

CHANGE AT MONKFIELD MEDICAL PRACTICE

Farewell to Dr. Peter Bailey.

A sad farewell was said by many people on 1st February in the Church foyer. The afternoon was organised by Janine Elsegood and Carole Day. Denise Pora - Practice manager at Monkfield Medical Practice helped them on the day. Janine, Assistant Practice Manager, said *"We have mixed feelings as Dr. Bailey leaves: sad to see him go but happy to have this afternoon to celebrate his standing in the community. It is our way of showing our appreciation for him"*.

As people mingled, and awaited their opportunity to say their personal farewells, they were able to enjoy a cup of tea or coffee and, more importantly, some delicious cakes, kindly provided by the practice.

"Fantastic doctor... devastated that he's leaving...you can talk to him about anything...he always has time for you...can't imagine Cambourne without him..." are just some of the comments overheard. There is no doubt Dr. Bailey will be thought of, and even talked about, for some time to come, on a personal level as a GP, for the way he has managed the practice, and for his commitment to the community.

So, thank you to Janine and Carole for organising the afternoon; it was much appreciated, and thank you to Peter for everything.

Hello to Dr. Ruwani Siriwardena.

Dr Ruwani Siriwardena joined the medical Practice at the end of January as Dr Bailey's replacement. Previously a GP in Essex and a member of the royal college of General practitioners, Dr Siriwardena brings a wealth of experience and knowledge to the practice. In an interview with the Crier she talked about Cambourne and the role she is to play. *"I am delighted to be working here and hope to be able to bring a fresh outlook. I am aware I have some big shoes to fill"*. With a diploma in child Health and a MSc in public health amongst her many professional qualifications Dr Siriwardena is ideally equipped to practice in the small metropolis that Cambourne is becoming. A self-confessed Cricket addict, she adds it's entirely possible she can be found watching Cambourne play when the season starts.



Dr Bailey at leaving reception. Cambourne Church

The Future.

With over 8500 people registered at the practice, and funding frozen at 2010/11 levels for the next three years the practice faces a challenging future. Current estimates put the patient base at between 11,500 and 12,000 by 2016. Like many others, the practice is expected to contribute to the governments £20 billion savings target over the next few years, being tasked with finding a 2.4% efficiency saving in each of the three years that funding is frozen. In a recent review conducted by the Primary Care Trust, the practice was identified as an *"extremely efficient organisation"* and have been seen to be spending on employing more doctors and nurses. Additionally the clinical staffing level was found to be significantly higher than expected for a practice of that size. The funding freeze does now mean that there is no scope for further extension of staffing levels or indeed hours of operation.

Feedback.

As far as the day-to-day running of a busy medical practice goes, *"Cambourne has it's own set of unique problems"* says Dr. Siriwardena. The rapidly growing population and unusual age distribution resultant from the previously well publicised extraordinarily high birth-rate in Cambourne all serve to foster an environment where there is a very high demand for 'on-the-day' appointments for the acute illnesses of childhood.

The recent introduction of the Urgent Access Clinic at the medical practice has elicited a response from the community, with concern over waiting times being voiced. The medical practice have issued a document explaining the need for, and rationale of the system. You can download it at <http://www.monkfieldpractice.co.uk/default.asp?id=2>. They go on to say they are keen to work with patients to develop the service in the way they want, and a Patient Participation Group has been set up. Any resident who wish to take part in the group should contact the practice via the website www.monkfieldpractice.co.uk or leave their names at reception.

Summarising, Dr Siriwardena says *"If there are things that we can improve, then we will improve them"*. Whilst the challenges of the future will undoubtedly be formidable, the legacy Dr Bailey leaves behind places the Practice in good stead to meet them.

Article: Pam Hume & Simon Crocker. Pics: simon Crocker



All submissions for the APRIL EDITION must be received by Monday March 19th. Please send all editorial content to editorial@cambournecrier.org. The Crier editorial is published online at <http://cambournecrier.org> - in full colour -. For paid ADVERTISING e-mail: adverts@cambournecrier.org or tel (01480) 830808. For LEAFLET deliveries with the Crier e-mail: delivery@cambournecrier.org or tel (01954) 787389.

Cambourne Crier Editorial Team

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(01954) 787389**Can The Crier Help You?**

Thinking of setting up your own community group in Cambourne? Want to revitalise your existing club or society? We may be able to help you. We can offer advice, put you in touch with relevant contacts, and even give financial aid. To find out more, please email us and we'll take it from there.

Don't Forget: The Start of British Summer Time. On Sunday 25 March the clocks will go forward.

Bedfordshire and Cambridgeshire Wing Air Training Corps

Detached flight for Cambourne Air Cadets

The Air Training Corps is delighted to announce the formation of a new unit within the heart of the Cambourne community. Known as 2484 (Cambourne) Detached Flight, the unit is parented by 2484 (Bassingbourn) Squadron and receives from it, all necessary support, as well as use of the extensive facilities it has at its disposal. The Detached Flight will give to the young people of Cambourne all the opportunities that the Air Cadet Organisation has to offer.

Officer in Charge, Pilot Officer Charles Rogers, also a pilot with 616 Volunteer Gliding Squadron, was recently awarded Grade 1 status enabling him to fly cadets in the Squadron's Vigilant motor gliders. The RAF operate twenty eight Volunteer Gliding Squadrons throughout the UK affording Air Cadets the opportunity to learn to fly to solo standard. Air Cadets can go on to become instructors and progress to careers in civil or military aviation.

Charles said that there is such a vast range of activities within the Air Training Corps that no cadet would ever be able to do everything that is on offer. We give air cadets the opportunities and it is up to them which they take, but whilst they are having fun doing what they choose to do, they are building their self confidence, learning key skills such as leadership and good citizenship. Flying, shooting, The Duke of Edinburgh award scheme, camps at home and abroad and training that can lead BTec qualifications are just some of the highlights.

The Detached Flight will be recruiting in March. To find out more about joining the Air Cadets, please contact Pilot Officer Rogers on **07813 897949** or e-mail on **CJRelec@aol.com**

Plt Off Charles Rogers OIC 2484 (Cambourne) D/F



YELLOW LINES HERE.

The long-awaited and much needed double yellow lines have finally arrived. Costing around £5000, but paid for by the developers, the parking restrictions come after periods of consultation by both the Parish and County Councils.

Whilst there has been some blatant flouting of the restrictions, the parking situation is undeniably better than it was.

Clayton Hudson, chairman of the Parish Council said "Lots of people were frustrated at the parking in Broad Street and the High Street. People were just being really lazy with their cars, parking dangerously, blocking up junctions"

Police are patrolling day and night, and issuing fixed penalty notices.



Bin Collection Dates for this month in Cambourne

You will receive a weekly collection each Thursday, alternating each week between your green and blue bin, and then your black bin. Your bins should be collected between 7am and 6.30pm. **Normal Collection Day - Thursday** (Friday if it's a bank holiday Monday week)



08/03/2012	Black Bin
15/03/2012	Green Bin and Blue Bin
22/03/2012	Black Bin
29/03/2012	Green Bin and Blue Bin
05/04/2012	Black Bin



For South Cambs DC waste and recycling service call 03450 450 063. Monday to Saturday 8am - 8pm (excludes bank holidays).

please send all editorial contributions to editorial@cambournecrier.org. Deadline for publication is the 19th of the previous month. www.cambournecrier.org

Cambourne Contacts. Your one-stop shop of useful contacts in Cambourne.

CAMBOURNE 123's: (Toddlers)
Phone Ruth on: 07503 398344
Cambourne123s@hotmail.com

ARTS: (Cambourne):
Secretary: Fran Panrucker 880442 email:
fran@panrucker.eclipse.co.uk
www.cambournearts.btck.co.uk

BABY AND ME:
Contact: Caille Sugarman-Banaszak,
cailleperi@yahoo.co.uk / 01954 718372

BROWNIES: (girls aged 7-10):
Monday - Ginny. *Tuesday* - Lorraine.
Thursday - Rachel.
Waiting list to join: contact Kim on 715722
email : cambournebrownies@btinternet.com

CARERS & TOTS:
Contact: Ali Withers 714909

CHILDREN'S CENTRE: Cambourne
(County Council): 01954 284672

CHURCH:
Church Minister:
Rev. Peter J. Wood – Tel 715558
Email: minister@cambournechurch.org.uk
Church Administrator:
Julie Whitbread – Tel 202546
Email: julie.whitbread@ntlworld.com
(Including church bookings)
Assistant Church Administrator:
Deidre Farmery – Tel 07876 696267
deidrefarmery@btinternet.com
(Including Ark bookings)
Church Office Mon - Thurs 10.15-12.30
Tel 710644

COMMUNITY DEVELOPMENT WORKER:
Consortium of Housing Associations
Laura Parkinson - 715879 Mobile - 07702
349407

COMMUNITY FIRST RESPONDERS:
Contact: matt.wayland@gmail.com or call
07733 268757
Information: responderadmin@eastamb.nhs.uk
or call 01284 731802

CRICKET CLUB:
www.cambournecc.com
Contact: Danny White - 07774 142740
email: cccadmin@cambournecc.com

CUBS, BEAVERS & SCOUTS:
Waiting list contact: Mark Sayer
mark.sayer6@gmail.com

DENTIST: Cambourne Dental Practice
Tel: 718585

FOOTBALL CLUBS:
Cambourne Rovers (Adults)
www.cambournerovers.co.uk

Cambourne Eagles
Totball (2-3yrs), Academy (4-5yrs)
(U7/U8/U9/U10/U12/U15/U20/mens)
www.cambourneaglesfc.co.uk - 203162

Cambourne FC (Soccer
School/U7/U8/U9/U10/U12/U13/U17/mens)
sracher@hotmail.com - 715959

GARDEN CLUB:
Contact Fran Panrucker 710858 or email :
fran@panrucker.eclipse.co.uk

GOLF COGS: - Cambourne Original Golf
Society
Contact: cambournegolf@googlemail.com
Website: www.cambournegolf.co.uk

GUIDES: (girls aged 10-14):
Monday - Nadine.
email: cambourneguides@googlemail.com
Wednesday - Fiona.
Email: secondcambourneguides@live.co.uk
Waiting list to join: contact Nadine 07766
117975

HUB BOOKING: Tel 714403
bookings@cambourneparishcouncil.gov.uk

LIBRARY Tel 0345 045 5225

LUNCHEON CLUB: Cambourne (for residents
aged 50+) Third Thursday at the Monkfield
Arms 12 noon - information Tel 710100

MEDICAL PRACTICE: Tel 282153
www.monkfieldpractice.co.uk

MULTI USE GAMES AREA: To book for
tennis, basketball, cricket & football: 714403
mandy.simmons@cambourneparishcouncil.gov.
uk

NETBALL:
Emma Smith Tel 710034
e-mail: cambournenetball@googlemail.com
web address: www.Cambourne-netball

NETWORK BUSINESS BREAKFAST:
Cambourne Contact: Neil Smith 01954 710818
info@cambournenetwork.co.uk
www.cambournenetwork.co.uk

NCT: National Childbirth Trust supporting
parents - Informal coffee, chat and support.
Contact: Candice Lattimore - Tel 07595 909793
email: candicelattimore@gmail.com

PARISH COUNCIL OFFICE: John Vickery
(Parish Clerk) - 714403
clerk@cambourneparishcouncil.gov.uk

POLICE:
Non-emergency number: **101**
Ask for a member of the Cambourne
Neighbourhood Policing Team

RAINBOWS: (girls aged 5-7)
Monday - Colleen. *Tuesday* - Ellie
Thursday - Nina.
Waiting list to join: contact Kim on 715722
email: cambournebrownies@btinternet.com

READING GROUPS: in Cambourne:
Contact: Margot Eagle at Cambourne Library.
email: margot.eagle@cambridgeshire.gov.uk

RUGBY:
Neil Ingham - 07956 410309
info@cambourneexiles.com
www.cambourneexiles.com

RUNNING CLUBS:
Women's Running Network
Contact: Catherine 07803 012343
email - wrn_cambourne@dsl.pipex.com

Cambourne Runners. Mixed Ability Running
Group.
contact Garry on 07807498951 or email
cambournerunners@gmail.com

SCHOOLS:
Comberton Village College: 01223 262503

Jeavons Wood Primary School: Headteacher
Sarah Humphreys 717180
office@jeavonswood.cambs.sch.uk

Monkfield Park Primary School:
Jacqueline Durrant (Administrator) - 273377
email: office@monkfieldpark.cambs.sch.uk

Vine Inter-Church Primary School:
Headteacher Debbie Higham - 719630
office@thevine.cambs.sch.uk

Cambourne Pre-school:
Janet Kemp (Supervisor/Waiting List Manager)
07875 083163
Email: cam.preschool@btinternet.com

SPORTS CENTRE
Cambourne fitness & sports centre - 714070

STREETLIGHT FAULTS:
John Vickery (Parish Clerk) - 714403
For Wimpey areas only
CustomerCare6@taylorwimpey.com
Bovis ONLY cambournelights@ntlworld.com

TENNIS:
Contact: Andy Holcombe (07921) 025394
andyholcombe@ntlworld.com
www.cambournetennisclub.co.uk

WILDLIFE TRUST:
Jenny Mackay/David Price - 713500
www.wildlifebcnp.org

WOMEN'S INSTITUTE:
Gill Holland on 718566

YOUTH GROUPS:
All Clubs at Cambourne Soul, Back Lane.
The Club With No Name 13-16 years of age,
Free entry. Email officecyp@googlemail.com or
call 718620
CU@4 7-11 years of age £1 Entry fee
Email officecyp@googlemail.com or call
718620
Juniors 7-11 years of age £1 Entry fee Email
officecyp@googlemail.com or call 718620
Cambourne Senior Club 11- 16 years of age
Michelle.Link@cambridgeshire.gov.uk mobile:
0783 3481527
Youth venue for hire Cambourne Soul: Email
officecyp@googlemail.com or call 718620
Church Youth Group: Contact Jon Sanders
on 07798 858302



CAMBOURNE PARISH COUNCIL

District of South Cambridgeshire

Budget 2012 to 2013

Residents will soon be getting their Council Tax bills through for the next financial year. The Parish Council spent a long time on working out what it needs to levy to enable the Council to provide the services that the residents have grown to expect from the Parish Council.

This year the Council has increased the amount the average band D charge by 10% to £109.97 which equates to 19p a week or 83p a month.

The reason behind this increase is that we wanted to maintain and improve the services that the Council provide and have had to allow for the repayment of the loan to equip the Sport Centre. The Council have also maintained the level of support for Youth and Sport in Cambourne. We have also set aside a budget to form a formal Garden with the intention of celebrating the Queens Diamond Jubilee.

If you have any questions please contact the Parish Clerk.

CALENDAR OF MEETINGS. March-April 2012

Date	Time	Meeting
6th March	6.30pm	Planning Committee
	*	Council
20th March	*	Planning Committee
	*	Finance & Policy Committee
3rd April	7.30pm	Planning Committee
	*	Council

Yellow Lines

The yellow lines are now in place following the overwhelming support of the residents.

School Crossing Patrol Officers

The Parish Council has budgeted to provide a school crossing patrol. We are looking in the first instance at Monkfield School. If you could you spare half an hour in the morning and half an hour in the afternoon? We are looking for permanent and relief School Crossing Patrol Officers to assist children and adults across the road. Term Time only (Approx £2,500 a year). If you are interested please contact John Vickery Parish Clerk on **01954 714403** or email: clerk@cambourneparishcouncil.gov.uk

- John Vickery, Cambourne Parish Clerk

Residents are welcome to address a meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Parish Clerk at least 10 days beforehand so that the item can be added if necessary.

John Vickery the Parish Clerk is available at Parish Office, The Hub, High Street, Cambourne, Cambridge CB23 6GW. Telephone 01954 714403 or by e-mail to: clerk@cambourneparishcouncil.gov.uk. The Parish Clerk will normally be in the office between 9.30 and 1.00 o'clock Monday to Friday and by appointment at other times.

Cambourne Jubilee Gardens

Would you like to be involved?

A site has been identified and a design is underway. It is time to get as much input from the community as possible. The proposal is to construct a garden for use by the whole community. A place where residents and fa

- What facilities would you like to see?
- What design features would you like to see?

Initial feedback from the community has been good and indicates that the Gardens would be very well received and widely used particularly by families and pensioners. Some suggestions are that the gardens should have both a formal and an informal area, a scented area, a legacy area, and some sort of central feature e.g pergola or bandstand.

In the coming weeks a number of design workshops will be taking place. Dates and venues to be announced. If you would like to get involved, or just have something to say, please contact me. simon@cambournecrier.org.



editorial@cambournecrier.org

LETTERS TO THE EDITOR



The Cambourne Crier is dedicated to acting as a voice and a forum for all the residents of Cambourne (whether Great, Lower or Upper). We welcome letters and contributions from any Cambourne resident on any topic. We accept such contributions in good faith and trust that they are an accurate reflection of opinion and circumstance. If you wish to report on anything, or air an opinion on the letters page, then please email us. We do require a name and address for our records before publishing but will withhold these on request. Please let us know how you want your letter signed. Photos always welcomed.

The Small print - All contributions subject to editing. Opinions are those of the authors and do not necessarily represent those of the Cambourne Crier editors.

Dear Editors,

I have just received the latest copy of the crier, and, must say how overdue we are for more retail outlets. We desperately need another supermarket e.g Asda/Sainsbury's/Lidl/Aldi also banking facilities & a shoe repairer, somewhere to get keys cut.

We also need a post office, and also a delicatessen. Just a few things missing from what started out as a village and is now a substantial town and growing! I do hope my views will be taken on board and look forward to hearing from you.

Kind regards,
Margaret Grant.

Dear Editors,

I felt I had to write to say what a good service your delivery team gave this month. Despite the heavy overnight snowfall on Sunday night, and the bitter cold, our Crier was delivered on time. Thank you to those who turned out to ensure the Crier arrived as usual.

Name and address supplied.

Happy Mother's Day

Happy
mothers day
mummy!
Love Charlie
and Rose
xxx

Happy Mothers day
Mum. Love Tony, Lee &
Jane.
xxxxx

Mummy. Thank you for being the
best mum in the whole world! Lots of love
and kisses, Samuel
xxxxxxx

To the bestest Mummy
in the whole wide world
we love you to the
moon and back all or
love Tiddler & Lucad



Mummy we love
you big time....lots of
kisses from Tristan
and Yasmeeen
xxxx

Happy 1st mothers
day love your little baby
boy Kyron and fiancé
wayne xxx

Mummy, we love you
For all that you do.
We'll kiss and hug you
'Cause we know you love us too.
You feed us and need us.
To teach you to play,
So smile 'cause we love you
On this lovely Mother's Day.
Love Nikki, Harry and Rose-Marie
xxx





CAMBOURNE COMMUNITY CAR SCHEME

.....is now up and running in Cambourne!

If you need help with transport to get to a doctor/hospital/hairdresser/social appointment, then get in touch with **Samantha Morrison** on **07930 855 833**

(please leave a landline number) or email **cambournecarscheme@gmail.com**

There is a charge for the service, but the scheme is not-for-profit. There are some restrictions on the scheme.

Can you give a little of your time to a good cause? The organizers would welcome some help in coordinating and admin.

More drivers also required: you will be reimbursed for your mileage and in most cases will be covered under your existing insurance.

Voluntary work always looks good on a CV.

If you would like to be involved, visit: <http://www.cambourne.info/carsharescheme.htm> or phone 07930 855 833 for more details.

Good bye Laura!

Laura Parkinson, Community Development Officer for Cambourne is leaving. Unfortunately the Consortium are no longer able to fund her position and it will be made redundant from 1st April.

The consortium partners consisting of Cambridge housing society, Granta Housing Society and Wherry have backed this role for 10 years. Funds have been applied for and have been successful, so that other projects can continue in Cambourne.



Laura has been an asset to the community and has helped so many people over the last 5 years. Last year there was a community Easter egg hunt, when she dressed up as the Easter bunny herself! (see photo above).

As well as many, many others things. She was also brave enough to ride the front of Luke Fox's Indian motorbike, on the Wall of Death, When it visited last summer at the Youth fest.

The Crier asked Laura for a few words about her leaving, and hoped she would share with us what she was going on to do...

"..Back in the Summer, the Consortium were unsure about funding and so applied for different funding bids. We felt the job would change and either become more strategic (less working with people) or would sadly have to end.

It was at this point I decided that I would look at a different career path. I wanted to use my skills and experience and work on the ground with communities still, so I applied and successfully got into the Police as a Police Community Support Officer (PCSO).

I start my training on the 5th March for six weeks and am really looking forward to it. I am quite apprehensive, but excited about the challenge. Currently, I am unsure where I will be based as could be anywhere in the County.

I've loved working in Cambourne. Every day is different and I have met some fantastic people and I'll be sad to leave, but I hope to stay in touch with a number of people and keep them up to date on how life is going!"

Please do keep in touch Laura, we shall all miss you!



CAMBOURNE SCHOOL REPORTS



Wonderful words in Year 2

This half term Year 2 have been finding and using WOW words to make their writing more interesting to the reader. We have studied some fantastic books and they have helped us write in a more imaginative way. Here are some pieces of our learning.

Writing developed from the book – How to heal a broken wing.

A character description.

Will cared for the bird so much, he took the bird home. Will is extremely loving; he handled the bird gently. Will is special because he is the only one that cares for the bird. Will is very thoughtful. Will is responsible for the bird and he feels sad for it.

Bailey

Moon Dog – A character description of the Man in the Moon.

I am miserable and have wrinkly skin. I have hair that is white and black. I have lost my best friend. I am so old I need a walking stick. I am so worried about my best friend, I have looked everywhere on the moon. I echoed my voice everywhere so he can hear me in the wood. He might be in trouble, I have wandered everywhere for him. The naughty fairies are lagging in my ear.

Charlotte

Moon Dog – A letter to the Man in the Moon

Dear Man in the Moon,

I'm pleased to tell you that I have found your dog. Unfortunately some despicable fairies have taken him. He will be barking for you. I will send an invisible cloth and a magic carpet. Leave fast because the fairies might catch you. When you are on the carpet, take off the invisible cloth.

From Alex

Man in the Moon character description.

I am really miserable because I've been searching all around the moon for Moon Dog, searching up and down, in the silvery gardens, and everywhere in the house.

I am going to go in to the Summer Visitors planet. I've been looking for weeks and weeks and weeks. All I have is his collar; but I will find him, I will find him.

Matthew

Moon Dog

When the Summer Visitors left I was very sad so they decided to take me with them. I was with them for 6 weeks. During that time I was very miserable. Eventually my owner picked me up.

Sarah

to find out more about The Vine School contact Headteacher Debbie Higham on 01954 719630 or e-mail: office@thevine.cambs.sch.uk



Another half term has been and gone and a lot has been happening here at Monkfield Park Primary School. Year 2 have been enjoying an action packed and exciting first half to the spring term. Since returning to school after a relaxing Christmas break, we have been busy planning and rehearsing our production. With many songs, dances and countless lines to learn, the children worked tirelessly to practise, practise and practise! After lots of preparation the children were finally able to share their hard work with family and friends when they performed their show 'The Moon Thieves' on February 7th and 8th. The show was enjoyed by all who came to see it and the children had a thoroughly enjoyable time showing off their extensive acting, singing and dancing skills.

Year 4 have started their swimming sessions and it has already been reported that we have some future Olympic swimmers amongst us. During these sessions the children have been gaining water confidence, whilst developing the skills and techniques involved in all three strokes. The children thoroughly love the opportunity of spending a few hours out of school and even more so when they realise they are being picked up by a double decker bus!!

On Sunday 5th February many were excited to look out of their window to a covering of snow which lay on the ground. However the fun in the snow did not stop at home, on the Monday morning the children were set a competition by the Headteacher. As part of their break time, all the children were involved in making snow sculptures. Their task was to work as a class and be as imaginative and creative as possible. All the children worked well together and we had some amazing work produced, including a caterpillar, car and cat all made from snow. The children and adults all had a brilliant time and cannot wait for more opportunities in the future to spontaneously use natural materials in our school grounds as part of a whole school challenge.



During this half term we were visited by a Sikh visitor as part of our Festival afternoon activities. Mr Singh led an assembly with the children which taught them about aspects of the Sikh religion. He even brought his accordion with him and played it whilst sharing one of his prayers with us. The children in Key Stage 2 then enjoyed workshops with Mr Singh, whilst Key Stage 1 learned about Sikhism during classroom based activities. These included finding out about customary Sikh food, clothing, traditions and beliefs. We are looking forward to our next Festival afternoon when we will learn about the Christian festival of Passover.



Year 2

CAMBOURNE SCHOOL REPORTS

What's on at Comberton...

Friday 09 March	Custard Comedy	Line up tbc. Doors open 8.00pm Over-18s only
Friday 16 th March	CVC Dance Showcase	CVC Dance Showcase
Thur 22 to Sat 24 March	Bourn Players - Annie	See www.bournplayers.org.uk/ for details
Saturday 31 st March	Rhubarb Cabaret!	More Cabaret mayhem, details to follow.

Details for all of these shows can be found on our website: www.combertonleisure.com or via the school website, www.combertonvc.org

Cambourne



Cambourne 123s is a fun and friendly toddler group.
We meet Fridays from 10-11.30am at the Vine Family Centre
Cost £2 per child (extra children 50p, under 1s free)

Cambourne 123's is run by a group of mums on a voluntary basis and hopes to provide a calm(ish!) environment for toddlers to play safely whilst their carers enjoy a chat plus a FREE cuppa and biscuits! So, if you are new to the area or just feel like getting out of the house, then please do come along. Do you have too many toys cluttering up your house? Cambourne 123s will gladly take them off your hands, contact us on the email address/number below.

2nd March St David's Day Daffodils, **9th March** Play Dough, **16th March** Mother's Day Craft

23rd March Easter Card, **30th March** Easter Party

There will be no group on 6th April as it is Good Friday.

If you are interested please do come along, as we would love to see you or for more info please contact Ruth on 07503 398344 or email cambourne123s@hotmail.co.uk



Every Friday from 10-11.25 in the main hall at the Hub
Cost: £1.50 per family including refreshments. Older siblings are welcome.

- **2nd March** - Nearly New Sale • **9th March** - Play and Chat – Sport Relief
 - **16th March** - Mother's Week with Usbourne Books and Phoenix Traders
 - **23rd March** - CLOSED • **30th March** - Easter Party
- (further details on our website and Facebook page)**

Baby and Me is run entirely by volunteers and is a non-profit making organisation. We need more volunteers to join the committee to make sure that we can carry on – we really do not want to have to close. If you are able to help on the committee or can just come earlier to help set up, please e-mail us.

For further information, schedule updates or if you have any queries contact us **Cambourne.BabyAndMe@gmail.com** or see our website (**www.babyandme.org.uk**) or Facebook page (Baby and Me).

Cambourne Sling Meet

Would you like to try a baby sling? Learn to use yours better? Then come along to Cambourne Sling Meet. You will be able to find other parents to help you with your baby carrier, and we have a selection for you to try too. We usually meet on the last Friday of the month. In March we are meeting twice!

Friday 2nd March and on **Friday 23rd March** between 10 and 12 at The Belfry Hotel in Cambourne in the Library Lounge (pass reception and head for the bar area).

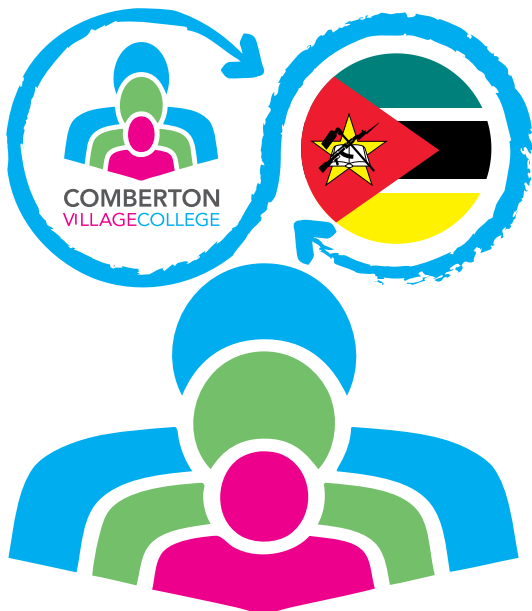
Last months meeting was really popular with over 25 mums we had lots of experience to share around!

Do any of the following describe you?

- * You want to carry your baby/toddler while you carry on other activities
- * You want to buy a carrier but you're not quite sure which one
- * You have a carrier but have not had much luck getting a comfortable fit
- * You've never used a baby carrier but wouldn't mind trying
- * You are an experienced "baby wearer" and you would like to share your experience

Come and meet us and enjoy a coffee and a chat! We are a friendly group and would love to meet other parents and carers too! We would like to thank the Belfry for providing free Cakes and Muffins for us to enjoy! It would be great to know if you are coming so we have an idea of numbers, please do let Jeanine know if you can.

Contact: Jeanine 01954 719126 or 0751 5128508 email: signandcuddles@gmail.com. Join us on Facebook. You are welcome to just drop in.



**COMBERTON
VILLAGE COLLEGE
YEAR 11
MOZAMBIQUE
GROUP 2012**

**Contact to reserve
tickets: Neil or Andrea
01954 718421**

MOZAMBIQUE QUIZ NIGHT

Saturday 17th March

7.45 p.m. (for 8 p.m. start)

The Hub, Cambourne, CB23 6GW

**Pub-style Quiz
(teams of 6 to 8)**

Cost £10 per person

Food included

Bar available

**Proceeds will go towards the Comberton Village
College Year 11 trip to Mozambique this July.**

CAMBOURNE WARHAMMER CLUB

To all Cambourne Generals.

It is time to muster your forces....

Dark times are coming, and the cold winter has only stirred up the evil forces again. It is time to wear your armour, hone your weapons, and meet under the banner again. Because we live in dark times. And in these times there is only war.

Hello to everyone, after this little introduction, I am sure that many readers have recognised the "scent" of Warhammer behind it. I am a keen veteran Warhammer player, both fantasy and 40K, who struggles to find time to enjoy this hobby due to all the usual obligations during the week. I am trying to find other generals in Cambourne to meet and play, and, depending on the response, maybe to create a club in the long term.

If you are interested get in touch, and again, depending on the response, I will try to find a suitable venue for the meetings.

Thank you all for taking the time to read this message and I hope to meet many of you in the battlefield!!
Diego.

Contact me on dolmofer31@gmail.com

Cambourne Roman Catholic Church

Cambourne Church Centre

Saturdays - 5pm

www.cambournerc.co.nr

cambournerc@aol.com

On 3rd February, church helpers met for drinks and nibbles and had a chat about how we can help each other to prepare for our weekly mass! This was followed on 4th Feb with a men's pub night after mass, where the gentlemen met up and on 25th Feb where all were invited after mass to get together and celebrate our community.

On 10th Feb, all the secondary school aged children from the community were invited to "Seconds Up", to come and play Wii and other games and eat pizza! It was a great chance for the youth to meet up, and many thanks goes to those who helped organise this!

First Holy Communion classes are still continuing and this month the children and communicants mum's have

helped to hold a Book and Card sale, where all proceeds went towards our library lending box! We continue to pray from them during there important journey within their Church lives.

Of course, a very important day of the calendar is Ash Wednesday - this was on 22nd February. This symbolises the start of Lent, and more information about Lent mass times and prayer groups during this period can be found on our website!

And finally, a big thank you goes to all those who help in whatever way; whether in the kitchen donating biscuits for get-togethers after mass, those helping to prepare the altar before our mass; those who have contributed towards our hymn book collection; those helping run communion classes; the musicians who help bring the wonderful music during our weekly mass; those who help organise the events.

Thank you so much!

PEACEHAVEN BAPTIST CHURCH

How to mess up your life. Part 1.

As a Christian have you ever said to yourself, my life is just too good. I am doing right and living well and have too many blessings. What I really need is to turn my life into a real wreck. One of those reality TV Jerry Springer or whoever is the current merchant of the dregs of society kind of life styles. Well let me show you a biblical example of how to take a great start in life and really mess it up. It is the life of Samson.

Get involved with an unbeliever.

Judges 14:1 And Samson went down to Timnath, and saw a woman in Timnath of the daughters of the Philistines.

2 And he came up, and told his father and his mother, and said, I have seen a woman in Timnath of the daughters of the Philistines: now therefore get her for me to wife.

3 Then his father and his mother said unto him, Is there never a woman among the daughters of thy brethren, or among all my people, that thou goest to take a wife of the uncircumcised Philistines? And Samson said unto his father, Get her for me; for she pleaseth me well.

Now Samson was basing his choice upon looks as he went down and saw her, not spoke to, not met at the tabernacle. She was a Philistine, an idol worshiper. It was forbidden by the Lord to marry the inhabitants of the land as they would lead Israel into idolatry which they did time and time again. Now this was not a racially motivated ruling as there is but one race, the human race one blood from Adam to all mankind. This was an ecclesiastical divide from idolaters and believers. For if an individual repented of idolatry and turned to God they then cease to be what they were and become part of Gods family like Rahab or Ruth. Just as we all turned from sin and self to God, for no one is born as a Christian. Samson was ignoring Gods word and ignoring the counsel of his parents. Now this girl may have been really cute, or

stunning. But if you are a believer you should not get romantically involved with the unsaved. Their goals are different their ideals are different.

2 Corinthians 6:14 Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness?

15 And what concord hath Christ with Belial? or what part hath he that believeth with an infidel?

16 And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people.

Many people forget that for believers dating someone is always in mind for marriage. There should be no casual flings it is not for temporary physical pleasure it is courtship for a committed permanent marriage. It is vital for the relationship that they hold similar values and direction. It does not matter if he or she is so hot they leave scorch marks on the pavement, you don't want to take that kind of chance. Yes I know a few Christian people that married the unsaved and some of them got saved and everything was fine. But there are so many more that cannot say that. Men who were called of God but eliminated from ministry because they married a lost person. Others like Israel were drawn away from righteousness are now not even attending church, and their kids growing up in a Godless home with strife and self at the centre. Yes maybe you will be ok but it may just be teaching your kids that the Lord is not all that important to you. If there is someone you like that is lost, invite them to church, tell them of Christ. If they realize their condition and receive Christ then great, but until then remain separate.

If you have questions or just need to chat let me know.

Donavan Bangs



Meeting Sundays
10am

Bible study and
Sunday school

11am
Morning worship
at the Hub

Wednesday
evenings

7 pm
The Maple
Centre
in Huntingdon

For more info
email
**Peacehavenbc
@aol.com**

or call
01954 710510

Pastor
Donavan Bangs



Cambourne Church

A partnership of the Church of England, Baptist, Methodist & United Reformed Church
 Service times: Sunday 9.30 & 11.00am. 1st Sunday in Month 10.00am. (2nd Sunday Holy Communion)
www.cambournechurch.org.uk



Special Services Coming Up

10.00 Good Friday April 6th
Quiet Good Friday Service then...

*...Short Easter Prayer Walk
 starting 11.00 from the church.
 Finishes with hot cross buns back in the church.*

Easter Sunday April 8th

8.00 Gathering on Crow Hill

9.30 Easter Sunday Communion

11.00 All Age Easter Sunday Celebration



Easter Monday April 9th

from 2pm on Crow Hill

*** Kite flying ***

For all the family.

Kites provided

Cambourne Church Quiz Night

Friday 9th March 7.45 in the church

£8 per ticket -includes a fish and chips supper

Concessions for those new to Cambourne

Bring your own drink

6-8 to a team or make up a team on the night.

Contact Julie.whitbread@ntlworld.com

Tel 01954 202546

Love Justice?

Churches together in Cambourne and Cambridge Quakers have come together to learn, listen and discuss issues of social injustice and how we might confront, eradicate or mitigate them.

We are keen to work alongside Cambourne people who are facing difficulties, and to engage in the wider, national debate.

We meet once a fortnight, with a guest speaker once a term. We are open to anyone who is concerned about social injustice and the ways in which it blights lives.

Our next meeting is in the church on 7th March, 8pm.



On Sunday 22nd January 2012, Cambourne Crescent organised an entertaining family event at the Hub in Cambourne. Much effort was put into this event, with members of all ages of the community working together. Leading up to the event, parents worked very hard with their children to organise a show for the entertainment of the other families attending. The children who were as young as two years old performed an adaption of the play 'The boy who cried wolf.' It was a much enjoyed and wonderful performance thoroughly appreciated by all watching. This was followed by the reading of verses from the Holy Quran as well as some delightful poetry from the children.

After the children's outstanding performance a bouncy castle was set up for the children to bounce away their never-ending energy. Watching the children, you could see it was the perfect treat for them as they laughed away.

Of course, after all this hard work a meal was provided consisting of some mouth watering, traditional Asian cuisine. The aroma alone enticed everyone to the tables of food.



"The variety and the quality of food was mouth watering. The traditional dish of

***Biryani was very popular and lots of people went for seconds."* – Amber**

It was a well organised and fantastic event with the Cambourne Muslim community working together to make the fun filled afternoon entertaining and enjoyable for all. We would like to thank all the people who helped organise this not for profit function and thoroughly look forward for many more to come!

Cambourne Crescent have also started Arabic classes for children at the Ark, twice a week. An article about this will hopefully follow in the next edition of the Crier.

info@cambournecrescent.org

www.cambournecrescent.org

Cambourne Community First Responders

BEFORE HARD AND FAST

There are certain things we really don't want to hear:

It's a 30 mph speed limit sir not a 60 | Blow into this until I tell you to stop | Sorry but it has failed the MOT

But they pale into insignificance compared to:

When did the chest pains start? | What were you doing prior to the pain? | How long have you had the pain? | On a scale of one to ten, ten being the worst pain you have ever had...?

These are some of the questions we or a paramedic would ask you if you were having chest pains and had called 999. And the one you really don't want to hear is: **TEAR OPEN PACKAGE AND REMOVE PADS**. This is what you hear when the defibrillator is opened.

We are all encouraged to live a healthier life. Stop smoking. Cut out the full English breakfasts. Reduce alcohol consumption. The old joke suggests if you do cut out all these, you will not live longer... it will just feel like it. However, the truth is that you WILL live longer. You will be there to see your children and grand children grow up. Walk for more than 100 yards without having to have a sit down. Even if it's not smelling like an ashtray. Take a few seconds to look at your kids or grand kids and ask yourself. Are they worth it? Just a few changes will make all the difference. The British Heart foundation has got lots of good advice www.bhf.org.uk.



We would also like to show our support to the **MESSAGE IN A BOTTLE** scheme

What is Message in a Bottle?

The Lions Message in a Bottle is a simple idea that encourages people to keep their basic personal and medical details in a common place where they can easily be found in an emergency.

How does it work?

The information is kept in a bottle. The bottle is kept in the fridge, where the emergency services will expect to find it in the event of being called to your home. They will know you have a bottle by two labels. One is fixed on the inside of the front door or the main entrance to your home and the other to the door of your fridge.

What is the cost?

It's FREE! All costs are paid for by local Lions who have received generous donations from the public and businesses.

Where can I get a bottle?

Morrisons, Cambourne, on Saturday 17th March. Or email cambournecfr@aol.com and we will forward your enquiry.

On the **Saturday**, you can meet the group. Pick our brains. Try CPR. See the kit we carry. We would be grateful for any loose change, winning lottery tickets, dirty £5, £10, £20 or £50 notes. We need donations to keep going. Look forward to seeing you there, and hopefully not before... but if you need us, we will be there.

Our group is looking for new volunteers with the drive and passion to make a difference. To become a Community First Responder (CFR), you must:

Be physically fit | Over 18 years of age | Agree to a Criminal Record Bureau Check | Have a full driving licence and use of a car
Have a caring nature | Be ready to undertake training and annual retests

If you are a group or business that would be interested in a Heart Start course, or if you would like further information, please contact Matt on matt.wayland@gmail.com or **07733 268757**.

You can also follow us on Twitter: <http://twitter.com/CambourneCFRs>

If you need help or advice with daily living – just AskSARA!

A website offering help and advice to people with a range of day-to-day needs is now available with information localised for people living in Cambridgeshire.

AskSARA is a self-help guide that enables you to identify equipment that may help in your daily life. It will take you through a series of guided questions leading to general advice and recommendations on what equipment would be suitable to meet your particular needs and where to get this locally.

The website is easy to use and widely accessible regardless of age or ability. It will be featured as part of the Staying independent, safe and well roadshows taking place in libraries across the county during 2012.



Cambourne Ladies International Club

Coffee Mornings & Playgroup

The Hub - Wednesdays 10 am to Noon (except school holidays)

March 21st Filipino Festival - families welcome to celebrate Easter and have some Filipino catered food.

All nationalities welcome. Free entry.

Contact: Laura Bangs Tel:(01954) 710510 Cambourne.clic@gmail.com www.cambourne-ladies-international-club.org.

Greetings from Cambourne Library

The library opening hours are:

Mon: 3.30-7.30, **Tues:** 9.00-2.00, **Wed:** Closed all day, **Thurs:** 3.30-7.30, **Fri:** 9.00-2.00, **Sat:** 9.30-1.00.

If you haven't already joined why not pop into Sackville House and join. No charge just proof of address needed. We have a good selection of books, DVDs and books on CD and tape + computer access, fax and photocopying facilities. We also have information on the local area.

Engage in the Afternoon

28th March 2.00pm – 3.00pm in the library. *"East Anglian Air Ambulance Service"* – talk by Barbara McGee on the work of the service. Just come along. If anyone has any old mobile phones that they would like to donate to Charity could they please bring them to this session and they will take them.

Family History Research Sessions.

There will be a drop in Family History Session by the Cambridgeshire Family History Society at the library every 3rd Monday in the Month from 3.30 – 5.30. Just pop in for advice. All areas covered. NEXT SESSION 19th March.

Alternate Rhyme Time and Story Time sessions every Friday 9.30 – 10.00 (term time only).

Don't forget we sell stamps, cards, posters and children's workbooks and regularly sell books. Many thanks to all our loyal customers for their continued support and offers of help.

Cambourne Kitchen ~ Apple Doughnuts with Thyme Sugar



February has been exciting with the changeable weather and snowfalls?! I've rather enjoyed it and it's given me the chance to get in the kitchen and think of something quick and simple, yet indulgent and scrumptious. The great thing about these doughnuts is that they don't use yeast so there's no need for hanging about. The fresh fruit inside gives you a sense of virtue because you're getting part of your 'five-a-day'. This is also a great opportunity for you to experiment – I've used thyme to flavour my sugar but why not get creative and try lemon zest, lavender, or rosemary. The list is endless.

Ingredients:

500g caster sugar
2 sprigs of thyme

(Pop the thyme sprigs into the sugar and shake together in a sealed container to allow the thyme to infuse. Leave for at least two hours (just as you would with vanilla) but the longer the better.)

2 cups self-raising flour
1 tsp baking powder
1 tsp salt
3 tsp cider vinegar
2 cups cold water
1 bramley apple (peeled, cored and sliced approximately 3-4mm thick)
A little extra flour to coat the apple slices
Oil to fry

Method:

Mix all the dry ingredients in a large mixing bowl and then use a fork to beat the cold water in. (Scrape around the edges of the bowl to make sure you've incorporated it all. Don't worry too much about the batter being super smooth because a few lumps will be beneficial when you fry the doughnuts as they will burst and give a lighter and crispier texture). It should be the consistency of extra thick double cream.

If you want to leave the batter until later, pop it into the fridge to get really cold (difference in temperature between the hot oil and the cold batter will make it lighter and crispier) but it can be used straightaway.

Heat the oil to 180° in a large saucepan (or a deep fat fryer is ideal). Lay kitchen roll over a plate or tray to soak up any excess oil.

Dust the apple rings with a bit of flour (to help the batter stick) and then dip into the batter before gently lowering it in to the hot oil. When it touches the oil it should start sizzling but not fiercely. Turn the doughnuts over during cooking and when they have achieved a golden brown colour and float to the top they should be ready. Use tongs to get them out and shake off excess oil before placing them on the kitchen towel. Then roll them generously in the flavoured sugar and serve immediately.

Serve either by themselves or with a little ice cream – yummy!

CAMBOURNE ARTS

CREATIVE WRITING: Using words for pleasure- meet in Cambourne Library, Monday March 5 when the theme will be: The work-place, my best and worst job. For more information please get in touch with Pat Callaghan on 01954 718836

WATERCOLOUR CLASSES: Due to the popularity of this class, we have now split into two! The 'beginners' meet on Tuesdays and the 'improvers' meet on Wednesday. Both classes run from 10am-12 noon for ten sessions. There are a few spaces for newcomers. Phone 01954 710858

THE ART GANG: An informal get-together for anyone with an interest in the arts: we meet at 7.30pm on the second Monday in the month to share ideas, chat, organise events and network with local creative professionals and amateurs. This year we are changing the format of the group, so some months will be in the pub and others will take place elsewhere depending on the activity planned for that evening. Phone 01954 710858

PHOTOGRAPHY GROUP: In this local group, levels of expertise vary from beginner to advanced, with everything in between, and more members will be very welcome. Fortnightly Tuesday evening meetings. For more details visit the website: www.flickr.com/groups/cambournephotohographygroup/ or phone 01954 205050

LIFE DRAWING: This is an untutored session, but friendly advice is always available and experience levels vary greatly! For details of the next session and to book a place phone 01954 710858

ART COMPETITION: Advance notice for this event, which will be subject to funding. A workshop is proposed for sometime in May or June, and a competition for both adults and children will then be held in November. The remit will be to produce a piece of art that can hang on a wall and there will be a prize for each of various age groups.

WHAT'S ON LOCALLY?

Comberton Arts and Leisure-
A range of concerts, comedy nights and other events.
www.combertonleisure.com

Wysing Arts Centre-
A changing programme: check their website for more information:
www.wysingartscentre.org

Fitzwilliam Museum-
Always something new to see, courses to go on, things for the children to do: www.fitzmuseum.cam.ac.uk

WEBSITE: If you are an artist or craft-worker and would like to have a link on the website, please get in touch via the website:

www.cambournearts.btck.co.uk

Also, check out the Cambourne Arts Facebook page:

www.facebook.com/cambourne.arts

For further information on any aspect of Cambourne Arts, contact:
Fran- fran@panrucker.eclipse.co.uk or 01954 710858



THE CRAFTY LADIES

If you are curious about The Crafty Ladies, then take a look at the display cabinets in the library during March, where you will find examples of our work. The Crafty Ladies meet every fortnight in the hub, on a Tuesday afternoon.

It is a very informal group, and there is always something new to learn. Members share their skills with each other. We have made necklaces, needle cases, decorative boxes, learnt quilting and decoupage amongst other things.

Some of our members prefer to knit, others tackle every new task. But above all, we love to chat! If you didn't see our charity stall at the October craft fair, the library display will give you a flavour of what we do.



SPONSORED BY

CAMBOURNE CRIER

'The Big Draw' volunteers needed

The Big Draw...

... 'Is a celebration of drawing – an experimental space to test out ideas and strategies for drawing. It raises the profile of drawing and promotes its use as a tool for thought, creativity and cultural engagement for everyone'...

Cambourne Arts needs artists, illustrators, cartoonists or anyone with a passion for drawing – to volunteer at our very first Big Draw in Cambourne on October 6th 2012.

Please contact either of us if you can spare a morning or even an hour that day to help run a drawing activity.

Sonia 01954 719756

Fran 01954 710858



Bedfordshire
Cambridgeshire
Northamptonshire

Wildlife Review March 2012

It's been a chilly month after the mild start to the winter, but that has brought in some interesting birds. The redwings and fieldfares have been about in large flocks and I also saw some widgeon on Whomping Willow Lake. These are fairly common ducks on large wetlands over winter, but it is nice to have them added to the mix here at Cambourne.



Thank you for all you wildlife sightings, keep them coming.

Membership - from my colleague Maxine

If you want to learn more about the Wildlife Trust and our work in the Cambourne area and beyond, now is a great time to join as a member! Shake off the winter blues and wake up to the wonderful wildlife in our area! Find out about the history of The Wildlife Trusts movement and join in with our centenary celebrations throughout 2012, including a special event in May at the very first Wildlife Trust Nature Reserve at Woodwalton Fen. Call our Cambourne membership team on **01954 713543** or visit our website to join on-line **www.wildlifebcn.org**. If you are already a member, look out for our Spring membership magazine for other ideas to spread the word about your local Wildlife Trust and encourage support from your friends and colleagues.



Cambourne 10k Run

This year the 10k is on **Sunday 15th April** and the Trust will have a stall in the Business Park near the finishing line. Come and see us there to find out more about what we do in Cambourne and the wider area. We will have activities for children and the badger will be about to cheer home the runners. Places are now full, but if you have registered to run have you thought about getting sponsored to raise money for the Trust? If you would like to support us then please contact our Cambourne office on **01954 713500** or **cambridgeshire@wildlifebcn.org**



GardenWatch

Don't forget to keep reporting your sightings of toads to our GardenWatch survey. For more info and to report your sightings go to our website **www.wildlifebcn.org**

Eco Park Trees

You may have noticed that we have felled a number of trees, mainly willows, in the Eco Park (the area between the Business Park, Lower Cambourne and Oaks Wood). We were asked to do this so that Anglia Water can adopt the pipes that run underground through that area. They have strict guidelines on how close trees can be growing to sewers. There are still plenty of willows growing in the area, so the wildlife will not be adversely affected and it should improve the grassland where there are quite a few bee orchids growing. Look out for them in the summer.



Get in touch

If you have any comments, questions or suggestions about the green spaces in Cambourne please get in touch.
Email: **jenny.mackay@wildlifebcn.org** Or Call: **01954 713516** (please leave a message and I will get back to you)

- Jenny Mackay - Wildlife Trust Reserves Officer

To find out more about your local Wildlife Trust, what we offer in Cambourne and how you can support us, please visit **www.wildlifebcn.org**. Illustrations – Mike Langman

Do you...

Enjoy gardening?
Know a bit about plants and gardening?
Want to share your knowledge with others?

If you answered 'yes' to these questions then you could be just the person we're looking for!

The Cambourne Crier are looking to recruit a resident gardening expert who can write a monthly article and answer any questions that may come in.

If you are interested please email **editorial@cambournecrier.org**



February 23rd Meeting:

Peter Jackson from Scotsdales

A talk with plants and pictures on 'Topiary and wall-climbing plants'

The Club meets on the 4th Thursday of the month at 7.30pm for 7.45pm in the Hub Committee room. Visitors welcome. Membership is £15 a year. For further info on the club, contact Debbie on 719091 or Fran on 710858

Jobs for March:

- Remove weeds and moss on paths and drives
- Spring clean the garden – fork over soil in borders; weed and mulch; divide over-crowded perennials
- Order nematodes for vine weevil in the greenhouse – timing is critical.
 - Deal with wormcasts in the lawn.
 - First lawn cut if dry enough
- Plant pot-grown shrubs, roses and climbers
 - Tidy up roses
- Sow wild flowers and hardy annuals
 - Plant spring bedding in containers
- Prepare soils, then start sowing some of the veg seeds (check packet instructions)



Cambourne WI - February

By the end of February we were hoping to all be experts on the craft of Servietting but unfortunately due to illness and the sudden snow our February speaker had to cancel at the last minute. Our Cambourne group are hardy souls and ice and snow did not prevent a group of us meeting one cold snowy night in February. Instead of servietting we had a discussion on the future of the Cambourne WI. It was generally felt that everyone wanted the group to continue but that changes would be needed. Our discussions will continue in March and new or potential members are welcome to join in this conversation and perhaps help shape a new look to the Cambourne WI.

If walking into a larger group feels a bit daunting why not join one of our smaller groups? These include the following:

- Book club which meets on the third Wednesday of the month. February has been an exciting month for the bookclub with one of our members winning a prize in the Cambridge Word Fest. This resulted in a group of us attending the Word Fest, listening to Australian author Kate Grenville and then collecting our signed copies of her new book. The book club are planning to attend the next Word Fest in the spring. In the meantime our next book is Stuart: a life backwards by Alexander Masters. This book was described by the Guardian as 'a bitterly funny book'. For more information contact **Prue** on **07902 903305**
- The Walking Group tackle walks of between 4-7 miles contact **Fran** on **710858** or **Penny** on **200126** for information on the forthcoming walk or even better come along and give us your suggestions of favourite walks.
- Coffee mornings are held in Greens Coffee shop on the last Friday of the month at 10.30 am. This has become a very popular event and Greens make us all very welcome so come and join us for coffee and cake.
- The Darts group meets on Monday evenings to hone skills of aim, dexterity and maths. We have one full team who are getting ready for the competition which starts in March so just enough time for any new members to join and start practicing. All levels of skills are very welcome including those who are only just able to hit the board. To find out how you could join this winning team please contact **Joan** on **200908** or **Edna** on **717360**.
- If you want to be a Lady who Lunches then watch out for lunch dates and venues to be announced in the near future.
- Our Theatre group will also be planning future trips and if you want to experience some afternoon culture look out for diary dates in the near future.

Cambourne WI is a vibrant group of women of all ages. New ideas and suggestions are always welcome. If you are new to the area or would just like to meet likeminded ladies and women then get in touch and come and join the Cambourne WI. For more information please contact **Gill** on **718566**.

Do you enjoy walking? Then join us!

We are a (small) group of ladies (though men are more than welcome) who enjoy a walk and a chat. We meet on the second Friday of each month and walk between 4 and 7 miles. We do aim to stop for a lunch break or a coffee during, or after, our walks. Hope to see you soon. Just turn up on the day. There's no charge! We meet at the rear entrance of the library, at 10 a.m. and share transport where possible. Alternatively, ring one of the organisers (numbers below) for more information.

Our walks (not set in stone!):

Friday March 9th – Circular walk from Chesterton to Baits Bite Lock to Chesterton. Approx 4.5miles. Leader - Pam Hume 01954 201808

Friday April 13th - Hildersham, Linton Water Meadows, Chilford, Roman Road, Hildersham. Approx 5/6miles. Leader - Penny Flanagan 01954 200126

Friday May 11th – Wicken Fen Circular. Approx 5/6 miles Leader – Penny Flanagan 01954 200126

Friday June 8th – Reach, Devil's Dyke, Reach. Approx 5 miles Leader - Ann Mead 01954 203887

Friday July 13th - Outer Wimpole Circular, Leader Fran Panrucker 01954 710858

Friday August 10th – Paxton Pits Nature Reserve, Great Ouse, Offord Cluny, Paxton Pits. Approx 6/7miles. Leader – Penny Flanagan 01954 200126



PAPWORTH ASTRONOMY CLUB NEWS

Papworth Astronomy Club's February meeting included a presentation by Katie Hassell from EADS Astrium in Stevenage. Katie is a recent graduate who only joined Astrium four months ago and her enthusiasm for her new position was very obvious! She gave us an overview of the various satellites that Astrium has built, followed by details of her work as a Thermal Engineer.

The next meeting will be on Wednesday 7th March at 7:30PM. It will be the inaugural Gordon Carter memorial lecture, named after our founder member who died last year. The speaker will be Dr Andy Norton from the Open University, who will give a talk titled "gamma ray bursts, an astronomical detective story". The following meeting will be on 4th April when Mike Foulkes, director of the British Astronomical Association's Saturn section, will give a talk on his favourite planet. Both meetings will be at the Vinter Room, Papworth Everard.

The Vinter Room is at the entrance to Vinter Close (it is the building with the clock tower). Entering Papworth Everard from the south, take the first left after the traffic lights into Elm Way, past the fire station, and then take the second left into Vinter Close. From the north, take the first right after the library into Elm Way, past the fire station on your left, then take the second left into Vinter Close. The meeting room is accessible to wheelchairs.

More information about the club is on our Web site (www.papworthastronomy.org). You can also email Peter Sandford on peter@cheere.demon.co.uk or phone **01480 830729**.

please send all editorial contributions to editorial@camournecrier.org. Deadline for publication is the 19th of the previous month. www.camournecrier.org



**Chicks
Wot
Run!**

On New Year's Day 2011, I made two resolutions: to join the Cambourne Women's Running Club and to run the Cambourne 10K. I had thought about joining the Club for several years, but for one reason or another I had never actually got round to signing up. I therefore joined the Beginners Group in January 2011, and turned up feeling quite apprehensive. I was met with a very warm welcome from Catherine, Antonia and Julie (who run the Club) and immediately felt glad that I'd gone along.

After a few weeks with the Beginners, I moved to the regular group as I felt that I needed to push myself to be able to run the 10K. It was initially quite tough, and I was regularly at the back of the pack. However, seeing the runners ahead of me in their fluorescent vests inspired me to keep putting one foot in front of the other! We even did a pancake race at the Business Park on a cold February night, which was great fun. I remember saying to my husband that whenever I didn't feel like going, he was to remind me how good I always felt after I'd been.

April came and I succeeded in completing the Cambourne 10k on a lovely sunny morning. I did it in one hour and felt quite pleased that I'd completed it in a respectable time. Following the 10K, I continued running with the other ladies on Tuesday evenings. Over the spring and summer months we completed some lovely runs through the Cambourne countryside. Running to the top of Crow Hill and seeing the view over Cambourne is quite rewarding.

I also started running on Sunday mornings with Emma – one of the girls that I'd met from the group. We encouraged each other to increase our distances and improve on our speed – even when we didn't feel up for it! By the end of 2011, we were running four to five miles twice a week, and I felt fitter and more toned than I had at the start of the year. Emma and I even continued running on Tuesday evenings during the Christmas break, which helped to counteract all of the extra calories consumed over the Festive Season!

We held our "Christmas" night out in January – 23 of us enjoyed a gorgeous meal and we all had a great evening. One year on and I am so glad that I made those resolutions back in 2011 – I've made new friends, got fitter, lost a few pounds, and look forward to my Tuesday night runs. So, if you fancy joining us, whatever your shape, size or speed, you'll be made very welcome.

For more information email information.cwr@gmail.com.

Cambourne F.C. News

CFC Committee:

Are pleased to announce we have passed our Chartered Standard Health Check for the third year running. CFC's commitment to the FA Charter Standard not only ensures child safety remains a priority but also our commitment in providing training for our coaches. A massive well done to all our coaches.

The committee is also proud to announce a new scheme '**Sign for Life**' meaning once you are signed with Cambourne FC your place is guaranteed season after season.

Cambourne F.C would also like to congratulate all players who were recently accepted into the Cambridge United training program. A large majority of our players are now involved with Cambridge United which is an excellent demonstration of the quality of football the club is providing.

Soccer School

CFC Soccer School players are impressing both the coaches and the parents. It is amazing to see these players at such a young age not only passing the ball, but actually looking up to see who they can pass to. Soccer School is as popular as ever, welcoming 5 new children to the session so far this year. Soccer School is held every Saturday morning 9-10am at the MUGA. The school is open to children below the age of 6.

C.F.C U7 – Black

We are preparing for away fixtures at Warboys and Sawtry, and are planning to enter tournaments in the summer which will be a great experience for the squad. Congratulations goes to Darren Walpole whose mum informed us that he was accepted into Cambridge United's training centre, well done Darren.

C.F.C U7 – White

The Whites' continue to impress with amazing football from the entire team. They were



C.F.C U9

disappointed that the cold weather prevented play, and cannot wait to get back on the pitch. They are certainly enjoying their first season of football in the Hunts league and have come together well as a team.

C.F.C U7 – Silver

The Silver's really enjoyed their home friendly against Longstanton U7s, with lots of goals and some outstanding individual performances. This was followed by an excellent team performance in a league match against St Ives U7 Blue Sox. Weather conditions have prevented matches from being played but the team are looking forward to upcoming fixtures.

C.F.C U8

The team put on a professional performance in an away fixture vs Gamlingay prior to the snow. They are now preparing for their next fixture which is a home game against Willingham. Congratulations go to Jez and Chris who passed their FA Level 1 coaching course in January. Jez commented how useful he found the course and how every player will benefit from the training they received.

C.F.C U9

The under 9's continue to impress, winning their last two games in convincing style beating Swavesey by an impressive 14-4. and again 5-6 in the away fixture. Next it's home vs Gransden Youth White. Our thanks also goes to Max Spenser-Morris, our sponsor from Design Republic who recently came to



watch the team in a local friendly (main picture).

C.F.C U10

The under 10's continued their impressive league form, beating Bar Hill 2-0 away, pushing the team back to the top. They also won in an away fixture against Witchford, winning 5-0. The goals are flying in from a number of players, with Sam Peat, Thomas Bell, William Racher and Callum Rees all in the running for this seasons top goal scorer. A special mention must also go to Dennis Whelan, CFC U10's goal keeper who has kept an impressive number of clean sheets and gives CFC the best defensive record in the league. Well done Dennis.

C.F.C U13

The team are going from strength to strength, winning 10 - 3 against Willingham Wolves, some great goals by Jessi Kissi, Cameron Townsend and Benjamin Campbell. Our next fixture is away vs Chatteris Town. Well done to all the boys and the loyal fans.

If you would like to join the only under 13s team in Cambourne, then please come along to training on a Friday 5-6 at the MUGA or ring 01954 714428

Contact:

Soccer School - chris.racher@hotmail.co.uk
Under 7 - daniel.white2@student.anglia.ac.uk
Under 8 - jezjubb@shacklog.co.uk
Under 9 - garywright@hotmail.co.uk
Under 10 - sracher@hotmail.com
Under 13 - clmbuilder@btinternet.com
Under 17 - Steve.steveldoidge@aol.com
Men's - sracher@hotmail.com
Club E-mail: joracher@hotmail.com
Website: www.cambournefc.com

Telephone: 01954 715959



Cambourne Eagles
Football Club



Contact Details: www.cambourne eaglesfc.co.uk

Tracey Ashford, Club Secretary: 01954 203162

FROM THE CHAIRMAN

The cold snap saw the postponement of many matches over the past few weeks, now the children are full of energy and itching to get back onto the pitch. Eagles welcome several last minute signings and wish them well for the rest of the season. Looking forward to the end of the season, trophy night has been booked and big plans are under way. We pride ourselves on having a magnificent end of season bash to celebrate all the hard work over the past six months.

Sally Day

TOTBALL

New faces have appeared at totball, which is great to see. The enthusiasm and energy of the children is excellent and they thoroughly enjoy their football. A big well done to Josh for winning the trophy for the second time!

THE ACADEMY

The two Academy sessions are going strong with all the children enjoying their football together. Already we can see the Cambourne talent of the future shining through with the children progressing at a superb rate. We will soon be looking to form squads to enter the mini league for season 2012/13.

UNDER 8 BLUE

The blues have kept up their steady progress over the last month, with a close friendly against Gransden that went down to the wire. There were plenty of goals and some fantastic goalkeeping which kept the crowd on edge until the final whistle. In training, the boys have been practicing their passing skills with a noticeable difference in matches. We're looking forward to getting stuck into our matches during the rest of February and March.

UNDER 8 WHITE

We have been preparing for a long run of matches in March, the team has been working hard and are bonding well. We are nearly at capacity, but always welcome new players to join us at training,

UNDER 8 YELLOW

The yellows continue to battle and worked their socks off in the recent fixture against Cambridge Celts. I am proud of how eager they are to try their best. They are a credit to themselves and their club. Just need a couple more of them!

UNDER 10's

The first match of 2012 was against the popular Comberton Crusaders. The Eagles became the first team in any league or cup

match to stop the orange army from scoring when the two teams drew 0-0 on the opening game of the season. The Eagles went one step further this time running out 1-0 winners when a blazing free kick from Josh hit the back of the net.

UNDER 12's

The Under 12's went in to their cup match having not played for 8 weeks and this lack of continuity affected the performance as they exited the cup with a 1-0 defeat after extra time against Cambridge Celts. The following week saw us bounce back with a 2-1 league win against Aztecs. In both games we failed to play as well as we can but the effort and commitment shown by all the boys could not be faulted. We remain in a strong position in the league and are looking forward to the games from now until the end of the season.

UNDER 15's - TEAM OF THE MONTH

The Reds took their football to Milton at the end of January, and for 35 minutes dominated and lead 0-1. Then the second placed Colts changed gear and within the blink of an eye the score line was 6-1. The boys picked themselves up and the following week ran out 4-2 winners against a decent Priory Parkside team. The Reds maintain their status of fourth in the league as they enter the last part of their season.



New signing Michael has really slotted in well and has become an influential part of the midfield. With one more signing due before the deadline the team will go into the last part of the season with a healthy squad and a good chance of finishing in the top six.

UNDER 20's

2012 has started well for the Under 20's. With 3 games played we have scored 23 goals and conceded 4 as wins against Ely Beet 11-0, Coleridge Crusader's 8-2 and Wilburton 4-2. have put us within reach of the top 3 teams. Our last three games promise to be very exciting as the football we are starting to play at times is outstanding.

If you qualify for Under 20's and feel you can add strength to this team which I have always been proud of and are a team player and conduct yourself well on and off the pitch we are looking for 6 new players to take in to the 2012/2013 season.

IF YOU WOULD LIKE TO JOIN ANY OF OUR SUCCESSFUL TEAMS PLEASE CONTACT THE CLUB SECRETARY.



The Running Man

Hints, Tips and Info for Runners From the Run Leader of Cambourne Runners

Well hopefully we've seen the last of the snow and ice and we are heading towards spring now. But, the bad weather didn't stop a hardy bunch of the Cambourne Runners setting out one very cold Saturday morning last month. The temperatures were as low as -13°C, leaving some with frozen hair but we still got a 5km run completed. Thanks to excellent coffee and hot drinks, served at a welcoming Greens Coffee & Co, we defrosted before setting off back home.

The beginners group sessions have been put back a little due to the weather conditions but that hasn't stopped the group following the schedule as best they can and all taking part are well on target for reaching the 5km non-stop goal this month.

If the bad weather hasn't put you off running perhaps consider investing in a GPS sports watch. Along with the basic stopwatch functions, if you need a challenge while running some have a virtual training partner function that allows you to 'race' against an opponent on your watch. Many allow you to set up interval training sessions and give reminders when you are running over or below your target pace. Additionally it is possible to see the route run, calories burnt, speeds and heart rates. This data can be uploaded to your PC and allows you to observe progress and improvement. GPS watches come in a variety of styles and prices, often the best deals are to be found online. Look at what you need from the watch, research and then decide on the right one for you.

The Cambourne Runners Group meets Saturday mornings at 9am for those that can already run 5km (under 45mins) and Wednesday Evenings at 7pm for those who already run 10km (under 60mins). Both meet outside the Hub.

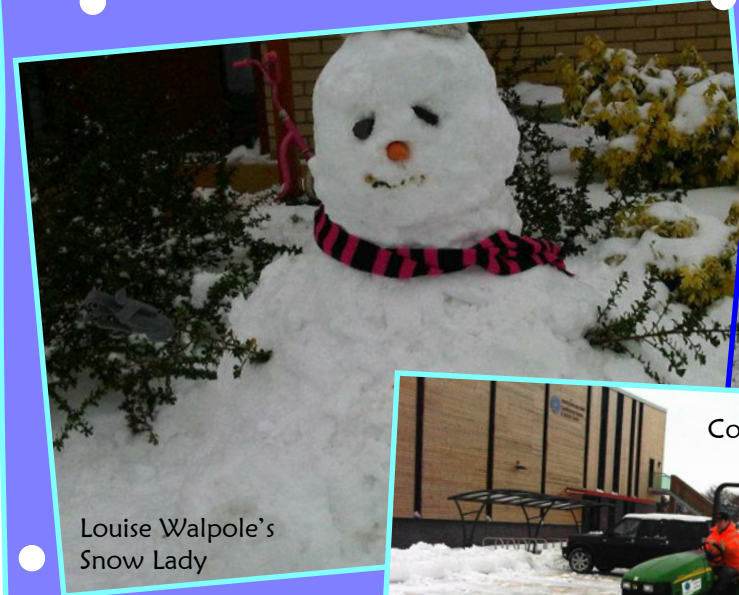
Upcoming Local Races: Every Saturday: Cambridge Parkrun 5 km trail, Milton Park





Crow Hill, courtesy of Annabel Crocker

• Cambourne in the Snow •



Louise Walpole's Snow Lady



Courtesy of Clayton Hudson



Michelle Martin's springer spaniel Stanley



Liam Martin

Cambourne in the Snow



Crow Hill, courtesy of Sandra Tyrer



Courtesy of Leah Francombe



Cambourne Parish Council Grounds Workers, courtesy of Clayton Hudson



Courtesy of Clayton Hudson



Courtesy of Sandra Tyrer



Aashna Khan's 'Lady Lancaster'



Olivia and Maisie Francombe-Gaskin