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Contact: Margot Eagle at Cambourne Library. email: margot.eagle@cambridgeshire.gov.uk RUGBY: Info: Neil Ingham 07956 410309

info@cambourneexiles.com www.cambourneexiles.com

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#### **RUNNING CLUBS**

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07798 858302

### Cambourne Crier Editorial

The Crier is put together by a team of volunteers, and is due out on the first full weekend of each month (ie not Sunday 1st) Send copy to EDITORIAL <u>before</u> the 19th of the previous month at the very latest - Please send articles in an <u>editable</u> electronic format. PLEASE NOTE DEADLINES can change, check the emailed reminder or front of the previous issue,

When planning items please check the printed magazine will actually be out before events - or your item will probably be left out.

If your emailed submission is rejected please forward the rejection message to the editors, it may have only been rejected by one recipient on the team due to the size of the file or a mail box being temporarily full.

The Crier is normally online a week before delivery to homes

COMMUNITY EDITORIAL ITEMS ARE FREE - unless they are for ANY commercial gain (or from organisations that should have an advertising budget), it

helps if these are articles rather than adverts, (items are subject to editing and should not include sponsorship logos).

Tell everyone about your community group, Club or other interests. - Paid job adverts are always chargeable.

The advert charges in the Crier are very reasonable and effective , enquiries can be made by email to the direct contact janet@ridgewayprint.co.uk - charges are detailed on www.cambourne.info

# The Race To Infinity Is Still On... (cont'd from front page) "you don't have to be a BT customer to vote! "

Cambourne is leading the way in BT's race to infinity, but now is no time to rest on our laurels. We want to bring superfast fibre optic broadband here, and for that.....

## WE STILL NEED YOUR VOTE!

There are still approximately 600 premises tied into the Caxton exchange who are eligible to vote, but who have not yet done so.

All customers using ADSL or who have a land line starting 01954 can vote.

Those residents on Virgin, plusnet, sky etc all benefit from voting. If you do not have broadband or access to Internet services then we would like to encourage you to pop into the Parish Council Offices in The Hub where residents can vote either there and then or by proxy by letting us capture your details and complete the voting process for you.



Photo - Cambourne Parish Council Chairman Clayton Hudson and Dom Neal of "Light up Cambourne" at recent "Race to Infinity" publicity event in Morrisons.

So please, if you haven't voted yet, then we ask that you take a couple of minutes to do so, and let's show the UK what Cambourne can achieve when we band together and put our minds to something. Vote now for <u>THE CAXTON EXCHANGE</u> at.....



Thanks. Dom Neal from the "light up Cambourne team"

## Rubbish News for this month in Cambourne

You will receive a weekly collection each Thursday, alternating each week between your green and blue bin, and then your black bin. Your bins should be collected between 7am and 6-30pm. Normal Collection Day - Thursday (Note - Bank holiday Monday weeks on Friday) 09/12/2010 : Green Bin and <u>Blue bin</u> 16/12/2010 : Black Bin 23/12/2010 : Green Bin and <u>Blue bin</u> 31/12/2010 : Black Bin (Day later due to Bank Holiday) 07/01/2011 : Green Bin and <u>Blue bin</u> (Day later due to Bank Holiday) Call South Cambs DC waste and recycling service 03450 450 063 Monday to Saturday 8am - 8pm (except for bank holidays).

Contributions for the JANUARY issue must be received by Tuesday 14<sup>th</sup> December. Please note submission deadline is earlier than usual due to the holiday period.



The Cambourne Crier is dedicated to acting as a voice and a forum for all the residents of Cambourne (whether Great, Lower or Upper). We welcome letters and contributions from any Cambourne resident on any topic. We accept such contributions in good faith and trust that they are an accurate reflection of opinion and circumstance. If you wish to report on anything, or air an opinion on the letters page, then please email us. We do require a name and address for our records before publishing but will withhold these on request. Please let us know how you want your letter signed. Photos always welcomed.

#### The Crier has received a letter for publication from County Councillor Lister Wilson.

"....Councillor Lister Wilson writes: "Something rotten in the State of Denmark" Some of you will have read in the Cambridge News that I have been suspended from the Conservative Group at the County Council for 6 months. This is not true. I have volunteered to take a 6 month suspension resulting from an issue which divided the Group.

Briefly, I asked some members of South Cambridgeshire's Planning Committee for their support in opposing a planning application for a Children's Nursery in Gamlingay. In doing this I was well outside my role as a County Councillor for Bourn, Cambourne and Caxton, but I knew the family which was likely to suffer if this permission went ahead. In fact the Application was faulty on other grounds as well, all listed by the District Council's own officer. In spite of its failings and my request, the Planning Committee approved the Nursery. That's the background.

It is now public knowledge that I sent my views to members of the Planning Committee in an e-mail which was then leaked to the Cambridge News. You may rightly guess that I had no intention of it being broadcast. I know 4 members of the Planning Committee quite well but not the others so I told them I was the County Councillor for Bourn, and that I was operating outside my "patch". I also told them of some woeful experiences I had when I was a Councillor for Gamlingay in 2002 and I didn't flatter the then Parish Council, nor its then District Councillor who now represents them at County. In taking this action I was driven by high-minded motives to give a voice to the family affected, who are quite vulnerable, and whom I judged would not be fairly represented by anyone on the Planning Committee. My fears were well justified because that is exactly what happened.

I am guided by a sense of fairness and justice which is not very different from that of my 3 year old grandson, even though I've had more life experience. But the fall-out from my support for this family has resulted in a one-sided treatment in the Cambridge News and a 2 hour meeting of the Conservative Group at Shire Hall. The Group was divided on what to do because I have a lot of supporters amongst fellow Councillors and even those who oppose me did so with good grace. So I offered to take a suspension to end the matter. Be assured, this will make no difference to my work as your County Councillor.

Finally, I would like to make this point: I have not fiddled my expenses, nor bribed or threatened anyone or been caught doing 190 mph on the A14. Neither have I proposed a Congestion Charge for Cambridge (I successfully led the opposition to it), nor proposed the Guided Bus (now exposing Cambridgeshire Taxpayers to a bill of £55 million and rising), nor have I meddled in appointing officers. Yet I have also been reported to the Standards Board for "inappropriate lobbying" even though lobbying Planning Committees goes on everywhere and professional Planners make a good living out of doing it. An on-line comment to the Cambridge News article from "Cliff Hanger" asks, "Will he learn?". Well Cliff Hanger, if you now expect me to stop protecting the weak from the strong and the vulnerable from the ruthless, and to feel intimidated by the soon-to-be-abolished Standards Board, the answer is "No".

Happy Christmas.... "

Lister Wilson - County Councillor for Bourn, Cambourne and Caxton - Cambridgeshire County Council

#### Dear All,

It only seems like yesterday that the Cambourne Fireworks Management Committee were brainstorming the groundwork for the 'new' Cambourne fireworks evening and yet the evening has now passed and we hope you all have fond memories of a successful event.

We would like to thank the Cambourne Parish Council staff, Contract Flooring, Pet Paks, the staff at the Monkfield Arms, the Cambourne Cadet and Scout troops, and the Cambourne Cricket and Rugby clubs. Thank you also to you, the Cambourne residents for turning up and making it a far bigger success that we could have imagined. Thank you for your kind donations. In total we raised £2000, 20% of which will go to the Cadet and Scout troops as charitable donations, and the rest has been put in a secure pot for next year's event!

Photographs of the evening have been uploaded to the website.

We have taken on board general feedback and will be responding to this on the website and in the January edition of the Crier. If you would like to let us know your comments, or have any feedback for us from the evening you can do so on the website. <u>www.cambournefireworks.org.uk</u>

We are already looking forward to planning next year's event, and with your continued support it promises to be bigger, better, more spectacular, and THE annual event that will put Cambourne firmly on the map!! If you have any fresh ideas for next year's event, or would like to get involved please email joanna.tomson@btinternet.com. Our next meeting is at the end of January and we will keep you updated. See you next time! Love, the CFMC

Sirs,

Just a quick note to say a BIG thank you to all who organised the Cambourne Fireworks 2010. We were so pleased to see so many people at the event. We overheard, and fully agree with, people saying they couldn't afford to have such beautiful fireworks themselves and that organised events were the way to go! Well done to all involved!

Name & Address supplied

# Team Super Schools comes to Monkfield Park Primary

There was a buzz of excitement on Thursday 18<sup>th</sup> November in our school. We were being visited by Larry Achike, a British triple jumper. We were also holding a sponsored circuit of exercises and were being helped by Todd Bennett, a former British 400m athlete.

As you entered our main hall in school it was a sight to behold, approximately 60 children were being put through their paces as they tackled the four different circuit activities. If this was not enough to bring a smile to your face there were around the same number cheering their friends on to complete the exercises.

Every child in school, and most of the staff completed the circuit, many of them working harder than we'd ever seen. The atmosphere in the hall was electric with every child beaming at their achievements. This is what taking part in sport



should be about. People working together as a team, on this occasion a very large team, encouraging and supporting each other to perform outside their normal level of exercise.

We were then treated to a fantastic display by Larry, who guided the children through the three stages of the triple jump. Larry's personal best was over 17 metres, we couldn't believe how far this was as the tape measure was stretched across diagonally across the hall, over the children's heads. As we watched Larry warming up ready for his first triple jump the first thought of most us was 'Wow, look how long his legs are!' Both children and staff alike were amazed at the distance that was covered, this wasn't even his best, as he explained, we didn't have enough room in our hall for him to even have his normal run up.



We were also honoured to sign our school name on a union jack that will be used at the Olympic Games. What a morning we had!

Our children were awe-struck by what could be achieved with dedication, determination and practise (and very long legs). This was an event that has definitely fuelled everyone's enthusiasm and excitement for the forthcoming 2012 Olympic Games. The final amount raised is unknown at this point, but we will keep you posted.

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SCHOOL PAGES



#### Our very own Superheroes! Jenny Brown, KS1 teacher

This week at Jeavons Wood the children have been learning how to be Superheroes! Yes, the children have been studying Superheroes such as Superman, Wonder Woman and Spiderman but more importantly the children have been learning about those Superheroes in our everyday life – doctors, nurses, emergency workers to name but a few. The objective of our Superhero week was for the children to appreciate the characteristics and jobs of our Superheroes and also to learn how they can become Superheroes themselves.

Bearing that in mind, it was a tense, but exciting, week for many of the children at Jeavons Wood last week. It was election week for the very

first Jeavons Wood School Council...our very own Superheroes! Being a member of the School Council is a very important role and an integral part of school life; it ensures children are involved in decision making and are able play an active role in making school a better place. The School Council members represent all of the children in their class so it is their responsibility to listen to and take forward ideas and initiatives from their peers, as well as propose ideas of their own.

The children who wished to put themselves forward were asked to stand up in front of their classmates and tell them why they would make a good School Council representative. The children knew they had to be good listeners, good speakers, excellent team workers and want to change our school for the better. Each class then secretly voted for one boy and one girl from their class; the results were kept secret for TWO days...a very nerve-wracking time for the candidates! The results were finally revealed during our Friday Achievers' assembly and two members from each of the Reception classes, KS1 classes and the KS2 class came to the front of the hall and were introduced as the very first Jeavons



Wood Council. Our Year 3 girl couldn't believe she had been chosen; her look of shock was just like a contestant's on the X Factor! The new School Council were very excited, and eager to get down to business, at their first meeting in which they discussed how to make our playground a safe and fun place.

As for our Superhero week, all the children thought about other people who need our kindness and support: they participated in making packages for Operation Christmas Child and they ended the week with a fashion show (to display their amazing Superhero costumes) where they raised money for Children in Need. We were also very lucky to have some Superheroes from our community visit the school to tell children about the jobs they do: the school nurse, a paramedic, the fire brigade (who came with their fire engine – a great source of excitement!), a local minister and the police all came to show and tell us what they do for our community. The children realised why these people are so special and important in our lives and exactly what makes them Superheroes. What an inspiration to all of the children here at Jeavons Wood.

Time is flying by and it is hard to believe that we are close approaching Christmas already, but as always children at Monkfield Park have been working very hard and taking part in lots of different activities. Just before half term our Year Five children experienced what it would have been like to go to school in Victorian times. Both Year Five

classrooms were set up to look like they would have been and the staff also dressed up in appropriate attire.

The children's timetable included a hand and shoe inspection, morning prayers, arithmetic, drill, handwriting in their copy books, learning poems and technical drawing for the boys, whilst the girls took part in embroidery lessons. The children all played their part and came to school dressed up and all really enjoyed the day.

We are all looking forward to a visit on 18<sup>th</sup> November from triple jumper, Larry Achike as we all take part in a sponsored sports event to raise money for a low level climbing wall in our play grounds. This should be a really exciting day and is part of our build up to the Olympics 2012. Class Five did their assembly to parents and carers this week and the theme this time was remembrance. They all joined in and reminded us how important Armistice Day is. Some of them read the poem 'Flanders Fields' which brought a tear to many people's eyes.

Every adult and child in school marked Remembrance Day this week and observed two minutes silence to remember and pay respect to those who have lost their lives in wars. Finally, we are starting to become very busy with end of term rehearsals and learning songs for our Christmas productions. We look forward to telling you more about this next time. By Year 4

#### Monkfield Park Care & Learning Centre

Thank you to everyone who has donated Morrison's vouchers to the Care and Learning Centre. The order has been placed for some fruit bushes and garden accessories, and we look forward to another successful year's gardening in 2011.

We will be celebrating Christmas with three performances of the production "Shine Star, Shine", for which the children are working very hard, learning several different songs. The children will also be involved in Christmas activities and events, including a Winter Activity Day during the last week of term. We are hoping that Father Christmas will be able to find time in his busy schedule to fit in a visit to the pre-school and see the children.

We are continuing with the 'Promoting Health in Early Years Settings Programme', which is part of the Cambridgeshire Health Promoting Schools Programme, launched originally in 1998. We are currently working on our second unit, Healthy Eating and have just reviewed our first unit, Personal Safety & Child Protection.

#### Other units in the programme are:-

Health Related Exercise, Mental and Emotional Wellbeing, Loss and Change and Staff Health and Wellbeing. As always, we welcome parental and community involvement – if you would like to be included in the Working Parties for any of these units please contact us on 01954 273301 or by email mburling@monkfieldpark.cambs.sch.uk to register your interest.

The pre-school closes for the Christmas holiday at 3.00pm on Friday 17th December 2010 and re-opens at 9.00am on Thursday 6th January 2011. If you are interested in a place for your child at the After School Club and/or Breakfast Club, please contact the Care and Learning Centre.

The Care and Learning Centre runs a Holiday Club during school holidays. We open from 8.00am to 6.00pm and parents/carers can book by the hour to suit their needs. A registration fee is payable upon acceptance of a place. The Christmas Holiday Club will be open on Monday 20th, Tuesday 21st, Wednesday 22nd and Thursday 23rd December 2010 and Tuesday 4<sup>th</sup>, Wednesday 5th January 2011. We offer a range of activities including cooking, messy play, arts and crafts, ICT and music, stories, songs and rhymes. Outdoor activities such as play with nature, games and gardening are also offered.

We would like to wish all the families of Cambourne a very Merry Christmas and a Happy and Peaceful New Year. If you would like further details about any aspect of the Care and Learning Centre, please telephone 01954 273301 or email Juliet Ferris – Manager, <u>jferris@monkfieldpark.cambs.sh.uk</u> or Marian Burling - Clerical Assistant, <u>mburling@monkfieldpark.cambs.sch.uk</u>

# SCHOOL PAGES



## Comberton Village College: A Note from the Principal

Remembering is an important aspect of education. This is at a range of levels. Remembering to bring one's equipment to school generally helps pupils to make progress. Remembering certain key aspects of knowledge is often crucial in performing well in examinations. It would be easy to go on.

There are various techniques that can be used and can be taught to help pupils to remember and to recall. Schools will often now overtly teach some of these techniques, especially in the lead up to significant examinations and assessments. However, regardless of any particular technique, one thing really helps people to remember something. If we believe something is important and has significance, we tend to remember it. If not, it is hard to force ourselves to remember. For this reason, at the college we do not just hold a whole-

school silence on 11<sup>th</sup> November at 11am. We do do that, and this year it was, as always, perfectly observed. However, we also have a week of assemblies during that week for all pupils on the theme of remembrance. During these assemblies, the importance and

significance of what it is that we seek to remember on 11<sup>th</sup> November is explained. This is done by using personal, striking, often local examples of those powerfully affected by the First World War (and possibly the Second World War). Through this, we hope that our young people will not only appreciate Remembrance Day now, but will be very keen to preserve it for future generations.

Ironically, it was on 11<sup>th</sup> November that we also set aside time to remember something significant in the lives of many young people. It was the day of our Presentation Evening when we remembered and celebrated together the tremendous achievements in public examinations and assessments by last year's Year 11 students. There was an excellent turnout of both students and parents, and quite rightly so. They really did do spectacularly well (breaking every single school record) and deserved to celebrate together.



## Stephen Munday

# Comberton Village College Christmas Bazaar

From chocolate to candles and books to bracelets – there's a whole range of stalls waiting for you at Comberton Village College's annual Christmas Bazaar.

Entry is free to the event on December 4 (11am-2.00pm) and we will be delighted to see you there.

Come and enjoy a wide range of delicious home-made food, pick up some Christmas bargains and take the children to see Santa in his grotto.

There will also be a grand raffle and our Africa volunteers 2011 will be pedalling their way through the day on their sponsored 24-hour static bike cycle ride.

Don't miss the spectacular Winter Dance Showcase with Comberton pupils performing some of the pieces they have worked on this term during the college's thriving extra-curricular programme then get into the Christmas spirit with our annual Christmas concert which promises an entertaining mix of music and readings.

More details of all our events can be found on the college website <u>www.combertonvc.org</u> or the Comberton Leisure website at <u>www.combertonleisure.com</u>

We look forward to seeing you at the college soon.

Friday 3 <sup>rd</sup> December	Carols by Candlelight (St Mary's, Comberton)	7.45pm	Free but by ticket only available from CVC
Saturday 4th December	Christmas Bazaar	11.00am-2.00pm	Free
Saturday 4th December	Capriccio	7.30pm	£5 / £3
Friday 10th December	Winter Dance Showcase	7.30-10.00pm	£5/£3
Tuesday 14th December	School Music Concert		Price tbc
Friday 17th December	Custard Comedy	Doors open 8.00	£8 adv / £10 Door
Friday 21st January	Custard Comedy	Doors open 8.00	£8 adv / £10 Door
Friday 4th February	No Competition – local bands' rock night	More details after Christ- mas – see website.	£3
Friday 18th February	Custard Comedy	Doors open 8.00	£8 adv / £10 Door

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## DARWIN MANOR

Residents of Darwin Manor in Jeavons Lane may be a group of folk who have retired from the world of work, BUT we have NOT retired from an interest in the world!

Our limbs may ache a little more BUT our minds are still very active!

We are looking for anyone in the Cambourne area who is passionate about a special interest or hobby he or she might have and would be willing to share with us one evening.

If you are prepared to talk to us, please contact a committee member on 01954 710443.

# Merry Christmas from Baby and Me!



Here at Baby and Me we're busy planning our Christmas party. It's to be held on Friday 10<sup>th</sup> December in The Hub. We're planning some yummy treats for the children and some mulled treats for the Mums! We're hopeful that Santa will make a visit with some early Christmas presents too. There'll just be the normal £1.50 charge for the party, so I hope lots of you are able to come



along.

The following week will be our last before the Christmas break, which will be a Play and Chat session.

On a more serious note there are 2 current committee members that are wishing to stand down in the spring. For Baby and Me to continue running we really need some others to come forward to help out with the group. We appreciate life as a new Mum is busy but feel that Baby and Me is such a valuable community resource, letting mums make friends and our little ones play. It would only take a few of you to make the job very easy and you wouldn't have to give up much of your time. If you're tempted at all then we'd love to talk to you. You can contact Caille on 01954 718372 / cailleperi@yahoo.co.uk

alternatively please come and speak to us on Friday. We wish everyone in Cambourne a very Happy Christmas.



CAMBOURNE WI December Meeting

To celebrate the festive season this meeting will take the form of a social with seasonal music supplied by

Tim Brading. It will take place at 7.30pm in the Hub on Thursday 9th December. As usual refreshments will be available.

Chocolate demonstration

There is still space if anyone would like to attend this demonstration by Ann Cornwell in the afternoon of Saturday December 11<sup>th</sup>, between 2-4pm in the Hub. Visitors are very welcome to come for £3(£2 for members). Refreshments will be available and all items, made by Ann, will be raffled. To book a place please phone Fran on 01954 710858 November meeting

We had a most enjoyable evening when Jane Coe came along and showed us how to make **Christmas flower** arrangements. She made 4 beautiful displays at the same time as chatting to us and creating a friendly atmosphere, and allowing us to ask questions along the way. Winners of the raffle won a display each and, for those who were not successful, Jane had inspired us to make our own.

Darts Group

The group meets on a Monday evening at 7.30pm in the Monkfield Arms. This is Ladies' darts evening at the pub so any other ladies are very welcome to come along and join in. Enquiries to Joan on 200908 or Edna 717360 Walking Group

The next walk will be close to home; a circular tour round Cambourne on Friday 3<sup>rd</sup> December. Non-members are very welcome to come along. For details of walks please contact Fran on 710858

Theatre outings

2 of our members went to see "Calendar Girls". Quite a number of members had enjoyed seeing a previous production at the Cambridge Arts theatre a few years ago.

#### Book Club

Anyone interested please contact Ruth on 718989 for the date of next meeting at the Monkfield Arms. Non members are very welcome.

#### Coffee Morning

Another enjoyable coffee morning was held at Green's and another one is taking place at the church on Friday 26<sup>th</sup> November.

#### Annual dinner

This will take place at The Willow Tree in Bourne on Thursday 13<sup>th</sup> January. Numbers and deposit are required by the December meeting.

Contact Fran Panrucker 01954 710858



In October we had an excellent and highly informative speaker from WRAP (Waste and Resources Action Programme) on making your own free compost at home. Did you know that virtually everything you leave from the dinner plate or dig out of the garden is compostable? And as Diarmuid Gavin says "Why buy compost when you can make your own?"

In November we saw the welcome return of Lamona Thomas with a lively and entertaining discussion on Indoor Flora, Houseplants and Conservatory Plants and had an opportunity to shopping as well to get us in the mood for Christmas.

There's no meeting in December, but our 2011 programme is now finalised and starts on **20**<sup>th</sup> of January with Peter Walker, back by popular demand, talking about the Wildflowers of Cambridgeshire.

Come and see us in the Hub, the Speaker starts at 8pm but there's tea and coffee from 7.45 with a chance to mingle and discuss your garden problems. Membership costs just £15 for the year and we have a host of discounts at shops and seed suppliers for you to take advantage of. Be inspired to "Carry on in Clay"



# Cambourne Music Festival 2011 Thursday August 11<sup>th</sup> - Sunday 14<sup>th</sup>

Great to report that we now have a possible Treasurer and also a Fund-Raising Manager, but we do still need a Secretary. Also, if you would like to help alongside the Publicity and Fund-Raising managers, please get in touch.

01954 710858 or <a href="mailto:fran@panrucker.eclipse.co.uk">fran@panrucker.eclipse.co.uk</a>

## Wildlife Review December 2010



Cambridgeshire Cambridgeshire Northamptonshire Peterborough

With winter well on its way the wildlife in Cambourne has gone very quiet. Many animals have tucked themselves away from the cold weather. There is still plenty to see on a winter walk about though, with birds busy in the hedgerows searching for food and no leaves to block your view of

them. There was a big influx of fieldfares (pictured) and redwings earlier in the autumn, but it then went quiet for a while. Will there be another big migration from Scandinavia during December? Let me know your sightings. Frosty mornings are also great for getting out to take photographs. We always love receiving your photos of Cambourne and its wildlife, so keep them



coming in and I will put the best ones in my next article. (If you want to improve your photography, look at the Wildlife Training Workshops below)

### Walks Leaflet

We have some funding from the County Council to produce a new leaflet. This one will show the public rights of way (footpaths, bridleways and byways) that lead out of Cambourne to the surrounding villages. I need some ideas of suggested routes that we could highlight on the map, and who better to ask than the people that walk them? If you have a favourite route out to Bourn, Caxton or any of the other surrounding villages then do let me know, especially if it has a nice pub on the route!

### Christmas Gifts

If you would like to support your local Wildlife Trust this Christmas why not give a gift membership to someone? Details can be found on our website at www.wildlifebcnp.org (or call 01954 713543). You will also find information there about other gifts including wildlife adoption packs, Christmas cards, books, bird food and online shopping. We will also be at the Cambourne Business Park Christmas Market on Wednesday 8<sup>th</sup> December from 12 'til 2.

### Wildlife Training Workshops

During 2011 the Wildlife Trust are running another varied programme of training workshops across the three counties, a number of which are being held in Cambourne.

For those people who are interested in learning more about birds, there is a Beginning with Birdsong series being held during March. If you have a digital camera and would like to take the first steps in developing your photography skills, then the Beginning with Digital Photography series taking place during August may suit.

<u>A totally new workshop</u> for 2011 is Beginning with Landscape: Geology on the evenings of Thursday 4 and Thursday 11 August where the focus will be on local landscapes and how they are formed. In addition to these workshops there are also sessions on wildflower identification, pond dipping for adults and water voles.

For full details on the 2011 Training Workshops Programme, please visit our website www.wildlifebcnp.org, or telephone Juliette Butler,

Wildlife Training Workshops Officer on 01604 774031 or e-mail trainingworkshops@wildlifebcnp.org Get in touch

If you have any comments, questions or suggestions about the green spaces in Cambourne please get in touch. Email: jenny.mackay@wildlifebcnp.org Or Call: 01954 713516

(please leave a message and we will get back to you)

Jenny Mackay - Wildlife Trust Reserves Officer

To find out more about your local Wildlife Trust, what we offer in Cambourne and how you can support us, please visit www.wildlifebcnp.org

## WINTER WONDERLAND REPORT

On Saturday 6th November there was a festive feeling at The Hub as we held our annual Winter Wonderland event. It was a very busy day as families played lots of fun games and crafted away making an assortment of creations from fairy wands to lighthouses that really lit up, all whilst enjoying warm drinks and delicious cakes and biscuits.

A big thank you to all who came and supported the event and a huge thank you to all of our helpers who worked so hard and without whom Winter Wonderland could not happen!

Look out for our next Violet and Tallulah event- "Hollywood Night" on 12th February 2011. An evening of dancing, games, good food and fabulous costumes!

Thank You. Alison Hall.

# HOLLYWOOD NIGHT

#### SATURDAY 12TH FEB 2011. THE HUB, CAMBOURNE

DOORS OPEN 8PM TICKETS £8



## A VIOLET & TALLULAH PRODUCTION CALL 01954 719503 FOR TICKETS DANCING, MEAL AND GAMES INCLUDED

BROUGHT TO YOU BY THE CREATORS OF WINTER WONDERLAND, RED HOT SALSA NIGHT, 80'S PROM NIGHT AND SNF 70'S NIGHT.

FANCY DRESS. LICENSED BAR UNTIL 11.30PM 18 + ONLY

Keep Fit in the Afternoo,

Strengthen and tone with gentle exercise to music. Only £1.50 per session.

> Especially good for the over-50s. Just come along and try it out.



# Wednesdays, 2-3pm In the Hub with Jane

Calling all budding artists! The Crier is looking for someone to do a regular comic strip. Interested? Email editorial@cambourne.info with your ideas and a sample of your work



## CAMBOURNE PARISH COUNCIL District of South Cambridgeshire

As we approach the festive holiday period, I would like to take this opportunity to wish you all well and thank you for the support I have received since I became Chairman of Cambourne Parish Council in May.

It has been a pleasure to serve the people of the Cambourne this year and a delight to meet so many of you at the Cambourne Fireworks. To see so much good work going on in our community is very rewarding. It is an honour to represent this Parish and its people and one which I look forward to continuing into 2011.

On behalf of Cambourne Parish Council, I hope you all have a wonderful Christmas and a happy new year.

Seasons Greetings

Cllr Clayton Hudson - Chairman Cambourne Parish Council

Please note the Parish Office will be closed from the 23<sup>rd</sup> December 2010 until the 4<sup>th</sup> January. In case of emergencies please phone 07875 569200

## CALENDAR OF MEETINGS November and December

Date	Time	Meeting	Residents are welcome to address the meeting before it formally starts on any matter that is on the agenda. If you have something else you would like to raise, please contact the Parish Clerk at least 10 days beforehand so that the item can	
7th Dec	7.30 pm	Planning Committee		
	*	Council	be added if necessary.	
21st Dec	7.30	Planning Committee		
	pm		John Vickery the Parish Clerk is available at:	
	*	Finance and Policy Committee	Parish Office, The Hub, High Street, Cambourne, Cambridge CB23 6GW.	
	*	Leisure & Amenities	Tel (01954) 714403	
			or e-mail <u>clerk@cambourneparishcouncil.gov.uk</u> The Parish Clerk will normally be	
11th Jan	7.30	Planning Committee	in the office between 9.30 and 1.00 o'clock Monday to Friday and by	
	pm		appointment at other times.	
	*	Council (Urgent matters only)		

#### Osteopathy and the NHS – A recent trial. By Daniel Orchard: Cambourne Osteopaths

Osteopathy is a form of health care, complementary to other medical practices. It can contribute to the treatment and management of a wide range of conditions, such as back and neck pain, headaches and joint or muscle problems. Osteopaths work through the joints and soft-tissues (muscles, ligaments etc.) to reduce pain and disability by improving the function and health of the tissue and the body as a whole. Patients cover all age ranges from babies with colic to the elderly with joint and muscle pains.

Cambourne Osteopaths (situated within Sackville House) recently undertook a small trial, funded by Monkfield Medical Practise, looking into the potential benefits of having an NHS-funded osteopathic service available in Cambourne. The pilot trial involved 24 patients with more than 6 weeks back and neck pain who would have been offered normal GP care and physiotherapy. Each patient received up to 6 sessions of osteopathic treatment involving an evaluation, manual treatment and exercise or lifestyle advice. Questionnaires were given before and after the treatment and included questions on their level of pain and disability using the Roland Morris Disability Questionnaire (RMDQ). This asks patients to select from various scenarios in which their pain affects their daily lives, such as avoiding doing things, walking more slowly, or being tired or more irritable all as a result of their back pain. They were also asked to rate their health out of 100, and evaluate the service they had received.

A total of 16 people completed the questionnaire, and the following results were observed:

- The average health score went up by 20% (from 51% to 71% 100% being completely healthy),
- The disability scores (RMDQ) went down by two thirds (one third being necessary for a treatment to be deemed effective),
- The overall service evaluation was given 9.1 out of 10

Although the outcomes varied from patient to patient with some getting complete relief of symptoms and others having a more moderate effect, all patients felt they gained something from their treatment and were pleased with the outcome. The next stage would be to perform a larger trial within Cambourne, in order to further show the benefits of Osteopathy and as a result ensure this NHS service becomes free for patients across Cambridgeshire, and therefore Cambourne.

Recent government guidelines have suggested that osteopathy be considered for low back pain and some forms of arthritis (NICE guidelines 2008 and 2009) and there is mounting evidence for the benefits in treating neck pain, headaches and joint problems. Currently the use of osteopathy on the NHS is a postcode lottery with only 18% of Primary Care Trusts funding osteopathic treatment. The NHS is currently undergoing numerous changes with GPs likely to have more say over their spending in coming years. This may see Osteopathy becoming a regular part of the NHS and would fit in with the Health Secretary's vision of more choice for patients. Until then it will continue to be a private therapy sought after by those willing to pay or those with private medical insurance.

Osteopathy is not currently available on the NHS in Cambourne but if you want to know more about whether you would benefit from Osteopathy then visit the Cambourne Osteopaths website – www.cambourneosteopaths.com - or speak to one of the Osteopaths by calling 01954 282820 or. Alternatively ask your GP if they think you are suitable.

#### References:

- (1) UK Evidence Report, Bronfort et al, 2010 http://www.biomedcentral.com/content/pdf/1746-1340-18-3.pdf
- (2) National Institute for Clinical Excellence (NICE) http://www.nice.org.uk/nicemedia/live/11887/44345/44345.pdf
- (3) Randomized osteopathic manipulation trial for spinal pain in primary care -http://www.fampra.oxfordjournals.org/content/20/6/662.full.pdf+html

## WORK BEGINS ON SPORTS CENTRE FOR THE CAMBOURNE COMMUNITY

Work has begun on the sports centre. MCA Developments Ltd has engaged construction firm RG Carter to build the multi-use sports centre and gym as part of its commitment to creating public facilities for the benefit of the whole community alongside its new homes. The consortium, which comprises leading developers Taylor Wimpey and Bovis Homes, received planning approval for the new centre from South Cambridgeshire District Council in June 2010, when it was agreed between the two parties that building work would start on November 24<sup>th</sup>. Neville Stebbing, Project Director for MCA Developments Ltd, said he was delighted to confirm the contract for the project had been let, setting it on course for completion, as planned, in November 2011. He said: "Awarding the contract marks a huge leap forward for this long-awaited scheme, and we are proud to say that everything has progressed precisely on schedule since planning approval was granted in June. "We hope that the people of Cambourne are as excited as we are about the project coming to fruition, and we very much look forward to opening this brilliant new community facility to the public this time next year."

The new two-storey sports centre, located at the junction of Back Lane and High Street, Cambourne, will include a four-court sports hall for badminton, basketball, five-a-side football, indoor cricket, netball, gymnastics and martial arts. It will also comprise a fully equipped gym and dance studio, showers and changing facilities, plus a social area and juice bar, while 144 car parking spaces and provision for 60 cycles will be located outside. The building will feature an environmentally friendly ventilation system with 'wind catchers' in the roof to expel stale air from inside and replace it with fresh air. The sports centre is being built next to Cambourne's existing bowling green, outdoor multi-use games area and skate park, creating a wider sports complex for the community. An area of land is being reserved at the development site to enable the facilities to be

extended should this be deemed economically viable in the future.

Having arrived at the development site today, RG Carter will begin site set-up and preliminary investigations before construction work begins in earnest.

Clayton Hudson, Chairman of Cambourne Parish Council, said:

"On behalf of the community I see the arrival today of RG Carter on the site as an important step towards the final delivery of the sports centre for the residents of Cambourne.

"The new centre builds on the existing sporting infrastructure MCA Developments Ltd has already provided in Cambourne, and I look forward to making use of the facility when it opens in November 2011." An artist's impression of the new Cambourne Sports Centre, which is set to open to the public by November 2011.



# Cambourng Kitchen

### Clementine Polenta Cake (gluten & dairy free)

There's nothing quite like the citrusy zing of orange flavours to conjure up a Christmas and bring back childhood memories of the orange at the bottom of our stockings. This recipe contains no gluten or dairy if you find it difficult to find treats at this time of the year. It's quite a close-textured cake but because of its fruity flavour, it's surprisingly light.

Ingredients (will fill a 8-9 inch square tin approx 2-3 inches deep):

	For the cake:	For the syrup:	
-	250g dairy-free spread	- 5-6 clementines thinly sliced	
-	250g caster sugar	(approx 3-4mm)	
-	Zest and juice of 2 lemons	<ul> <li>Zest and juice of 1 lemon</li> </ul>	
-	7 clementines – pips out and	- 200ml water	
	blended till smooth	- ½ cup sugar	
-	2 cups maize meal/polenta	· -	
-	100g ground almonds		
-	2 tsp xantham gum		
-	4 large eggs (or 5 smaller ones)	Photo reproduced with permission	



#### Method

1. Turn the oven on to about 180°c.

2. Place all the syrup ingredients into a medium sized saucepan and simmer gently until the sugar has dissolved and the peel has softened.

3. Remove from the heat and, after sprinkling a little sugar over the base of the tin, drain each clementine slice and use them to cover the bottom of the tin overlapping as you go. (if using a metal tin line it with baking paper first. This will prevent the fruit-acid reacting with the metal and discolouring your cake).

- 4. Then place the syrup mixture back on a medium heat and reduce by about a third.
- 5. Now, in a large mixing bowl, beat together the sugar and spread until fluffy and creamy; then beat in one egg at a time.
- 6. Mix in the blended clementines, lemon juice and zest.
- 7. Now fold in the remaining ingredients until it is all incorporated.

8. Put the mixture into the prepared tin and place on the middle shelf of the oven for about 1 hour. (I suggest checking it after about 40 mins by pushing a clean knife through the middle. If it comes out clean the cake is ready, if not, continue to cook until you are able to do this. If you find that the top is browning too quickly turn the oven down to 170-160°c.)

9. Remove the cake from the oven when it is done, leave it in the tine and, using a skewer or knife, prick it all over. Gently pour the syrup all over.

10. Cover with cling film and leave to cool completely.

11. When cold, remove the cling film, place a plate over the cake and tin and turn it over. (If the cake is sticking to the sides of the tin, before you tip it out, carefully run a knife around to separate it). You should reveal a beautifully decorated, moist and most importantly, delicious cake.

Serve on its own with a cup of tea or as an alternative to Christmas pudding with a dash of cream, ice cream etc (dairy-free versions are available!)

For an extra Christmassy twist you could try adding a stick of cinnamon and/or star anise to the syrup. If you pop this in the bottom of the tin along with the clementines it will not only add extra spice but decoration too.

# **New Homes in Cambourne**

South Cambridgeshire District Council has, over the past few weeks, consulted on a further set of amendments and additional information in relation to the planning application for 950 extra homes at Upper Cambourne.

The amendments included an updated Design and Access Statement, additional Parameter plans, updated Masterplan, Revised red line drawing, Draft Section 106 Heads of Terms setting out the principles being discussed in relation to infrastructure and affordable housing, updated Public Arts Strategy and a revised chapter 6 of the Environmental Statement on ecology and biodiversity.

Following this period of consultation and continued negotiations with the developers to secure appropriate infrastructure to serve the development, the Council is now in a position to take the application to its Planning Committee for a decision. A special meeting of the Planning Committee is to be held on 6th December 2010.

The scheme, if approved, will deliver amongst others: affordable housing, an extension to the community centre, a permanent youth centre, extension to the burial ground, an enhanced pavilion at the cricket ground, a floodlit ATP and grass junior pitches, additional children's play facilities, a bring site for recycling, improvements to Uttons Drove sewage treatment works, a strategy to fund public art projects including improvements to The Hub for performing arts, extension to Sackville House to provide an enlarged medical practice and library, monies towards primary and secondary education, and early years provision.

### Bedfordshire and Cambridgeshire Wing Air Training Corps

Manoeuvring in flight with the Air Cadets

Air Cadets from No's 2500 (St Neots) Squadron and 2500 (Cambourne) Detached Flight took to the skies recently for an Air Experience Flight (AEF) at RAF Wyton. The weather couldn't have been better - blue skies all round - and the Cadets were eager to undertake their flight.

Whilst in flight (and in the safe hands of the pilot) they took control of the Grob Tutor, and then undertook barrel rolls, loop the loops, and various other manoeuvres, including one called the "Prince of Wales". Thankfully all returned with no sick bags; just a beaming smile on all of their faces.

#### Air Cadets Meet the Heroes

Image: Cadet Corporal Watson (far right), Cadet King (cockpit)

Ten Air Cadets and Staff from 2500 (St Neots) Squadron met the Heroes of the Royal Anglian Regiment recently.

They met three members of "D" Company (Cambridge) Detachment at the Priory Centre, St Neots. The Cadets found the evening both informative and enjoyable; in particular when speaking to a former Cadet Warrant Officer from 50F (Lambeth) Squadron, Captain Tom Clark.

The Cadets said "how proud they were of the Regiment and they would all like to wish Captain Tom Clark, Captain Graham Goodey and Corporal Gilbert (Gil) Owusu good luck for the future".

St Neots Air Cadet gains his Silver Wings

On 13th November at 616 Volunteer Gliding Squadron RAF Henlow, after being continuously frustrated by bad weather, Cadet Sgt Ryan Hanson from 2500 (St. Neots) Squadron ATC completed his Gliding Scholarship with a solo circuit of the airfield; indeed he was one of three cadets to go solo that day.

His airmanship was of the highest standard, and made more remarkable by the fading light conditions as his solo flight was the last flight of the day.

Ryan was presented with his Silver Gliding Wings by Sqn Ldr Dick Bowyer Officer Commanding 616 VGS. He is now the second cadet from the Squadron this year to reach Silver standard, after Sgt Tom Humphrey completed his Gliding Scholarship earlier this year.

CI Charles Rogers said "as staff, we all feel very proud as we watch these youngsters stretch their wings for the very first time and we know that it is a moment they will never forget; our warmest congratulations to them both".

St Neots Squadron and their Detached Flight at Cambourne are currently recruiting. If you would like information on how to join as a Cadet, a member of Staff, or Civilian Committee member please call 01480 213671 on Tuesday or Thursday evenings between 19.30 and 21.15, email 2500Sqn@BedsCambsWgATC.org or visit the website at www.2500sqnaircadets.org.uk

# PEACEHAVEN BAPTIST CHURCH



Peacehaven Baptist Church Meeting Sundays 10:00 Bible study and Sunday school

11:00 Morning worship at the Hub

Wednesday evenings 7 pm at the Pastor's house for more info emai <u>Peacehavenbc</u> @aol.com

or call 01954 710510 Pastor Donavan Bangs As we approach this holiday season our thoughts turn to many things. Will somebody give me another ridiculous jumper that can only be worn on Christmas day and even then with some embarrassment? Will it snow? Will we be successful in our bid to get faster broadband here in Cambourne? (Which if you haven't voted yet please do so today and it doesn't even matter if you have broadband or not yet. This being one of the matters that even my fiercest opponents and I agree upon in this season of goodwill toward all men).

Another question though usually crosses me is what am I going to give this year? We all want to do our best where it concerns our loved ones, to make sure we provide that which they need. Even during Christmas we think of their needs and sometimes give them a present of what is needed. Unfortunately, sometimes the thing that is needed is not necessarily wanted. When I was eight years old I needed more socks and someone gave me more socks for Christmas. Was I overjoyed with this gift? Sadly no for even though I needed socks I wanted an action man with a kung fu grip. I didn't realize what I truly needed, but those who loved me and were wiser than me provided what was necessary even if I did not want it or wanted something different because they loved me they gave that specifically because it was needed. Now as we have grown older our wants have changed. Although our basic needs have remained very much the same. We now appreciate a good pair of socks or gloves, but the question is have we received that which is most necessary? The gift that is vital sent from the one who loved us the most? This gift is evident in the scriptures.

Isaiah 9:6 For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his

name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace.

Matthew 1:21 And she shall bring forth a son, and thou shalt call his name JESUS: for he shall save his people from their sins.

Luke 2:10 And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people.

11 For unto you is born this day in the city of David a Saviour, which is Christ the Lord.

John 3:14 And as Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up:

15 That whosoever believeth in him should not perish, but have eternal life.

16 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

Romans 10:9 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.

10 For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

Romans 10:13 For whosoever shall call upon the name of the Lord shall be saved.

So, with all of the gifts this season and all that you do ensure you receive this original Christmas gift from the loving Father. For there is nothing more needed and no gift more complete than the forgiveness in Christ.

Merry Christmas Cambourne from everyone at Peacehaven Baptist Church Donavan Bangs





#### **Cambourne Church** A partnership of the

Church of England, Baptist, Methodist & United Reformed Church Service times: Sunday 9.30 & 11.00am 1st Sunday in Month 10.00am. (2nd Sunday Holy Communion) www.cambournechurch.org.uk



# Christmas Celebrations

Sunday 19<sup>th</sup> December – 10.00 service *Nativity* 

Monday 20<sup>th</sup> December at 16.00 *Christingle* for Pre-schoolers & KS1 (Let Deidre know if you wish to reserve a space Tel. 788903)

> Friday 24<sup>th</sup> December 6.30pm All Age Christmas Eve service

**1130pm** Reflective watchnight service with Holy Communion.

Saturday 25<sup>th</sup> December – 10.30 service All Age Christmas day celebration

Sunday 26<sup>th</sup> December – 10.00 service Unsung Carols

Alpha ·

Exploring faith

New course starting in

January 2011

**Contact Peter Wood** 

Tel. 715558

Led by *Rhythm of Life*~ Carols on the Green

Friday 17<sup>th</sup> December at 6.30pm will be held on the Lower Cambourne Green. Mulled wine and mince pies served afterwards.



\* Beer and Carols \*

Tuesday 21<sup>st</sup> December from 745pm Come along and join in the festivities in the Monkfield Arms.

NEW for this year

Christmas Thirst Sunday 12th December Held at Comberton village college from 6.30-9.pm Christmas fancy dress, live band, games, disco, Christmas carols, etc

# **Cambourne Roman Catholic Church**

<u>Cambourne Church Centre</u> <u>Saturday's – 5pm</u> www.cambournerc.co.nr

ha

There are now lots of places and opportunities to do some extra prayer and get more in touch with religion, especially with the build up to Christmas. Small group sessions take place on Monday Evenings at 19.30 on God in Every Day Life. Also, on Wednesday evenings between 20:30 and 21:30 at the Church you can end the day with prayer. For more details, drop an email to cambournerc@aol.com Preparations are in hand for next year's Parish Confirmation Programme in the main church which will start at the beginning of Lent or thereabouts and end during Pentecost Season. Candidates should be in Year 10 or above at the time of the programme and attend Mass within the parish (which includes Cambourn!). If you would like to register an interest then please send full name, date of birth and contact details to <u>office@olem.org.uk</u>.

Are you aged between 10 and 13? Like adventure? Got questions about faith? Visit <u>www.yfaith.co.uk</u> : the site that is written by young people for young people. Vincent Menezes

# <u>Cambourne Arts</u> needs a new secretary from January 2011, mostly for taking minutes at monthly

meetings. Please contact Fran as below.

<u>CREATIVE WRITING GROUP</u> Held at 1.30pm in Cambourne library, mostly on the first Monday of each month. On Monday December 6<sup>th</sup> please turn up for mince pies and a cup of tea, and the theme will be 'Something Seasonal'.

New members welcome. For more details and if you are interested in an evening Creative Writing group, contact Alan (01480 880442, <u>snibgo@earthling.net</u>) or Pat on 718836.

WATERCOLOUR PAINTING CLASS This group has been meeting for a year now in the Cricket Pavilion on Wednesday mornings from 10am-12pm. New members welcome but a little experience recommended. A new beginners' class could be possible, given enough participants.

<u>BEGINNERS' PAINTING/CRAFT CLASSES</u> Tutor/s required for new classes to cover a range of painting techniques and craft activities. Daytime and evening sessions in the planning stage for 2011.

<u>PHOTOGRAPHY GROUP</u> A new group is proposed for people with a keen interest in photography. Please come along to the CA AGM on Jan 10<sup>th</sup> 2011, 7.30pm in the Cricket Pavilion and we will get the group running. Bring examples of your work if you like.

<u>THE ART GANG</u> An informal gathering, usually in the Monkfield Arms from 7.30pm on the second Monday of each month, providing an opportunity for anyone with an interest in photography/ music/ writing / theatre / design / art/ etc to network with local creative professionals and amateurs.

December 8th - Opportunity to display and sell work at the Business Park art and craft day, Limited display space: contact Fran to book

December 13<sup>th -</sup> Christmas Dinner. Phone Fran for details

January 10<sup>th</sup> 2011 CA AGM 7.30pm - Bring a piece of your own work (any medium) based on the theme 'Winter'. This will be in the Cricket Pavilion, Lower Cambourne

Saturday Feb 5<sup>th</sup> 7-9pm in The Hub, Exhibition and sale of art and craft work. With 'Rhythm of Life' singing group. Contact Fran for more details and to book display space.

February 21st<sup>th</sup> (note change of date)Sketching workshop. A chance to have some help with your sketching skills and overcome the 'I can't draw' feeling.

For further information on any aspect of Cambourne Arts, contact: Fran - fran@panrucker.eclipse.co.uk or 01954 710858 Alan - snibgo@earthling.net Visit the website at www.cambournearts.org

WHAT'S ON LOCALLY	Kettle's Yard Museum and Gallery:	Wimpole Hall:
Just some of the arts events in our area <u>Fitzwilliam Museum:</u> <i>Kings, Satraps and Shahs:</i> Persian coinage through the ages to Sun 30 January 2011; Octagon Gallery (10); Free	A range of talks, concerts, events and work- shops for adults and children.	Saturday 11 to Sunday 12 December Christmas at Wimpole Admission to the Hall Adult £5 Child £3 NT Members free. £3 per child to visit Father Christmas Normal Admission to Home Farm 11am-4pm Saturday 11 to Wednesday 15 December 11am-4pm Wimpole Hall at Christmas gather ideas for your garlands and decorations. Adult £5 Child £3 NT Members free.
	http://www.kettlesyard.co.uk/calendar.html	
	Castle Street, Cambridge CB3 0AQ or phone 01223 748100	
Epic of the Persian Kings: The Art of		
Ferdowsi's <i>Shahnameh</i> to Sun 9 January	Comberton Arts and Leisure	
2011; Mellon Gallery (13); Free	A range of concerts and events.	
<i>Sculpture Promenade 2010</i> Tue 23 March 2010 to Fri 28 January 2011; Museum lawns fronting Trumpington Street; Free	http://www.combertonleisure.com/	

## Papworth Astronomy Club News

On the 3<sup>rd</sup> November, Leonard Honey presented a brief history of the sundial. He only dwelled briefly on the stone sundials that are frequently seen in parks and gardens. He then described how portable sundials with built-in compasses were introduced in the 15th century. They take many forms and often were made to look like books. Such instruments were considered high status possessions – essentially the Rolex watches of their day! He brought along several replicas of historic instruments to demonstrate.

Advance warning that our January meeting will be held on the SECOND Wednesday of the month (12th January), to allow everyone extra time to recover from the holidays! It will be a "members' evening", when club members will present short talks on topical subjects.

All club meetings are held at the Vinter Room, Vinter Close, Papworth Everard at 7:30PM. Entering Papworth from Cambourne, take the first left after the traffic lights into Elm Way, past the fire station and look for the building with the clock tower. If you are new to the area or astronomy, come along to any of our meetings as a visitor and find out what we do.

More information about the club is on our Web site (www.papworthastronomy.org). You can also email Peter Sandford on <u>peter@cheere.demon.co.uk</u> or phone 01480 830729.

# Cambourne Ladíes International Club

Coffee Mornings & Playgroup. 10 am to Noon, Wednesday Meet at the Hub

Contact: Laura Bangs, Tel: 01954 710510 http://www.cambourne-ladies-international club.org.uk/

Cambourne.clic@gmail.com

Dec.8: Facials Dec.15: Holiday card-making



# **Cambourne F.C. News**



Cambourne FC invite you to 'Put your boots

Cambourne FC members are trying to help families who are struggling in the current economic climate by offering free boots to the children affected. In order for us to do this we are asking everyone for their help by donating any spare football boots that they may have. If your children are like ours then you will find that their feet grow very quickly and there is the need to frequently replace their football boots. The 'old' pair of boots (which have only been worn a handful of times) usually end up either in the loft or at the back of the cupboard and then thrown out more information, please email at a later date. We would like you to consider donating these boots to the club so that we can offer them to children who are less fortunate and help them on their way to playing a sport and doing something beneficial with their time. We have found that a lot of children are being put off joining a football club due to financial issues; the biggest and most expensive is usually the purchase of football boots. If we can overcome this barrier then we believe that we can help so many children into a sport that has so many rewards.

To donate a pair of boots, please either contact Stuart Racher (Tel 01954 715959 or email sracher@hotmail.com) or send them to 41 School Lane Cambourne.

Cambourne FC U16s - Cambourne U16s have had a well deserved two-week break in the fixtures. Going into this break we were in 2<sup>nd</sup> place; two points behind the leaders with a game in hand. A home game against Fulbourn Falcons provided a shock as the U16s lost 3-2 after going 3-0 down. However, results in other games went our way and it did not affect our league position. The next game was away to Burwell and we won 5-0 with an assured and comfortable performance. Our final game before the break was at home to title chasing rivals Alconbury Colts. In a tense and closely fought game the U16s won 1-0 after Chris Racher pressurised the goalkeeper into making a mistake.

Next up we are at away to B league Shelford and Stapleford in the Pye U16 Cup and then away to Lakenheath to finish off the year. The lads are playing some excellent football but need to keep focus in all games and concentrate on the basics. However, the season is looking good and the lads are doing well and enjoying playing the game.

Cambourne FC U7 - The Under 7s have enjoyed a promising start to their first ever season and have enjoyed two wins and a draw in their past three games. With each of the victories coming against long established teams, it shows how far the team has come over a short space of time. The team continues to play impressive football, so a big well done to every member for giving it their all and thanks to everyone for their fantastic support. Please email Kelsey on kelseytobolik@googlemail.com to confirm

training dates if your son/daughter is 6 years

old and interested in playing for Cambourne FC's future stars.

Cambourne FC U8A - The boys continue to impress with their fantastic form, and every player is showing good progression in every aspect of their game. The U8s are thoroughly enjoying their games in the Cambs Mini League.

With the current numbers involved with the U8 team, we believe that Cambourne FC will definitely have two U9 teams for next season. There is still a lot of interest in the U8 team and, as Trevor's team is full, we are looking to get the U8B team underway. For sracher@hotmail.com

Cambourne FC U9A - Cambourne FC U9s are in stunning form: 11 games unbeaten, only 2 goals conceded in the league, and 6 clean sheets against opposition in both the Cambs and Herts league. At the end of October, CFC U9s beat

Swavesey 7-0 in a home league game, and then won the corresponding away fixture 0-2. In the next league fixture, at home against Willingham, the boys won 2-0. Stuart and Richard, who manage the U9s, then decided to give the team a massive challenge by scheduling away fixtures against two Ashwell teams, who play in the Herts league. Ashwell play on a pitch twice the size of that which CFC U9s are used to, and also play 7-a-side while we usually play 6-a-side in the Cambs league. However, the U9s rose to the challenge by beating Ashwell Storms 0-2 and Ashwell Shadows 0-4.

CFC U9s have more friendlies scheduled, including a match against Comberton who currently have 5 wins out of 5 in the 'F' league - only Cambourne F.C have so far managed as much as a draw against Comberton in the last two seasons. The coaches would like to congratulate every player within the U9s and thank all parents for their fantastic support.

Cambourne FC U10s - Training has started for the U10s and is held every Tuesday, 18.00-19.00, at the Cambourne MUGA. Everything is certainly looking promising for next season for the U10s as we now have even more players regularly coming to the training sessions. If your child is interested in joining please email sracher@hotmail.com or just come along to training.

Cambourne FC U12s - Cambourne FC v Needingworth: the U12s pressed, closed down, passed, and gave the opposition no time on the ball. Connor, Waqas, Jake, Jacob, and Elliot took turns and stood strong in defence, making it tough for Needingworth to get through. Brandon, Jack, and Oliver kept it strong in midfield while Matthew, Josh, and Jesse just kept pushing forward and their efforts were rewarded. The first goal came from Jack, who played in a new position. He was like a different player and gave a fantastic performance. The second goal came from a great cross from Josh to Jesse, who neatly placed it in the



back of the net. Jess then converted a penalty after being taken clean out in the area. An unlucky own goal then gave Needingworth their only goal. The final goal came from a long cross provided by Elliot -Jesse got on the end of it for a well deserved hat-trick! Jake played part of the first half in goal and did a great job distributing the ball. Thomas then came on in goal - and didn't really have a lot to do - but he stayed alert and focused to make a cracking save in the second half. Well done to the entire team for this fantastic performance.

If you would like to join our team then please come along to training on Fridays, 17.00-18.00, or call 01954 714428

Saturday Soccer School - The Cambourne FC Soccer School is held every Saturday morning between 9.00 and 10.00 am for children below the age of 6 (Year 1 and Reception). This session is proving to be very successful and the children who attend the school have improved in both ability and attitude - it is great fun to coach these children and watch them develop. We would like to welcome all of the new children to the Soccer School and hope that they enjoy the session as they start out on their footballing journeys. Please contact Steve on the details below if you wish to join.

New Players/Teams/Managers -

Cambourne FC are still looking to build in numbers, so if your child would like to play and enjoy football then please contact us. We would also like to hear from anyone who may be interested in coaching a team. We support all of our coaches, which includes sending them on a Level 1 coaching course, as per our Charter Status. So if you have a player or are interested in coaching, then please contact us via email: info@cambournefc.com

**Open Training Session** - Cambourne FC has started the open training session again, which proved very successful in forming this season's U12 team. Any child of 8 years and up is welcome as we look to form more teams for next season - especially for the age groups who are currently not playing for a Cambourne club. For more information, please email sracher@hotmail.com or just bring your child along to the session which will be held every Tuesday, 18:00 to 19:00, at the Cambourne MUGA.

Contact Details: Soccer School & U16 - Steve Doidge: 07801 782299 or stevepdoidge@aol.com U7 - Kelsey Tobolik: kelseytobolik@googlemail.com U8 - Trevor Colchester: colchester794@btinternet.com U9 & U10 - Stuart Racher: sracher@hotmail.com U12 - Chris Moore: clmbuilder@btinternet.com Club E-mail: info@cambournefc.com Web site: www.cambournefc.com

# Cambourne Eagles F.C. News

#### Spooky party fun at the Cambourne Eagles Halloween ball!

Over 70 children from the Cambourne community attended the Eagles Halloween party and great fun was had by all. The children enjoyed a disco, apple bobbing, pumpkin carving, a fancy dress competition and spooky games. They dined on hot dogs, spooky cakes and sweet treats. The costumes were fantastic and the pumpkins surpassed all our expectations and caused us a huge headache when we had to try and pick out the best.

The Halloween party was laid on for the community by Eagles as a non-profit making venture for all children to enjoy. Watch out for our next event and thank you for supporting us.



#### Totball (Football for 2 and 3 year olds)

Totball continues to grow each week as new faces join us. We currently have 19 boys and girls registered with us who come and play on the MUGA on a Friday from 2.15-2.45pm. Sessions are only £1 and the children really seem to enjoy the opportunity to run around, score goals and play with their friends. All this whilst developing their motor skills to improve their physical fitness.

We are still open to welcome new tots and are considering offering a second session to accommodate the demand. Please contact our club secretary (via www.cambourneeaglesfc.co.uk)for more information.

#### Academy (Football for 4, 5 and 6 year olds)

The Eagles Academy now runs on a Sunday afternoon due to the high demand for space on the MUGA during the winter season. The children who attend benefit from the professionalism and enthusiasm of their coaches Tom and Paul, who not only provide expert football technique, but aim to improve the children's individual aptitude, concentration, physical well being and ability to adhere to instructions. All this supports and cements the learning ethos instilled during the children's early years at primary school.

Academy football is about fun, fun, fun! It's for children who love the game and are itching to kick a ball.

#### <u>Under 9's</u>

The U9's, also run by the Tom and Paul dream team, are enjoying a season of good results. Going from strength to strength they seem to have found their form, and on their day are pretty much invincible. The team are enjoying their third season together and playing with their friends seems to add to the great atmosphere pitch side.

Superb support comes from the sidelines in the form of parents and grandparents and this positive encouragement is just what the boys need to help them make the most of their football. They are quite a talented bunch with some playing at Cambridge United and others having been



approached to join. This is a sign of the quality of football coming out of Cambourne Eagles.

The U9's would like to welcome Tristan to the squad and hope he enjoys his football as much as they do. They are still on the look out to add to their numbers, so if you would like your child to join in the fun, please contact our club secretary.

#### <u>Under 11's</u>

Played 2, won 2 is the record for the U11's since the last update. With an overall record of 5 wins out of 7 matches and a place in the second round of the cup, the U11's have enjoyed a great amount of success so far this season.

We had a very strange game against Comberton at the end of half term in which we only managed about 7 or 8 shots and still won the game 4-0. It was a strange conversation at the end of the game with the Comberton coach who couldn't believe his side had lost, never mind by four goals. A lot of the credit must go to our goalkeeper and man of the match Steven who literally did save us at times!

The other game we have played was against Shelford and Stapleford Strikers who had inflicted one of our defeats on us earlier in the season. I am pleased to say that an excellent battling performance saw us reverse the score line and win 3-2 thanks to an excellent hat trick from man of the match Gregor.

We are now looking forward to a busy period for the U11's with the second round of the cup against Royston, followed by league games at home to Haslingfield, away to Papworth and then at home to Histon.

#### <u>Under 17's</u>

After 10 games the U17's still retain top position in league B having dropped only 5 points so far, with 8 wins, 1 draw and only 1 loss. Our next game has the potential of being a cracker, as we face a Mildenhall United side that is currently unbeaten this season. A win would strengthen our position and keep us firmly at the top of the league. I would like to thank all the squad for all of their dedication and hard work so far and hope we can keep it going during our last 8 games because they all deserve something to show for all they have done to make Cambourne Eagles an attractive team to belong to.

#### Fund-raising success

This season Eagles invested in a portable gas hob so that they could provide hot food for both home and away supporters. Historically we have always provided a tea stall with drinks and treats and we felt that it would be nice to go that extra mile, and the many positive comments from away supporters have certainly made it worth while. The bacon butties and hot dogs have been a roaring success and every week has been a sell out with no exception. The hot food makes a profit of at least £40 per match and this is all kept for the individual teams to use for an end of season treat. Last season the U11's chose laser wars and party tea, and all received a red Eagles hoodie, Easter egg and Christmas selection box from the profits of the stall. This year with the butty money as well......the sky's the limit!!!!! A HUGE thank you to the bacon fryers and butty fillers, you are appreciated, we could not do it without you.

On behalf of the Cambourne Eagles Committee, the players and their parents, I would like to wish the residents of Cambourne and beyond a very Merry Christmas and a Happy 2011. I would also like to thank Cambourne for showing its support and commitment to our club by attending our World Cup and Halloween events over the past year. Our thanks also go to Simon and the Crier team for all they have done.

You are all welcome to join us in 2011, we would love to have you on our team!

Sally Day, Chairman





# Back by popular demand

# 10 Week Beginners Course

Starts 25th January 2010 Join us Tuesday evenings to get into shape for 2011! Cambourne Women's Running Group Meet at the ARK Tuesdays 7.15pm for 7.30pm start.

Places limited, sign up now by contacting Catherine and Antonia at

wrn\_cambourne@dsl.pipex.com.

www.womensrunningnetwork.co.uk

# Cambourne Netball Club



Cambourne Netball Club trains every Thursday at the MUGA on Back Lane 7.30-9 and are always looking for new players.

We cater for everyone, so even if you don't know your pivot from your pass, or if you're our future first team star player come along and give us a go.

We are also looking for new junior members ( School years 7-11). Juniors train from 6-7.15 at the MUGA on Thursday evenings.

So if you're new to the area or just want to come along try out some fun netball we'd love to see you at training.

Coaches are fully qualified and CRB checked. Come along for a chat or for your free trial session on Thursday.

Cambourne Netball – great friends, great fun, great fitness.

Email: cambournenetball@gmail.co.uk for more info

## Are you Cam-bourne to Run?

Do you want to get fit, lose weight and achieve your new year goals all while having fun and gaining new friends?

If the answer is yes to any of the above the new Run in England group that is coming to Cambourne in January 2011 is for you! Run in England is an England Athletics community based running project. It gives everyone (over 18) an opportunity to get active and begin running. The aim is that in approximately 10 weeks you will go from beginner to being able to run 5km (3miles).





My name is Garry and I will be your run leader I am qualified

and CRB checked by UK Athletics. I have recently moved to Cambourne from the West Midlands where I led a successful group of total beginners to complete a 5km race. Many have gone on to race longer distances and some are now training to take part in a half marathon.

The training sessions are free of charge and last about an hour, we will meet up outside the Hub for the first session on Saturday 8<sup>th</sup> January 2011. Please contact me for further details on: 07807498951 or email cambournerunners@virginmedia.com

