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FITNESS AND SPORTS CENTRE DUE TO OPEN

The Cambourne Fitness and Sports centre opens for business on December 1st. The event marks the end of a long wait for Cambourne residents. The £2 Million facility, funded in full by MCA Developments as part of the \$106 agreement on the Cambourne development, is owned by Cambourne Parish Council, and will be operated by Sports Leisure Management under a profit share agreement. Approximately £300k (via a public works board loan) has been spent by the Parish council on fitting the centre out.

Great Cambourne resident *Karl Secker* has been appointed as General Manager. Karl comes with a wealth of experience in the sport and leisure industry, having recently been involved with a London 2012 Olympic test event.

In an interview with the Crier, Karl was keen to chat about how he perceives the centre might engage with the community,



Above: Aerial view of Sports Centre construction site

saying, when asked about how the opening of the centre might affect established exercise and fitness classes in the area "We see ourselves as being here to complement the community, not compete with it. I am keen to hear from local sports instructors with a view to running classes". The centre is organising for Group Exercise Instructor interviews on the 17th November, and wishes to get members of the pubic involved in helping to choose their instructors. See the end of this article for Karl's contact details.

..OPEN WEEKEND - DEC 3rd & 4th..

To mark the opening, the Sports Centre are having an open weekend on the 3rd & 4th of December, from 10am - 6pm, to which all Cambourne residents are invited. Karl stated "Local sports clubs will have a presence and we will have a variety of activities going on, including taster sessions, fitness motivators, Kids activities including Roller skating, trampolining and a bouncy castle". Also present will be local media, Radio Cambridgeshire, Heart Radio, and an appearance by 3-time world champion Gymnast

Beth Tweddle.".

Below: Karl Secker. General Manager of Cambourne Fitness and Sports Centre



The centre boasts an impressive array of facilities, including a 70+ station fitness suite, a 4 court sports hall with sprung floor, and group Exercise Studios. Also included in the infrastructure is 144-space car park, meeting and social rooms and full disabled access to lifts, toilets, showers and changing areas.

When asked about furthering community relations Karl replied "This is definitely something on our agenda. We have already engaged with the community, for example sponsoring the recent fireworks display and I envisage we will become involved with local schools".

On recruitment opportunities for Cambourne residents, Karl said "Absolutely there will be recruitment opportunities for local residents. Being local myself I am especially appreciative of this need.

Continued on page 3



Cambourne Contacts. Your one-stop shop of useful contacts in Cambourne.

(From outside of Cambourne, prefix the telephone number with 01954)

CAMBOURNE 123's: (Toddlers) Phone Cheryl on: 07761 475 170

Cambourne123s@hotmail.com

ARTS: (Cambourne):

Secretary: Fran Panrucker 880442 email: fran@panrucker.eclipse.co.uk www.cambournearts.btck.co.uk

BABY AND ME:

Contact: Caille Sugarman-Banaszak, cailleperi@yahoo.co.uk / 01954 718372

BOYS BRIGADE: (boys aged 6-11): Contact: David Carroll- 200291 email: cambourne@boys brigade.org.uk

BROWNIES: (girls aged 7-10):

Monday - Ginny. Tuesday - Lorraine.

Thursday - Rachel.

Waiting list to join: contact Kim on 715722 email: cambournebrownies@btinternet.com

CARERS & TOTS:

Contact: Ali Withers 714909

CHILDREN'S CENTRE: Cambourne (County Council): 01954 284672

CHURCH:

Church Minister:

Rev. Peter J. Wood - Tel 715558 Email: minister@cambournechurch.org.uk Church Administrator: Julie Whitbread - Tel 202546 Email: julie.whitbread@ntlworld.com (Including church bookings) Assistant Church Administrator: Deidre Farmery – Tel 788903 deidrefarmery@btinternet.com (Including Ark bookings) Church Office Mon - Thurs 10.15-12.30 Tel 710644

COMMUNITY DEVELOPMENT WORKER:

Consortium of Housing Associations Laura Parkinson - 715879 Mobile - 07702 349407

COMMUNITY FIRST RESPONDERS:

Contact: matt.wayland@gmail.com or call 07733 268757 Information: responderadmin@eastamb.nhs.uk or call

01284 731802

CRICKET CLUB:

www.cambournecc.com Contact: Danny White - 07774 142740 email: cccadmin@cambournecc.com

CUBS, BEAVERS & SCOUTS:

Waiting list contact Lynne Tasker: TaskerE@aol.com

DENTIST: Cambourne Dental Practice Tel: 718585

FOOTBALL CLUBS:

Cambourne Rovers (Adults)

www.cambournerovers.co.uk Cambourne Rovers Juniors (U11/U12) www.camjuniors.co.uk

Cambourne Eagles

Totball (2-3yrs), Academy (4-5yrs) (U7/U8/U9/U10/U12/U15/U20/mens) www.cambourneeaglesfc.co.uk - 203162

Cambourne FC (soccer school, u7, u8, u9, u12 and u16) - 710373 info@cambournefc.com

GARDEN CLUB:

Contact Fran Panrucker 710858 or email: fran@panrucker.eclipse.co.uk

GOLF COGS: - Cambourne Original Golf Society

Contact: cambournegolf@googlemail.com Website: www.cambournegolf.co.uk

GUIDES: (girls aged 10-14):

Monday - Nadine.

email: cambourneguides@googlemail.com Wednesday - Fiona.

Email: secondcambourneguides@live.co.uk Waiting list to join: contact Nadine 07766 117975

HUB BOOKING: Tel 714403 bookings@cambourneparishcouncil.gov.uk

LIBRARY Tel 0345 045 5225

LUNCHEON CLUB: Cambourne (for residents aged 50+) Third Thursday at the Monkfield Arms 12 noon - information Tel 710100

MEDICAL PRACTICE: Tel 282153 www.monkfieldpractice.co.uk

MULTI USE GAMES AREA: To book for tennis, basketball, cricket & football: 714403 mandy.simmons@cambourneparishcouncil.gov TENNIS: .uk

NETBALL:

Emma Smith Tel 710034 e-mail: cambournenetball@googlemail.com web address: www.Cambourne-netball

NETWORK BUSINESS BREAKFAST:

Cambourne Contact: Neil Smith 01954 710818 info@cambournenetwork.co.uk www.cambournenetwork.co.uk

NCT: National Childbirth Trust supporting parents - Informal coffee, chat and support. Contact: Candice Lattimore - Tel 07595 909793

email: candicelattimore@gmail.com

PARISH COUNCIL OFFICE: John Vickery (Parish Clerk) - 714403 clerk@cambourneparishcouncil.gov.uk

POLICE:

PCSO Alex Swinborne. Non emergency number: 0345 456 456 4

RAINBOWS: (girls aged 5-7) Monday - Colleen. Tuesday - Ellie Thursday - Nina.

Waiting list to join: contact Kim on 715722 email: cambournebrownies@btinternet.com **READING GROUPS:** in Cambourne:

Contact: Margot Eagle at Cambourne Library. email: margot.eagle@cambridgeshire.gov.uk

RUGBY:

Neil Ingham - 07956 410309 info@cambourneexiles.com www.cambourneexiles.com

RUNNING CLUBS:

Women's Running Network

Contact: Catherine 07803 012343 email - wrn cambourne@dsl.pipex.com

Cambourne Runners. Mixed Ability Running Group.

contact Garry on 07807498951 or email cambournerunners@virginmedia.com

SCHOOLS:

Comberton Village College: 01223 262 503

Jeavons Wood Primary School:

Headteacher Sarah Humphreys 717180 Monkfield Park Primary School: Jacqueline

Durrant (Administrator) - 273377

email: office@monkfieldpark.cambs.sch.uk Vine Inter-Church Primary School:

Headteacher Debbie Higham - 719630

Cambourne Pre-school:

Janet Kemp (Supervisor/Waiting List Manager) 07875 083163

Email: cam.preschool@btinternet.com

STREETLIGHT FAULTS:

John Vickery (Parish Clerk) - 714403 For Wimpey areas only CustomerCare6@taylorwimpey.com Bovis ONLY cambournelights@ntlworld.com

Contact: Andy Holcombe at andyholcombe@ntlworld.com or tel (07921) 025394

www.cambournetennisclub.co.uk

WILDLIFE TRUST:

Jenny Mackay/David Price - 713500 www.wildlifebcnp.org

WOMEN'S INSTITUTE:

For women of all ages.

Contact: Gill Holland on 718566

YOUTH GROUPS:

All Clubs at Cambourne Soul, Back Lane. The Club With No Name 13-16 years of age, Free entry. Email officecyp@googlemail.com or call 718620

CU@4 7-11 years of age £1 Entry fee Email officecyp@googlemail.com or call

Juniors 7-11 years of age £1 Entry fee Email officecyp@googlemail.com or call 718620

Cambourne Senior Club 11- 16 years of age Michelle.Link@cambridgeshire.gov.uk mobile: 0783 3481527

Youth venue for hire Cambourne Soul: Back Lane, Great Cambourne Email officecyp@googlemail.com or call 718620 Church Youth Group: Contact Jon Sanders on 07798 858302

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Cambourne Crier Editorial Team

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By post - 24 Foxhollow, Great Cambourne, CB23 5HW (01954) 787389

Can The Crier Help You?

Thinking of setting up your own community group in Cambourne? Want to revitalise your existing club or society? We may be able to help you. We can offer advice, put you in touch with relevant contacts, and even give financial aid. To find out more, please email us and we'll take it from there.

Continued from front cover.

We are recruiting now and until the end of December. We are looking to fill a range of positions both full and part time and residents are welcome to send their cv's".

One question that is on the lips of a lot of Cambourne residents is "What about a swimming pool"? "That is certainly a possibility in the future, but is dependant on operating costs. In the meantime membership of the Sports centre does confer the right to swim free of charge at the various pools in Cambridge.. Visit www.everyoneactive.com for more info.

To contact Karl, you can email him at karlsecker@everyoneactive.com.

Story & pics: Simon crocker. Aerial photo courtesy Clayton Hudson

NEXT PHASE OF HOUSING IN CAMBOURNE OBTAINS OUTLINE PLANNING APPROVAL

Outline planning permission has been granted for 950 new homes in Upper Cambourne – but further planning applications are needed to make sure the detailed plans are right for the area.

On 3 October, following four years of extensive negotiations with the applicants, MCA Developments, and close co-operation with the Parish Council, South Cambridgeshire District Council granted formal outline approval for the new homes in Upper Cambourne.

As part of the planning approval, MCA Developments has committed funding towards enhanced community facilities in Cambourne, including contributions towards a new Secondary School, play, sports, health, faith, youth and community facilities. Developer contributions of this nature are secured through a Section 106 Agreement.

Work is now underway to draw up the detailed plans for a number of the first land parcels forming part of the 950 new homes. The developers expect to submit their detailed planning applications shortly.

SECONDARY SCHOOL PLANNING APPLICATION

An application has recently been submitted to Cambridgeshire County Council for a Secondary School, to be sited on land on the north-western edge of Lower Cambourne and to the west of the Cambourne Business Park.

Subject to planning permission being granted, the school will provide 750 places for children between the ages of 11 and 16.

South Cambridgeshire District Council are statutory consultees on the planning application and it is currently envisaged that the District's Planning Committee will consider their response to the application on 7 December.

It is likely that the County Council will be seeking to determine the application at its January Planning Committee. Subject to planning permission being given, the aim would be for the school to be built in time for first school intakes in September 2013.

Refuse Collection Dates

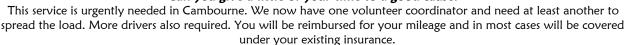
You will receive a weekly collection each Thursday, alternating each week between your green and blue bin, and then your black bin. Your bins should be collected between 7am and 6.30pm. Normal Collection Day - Thursday (Friday if it's a bank holiday Monday week)





COMMUNITY CAR SCHEME IN CAMBOURNE

Can you give a little of your time to a good cause?





If just a few more volunteers are found, we could be up and running by the end of the year

If you would like to be involved, visit http://www.cambourne.info/carsharescheme.htm or phone **Roger** on **(01954) 201808** for more details.

THE SUCCESS OF THE SCHEME DEPENDS ON GOOD ADMIN AND A GOOD POOL OF DRIVERS.



CAMBOURNE CARDEN CLUB

Membership £15 a year
On November 17thth Mark Ekin will talk about 'Plants for Christmas'.



7.45pm in the Hub Committee room. Visitors welcome.

Mark Ekin is section leader for Agriculture and Floristry at the College of West Anglia. At this presentation he will talk about the preparation and care of plants for Christmas, and demonstrate a holly wreath.

Jobs for November in the garden include:

- Putting in any bare rooted plants
- Winter digging and forking over (unless like me you prefer not to dig)
- Check the garden for plants etc that might need protection over the winter
- Collect up dead leaves (start a bag of leafmould if you've got a spare corner where you can leave it for a year or so)
- Continue planting tulips, hyacinths, lily bulbs
- Dig up dahlia tubers
- Dig up any carrots and parsnips and store in shed or fridge
- Raise the blade on the mower if you have to cut the lawn.

For further info on the club, contact Debbie on 719091 or Fran on 710858

Papworth Players presents:

Dick Whittington

Venue: Papworth Village Hall

Dates and Times:

Friday 2nd Dec (7 pm),

Saturday 3rd Dec (1 pm and 6 pm), Sunday 4th Dec (3 pm)

Ticket Prices: Adult £6.00, Child/Concessions (£3.00) Family (2 adults and 2 children) £15.00

Bookings: email dickw@btconnect.com or phone (01480) 831330

The Cambourne Christmas Tree Fair 10-11th Dec: @ The Hub.

A small, but special event for Cambourne at Christmas!

The Cambourne 'Christmas Tree Fair' will take place over the weekend of 10th-11th December in the grounds of the Hub.

local craft stalls, school stalls, funfair rides, face painting, carol singing and of course, Christmas Trees





editorial@cambournecrier.org

LETTERS TO THE EDITOR



The Cambourne Crier is dedicated to acting as a voice and a forum for all the residents of Cambourne (whether Great, Lower or Upper). We welcome letters and contributions from any Cambourne resident on any topic. We accept such contributions in good faith and trust that they are an accurate reflection of opinion and circumstance. If you wish to report on anything, or air an opinion on the letters page, then please email us. We do require a name and address for our records before publishing but will withhold these on request. Please let us know how you want your letter signed. Photos always welcomed.

The Small print - All contributions subject to editing. Opinions are those of the authors and do not necessarily represent those of the Cambourne Crier editors.

Dear Editors.

With reference to the Cambourne Edition of the Cambridge News 28th September 'Row over ban on tweets at council meetings escalates' Is it just me that feels embarrassed that Cambourne is represented by a Councillor who is willing to walk out of a meeting as he is no longer able to use Twitter during council meetings? And later stooped to the petty name calling (on Twitter) of his fellow Councillors? If he really does have "better things to be doing" maybe he should consider stepping down thus giving him plenty of time for social networking.

Name & Address Supplied.

AND THE RESPONSE...

I feel that my, the press and the public's general right of freedom of speech was withdrawn and hence I felt compelled to leave the council chamber to highlight the injustice. Everyone including the press and public were stopped from reporting from within the meeting not just me, if MP's can tweet from parliament why can't councillors, the press and public tweet from SCDC if they want to.

They say that it is a distraction and prevents you from debating. However I have been multi-tasking for a long period of time. As a result of my action, I believe that I have cross party support in making a recommendation to amend SCDC constitution in

Finally I don't suggest that all members should have a blog and/or Twitter account; it's a personal preference. I find twitter a useful way to communicate with the wider public. Feel free to follow me at twitter.com/claytonhudson

Clayton

NHS Cambridgeshire is asking people to 'Choose Well' if they need medical attention this winter.



Choose Well is a national campaign which helps people find the most appropriate care for their needs. It's aim is to remind people that there are a range of NHS services available on the doorstep. Self-care is the best choice to treat very minor illnesses and injuries which can be treated at home simply by combining a well-stocked medicine cabinet with plenty of rest.

For expert help and advice on a range of illnesses and complaints you can visit NHS Choices www.nhs.uk or NHS Direct on **0845 46 47**. You can also get advice on how to access your nearest NHS Services. Your local pharmacist can provide help and advice on common illnesses and the best medicines to treat them. To find out where your nearest pharmacist is, including details of opening hours - you can call NHS Direct on

0845 46 47 or go to www.nhs.uk/servicedirectories.

Minor illnesses or injuries should be treated by your local GP. They provide a range of services by appointment, including medical advice, examinations and prescriptions.

Accident and Emergency Departments should only be used in a critical or life-threatening situation. A&E Departments provide immediate emergency care for people who show the symptoms of serious illness or are badly injured. Dialling 999 and stating a medical emergency will result in a response vehicle being sent to you.

If your local GP surgery is closed and you have a medical need that can't wait, whether your child has a very high temperature or you need medical attention you should telephone your normal GP surgery number. You will be diverted automatically to the out of hours service and be put through to an emergency call handler who will take your details and pass them to a nurse/clinician. They will call you back and be able to assess your needs and advise you of what action is needed.

If your call has been assessed as a medical emergency you will be dealt with straight away and an ambulance called on your behalf. If your call has been assessed as urgent you will be seen either at one of the primary care centres in Cambridgeshire or receive a home visit within two hours depending on your needs. For less urgent cases you will be directed to the right service within six hours. You may also be given advice or reassurance over the phone for less urgent or serious conditions.

The out of hours services operate during the following times:

Monday to Friday 6.30pm to 8.00am, 24 hours a day on Saturdays and Sundays, 24 hours a day during Bank Holiday periods

If you need out of hours dentistry care, the emergency number is 01223 471798. You can only access this service if you have telephoned the out of hours telephone line and have been triaged as being appropriate for a pre-booked appointment. There are 3 dental access centres across Cambridgeshire based in Cambridge, Huntingdon and Wisbech. Each Access Centre is open for 3 hours, mornings only. This service is not available for lost fillings, crowns etc.

For more information on how to Choose Well this winter and how to access services please visit NHS Cambridgeshire's website www.cambridgeshire.nhs.uk or telephone PALS (Patient Advice & Liaison Service on freephone 0800 279 2535

CAMBOURNE SCHOOL REPORTS



The Jeavons Wood slogan '*Growing Together*' couldn't be more appropriate at present. Pupil numbers have increased rapidly over the past two years – we opened with 51 pupils, in September 2010 there were 117 on roll and now there are 209! An increase in pupils inevitably means an increase in staffing and we now have 31 members of staff. We are bursting the seams of our little Blue School so watching the permanent school gradually taking shape across the road is a great excitement for all. As well as welcoming visits from the children, the Site Manager from Kiar keeps us informed about the progress the school is making and the

good news is that everything is well on track for us to move across in August.

Young Performers Join the Circus

Lucy Perry, Lily Wild and Rosie Sayle (Year 4) report that the Y3/4 girls and boys from Jeavons Wood have visited the Moscow State Circus. Their teacher Kate Perry kindly asked the manager if they could give the children a tour and perform some tricks for them. Kristina Adrova, the terrific tightrope walker enthralled the Jeavons Wood Children by doing the splits on two men's heads. One of the



Yr 3 & 4 with Kristina Adrova and a clown!

children, **Beatriz**, said, "this girl is really beautiful and glamorous, I would love to be her". Student **Lily** said, "I couldn't believe my

eyes, there were lots of clowns and I was frightened but I finally plucked up the courage to do skipping with them". Then she told reporter Lucy that in the end the clowns were her favourite and best clown was Valentina Rumyansteva.

Some of the new teachers and

support staff at Jeavons Wood

Student Lucy said, "Kristina's costume was glittery and glimmery and I wish I was as good as her. I think someday I could do it too because I can do the splits and, with a bit of practice and courage, one day I could be just like her." The Manager says that Kristina is one of two people in the whole world who can do the splits on two people's heads.



October 2011: Year 3

We are fast approaching the end of our busy first half term and this is a good time to reflect on all the hard work and exciting activities we have enjoyed since the start of a new academic year. We have been pleased to welcome lots of new children and staff to our school including the new reception children.

Although we are not far into the academic year, we have already fit in a lot of learning. During our maths week the children had a lot of fun investigating maths through pictures, investigation and discussion. All children investigated the maths they could see in the picture below. I'm sure you will agree that there is a lot to imagine, express and investigate.



The school has also looked at the Hindu festival of Navratri. We all spent an afternoon learning about what and how Hindus celebrate Navratri. Some children learnt dances, some made rangoli designs and some made puja-thalis or aartis which are decorated plates in honour of the mother goddess, Amba.

Our Harvest Festival was on the 10th October when we thought about where the food we eat comes from and the work put into producing it for us. We also collected lots of goods for Jimmy's night shelter in Cambridge and sent them a picture made by all of the children to display in the shelter.

We have lot of events and festivities to look forward to this term as well. By the time you read this, we will have had our Culture Week which this year is all about 'Caribbean Carnivals'. We will have had a very enjoyable week focused on the traditions and colour of a Caribbean Carnival. We will all be celebrating reading and books in our school Book Week in November. With such a lot going on I am sure that it won't seem like long before the Year 3&4 and Year 1 Christmas productions are underway!

Year 3

If you have recently moved into the village and have a child due to start school, could you please make contact with the school Finance and Office Manager: Mrs J Durrant on 01954 273 377. We look forward to hearing from you.



Out and about with Year 3

We have had a very busy start to Year Three learning about places that are special to us and to people who follow a faith. We have explored how these places make us feel and have enjoyed learning from each other's experiences. In art we made pilgrim shells in preparation for our trip to

Ely Cathedral and in Literacy we have read many Legends set around Ely which we enjoyed spotting on our coach journey to Ely, including Denny Abbey.

When we arrived at the Cathedral we opened a creaky wooden door and stepped through it into the West entrance where we were amazed at the incredibly detailed vaulted ceiling. Jan met us and took us to the Lady Chapel where we took part in an interactive retelling of the story of Etheldreda, which was one of our favourite legends. We loved dressing up as the characters from the Legend and enjoyed watching the story unfold.

Next we split into groups and explored different parts of the Cathedral including the stories in the stained glass windows, did brass rubbings and learnt about historical characters that visited Ely before dressing up and going on our own medieval pilgrimage. Dinath loved dressing up as Sir Robert Cranston's servant, Millie enjoyed acting the part of Jane the nun and Thomas thought it was fantastic leading the pilgrims through the cathedral as he played his wooden flute.

Back at The Vine school we are using our learning from Ely to help us write our own Legends, make stained glass windows and learn about medicine in the past.





to find out more about The Vine School contact Headteacher Debbie Higham on 01954 719630 or e-mail: office@thevine.cambs.sch.uk

Comberton Village College: A Note from the Principal

One of the 'Big New Ideas' from the Coalition Government regarding education relates to 'Teaching Schools'. This is the suggestion that some schools nationally should be designated with this title. The notion and the terminology are based on the model of 'Teaching Hospitals'. Some schools are to be seen as beacons of good practice and should take the lead in the training and the professional development of the teaching profession.

In truth, this big new idea is a further move along a direction of travel that has been taking place for some time. This is not entirely uncommon in educational policy: Academies were, of course, a Labour Party policy (even if many in the Labour Party did not like the policy). The philosophy behind Teaching Schools is that of 'Schools leading Schools'. It is rooted in the belief that the expertise and the capacity to help all schools to improve lies within schools themselves. External experts and policy directives from on high are not the most powerful means by which to drive forward educational standards in our schools. The most powerful thing to do is to engage this school-based capacity and expertise and ensure that it is used for the benefit of all schools and for the effective training and development of all staff.

Comberton Village College has been asked to become one of the first Teaching Schools in the country. We are happy to do this. It fits with our belief in the philosophy of 'by Schools, for Schools'. It also strongly fits with much of the work that we have been doing in recent years to work with other schools to secure mutual improvement and with work in the areas of training and professional development. The application was not difficult to complete: it was largely a matter of confirming how we already significantly work in the ways suggested.

One important part about our approach is that we do not want to take on this role in isolation. In some ways, it would be a contradiction in terms to try to do so. We have thus sought from the outset to form a partnership with other secondary and primary schools in the area that are in a position to take on this work and meet the required criteria laid down by the Government. By doing this, we hope to be able to create a great deal of capacity to make a real difference in this role.

In one sense, this can be seen as part of the enduring remit of the Village College. If one community that we seek to serve is the educational community, then playing a role as a 'Teaching School' is seeking to be at the heart of that community. Henry Morris might have liked it.

Stephen Munday, Comberton Village College

		·	•
Saturday 12th November	Delusions of Time A fusion of dance and illusion	7.30	£12 Adults - £10 Concessions £35 Family ticket
Friday 18th November	Custard Comedy	Doors Open 8.00	£8 adv / D1£10 Door
Thursday 1st- Saturday 3rd December	Grease - All-action musical with pupils from all years	7.30 (plus 2.30 matinee on Saturday)	£6 & £7 (adults); £4 & £5 (concessions)
Saturday 3rd December	Christmas Bazaar	11.00-3.00pm	Free admission
Tuesday 6th December	Christmas concert	7.00	TBC
Saturday 10th December	Winter Dance Showcase	7.30	£5/£3
Friday 16th December	Custard Comedy	Doors Open 8.00	£8 adv / £10 Door

If you would like to run a stall at the bazaar, pitches (approx. 6ftx2ft6in) cost £12 each and will be allocated strictly on a first-come, first served basis. Please e-mail Judy Czylok on <u>publicity@comberton.cambs.sch.uk</u> in the first instance or phone her on 01223 262503 ex 221. We would also be grateful for any donations of corporate or individual raffle prizes. Please drop any items off at the college reception or contact Judy Czylok to arrange collection.

BABY & ME

Every Friday including half term from 10-11.25 In the main hall at the Hub

Cost: £1.50 per family including refreshments. Older siblings welcome if supervised



- •4th November Anna Marriage Photography A free photo session with reasonable price prints for Xmas presents.
 - •11th November Play and Chat. •18th November CLOSED for blood donations.
- •25th November Glazed and Amused Pottery Open for hand and foot prints on a wide range of pottery items, delivered back to B&Me in time for Xmas. This is always popular so will start from 09.30. If you can come earlier please do.
 - •2nd December Phoenix Cards and Usbourne books •9th December Baby and Me Christmas Party
 16/23/30 Dec Closed for Holiday period

Baby and Me is run entirely by volunteers and is a non-profit making organisation. We need more volunteers to join the committee to make sure we can carry on past Christmas. Baby and Me is now in it's 7th year and it would be a shame if we had to close. If you could help on the committee or just come earlier to help set up please email us.

For further information, schedule updates or if you have any queries (especially if you are attending for the first time) please contact: Caille Sugarman-Banaszak on 01954 718372 e-mail cailleperi@yahoo.co.uk or visit www.babyandme.org.uk

We are also on Face book as 'Baby and Me' please join the group to get schedule updates and the latest news



Cambourne 123's

A fun and friendly toddler group. We meet Fridays from 10-11.30am at the Vine (school) Family Centre.

Cost £2 per child (extra children 50p, under 1s free)

Cambourne 123's is run by a group of mums on a voluntary basis and hopes to provide a calm(ish!) environment for toddlers to play safely whilst their carers enjoy a chat and a cuppa! So if you are new to the area or just feel like getting out of the house, then please do come along. We are a friendly bunch!

Do you have far too many toys cluttering up your house? Could you donate them to a very worthy cause? If so please contact us.

11th November: Make a Poppy 18th November: Biscuit Decorating 25th November: St Andrews Day Colouring

2nd December: Christmas Card Craft

If you are interested please do come along, as we would love to see you or for more info please contact Cheryl on 07761 475170 or email cambourne123s@hotmail.co.uk

County Councillor's Notes - November 2011

Infrastructure and all that

Developers and others have submitted plans for new house and estate building around Bourn, Cambourne and Caxton. These are called: Strategic Housing Land Availability Sites and the document can be downloaded from: www.scambs.gov.uk.

What is of interest to us is the sheer size of projected house-building schemes right on the doorstep. There are 4 major Applications. It is planned to build 3,000 houses on Bourn Airfield, 2,500 in Elsworth and Knapwell across the A428, and another 3,000 on the land between Cambourne and Caxton. The fourth scheme, Elsworth alone has no total but it will be around 3,320. I should stress here that these are drawing-board Applications and may not all be granted or granted in full. Let's do some arithmetic - if the whole lot were to be accepted, it is 12,280 new homes. Add to this Cambourne's total (before the new 950 homes were approved this year) and you get 15,580. Then with the Upper Cambourne permission for 950 - see above-, the total rises to 16,530.

Note that this sees no increase in the main road network but it translates to an extra 25,000 cars. It sees no increase in rainfall in the driest part of the UK where water supply is becoming scarce. Let us not forget that these additional houses will produce at least another 33,000 children. The outgoing Labour Government took a cavalier disregard of the need for enlargement of roads, water supply, commuter networks, parking, electricity supply and so on which support more people. The consequences are traffic jams into and out of Cambridge every day, no spare parking places at St. Neots, Huntingdon or Royston stations after 8 am and crowded trains, buses and city-centre pavements. We may also ask where such large numbers of people are going to work.

I met with the Developers of Bourn Airfield some time ago. Their initial concept was a large housing estate on the edge of Cambourne which could "piggy back" on the shops and community facilities there. I insisted that this was a non-starter and that any village on Bourn Airfield must be self-contained. So they went back to their plans and this is what we will be offered. I also met with the Developers of Elsworth-Knapwell who were told the same thing. That leaves the land to the west of Cambourne which is planned to take an expansion the same size as the original plans for Cambourne itself. Given the present busy traffic flow along School Lane, a development on this edge of Cambourne can only bring even more trips to the centre of the village unless it is designed with a hub of its own, containing enough shops and community facilities to be self-sufficient. I'd be happy to discuss this with anyone who disagrees with me. Let me put the case simply: if all these developments go ahead, we will have in Bourn, Cambourne and Caxton, a town the present size of Hitchin and as big as Cambridge City was in 1920.

The squeeze at Shire Hall continues

We have decided not to replace the post of Director of Adult and Community Services after all. The Directorate was left leaderless by the sudden and untimely death of Rod Craig (whom I had been involved in appointing only two years ago). Rod will be much missed by Officers and Councillors alike for his considerable ability and ready wit. He leaves a wife and two young children. There has been a reshuffle of key officers and this allows a significant saving.

On the subject of money, I seconded a motion calling on the Council to cut Councillors' Allowances by 5%. We were making over 400 people redundant and cutting back on Adult Social Care and Libraries, for example. It seemed to me that we must show fellow-feeling with those affected but it was voted down by the Conservative Group and the Lib-Dems. By the time you read this, the Council will have been asked to increase our Allowances by £1,890 and much more for Cabinet members. I will be voting against.

Doing my job

As your County Councillor my first priority is to represent you and get the best for the people who elected me. Recently, the Standards Board was used to bring a case against me for doing just this. You might think that this Body is there to maintain standards but it is used as a platform to silence Councillors and threaten them. Their case against me started with my asking South Cambridgeshire District Council's Planning Committee to refuse a Planning Application which would have damaged the quality of life of some already vulnerable people.

Those who know me will not be surprised that I refused to apologise for this because I'm not going to be intimidated and I was right. Here are some quotes about me which have come out of the case:

"Anyone with less moral courage would simply have backed down" (Conservative Councillor)

An "outspoken Councillor". (Cambridge Evening News)

"Intimidating" (Investigating officer's Report to the Standards Board)

"Anyone who knows you, knows that you have no selfish motives at all". (Labour Councillor)

Finally, in the fall-out from MPs fiddling their expenses and their drop in public esteem: "There's never been a better time to be accused of integrity." (Conservative Councillor)

Councillor Lister Wilson.

County Councillor for the Bourn Division

Cambridgeshire County Council

Editorial: page 8



CAMBOURNE PARISH COUNCIL

District of South Cambridgeshire

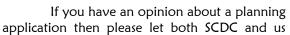
Planning Committee - an overview.

So that the Parish Council can function efficiently, a number of committees have been created so various specific issues can be debated and addressed outside of full council. The Planning committee is elected each year at the annual meeting of the Parish Council in May. It consists of seven parish councillors and meets twice a month.

The main purpose of the Planning Committee is to discuss planning applications in Cambourne and make recommendations to South Cambridgeshire District Council who are the local planning authority; they make the final decision on each application. We get all sorts of planning applications from householders, developers and even the County and Parish Councils.

The house-holder applications are typically for conservatories, extensions, garage conversions and loft

conversions, although if you plan to install a large climbing-frame for your children you might need permission for that. The developer applications are usually for development of parcels of land and can include 100 houses. These tend to be complex applications that take time to evaluate. Applications from the County Council are usually for schools. Parish Council applications have included the new Sports Pavilion behind the Sports Centre.



nd loft CALENDAR OF MEETINGS. November

Date Time Meeting

Date	Time	Meeting	
22nd November	7.30pm	Planning Committee	
	*	Leisure and Amenities Committee	
	*	Finance and Policy Committee	
	*	Leisure and Amenities Committee	
6th December	7.30pm	Planning Committee	
	*	Council	

know. If we don't know what you think we can't take your opinion into account. The Planning Committee welcomes members of the public to its meetings to ask questions about planning in Cambourne and to listen to our discussions. We also welcome applicants to its meetings to speak about their application so that we can better understand them. We often have meeting with developers early in the design phase of an application so that we can provide initial feedback to them to try and get better quality development in Cambourne. We hope to have many more such meetings during the development of Upper Cambourne. I will outline the details of the s106 for the additional 950 extra dwellings in the next issue of the Crier

Peter Drake. Chairman - Planning Committee

Residents are welcome to address a meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Parish Clerk at least 10 days beforehand so that the item can be added if necessary.

John Vickery the Parish Clerk is available at Parish Office, The Hub, High Street, Cambourne, Cambridge CB23 6GW. Telephone 01954 714403 or by e-mail to: clerk@cambourneparishcouncil.gov.uk. The Parish Clerk will normally be in the office between 9.30 and 1.00 o'clock Monday to Friday and by appointment at other times.

South Cambridgehsire District Council Community Grants Up For Grabs

A new Community Chest, which offers cash grants for community projects has been launched by South Cambridgeshire District Council (SCDC). Grants of up to £1000 are available to community or voluntary groups for projects that will benefit South Cambridgeshire residents and relate to one of SCDC's priorities.

Cllr Ray Manning, Leader of South Cambridgeshire District Council said, "I'm delighted we have been able to create this new Community Chest fund. "We remain committed to supporting our local communities by providing grant funding. A recent review of our grants schemes has helped us make sure they are as transparent and flexible as possible. "Our residents have told us that they really value the smaller, one off grants that we make available and it is these can make a real difference to communities."

Applications can be made at any time in the year and can be for up to 100% of the project's costs. More information on how to apply is on www.scambs.gov.uk/communitychest or contact the Partnerships Officer on 01954 713290.



Coffee Mornings & Playgroup

The Hub - Wednesdays 10 am to Noon (except school holidays)

November

•9th: Eid Festival •16th: Pets at Home •23rd: Pampered Chef

•30th: Salon 22 - Pamper Morning

December

7th: Christmas Festival (everyone bring a dish)14th: Candle Making

Contact: Laura Bangs Tel:(01954) 710510

Cambourne.clic@gmail.com

www.cambourne-ladies-international-club.org.uk



Cambourne young people

recently spent an afternoon redecorating the new music studio situated next to the Cambourne Soul youth centre.

Thirty young people turned out to paint and graffiti the container which will be used for music sessions for young people in Cambourne. The graffiti session was run by local artist Jason Cool, alongside youth workers from Romsey Mill, County Council, CYP and Cambourne church.

Justin Lewis, youth worker for CYP and Romsey Mill, is heading up the Music sessions and currently runs one on Thursday evenings at 7pm for those aged 13 - 19. For more info contact Justin on 07760202309

The Isaiah58 project is all about giving young people the chance to help people in Cambourne who would like it! In the past we have painted a wall, washed cars, mowed lawns and tidied up gardens, cleaned up sheds and helped people around the house. We could also help with shopping, computers or anything else you want to suggest! We do not want to be paid but feel free to provide cake...

For more info on this project or if you would like help with something, contact Cambourne church Youth worker Jon Sanders on 07798858302 or jon.sanders@romseymill.org



CAMBOURNE ROMAN CATHOLIC CHURCH

Cambourne Church Centre. Saturdays - 5pm

www.cambournerc.co.nr cambournerc@aol.com

Fr Raf has been unwell so we remember him in our prayers and pray for a speedy recovery.

Sunday 23rd October was World Mission Day where a second collection was held for the Propagation of the Faith. As described by Pope John Paul II, World Mission Sunday is "an important day in the life of the Church because it teaches how to give: as an offering made to God, in the Eucharistic celebration and for all the missions of the world." All contributions made on the day will make a big difference.

AGED 10-13? Like adventure? Got questions about faith? Visit www.yfaith.co.uk: the site that is written by young people for young people.

PEACEHAVEN BAPTIST CHURCH



Meeting Sundays 10am Bible study and Sunday school

11am Morning worship at the Hub

Wednesday evenings 7 pm at The Maple Centre in Huntingdon

For more info email <u>Peacehavenbc</u> @aol.com

or call 01954 710510 Pastor Donavan Bangs

It was a warm Florida night, as I slowly backed away from Instead, I carry a Bible and gospel tracts and using my the hangar. The tarmac was lit with the flashes of the warning beacons that I had set out. I continued to move away whilst monitoring my equipment. Small surges of radiation caused the needle to flicker. I needed more distance, which I got fairly quickly. The silence that covered the area like a warm blanket was pleasant. No noise meant no people. That was my job to ensure that nobody entered the area within the beacons. Then a dull whine came from the corner of one of the buildings across not change your duty to tell them even if they do not the way. It was a couple of sergeants on a golf cart looking to cross the field. I pulled my torch and waved them down. I told them they could not go this way. The way ahead was dangerous. For their own good they had to turn back and go a different way. Thankfully, they did as they were told even though they outranked me, and they were fine. But, the danger that was ahead they had no way to verify it. They could not feel it or smell it. The you have been disillusioned with the anaemic watered danger made no noise and in actuality you could walk right through it and not know exactly how damaged you have become. That is how it is when you deal with industrial strength X rays. You could receive a lethal dose of radiation without noticing immediately and by the time you noticed the symptoms it would be too late. That is why we did everything possible to warn everyone of the danger that was ahead.

Many years have passed since then. My occupation no longer involves generating X rays to pierce through metal plating. I am still in the business of watching out for and warning people of danger ahead. I don't have yellow and If you have questions or just need to chat let me know. red beacons with flashing lights and radiation symbols.

specialist training I urge people to turn around and take a different path. Some folks laugh and say that there is no danger because they cannot see it, they cannot feel it, they cannot hear it and they do not believe the warning signs But, there are others that do respond to the warning. They change the direction they are headed in, and they find a safe passage.

Giving the warning is the job of all believers. And it does listen. I would encourage believers to read Ezekiel chapter 3 verses 17 to 20. Then ask yourself am I warning anyone? Do the religious groups I belong to if any encourage me to warn others? If there needs to be a change it must start in the heart of God's people if we are ever to be effective in turning others to the safe path. Maybe you've been out of church for a long time, perhaps down pathetic excuse that some pass off as Christianity. It is time you found a place that believes and preaches the Bible not for just words on Sunday, but applied to your

Now for those of you who may be reading this and wondering what is the safe path. John 14:6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

There is a way through it is safe and secure and only through Christ.

Donavan Bangs



Cambourne Church

A partnership of the

Church of England, Baptist, Methodist & United Reformed Church Service times: Sunday 9.30 & 11.00am 1st Sunday in Month 10.00am. (2nd Sunday Holy Communion) www.cambournechurch.org.uk



Special Worship Services in November

Sunday 13th Remembrance Sunday 9.30 and 10.50am

Sunday, 20th Joint service with churches West of Cambridge - 10.30am Celebrating God's Word to Us @ Comberton Leisure

There will be no service at Cambourne Church



Operation Christmas Child 2011 The year of sports-themed shoe boxes!

Tie in with the Olympics and fill a shoe box with goodies with a sporty theme for a child in poverty this Christmas. For Leaflets and more information contact Jeanine Kennedy on 0751512508 or email minister@cambournechurch.org.uk.

Boxes need to be returned to church (weekday mornings) by Mon 7th Nov for collection



Fair trade Shopping Evening Thurs 24th Nov 8 - 9.30pm In the Church Foyer

Come along and browse at some beautiful handmade gifts and decorations, as well as Christmas cards and festive produce.

See Julie for more 202546

GRAND SALE

Saturday 26th November 10:30 am -1:30pm

@ Cambourne Church

Books, Toys, etc - Teas & Coffees
Donations of books and toys would be greatly
appreciated contact Ruth on 715365 for collection
of donations.

All proceeds going towards Cambourne Church building fund

Youth Stuff...

Soccer Sunday

Nov 6th and 20th 4.30-6 on MUGA

Thirst

Nov 6th 6.30 - 8.30 - youth service with free meal

Ignite

Nov 20th 6.30 - 8.30 - Young people to express themselves, live music, Pool, pizza

Chillax Youth club

Every Tuesday 4.15 til 6 - Table tennis, Pool, Table football, Tuckshop, Playstation

Youth Weekend Away!

25-27 November 2011

For more details on any of these contact Jon Sanders 07798858302 jono_sanders@hotmail.com

Alpha - Exploring faith



New course starting in January 2012

Contact Peter Wood Tel. 715558

Concerned about Social Justice?







A Quaker led gathering for worship, listening, discussion & action.

If you are interested in being part of this new forum supported by Cambridge Quakers & Cambourne Church please contact Peter Wood.

minister@cambournechurch.org.uk

Help when it is needed the most.... South Cambridgeshire Community Lifeline Service

People living in South Cambridgeshire are able to receive support, allowing them to remain living independently in their own homes thanks to technology provided through South Cambridgeshire District Council.

The Community Lifeline provides reassurance and peace of mind for vulnerable people (those who may have health issues, learning difficulties or who may feel in need of extra security due to their domestic situation). It also gives family and carers support in knowing that help can be summoned at the touch of a button, without the need to reach for a telephone.

All that is required to enable this service to be used is a residential telephone line, which will be shared by the Lifeline equipment. Friends and family can be alerted immediately in an emergency by the wearer pressing the button on the pendant provided – a message will be conveyed to named contacts by our 24-hour service centre.

There is a one off installation charge of £18 and a hire charge of £4.08 weekly, which includes maintenance of the equipment. An information leaflet and relevant forms are available online or can be obtained from the Community Lifeline Service at our offices in Cambourne:

Community Lifeline Service. South Cambridgeshire District Council. South Cambridgeshire Hall Cambourne Business Park. Cambourne. Cambridge. CB23 6EA.

If you wish to discuss any aspect of the Community Lifeline Service further please contact Jane Poole or Sheila Sneezum on **01954 713470** or Mandy Downs on **01954 713468**.

www.scambs.gov.uk

Cambourne Sling Meet

- * You want to carry your baby/toddler while you carry on other activities * You want to buy a carrier but you're not quite sure which one
- * You have a carrier but have not had much luck getting a comfortable fit * You've never used a baby carrier but wouldn't mind trying
 - * You are an experienced "baby wearer" and you would like to share your experience

We are a friendly group and would love to meet other parents and carers. We had a great meeting last month – lots of Mums trying out new Carriers and Wraps! Please do come along to our November meeting and share your experiences.

We meet at '19 - The Coffee House', Cambourne Church Cafe 9.30-11.30, last Tuesdays of the month (except School Holidays): Next meeting - 22nd November.

Contact: Jeanine 01954 719126 or 07515128508 email:signandcuddles@gmail.co.uk Join us on Facebook.

Papworth Astronomy Club News

Papworth Astronomy Club's October meeting included a talk given by Dr Steven Gratton, a Postdoctoral Research Assistant from the Institute of Astronomy in Cambridge. Steve is a member of the multinational team that is analyzing data obtained by the Planck satellite. He showed us pictures of the satellite during its construction, followed by a video of its launch. He then explained how Planck measures the cosmic microwave background radiation, allowing us to deduce more about the "Big Bang". Data is still being collected from Planck and results will not be published until it has been fully processed. He has promised to return and give us a follow-up talk when that happens!

The November talk will be given by Dr David Green from the Mullard Radio Astronomy Observatory and is called "*Supernovae seen in history, and their remnants*". Join us for this presentation on Wednesday 2nd November at 7:30PM – guests are welcome.

The meeting will be at the Vinter Room, Papworth Everard. The Vinter Room at the entrance to Vinter Close (it is the building with the clock tower). Entering Papworth Everard from the south, take the first left after the traffic lights into Elm Way, past the fire station, and then take the second left into Vinter Close. From the north, take the first right after the library into Elm Way, past the fire station on your left, then take the second left into Vinter Close. The meeting room is accessible to wheelchairs.

More information about the club is on our Web site (www.papworthastronomy.org). You can also email Peter Sandford on peter@cheere.demon.co.uk or phone 01480 830729

Do you ...

love Christmas? ...want to test your general and Christmas knowledge? ...have a laugh with your family?

If you answered yes to any of these (or all!), then come along to the

'Christmas Family Quiz' on

Saturday 17th December

between 2-4pm at the Hub.

There will be questions for all ages (even teenagers and toddlers), and refreshments (including mince pies) Tickets: £4 adult, £2 child or £10 for a family of 4

To book tickets contact Rebecca Clegg on: **01954 715722**, or: rebeccaaclegg@btinternet.com



Time Bank sign up sessions

Cambourne now has a registered Time Bank (see article on page 4 of September issue). It's called 'Consortium of Housing Time Bank' and we are taking sign-ups over several dates and times during week commencing 7th Nov. The Consortium of Housing Associations has paid for the membership fee into the national Time Bank scheme http://www.timebanking.org/. This provides us with the support and software to manage the scheme.

Do you fancy taking part? You can do as little or as much as you like, choose what areas you are interested in volunteering for and what areas you would like someone to help you with. The sign-up times and venues are:

- Monday 7th November 2.30-4pm at Greens Coffee & Co, High Street, Great Cambourne
- Wednesday 9th November 10-1pm at Cambourne Soul Youth Venue, Back Lane, Great Cambourne
- Thursday 10th November 6-7.30pm at Monkfield Arms Pub, Monkfield Lane, Great Cambourne

If you are housebound, you can still take part. Call/text me and I can pop over, have a chat and do the sign up with you at home. For more information, please text me on **07702 349407** or email me at **Laura.parkinson@CHSGroup.org.uk**

GREETINGS FROM CAMBOURNE LIBRARY

The library opening hours are:

Mon: 3.30 - 7.30 Tues: 9.00 - 2.00 Weds: Closed Thurs: 3.30 - 7.30 Fri: 9.00 - 2.00 Sat: 9.30 - 1.00 If anyone would like to display any local arts or crafts in our display cases in the Sackville House foyers please pop into the library and ask the library supervisor for details.

Race to Infinity

Thanks to all those who nominated us and to B.T. for awarding us the prize. We have now purchased new monitors for the library computers and a new fax machine.

Engage in the Afternoon

9th November 2.00pm – 3.30pm in the library. "Nutrition" An informative and entertaining talk by Lisa Bulbeck. No need to book – just come along.

Family History Research Sessions.

There will be a drop in Family History Session by the Cambridgeshire Family History Society at the library every 3rd Monday in the Month from 3.30 – 5.30. Just pop in for advice. Next date 21st November 2011.

Reading Group

The library has a lunch time reading group Cambourne Lunch Bunch. New members always welcome - why not come along and try it out. The next meeting is on Wed. 9th November at 12.30 in the library

Many thanks to all our loyal customers for their continued support and offers of help.

Editorial: page 13

Cambourne Kitchen - Burgers with onions three ways

Don't be worried when you read 'onions three ways' you won't be breathing onions over everybody—this is a great way to make the most of the summer onions now harvested and dried. Let's face it, who doesn't like a burger and the irresistible aroma of cooking onions!! The quantities here will make 4 extremely indulgent burgers or eight smaller versions.

Burgers:

Bread rolls to serve (one per burger)

200g bread (soaked and squeezed dry)

3 spring onions finely diced

caramelised onions:

2 knobs of butter (approx 2 tsp) and a

drizzle of oil

1 tsp each salt, pepper

½ tsp ground cloves 1 dsp caster sugar

2 medium onions cut in half and thinly sliced

lengthways

malt vinegar to cover (approx 5 tbsp)

onion rings:

2 medium onions cut in rings approx ½cm thick (place in a bowl and immerse in boiling water, cover and leave for at least 5-10 mins) 200g plain flour

100g corn flour Seasoning Oil for frying

Method:

250g pork mince

250g beef mince

1 tsp pepper

½ tsp fine salt

1 egg (optional)

Pop all the ingredients for your burgers in a large bowl and mix using your hands. Gently squeeze the mixture through your hands to ensure it's well incorporated, this also helps the mixture to stick together when cooking. If you feel you need to add the egg to bind it then do so but it's not absolutely necessary.

Once you are happy the ingredients are well combined, divide the mixture into equal portions (depending on the number you are making). Roll into balls then gently press them down with the palm of your hand to create a patty. Place them on a plate and refrigerate to help set them ready for cooking.

Now heat the oil and first knob of butter in a saucepan – once the butter begins to foam slightly add your thinly sliced onions for the caramelised onion topping. Add all the dry seasoning ingredients and cook over a medium heat for about 5-6 minutes until the onions are really soft and

Photo reproduced with permission

browning nicely. When you can see this, cover the onions with the malt vinegar and cook for a further 5 minutes until the vinegar has evaporated off, add the second knob of butter and mix through until melted in. You are left with delicious sweet and sour caramelised onions. Turn off the heat and cover until ready to use.

For the onion rings, drain off the water (this will have helped soften the onions and taken away some of the bitterness you can sometimes get with raw onions) and leave to stand with no cover for a few minutes. Use a large saucepan or ,if you have one, a deep fat fryer and heat the oil to about 180°C (if using a saucepan, place over a medium heat and when you come to cook the onions test with one onion ring – if should sizzle but not spit. If it's not hot enough leave to heat a little longer and if you find it's too hot, remove from the heat for a few minutes, turn the temperature down and then place back over the heat). In the meantime, whilst waiting for the oil to heat, on a large plate and mix both flours and seasoning. Squeeze any excess moisture off the onion rings and place in the flour. Use your hands to toss them through making sure they are well covered with the seasoned flour.

When you are confident your oil is the right temperature fry the rings in batches, drain and place on a baking tray. They should be a golden brown. (These can be prepared ahead of time and reheated in the oven or alongside cooking the burgers.)

When you are ready for the burgers, heat a frying pan over a medium heat until it is beginning to smoke (for best results it must be really hot when you place the burgers in the pan) season them again with salt and pepper to taste, then place the burgers in the pan, being sure not to overcrowd the pan. Cook on each side for about 3-4 mins depending the size and thickness (this is more a matter of taste so cook them to your liking).

Serve in a bun topped with the caramelised onions and alongside the onion rings and a simple salad.

Of course, you could always add extras such as cheese, gherkins, bacon, eggs etc. This really depends on the way you like your burgers but the recipe is quick and simple – mostly throwing things in and letting the cooking do the magic! Homemade burgers are a winner and theses onion rings are light and delicious. Enjoy!

JUST IMAGINE...

"Christmas is over, all that planning and waiting, and then it's gone.....January can be such an anti climax.

But wait, what's this! A panto in January, it can't be, and in Cambourne too! From a new group - **Strictly Panto** - with a familiar story, **Cinderella**, but with some strange and interesting changes including some you may recognise.

What will happen to Cinderella; can Buttons help her overcome the dreary life she has with her overpowering stepmother and gruesome step sisters; will her friends the mice be able to avoid the clutches of that verbal maestro the Ratcatcher? Will Prince Charming step up to the mark and whisk Cinders away, or will he have to make do with one of the gruesome twosome?

And what of the King and Queen - will they ever get their son and heir a suitable bride to secure their dynasty, and can the footman ensure fair treatment as he just tries to do a fair day's work? And who is the mysterious Churney and why has he lost his bottle? Well, there's only one way to find out - get a ticket and discover what really happens in this mythical but strangely familiar world and give the Christmas festivities one last blast!

TICKET PRICES: Adults: £10, Children: £7.50, Family Ticket (2 adults & 2 children): £30

TO BOOK:

Log on to: www.strictlypanto.co.uk or Tel 01480 830934





Cambourne WI - November Meeting

Our speaker in October was **Mary Ellis** who had described herself as the 'wearer of many hats' and during our October meeting she described in some graphic detail what wearing those hats really meant.

We learnt that while running a bed and breakfast there is the opportunity to meet a wide variety of people, that it is important to have a large selection of towels handy and most important of all is to ensure your plumbing can take the strain!

Mary's talk covered a wide topic range and included sheets, plumbing, the difference between being a naturalist and a nudist, dirty phone calls, fetishes, sausages and using alternative remedies. Who says that WI meetings are boring and staid?

By the time we meet in November the clocks will have gone back, the nights are drawing in and now is the time to start our Christmas preparations. The November meeting in the hub will bring **Maureen Ridley** to teach us some festive cookery skills and festive crafts. Come along on the **10th November** and learn something practical and useful.

If you are thinking of coming along to the WI but find the bigger group a bit daunting why not pop along to one of the smaller groups where you may find it easier to get chatting.

The **Walking group** had a very successful day's walk recently which ended up having an enjoyable lunch in the pub which seems a very sensible way to end a good invigorating walk. Baits Bite Lock to Fen Ditton is planned for **November 4th**. Phone **Fran** on **710858** or **Penny** on **200126** for more details.

Penny is also the contact for the **Theatre group**. This group plans and attends some of the matinees in Cambridge and is a small and friendly group. If you fancy going to see a good play get in touch.

The Darts group is continuing to practice every Monday evening in The Monkfield Arms and skills of dexterity and maths are being improved ready for competitions in March. Come along and see how many times you can hit the board rather than the floor or the walls and maybe you could help make up a second team! Contact **Joan** on **200908** or **Edna** on **717360**.

The **Book Club** is run by **Ruth** on **718989**. This group meets on the third Wednesday of the month in the Monkfield Arms and the group are currently reading The Children's Book by AS Byatt.

Just in case you are thinking that all our meetings take place in pubs we do have the very successful last Friday of the month coffee morning in Greens Coffee shop. We are in danger of taking over the whole café so why not pop in, have a coffee and make some new friends.

For more details of our meetings or how you could join us contact Gill on 718566. We look forward to seeing you.

CAMBOURNE ARTS

WORDS FOR PLEASURE

Words for Pleasure -- meet in Cambourne Library, Monday 7th (topic is "November") and 12th November (topic is "spices"). For more information and if you would like to join an evening group, please get in touch. Contact: **Alan Gibson 01480 880442**; **Pat Callaghan 01954 718836**;

WATERCOLOUR CLASSES

The class for this term is now full. If you would like to join the group next term, do an evening art class (we need a minimum of 10), or are interested in teaching a group or participating in any other sort of art and craft, contact me on **01954 710858**

THE ART GANG

An informal get-together for anyone with an interest in the arts: we meet in the Monkfield Arms from 7.45pm on the second Monday in the month to share ideas, chat, organise events and network with local creative professionals and amateurs. **01954 710858**

PHOTOGRAPHY GROUP

In this local group, levels of expertise vary from beginner to advanced, with everything in between, and more members will be very welcome. Fortnightly Tuesday evening meetings. For more details visit the web site: http://www.flickr.com/groups/cambournephotographygroup/ or phone **01954 205050**

LIFE DRAWING

This is an untutored session, but friendly advice is always available, and experience levels vary greatly! For details of the next session and to book a place phone 01954 710858

AFTER SCHOOL ART AND CRAFT CLUB

Please get in touch if you have a KS2 child interested in joining this sort of club. We will need a minimum number of 10 participants to run this

NEW WEBSITE

If you are an artist or craft-worker and would like to have a link on the website, please get in touch www.cambournearts.btck.co.uk

For further information on any aspect of Cambourne Arts, contact: Fran - fran@panrucker.eclipse.co.uk or 01954 710858

BLAST FROM THE PAST In the second of our trips down memory lane, we take a look at Cambourne's first ever dedicated community

building. Cunningly disguised as a 1960's prefabricated classroom, practically hand-built by a team of dedicated Cambourne residents, with a name inspired by the weather during construction, It's the story of The Ark.

"The Port-a-cabin is nearly there - except that now we call it The Ark. If you saw it originally, it looked as though it was floating on a sea of mud'. lan Jarvis (Church Warden) Cambourne Crier, March 2002.

Billed as a temporary church and community resource, The Ark is in many ways the embodiment of what can be achieved when community spirited individuals and organisations alike are prepared to roll up their sleeves and dig deep into pockets and mud in equal measure. The work to bring Cambourne it's first community building





The Ark Under Construction - Early 2002

started behind the scenes, with considerable help and support from Carrie Pemberton (then Cambourne's minister), Gerry Lambert (south cambs community development officer at the time), Cllr Daphne Spink, Maurice Gordon (resident engineer) and Project manager David Chare to name but a few. Plans were made, legal hoops were jumped through, A Grant of £10,000 from South Cambs District council was secured, along with an £11,000 loan from the United reformed church, and momentum started to gather.

Enter Rev. Peter Wood in May 2001, who got wind of an old 1960's port-a-cabin that had seen extensive use as a temporary classroom around the Cambs area. Shortly thereafter, the yet-tobe-christened Ark arrived on site, in 5 separate pieces, without a roof, and as church warden (and project manager for the

construction of the Ark) Ian Jarvis put it, "Dead on arrival".

Following various articles and appeals for help in the Crier, the residents of Cambourne stepped up to the mark and got stuck in, freely giving of their skills and time. Ian recalls

"A faithful team worked hard. It seemed as if everyone was in the right place, with the right skills, at the right time. A true meaning of the word Godsend".

All in all it took 3 months to build the Ark, and after all the hard work Cambourne residents finally 'moved in' on March 24th 2002, Palm Sunday, with a procession from the temporary doctor's surgery (now the dentist) where church services were held in pre-ark days.

The Official opening ceremony took place on May 12th 2002. In attendance were The Bishop of Huntingdon, around 130 residents, and Cllr Daphne Spink. Finally, Cambourne had it's own community building.



The Ark Today

The Ark has done well. Serving as temporary Church for many years, being a base of operations for 28 different organisations and societies, hosting parties, and even serving as a polling station. Today, despite being somewhat frayed around the edges, and in need of constant maintenance, it is still well used. The Ark is the home of Cambourne Pre-School, hosts Junior Church on Sundays, and is used for holiday clubs, private children's parties, and several evening club groups. Reflecting back, Ian says "We are satisfied with it's use, particularly as a home to the pre-school'.

Of course the Church now has it's own bespoke premises, but looking to the future, the lease on The Ark runs until Sept 2013, and can be extended if needed.

In closing, lan says "Some of the early residents have very happy memories of the Ark and will be sad to see it go. Others now find it incongruous in a new village. Whatever your view, it will have to go one day but it has fulfilled a substantial role in the development of the community in the village. We trust that the Pre-school will find a good new home to carry on their sterling work and that the new hall on the church will allow youth work to flourish". Story: Simon Crocker. Pics: courtesy Roger Hume & Laine Warmington

Wildlife Review November 2011



We have just cleared out the bird boxes at the Manor House as they had not been done for a couple of years. It was fascinating to see what the different birds had used, anything from moss and grass to animal hair and synthetic fibres. The boxes that I saw blue tits using had been



Bedfordshire Cambridgeshire Northamptonshire Peterborough

made very cosy (at least to my human eyes), whereas the starling boxes just had a few twigs. Now is a good time of year to give your bird boxes a clean out to prevent the build-up of pests. Make sure you wear gloves as there can be fleas or ticks inside. You can disinfect the box with boiling water before putting it back up, but make sure dries out thoroughly first.

Most people don't think about their boxes being used over winter, but they can be very useful roosting places for small birds when it is cold. If you have some, put a bit of clean hay or wood shavings back in to help keep them insulated. They often pack in several to one box for extra warmth, the record for the number of birds found in one nest box is 61 wrens!



If you want to install a camera so you can see what is happening while the birds are nesting, this is best done over winter while there are no birds using the box, so it is worth thinking about now...one for the Christmas list maybe?

While I'm on the subject of cleaning, it is also a good idea to give your bird feeders a regular clean. There are some bird illnesses that crop up from time to time and bird feeders are a place where they can easily be passed on from bird to bird. If you are looking for a good supplier of

bird food to last you the winter, I would recommend Vine House Farm. They do work closely with the Wildlife Trusts and give 5% of their profits to local Trusts, but they also have good value bird foods and feeders and they grow most of the seeds on their conservation award winning farm in the Lincolnshire Fens. Visit their website www.vinehousefarm.co.uk to find out more.

Get in touch

If you have any comments, questions or suggestions about the green spaces in Cambourne please get in touch. Email: jenny.mackay@wildlifebcnp.org Or Call: 01954 713516 (please leave a message and we will get back to you)

Jenny Mackay - Wildlife Trust Reserves Officer

www.wildlifebcnp.org

The Wildlife Trusts - Cambourne Local Group

Although the headquarters of the Wildlife Trusts listed above is located in Cambourne, at the Manor House on Broad Street, there is as yet no local group. A local Group could take the form of regular meetings with talks and/or walks looking at various aspects of the wildlife in and around Cambourne, and further afield; assisting in fund-raising events for the Wildlife Trust and generally finding out more about the Wildlife Trusts and wildlife in and around Cambourne. The group would be under the financial control of the Wildlife Trust, but with its own chair, secretary and treasurer, plus other committee members. The format of the group would be agreed through discussion with members, and the cost per session would be minimal.

A meeting has been arranged for **Tuesday November 8th**, **7.30 pm at the Manor House** in Broad Street for anyone who is interested in having such a group in Cambourne. There is already a thriving group for children, so this is an opportunity for all us adults to enjoy learning about the plants, animals and birds that are to be found in our own, very special, local environment.

For further information, contact Sarah Smith, Head of Education and Community at the Wildlife Trust on **01954 713500**, Sarah.Smith@wildlifebcnp.org or Fran on 710858, fran@panrucker.eclipse.co.uk

Countryside Neighbours



Cambourne is fortunate in the amount of green space available within the community. Until recently, the number of links into the wider countryside was more limited, but the County Council has now opened up a short new public footpath connecting the perimeter bridleway to a previously dead-end footpath leading to the windmill and beyond. Public

footpaths are for walkers and runners. Cyclists and horse riders can use bridleways - but not public footpaths. Sadly, the owners of the land to the south of Cambourne have been suffering from an increase in trespass, vandalism and anti-social behaviour since the

new footpath was opened. The police are aware, but walkers on the path can help by keeping an eye open and reporting any issues either to the police (0345 456 4564) or to the county council (0345 045 5212). Public Rights of Way are unique to England and Wales, but like most rights they come with responsibilities.

The Countryside Code provides good advice:

- * Be safe plan ahead and follow any signs
- * Leave gates and property as you find them
- * Protect plants and animals and take your litter home
- * Keep dogs under close control
- * Consider other people

Further information on countryside access, including an interactive map, can be found at www.cambridgeshire.gov.uk/countryside



Cambourne Exiles RFC

The past month has seen Cambourne Exiles continue their strong start to the season defeating all opposition convincingly.

September ended with a 19-7 victory over Royston, followed by a club record score against Sawston 2's of 115-0! A further dominant performance against Shelford 5's was overshadowed when the match was abandoned at 52-0 due to a serious leg injury to one of the Shelford players, our best wishes go out to him and his team. Most recently Cambourne beat a combined team of Cantabs 2's and 3s by 15-9, the sternest test the team has faced in recent weeks.

November sees a friendly fixture away at Cottenham Renegades on the 5th November, followed by a home game on the 12th v Wendens Ambo and a cup game against either Cambridge Exiles or March bears on the 19th. Training continues at the pitches in Cambourne with a fitness session on Monday from 7pm, and Skills on a Wednesday from 7pm – 9pm, all new players are welcome.



Cambourne Eagles





www.cambourneeaglesfc.co.uk Tracey Ashford, Club Secretary: 01954 203162

I am thrilled to report that I have been bombarded with positive comments from parents of all the children who play **for and against** an Eagles team. My team of fantastic parents who serve coffee and bacon butties to away teams come rain or shine, I know it is appreciated because the opposition tell me so!! The under 10's dream team of Nicky and Lisa breaking the record, making a fabulous £90 profit from just one game! This is money that is going directly back in to the under 10's!!! With supportive parents like these, no wonder the children are doing so well. And the Eagles players, you make me very proud, to watch you play- win or lose, heads held high in true Reds style.

Sally Day, Club Chairman

Totball (2,3 and 4 yr olds): Totball continues to be a huge success with lots of new faces joining us since September. We are proud that our older children have moved on to the Eagles Academy and are excited to be working with such a great new group. There are still spaces to join us on a Friday 2.15-2.45pm, £1 payable weekly.

The new look Eagles Academy (4 and 5 yr olds): To satisfy demand Eagles now have two Academy sessions. Thursdays 5-6pm and Saturdays 11-12 noon on the MUGA. We have five new coaches to lead these sessions, offering a wealth of knowledge and experience. Sessions are £2 payable weekly. The Thursday session is now full, and spaces are rapidly filling on Saturdays. Hurry and contact the club secretary for more details.

Under 8 Blue (Year 2's): The under 8's blue have played 5 games this season and are developing at a very fast rate. The boys are showing plenty of determination and passion for the game which is reflected on the pitch. I also want to say a big thank you to all the parents that are helping out, both at training and at the pitch side. With the dark nights coming in, training has moved to 5.30 on Sunday evenings at the MUGA. *Please come along if you are interested in joining the team.*

Under 8 White (Year 3's): White team have had a great start to the their first season in the league. The boys all work really hard week in, week out and the managers and parents are all extremely proud of their efforts. The Whites would like to welcome Rob to their coaching team

Under 8 Yellow (Year 3's - TEAM OF THE MONTH!): Eagles U8 yellows have been doing very well and it's quite something to see how far the boys have come. Playing well with a battling and spirited performance right through the team. The boys have never lacked spirit and it is this that has done much to make up for the fact that a few of them are only recent starters to any kind of football! It is lovely to see how much it means to the boys (and the parents!!) and I hope they are all up for some more! We are looking to increase our squad size for these two teams so that their little legs can have a break during matches. If <u>your</u> goal scoring legs would like to join <u>our</u> goal scoring legs, please do get in touch!!!!



Under 9s (Year 4's): The new under 9's have had a difficult start to their first ever season playing three incredibly tough teams. Despite that fact the boys for large periods of these games have held their own and showed signs of improvement. We have also been joined at training by four new lads, building our team can only make us stronger. We are all looking forward to the season ahead. Good luck boys!!!

Under 10s (Year 5's): The team has started really well this season. 3 games played, a win, draw and one loss. They became the first team to stop Comberton from scoring a league goal in over 2 years when they held them 0-0. A narrow win over Coton 2-1 was followed up with a last minute 4-3 defeat to Willingham. The squad has gone from 9 to 14 players in little over 2 months with 11 boys currently signed on. Alex, Mark and Manager Lisa Hubbard are very pleased with the overall ethos which surrounds this age group. All positive.

Under 12s (Year 7's): The Under 12s continued their good start to the season with 2 more leagues wins making it 3 wins and a draw from the first four games and putting them second in the league. The first game saw a very good performance to beat Cambridge Celts 5-1 and this was followed by a 4-1 win against Cherry Hinton Lions. Well done to all the boys it has been a great team effort!

<u>Under 15s:</u> The A league is proving to be as tough as expected and the boys have suffered 3 defeats in a row, including being knocked out of the league cup. Apart from one game, the others were both very close. They are a talented and hard working bunch and it is a pleasure coaching all 16 of them. Any victory in this league will take a lot of hard work. The boys are full of confidence, their heads remain up and hopefully their first win will come soon.

Mens (Under 20s): A mixed bag of results, having won two and lost two. We now look forward to our Centenary Cup game on Sunday against The Dobblers who we welcome to Cambourne. With our current league results, our game against Studlands Park Rangers now becomes a six pointer. A third of the season has already passed, we are currently sitting in third spot, only one point behind the first and second placed teams.

IF YOU WOULD LIKE TO JOIN THIS SUCCESSFUL CLUB PLEASE CONTACT OUR CLUB SECRETARY ON THE DETAILS ABOVE.

ALL CHILDREN ARE WELCOME AND ALL WILL GET TO PLAY.

Cambourne Tennis Club

Junior title for Cambourne Tennis Club

Hot on the heels of Andy Murray's triple success in the far east, Cambourne is celebrating a maiden win for **Darius Fatemi-Ghomi**, **aged 8**. Darius won the David Lloyd Red County Tournament in only his third proper competition.

The junior tournaments are set up by the LTA to encourage young tennis players to become the next big thing for British Tennis. After the tournament we caught up with the new gold-medal wearing champion. Darius claimed he "felt great in all three recent tournaments" and is "more and more determined to become a better player". His favourite player, Rafa Nadal provides the ideal role model to push him onwards in his tennis career. Darius has achieved this success based on the excellent coaching work being done right on our doorstep, at Cambourne Tennis Club. Darius has been a member for around 18 months, following in his Father's footsteps on the court. So what's next? "My next goal is to win another tournament by March, and keep improving".



Think you, or someone you know has what it takes? Contact the club via http://www.cambournetennisclub.co.uk/ and let us know.

Cambourne F.C. News - October

- •C.F.C Gain grant from SCDC
- C.F.C Thank \$2 as the clubs largest sponsor
- •C.F.C Thank Call a Cab, new U17 Sponsor



Soccer School

Thanks to the enthusiasm of Chris, Simone, Barry and Graeme, Soccer School is going from strength to strength, with more than 20 players attending every week. The children are thoroughly enjoying their introduction to football, along with the coaches. The children who attend the school are developing very well, improving in both ability and attitude. Soccer School is always welcoming new players, so for future players of Cambourne football club, the CFC Soccer School is held every Saturday morning 9-10am. The school is open to school children below the age of 6.

C.F.C U7 - Black

The Cambourne U7 players are looking forward to playing together during half term, in a tournament organised by Cambridge United. We will be well represented by two mixed teams. Which we all hope will be a great experience and most importantly a lot of fun.

C.F.C U7 - White

The U7 White's have continued their excellent start to the season. The team entertained an enthusiastic home crowd when they played the Needingworth Colts. The game was a tale of two halves, with the white team finishing strongly. The second game was a friendly against Fenstanton, which resulted in us scoring lots of goals. This was another fantastic team performance.

C.F.C U7 - Silver

The U7 Silver team has continued to enjoy the new season with a closely contested away match against Alconbury Colts, followed by a tough test against Priory Parkside Black. Some fine goalkeeping performances and stout defending were on display during both matches, and the team showed great spirit which never wavered. The U7 teams are all working well together providing a good platform from where all the teams can develop as the season progresses.

C.F.C U8

The U8's are progressing really well in the Cambs mini-league. All of the players are giving their all in every match, and demonstrating some amazing team work, which is ultimately ending up with lots of goals. There is lots of stiff competition this season, and the team is coping well with the pressure. We train every Tuesday night at the MUGA and all of the players are developing their skills in leaps and bounds. New players are welcome to join in and develop their skills at these training sessions!

C.F.C U9

The U9's have got off to an amazing start to their season, topping their group scoring 47 goals and conceding just 6, in only four games! The U9's won 10-1 against Histon, 9-2 against Gransden, a massive 21-1 against Gamlingay and 7-2 against Willingham. Oliver Barton also tops the goals scored table, scoring 13 goals in 4 games. Absolutely fantastic, well done goes to all of the players.

The U10's continued their unbeaten run in October, not only topping the table in their league, but progressing into the next round of the cup after a thrilling game against Isleham which saw Thomas, Jack, Sam and Callum hold their nerve and win the game for the U10's 4-2 on penalties! The U10's also won 5-1 against Gransden, 1-0 against Over and 9-1 against Caldecote in a match Caldecote have called "The Cambourne Supremacy". Well done lads.





C.F.C U13

The under 13s would like to welcome Aljaz to the team, he joins us after moving here from Slovenia, so a big welcome to the team Aljaz. We have had one game so far this month, and what a game it was! Goals were flying from almost every player...in total we scored 9 goals and came away with a comfortable 9-3 win. Well done lads. A special mention this month must go to the boys as after almost every game we have managers praising the team for their great attitudes, fantastic sportsmanship and behavior both on and off the pitch. I feel this is a real credit to the players, managers and parents! If you would like to join the under 13s then please come along to training, every Friday 5-6 at the MUGA

C.F.C U17

U17's continued their poor form losing 4-1 to Godmanchester in the League Cup at home, despite dominating most of the game but failing to find the net. However, they improved in the next game beating Soham 3-2 in the league. This form continued in to the next game, beating Aztecs 4-1 in an impressive home win, Joe Dickens scoring a hat trick. Next up was a league game away to Godmanchester, the U17's took an early lead but conceded 3 goals to go in 3-1 down at half time. The U17s, however dug in and performed excellently in the second half and won the game 6-4. Hopefully the lads can continue the form into our three games, all of which are at home.

Contact:

Soccer School - chris.racher@hotmail.co.uk Under 7 - daniel.white2@student.anglia.ac.uk Under 8 - jezjubb@shacklog.co.uk

Under 9 - garywraight@hotmail.co.uk / sracher@hotmail.com

Under 10 - sracher@hotmail.com

Under 13 - clmbuilder@btinternet.com

Under 17 - Steve:stevepdoidge@aol.com

Club E-mail: joracher@hotmail.com

Website: www.cambournefc.com Telephone: 01954 715959



The Running Man Hints, Tips and Info for Runners From the Run Leader of Cambourne Runners – Run in England Group

Running is one of the most basic and natural forms of exercise that we can take part in, however in this digital, multimedia age there are a plethora of gadgets and resources to aid your running.

If you train alone, or with others, a great investment is a GPS sports watch. Along with the basic stopwatch functions, if you need a challenge while running some have a virtual training partner function that allows you to 'race' against an opponent on your watch. Many allow you to set up interval training sessions and give reminders when you are running over or below your target pace. Additionally it is possible to see the route run, calories burnt, speeds and heart rates. This data can be uploaded to your PC and allows you to observe progress and improvement. GPS watches come in a variety of styles and prices, often the best deals are to be found online. Look at what you need from the watch, research and then decide on the right one for you.

Perhaps you have a smart phone, if so it's possible to utilise a range of apps and gadgets that can record and upload your running mileage. For example, Nike plus links with the iPhone to provide mapping of your runs and, if linked with a facebook profile, will cheer you on every time someone 'likes' your running status. You can even select a power song on your phone to motivate you to a PB time.

Whether you go high tech or old school running – get out and enjoy it this autumn!

WATCH THIS SPACE!....Next month for information about an upcoming NEW Cambourne Runners beginners group

The Cambourne Runners Group meets Saturday mornings at 9am and Wednesday Evenings at 7pm outside the Hub

Upcoming Local Races:

Every Saturday: Cambridge Parkrun 5 km trail, Milton Park

CAMBOURNE CRIER CHRISTMAS COVER COMPETITION!

The Cambourne Crier 'Design the Christmas Cover Competition' is back! Given the fabulous response we have had in previous years, we are delighted to announce that we will be running the competition again this year, under the theme of 'A Cambourne Christmas'.

The competition is open to all Cambourne children of primary school age or lower. The winning entry will form the front cover of this year's Christmas edition! Prizes will also be awarded for second and third place, and all the entries will be published on our website, http://cambournecrier.org. So get creative - it could be your artwork on this year's Christmas Cover!

Entries must be produced on white paper, be A4 in size, and in portrait layout. Or, if you prefer to go digital, then images should be high resolution and in .jpg, .psd or .tiff format.

Please put your age, name, address and contact telephone number on the back of your entry. All entries must be received by the Crier by 19th November. (Late entries will not be judged).

You can email your entry to editorial@cambournecrier.org or post it to:

The Crier Christmas Cover Competition 24 Foxhollow, Great Cambourne Cambridge Cambs CB23 5HW

The Crier team will judge the entries and our decision is final. No correspondence will be entered into.

GOOD LUCK AND HAPPY DRAWING!



Art At The Manor House

Ovenden Contemporary, a Cambourne-based art promotions company, has organised a one-night only, special fundraising art exhibition event in aid of The Wildlife Trusts for Bedfordshire, Cambridgeshire & Northamptonshire. The exhibition at The Manor House on Broad Street in Cambourne, will feature more than 20 local artists, photographers & sculptors from across the three counties including Laurence Broderick, the sculptor famous for The Bull in Birmingham's Bull Ring, Barbara Grafton, a painter & printmaker from Haddenham & Jo Tunmer, the well-known landscape painter from Cambridge.

This will be a great opportunity to view and buy fabulous original paintings, prints, sketches, photography and sculpture directly from the artists themselves without the pressure of a formal gallery setting, especially as 30% of all sales at the event will be donated to The Wildlife Trusts BCN. Cambourne resident Craig Kerrecoe, the Managing Director of Ovenden Contemporary and an Artist himself, has also initiated an outreach project via the primary schools to encourage the school children of Cambourne to produce their own picture of their favourite animal or wildlife scene- a selection of which will be exhibited at The Manor House as part of this special event.

He says," Our contributing Artists will be showing a wide range of work in their different styles, from affordable prints and cards right through to large original paintings or sculptures to start or perhaps add to your collection. All of the Artists will be attending the event and will be happy to talk to guests about their work. We will also have a performance from the brilliant all-female, Cambourne-based singing group 'Rhythm Of Life'."

This special event follows on from last May's successful 'Cambourne Art Exhibition for EACH' which raised £1000 for East Anglia's Children's Hospices.

If you would like to attend this free event please email artatthemanorhouse@mail.com with your contact details or visit www.ArtAtTheManorHouse.OvendenArt.com for more information.

Venue: The Manor House, Broad Street,
Cambourne

Date: 2nd December 2011

Time: 5.30 to 9pm

