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The Good News - On a beautiful sunny day in March 2012 the Cambourne Women in Business committee members (Tracy Beedle Phoenix Trading, Suzy Richards Gladrags Jewellery, and Kelly Warburton Usborne Books) handed over a HUGE cheque to Debbie Fairhurst from East Anglia's Children Hospice (EACH) for the amount of £1,450!!! Unfortunately our fourth committee member Anthonine Arts-Zetteler, Cambridge Wills couldn't be with us on the day.

This staggering amount was all the money the group raised through their many events during 2011, including their famous 'Here Come the Girls' shopping night, along with many other events including workshops to support local women in business. The group were extremely happy to be able to give this money to such a worthwhile charity, and wish to thank all of the people who helped raise such a fantastic amount, including their local women in business supporters, local businesses who offer their services, and of course all of the lovely public who have attended our events, thank you.

The Sad News – It is with a heavy heart that the committee announced that they have resigned, and the group Cambourne Women in Business was closed as of January 2012. We have had an amazing time being involved with such a fantastic group, and are honoured to have been supported so well by local people and have been able to give a total of £3800 to charities over the last 4 years. Suzy Richards, who has been on the committee since its inception said *'We are very upset to see the group close, however we have all worked very hard on it for a long time and sadly all feel we can no longer give it the time it needs. We are so grateful for all your support over the years, and thank you for your kind comments regarding its closure. It will be missed. We hope another, similar, group will be set up to take its place and continue its fabulous work.'*



Cambourne Crier Editorial Team

Simon Crocker (Lead editor), Sundeep & Jaspal Athwal, Tung Hau, Pam Hume, Craig Kerrecoe, Sarah King, Joan Reynolds (Finance), Sandra Tyrer, David Wadsworth, Chris Williamson
 To email all: editorial@cambournecrier.org
 By post - 24 Foxhollow, Great Cambourne, CB23 5HW
 (01954) 787389

The Crier Community Fund

The Crier owns and operates a community fund derived from it's profits that enables us to make grants and donations to local causes, for example the formation of a new club or society. If you wish to apply then visit <http://cambournecrier.org/crierform.doc> and download then submit the application forms.

X-treme Youth Fest

Saturday 14 July 2012



VOLUNTEERS URGENTLY NEEDED AT THE YOUTH FEST ON 14th July?

PLEASE CONTACT 01954 718620 IF YOU CAN HELP

RAFFLE DONATIONS REQUIRED

Could your company donate a raffle prize for the draw that will take place at The Youth Fest on Saturday 14th July??

All raffle donators will receive free publicity and by donating a prize will be directly supporting children and teenagers in Cambourne.

If you can help, please e-mail officecyp@googlemail.com or telephone 01954 718620 .




Can you dance, sing or DJ?
 Why not show off your talents at **Extreme Factor?**

Refuse Collection Dates for this month in Cambourne

You will receive a weekly collection each Thursday, alternating each week between your green and blue bin, and then your black bin. Your bins should be collected between 7am and 6.30pm. Normal Collection Day - Thursday (Friday if it's a bank holiday Monday week)



03/05/2012	Black Bin
11/05/2012 (Friday)	Green Bin and Blue Bin
17/05/2012	Black Bin
24/05/2012	Green Bin and Blue Bin
31/05/2012	Black Bin



For South Cambs DC waste and recycling service call 03450 450 063. Monday to Saturday 8am - 8pm (excludes bank holidays).

Cambourne Contacts. Your one-stop shop of useful contacts in Cambourne.

COMMUNITY GROUPS

Cambourne Arts:

Fran Panrucker: (01954) 710858
 fran@panrucker.eclipse.co.uk
 www.cambournearts.btck.co.uk

Cambourne Garden Club:

Fran Panrucker: (01954) 710858
 fran@panrucker.eclipse.co.uk

Cambourne Ladies International Club:

Laura Bangs: (01954) 710510
 cambourne.clic@gmail.com

Cambourne Luncheon Club:

Information Tel: (01954) 710100

Network Business Breakfast:

Neil Smith: 01954 710818
 info@cambournenetwork.co.uk
 www.cambournenetwork.co.uk

Reading Group:

Margot Eagle at Cambourne Library.
 margot.eagle@cambridgeshire.gov.uk

Women's Institute:

Gill Holland: (01954) 718566

CHURCH

Church Office:

(01954) 710644

Church Minister:

Rev. Peter J. Wood – (01954) 715558
 minister@cambournechurch.org.uk

Church Administrator:

Julie Whitbread – (01954) 202546
 julie.whitbread@ntlworld.com

Assistant Church Administrator:

Deidre Farmery – 07876 696267
 deidrefarmery@btinternet.com

Church Bookings:

churchbookings@cambournechurch.org.uk

Ark Bookings:

arkbookings@cambournechurch.org.uk

HEALTH CARE

Community First Responders:

Matt Wayland - 07733 268757
 matt.wayland@gmail.com

Cambourne Dental Practice:

(01954) 718585
 www.cambournedental.com

Chemist:

Lloyds Pharmacy - (01954)718296

Monkfield Medical Practice:

(01954) 282153
 www.monkfieldpractice.co.uk

NCT: (National Childbirth Trust)

Candice Lattimore - 07595 909793
 candicelattimore@gmail.com

LEISURE & RECREATION

Cambourne Fitness & Sports Centre:

(01954) 714070

Cambourne Fishing Club:

www.cambournefishingclub.com

Cambourne Sports & Social Club:

mail@cambournesportsandsocialclub.co.uk
 www.cambournesportsandsocialclub.co.uk

PARISH COUNCIL

Parish Council Office:

Parish Clerk - (01954) 714403
 clerk@cambourneparishcouncil.gov.uk
 www.cambourneparishcouncil.gov.uk

Venue Bookings and Enquiries:

Hub•MUGA•Sports Pitches•Cricket
 Pavilion•Sports Pavilion•Allotments•Trailer
 Park•Bowling Green•Monkfield Lane Tennis
 courts
 Tel (01954) 714403
 bookings@cambourneparishcouncil.gov.uk

PLAYGROUPS & PRE-SCHOOLS

Baby And Me:

cambourne.babyandme@gmail.com
 www.babyandme.org.uk

Cambourne 123's:

Ruth: 07503 398344
 Cambourne123s@hotmail.com

Cambourne Pre-school:

Janet Kemp: 07875 083163
 cam.preschool@btinternet.com

Carers And Tots:

Ali Withers: (01954) 714909

SCHOOLS & COLLEGES

Comberton Village College:

School Office - 01223 262503

Jeavons Wood Primary School: Headteacher -

Cath Hainsworth
 School Office - (01954) 717180
 office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:

Headteacher - Sarah Porter
 School Office - (01954) 273377
 office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:

Headteacher - Debbie Higham
 School Office - (01954) 719630
 office@thevine.cambs.sch.uk

SERVICES

Community Car Scheme:

Sam Morrison - 07930 855833

Cambourne Community Fire Station:

(01954) 714030
 www.cambsfire.gov.uk

Library:

Tel: 0345 045 5225
 www.cambridgeshire.gov.uk/leisure/libraries

Police non-emergency:

Tel: 101 (Ask for a member of the Cambourne
 neighbourhood policing team)

Streetlight Faults:

Parish Clerk - (01954) 714403
 Wimpey customercare6@taylorwimpey.com
 Bovis - cambournelights@ntlworld.com

Vets:

Cromwell Veterinary Group:
 (01954) 715161

Waste & Recycling (South Cambs):

03450 450 063

Wildlife Trust:

Jenny Mackay- (01954)713516
 www.wildlifebcn.org

SPORTS CLUBS

Cambourne Cricket Club:

Danny White - 07774 142740
 cccadmin@cambournecc.com
 www.cambournecc.com

Cambourne Eagles F.C:

Secretary - Tracy Ashford (01954) 203162
 www.cambourneeaglesfc.co.uk.

Cambourne F.C:

Information - (01954) 715959
 joracher@hotmail.com
 www.cambournefc.com

Cambourne Rovers (Adults)

www.cambournerovers.co.uk

Cambourne Netball Club:

Emma Smith - (01954) 710034
 cambournenetball@googlemail.com

Cambourne Exiles (Rugby):

Neil Ingham - 07956 410309
 info@cambourneexiles.com
 www.cambourneexiles.com

Cambourne Runners.

Garry - 07807 498951
 cambournerunners@gmail.com

Cambourne Women Runners

Information.cwr@gmail.com

Cambourne Tennis Club:

Andy Holcombe - (07921) 025394.
 andyholcombe@ntlworld.com
 www.cambournetennisclub.co.uk

YOUTH GROUPS

Brownies: (girls aged 7-10):

Waiting list: Kim - (01954) 715722
 cambournebrownies@btinternet.com

Cambourne Air Cadets:

Pilot Officer Rogers: 07813 897949
 cjrelec@aol.com

Cambourne Army Cadet force:

dc.cambourne@gmail.com
 www.cambsacf.com

Cambourne Youth Partnership:

**All Clubs at Cambourne Soul, Back Lane
 CU@4 (7-12yrs)•The Club with no Name (13-
 16yrs)•Internet Café and Hang Out (11-
 16yrs)•Junior Youth Club (7-12yrs)**
 (01954) 718620
 Officecyp@googlemail.com
 www.cambournesoul.co.uk

Cambourne Senior club: (11-16yrs)

Michelle Link
 07833 481527
 michelle.link@cambridgeshire.gov.uk

Cubs, Beavers & Scouts:

Waiting list: Mark - mark.sayer6@gmail.com

Guides: (girls aged 10-14):

Waiting list: Nadine - 07766 117975
 cambourneguides@googlemail.com

Rainbows: (girls aged 5-7)

Waiting list: Kim - (01954) 715722
 cambournebrownies@btinternet.com

Church Youth Group:

Jon Sanders: 07798 858302

CAMBOURNE PARISH COUNCIL

District of South Cambridgeshire

Elections

The Parish Council elections on 3rd May 2012 are uncontested. There were only 11 candidates for the thirteen council seats. Therefore on the 22nd May 2012 the Council will be looking to co-opt two people to fill the vacancies. If you are interested in filling one of the vacancies please contact John Vickery Parish Clerk.

Fun Fair

The popular Fun Fair run Larry Gray and his family will return to Great Cambourne. The fair is again family oriented with the rides at £1.00 during the duration of the stay.

The Fun Fair will take place on Great Cambourne Green, arriving on Sunday 8th July 2011. The Fun Fair is to be cleared by mid-day Sunday 15th July. The Fair would be open on 6.00pm – 9.00pm on Wednesday and Thursday, 6.00pm – 10pm Friday and 2pm -10pm Saturday.

Circus

At the beginning of October Great Cambourne Green will see the arrival of the Big Top of John Lawson's Circus. John Lawson's Circus is a small, all human circus featuring, high rope acts, knife throwing, tight rope acts, and of course clowns. For a preview visit www.johnlawsonscircus.co.uk

Dog Fouling

A plea to all dog owners.

Dog fouling continues to be a problem and a source of many complaints in Cambourne. There are over 20 dog bins around Cambourne, please ensure that they are used. Leaving dog mess on the pavements and on the open green spaces is simply unacceptable, anti-social and unhygienic. Please help us maintain a clean and safe environment in Cambourne. Bag it and bin it!

Allotments

We currently have 2 vacant plots available at the Brace Dein allotment site in Upper Cambourne that are designated for disabled access. The annual rental fee is currently £20 per year. If you are registered disabled and are interested in taking on one of the plots then please contact the Parish office.

We currently have a waiting list for allotments at both sites, if you would like to be added to the waiting list then please email your name address, contact and site preference to bookings@cambourneparishcouncil.gov.uk

School Crossing Patrol Officers

The Parish Council has budgeted to provide a school crossing patrol. We are looking in the first instance at Monkfield School. If you could you spare half an hour in the morning and half an hour in the afternoon? We are looking for permanent and relief School Crossing Patrol Officers to assist children and adults across the road. Term Time only (Approx £2,500 a year). If you are interested please contact John Vickery Parish Clerk

John Vickery

Cambourne Parish Clerk

Residents are welcome to address a meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Parish Clerk at least 10 days beforehand so that the item can be added if necessary.

John Vickery the Parish Clerk is available at Parish Office, The Hub, High Street, Cambourne, Cambridge CB23 6GW. Telephone 01954 714403 or by e-mail to: clerk@cambourneparishcouncil.gov.uk. The Parish Clerk will normally be in the office between 9.30 and 1.00 o'clock Monday to Friday and by appointment at other times.

CALENDAR OF MEETINGS. May 2012

Date	Time	Meeting
1st May	6.30pm	Planning Committee
	7:30pm	Annual Parish Meeting (the meeting of the electors)
22nd May	7:30pm	Annual Meeting of the Council (the start of the new municipal year – election of chairmen) followed by ordinary business of the Council
	*	Planning Committee
	*	Leisure & Amenities Committee (election of chairman only)
	*	Finance & Policy Committee (election of chairman only)
29th May	7:30pm	Planning Committee



Cambourne Ladies International Club

Will now be called Cambourne International Group

We are integrating with the Cambourne Sure Start and will start meeting on Thursdays (except for school holidays) at Sackville House, Sackville Way, Great Cambourne

Next Meeting - Thursday, 10th of May from 10 to 11:30 am

All nationalities are welcome and entry is free. Tel: 01954 284672

editorial@cambournecrier.org

LETTERS TO THE EDITOR



The Cambourne Crier is dedicated to acting as a voice and a forum for all the residents of Cambourne (whether Great, Lower or Upper). We welcome letters and contributions from any Cambourne resident on any topic. We accept such contributions in good faith and trust that they are an accurate reflection of opinion and circumstance. If you wish to report on anything, or air an opinion on the letters page, then please email us. We do require a name and address for our records before publishing but will withhold these on request. Please let us know how you want your letter signed. Photos always welcomed.

The Small print - All contributions subject to editing. Opinions are those of the authors and do not necessarily represent those of the Cambourne Crier editors.

Dear Editors,

I wonder if anyone else has the same concern as me. During the day and sometimes at night there are usually between 5 and 8 cars parked outside Monkfield school on a blind bend on School Lane.

When the village (s) was small this was not too much of a problem but now that the population has risen so much School lane has become a main thoroughfare and passing what can be a long line of stationary parked cars can be quite daunting and dangerous. I understand the needs of mothers dropping off children but I see no reason for cars being parked there all day, especially when there is a very large free car park only 200 metres down the road in one direction and the big Morrisons car park 200 meters the other. Cars struggle so goodness only knows how buses and large lorries cope.

What is it that stops people being responsible for their actions. Staff or patients parking at say Addenbrookes have far longer to walk when they park.

Double yellow lines?

Name and address supplied

MUMS PLEASE NOTE

As from April 2012

Well Baby Clinic

will be held

In the Children's Library on the 2nd and 4th Thursday in the month

New dates will be:

10th May

9.30am – 11.30am

24th May

9.30am – 11.30am

14th June

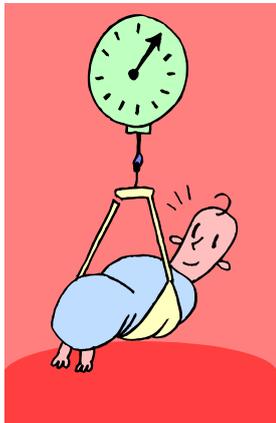
9.30am – 11.30am

28th June

9.30 – 11.30am

Health Visiting Team

01954 282830



The Cambridge Dining Club Selected Mondays 12.00 noon – 2.30 p.m.

With the generous support of La Mimosa Restaurant, on Thompson's Lane, Cambridge, we are launching the fourth year of the Cambridge Dining Club.

The Dining Club meets five times a year at this beautiful riverside restaurant. Annual membership is £27.50 and the cost of the excellent two-course lunch and coffee is just £16.50, and your guests are welcome.

2012: 18th June, 17th September, 5th November

2013: 25th February, 29th April

We hope you will support this wonderful venture and help continue to raise much-needed funds for the NSPCC in our region.

For more details and application forms please contact:
Kate Armstrong on **01954 719745** email: cfm.armstrong@gmail.com



Cambourne Feeding Matters!!

Change of Location and time

Ages 0 – 5

Every Tuesday

10.00 - 11.30am

from 8th May 2012

The Children's Centre Room, Health Centre Building,
Sackville Way, Cambourne CB23 6HL

No appointment necessary

Drop-in session for Breastfeeding & Bottle Feeding Mums, Weaning Issues & Feeding Concerns

Health Visiting Team Tel: 01954 282830



CAMBOURNE COMMUNITY CAR SCHEME

Community car schemes provide door-to-door transport for people who cannot make the journey by car, by bus or dial-a-ride. But is **NOT** a taxi service and you need to give as much notice as possible. Drivers are all volunteers so we cannot guarantee availability. There is a minimum charge of £2.50 for each journey, or 30p per mile from the drivers home and back.

Minimum cost to Cambridge is £6, Addenbrooke's is £9, anywhere in Cambourne is £2.50.

Recent trips have taken a young mum and her son to Addenbrooke's, 2 elderly ladies to the dentist and church, please ensure you have a car seat for under 12's and know how to fit it

The scheme currently **URGENTLY** needs volunteer drivers.

Please contact the co-ordinator for the Cambourne Scheme, Samantha (Sam) Morrison.

Tel: 07930 855833 or **cambournecarscheme@gmail.com** (also for scheme enquiries).

All expenses are paid and drivers get a top up of 15p per mile from the County Council making a total of 45p.

Sponsored by Cambs CC, Cambourne Parish Council and South Cambs DC



Wildlife Review April 2012

A slightly damp period at the end of April was a very welcome relief from the drought, though I suspect it will only be temporary. We spotted the great crested grebes are back on Redgrave Water and the lilting song of willow warblers can be heard around the lakes. Butterflies, including commas, peacocks, orange tips and brimstones, are feeding on the spring blossom in between the showers. Bluebells and cowslips are out in Monkfield Wood and along the A428.

We have started monitoring the birds nesting around Crow Hill again in the early morning. There are plenty of skylarks and meadow pipits singing above territories, so fingers crossed for a good number of successful nests. Last year we managed to record the progress of over 30 nests and submitted the records to the BTO nest recording scheme.

Please remember to stay on the paths around the Country Park during the nesting season and don't go through the long grass areas. We do keep some areas mown short, so please use these for picnics and games.

Plant Sale - The annual Plant Sale will be on 13th May from 2pm to 5pm at the Manor House. As usual there will be a wide selection of plants, many good for attracting wildlife, as well as the growers themselves to offer advice. There will also be hot drinks and cakes for sale and our own charcoal made at Grafham Water. Parking is free, so why not pop by and see what we have?

Dog walkers – please keep your dogs under control throughout the green spaces, but especially in the Country Park and put them on a lead if necessary. Signs are up at all the entrances to the Country Park where we would appreciate extra care because of the ground nesting birds, as shown on the map to the right. Within this area, please keep your dog close to you or on a lead and stay on the paths from April to September. Please also remember to clear up after your dog and put the bag in one of the dog bins or take it home to put in your own bin.

Get in touch

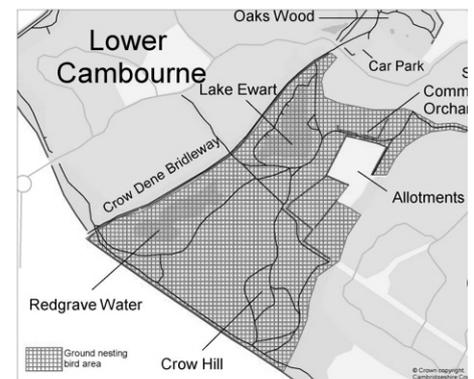
If you have any comments, questions or suggestions about the green spaces in Cambourne please get in touch.

Email: jenny.mackay@wildlifebcn.org Or Call: 01954 713516 (please leave a message and I will get back to you)

Jenny Mackay - Wildlife Trust Reserves Officer

To find out more about your local Wildlife Trust, what we offer in Cambourne and how you can support us, please visit www.wildlifebcn.org

Wildlife illustrations – Mike Langman



Cambourne Garden Club Meeting: Thursday May 24th

Sowing salad seeds, and an exotic experiment

This will be a hands-on evening, and you will take home some seeds to nurture and pot on later for a salad crop of your own.

The Club meets on the 4th Thursday of the month at 7.30pm for 7.45pm in the Hub Committee room. Visitors welcome. Membership is £15 a year. For further info on the club, contact Debbie on 719091 or Fran on 710858

CAMBOURNE SCHOOL REPORTS



Passage to Peru - By year 4, The Vine

On Thursday the 22nd of March, Year 4 put on a performance to their parents, called Passage to Peru.

We choreographed our own dances, composed our own music, and prepared food for the parents, which included Andean vegetable stew, Organic wholemeal bread, and Toffee cake. We dyed a piece of white cloth, in order to make scarves, belts or head bands. We also printed patterns on them, to make them look more Peruvian.

Other things in the show included a tale from the rainforest and postcards from landmarks around Peru. Thankfully, everyone had a big voice!

Everyone enjoyed it and we all liked creating the performance. Some parents said that: "The dancing and the drumming were fantastic!" Others said that "It was just like being in Peru, it was so realistic!" - Emma and Natalia



to find out more about The Vine School contact Headteacher Debbie Higham on 01954 719630 or e-mail: office@thevine.cambs.sch.uk



**Jeavons Wood Primary School
Summer Fête**

**Friday 15th June.
3.15 pm to 5.30 pm**

Come and join us and enjoy our stalls including:

Food (Jacket Pots, Burgers, Sausages etc.) • Ice cream van • Bottles and Tins Tombola • Bouncy Castle • Penalty Shoot-out • Lucky Dip • Mystery Bag – what will you win? • Temporary Tattoos • Face painting • Teddy Tombola

There will also be a Raffle with many prizes from local businesses and our famous home made cream teas. For more information please contact us by email enquiries@jeavonswoodpta.org.uk

We welcome everyone from Cambourne to come and support us

Cambourne



**Cambourne 123s is a fun and friendly toddler group.
We meet Fridays from 10-11.30am at the Sports Pavilion
Cost £2 per child (extra children 50p, under 1s free)**

Cambourne 123's is run by a group of mums on a voluntary basis and hopes to provide a calm(ish!) environment for toddlers to play safely whilst their carers enjoy a chat plus a FREE cuppa and biscuits! So, if you are new to the area or just feel like getting out of the house, then please do come along. Do you have too many toys cluttering up your house? Cambourne 123s will gladly take them off your hands, contact us on the email address/number below.

4th May Make a May Day musical instrument, **11th May** Fun day and sponsored trike ride, **18th May** Animal craft
25th May Parachute play and tissue picture & Father's Day gifts, **1st June** Jubilee party

If you are interested please do come along, as we would love to see you or for more info please contact Ruth on 07503 398344 or email cambourne123s@hotmail.co.uk

FAMILY JUBILEE TEA PARTY

Join us for a tea party, games and fun!

DATE: Monday 4th June, 2012

WHERE: The Hub, Cambourne

TIME: 10.30am - 1pm

£6 per family ! Call 01954 719503 to book.

Another Violet and Tallulah Community Event.

*Parental Supervision Required *

Come Wearing Red, White and Blue!



THE PUB ROCKS!

For Macmillan Cancer Support
MONKFIELD ARMS
Monday 4th June.

6pm til Late

4 ROCKING PERFORMANCES
FOOD & RAFFLE

WE ARE
MACMILLAN.
CANCER SUPPORT



CAMBOURNE CRAFT FAIR

Cambourne Craft Fair is Back!

Date: Saturday 23rd June 2012

Time: 1 – 4 pm

Place: Cambourne Church, Great Cambourne

Stalls include...handmade cards, delicious cakes, original artwork, photography, jewellery, handmade toys, knitting, quilt-work, sock animals, home furnishings, soaps and much, much more!!

And Free Entry too!

Café & Live, Local Musicians in the Foyer

Calling All Musicians!

We are looking for local musicians to play at Cambourne Craft Fair on Saturday June 23rd.

This is a fantastic opportunity to play to lots of Cambourne people, to get your sound 'out there', to get future bookings or just to enjoy playing to an audience.

Any style of music, any size of group considered!

Please contact Laura (lewatts@hotmail.co.uk) for more information or to book a place.

CAMBOURNE ARTS

CREATIVE WRITING: Using words for pleasure- meet in Cambourne Library on the first THURSDAY of each month. Next meet will be on May 3rd at 1.30pm, when the focus for writing will be 'Something about my childhood – a memoir'. New members are more than welcome to join our small, friendly and enthusiastic group. For more information please get in touch with Pat Callaghan on 01954 718836

WATERCOLOUR CLASSES: This term there will be one amalgamated class meeting on Wednesday mornings from 10-12 noon in the Sports Pavilion. Phone 01954 710858 for more information and if you would like to join. Some people have expressed an interest in an evening class. Please get in touch again and when we have 10 participants, the class can go ahead. Also, if there is enough interest we could have another beginners' class in September. Please get in touch soon so we can begin to plan. Phone 01954 710858

THE ART GANG: An informal get-together for anyone with an interest in the arts: we meet at 7.30pm on the second Monday in the month to share ideas, chat, organise events practice art skills and network with local creative professionals and amateurs. Phone 01954 710858

PHOTOGRAPHY GROUP: In this local group, levels of expertise vary from beginner to advanced, with everything in between, and more members will be very welcome. Fortnightly Tuesday evening meetings. For more details visit the website: www.flickr.com/groups/cambournephotographygroup/ or phone 01954 205050

LIFE DRAWING: This is an untutored session, but friendly advice is always available and experience levels vary greatly! For details of the next session and to book a place phone 01954 710858



WHAT'S ON LOCALLY?

Comberton Arts and Leisure: A range of concerts, comedy nights and other events. www.combertonleisure.com

Wysing Arts Centre: A changing programme: check their website for more information: www.wysingartscentre.org

Fitzwilliam Museum: Always something new to see, courses to go on, things for the children to do: www.fitzmuseum.cam.ac.uk

WEBSITE: If you are an artist or craft-worker and would like to have a link on the website, please get in touch via the website:

www.cambournearts.btck.co.uk

Also, check out the Cambourne Arts Facebook page:
www.facebook.com/cambourne.arts

For further information on any aspect of Cambourne Arts, contact:
Fran- fran@panrucker.eclipse.co.uk or **01954 710858**



CAMBOURNE WI - May

April meant it was once again time for the Annual General Meeting and a chance to reflect on another successful year for the Cambourne WI. Our members have been on some lovely trips in the summer, eaten some tasty meals and have been entertained by diverse speakers although it is fair to say that some speakers have been entertaining in ways that none of us anticipated at the time of booking! The AGM also gave us a chance to look at the structure of the committee and give different members a chance to play a bigger role on the committee. Our thanks go to June, Jane and Paula who are all stepping down from the committee at this time and also to Mary, Ruth and Mikki who are valiantly continuing to stand on the committee for the forthcoming year. Without the commitment and time given by the committee the Cambourne WI would cease to be.

Witches and Wicca will be the topic of our May meeting and we are looking forward to finding out more about this ancient craft and traditions from our speaker Maureen James on Thursday May 10th.

- Book club and our book for May is *The Bird without wings* by Louis de Bernieres described by critics as a 'This is a truly great novel.' It is set in Western Turkey in the early 20th century and concerns the events surrounding the first world war, the break-up and eventual dissolution of the Ottoman empire, and the effect that this has on the everyday inhabitants of a small town. Bookclub meets on the third Wednesday of each month in the Monkfield Arms and is led by Prue Allgood who can be contacted for further information on 07902 903 305.

- The Walking Group tackle walks of between 4-7 miles contact Fran on 710858 or Penny on 200126 for information on the forthcoming walk or even better come along and give us your suggestions of favourite walks.

- Coffee mornings are held in Greens Coffee shop on the last Friday of the month at 10.30 am. This has become a very popular event and Greens make us all very welcome so come and join us for coffee and cake.

- The Darts group meets on Monday evenings and so far this year we have won one and lost another game. Our darts team now have a shiny new electronic scoring machine so we are hoping this brings us more luck. However support is always welcome and if you would like to join this winning team please contact Joan on 200908 or Edna on 717360.

- If you want to be a Lady who Lunches then watch out for lunch dates and venues to be announced in the near future. Our Theatre group will also be planning future trips and if you want to experience some afternoon culture look out for diary dates in the near future.

Cambourne WI is a vibrant group of women of all ages. New ideas and suggestions are always welcome. If you are new to the area or would just like to meet like-minded ladies and women then get in touch and come and join the Cambourne WI.

For more information please contact Gill on 07525657567.



This month saw the introduction of the ban on tobacco displays. Since the legislation came into force on the 6th of April, supermarkets including Morrisons in Cambourne are now covering up tobacco and cigarette products in order to prevent children from being marketed to via the walls of promotional material. Smaller outlets will be exempt until 2015. Campaigners have argued that cigarettes packets have become more visual, colourful and attractive. Bans on other forms of advertising have also closed down marketing opportunities for tobacco companies.

info@Cambournecrescent.org
www.Cambournecrescent.org

Dr Mohammad Hawari of Great Cambourne helpfully reminds us that smoking is responsible for over 100,000 deaths in the UK each year. Around 50% of these are due to cancers; mainly lung cancer. The other half die from heart disease or damaged lungs. In each cigarette there are thousands of chemicals

that are harmful for the body. Some can cause cancer such as tar and some cause addiction like nicotine. The more you smoke; the worse is the toxic effect of these chemicals on your body. According to research, each cigarette takes 11 minutes from your life

Dr Hawari states that in all religions, including Islam, harming oneself is forbidden. He reminds us of the sayings of Prophet Mohammad (PBUH) who stated "Man's feet will not move on the Day of Resurrection before he is asked about his life, how did he consume it, his knowledge, what did he do with it, his wealth, how did he earn it and how did he dispose of it, and about his body, how did he wear it out."

To quit smoking, set up a date as a target to stop completely. Involve your GP or your practice's "Stop smoking service". NHS websites are available to help you quit. There are free kits available to start the process. Check <https://smokefree.nhs.uk> for further information.

Nicotine patches or gum can help in managing the physical dependence, allowing you to cut down the number of cigarettes you smoke. There is a recently introduced drug Varenicline "Champix" that mimics the effect of nicotine on the brain and has shown promising results. According to reports, people who use this medication stop enjoying the pleasure effect that a cigarette gives them and increases their success rate at quitting.

As for the psychological dependence, write down a list why you should stop smoking. Check how much you could save. Find someone who can support you through this quitting process and stick to your target date. To deal with cravings if they happen, go back to your list, call a friend for a chat, chew a gum or eat a fruit, brush your teeth or have a shower, occupy yourself with something e.g. gardening or going for a walk. Think about it, if someone approaches you, selling a pill that will make your heart weaker, blood vessels smaller, lungs black and dysfunctional and reduce your life expectancy, what would you do? Will you buy it?

If you try and fail, don't give up. Try again, as it is more likely that you will succeed. The day you stop smoking is a new day in your life, a healthy life. So please, stop smoking and save yourself.

Dr Mohammad Hawari, MD MRCSEd



CAMBOURNE CATHOLIC CHURCH

Following the great feast of Easter, we look forward to 'Pentecost' on Sunday May 27th. Pentecost, which translates in Greek to mean 'fiftieth' day, is fifty days after Easter and celebrates the descent of the Holy Spirit on the Apostles. It is often referred to as 'the birthday of the Church' and is one of the most ancient feasts in the Church - celebrated early enough to be mentioned in the Acts of the Apostles (20:16) and St. Paul's First Letter to the Corinthians (16:8).

After the death and resurrection of Jesus, the Apostles had been promised by Jesus, before he ascended to heaven, his spirit, to be with us through all time. Although the apostles had witnessed the risen Lord in the flesh, had eaten with him and 'doubting' Thomas had put his hand into his pierced side and into the holes made in his hands by the nails, they were still hidden with fear of a similar fate. Suddenly, what sounded like a great rushing mighty wind, came from heaven and tongues of fire came down upon each one of them and they were all filled with the Holy Spirit. The Apostles were emboldened to speak the good news to all and were able to speak in the languages of many different people who had come to Jerusalem for the Jewish feast.

As Catholics, we receive this outpouring of the Holy Spirit through the Sacraments, which are Baptism, Reconciliation, Confirmation, the Eucharist, Holy Matrimony, Holy Orders and Sacrament of the sick. The Church teaches that the Sacraments are, "efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us. The visible rites by which the sacraments are celebrated signify and make present the graces proper to each sacrament. They bear fruit in those who receive them with the required dispositions".

The gifts of the Holy Spirit help us to lead a Christian life and they are, 'wisdom', 'understanding', 'counsel', 'fortitude', 'knowledge', 'piety' and 'fear of the Lord'. By the power of the Holy Spirit we can bear much fruit. He who has grafted us onto the true vine will make us "bear the fruit of the Spirit: . . . love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control." "We live by the Spirit"; the more we renounce ourselves, the more we "walk in the Spirit."

For mass times and updates on monthly activities please see our facebook page (note: you do not need to be a member of facebook to view this page) .www.facebook.com/cambournecatholicchurch

Mass time in Cambourne Church Saturdays at 5pm

PEACEHAVEN BAPTIST CHURCH

How to mess up your life. Part 3.

As a Christian have you ever said to yourself, my life is just too good. I am doing right and living well and have too many blessings. What I really need is to turn my life into a real wreck. One of those reality TV, dregs of society kind of life styles. Well as we continue in a biblical example of how to take a great start in life and really mess it up. It is the life of Samson. We have covered getting involved with an unbeliever, and drinking and partying. This month we look at

Gambling

Judges 14:12 And Samson said unto them, I will now put forth a riddle unto you: if ye can certainly declare it me within the seven days of the feast, and find it out, then I will give you thirty sheets and thirty change of garments:

13 But if ye cannot declare it me, then shall ye give me thirty sheets and thirty change of garments. And they said unto him, Put forth thy riddle, that we may hear it.

Now remember he had already been drinking so his mental state was not at its best. But what's the harm in a little bet or two? It wrecked Samson's marriage before it even started. When the men could not figure out the riddle bad things started.

Judges 14:15 And it came to pass on the seventh day, that they said unto Samson's wife, Entice thy husband, that he may declare unto us the riddle, lest we burn thee and thy father's house with fire: have ye called us to take that we have? is it not so?

Those with whom he gambled threatened his new wife and her family and instead of going to her husband with the truth she used emotional manipulation and cried and complained until she got the information. When the Philistines answered his riddle he knew his wife had deceived him.

19 And the Spirit of the LORD came upon him, and he went down to Ashkelon, and slew thirty men of them, and took their spoil, and gave change of garments unto them which expounded the riddle. And his anger was kindled, and he went up to his father's house.

20 But Samson's wife was given to his companion, whom he had used as his friend.

This bet resulted in the deaths of 30 people and other problems later. Families have been wrecked because of gambling. Children have gone cold and hungry because of it. We are to be wise stewards of what the Lord provides us and gambling is not wise. The brightest lights I ever saw was coming from Las Vegas, all those casinos with fancy rooms and polished marble, the best of things. How do you think they bought them. These businesses thrive on taking your money, yes sometimes you win, but that would be the exception otherwise they would not continue to operate. It is unwise to gamble and as believers we should avoid it. What he did next, we will explore in the next article.

If you have any questions or just need to chat let me know.

Donavan Bangs

Meeting Sundays
10am
Bible study and
Sunday school

11am
Morning worship
at the Hub

Wednesday
evenings
7 pm
The Maple
Centre
in Huntingdon

For more info
email
Peacehavenbc
@aol.com

or call
01954 710510

Pastor
Donavan Bangs



Cambourne Church

A partnership of the Church of England, Baptist, Methodist & United Reformed Church
 Service times: Sunday 9.30 & 11.00am. 1st Sunday in Month 10.00am. (2nd Sunday Holy Communion)
www.cambournechurch.org.uk



Christian Aid week

13th – 19th May

Helping people in poverty
 out of poverty



<http://www.caweek.org>

**The Service held on the 20th May will be
 in aid of Christian aid week**

~ Fair Trade ~
Issues & Updates

**Wednesday May 9th at 8pm
 in the church.**

with David Potter, Bishop of Ely's advisor
 on Fair Trade.

*This is an open invitation to all who are
 involved in Fair trade to hear the latest
 thinking and issues in this area.*

*The meeting is being organized by the Love
 Justice Group.*

Come and join in the conversation.



**Youth Stuff
 ~ Thirst ~**

Monthly Youth service for school years 7-13

May 6th 7.00-8.30pm

~ Ignite ~

Monthly Youth service Young people to express
 themselves, live music, Pool, pizza, etc

May 20th 6.30-8.30pm

~ Soccer Sunday ~

Open to school years 7 -13

May 13th & May 27th

4- 5.30pm at the MUGA

For more information contact Jon Sanders
 on 07798 858302

Allotment Project

The Epiphany church house group have started a new community allotment project. The idea is for us to give something back in a gesture of community spirit which will benefit everyone involved. The allotment is located on land behind Cambourne Church.

The project has been started with a clear vision of bringing the community closer and developing new friendships and the hope is that it would foster a community spirit and teach residents how to grow their own food as well as providing hard-pressed households with fresh fruit and vegetables.

The first seeds have now been sown after a group of volunteers spent hours tilling the soil. Potatoes, broad beans, peas, radishes, rhubarb and parsnips are already being cultivated and other varieties will hopefully be grown over time.

We are thankful to the Residents who have donated tools and helped to get the project off the ground. We are appealing for volunteers to pitch in on the community allotments to produce home-grown fruit and vegetables for needy households.

Regular updates will also be posted on the church website at www.cambournechurch.org.uk

The allotment is still in need of fencing, a water butt and more general gardening equipment.

To donate materials or find out more, email:
info@cambournechurch.org.uk.



The starship discovery SUMMER HOLIDAY CLUB WEEK

run by CAMBOURNE CHURCH



Monday 23rd - Friday 27th July 10am - 12pm in the Church and the Ark .

For children who will be in years 1-6 as from Sept 12

45 places only - first come, first served! £8.00 for ALL 5 sessions.

Games, stories, craft, refreshments + much more!!

Registration forms available from jacqui.huckle@uwclub.net



PILLARS OF THE COMMUNITY

This month, we spoke to Jeavons Wood's new headteacher Cath Hainsworth.

In the entrance lobby to Jeavons Wood is a large, child-made collage of a tree entitled 'Growing Together', which visualises the aims and values of the school. Sitting behind protective Perspex, it was obviously made some time ago, but talking to Cath Hainsworth - on only her second day at the school - it's clear that this principle of putting values front and centre is something she shares.

"One of the reasons I wanted to work here," she says, "is that the school's philosophy and its approach to education is very much in line with mine. It's all based on creativity, creative thinking and child initiated learning - consulting with children about their education. At the moment I'm caught up in having to think about the short term because of the new building, but my long term vision is to ensure that the core values we have now are still present when we move over into a much larger building and that as we grow, this philosophy grows with us: through into Key Stage Two."

With completion of the new buildings imminent and the move due to happen over the summer holidays, there is much for Cath to think about. Looking ahead to the coming months, though, she says that she's up for the challenge. ***"The thing I'm looking forward to most, is getting to know the Jeavons Wood Community: meeting all the governors, the parents, staff and children, and allowing them to get to know me as well. Then over the next six months my priority is to help to manage a successful move across the road - ensuring that all those people are fully involved and that the transition is really smooth."***

"But it's sort of twofold: there's also a worry about making sure that we manage that move as successfully as we can and that we're taking account of everything we might need to take account of, including all the health and safety and the risk assessments. It's exciting, but there's two sides to it - if it doesn't go successfully then I've got an empty school and that's an issue!"

Cath has been a head teacher for thirteen years, and says that teaching is something she has always been enthusiastic about.

"I think it was in the blood, really - it's something I've always wanted to do. I did try a spell after my A-levels working for the Inland Revenue and realised that that was not for me so I got into teaching then - went straight to college and qualified and I've had a passion for it ever since."

But it wasn't just the teaching and the challenge of a growing school which attracted her to Jeavons Wood. Residents of Cambourne often talk about the 'pioneer spirit' of those who move in to the area and quickly get involved in the community. It seems that this is something which interests Cath, too.

"One of the reasons I wanted this job was that I was very interested in how this new community is growing and I'd like to be involved with that. A school has a huge role within any community, but especially here as Cambourne grows. We have a responsibility to help develop the children's values of citizenship and in making sure they understand the community they are a part of. We would also like to open up the school in terms of allowing the community in as well, even down to little things like lettings. We want the school to be a feature of Cambourne and not just an isolated little island."

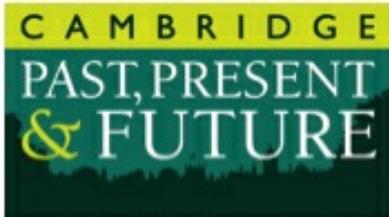
But with everyone from local councillors right the way up to Michael Gove having an opinion on how schools should be run, it is important to have a steady hand on the tiller.

"I think you have to be true to your principles: that's really crucial. We have very secure core values here which we hold very dear. And as long as you're clear about those values then it doesn't matter what outside pressures are coming at you, because if it fits those values then we'll absorb it, if it doesn't fit those values then you can reject it. So it's being strong and about sticking up for what you believe is right for the children at Jeavons Wood."

"Above all, though, I really want it to be communicated to everyone that I'm really, really excited about being here. It's definitely - hopefully - a fit for children, staff, school and me and I'm looking forward to it."



Cambridge Past, Present & Future invite you to their Midsummer Party In aid of Bourn Windmill Thursday 14th June 6.30 to 8.30pm



Formerly Cambridge Preservation Society

Come and help support one of Britain's oldest surviving windmills by enjoying the summery delights of our Midsummer Party - starting with optional guided walks from Cambourne and Bourn village. The party will be held in the tranquil surroundings of the Mill Cottage Garden by kind invitation of Kate and Bill Armstrong, next to Bourn Windmill. During the evening the Cambridge PPF volunteer guides will show you the inside of this 'open trestle post mill'. Home-made tasty treats, Pimms and Fruit Punch will

be provided in the Cottage Garden or undercover if needed. There will also be a chance to win prizes at our raffle - all proceeds raised from the evening will go towards the upkeep of the Mill.

To book tickets please contact Claire Enderby on 01223 243830 ext 205 devassist@cambridgeppf.org Cambridge Past, Present and Future, Wandlebury Ring, Gog Magog Hills, Babraham, Cambridge, CB22 3AE.

Tickets cost: £ 8.00 per person £15.00 double ticket which includes a tour of the mill between 6.30-7.15pm.

Please book early as places and car parking are limited! There is limited parking at the Mill, so, if you can, please join the guided walk leaving from either Cambourne or Bourn at 6pm (details will be emailed or sent in advance) or cycle if possible. The mill is located off Caxton Road, Bourn CB23 2SU. Or see www.cambridgeppf.org for more details.

Greetings from Cambourne Library

The library opening hours are:

Mon: 9.00-5.00, **Tues:** 9.00-1.00, **Wed:** Closed all day, **Thurs:** 4.00-7.00, **Fri:** 9.00-5.00, **Sat:** 9.00-1.00.

Please note that we no longer have a late evening on a Monday but are open all day. We are also open all day on a Friday. Pop along to your local library and see what we have to offer!

Engage in the Afternoon - Wednesday 9th May 2.00pm.
“War widows in 2nd World War” talk by author Helen Millgate. All welcome!

Family History Research Sessions. - There will be a drop in Family History Session by the Cambridgeshire Family

History Society at the library every 3rd Monday in the Month from 2.30 – 4.30. Just pop in for advice. All areas covered. NEXT SESSION 21st May. Please note new start time.

From Monday 14th May we are having a “Your Life Your Choice Roadshow” in reception at Sackville House. Please pop along and take a look.

Don't forget we sell stamps, cards, posters and children's workbooks and regularly sell books.

Cambourne Kitchen ~ Gluten-Free Earl Grey Teacake with a trio of Cream Cheese Frostings

What better way to enjoy the spring season with (hopefully!) brighter and milder weather than with a tea time treat that you can enjoy outside with a hot cuppa. I'm always meeting people with various food intolerance's and allergies and I love to develop recipes that don't feel as though they are different or lacking in any way. This cake is surprisingly easy to make and really delicious. I made it into little finger cakes with three different frostings. It's equally as good served as one big cake with just one flavour.

<i>For the cake:</i>	<i>For the Frosting :</i>
- 6 medium eggs separated	- 600g cream cheese
- 250g butter	- 400g icing sugar
- 250g caster sugar	- zest of 1 lemon and a squeeze of juice
- 200g Doves gluten free plain flour	- zest of 1 lime and a squeeze of juice
- 150g millet flour	- zest of 1 orange and squeeze of juice
- 1 tsp gluten free baking powder	
- 8 earl grey teabags	



Photo © Louise Wilson

Method:

Preheat your oven to 180°C (fan assisted) and line a 3-4 inch deep 12in square cake tin (these are the measures of my tin but if you are using something different just decrease or increase your baking time accordingly and keep an eye on it – ovens will vary too – these are guideline measures) with baking parchment.

Place the teabags into a measuring jug and pour BOILING water over the top up to 300ml, cover with cling film, and leave to steep for 5 min's. (When you remove the bags this volume will decrease to about 200mls.) After 5 min's tip all the sugar into the hot liquid and stir to help dissolve. Set aside and occasionally stir to create a syrup.

In the meantime, melt your butter gently in a small pan and in a large mixing bowl whisk your egg yolks until smooth. Slowly add the melted butter into the egg yolks and whisk vigorously all the time to emulsify the mix. Once you have added about half you can increase the flow of the butter into the yolks. Once all the butter has been added, pour in the tea syrup and whisk until fully blended then beat in the flours and baking powder.

Put the egg whites in a separate bowl with 1 tsp of salt and beat until stiff peaks form. Take 1/3 of the egg whites and beat into the cake batter until fully incorporated. Then add another 1/3 and using a large metal spoon fold gently into the mix and then repeat with the final 1/3 being careful not to knock too much air out.

Pour the batter into the lined tin and place in the middle of the oven. After 15 minutes turn the oven down by 10°C. It should take approximately 50 min's in total to cook but check after 35mins and then each 10 minutes after that. Ovens vary and it is best to keep a close eye particularly towards the end of the baking time. Run a knife or skewer through the middle and if it comes out clean then you know it's ready.

Whilst waiting for the cake to bake. Place the cream cheese into a bowl and beat until smooth and gently add the icing sugar (or else you'll end up with a sweet plume in the air!). When combined you can beat the mix until smooth. If you are making different flavours it is at this point you'll need to divide the frosting into separate bowls and add the various zests and juices.

When you are happy the cake is ready, take it out of the oven and leave for 10mins in the tin then lift it out onto a cooling rack. To make the finger cakes slice the cake into sections and layers before frosting. How you choose to do it is entirely up to you depending on whether you want a larger slice of cake or a delicate bite-size.

I topped mine with homemade candied peel but you could use a little extra zest, slice of fruit, or anything you wish. As I always say – this is a great opportunity for you to be creative. I make suggestions but let your imagination take you further. I want to inspire people not to be worried about giving things a go, trying something different and if it doesn't work then you'll know for next time. Enjoy!

The Cambourne Green Man

"A voice from the 'hedge' of reason".



Hello again folks, I hope that you all enjoyed last month's article. This month, as it is the time of new beginnings, I would like to write a few words about starting a new garden.

Many folks in Cambourne are going to be taking the plunge and having a go at developing their garden plots this year. They will probably find, as did all of us, that under their 'laid to lawn' plot hides a nice surprise. Yes, being a new development, Cambourne gardens are laying on top of a wonderful mixture

of clay and building detritus. This is covered with an ineffective 2cm of top soil with B-grade turf floating on it. Before a new gardener even thinks about plant choices, soil should be first thing the list. Once areas have been identified for planting beds or borders they should be stripped of grass and rortorvated or dug over thoroughly, removing large stones/bricks etc. New beds would benefit from a 6-9cm (minimum) layer of screened top soil dug in. Very clay like soils should have plenty of organic matter such as moss peat or homemade compost dug into it, which over time, will help break down the consistency of the clay. This is an on-going process as clay soil is a problem that is often never cured but eternally endured. These processes are time consuming and possibly costly but worthwhile as planting hundreds of pounds of plants in rubbish soils can result in dead or sickly plants.

If you cannot afford to treat whole areas of your garden with such methods, there are some 'cheats'. At the very least, dig over the areas. Digging is free. Before you dig, sprinkle over a feed such as pelleted chicken manure or a thin layer of composted horse manure. Now, when you come to plant, dig holes at least 2inches bigger than the size of pot that the plant comes in. This gives you space to put fresh potting compost under

and around the roots. The theory behind this method is that new roots are in contact with some superb growing medium giving the plant a good foundation. By the time the roots reach the poorer soil they should have sufficient strength to deal with it.

After you're newly dug soil has settled down for a month or so, you can approach the mine field that is 'the choice of plants'. There is indeed a world of plants out there to pick from and, to be honest, it is bewildering. My best advice would be, look at your neighboring gardens for inspiration and sensible pointers. From your observations you will be able to find plant species that do well in your location. Build yourself a garden 'backbone' of reliable plants to give the garden some structure.

Then it is up to you. Gardening is defined by a couple of things, personal preference and fashion. Your choices should mainly be made from your personal preferences maybe throwing in some splashes of the trendy. After all, you are the one who will be looking at your garden the most, so you are the ones that need to be happy with it.

Yours informatively,
Green Man.

Send your questions to The Green Man at greenman@cambournecrier.org



Plants of the month. Grafted Tomatoes

Grafted tomatoes. Usually varieties are grafted onto developed, reliable, root systems. This gives the plants a superb boost without causing an imbalanced crop. Better disease resistance and no wilting. Use. More susceptible to stress with too great if you only grow a few plants but worth better crops.

Q: Help, how do I stop cats from messing in my garden?

A: There are no permanent, definite solutions. Cats are as individual as humans, so what works for one cat might not work for the next. There are a number of things to try. The first thing would be trying any of a number of chemical or natural deterrents on the market. I have found the best to be a product called "Silent Roar" which is made from pelleted lion poo. The theory being that a cat will not mark its territory in an area occupied by a more senior or dominant cat. You don't get more dominant than a lion!
The next step would be to try distraction planting. Coleus Canina or "Scardy Cat" is a plant that has an odour that cats really dislike. Dotting these annual plants around the garden may help. Nepeta cataria (catmint or catnip) is a plant that some cats love and are attracted to as it has a mild narcotic effect on them. Plant this somewhere in your garden where you do not mind cats going to distract them from the rest of the garden. Other cultivars of nepeta as musinii have a similar, but not as effective result.
Hope this helps.

JOBS FOR MAY					
Flowers	Sow hardy annuals direct into beds	Complete outside sowing of hardy annual flowers	Prepare soil in flower beds for summer bedding	Plant up hanging baskets	Plant out chrysanthemums for Autumn flowers
Fruit / Veg	Start sowing salad crops	Feed strawberries with a high Potash feed	Sow bean, marrow, courgette and squash seeds	Sow sweetcorn in deep pots	Thin out congested fruit crops
Greenhouse	Plant up containers with summer bedding	Plant tomatoes in large pots or growing bags	Watch out for pests	Put up shading to reflect scorching sunlight	Regularly water crops in pots and growing bags
Garden	Treat problem weeds	Treat moss and weeds in lawns with weed killer	Watch out for greenfly and blackfly on developing plants	Plant tender crops outside	Hoe bare soil and hand weed beds weekly

PAPWORTH ASTRONOMY CLUB NEWS

The club's next meeting will be on 2nd May and will include a presentation by Dr. Jonathan Shanklin called "People and Penguins". Jonathan works for the British Antarctic Survey in Cambridge and has just returned from Antarctica. While there, he found time for his hobby of astronomy and the study of comets in particular. Jonathan is also known as the researcher who identified the hole in the ozone layer over the South Pole (see his Web site at <http://www.theozonhole.com/jonathanshanklin.htm> for more details).

The meeting will be at the Vinter Room, Papworth Everard. The Vinter Room at the entrance to Vinter Close (it is the building with the clock tower). Entering Papworth Everard from the south, take the first left after the traffic lights into Elm Way, past the fire station, and then take the second left into Vinter Close. From the north, take the first right after the library into Elm Way, past the fire station on your left, then take the second left into Vinter Close. The meeting room is accessible to wheelchairs.

This is the final meeting of our spring season and we will be taking our usual summer break in June and July. We will return with the traditional picnic in August. The autumn season will include presentations by Professor Mike Hough of the University of Hertfordshire and Sam George from the Cavendish Laboratories. More details in a future edition.

More information about the club is on our Web site (www.papworthastronomy.org). You can also email Peter Sandford on peter@cheere.demon.co.uk or phone 01480 830729.



Cambourne FC News

Website: www.cambournefc.org.uk

Club E-mail: joracher@hotmail.com

Telephone: 01954 715959



CFC COMMITTEE

- **C.F.C 'Bag packing' success, Thanks to Morrison's**
- **C.F.C Invited to Cambridge United Tournament for third time**
- **C.F.C Easter Raffle, Thanks to Cambourne Sports & Social Club**

The committee was very busy in April organising a number of events. We had our 2Kg Easter egg raffle, kindly donated by our friends at John Lewis, and won by Jake Cobbold. Our runners up prize of a toy Easter Bunny was won by Mark McGregor. We also organized our annual Quiz Night which we will report on in June's edition of the Crier. Most important of all, we started organizing our Trophy day/night which is set for June 23rd. Thanks to the help of Morrisons and their staff, the massive support from parents and players as well as the generosity of Morrisons shoppers who all kindly donated so much towards this event, the children are set for a really exciting day.

SOCCER SCHOOL - U6s

The soccer school boys and girls have now separated into their teams with the younger group moving up in Soccer School. We received an excellent response to find next years U7 Manager with 5 parents offering to help. We are extremely excited about this age group, and we are confident the new under 7's have a very exciting future ahead of them and a huge congratulations goes to Chris, Graham, Simeon and Barry for doing so well with this age group over the past year. CFC Soccer School is held every Saturday morning 9-10am at the Cambourne MUGA. The school is open to school children below the age of 6 and if you are interested in either joining the under 7's next season or joining Soccer School, then please either come along to the session or contact Chris on the details below.



CFC U7 – BLACK

The U7 Black team recently enjoyed a six a side tournament at nearby Caldecote. We played Littleport, Foxton, Over and the hosts Caldecote. Archie Maylin was our top scorer for the day which also included a coaching session hosted by the FA. We now look forward to an away fixture at Buckden together with a special tournament at Cambridge United's Abbey Stadium.

CFC U7 – WHITE

We are on a fantastic run of 3 straight wins, 2 of which were friendly games, firstly winning against Longstanton 7 - 0 and then a 5 - 4 win at home to a good Gransden side. All the players continue to gel as a team going from strength to strength scoring 24 goals in the last 3 matches.

CFC U7 – SILVER

The Silver team produced a fantastic team performance in their away match against Sawtry Colts Yellow Sox, highlighting just how much progress the players have made as the season has progressed. The team have enjoyed a number of very productive group training sessions with the other U7 teams, working on skills which will hopefully stand them in good stead for the final two league matches of the season

CFC U8

With the season approaching its end, the Under 8's are firing on all four cylinders now, in a season of which each and every player can be proud. The regular Tuesday night training sessions are regularly fully attended, and the children thoroughly enjoy themselves. If you have a child you would like to join our training sessions then please contact Jez on the details below. We are looking to build a second team to enter into the league for the next season in September.

CFC U9

The U9s continued their impressive passing football with a hard fought win against one of the stronger teams in their league, Over Sports. In a display where all players had to be at their best, their managers Glenn Maylin and Garry Wraight inspired them to a 7-6 win, maintaining their 100% home record in the process. This score was not completely reflective of the pressure the boys put onto the Over goal, but their goalkeeper kept Over in the game until the final whistle. This result confirms Cambourne FC U9 as the top team in their league.

CFC U10

The U10's maintained the best league record throughout April and with only 3 games to go we still have a lot to play for. The whites put in an almost perfect performance against Coton, the movement was exceptional, with the boys passing the ball about and finishing their chances. A real solid performance, demonstrating why this team has had the best league record for the majority of the season. The U10's now look forward to the Cambridge United tournament where we will have two U10 teams. Good luck lads.

CFC U13

The under 13s continued throughout April with some very impressive football, the entire team play with real passion, and have improved from every angle. What is just as impressive is the team's attitude and sportsmanship - in our last game against Newmarket, their manager commented that the CFC U13's were one of the nicest teams he had ever played against. If you would like to join the only under 13s team in Cambourne, then please come along to training on a Friday 5-6 at the MUGA or ring 01954 714428.

CONTACT:

Soccer School & U6 - chris.racher@hotmail.co.uk
 U7 - simondowe@yahoo.co.uk &
daniel.white2@student.anglia.ac.uk
 U8 - jezjubb@shacklog.co.uk
 U9 - garywraight@hotmail.co.uk
 U10 - sracher@hotmail.com
 U13 - clmbuilder@btinternet.com
 U17 - stevepdoidge@aol.com



Cambourne Eagles

Football Club



Contact Details: www.cambourneaglesfc.co.uk

Tracey Ashford, Club Secretary: 01954 203162

FROM THE CHAIRMAN

Another busy time for everyone at Eagles with much going on behind the scenes to strengthen and grow for next year.

Many of our teams are now nearing the end of their seasons with the last matches being played at the back end of this month. As always we are looking for new players, coaches, managers, linesmen etc to join our club for season 2012/13. If you would like to join us now to get in training for the new season we will be fielding teams from U7-U20's, we are sure you will fit in nicely!

Sally Day

TOTBALL

The Totballers were thrilled to get a visit from the Cambourne Eagle himself bringing a special treat of chocolate eggs for the children that have worked so hard at their football over the last year! The Eagle even joined in some of the games! If you would like to join in this fun filled session, please contact sally.day@hotmail.co.uk for more details!

THE ACADEMY

The Eagles Academy is preparing to split as we speak! All the children in current school year 1 will separate and have their own training session with their own brand new manager in readiness for joining the football league as an Under 7's team in September 2012. If you have a child in this year group that would like to be in this team right from the start, please contact our club secretary to put your name down. Places are limited to 12 in the squad and numbers are getting close..... This in turn will mean new places will become available in the Thursday Academy session which has up until now been full with a waiting list (Open to Children currently in Foundation Stage at school).

UNDER 8 BLUE (YR 2s)

The blue team have had a quiet month, with 3 weeks without a game over the Easter break - a welcome break for some of the parents. Our last few games have seen some great goals from Clark and Euan, and our defence is getting stronger with every match. We're looking forward to the last 3 games of the season in what has been a great first year of football for the team.

UNDER 8 WHITE (YR 3s)

With only four games left before the season ends, the White team are enjoying the busy run in and planning for summer tournaments. We have had some really tough matches over the last month and as usual have held our own and played well. All the players have developed so much this season they are hardly recognisable from those that started back in September.

UNDER 8 YELLOW (YR 3s)

The under 8 yellow team continue to train and play with growing confidence, our latest match saw us pitted against another Eagles Under 8 team, so this was a very local derby and what an exciting game it turned out to be! Both teams attacked and defended very well and the boys are now looking forward to their next match!

UNDER 9s

The under 9 squad train on a Friday evening from 6-7pm.

UNDER 10s

The team have had a fantastic 2012, beaten only once. Two really exciting games against Gransden Blue and Over Sports ending in draws, 1-1 and 2-2 respectively. The team has really shone and excelled this season and we have made some really positive steps to building a team who other teams want to play against. Our games have all had the atmosphere you would want at mini-soccer and all

our opponents should be thanked for that as well. Four games remain of a thoroughly rewarding season.

UNDER 12s

The Under 12s have had a challenging month playing three of the better teams in the league in the last month. All three games have seen excellent performances but unfortunately the results haven't matched the performances. We started with a very competitive 2-2 draw away to Hardwick, followed by a defeat to Burwell which quickly saw us 2-0 down before pulling it back to 2-2 before Burwell took control again to win the match 5-2. Our final match saw us getting narrowly beaten 1-0 by West Wrattling. We only have 2 matches left this season before a couple of end of season tournaments and then a well-earned rest.

UNDER 15s

If the two recent games are anything to go by, a home 4-0 win against Saffron Walden and a narrow away defeat to Arbury Aces 2-1, then the last seven or eight games should hopefully see the boys pick up some points against the top teams. The A league has proved to be a massive challenge and the players have given their all every Sunday. It would be thoroughly deserved if they were to finish in the top six and that is what the players are looking to do. Welcome back Bupe.

UNDER 20s - TEAM OF THE MONTH

The Under 20's team is a continuation of last years under 17's team who were due to play in the Tucker Gardner Alliance league for players under 20 years of age. However as this did not materialise this season a place in their Championship league was offered to us which was Sunday league Mens football and we accepted the challenge!

We started the season well and soon realised that there was no way we would simply be there to make up numbers after sampling top of the league status for a while. The season took its toll of twists and



turns and we finished a more than credible fourth. We won 12 out of 18 games and beat 7 out of the 9 teams at least once, losing twice to the team that won the league. Our final placing of 4th meant we were only 7 points behind the leaders and 3 points behind 2nd. This does not tell an accurate tale as if a few controversial decisions had not been taken, we could well have been heading the table!

We played some breathtaking football this season and we now know we have retained the majority of our players for next year, as well as signing some exciting new players. COME ON EAGLES!! If you would like to join any of our successful teams please get in touch



Cambourne Cricket Club

"VINCERE DELECTANDO"



Cambourne welcomes a new Cricket Season

The sound of leather on willow, the sight of men grazing on cucumber sandwiches, and the sensation of winning returns to the village next month. It is of course the start of the cricket season!

Cambourne Cricket Club is raring to go for another successful campaign. This season there is cricket for all ages and standards, as the club are running four senior sides in the Cambridgeshire leagues and also boast a thriving Colts section.

There has also been change at the top of the Club with 1st team stalwart Mark Tandy taking over from Danny White as the club Chairman.

Mark said: "It is a great honour to be the Chair of our brilliant club and I pay tribute to Danny for all his hard work. This season promises to be our best yet. We have a strong squad of players who are passionate about their cricket. We are also a very friendly club so if people want to get involved - either on or off the pitch - they will have a rewarding time. We want to grow the club year by year and one day we will be amongst the very best in Cambridgeshire."

If you want to find out more about the Colts or Senior sections feel free to visit www.cambournecb.com or phone Mark on **07949 839727**.



Cambourne Exiles RFC

Following a successful season, Cambourne Exiles, ably captained by Ben Yeats, ended the competitive season as Greene King Deuxieme Merit Table champions. While the final standings have yet to be officially confirmed, the table currently shows Cambourne 7 points clear of second placed Royston with no fixtures left to play.

The club ends the season with a series of friendlies, culminating on may 5th with a rerun of last season's successful old v new match, last year won by the new players. To be eligible for the olds, players must have turned out for the Exiles during one of the first 3 seasons. It promises to be a tight contest with considerable bragging rights at stake.

Training continues through the summer with touch Rugby on the pitch, Wednesdays from 7pm.



CAMBOURNE TENNIS CLUB

Contact Details: www.cambournetennisclub.co.uk

Thank you to everyone who got their club membership in on time and good luck for the Wimbledon ballot.

This year we have a record number teams playing, we have 3 Men's, 2 women's and 2 Mixed teams, and we have great expectations with the recent addition of some new players. Matches start soon, so if you are interested in playing for any of the teams, contact Ben Byron via our website. We also have 3 junior teams (under 8, under 9 and 12&U), matches have already started as part of the Aegon Team Tennis Tournament, see the LTA website for details: <http://www.lta.org.uk/players-parents/Competition/AEGON-Team-Tennis/Home/>.

Kids lessons have begun, and new kids are still welcome to join. Lessons are on Mon, Tues and Sat, Please go to Over & In for more detail! Coaching is also available for adults who want to improve, contact Dan Valentine from Over & In for more details: <http://www.overandin.com>

Club sessions are from 18:30-22:00 on Mondays and 14.00-17.00 on Sundays. Everyone welcome.

CAMBOURNE FISHING CLUB

Cambourne fishing club 2012 events

Limited spaces and persons can only partake on one event or the other, in order that all get a fair chance to have a go. We can take names though on a reserve list in case of cancellations.

2nd June - Children's day (Under 15's) - times are as follows: 9.30 - 11.00, 11.30 - 1.00, 1.30 - 3.00. Bait and tackle supplied. Refreshments, raffle, and casting competition will be held. A parent must be present at the start of the session to sign a registration form to enable their child to partake.

11th August - Open day for all ages, times as above for coaching sessions (bait and tackle supplied)

Anyone that would like to fish for free that cannot book onto the sessions, may fish on a first come first served basis - there are 28 pegs.

They will have to bring their own tackle bait etc. This is a chance for any anglers to have a free days fishing and try out the lake. EA rod licences would obviously still be needed and a Raffle will be held.

Both events are free due to the generosity of Granta Housing. All coaches CRB checked.

Bream and Chub

There are now bream and chub in the lake in limited numbers but still overwhelming numbers of rudd and some carp, so we are guaranteed to catch on small baits with small hooks. But remember, they must be barb less, and I would recommend no smaller than size 16 as they are easy to get out. Also bring your disgorgers.



These sessions provide a great opportunity for those who wish to participate in and develop their competitive play.

Come along for two FREE taster sessions and, if you enjoy it, you can join our friendly club. New members are always welcome!

Cambourne Junior Netball Club is looking for new members!

Training sessions run every Thursday from 6.00 – 7.15 pm (except school holidays) and cater for all levels of players aged from **11 – 16 years**.

We have a fully qualified coach leading training sessions with 2 additional adult players offering assistance throughout the sessions.

We hope to enter a team into the Cambridgeshire Youth League this year as we have done for the previous year.

For more information please contact Sarah Smith on 07754511695 or sarah88888@hotmail.com.

Cambourne Netball Club is looking for new members!

Training sessions run every Thursday from 7.30 – 9.00 pm at the MUGA centre in Cambourne and cater for all levels of players aged from **16 years upwards**.

We have a fully qualified coach leading training sessions. Training consists of skills, drills and then match play and caters from beginners up to advanced players. We currently have 3 teams entered for summer and winter league..

For more information please contact info@cambourne-netball.co.uk or simply come along to a training session!



CAMBOURNE BOWLS CLUB: FREE BOWLS

Cambourne Bowls Club are pleased to announce that Bowls will be available for residents this season. A club committee has been formed and sessions are available as below (weather permitting).

Lawn BOWLS - Why not give it a go? Free trial sessions for May and June:

Tuesdays: 6.30 pm until dusk **Thursdays:** 2.00 pm until 4.00 pm **Sunday:** 10.30 am until 4.00 pm

Pay and play is also available £3 per person and £20 returnable deposit (subject to a satisfactory trial session). Contact Parish Council Office: 714403. Equipment can be provided for free - just be sure you wear flat shoes.

E-mail cambournebowlsclub@gmail.com or join us on **Facebook:** Cambourne BowlsClub

Queries:

Contact Roger or Pam
01954 201808

Or Barry 710696

**EVERYONE
WELCOME - YOUNG
AND OLD!**

**Families welcome:
Young members from
age 10 must be super-
vised by an adult un-
til they are aged 16**



Updated Information: www.cambourne.info (Events)



The Running Man Hints, Tips and Info for Runners

From the Run Leader of Cambourne Runners – Run in England Group



Well done to everyone who took part in the Cambourne 10k last month. The conditions were good – sunny but not too hot – perfect for racing or supporting. Thank you to those who took the time to support the runners, both on the course and at the finish, and of course thanks to the organisers and volunteers that make the Cambourne 10k a success every year.

I'm proud to say that many of the Cambourne Runners took part and achieved a great deal of personal success, reaching goals that they had set and trained hard for. One of our Saturday members completed the Brighton Marathon and two others took on the iconic London Marathon, all raising money for charity along the way. This month, another two members are travelling to take part in the Edinburgh Marathon.

Many of these people had never run before joining the group back in January of 2011. They have all achieved so much and continue to inspire me every week. So, if you want a new challenge this spring, do something that will increase your fitness and health, and give you new goals to strive for. Go out and get running!

The Cambourne Runners Group meets Saturday mornings at 9.00am for those that can already run 5km (under 45mins) and Wednesday Evenings at 7.00pm for those who already run 10km (under 60mins). Both meet outside the Hub.

Upcoming Local Races:

> **Every Saturday:** Cambridge Parkrun 5 km trail, Milton Park

> **Taking entries:** The Dairy Crest St Ives 10k – a fast flat 10k course ideal for PB hunters; go to www.huntsac.org.uk for more information



**Cambourne
Women Runners**



**CWR – otherwise known as
Chicks Wot Run!**

Cambourne Women Runners Celebrate Success!

Cambourne Women Runners (CWR) has a number of reasons to smile this month. Firstly, the weather has picked up (famous last words) and the days are getting longer. However, our main news is the success of our ladies in the Cambourne 10k run held on Sunday 15th April, and, more importantly, our graduates of the 2012 beginners' course!

CWR highlighted the launch of the beginners' group in the January edition of the *Crier*. We were delighted to see that training reach its finale after just a few months, when our ladies completed a 5km run around the lovely country park of Cambourne – well done to all! These ladies have been inspired to keep going and the next milestone is a Pimms evening at end of May (we don't take it all too seriously☺).

Our other success was the large contingent of CWR runners who entered the Cambourne 10k, with 16 club members competing. Again, the weather was kind (if a tad windy), and the course was well marshalled and supported by many well wishers. (Oh, and BTW, all cheers are welcome – even if you don't know us. Look out for our new club strip and give us a shout out. We might make it look easy... but it's always a challenge!). CWR would also like to take this opportunity to thank the organisers of this event, now in its fourth successful year. We look forward to 2013 and even more CWR ladies joining in.

CWR caters for all with no pressure – whether you just want to turn up and jog with us for a few minutes or train hard for miles – we will welcome you all. We are a friendly group and just want to encourage ladies – not just from Cambourne but surrounding villages too – to get out in the fresh air and enjoy getting a little bit fitter. If you would like to join us, just turn up at The Ark on Tuesday at 7.30pm. Come have a jog, a run, a gossip and most importantly a laugh with the girls!

For more information, please email Cambourne Women Runners at information.cwr@gmail.com.



A group from Cambourne Church raised a lot of money, as well as a few smiles, when they took part in the Cambourne 10k run in April.

The group did the run in fancy dress in order to raise money for Uzimatele, a charity that works in a small slum called Gituamba, near Nairobi in Kenya. Last summer, Cambourne Church took seven young people out there, and wants to continue supporting this charity.

Ben Whitbread, 17, who was dressed as an Umpa Lumpa said: "It was a great experience; the cheering from those watching really helped us! I especially enjoyed it because we were running for Uzimatele, who we visited last year."

The money raised will go towards the building of a new children's home, which will allow more orphans to be taken in and supported.



**If you would like to sponsor the group, then you still can: go to
www.virginmoneygiving.com/cambourne10kuzimatele**

For more information on activities for young people with Cambourne Church, contact Youth worker Jon Sanders on 07798858302 or jon.sanders@romseymill.org

FA Coaching Course for 16-19 Year Olds in Cambourne

Become Qualified Football Coach | Gain your level 1 Badge
And Certificate in First Aid and Child Protection

Are you interested? For more details contact Jon Sanders (Cambourne Youth Development Worker):

07798 858302 or jon.sanders@romseymill.org



Cambourne Open Gardens

With your help, Cambourne Open Gardens will be on the weekend of

23rd - 24th June 2012

Great and Upper on the Saturday, followed by Lower on the Sunday

Would you like to open your garden to be part of this community event, now in its eighth year?

You don't need a show garden: just any outdoor space of interest.

*Higgledy piggledy garden or the practical patch
Newly laid or work in progress
Pride and joy or ponderosa*

For more details of how to join the fun:

Phone Mel on 715449 or 07780 604985 (mobile)

Or email: melambery@hotmail.com

Tickets will be on sale in the library a week before the event.

Some of the gardens that open for this event have also been selected to take part in the National Garden Scheme (NGS), putting Cambourne in the little yellow book!

This year the Cambourne NGS is on the 8th July.

Photos courtesy Elaine Warrington

