

#### Vets

Cromwell Veterinary Group: (01954) 715161

#### Waste & Recycling (South Cambs):

03450 450 063

#### Wildlife Trust:

Jenny Mackay- (01954)713516 www.wildlifebcn.org

#### SPORTS CLUBS

#### Cambourne Cricket Club:

Danny White - 07774 142740 cccadmin@cambournecc.com www.cambournecc.com

#### Cambourne Eagles F.C:

Secretary - Tracy Ashford (01954) 203162 www.cambourneeaglesfc.co.uk.

#### Cambourne F.C:

Information - (01954) 715959 joracher@hotmail.com www.cambournefc.org.uk

#### Cambourne Rovers (Adults)

www.cambournerovers.co.uk

#### Cambourne Netball Club:

Emma Smith - (01954) 710034 cambournenetball@googlemail.com

#### Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309 info@cambourneexiles.com www.cambourneexiles.com

#### Cambourne Runners.

Garry - 07807 498951

cambournerunners@gmail.com

#### Cambourne Women Runners

Information.cwr@gmail.com

#### **Cambourne Tennis Club:**

Andy Holcombe - (07921) 025394. andyholcombe@ntlworld.com www.cambournetennisclub.co.uk

#### YOUTH GROUPS

Brownies: (girls aged 7-10):

Waiting list: Kim - (01954) 715722 cambournebrownies@btinternet.com

#### **Cambourne Air Cadets:**

Pilot Officer Rogers: 07813 897949 cjrelec@aol.com

#### **Cambourne Army Cadet force:**

dc.cambourne@gmail.com www.cambsacf.com

#### Cambourne Youth Partnership:

All Clubs at Cambourne Soul, Back Lane CU@4 (7-12yrs)•The Club with no Name (13-

16yrs)•Internet Café and Hang Out (11-16yrs)•Junior Youth Club (7-12yrs) (01954) 718620

Officecyp@googlemail.com www.cambournesoul.co.uk

#### Cambourne Senior club: (11-16yrs)

Michelle Link 07833 481527

michelle.link@cambridgshire.gov.uk

#### **Cubs, Beavers & Scouts:**

Waiting list: Ambika Rana-Beadle CambourneScoutsWlist@gmail.com

**Guides:** (girls aged 10-14): Waiting list: Kim - 01954 715722 cambournebrownies@btinternet.com

Rainbows: (girls aged 5-7)

Waiting list: Kim - (01954) 715722 cambournebrownies@btinternet.com

#### **Church Youth Group:**

Jon Sanders: 07798 858302

#### LOCAL RESIDENT VOLUNTEERS AT LONDON OLYMPICS

Cambourne Resident Howard Fall, pictured right with Eddie Izzard in a photo taken during one of shifts as a T3 Driver for London 2012 writes:

"Why did I volunteer? I am old enough to remember the 1948 London Olympics particularly as I lived then just round the corner to Wembley. I Thought it would be great to have 2 London Olympics in my lifeline, meet some great people from many different countries/sports. I worked with a great and enthusiastic team, and was able to witness the 'behind' scenes at many different venues."





## Nearly New Sale

Saturday 22<sup>nd</sup> September 2012 10.00am-12.00pm The Vine School

Ladies clothes & shoes, Men's clothes Children's clothes & shoes, Babywear Handbags & Accessories, Books & Toys Household items

Come along and grab yourself a bargain Refreshments available

For donations or more information please contact Linda Morgan - 07941 108154



#### Cambourne WI

September



Vic Botterill revealed some sinister stories behind seemingly

innocent nursery rhymes during our August meeting. Our meeting in September will be a social evening which will give members time to socialise and think ahead for new plans or developments for the WI.

Our main monthly meetings happen on the second Thursday of each month at the Hub and we have several smaller groups all affiliated to the WI. These smaller groups include a book club, Walking group and Darts group.

#### SUMMER HOLIDAY ACTIVITIES

During the summer holidays Romsey Mill youth workers took some lads to Sheringham for a night away and to take part in challenging activities. The lads really enjoyed themselves.

One of the lads said of our time at Hilltop activities centre; "I liked the Super Swing the best as I went the highest you can go. The Instructor said that I didn't look scared at any point...I enjoyed the whole trip and I'd love to do it again and for even longer next time".

For more information on Romsey Mill youth activities in Cambourne contact Youth development Worker Jon Sanders on 07798858302 or jon.sanders@romseymill.org

#### **CHARITY LOTTERY WINNER**

One lucky man from the local area has just become the winner of £25,000 by playing the Papworth Hospital Charity lottery.

Mr Smith couldn't believe his good fortune, and had never thought that spending just a pound a week would turn out so lucrative. He was delighted to accept his prize from the hospital's Chief Executive Stephen Bridge, and is also pleased that half of his weekly stake goes directly to support the hospital's patients and visitors. To be in with the chance of being the next big prize winner, see the leaflet enclosed with this issue, or contact the charity on 01480 364955.



# NSPCC •

## Cruelty to children must stop. FULL STOP.

#### MONDAY, 17th SEPTEMBER

NSPCC Cambridge Dining Club Luncheon 12.00 for 12.30 La Mimosa, Thompson Lane, Cambridge

Raising funds locally for the NSPCC and ChildLine projects in our region.

The 2-course meal with coffee costs £16.50. This friendly dining club meets five times a year and welcomes men and women, and their guests. For this lunch, the speaker will talk on the live saving work of the East Anglian Air Ambulance.

Contact: Kate Armstrong 01954 719745 <a href="mailto:cfm.armstrong@gmail.com">cfm.armstrong@gmail.com</a>

#### SUNDAY, 30th SEPTEMBER 3.30 p.m.

AUTUMN BENEFIT CONCERT in St Helena & St Mary Church, Bourn. Principal musicians from Caxton Swing, featuring the Choir and Soloists from Bourn Primary Academy

Tickets £10 Concessions £8 Students £5 (under 10's free) More details: Kate Armstrong on 01954 719745 Don't miss this opportunity to hear some excellent swinging jazz

and enjoy the talents of this young choir and soloists!

ChildLine

#### **BRASS BAND CONCERT**

The City of Cambridge Brass Band, one of the premier bands in the area, along with the Eversden Training band will be performing a concert of Film Music at Cambourne Church. The event on September 22<sup>nd</sup> starts at 7:30pm with tickets at just £8 available on the door (16 years and under are free). This will be a chance to meet and hear two very different and local brass bands. Further information at www.cambridgeband.co.uk , www.eversdenband.co.uk or email: Manager@Cambridgeband.co.uk

We received a lot of positive interest during our carol playing outside Morrisons and this has prompted us to try a proper concert in Cambourne. The Eversden band is encouraging people of all ages and abilities to start playing a brass instrument and has instruments to lend along with training and is only a few miles from Cambourne.

#### CAMBOURNE COMMUNITY CAR SCHEME

Community car schemes provide door-to-door transport for people who cannot make the journey by car, by bus or dial-a-ride. But is NOT a taxi service and you need to give as much notice as possible. Drivers are all volunteers so we cannot guarantee availability.

Minimum cost to Cambridge is £6, Addenbrooke's is £9, anywhere in Cambourne is £2.50. We cannot offer "Eddie Izzard" as a passenger but our volunteers are able to help ordinary people with appointments or social engagements.

The scheme still currently needs volunteer drivers please contact the co-ordinator for the Cambourne Scheme

Samantha (Sam) Morrison Tel 07930 855833 or cambournecarscheme@gmail.com

All expenses are paid and drivers get a top up of 15p per mile from the County Council making a total of 45p a mile Sponsored by Cambs CC, Cambourne Parish Council and South Cambs DC





#### Cambourne pre-school

Children from Cambourne Pre-school enjoyed their leavers/summer party held in the HUB on the 20th July. For one day only in Cambourne Peppa Pig and her brother, George came to meet and greet the children. There was a disco with lights, tattoos and an activity table where they made hats. Mr Marvel the magician kept them entrained for an hour which was followed by a packed lunch. Children moving up to primary schools were presented with their new school bags containing a book and their yearly report. During the party, parents organised refreshment with tea, coffee and homemade cakes.

This helped to raise £110 for new equipment. The children were not the only end of term leavers.

Janet Kemp the pre-school manager was also leaving and she was presented with a 'paint your own flower pot' from the children and a pearl bracelet from the staff and committee.

We have other news...

The Pre-school committee have been working hard over the last 6 weeks with Cambridgeshire and Peterborough Pre-school Learning Alliance and Hardwick Pre-school and we would like to announce that "We have a new manager starting in September and will be moving in November to the detached mobile building at the far end of the old Jeavons Wood school, which will provide the children and staff with more space and better facilities." More news will follow.

Cambourne pre-school is run by a committee and we are looking for committee members for the new term. If you can spare a couple of hours a month.

Then please call 07875 083163 or email cam.preschool@btinternet.com with your contact details.



#### Cambourne 123s is a fun and friendly toddler group. We meet Fridays from 10-11.30 am at the Sports Pavilion Cost £2 per child (extra children 50p, under 1's free)

Cambourne 123's is run by a group of mums on a voluntary basis and hopes to provide a calm(ish!) environment for toddlers to play safely whilst their carers enjoy a chat plus a FREE cuppa and biscuits! So, if you are new to the area or just feel like getting out of the house, then please do come along. Do you have too many toys cluttering up your house? Cambourne 123's will gladly take them off your hands, contact us on the email address/number below.

7th September - Rain forest picture, 14th September - Indoor sports day, 21st September - collage, 24th September - Biscuit decorating.

If you are interested please do come along, as we would love to see you or for more info please contact Ruth on 07503 398344 or email <a href="mailto:cambourne123s@hotmail.co.uk">cambourne123s@hotmail.co.uk</a>

## News from Sunflower Nursery

- Our wonderful giant sandpits have proved very popular.
- Our shade trees are growing steadily, the children help us water them in very hot weather.
  - We held a very successful mini Olympics day even the parents won some medals!
  - Children have enjoyed lots of walks and picnics in a number of Cambourne parks.

#### Forthcoming events

- Although we are open throughout the year, the Autumn term for funded children starts on Monday 10th September 2012.
- •"Teddy Bears Picnic" our annual event is on Sunday 16th September please contact the nursery for more details.

Sunflower Nursery Cambourne, 2 High Street Gt Cambourne CB23 6BJ 01954 719440, sunfloweratcambourne@chsgroup.org.uk.

## Monkfield Park Care & Learning Centre



Exciting times are ahead at the Care and Learning Centre! After extensive building work Primary Schoot through the summer holidays, we will be using our new room in September, which will provide us with more space for the children and give us a designated dining room.

We look forward to welcoming our new families in September - if you would like a Registration Pack, which provides details of how the Care and Learning Centre operates, please contact us using the details below.

We hope all the children who left us in July will settle well into their new schools, and continue their learning journeys during their second year of the Early Years Foundation Stage.

The Care and Learning Centre runs a Holiday Club during school holidays. During this summer we have had lots of fun inside with activities such as cooking, arts and crafts, science activities, music, stories, songs and rhymes. Outdoor activities have included team games, bats and balls, sports and water fun which including several days of fun in the paddling pool.

If you would like further details about any aspect of the Care and Learning Centre, please email clcoffice@monkfieldpark.cambs.sch.uk or for any General Enquiries, Mrs Marian Burling - Clerical Assistant, mburling@monkfieldpark.cambs.sch.uk. The office can also be contacted on 01954 273301. If there is no-one available to answer your call, please leave a message.

#### **NEED AN ODD JOB DOING?**



WOULD YOU LIKE IT DONE FOR FREE?

## LOOK NO FURTHER, JOIN CAMBOURNE TIMEBANK!



Timebanking is an exchange of voluntary work and skills. No money is exchanged – it is all voluntary.

You **DEPOSIT TIME** in the Bank by giving practical help or support to others. You WITHDRAW TIME when you need something doing by another member, examples include collecting prescriptions, help with shopping, gardening or keeping someone company for an hour, the possibilities are endless!

> Everyone's time is valued equally: One hour = one-time credit. (For every hour you give you are entitled to an hour of help in return).

Time credits can be saved for bigger jobs like decorating. All you need is spare time

Details of where to drop in for a chat and a cuppa and find out how Timebanking can work for you can be found at www.facebook.com/cambournecorner, www.facebook.com/groups/cambournecommunitycafe or contact Eva, Timebank Co-ordinator on 01223 713555, 07540122624, email: Eva.Alldritt@chsgroup.org.uk

CHS Group is working with Cambourne residents to develop a Timebank for the community.



info@cambournecrescent.org www.cambournecrescent.org

#### EID Celebration: Rejoice and Enjoy

After a month of fasting and additional prayers, Cambourne Muslim will be celebrating the joyous occasion of Eid al-Fitr with friends and family on the 19th and 20th of August. An Eid celebratory event will also take place on Sunday the 2nd of September at the Hub community centre. The event is also open to non-Muslims in Cambourne. Attendance for all is subject to prior booking and ticket availability.

Eid for Muslims is a time of celebration but of a unique kind. It is a celebration of gratefulness to God by responding to His call through the fasting month. God said: "O you who believe! Fasting is prescribed for you as it has been prescribed for those [who have believed] before you, so that you may become God-fearing." [Quran 2:183]. It is a celebration of love and joy for practicing one of the most beloved acts to God, fasting. Feeling joy and showing happiness and delight are essential elements of Eid. That is why scholars have stated that showing happiness in Eid is a religious rite. The Prophet (peace and blessings be upon him) encouraged the Muslim community to manifest happiness on this day.

One of the essential prerequisites to celebrating the Eid day is for all Muslims (whether male or female, minor or adult as long as he/she has the means to do so) to pay Zakat al-Fitr. This is essentially a charity given to the poor at the end of the fasting month. Rates per person vary between £4 to £5. This money is paid to the poor which must reach them prior to the Eid day so that they can celebrate without facing difficulties on the day.



Eid is celebrated for one, two or three days. Common greetings during this holiday are the Arabic greeting 'Eid Mub?rak ("Blessed Eid") or 'Eid Sa'?d ("Happy Eid"). It is forbidden to fast on the Day of Eid and it is customary to acknowledge this with a small sweet breakfast, preferably of the date fruit, before attending the special Eid prayer.

Meeting Sundays 10am Bible study and Sunday school

11am Morning worship at the Hub

Wednesday evenings 7 pm The Maple Centre in Huntingdon

For more info email Peacehavenbc @aol.com

or call 01954 710510 Pastor

Donavan Bangs

## PEACEHAVEN BAPTIST CHURCH

## **Pastoral Thoughts**

September is here, and the time when the children go back to school is at hand. This year our boy will be starting at primary school. We have met with the new teachers and inspected the place. We have found out what they need from us and what we would need from them. So, in the education of our children do we just send them to school and be done with it? No certainly not for the closest teachers and most vital lessons they will learn are from us the parents. Matters of the kind of person they will be and the direction they will go are often formed more at the dinner table rather than the school desk. They will watch and emulate you in their behaviour and often mimic your moral standpoints.

The Bible says in Deuteronomy 6:5 And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might.

6 And these words, which I command thee this day, shall be in thine heart:

7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.

Let me ask you how do you want either your children or those people you have influence over to turn out? Well, whatever way you wish them to go you need to be showing that in your life. When you wake up what do you speak of? When you sit down what kind of conversations are you having in front of them. What words are you teaching them, what attitudes? Do you want them to respect you and your spouse if you have one, then you must show respect to each other. The same for authority and your priorities in life. All that you want them to reflect need to be in your life as well. You want them to be faithful to responsibility then you need to be as well. Do you want them to know the Lord? Then ask yourself do I know Him? Are you regular with you attendance at church or has it been so long your kids do not even know that you once lived with faith? Isn't it time you fixed that? With decent values and respect instilled at home, any education at school will be far better received. We want them to have a better start than we did so we must live a better life for them.

If you have any questions or just need to chat let me know.

Donavan Bangs



#### Cambourne Church

A partnership of the Church of England, Baptist, Methodist & United Reformed Church Service times: Sunday 9.30 & 11.00am.1st Sunday in Month 10.00am. (2nd Sunday Holy Communion) www.cambournechurch.org.uk



## Special Services in September

September 2nd at 10.00 service It's Your Move:

A celebration of children moving up to new groups in young church and the Xtreme Youth Group



19 the coffee house
Re-opens on Monday, 3<sup>rd</sup> September from
10-12 and then from
Tuesday, 4<sup>th</sup> September normal opening
hours 8.45 - 12

#### Youth Stuff...

#### Chillax Youth Cafe

Tuesdays 4.15-6pm

#### **Thirst**

Monthly Youth service for school years 7-13 7.00 -8.30pm

#### Soccer Sunday

Open to school years7 -13 4.30 - 6.30pm at the MUGA

#### Ignite Youth Café Night

Monthly event for young people in school years 7-13

Live Music \* Smoothies and Pizza \* Games\* You tube\*



#### Holiday Club 2012 The Starship Discovery

This was the biggest holiday club with 46 children attending and their families joining in with a picnic on the Friday.

The Children learnt a great deal and had some extra special visitors

Thank you to everyone who helped with the holiday club which once again was a resounding success.

Here some Starship members receive their badges from 'the Oueen'



## Looking Forward to Welcoming Jonathan Buwert

LJonathan will be joining Cambourne Church at the end of August and will be working with Jon Sanders and the young People of Cambourne in the next year. Jonathan has a fondness for making music having just graduated from Glasgow university with a degree in electronics with music.

Jonathan first stayed in Cambourne last year when he was on a work placement with a company on the Cambourne business park.

He will be taking on a youth work course as part of his time with the church.

Look out for Jonathan and give him a warm Cambourne welcome.

Jonathan on top of the world -See the picture opposite!

## Ready to Kick Ash?

During October Camquit, your local stop smoking support services will have additional day time and evening clinics available to help you stop smoking.

Camquit are a team of professional support advisors who understand that quitting smoking is different for everyone. They can arrange Nicotine Replacement therapies at prescription only cost and for those who don't pay prescriptions these are free.



Call Camquit today to register on 0800 018 4304 or visit our website at www.camquit.nhs.uk





Email: annfryer.lad@googlemail.com OR Telephone 07504382919
Email:stephdennis64@uwclub.net OR Telephone 01487 830219

L.A.D offer support and signposting to relevant organisations to enable

individuals to cope with the traumatic and emotional side of debt.

Paines Mill Foyer, Phoenix Square, St Neots

Wednesdays 6.30 until 8.30 pm

Appointments can also be made at Huntingdon, Sawtry and Papworth



The future of Cambourne is at a crossroads and for the first time in the hands of its residents.

South Cambs have promised they will listen to residents views sent in ANY format.

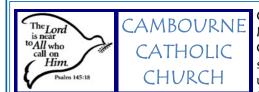
They prefer you to use a complicated on line response but I am assured that ANY method of response will be accepted

The plan is to build another 2250 homes adjacent to Lower Cambourne, along with the extra 950 homes that are now being constructed this will expand the total to a MINIMUM of 6500 homes, more than double its current number.

#### If you do have concerns or wish to support or reject this expansion now is your opportunity.

A copy of the full options report is available at the Parish Office, the Cambourne Library and at SCDC offices where there is a display of the plans.

There are many other proposals including where traveller sites are provided and even where Cambridge United build a new stadium.



On September 29th we celebrate the feasts of Saints Michael, Gabriel and Raphael. The Catechism of the Catholic Church teaches us that, "The existence of the spiritual, non-corporeal beings that Sacred Scripture usually calls "angels" is a truth of faith. The witness of Scripture is as clear as the unanimity of Tradition."

Angels are pure, created spirits. The name angel means servant or messenger of God. Angels are celestial or heavenly beings, on a higher order than human beings. Angels have no bodies and do not depend on matter for their existence or activity. They are distinct from saints, which human beings can become. Angels have intellect and will, and are immortal. They are a vast multitude, but each is an individual person. Archangels are one of the nine choirs of angels listed in the Bible. In ascending order, the choirs or classes are 1) Angels, 2) Archangels, 3) Principalities, 4) Powers, 5) Virtues, 6) Dominations, 7) Thrones, 8) Cherubim, and 9) Seraphim.



St. Gabriel

The name of the archangel Michael means, in Hebrew, who is like unto God? and he is also known as "the prince of the heavenly host." He is usually pictured as a strong warrior, dressed in armour and wearing sandals. His name appears in Scripture four times, twice in the Book of Daniel, and once each in the Epistle of St. Jude and the Book of Revelation. From Revelation we learn of the battle in heaven, with St. Michael and his angels combating Lucifer and the other fallen angels (or devils). We invoke St. Michael to help us in our fight against Satan; to rescue souls from Satan, especially at the hour of death; to be the champion of the Jews in the Old Testament and now Christians; and to bring souls to judgment.

St. Gabriel's name means "God is my strength". Biblically he appears three times as a messenger. St. Gabriel is most known as the angel chosen by God to be the messenger of the Annunciation, to announce to mankind the mystery of the Incarnation. The angel's salutation to our Lady, so simple and yet so full of meaning, Hail Mary, full of grace, has become the constant and familiar prayer of all Christian people.

Our knowledge of the Archangel Raphael comes to us from the book of Tobit. His mission as wonderful healer and fellow traveller with the youthful Tobias has caused him to be invoked for journeys and at critical moments in life. Tradition also holds that Raphael is the angel that stirred the waters at the healing sheep pool in Bethesda. His name means "God has healed".

Let us invoke the angels for their special protection, especially Michael, Gabriel and Rafael throughout our lives as they help us on our journey to God

For mass times and updates on monthly activities please see our facebook page (note: you do not need to be a member of facebook to view this page) .www.facebook.com/cambournecatholicchurch

Mass time in Cambourne Church Saturdays at 5PM.

## PILLARS OF THE COMMUNITY

This month, we spoke to Jenny Mackay of the Cambourne Wildlife Trust to find out about why our green spaces are so important.

While almost every community in Britain can boast a church, a school and a pub, very few can name among their local conveniences the local headquarters of a major wildlife charity. Cambourne has that honour. But the Wildlife's Trust relationship with the village predates its move here. Jenny Mackay, who has worked for the Trust since 2005, explains.

"The Trust got involved in the planning stage, making sure that any wildlife interest that was in the site before building started wasn't lost. So we consulted about developments and planning applications and things like that to try and protect the county's wildlife. I don't know whose idea it was to get the trust to actually move here but at some stage someone put it forward. And the trust was quite keen at that stage to have a new office because we were in a very tiny, cramped office and so it was a good opportunity for the trust to come and get some new premises and to get involved. We wanted to try to encourage developers to put a lot of green space in and lots of provision for wildlife to show that it could be integrated with the new villages and use it as an example for other developments within the area and across the country."

Jenny's involvement with conservation began as a volunteer while at university in York. After returning to Cambridgeshire, she joined up with the Wildlife Trust first by taking part in their training programme and then as an full time employee. Crier readers will be familiar with Jenny through her monthly Wildlife Review columns, and she believes in the importance of keeping people informed.

"We find that sometimes people have different expectations of how areas should look and be cared for than the way we look after them but once you explain the reasons generally people are quite understanding and appreciative of what you're trying to do. For example, if we're going to pollard a tree (a process which involves pruning a tree right back and allowing it to grow back to try and prolong its life and make it a more interesting habitat) I can write about it in the column, or we put up signs to try and get the message out about why we're doing what we're doing. If you try and explain people respect that. Whereas if you do something and they don't understand that's where the conflict arises."



Jenny also stresses how the work of the Trust is not just beneficial to the wildlife of Cambourne, but also to its human residents.



"Its our responsibility to manage the wilder green spaces within the site - the country park, the boundary woodland, the meadows and so on: primarily for wildlife. But we maintain them as spaces for people to enjoy as well. So you've got all the bridle ways and cycle paths for people to walk or cycle around, and you've got the fishing lake which people can fish on, the community orchard which people can visit and spend time in, just enjoying being outside. It's a great resource for schools to go out and use: teaching the children about the outdoors and the environment. We get a lot of comments that residents really appreciate having so much green space here and it makes a big difference, especially with houses having such small garden, to be able to get out into the countryside fairly quickly from their front doors. It's something people really appreciate and enjoy. And, unlike a garden, you don't have to look after it yourself - we do that for you!"

So, when you're out in those wide open spaces, is there anything you should be on the lookout for?

"We get fantastic numbers of Dragonflies in the summer which have been attracted by all the water bodies that have been put in as part of the development - they weren't here before. Out in the meadows there are lots of butterflies who you'll still be able to see even into September. And around Crow Hill, we have a lot of ground nesting birds, such as skylarks, corn buntings and meadow pipits. Some of these are seriously declining in the UK and across Europe, but we've got quite good numbers of breeding birds. We do lots of monitoring of those across the summer. This year they've had it a bit tough with the wet and cold and we've noticed that breeding success has declined quite a lot which is why we put those signs up at the beginning to the breeding season asking people to keep their dogs under control and out of the breeding areas."

So next time the wet and cold is getting you down, spare a thought for the poor old corn buntings. And why not go for a walk up on Crow Hill to cheer yourself up?

## Cambourne Kitchen ~ Walnut, Chilli and Herb Pesto



Traditionally made with basil, pecorino cheese, pine nuts, olive oil, garlic and seasoning, we're probably all familiar with the classic pesto recipe but 'pesto' simply means 'to pound' or 'crush' so I hope that this variation will give you fresh ideas about delicious sauces you can create yourself. Don't feel hemmed in by quantities or even ingredients – if you don't like something leave it out or try something different like cashew nuts instead of walnuts or coriander instead of thyme

Photo used with permission

Ingredients:

100g walnuts ½ bulb garlic

1 large chilli (whatever strength suits)

1 tsp lemon pepper (or black pepper)

25g fresh grated parmesan

Good bunch of basil

5 sprigs of fresh, tender thyme

Dash of cider vinegar

1 tbsp caster sugar

25ml milk

Olive oil to slacken (approx 100ml)

Salt to taste

Place the walnuts in a dry saucepan and toast lightly over a mild heat – be careful not to burn them, they will turn quickly if not supervised.

Roughly chop the chilli, garlic and herbs and put them in a blender with all the other ingredients and give it a good blitz until the paste is smooth.

There you go!! It's done – how simple is that!

I cooked some pasta and stirred through some of the pesto and served alongside a medley of lightly seasoned vegetables. What type of pasta and how much you need will depend on what you fancy and how many people you're serving. If you desire something a little lighter or just a side dish, why not finely slice vegetables such courgette's, carrots, squashes, celeriac etc into strips and tossing them through some pesto. It's a great alternative to meat but there's nothing stopping you using some as a topping for a piece of fish or chicken etc and grilling.

This paste is quite strong so you won't need to use too much to flavour the pasta. Any left over can be placed in a clean jar or container, cover with a little oil to keep it fresh and keep for up to two weeks in the fridge.

What do you have in your cupboard and fridge? Get in that kitchen and get experimenting. You can transform a dish with just a few ingredients 'pounded' together.



Make a difference in your community.

Could you help us by giving up some of your spare time?

Papworth Trust is looking for volunteers to support our disabled customers. We have plenty of roles for you to get involved in, working directly with our customers or supporting our staff. Any time you can give would be a real help. We have lots of roles in your community. Volunteers make a big difference to the service we provide for our customers.

If you would like to join us and help in your community please get in touch for more information. We pay out of pocket expenses and you will be trained for your role. Staff will provide you with support. All we ask from you is your time to help others.

For more information please contact Christian Cornforth, Volunteer Programme Manager on (01480) 357200 or email volunteering@papworth.org.uk.

You can also view all volunteering opportunities on our website at <a href="www.papworth.org.uk/volunteer">www.papworth.org.uk/volunteer</a>.



We have, at last, enjoyed some summery weather this month. Your gardens should have experienced the opening of some flowers as plants suddenly realize what time of year it is. Those of us in Cambourne have almost immediately re-discovered our old foe, the clay soil. First sign of sun and our lawns and borders get baked solid. Oh the joys of gardening.

Almost as soon as our summer appears it is time for us to start thinking about autumn, winter and the following spring. Impossible as it may seem, garden centre's are stocking their bulb selections and their options for autumn/ winter bedding plants.

Obviously autumn flowering bulbs need to be planted as soon as possible but it is also a good idea to get your spring flowering bulbs now too. Some of these really benefit from being

planted sooner rather than later giving them a chance to settle-in and develop some roots before the bad weather hits. This can be a bit of a gamble because if they are not planted at the correct depth, or the ground gets too wet, or we have another very hard winter, you may lose some. I general though it is a gamble worth taking as a stronger bulb is more likely to make it through.



Most of these can be used in borders, pots or other containers. A typical winter basket will contain ivy, pansy, viola, trailing viola, silver leaf and winter heathers. Most centres will soon have a selection of inexpensive, small pot, shrubs such as skimmia, goldcrest and hebe which are often used as temporary winter centre-pieces, meant for the winter period only before planting in your garden in the spring or simply discarding when summer selections are available. Don't forget dwarf bulbs such as daffodil 'Tete a Tete' can be under planted in your tubs and baskets for a breakthrough flash of yellow in the spring. Use a garden centre's pre-made container selection as your inspiration. Simply copy what the plants that they have used substituting to suit your taste.

Yours informatively, Green Man.

Send your questions to The Green Man at greenman@cambournecrier.org

Question: My lawn seems to be invaded by ants and leaving mounds of fine earth despite using ant powder this seems to have little effect. What is your advice?

Answer: The most effective way to destroy ants nests is by using ant powder. This must be place near the entrance of the nest so that the ants walk through it and carry it inside their home. Ant gel will also work and is a similar principle. If used outside it is very important that the chemical is protected from rain or watering. If this cannot be achieved then you must chose an appropriately long gap between inclement weather. It is not un-heard of for these chemicals to scorch the grass in the immediate area but this is usually a recoverable scar. The other 'Old Favourite' method is to pour a kettle of boiling water down the entrance tunnels. This will more than likely result in scorched grass and is only effective in killing small / medium sized nests. If you are have trouble finding entrances, brush away the mound of fine soil that the ants have excavated and after a while you should see the worker ants rushing to repair the damage.

Hope this helps Green Man.

FLOWERS	Deadhead flowers of lady's mantle	Water camellias regularly	Prune pyracantha and train shoots to supports	Plant daffodil bulbs in pots and borders	Prune rambling roses after flowering
VEG/FRUIT	Finish pruning trained forms of apple trees	Pinch out the tops of outdoor tomatoes	Prune old fruited stems of raspberries down to soil level	Plant garlic cloves outside or in modular seed trays	Harvest apples, pears, plums and gages as they ripen
GREENHOUSE	Water crops in growing bags and pots	Feed tomatoes in growing bags and pots	Take cuttings from tender perennials and bedding plants	Take root cuttings from Japanese anemones and oriental poppies	Line greenhouses with bubble polythene
GARDEN	Pick off rose leaves infected by blackspot or rust	Deal with problem lawn weeds	Remove suckers from roses, shrubs and trees	Lay new turf and re-sow bare patches of lawn	Improve drainage on compacted lawns



## Cambourne Garden Club

The meeting on August 23rd was a talk by Cambourne resident and professional gardener Colm Sheppard. He gave us an illustrated talk about the development of his garden, now also part of the National Gardens Scheme, entitled: 'From Rubble to Open Gardens Scheme'. A fascinating and inspiring story.

Our September 27th talk will be by Graham Parnell on preparing hanging baskets for the winter, October 25th we will be having a bring and share night to enjoy the fruits (and veg) of our labours in the garden.

The Club meets on the 4th Thursday of the month at 7.30pm for 7.45pm in the Hub Committee room. Visitors welcome. Membership is £15 a year.

For further info on the club, contact Fran on 710858

## Cambourne Crier Editorial

#### Wildlife Review September 2012

What a strange summer it has been. The weather has affected different wildlife in different ways. Many of the birds, especially the ground nesters really suffered in the cold and wet weather. During our monitoring we noticed that many birds were raising



Bedfordshire Cambridgeshire Northamptonshire

fewer chicks and more nests than usual were failing completely. Adult birds were really struggling to find enough food for themselves and their chicks. Although meadow pipits seemed to be doing ok. They may be better adapted to foraging in adverse weather, as one of our bird experts put it: they're a northern species so they must be tougher!

Butterflies and dragonflies suffered when it was wet but came out all together when it was warm and dry. I noticed lots of freshly emerged peacock butterflies the other day, with their bold wing patterns looking especially stunning, they must have all

been waiting for the right day to come out. Many butterflies will have several generations in a year, so they have a chance to make up for a bad start if the end of the season is better.



Plants have enjoyed the rain! The vegetation around Cambourne has grown a lot more this year, especially in comparison to the last two very dry years. This has given us a lot more mowing to do, and it is taking us longer to get round as we have to empty the hopper more often. The extra rain should also help some of the small trees that have been struggling to grow in the lovely Cambourne clay soil.

Looking forward to the autumn, the fruits and berries will start to ripen on the bushes. We will get the chance to see which ones managed to blossom and get pollinated before the rain came, as they will

have more fruit than those that flowered later. Hawthorn and dogrose have red berries called haws and hips respectively, and blackthorn bushes have blue-black sloes. These will provide a feast for many birds and small mammals.

#### Swimming in the Lakes

If the warm weather continues into the autumn can I please put out another plea not to swim in the lakes. As they are not designed for swimming and there are lots of hidden hazards under the water, even strong swimmers can get into trouble. If you see people swimming in the lakes and cannot persuade them to get out, please call the police on 101. You can also call this number for other non-emergency police matters, such as if you see vandalism taking place, motorbikes on the tracks, underage drinking or any other anti-social behaviour. Please let us know if you have reported anything within our greenspaces, especially if you have an incident number.

#### Maps

Remember there are maps of the greenspaces and all the paths around the site on our website at www.wildlifebcn.org/reserves/cambourne (click on 'Read More' to find the links to the maps).

#### Get in touch

If you have any comments, questions or suggestions about the green spaces in Cambourne please get in touch. Email me at jenny.mackay@wildlifebcn.org or call 01954 713516 (please leave a message and I will get back to you)

- Jenny Mackay - Wildlife Trust Reserves Officer

www.wildlifebcn.org

Wildlife illustrations – Mike Langman

## CRAFFT: Cambourne Residents Action for Fair Trade Logo Competition!!

This summer a steering group has been formed, initiated by the Love Justice group at Cambourne Church, to achieve Fairtrade status for Cambourne. As a community we would like to help give a better deal to communities in the developing world.

Would you like to design a logo that would feature on our Facebook page, letter heads and all CRAFFT publicity? It's a great opportunity to get your design work in the public domain. There will also be some lovely Fairtrade goodies for the winner!

To get some inspiration you can visit http://www.fairtrade.org.uk

Remember you will need to include the acronym (CRAFFT) and the logo should give a sense of the Fairtrade vision.



To enter simply send your design to crafft.info@gmail.com or post a hard copy through the Cambourne Church letterbox. Closing date for entries is 15th September 2012 and we will announce the winner in the October edition of the Crier. Good Luck!



# 15 September, 2012 (Saturday)

Cambourne Tennis Club Exciting Fundraising Event includes food, dancing, licensed bar

7:30p.m. to 12:00am

at Cambourne Hub Over 18 years old only

Call Marianne for tickets on 07917 220977 £10 per ticket £16 for 2

Any questions please contact Kay 07775 910280 or email cambournecoaching@gmail.com

## CAMBOURNE ARTS

USING WORDS FOR PLEASURE: Library, on the first Thursday of each month at 1.30pm. Our next meeting is on Thursday 6th September. Please note change of day. New members are more than welcome to join our small, friendly and enthusiastic group. Come and join us! For more information please get in touch with Pat Callaghan on 01954 718836.

WATERCOLOUR CLASSES: There will be a new Beginners' class starting on Tuesday September 18th. There are still a few places for this class, which will take place in the Lower Cambourne Cricket Pavilion. The Improvers' class, now practically full, will start on Wednesday September 19th, in the Sports Pavilion. Please phone 01954 710858 or email fran@panrucker.eclipse.co.uk for more information.

THE ART GANG: This is an informal get-together in members' homes or local venues for anyone with an interest in the arts: we meet at 7.30pm on the second Monday in the month to share ideas, chat, organise events practice art skills and network with local creative professionals and amateurs. Monday September 10th will be A changing programme: check their website for more information: a still life through drawing or other media. Alternatively, bring your own art or craft work along. Light refreshments available, or bring your own. Phone 01954 710858 for venue.

PHOTOGRAPHY GROUP: In this local group, levels of expertise vary from beginner to advanced, with everything in between, and more members will be very welcome. Fortnightly Tuesday evening meetings. For more details visit the website: www.flickr.com/groups/cambournephotographygroup/ or phone 01954 205050

LIFE DRAWING: This is an untutored monthly session with a male or female model. Friendly advice is always available, and experience levels vary greatly. To get information on the date and venue of the next session or to book a place (space is limited) phone 01954 710858.



#### WHAT'S ON LOCALLY?

Comberton Arts and Leisure-

A range of concerts, comedy nights and other events. www.combertonleisure.com

Wysing Arts Centre-

www.wysingartscentre.org

Fitzwilliam Museum-

Always something new to see, courses to go on, things for the children to do: www.fitzmuseum.cam.ac.uk

WEBSITE: If you are an artist or craft-worker and would like to have a link on the website, please get in touch via the website:

#### www.cambournearts.btck.co.uk

Also, check out the Cambourne Arts Facebook page:

#### www.facebook.com/cambourne.arts

For further information on any aspect of Cambourne Arts, contact: Fran- fran@panrucker.eclipse.co.uk or 01954 710858

## **Greetings from Cambourne Library**

Mon: 9.00-5.00, Tues: 9.00-1.00, Wed: Closed all day, Thurs: 4.00-7.00. Fri: 9.00-5.00, Sat: 9.00-1.00.

If you haven't joined yet please come in and see us at Sackville House. Membership is free.

#### Summer reading challenge - Story Lab

Many thanks to all of the children who took part in our challenge. We hope you enjoyed it! Events coming up:

Engage in the Afternoon - Wednesday 5th September 2pm. " A Shropshire lad". Wartime romance stories and songs. Cambridge storytellers. No need to book, just pop along. Refreshments available.

Family history research sessions - There will be a drop in family history session by the Cambridgeshire family history society at the library every 3rd Monday in the next month, 2-30 until 4.30pm. Just pop in for advice. All areas covered. Next session 17th September...

For one week from 3rd September, Sackville House is hosting exhibits from the Cambridge Science Centre in the main reception. Please come and view the fascinating exhibits.

On Friday 14th Sept there is a community champions exhibition in Sackville House reception from 10-12.00.

Rhyme Time and Story Time will be starting again in September, Pop in for further details.

#### COMBERTON RAMBLERS - Join our friendly group for wonderful walks

Comberton Ramblers' Association walks an average of 5-6 miles every Sunday morning fortnightly. We are a very friendly group who greatly enjoy the lead walks in our beautiful countryside. There is time to take a rest break if needed, or to simply stop and enjoy the view, or visit places of interest along the way.

Our members come from many local villages and from within Cambridge itself. Go on, give us a try; you will have the benefit of an exhilarating walk plus the companionship of a group of like-minded people.

Date Walk

16/09/12 <u>Hildersham, Linton Water Meadows, Roman Road</u> 6 miles

Meet near The Peartree PH (postcode CB21 6BU ); Tel. C 891680

30/09/12 Green Tye/Perry Green 5 miles

Meet near The Prince of Wales PH (postcode SG10 6JP); Tel. 01279 842517; Delightful river meadows &

field paths; Famous for Henry Moore's house and garden which can be visited

14/10/12 Over & Swavesey 4.75 miles

Meet at White Horse PH; Tel. 01954 232470; Follows Swavesey Drain, Gt Ouse & old orchards.

28/10/12 Kings Cliffe 4 miles

(Please note the clocks change

back 1 hour)

Meet near The Cross Keys Inn; Tel. 0178 470276; An easy walk with level countryside, woodland &

attractive villages

11/11/12 Wicken Fen 6 miles

Remembrance Sunday Meet at the Wicken Fen car park; Food available in the NT café or at The Maids Head in Wicken;

Koniks (a small wild horse) roam here.

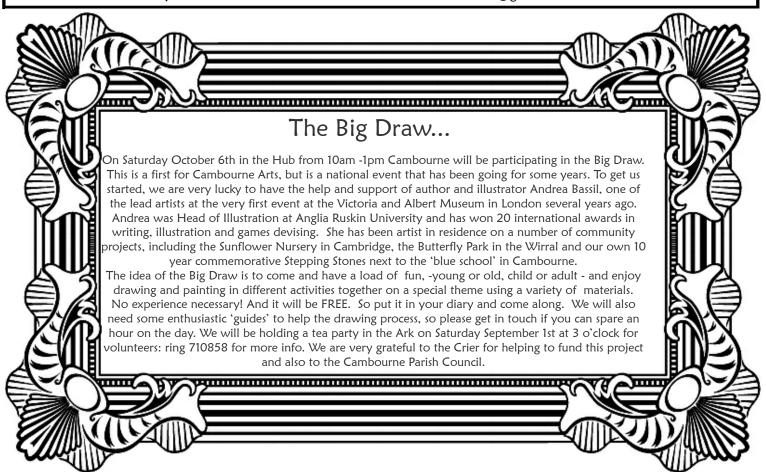
25/11/12 Therfield, Hertfordshire 6.5 miles

Between the A505 & A10 south west of Royston; Meet at The Fox & Duck PH; Tel 01763 287246; Na-

ture reserve & heathland.

Annual membership: £7.50; young people under 18 free. Comberton Ramblers website: www.combertonramblers.org.uk

Please contact the secretary, Eileen Marsh: Tel. 01223 262940; E-mail: marsh.eileen@gmail.com





## **CAMBOURNE TENNIS CLUB**

Contact Details: <u>www.cambournetennisclub.co.uk</u>

#### Olympics Tennis

The London 2012 Olympics have been very successful, with team GB winning a total of 65 medals. Two of those medals were won in the tennis events and several of Cambourne Tennis Club's members were lucky enough to get tickets for the tennis held at Wimbledon. Having been warned about all the security measures, we wanted to get to the venue with plenty of time. Everything ran smoothly and we managed to get into the venue with time to spare, so we decided to have a wander round the grounds.



Walking around Wimbledon for the Olympics was a strange experience, especially for someone who has been to Wimbledon before to watch the grand slam tournament. All the normal Wimbledon signage was covered up or replaced with Olympic logos. Also, not all of the courts were being used for the tournaments; several were instead used as practice courts, which gave people the opportunity to get close to top players while they practiced, including Maria Sharapova, Novak Djokovic and John Isner.

After a while we went to find our seats on Court 1. It turned out to be a great day, we had sun all day and got to see some great tennis watching Serena Williams, John Isner, and Kim Clijsters all win their singles matches. Then as a surprise, we saw Roger Federer and his doubles partner Stanislas Wawrinka beat the Japanese pair. All in all it was a great day.

#### Junior tournaments

On the 22nd July the Cambourne Tennis club held its first under 12 tournament. Tournament results: Winner - Ashley Powler (from Gt Shelford club), Runner up - Bryan Tan (Cambourne club), Third place - Steven Lewis (Cambourne club)









#### Tennis club Party!

The Cambourne Tennis are having a "time travel" dance party at the Hub on 15 September from 7.30pm to late. It will be a twist on recent music events with the aim of raising money for the proposed new courts. Please can you make sure you are free on this evening to come along and join in the fun. Everyone over 18 welcome. For tickets please contact Marianne on 07917 220977. Tickets cost £10 each or £16 for 2.



## Cambourne Crier Editorial



#### CAMBOURNE BOWLS CLUB: FREE BOWLS

Queries: Contact Barry (01954) 710696

Bowls will be available for residents this August (weather permitting). Why not give it a go?

No equipment needed apart from reasonably flat shoes

# BORED WITH THE SCHOOL HOLIDAYS?

Give Barry a ring to see if someone is available for you to give it a go.

See www.cambourne.info (Events) for regular updates



#### EVERYONE WELCOME - YOUNG AND OLD!

Families welcome: Young members from age 10 must be supervised by an adult
Until aged 16



## Do You Enjoy Walking?

Then join us! We are a (small) group of ladies (though men are more than welcome) who enjoy a walk and a chat. We meet on the second Friday of each month and walk between 4 and 7 miles. We aim to stop for a lunch break or a coffee during, or after, our walks.

We hope to see you soon. Just turn up on the day. There is no charge! We meet at the rear entrance of the library at 10.00am, and share transport where possible. Alternatively, ring one of the organisers (using the numbers below) for more information.

#### Our Walks (not set in stone!):

Friday September 14th – Childerley, Boxworth, Childerley Leader – Ann Mead (01954 203887)

Friday October 12th – Llamas Land, Grantchester, The Brook, Llamas Land. Approx 4 miles. *Leader – Penny Flanagan (01954 200126)* 

Friday November 9th – Cambourne, Elsworth, Cambourne. Approx 4/5 miles. *Leader – Ann Mead (01954 203887)*Friday December 14th – Cambourne, Bourn, Cambourne. Approx 4 miles. *Leader – Pam Hume (01954 201808)* 



## The Running Man

## Hints, Tips and Info for Runners From the Run Leader of Cambourne Runners – Run in England Group



Have last month's Olympic Games left their legacy with you? Well if you have been inspired to get fit or try a new sport then why not get into running? Not only is it a great exercise in its own right but it can also provide an excellent base fitness for a range of sports.

Running will build a strong cardio vascular system while easing you into exercise and aiding weight loss if required. It is the perfect exercise to fit around any time restraints, with the added bonus that you can do it for free and you don't have to be tied to a gym to take part. So what do you need to do to get started?

You can just pull on a pair of trainers, shorts and t-shirt and start running. But, if you want to take this seriously, it is worth investing in a good pair of running shoes. Get along to your local running shop and ask for a GAIT analysis to help select the perfect shoe for your running style. This is an investment that could protect you from injury and increase your running pleasure. Later you can look at buying some good lightweight technical running clothing too.

When you start running don't try to run as fast and as far as possible right away, follow a plan that builds up slowly. Try to set out three days of the week that you can easily find half an hour to go out and run. Doing this will encourage you to keep to your running plan and not find excuses to avoid it.

If you are an absolute novice it is wise to set out on a walk/run programme, email me at: **cambournerunners@gmail.com** for a training plan. Follow this schedule and you should find that in a couple of months you will be able to run 5km non-stop. As you increase your running time search the web for dynamic and static stretches, as this can improve your flexibility and reduce the risk of injury.

If you don't enjoy exercising alone, try to run with a friend or perhaps come along to one of the Cambourne Runners groups listed below. So, take that Olympic inspiration and get out there, run and get fit. Remember, if unsure; please consult your doctor before undertaking any new exercise plan.

The Cambourne Runners Group meets Saturday mornings at 9am\* for those that can already run 5km (in 45mins and under) and Wednesday Evenings at 7pm for those who already run 10km (under 60mins). Both meet outside the Hub.

\*Please note that on the last Saturday of each month there will be  $\underline{no}$  regular group as members take part in Parkrun

#### **Upcoming Local Races:**

- > Every Saturday: Cambridge Parkrun 5 km trail, Milton Park
- > Sunday 23<sup>rd</sup> September the Bourn To Run Fun Run and 10k: www.bourntorun.com



# **Cambourne FC News**



Tel: (01954) 715959

www.cambournefc.org.uk

#### September News:

- New season kicks off!
- · 4 more CFC players join Cambridge United
- U9s take points off Arsenal

#### Committee:

Cambourne FC was delighted to be invited to the Abbey Stadium for the release of Cambridge United's new kit. CFC put on a well-

attended in-house tournament covering the different age groups. Congratulations to the group winners and to each and every player, you were all fantastic.

Soccer School: Coached by former CUFC player Chris Racher, Soccer School is held every



Saturday morning, for children under the age of six, 9-10am at the Cambourne MUGA - <a href="mailto:chik">chris.racher@hotmail.co.uk</a>

C.F.C U7 Teams: CFC is absolutely thrilled we have maintained the continued support of Taylor Wimpey for another season, thanks to whom we look forward to seeing our 2 new U7 teams running out in the new season in a brand new kit, as we continue to grow our partnerships. - patricktarpey@btinternet.com

C.F.C U8 Teams: The U8 teams showed their skills as they took on strong opposition at the Little Paxton tournament. Every player demonstrated how far they had progressed and their efforts

rewarded with a medal. Well done to all of the players who took part - <u>daniel.white2@student.anglia.ac.uk</u>

E-mail: joracher@hotmail.com

C.F.C U9: CFC U9s took part in the CUFC tournament with some amazing goals from every player. We were the only team to take



points away from Arsenal with whom we drew 2-2, plus a 3-1 win over the CUFC development team. Overall Cambourne finished 2nd, with only Arsenal topping them. Well done to all of the players, you did us all proud - jezjubb@shacklog.co.uk

C.F.C U10 Teams: The U10s welcome on board our two new signings, Tye and Riley, who have remained so loyal and waited an entire season to join the squad. We cannot wait to see the boys on the pitch in the new season with the rest of the squad - g.maylin@hotmail.co.uk

C.F.C U11: CFC U11s took part in the CUFC Tournament and gave an amazing display of football. The boys had a very tough opener against Arsenal which proved too much, too early as Arsenal won the game 2-0. In true CFC spirit the boys did not let their heads drop winning 3 games, drawing 3 games and 2 losses. Well done goes to all the players. - <a href="mailto:sracher@hotmail.com">sracher@hotmail.com</a>

C.F.C U14: Well done to the two CFC U14 teams, who travelled to the Whittlesford tournament. Both teams played some excellent football, even our goalie scored. Unfortunately the tournament was stopped due to bad weather, but the white team finished top of their group. Well done to all, we had fun! - <a href="mailto:clmbuilder@btinternet.com">clmbuilder@btinternet.com</a>



## Cambourne Eagles





Contact Details: www.cambourneeaglesfc.co.uk

Tracey Ashford, Club Secretary: 01954 203162

At Eagles we are looking forward to the new season and wish all our children lots of success in their football!

Excellent tea stall takings has enabled many of our teams to have an away kit for season 2012/13.

Totball: 2-3 yr olds, Fridays 2.15-2.45pm.

Academy: Sessions run on Thursdays and Saturdays for 4, 5 and 6 year olds. Contact us to join!

Under 7: In their first season together they can't wait to get started! Team spaces still available.

Under 8: The under 8s welcome a new coach and players to their team, increasing their squad to near capacity. They are looking forward to their second year of under 8 football!!

Under 9 Yellow: The Yellows boast two new signings for the new season but are still looking to build their squad numbers. If you would like to join this great team we train on a Wednesday from 5-6pm and you would be made very welcome.

Under 9 White: Great star to the season with some exciting new signings making their mark already, it looks like being a great few

months. The boys are training hard and loving their football, they are combining well as a team and are a joy to watch and coach

Under 10s: A newly formed team last season, the under 10's have now found their feet and are progressing at a great rate. Anyone wishing to join them should get in touch with the club secretary.

Under 11s: With the new season fast approaching the under 11's resumed training. They train at 7pm every Friday on the MUGA. A step up to 9 a side along with several new teams, we are looking forward to an exciting season.

Under 13s: A first exciting season playing Colts football for the under 13s approaches. Due to increased squad size, we now have spaces in this team. If you are interested in joining this great bunch of lads, please contact the club secretary.

Under 16s: We started training a few a weeks ago in preparation for a second stint in the A league. The boys are looking to progress their 5th place finish in a league that will be very competitive. A couple of new additions have certainly strengthened the team as the boys kicked off with a couple of good friendlies in late August.

Under 20s: We require players for the new season. Training is at the MUGA 8-9pm on Thursday's. Three friendly matches and a 5-A-side tournament will preclude the season commencement on 9th September.

COME AND BE AN EAGLE!!





The Vine School was the final installation to be completed.

The Parish Council recently added Solar and Photovoltaic Panels on a number of community buildings.

The panels installed will generate over 200,000Kwh of electricity and save nearly 100 tons of CO2 every year. This will considerably reduce the cost of running the buildings on which they have been installed.

All the installations were completed in time to register them to Get the Feed in Tariff on the 31st July 2012 on time.

See the Parish Council column inside for more...



The Hub installation is the largest Centrosolar system in Britain with 188 panels.



All the installations have a display panel. The top reading is the amount of electricity at that moment. The second is the amount of electricity generated since the installation. The bottom line is the amount of CO2 saved since the installation.